

Shambhala Publications and Snow Lion's

*Tibetan Buddhist Studies
Catalogue*

For desk and exam copies of any of these books,
please contact Random House:
www.randomhouse.com/acmart/requests

Table of Contents

Introductions

Books that give introductions to Tibetan Buddhism suitable for introductory classes.

Overviews

Books that give more in-depth treatments of the entire Buddhist path.

Mahayana

General Mahayana Texts

Five Treatise of Maitreya

Yogacara and Madhyamaka

Tantra

Dzogchen and Mahamudra

Tibetan History

Biography

Tibetan Language

Tibetan Medicine

Additional Topics

Introductions

Books that give introductions to Tibetan Buddhism
suitable for introductory classes.

Return to the *Table of Contents*



9781559392112
 On Sale Date: 5/13/04
 \$16.95/\$16.95 Can.
 Paperback / softback / Trade
 paperback (US)

232 pages

A Beginner's Guide To Tibetan Buddhism

Notes From A Practitioner's Journey

Bruce Newman

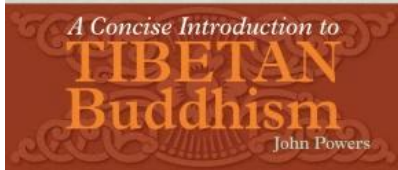
Markup Tag(s): Introduction, Overview

Summary

This is a ground-level, practice-oriented presentation of Tibetan Buddhism—personal and very accessible. The book begins with the awakening of students' interest in spirituality and the initial encounter with Tibetan Buddhism, then leads us through all the steps necessary for successful practice in the West. Included is succinct counsel on finding an appropriate teacher, receiving empowerments, becoming active in a center, and launching and sustaining a Vajrayana practice. Special emphasis is placed on the potential pitfalls, and the marvelous benefits, of the guru-disciple relationship.

Author Bio

Bruce Newman has studied and practiced Tibetan Buddhism mostly in the Kagyu and Nyingma traditions for almost thirty years. He spent eleven years in India and Nepal studying under his primary teacher, Venerable Chökyi Nyima Rinpoche. Mr. Newman also completed a four-year retreat at Kagyu Samye Ling in Scotland. For the past ten years he has been practicing and teaching under the guidance of Venera...



A Concise Introduction To Tibetan Buddhism

John Powers

Markup Tag(s): Introduction, overview

Summary

Lucid and economical, this introductory text delivers a brisk, fast-moving survey of Tibetan Buddhism. For many years Powers's nearly 600-page *Introduction to Tibetan Buddhism* has served as the field's most authoritative and comprehensive overview of Tibet's distinctive Buddhist tradition. *A Concise Introduction to Tibetan Buddhism* explains the core Buddhist doctrines and the practices of meditation and tantra and provides a survey of the four main schools of Tibetan Buddhism.

Author Bio

John Powers has published twelve books, including *Introduction to Tibetan Buddhism*. He received his PhD from the University of Virginia and specializes in Indian and Tibetan intellectual history. He is currently Professor of Asian Studies at Australian National University.

9781559392969

On Sale Date: 4/28/08

\$14.95/\$14.95 Can.

Paperback / softback / Trade
paperback (US)

160 pages

Atisha's
LAMP FOR THE PATH
TO ENLIGHTENMENT



Commentary by Geshe Sonam Rinchen
Translated and Edited by Ruth Sonam

Atisha's Lamp For The Path To Enlightenment

Geshe Sonam Rinchen, Ruth Sonam

Markup Tag(s): Introduction

Summary

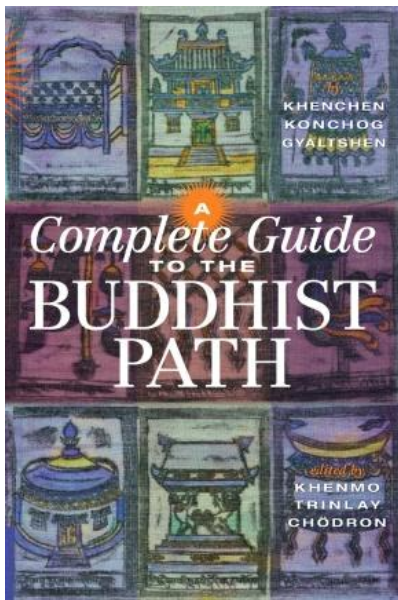
Atisha, the eleventh-century Indian Buddhist scholar and saint, came to Tibet at the invitation of the king of Western Tibet, Lha Lama Yeshe Wo, and his nephew, Jangchub Wo. His coming initiated the period of the second transmission of Buddhism to Tibet, formative for the Sakya Kagyu and Gelug traditions of Tibetan Buddhism. Atisha's most celebrated text, *Lamp for the Path to Enlightenment*, sets forth the entire Buddhist path within the framework of three levels of motivation on the part of the practitioner. Atisha's text thus became the source of the lamrim tradition, or graduated stages of the path to enlightenment, an approach to spiritual practice incorporated within all schools of Tibetan Buddhism.

Author Bio

Geshe Sonam Rinchen was born in Tibet in 1933. He studied at Sera Je Monastery and in 1980 received the Lharampa Geshe degree. He teaches Buddhist philosophy and practice at the Library of Tibetan Works and Archives in Dharamsala, India.

9781559390828
On Sale Date: 1/1/97
\$15.95/\$15.95 Can.
Paperback / softback / Trade
paperback (US)

216 pages



A Complete Guide To The Buddhist Path

Khenchen Konchog Gyaltshe, Khenmo Trinlay Chodron

Markup Tag(s): Introduction, Overview

Summary

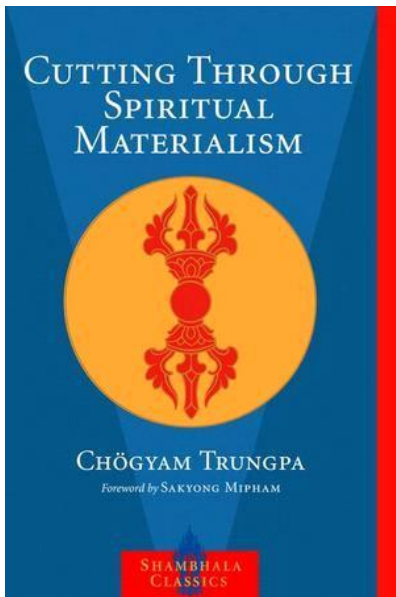
Buddhist teachings provide numerous methods for bringing greater meaning and happiness into our lives and into our relationships with others. In *A Complete Guide to the Buddhist Path*, Khenchen Konchog Gyaltshe Rinpoche reveals these methods in direct, vibrant, down-to-earth language. At the core of this work lies *The Jewel Treasury of Advice*, a text composed by Drikung Bhande Dharmaradza (1704-1754), the reincarnation of Drikung Dharmakirti. Khenchen Rinpoche interprets these ancient teachings with compassion, humor, and a keen awareness for their relevance in contemporary Western life. Those who sincerely want to study and practice the Buddha's teachings will find this an indispensable guide.

Author Bio

Khenchen Könchog Gyaltshe, founder of several Buddhist centers worldwide, is respected and beloved as an accomplished scholar, meditation master, teacher, translator, and author. In 2001 he received the high honor of being enthroned as Khenchen (great abbot). He lives in Frederick, Maryland.

9781559393423
On Sale Date: 3/16/10
\$25.95/\$25.95 Can.
Paperback / softback / Trade
paperback (US)

496 pages



9781570629570
 On Sale Date: 10/22/02
 \$15.95/\$17.95 Can.
 Paperback / softback / Trade
 paperback (US)

256 pages
 11 HALFTONES AND LINE
 DRAWINGS

Cutting Through Spiritual Materialism

Chogyam Trungpa

Markup Tag(s): Introduction

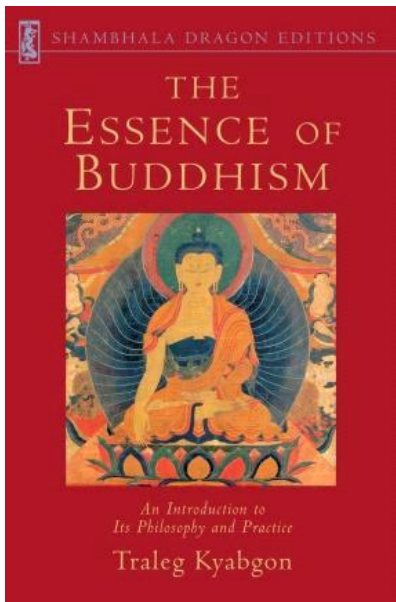
Summary

In this modern spiritual classic, the Tibetan meditation master Chögyam Trungpa highlights the commonest pitfall to which every aspirant on the spiritual path falls prey: what he calls *spiritual materialism*. The universal tendency, he shows, is to see spirituality as a process of self-improvement—the impulse to develop and refine the ego when the ego is, by nature, essentially empty. “The problem is that ego can convert anything to its own use,” he said, “even spirituality.” His incisive, compassionate teachings serve to wake us up from this trick we all play on ourselves, and to offer us a far brighter reality: the true and joyous liberation that inevitably involves letting go of the self rather than working to improve it. It is a message that has resonated with students for nearly thirty years, and remains fresh as ever today.

This new edition includes a foreword by Chögyam Trungpa's son and lineage holder, Sakyong Mipham.

Author Bio

Chögyam Trungpa (1940–1987)—meditation master, teacher, and artist—founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: Sacred Path of the Warrior*, *Cutting Through Spirit...*



Essence of Buddhism

Traleg Kyabgon

Markup Tag(s): Introduction, Overview

Summary

This lucid overview of the Buddhist path takes the perspective of the three "vehicles" of Tibetan Buddhism: the Hinayana, Mahayana, and Vajrayana. While these vehicles are usually presented as a historical development, they are here equated with the attitudes that individuals bring to their Buddhist practice. Basic to them all, however, is the need to understand our own immediate condition. The primary tool for achieving this is meditation, and *The Essence of Buddhism* serves as a handbook for the various meditative approaches of Buddhist practice.

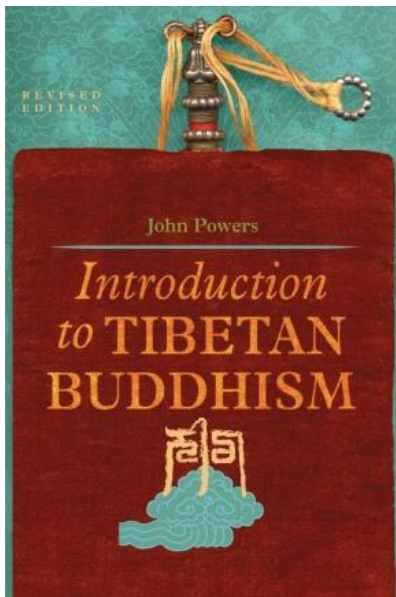
Beginning with the Four Noble Truths, Traleg Rinpoche incorporates the expansive vision of the bodhisattva path and the transformative vision of Tantra. The final chapters present the transcendent view of Mahamudra. This view dispenses with all dualistic fixations and directly realizes the natural freedom of the mind itself.

Along the way, the author provides vivid definitions of fundamental concepts such as compassion, emptiness, and Buddh...

Author Bio

Traleg Kyabgon (1955-2012) was born in Eastern Tibet and educated by many great masters of all four major lineages of Tibetan Buddhism. He is the founder of the Kagyu E-Vam Buddhist Institute, which is headquartered in Melbourne, Australia, with a major practice center in upstate New York and a practice community in New York City. He taught extensively at universities and Buddhist centers in the U...

9781570624681
On Sale Date: 5/1/01
\$16.95/\$20.00 Can.
Paperback / softback / Trade
paperback (US)



Introduction To Tibetan Buddhism

John Powers

Markup Tag(s): Introduction, Overview

Summary

This is the most comprehensive and authoritative introduction to Tibetan Buddhism available to date, covering a wide range of topics, including history, doctrines, meditation, practices, schools, religious festivals, and major figures. The revised edition contains expanded discussions of recent Tibetan history and tantra and incorporates important new publications in the field. Beginning with a summary of the Indian origins of Tibetan Buddhism and how it eventually was brought to Tibet, it explores Tibetan Mahayana philosophy and tantric methods for personal transformation. The four main schools of Tibetan Buddhism, as well as Bön, are explored in depth from a nonsectarian point of view. This new and expanded edition is a systematic and wonderfully clear presentation of Tibetan Buddhist views and practices.

Author Bio

John Powers has published twelve books, including *Introduction to Tibetan Buddhism*. He received his PhD from the University of Virginia and specializes in Indian and Tibetan intellectual history. He is currently Professor of Asian Studies at Australian National University.

9781559392822
On Sale Date: 11/9/07
\$22.95/\$22.95 Can.
Paperback / softback / Trade
paperback (US)

592 pages



Lighting The Way

Markup Tag(s): Introduction, Overview

Summary

This concise and extremely accessible presentation of the path of Tibetan Buddhism by the world's best-known Buddhist teacher shows how to apply Buddhist principles in our lives. *Lighting the Way* contains three fundamental Buddhist teachings given by the Dalai Lama to Western students. His Holiness often refers to this short work as one of his main sources of inspiration for the practice of compassion. The Dalai Lama's commentary on Atisha's "Lamp for the Path to Enlightenment" discusses in a lucid and inspiring manner one of the most important texts for serious practitioners of Buddhism.

Author Bio

His Holiness the Fourteenth Dalai Lama is considered the foremost Buddhist leader of our time. The exiled spiritual head of the Tibetan people, he is a Nobel Peace Laureate, a Congressional Gold Medal recipient, and a remarkable teacher and scholar who has authored over one hundred books.

9781559392280

On Sale Date: 3/17/05

\$14.95/\$18.95 Can.

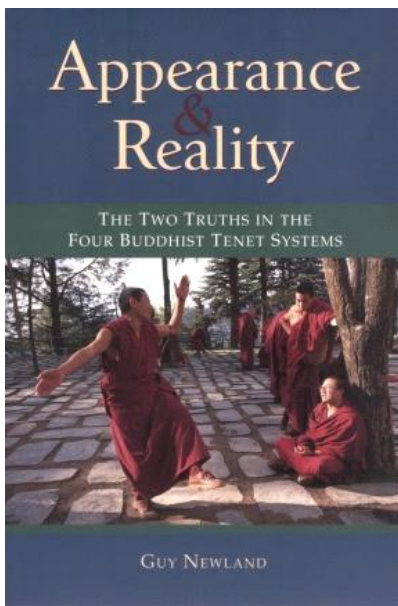
Paperback / softback / Trade
paperback (US)

176 pages

Overviews

Books that give more in-depth treatments
of the entire Buddhist path.

Return to the *Table of Contents*



9781559391313
 On Sale Date: 8/1/09
 \$17.95/\$17.95 Can.
 Paperback / softback / Trade
 paperback (US)

112 pages

Appearance And Reality

The Two Truths In The Four Buddhist Tenet Systems

Guy Newland

Markup Tag(s): Madhyamaka, Overview

Summary

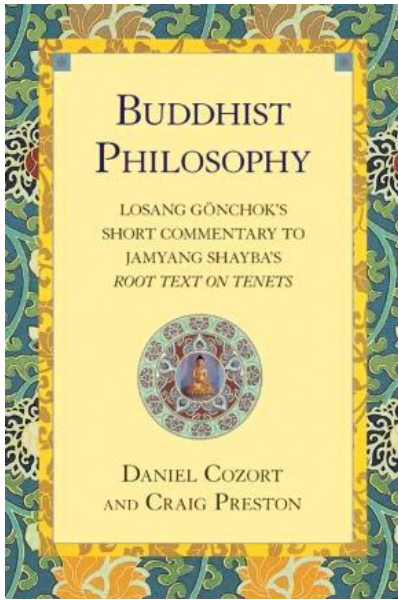
When someone seeks to understand Buddhism, where should that person start? With the meaning of taking refuge in the three jewels? With the four noble truths? The Dalai Lama, when asked this question, suggested that for many in the West today, understanding the two truths-conventional truth and ultimate truth-is the best place to start.

When the Buddha awoke from the dream we still dream, he saw the ultimate reality of things just as they are. There are shifting appearances and conventions, the manners and traditions of the vast and diverse world; and then there is the mystery of the sheer reality of things. And yet we cannot find this reality anywhere else but right here.

Each system of Buddhist philosophy has its own way of explaining exactly what these two truths are and how they relate to one another. In exploring these systems, we are looking over the shoulders of Buddhist thinkers as they grapple with a basic question: 'What is real?' This is not an idle intellectual exercise bu...

Author Bio

Guy Newland is Professor of Religion and Chair of the Department of Philosophy and Religion at Central Michigan University, where he has taught since 1988. He has authored, edited, and translated several books on Tibetan Buddhism, including the three-volume translation of *The Great Treatise on the Stages of the Path to Enlightenment*.



Buddhist Philosophy

Losang Gonchok's Short Commentary To Jamyang Shayba's Root Text On Tenets
Daniel Cozort, Craig Preston

Markup Tag(s): Madhyamaka, Overview

Summary

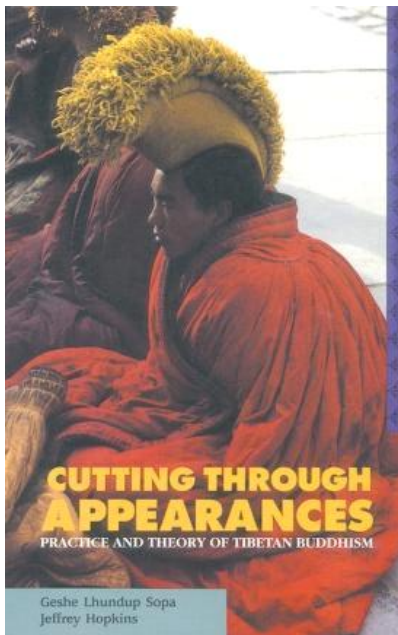
What are the most important points of difference between the major schools of Buddhist philosophy? This rich, medium-length survey offers a lively answer. The introduction, aimed at those new to Buddhist thought, sets up a dialogue between the schools on the most controversial topics in Buddhist philosophy. Jamyang Shayba was the greatest Tibetan writer on philosophical tenets. Losang Gonchok's *Clear Crystal Mirror*, a concise commentary on Jamyang Shayba's root text, represents a distillation of many centuries of Indian and Tibetan scholarship. *Buddhist Philosophy* skims the cream of Jamyang Shayba's intellect, providing a rare opportunity to sharpen our intellect and expand our view of Buddhist thought.

Author Bio

Craig Preston studied at the University of Virginia and has taught Classical Tibetan at the Namgyal Institute and the University of Buffalo. He is the author of *How to Read Classical Tibetan, Volume 1: A Summary of the General Path*, and currently teaches Tibetan and Buddhist philosophy privately in Ithaca, New York.

9781559391986
On Sale Date: 8/26/03
\$18.95/\$18.95 Can.
Paperback / softback / Trade
paperback (US)

352 pages



Cutting Through Appearances

Practice And Theory Of Tibetan Buddhism

Geshe Lhundup Sopa, Jeffrey Hopkins

Markup Tag(s): Introduction, Overview

Summary

This book presents the practice and theory of Tibetan Buddhism. First is a meditation manual written by the Fourth Pan-chen Lama (1781-1852), based on Tsongkhapa's *Three Principal Aspects of the Path*, which covers the daily practice of Tibetan monks and yogis. It details how to properly conduct a meditation session that contains the entire scope of the Buddhist path. Next is the *Presentation of Tenets*, written by Gon-chok-jik-may-wang-bo. It covers Indian Buddhist schools, as viewed in Tibet, and provides a solid introduction to the Buddhist theory animating the practice. Topics include the two truths, consciousness, hindrances to enlightenment, paths to freedom, and fruits of practice.

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.

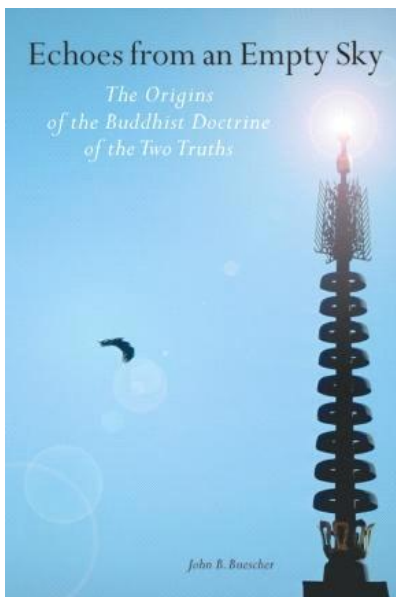
9780937938812

On Sale Date: 1/1/89

\$29.95/\$29.95 Can.

Paperback / softback / Trade
paperback (US)

360 pages



Echoes From An Empty Sky

The Origin Of The Buddhist Doctrine Of The Two Truths

John B. Buescher

Markup Tag(s): Overview

Summary

The important Buddhist doctrine of the two truths-conventional truths and ultimate truths-is the subject of this book. It examines how the doctrine evolved within early Buddhism from efforts to make sense of contradictions within the collected sayings of the Buddha. The two truths, however, came to refer not primarily to statements or language, but to the realities to which statements or language referred. As such, the doctrine of the two truths became one through which Buddhist philosophers focused their efforts to elaborate an abhidharma, a higher teaching which allowed them to explain how the mind apprehends and misapprehends the world, how it attaches itself to objects that do not exist in and of themselves, thereby creating suffering. In effect, the doctrine then evolved into a distinction between different sorts of objects rather than a distinction between different sorts of statements.

The doctrine of the truths understood in this way played a key role in the articulation of th...

Author Bio

John B. Buescher received his PhD in Religious Studies from the University of Virginia. He currently heads the Voice of America's Tibetan Broadcast Service to Tibet and South Asia. He is the author of numerous books and articles.

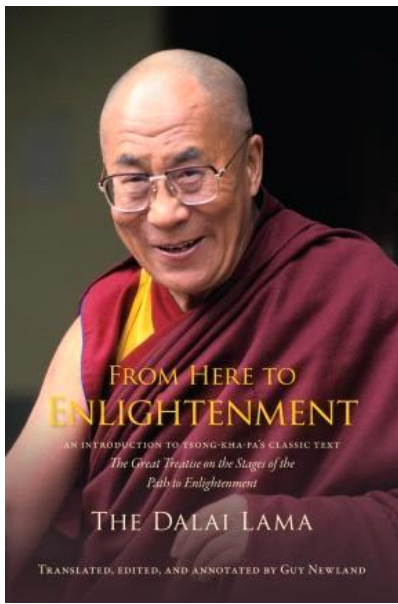
9781559392204

On Sale Date: 3/17/05

\$18.95/\$23.95 Can.

Paperback / softback / Trade
paperback (US)

176 pages



9781559393829
On Sale Date: 1/8/13
\$24.95/\$28.95 Can.
Hardback

224 pages

From Here to Enlightenment

An Introduction to Tsong-kha-pa's Classic Text *The Great Treatise on the Stages of the Path to Enlightenment*
Guy Newland

Markup Tag(s): Overview

Key Selling Points:

The first-ever complete exposition in the West by the Dalai Lama of this great classic of Tibetan Buddhism: With his typical clarity, humanity, and humor, the Dalai Lama has distilled the essence of the *Great Treatise* into a brief and accessible yet profound teaching.

One of the world's great spiritual leaders: The Dalai Lama travels tirelessly around the globe to teach, lecture, and spread his message of compassion, tolerance, and peace. He has authored over one hundred books.

Summary

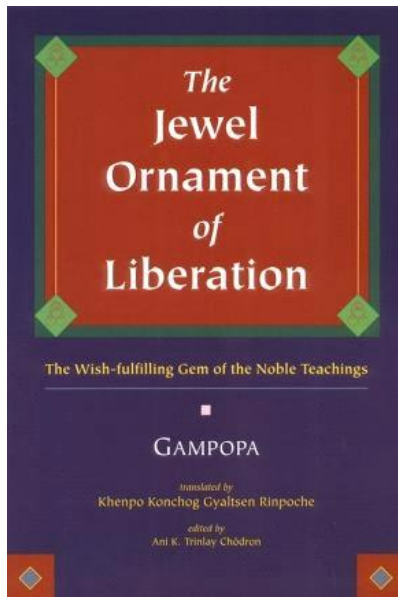
When the Dalai Lama was forced to go into exile in 1959, he could take only a few items with him. Among these cherished belongings was his copy of Tsong-kha-pa's classic text *The Great Treatise on the Stages of the Path to Enlightenment*. This text distills all of the essential points of Tibetan Buddhism, clearly unfolding the entire Buddhist path to enlightenment.

In 2008, celebrating the long-awaited completion of the English-language translation of *The Great Treatise*, the Dalai Lama gave a historic six-day teaching at Lehigh University to explain the meaning of this classic text and to underscore its importance. It is the longest teaching that he has ever given to Westerners on just one text, and Westerners have never before had the opportunity to receive such a complete teaching that encompasses the totality of the Buddhist path from the Dalai Lama. *From Here to Enlightenment* makes the teachings from this momentous event available for a wider audience.

Author Bio

His Holiness the Fourteenth Dalai Lama is considered the foremost Buddhist leader of our time. The exiled spiritual head of the Tibetan people, he is a Nobel Peace Laureate, a Congressional Gold Medal recipient, and a remarkable teacher and scholar who has authored over one hundred books.

Author Residence: Dharamsala, India



The Jewel Ornament Of Liberation

The Wish-Fulfilling Gem Of The Noble Teachings
Khenpo Konchog Gyaltsen, Ani K. Chodron

Markup Tag(s): Overview

Summary

A masterwork of Tibetan Buddhism-providing the complete foundation for study and practice-from beginning to Buddhahood. Includes teachings on Buddha-nature, finding the spiritual master, impermanence, karma, cultivation of bodhicitta, development of the six perfections, the ten bodhisattva bhumis, Buddhahood, and the activities of the Buddha.

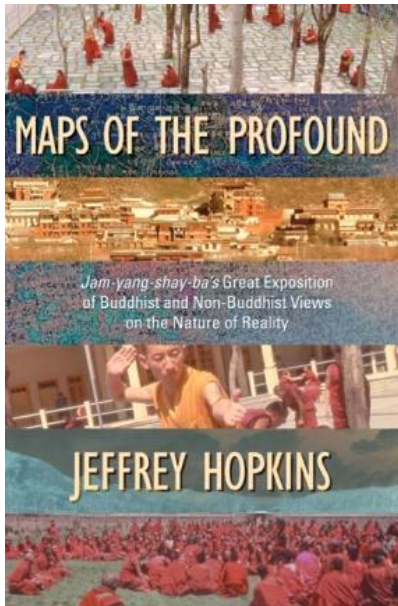
9781559390927

On Sale Date: 1/1/98

\$29.95/\$34.95 Can.

Paperback / softback / Trade
paperback (US)

480 pages



Maps Of The Profound

Jam-Yang-Shay-Ba's Great Exposition Of Buddhist And Non-Buddhist Views On The Nature Of Reality
Jeffrey Hopkins

Markup Tag(s): Overview

Summary

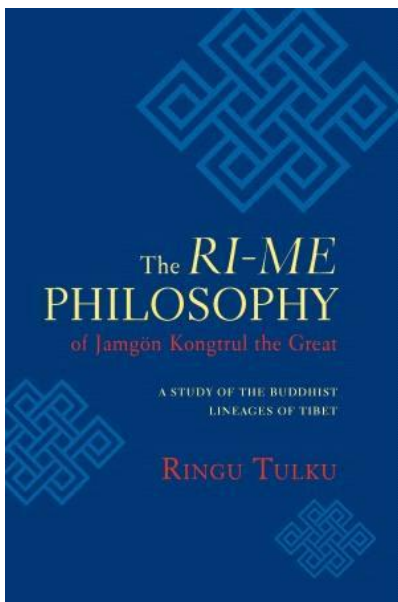
Maps of the Profound is a monumental achievement. Drawing on a lifetime's experience with leading figures in Tibetan oral scholarly traditions, Jeffrey Hopkins presents the most comprehensive and detailed exploration available of Tibetan tenet systems.

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.

9781559392075
On Sale Date: 10/28/03
\$79.95/\$79.95 Can.
Hardback

1080 pages



9781590304648
 On Sale Date: 10/9/07
 \$19.95/\$24.95 Can.
 Paperback / softback / Trade
 paperback (US)

336 pages

The Ri-me Philosophy of Jamgon Kongtrul the Great

A Study of the Buddhist Lineages of Tibet

Ringu Tulku

Markup Tag(s): History, Overview

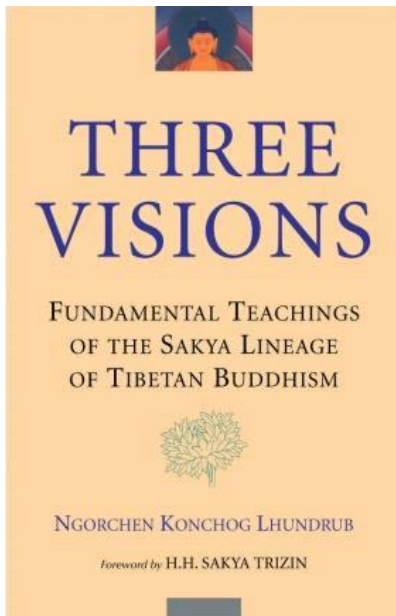
Summary

This compelling study of the Ri-me movement and of the major Buddhist lineages of Tibet is comprehensive and accessible. It includes an introduction to the history and philosophy of the Ri-me movement; a biography of the movement's leader, the meditation master and philosopher known as Jamgön Kongtrul the Great; helpful summaries of the eight lineages' practice-and-study systems, which point out the different emphases of the schools; an explanation of the most hotly disputed concepts; and an overview of the old and new tantras.

Jamgön Kongtrul the Great (1813-1899) is a giant in Tibetan history, renowned for his scholarly and meditative achievements, but also for his energetic yet evenhanded work to unify and strengthen the different lineages of Buddhism. The Ri-me movement, led by Kongtrul and several other leading scholars of the time, was a unifying effort to cut through interscholastic divisions and disputes that were occurring between the different lineages. These leaders sought ...

Author Bio

Ringu Tulku Rinpoche was born in Kham Lingtsang, in eastern Tibet, and was recognized by His Holiness the Sixteenth Gyalwang Karmapa as the incarnation of one of the tulkus of Ringu monastery, a Kagyupa monastery in his home province. He studied with some of the most distinguished khenpos of the Nyingma and Kagyu traditions and received teachings from many outstanding masters, including Thrangu Ri...



Three Visions

Fundamental Teachings Of The Sakya Lineage Of Tibetan Buddhism

Ngorchon Konchog Lhundrub, Sakya Trizin

Markup Tag(s): Overview

Summary

The most profound and fundamental teaching of the Sakya tradition of Tibetan Buddhism is that of the *Path Including Its Result*. This unique teaching of Virupa, one of India's extraordinary Mahasiddhas, covers the entire Buddhist path from the time of entering the spiritual discipline up to the attainment of full and perfect enlightenment. It serves as a manual for contemplating and meditating upon the various stages leading to the final result of ultimate happiness and liberation. *The Three Visions* examines the state of those experiencing suffering, those engaged in the methods leading towards freedom from unhappiness and misery, and those fully enlightened ones who have attained the highest goal of omniscient awakening. In a very direct and simple manner, the text leads the reader step-by-step over the vast path culminating in ultimate peace.

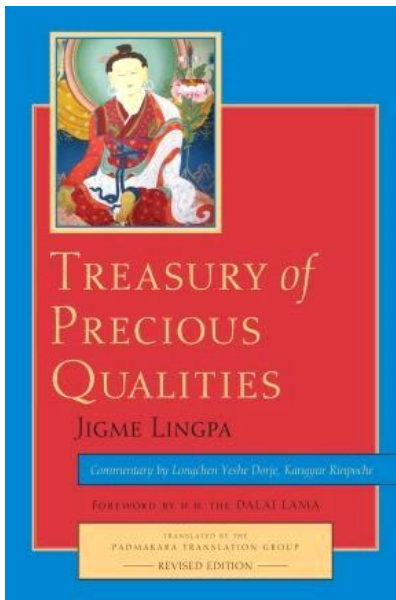
9781559391771

On Sale Date: 5/7/02

\$15.95/\$15.95 Can.

Paperback / softback / Trade
paperback (US)

256 pages



Treasury of Precious Qualities

Longchen Yeshe Dorje, Jigme Lingpa

Markup Tag(s): Mahayana

Summary

This book is a translation of the first part of Jigme Lingpa's Treasury of Precious Qualities, which in a slender volume of elegant verses sets out briefly but comprehensively the Buddhist path according to the Nyingma school. The concision of the root text and its use of elaborate poetic language, rich in metaphor, require extensive explanation, amply supplied here by the commentary of Kangyur Rinpoche.

The present volume lays out the teachings of the sutras in gradual stages according to the traditional three levels, or scopes, of spiritual endeavor. It begins with essential teachings on impermanence, karma, and ethics. Then, from the Hinayana standpoint, it describes the essential Buddhist teachings of the four noble truths and the twelve links of dependent arising. Moving on, finally, to the Mahayana perspective, it expounds fully the teachings on bodhichitta and the path of the six paramitas, and gives an unusually detailed exposition of Buddhist vows.

The paperback edition incl...

Author Bio

Rigdzin Jigme Lingpa (1730-1798) was a great master of the Nyingma tradition of Tibetan Buddhism. The root of the Khyentse lineage, he was a tertön, or discoverer of treasure teachings, and revealed the *Longchen Nyingtik*, one of the most important cycles of meditative practice in the Nyingma school.

9781590307113

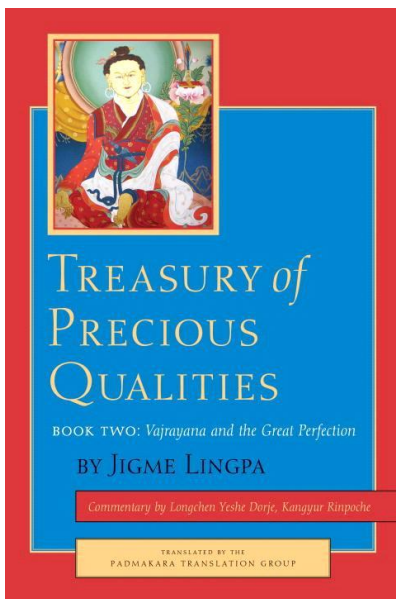
On Sale Date: 4/20/10

\$29.95/\$37.00 Can.

Paperback / softback / Trade
paperback (US)

576 pages

3 LINE ART, 1 HALFTONE



9781611800456
On Sale Date: 8/20/13
\$49.95/\$57.00 Can.
Hardback

480 pages

Treasury of Precious Qualities: Book Two

Longchen Yeshe Dorje, Kangyur Rinpoche, Jigme Ling...

Markup Tag(s): Dzogchen, Tantra

Key Selling Points:

Important traditional text: This well-known original text presents in elegant verse the entire Buddhist path according to the Nyingma school of Tibetan Buddhism. Jigme Lingpa's teachings in this volume are regarded as the summary and quintessence of a very highly regarded work by Longchenpa known as *Seven Treasures*.

Eminent translators: The Padmakara Translation Group, based in France, has a distinguished reputation for its translations of Tibetan texts and teachings. Its work has been published in several languages and is renowned for its clear and accurate literary style.

Audience: Will appeal to readers of Patrul Rinpoche's *Words of My Perfect Teacher* with sales of 28,500. *Treasury of Precious Qualities* comprises teachings from the same lineage as Patrul Rinpoche, and both books were translated by the Padmakara Translation Group.

Accessible traditional text: This commentary is designed for seasoned students of Buddhism. To make the text more accessible to Western Buddhists, the translators have added detailed notes and appendices.

Summary

This book is a translation of the second part of a commentary on the *Treasury of Precious Qualities*, the most celebrated work of Jigme Lingpa (1730-1798), one of the most important figures in the Nyingma lineage. In a slender volume of elegant verse, this root text (new in this revised edition) presents the entire Buddhist path according to the Nyingma school. Because it is so concise and makes use of elaborate poetic language, the commentary is indispensable.

Author Bio

Rigdzin Jigme Lingpa (1730-1798) was a great master of the Nyingma tradition of Tibetan Buddhism. The root of the Khyentse lineage, he was a tertön, or discoverer of treasure teachings, and revealed the *Longchen Nyintik*, one of the most important cycles of meditative practice in the Nyingma school.

THE GREAT TREATISE
on the
STAGES OF THE PATH
TO ENLIGHTENMENT



LAM RIM CHEN MO

TSONG-KHA-PA

THE LAMRIM CHENMO TRANSLATION COMMITTEE
JOSHUA W.C. CUTLER, *Editor-in-Chief*
GUY NEWLAND, *Editor*

The Great Treatise On The Stages Of The Path To Enlightenment Vol 1

Joshua W. C. Cutler

Summary

The Great Treatise on the Stages of the Path to Enlightenment (Lam rim chen mo) is one of the brightest jewels in the world's treasury of sacred literature. The author Tsong-kha-pa (1357-1419) completed this masterpiece in 1402 and it soon became one of the most renowned works of spiritual practice and philosophy in the world of Tibetan Buddhism. Tsong-kha-pa took great pains to base his incisive insights on the classical Indian Buddhist literature, illustrating his points with classical citations as well as with sayings of the masters of the earlier Kadampa tradition. In this way, the text demonstrates clearly how Tibetan Buddhism carefully preserved and developed the Indian Buddhist traditions. Volume One covers all practices that are prerequisite for developing the spirit of enlightenment (bodhicitta). Volume Two explains how to train in the six perfections in order to develop the heart of compassion indispensable for any student who wants to put the Dharma into practice. Volume Thr...

Author Bio

Je Tsong-kha-pa (1357-1419), founder of the Gelug school of Tibetan Buddhism, was one of Tibet's greatest philosophers and a prolific writer. His most famous work, *The Great Treatise on the Stages of the Path*, is a classic of Tibetan Buddhism.

9781559391528
On Sale Date: 11/14/00
\$34.95/\$39.95 Can.
Hardback

440 pages

THE GREAT TREATISE
on the
STAGES OF THE PATH
TO ENLIGHTENMENT



LAM RIM CHEN MO

TSONG-KHA-PA

THE LAMRIM CHENMO TRANSLATION COMMITTEE
JOSHUA W.C. CUTLER, *Editor-in-Chief*
GUY NEWLAND, *Editor*

The Great Treatise On The Stages Of The Path To Enlightenment Vol 2

Joshua W. C. Cutler

Summary

The Great Treatise on the Stages of the Path to Enlightenment (Lam rim chen mo) is one of the brightest jewels in the world's treasury of sacred literature. The author Tsong-kha-pa (1357-1419) completed this masterpiece in 1402 and it soon became one of the most renowned works of spiritual practice and philosophy in the world of Tibetan Buddhism. Tsong-kha-pa took great pains to base his incisive insights on the classical Indian Buddhist literature, illustrating his points with classical citations as well as with sayings of the masters of the earlier Kadampa tradition. In this way, the text demonstrates clearly how Tibetan Buddhism carefully preserved and developed the Indian Buddhist traditions. Volume One covers all practices that are prerequisite for developing the spirit of enlightenment (bodhicitta). Volume Two explains how to train in the six perfections in order to develop the heart of compassion indispensable for any student who wants to put the Dharma into practice. Volume Thr...

Author Bio

Je Tsong-kha-pa (1357-1419), founder of the Gelug school of Tibetan Buddhism, was one of Tibet's greatest philosophers and a prolific writer. His most famous work, *The Great Treatise on the Stages of the Path*, is a classic of Tibetan Buddhism.

9781559391689
On Sale Date: 11/7/02
\$29.95/\$29.95 Can.
Hardback

300 pages

THE GREAT TREATISE
on the
STAGES OF THE PATH
TO ENLIGHTENMENT



LAM RIM CHEN MO

TSONG-KHA-PA

THE LAMRIM CHENMO TRANSLATION COMMITTEE
JOSHUA W.C. CUTLER, *Editor-in-Chief*
GUY NEWLAND, *Editor*

The Great Treatise On The Stages Of The Path To Enlightenment Vol 3

Joshua W. C. Cutler

Summary

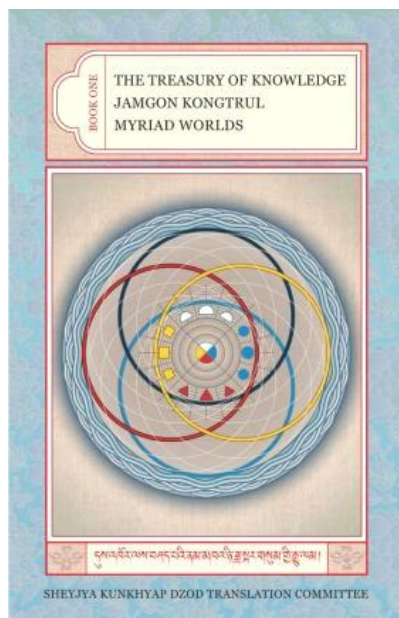
The Great Treatise on the Stages of the Path to Enlightenment (Lam rim chen mo) is one of the brightest jewels in the world's treasury of sacred literature. The author Tsong-kha-pa (1357-1419) completed this masterpiece in 1402 and it soon became one of the most renowned works of spiritual practice and philosophy in the world of Tibetan Buddhism. Tsong-kha-pa took great pains to base his incisive insights on the classical Indian Buddhist literature, illustrating his points with classical citations as well as with sayings of the masters of the earlier Kadampa tradition. In this way, the text demonstrates clearly how Tibetan Buddhism carefully preserved and developed the Indian Buddhist traditions. Volume One covers all practices that are prerequisite for developing the spirit of enlightenment (bodhicitta). Volume Two explains how to train in the six perfections in order to develop the heart of compassion indispensable for any student who wants to put the Dharma into practice. Volume Thr...

Author Bio

Je Tsong-kha-pa (1357-1419), founder of the Gelug school of Tibetan Buddhism, was one of Tibet's greatest philosophers and a prolific writer. His most famous work, *The Great Treatise on the Stages of the Path*, is a classic of Tibetan Buddhism.

9781559391665
On Sale Date: 11/19/04
\$39.95/\$39.95 Can.
Hardback

448 pages



The Treasury Of Knowledge Book 1

Myriad Worlds

Jamgon Kongtrul

Summary

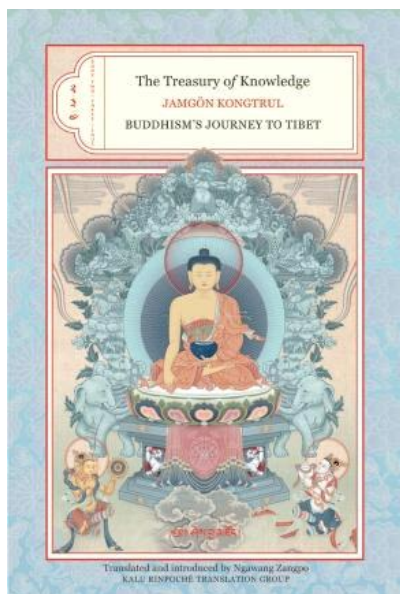
In Tibetan religious literature, Jamgön Kongtrul's *Treasury of Knowledge* in ten books stands out as a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as they were preserved in Tibet. In his monumental *Treasury of Knowledge*, Jamgön Kongtrul presents a complete account of the major lines of thought and practice that comprise Tibetan Buddhism. This first book of *The Treasury* which serves as a prelude to Kongtrul's survey describes four major cosmological systems found in the Tibetan tradition—those associated with the Hinayana, Mahayana, Kalachakra, and Dzogchen teachings. Each of these cosmologies shows how the world arises from mind, whether through the accumulated results of past actions or from the constant striving of awareness to know itself.

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

9781559391887
On Sale Date: 6/5/03
\$29.95/\$29.95 Can.
Hardback

304 pages



The Treasury Of Knowledge Books 2, 3, And 4

Buddhism's Journey To Tibet

Jamgon Kongtrul, Ngawang Zangpo

Summary

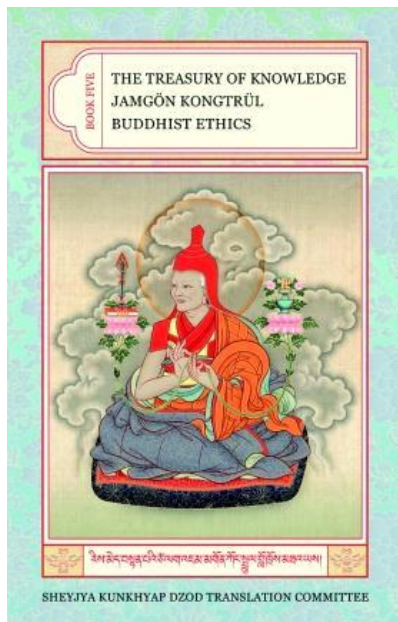
Jamgön Kongtrul's ten-volume *Treasury of Knowledge* is a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as they were preserved in Tibet. Tibetan Buddhist teachers expected their students to study Buddhist philosophical texts as well as practice reflection and meditation; present-day students have also realized that awakening has its source in study as well as in reflection and practice. *Buddhism's Journey to Tibet* presents Kongtrul's masterful history of Buddhism in India and Tibet. Beginning with the appearance of the Buddha in our world (Book Two), it describes the Buddha's life, his enlightenment, and what he taught (Book Three) from a multitude of Buddhist viewpoints. Buddhism's transmission to and preservation in Tibet is the focus of the main part of this volume (Book Four), which describes the scriptural transmissions and lineages of meditation practice as well as the Buddhist arts that together make up the world of Tibetan Buddhism.

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

9781559393454
On Sale Date: 8/16/10
\$49.95/\$49.95 Can.
Hardback

696 pages



The Treasury Of Knowledge Book 5

Buddhist Ethics
Jamgon Kongtrul

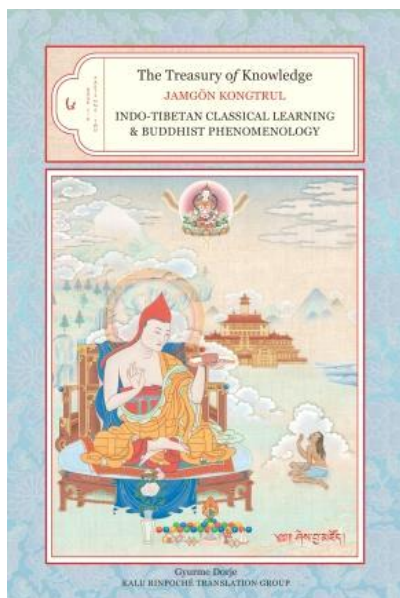
Summary

In Tibetan religious literature, Jamgön Kongtrul's *Treasury of Knowledge* in ten books stands out as a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as it was preserved in Tibet. This volume is the fifth book of that work and is considered by many scholars to be its heart. Jamgön Kongtrul explains the complete code of personal liberation as it applies to both monastic and lay persons, the precepts for those aspiring to the life of a bodhisattva, and the exceptional pledges for practitioners on the tantric path of pure perception.

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

9781559391917
On Sale Date: 6/5/03
\$34.95/\$34.95 Can.
Hardback
568 pages



The Treasury of Knowledge, Book Six, Parts One and Two

Indo-Tibetan Classical Learning and Buddhist Phenomenology

Jamgon Kongtru Lodro Taye, Gyurme Dorje

Key Selling Points:

Seminal work from a pivotal figure: *The Treasury of Knowledge* is Kongtrul's survey of the universe of Buddhist teachings, considered essential reading among serious students of Tibetan Buddhism.

Highly respected translator: Gyurme Dorje is well known and highly respected among both students and scholars of Tibetan Buddhism.

First translation into English.

Summary

Jamgön Kongtrul's encyclopedic *Treasury of Knowledge* presents a complete account of the major lines of thought and practice that comprise Tibetan Buddhism. Among the ten books that make up this tour de force, Book Six is by far the longest—concisely summarizing the theoretical fields of knowledge to be studied prior to the cultivation of reflection and discriminative awareness.

The first two parts of Book Six, contained in this volume, respectively concern Indo-Tibetan classical learning and Buddhist phenomenology. The former analyzes the traditional subjects of phonology and Sanskrit grammar, logic, fine art, and medicine, along with astrology, poetics, prosody, synonymics, and dramaturgy. The principal non-Buddhist philosophical systems of ancient India are then summarized and contrasted with the hierarchical meditative concentrations and formless absorptions through which the "summit of cyclic existence" can genuinely be attained. Part Two examines the phenomenological structures o...

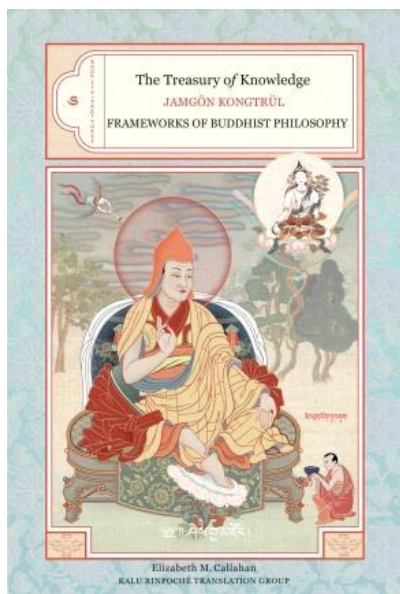
Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

Author Residence: Crieff, Scotland

9781559393898
On Sale Date: 1/8/13
\$49.95/\$58.00 Can.
Hardback

992 pages



The Treasury Of Knowledge Book 6, Part 3

Frameworks Of Buddhist Philosophy

Jamgon Kongtrul, Elizabeth M. Callahan

Summary

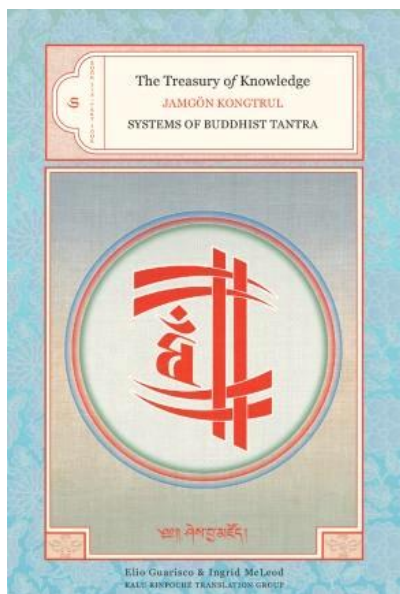
In Tibetan religious literature, Jamgön Kongtrul's *Treasury of Knowledge* in ten books stands out as a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as it was preserved in Tibet. This volume, *Frameworks of Buddhist Philosophy*, is his masterful survey of the broad themes and subtle philosophical points found in more than fifteen hundred years of Buddhist philosophical writings. In a clear and systematic manner, he sets out the traditional framework of Buddhism's three vehicles and four philosophical systems, and provides an overview of the key points of each system. His syncretic approach, which emphasizes the strengths of each of the systems and incorporates them into a comprehensive picture of philosophical endeavor, is well-suited for scholar-practitioners who seek awakening through the combination of analytical inquiry and meditation.

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

9781559392778
On Sale Date: 9/12/07
\$34.95/\$34.95 Can.
Hardback

480 pages



The Treasury Of Knowledge Book 6, Part 4

Systems Of Buddhist Tantra

Jamgon Kongtrul, Elio Guarisco, Ingrid McLeod

Summary

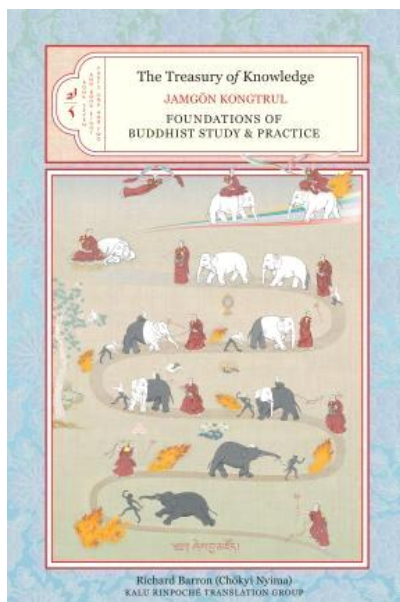
In Tibetan religious literature, Jamgön Kongtrul's *Treasury of Knowledge* in ten books stands out as a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as it was preserved in Tibet. The tantric path is often referred to as the indestructible way of secret mantra, the essence of which is the indestructible union of wisdom (the understanding of emptiness) and method (immutable great bliss). This volume sets forth the various systems that constitute this path, both those of the ancient tantra tradition and of the new tradition.

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

9781559392105
On Sale Date: 6/14/05
\$35.95/\$44.95 Can.
Hardback

584 pages



The Treasury of Knowledge, Book Seven and Book Eight, Parts One and Two

Foundations of Buddhist Study and Practice

Jamgon Kongtru Lodro Taye, Richard Barron, Ringu T...

Key Selling Points:

Seminal work from a pivotal figure: *The Treasury of Knowledge* is Kongtrul's survey of the universe of Buddhist teachings, considered essential reading among serious students of Tibetan Buddhism.

First English translation of a classic Buddhist text: Translated with extensive notes and an introduction by the noted translator Richard Barron.

For serious Tibetan Buddhist practitioners, students, and scholars: In-depth analysis of essential topics.

Summary

Jamgön Kongtrul's ten-volume *Treasury of Knowledge* is a unique encyclopedic masterpiece embodying the entire range of Buddhist teachings as they were preserved in Tibet. Tibetan Buddhist teachers expected their students to study Buddhist philosophical texts as well as practice reflection and meditation; present-day students have also realized that awakening has its source in study as well as in reflection and practice.

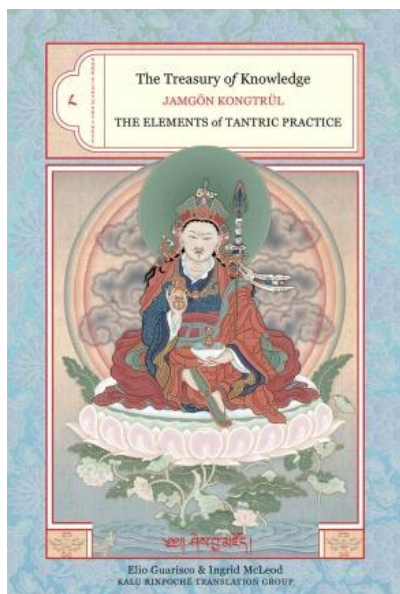
Foundations of Buddhist Study and Practice comprises Book Seven and Book Eight, Parts One and Two of the *Treasury of Knowledge*. Book Seven elucidates the various keys needed to correctly interpret, understand, and contemplate Buddhist teachings, including the secret teachings of the Vajrayana. Parts One and Two of Book Eight explain how the teachings are to be integrated into one's life through the practice of meditation, which unites a state of one-pointed attention with profound insight into emptiness. Jamgön Kongtrul's evenhanded, elegant, and authoritative statement...

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

9781559393997
On Sale Date: 1/8/13
\$34.95/\$41.00 Can.
Hardback

464 pages



The Treasury Of Knowledge Book 8, Part 3

The Elements Of Tantric Practice

Jamgon Kongtrul, Elio Guarisco, Ingrid McLeod

Summary

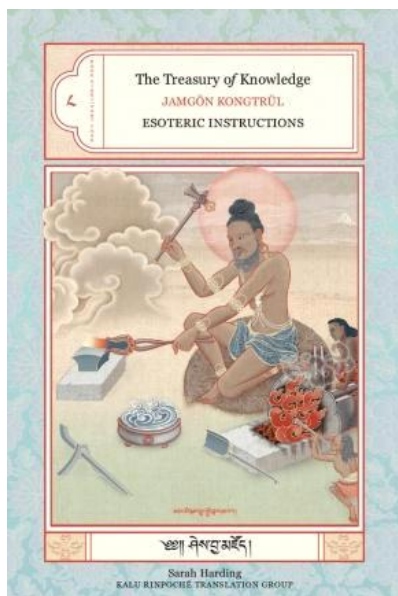
Jamgön Kongtrul's *Treasury of Knowledge* in ten volumes is a unique encyclopedic masterpiece embodying the entire range of Buddhist teachings as they were presented in Tibet. Tibetan Buddhist teachers expected their students to study Buddhist philosophical texts as well as practice reflection and meditation; present-day students have also realized that awakening has its source in study as well as in reflection and practice. *The Elements of Tantric Practice* sets forth the essential components of the path of highest yoga tantra, a system of meditation that unites wisdom and compassion in its two phases of practice. The first phase, that of creation, relies primarily on the use of the imagination to effect personal transformation. The phase of completion allows the practitioner to perfect the process of transformation by training in methods that manipulate the energies and constituents of the mind and body. The result of this path is the direct experience of the fundamental nature of mind ...

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

9781559393058
On Sale Date: 10/16/08
\$34.95/\$34.95 Can.
Hardback

480 pages



The Treasury Of Knowledge Book 8, Part 4

Esoteric Instructions

Jamgon Kongtrul, Sarah Harding

Summary

In Tibetan religious literature, Jamgön Kongtrul's *Treasury of Knowledge* in ten books stands out as a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as it was preserved in Tibet. Tibetan Buddhist teachers expected their students to study Buddhist philosophical texts as well as practice reflection and meditation; present-day students have also realized that awakening has its source in study as well as in reflection and practice. This volume, *Esoteric Instructions*, deals with meditation—specifically tantric meditation. *Esoteric Instructions* is a collection of intimate records of personal teachings by masters that simplify tantric meditations by providing pertinent examples and very personal and helpful hints to disciples based on the master's own experience. Although originally oral in nature, they have been codified and passed down through specific lineages from teacher to student.

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

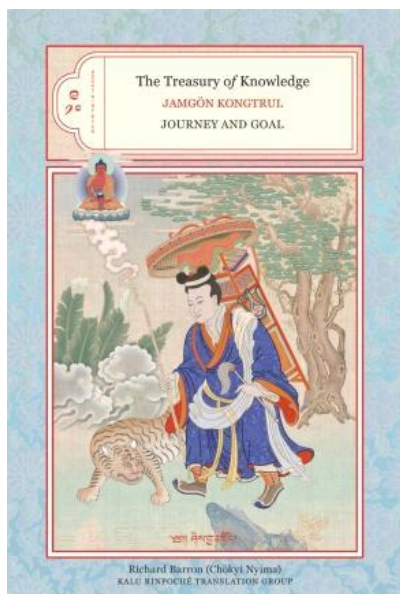
9781559392846

On Sale Date: 3/1/08

\$39.95/\$39.95 Can.

Hardback

528 pages



The Treasury Of Knowledge Books 9 And 10

Journey And Goal

Jamgon Kongtrul, Richard Barron

Summary

Jamgön Kongtrul's ten-volume *Treasury of Knowledge* is a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as they were preserved in Tibet. Tibetan Buddhist teachers expected their students to study Buddhist philosophical texts as well as practice reflection and meditation; present-day students have also realized that awakening has its source in study as well as in reflection and practice. *Journey and Goal* focuses on the spiritual path-the journey and the resultant state of enlightenment to which it leads-the goal. Extensively varied perspectives are offered not only from within the many schools of Buddhism but also from the different levels of practice and attainment. This is in fact the most comprehensive treatment of these themes to appear in the English language.

Author Bio

Jamgön Kongtrul (1813-1899) was a versatile and prolific scholar. He has been characterized as a "Tibetan Leonardo" because of his significant contributions to religion, education, medicine, and politics.

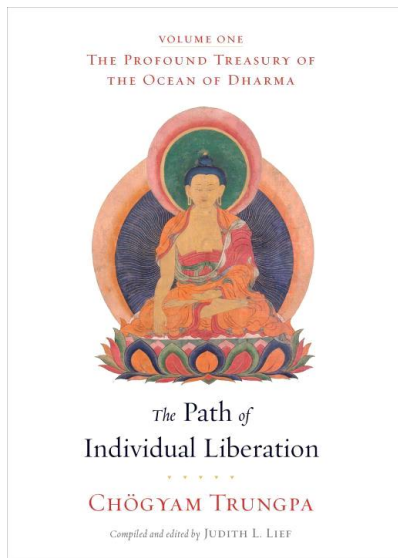
9781559393607

On Sale Date: 12/16/10

\$49.95/\$49.95 Can.

Hardback

704 pages



9781590308028
 On Sale Date: 4/8/13
 \$69.95/\$80.00 Can.
 Hardback

680 pages

The Path of Individual Liberation

The Profound Treasury of the Ocean of Dharma, Volume One
 Chogyam Trungpa, Judith L. Lief

Key Selling Points:

Chögyam Trungpa's seminal teachings on the Buddhist path: The collections in these three volumes were compiled from a series of extended meditation and study retreats given over thirteen years, which included over three hundred talks. In these retreats Chögyam Trungpa offered students comprehensive training in Buddhist practice, and each year's retreat built upon talks from the previous retreats. Years of editing have gone into distilling these talks into a profound treasury on the most essential Tibetan Buddhist teachings.

Comprehensive, but also down-to-earth: Classical presentations of the path of Tibetan Buddhism are formal and scholarly, but Chögyam Trungpa brings the classical teachings to life with his engaging teaching style that radiates both his warm sense of humor as well as his penetrating clarity.

For new and advanced students alike: The teachings in these three volumes are presented clearly enough to be accessible for students new to Buddhism, yet the breadth and thoroughness of the volumes will make them appealing to advanced students as well.

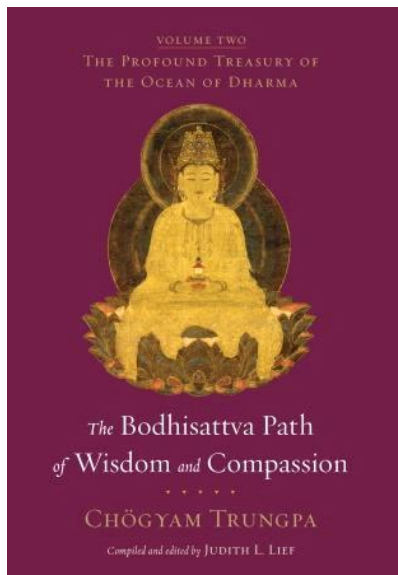
Summary

The first volume of this landmark series presents the teachings of the hinayana. The hinayana introduces core Buddhist teachings on the nature of mind, the practice of meditation, the reality of suffering, and the possibility of liberation. It examines the nature of suffering, impermanence, and egolessness, with an emphasis on personal development through meditative discipline and study. The formal entry into the hinayana and the Buddhist path altogether is the refuge vow, in which a student goes for refuge to the Buddha, or the teacher; the dharma, or the teachings; and the sangha, or the community. The hinayana path is based on training in mindfulness and awareness, cultivating virtue, and cutting grasping. Topics covered in detail in this volume include the four noble truths, karma, the four foundations of mindfulness, meditation practice, the refuge vows, the three jewels, the five skandhas, the five precepts, twofold egolessness, and more.

The Profound Treasury of the Ocean of Dh...

Author Bio

Chögyam Trungpa (1940-1987)-meditation master, teacher, and artist-founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: The Sacred Path of the Warrior*, *Cutting Through Spi...*



The Bodhisattva Path of Wisdom and Compassion

The Profound Treasury of the Ocean of Dharma, Volume Two

Chogyam Trungpa, Judith L. Lief

Key Selling Points:

Chögyam Trungpa's seminal teachings on the Buddhist path: The collections in these three volumes were compiled from a series of extended meditation and study retreats given over thirteen years, which included over three hundred talks. In these retreats Chögyam Trungpa offered students comprehensive training in Buddhist practice, and each year's retreat built upon talks from the previous retreats. Years of editing have gone into distilling these talks into a profound treasury on the most essential Tibetan Buddhist teachings.

Comprehensive, but also down-to-earth: Classical presentations of the path of Tibetan Buddhism are formal and scholarly, but Chögyam Trungpa brings the classical teachings to life with his engaging teaching style that radiates both his warm sense of humor as well as his penetrating clarity.

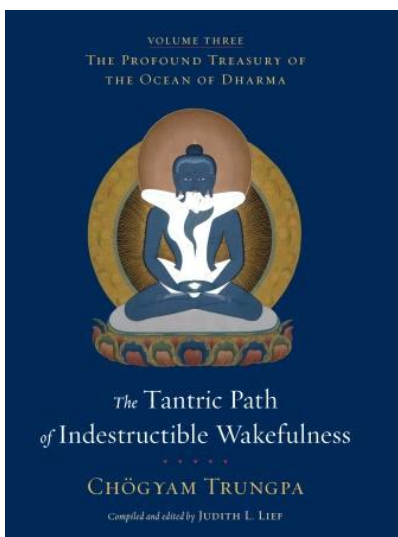
For new and advanced students alike: The teachings in these three volumes are presented clearly enough to be accessible for students new to Buddhism, yet the breadth and thoroughness of the volumes will make them appealing to advanced students as well.

Summary

The second volume in this landmark series presents the bodhisattva teachings of the mahayana. At this point, having trained and seen the benefits of looking within, the student begins to shift their focus outward to the broader world. Formal entry into the mahayana occurs with taking the bodhisattva vow. Mahayana practitioners dedicate themselves to the service of all sentient beings, aspiring to save them from sorrow and confusion, and vowing to bring them to perfect liberation. This stage of the path emphasizes the cultivation of wisdom through the view and experience of emptiness, or *shunyata*, in which all phenomena are seen to be unbounded, completely open, ungraspable, and profound. From the ground of *shunyata*, compassionate activity is said to arise naturally and spontaneously. In addition to mindfulness and awareness, the mahayanist practices *lojong*, or "mind training," based on the cultivation of the *paramitas*, or "transcendent virtues": generosity, discipline, patience, exerti...

Author Bio

Chögyam Trungpa (1940-1987)-meditation master, teacher, and artist-founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: The Sacred Path of the Warrior*, *Cutting Through Spi...*



9781590308042
 On Sale Date: 4/8/13
 \$79.95/\$92.00 Can.
 Hardback

944 pages

The Tantric Path of Indestructible Wakefulness

The Profound Treasury of the Ocean of Dharma, Volume Three

Chogyam Trungpa, Judith L. Lief

Key Selling Points:

Chögyam Trungpa's seminal teachings on the Buddhist path: The collections in these three volumes were compiled from a series of extended meditation and study retreats given over thirteen years, which included over three hundred talks. In these retreats Chögyam Trungpa offered students comprehensive training in Buddhist practice, and each year's retreat built upon talks from the previous retreats. Years of editing have gone into distilling these talks into a profound treasury on the most essential Tibetan Buddhist teachings.

Comprehensive, but also down-to-earth: Classical presentations of the path of Tibetan Buddhism are formal and scholarly, but Chögyam Trungpa brings the classical teachings to life with his engaging teaching style that radiates both his warm sense of humor as well as his penetrating clarity.

For new and advanced students alike: The teachings in these three volumes are presented clearly enough to be accessible for students new to Buddhism, yet the breadth and thoroughness of the volumes will make them appealing to advanced students as well.

Summary

The third volume of this landmark series presents the vajrayana teachings of the tantric path. The vajrayana, or "diamond vehicle," also referred to as tantra, draws upon and extends the teachings of the hinayana and mahayana. As with the hinayana and the mahayana, the formal acceptance into the vajrayana is marked by a vow, in this case the *samaya* vow. There is an emphasis at this stage on the student-teacher relationship and on the quality of devotion. Generally, students must complete preliminary practices, called *ngöndro*, to prepare themselves for initiation into the vajrayana path before going further. Having done so, they then receive the appropriate empowerments to begin tantric practices. There are empowerment ceremonies of many kinds, called *abhishekas*. The vajrayana includes both form practices, such as visualizations and *sadhanas* (ritual liturgies), and formless practices based on allowing the mind to rest naturally in its inherent clarity and emptiness. Although on the surf...

Author Bio

Chögyam Trungpa (1940-1987)-meditation master, teacher, and artist-founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: The Sacred Path of the Warrior*, *Cutting Through Spi...*

Mahayana

General Mahayana Texts

Return to the *Table of Contents*

NAGARJUNA'S *Letter to a Friend*



WITH COMMENTARY BY
KYABJE KANGYUR RINPOCHE

Translated by the Padmakara Translation Group

9781559394154

On Sale Date: 9/10/13

\$24.95/\$27.95 Can.

Paperback / softback / Trade
paperback (US)

208 pages

Nagarjuna's Letter to a Friend (paper original)

With Commentary by Kangyur Rinpoche

Kangyur Kyabje Rinpoche

Markup Tag(s): Mahayana

Key Selling Points:

One of the most widely quoted Buddhist classics of all time: Nagarjuna's *Letter to a Friend* is cross-referenced in countless Buddhist texts. Students of Buddhism will benefit from spending time with this original source.

By the most important Buddhist philosopher after the historical Buddha: Nagarjuna is one of the most original and influential thinkers in the history of Indian philosophy. Known most for his teachings on the "middle way" and on the notion of emptiness, his writings include *The Fundamental Wisdom of the Middle Way*, *The Seventy Stanzas on Emptiness*, and *The Precious Garland*.

A poetic description of what Buddhism is all about: Contains both practical advice and theoretical exposition, all within 123 four-line stanzas.

Let the commentary be your guide: Twentieth-century scholar Kyabje Kangyur Rinpoche expertly unpacks the poem's meaning, inserting subject headings and expounding on key ideas.

Summary

An exposition of the entire Buddhist path in only 123 verses. A Buddhist classic.

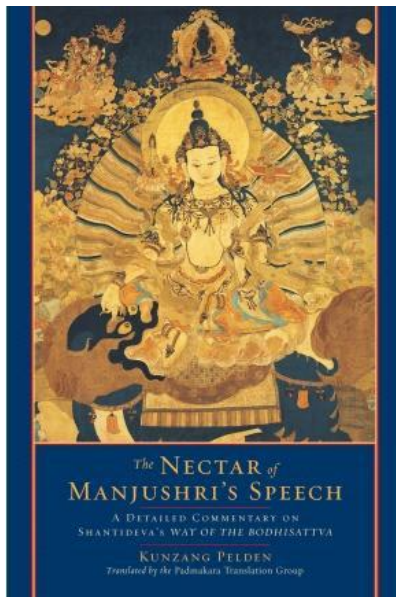
Nagarjuna's poetic presentation of the fundamental teachings of the Great Vehicle, or Mahayana, is remarkable for its concise style and memorable imagery, making it one of the most widely quoted sources in other commentaries on the Mahayana path. The great Indian Buddhist master Nagarjuna (first-second century C.E.) wrote his celebrated poem "Letter to a Friend" as a gift of advice to a South Indian king, and it has since become a monument in the Indian shastra tradition.

Despite its short length (only 123 verses), Nagarjuna's "Letter to a Friend" covers the entire Mahayana path, combining a practical approach to daily conduct with a theoretical exposition of the different stages leading to enlightenment. It has thus been an ideal source for many of Tibet's great scholars seeking a scriptural authority to enhance their own descriptions of the Buddhist path. Any difficulties in understanding the poem are...

Author Bio

NAGARJUNA, the South Indian Buddhist master who lived six hundred years after the Buddha, is undoubtedly the most important, influential, and widely studied Mahayana Buddhist philosopher.

KYABJE KANGYUR RINPOCHE (1897-1975), of the monastery of Riwoche in Kham, was a great scholar and tertön. He spent much of his life as a wandering hermit, living in mountain retreats and practicing in various par...



The Nectar of Manjushri's Speech

A Detailed Commentary on Shantideva's Way of the Bodhisattva

Kunzang Pelden

Markup Tag(s): Mahayana

Summary

The *Bodhicharyavatara*, or *Way of the Bodhisattva*, composed by the eighth-century Indian master Shantideva, has occupied an important place in the Tibetan Buddhist tradition almost from its inception. One of the great classics of Mahayana Buddhism, it describes the path of the bodhisattvas, those who vow to become enlightened in order to help all beings awaken into the state of freedom and fulfillment. It is a guide to cultivating the mind of enlightenment through generating the qualities of love, compassion, generosity, and patience.

Patrul Rinpoche, the celebrated nineteenth-century master and author of *The Words of My Perfect Teacher*, devoted his whole life to the practice and teachings of the *Bodhicharyavatara*. Although he never composed an extensive commentary on this great work, it is said that, when traveling all over the east of Tibet, he expounded it more than one hundred times, sometimes in detailed courses lasting many months. Kunzang Pelden spent most of his early life with...

Author Bio

Kunzang Pelden (sometimes known as Khenpo Kunpel) was born in Tibet in 1862. Renowned for his spiritual realization, he was one of the great monk-scholars of the nonsectarian movement and was instrumental in the preservation of the oral traditions and teachings of the Nyingma school.

9781590304396
On Sale Date: 11/13/07
\$34.95/\$44.00 Can.
Hardback

464 pages



Parting From The Four Attachments

A Commentary On Jetsun Drakpa Gyaltsen's Song Of Experience On Mind Training
And The View
Chogye Trichen

Markup Tag(s): Overview

Summary

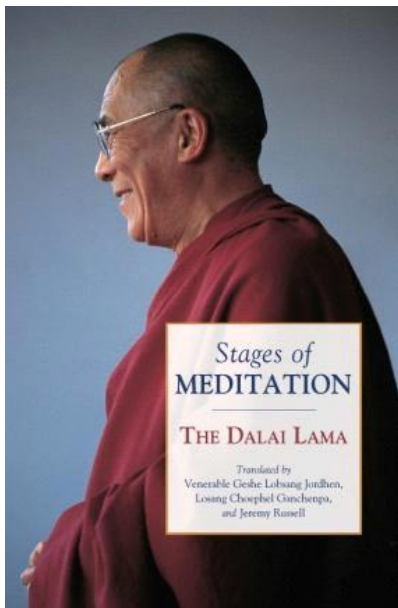
The teaching on *Parting from the Four Attachments* is universally regarded as one of the jewels of Tibetan Buddhism. Rinpoche leads the reader through a detailed and lucid exploration of the nature of mind, pointing out inevitable pitfalls in spiritual practice and showing how they can be avoided.

Author Bio

Chogye Trichen Rinpoche is a primary teacher of the Dalai Lama Sakya Trizin and other great lamas.

9781559391931
On Sale Date: 9/6/03
\$22.95/\$26.95 Can.
Paperback / softback / Trade
paperback (US)

200 pages



Stages Of Meditation

Geshe Lobsang Jordhen, Losang Choephel Ganchenpa, ...

Markup Tag(s): Mahayana

Summary

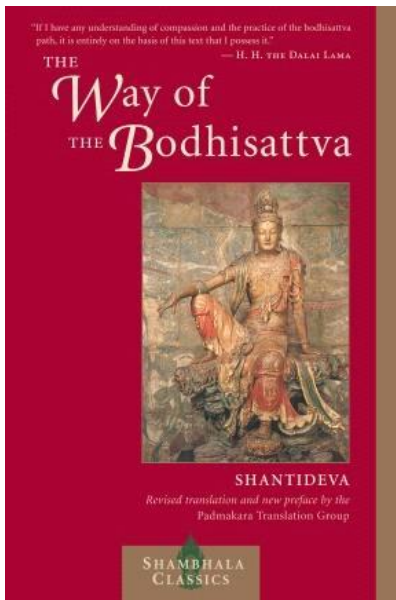
The Dalai Lama explains the principles of meditation in a practice-oriented format especially suited to Westerners. Based upon the middle section of the *Bhavanakrama* by Kamalashila, a translation of which is included, this is the most extensive commentary given by the Dalai Lama on this concise but important meditation handbook. It is a favorite text of the Dalai Lama, and he often takes the opportunity to give teachings on it to audiences throughout the world. In his words, "This text can be like a key that opens the door to all other major Buddhist scriptures." Topics include the nature of mind, how to develop compassion and loving-kindness, calm abiding wisdom, and how to establish a union of calm abiding and special insight.

Author Bio

His Holiness the Fourteenth Dalai Lama is considered the foremost Buddhist leader of our time. The exiled spiritual head of the Tibetan people, he is a Nobel Peace Laureate, a Congressional Gold Medal recipient, and a remarkable teacher and scholar who has authored over one hundred books.

9781559391979
 On Sale Date: 7/28/03
 \$16.95/\$16.95 Can.
 Paperback / softback / Trade
 paperback (US)

216 pages



9781590303887
 On Sale Date: 9/12/06
 \$16.95/\$18.95 Can.
 Paperback / softback / Trade
 paperback (US)

256 pages

The Way of the Bodhisattva

Revised Edition
 Shantideva

Markup Tag(s): Mahayana

Summary

Treasured by Buddhists of all traditions, *The Way of the Bodhisattva* (*Bodhicharyavatara*) is a guide to cultivating the mind of enlightenment, and to generating the qualities of love, compassion, generosity, and patience. This text has been studied, practiced, and expounded upon in an unbroken tradition for centuries, first in India, and later in Tibet. Presented in the form of a personal meditation in verse, it outlines the path of the Bodhisattvas—those who renounce the peace of individual enlightenment and vow to work for the liberation of all beings and to attain buddhahood for their sake.

This version, translated from the Tibetan, is a revision by the translators of the 1997 edition. Included are a foreword by His Holiness the Dalai Lama, a new translator's preface, a thorough introduction, a note on the translation, and three appendices of commentary by the Nyingma master Kunzang Pelden.

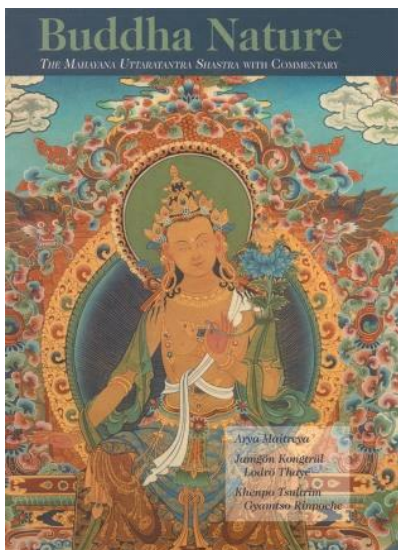
Author Bio

Shantideva was a scholar in the eighth century from the monastic university Nalanda, one of the most celebrated centers of learning in ancient India. According to legend, Shantideva was greatly inspired by the celestial bodhisattva Manjushri, from whom he secretly received teachings and great insights. Yet as far as the other monks could tell, there was nothing special about Shantideva. In fact, h...

Mahayana

Five Treatise of Maitreya

Return to the *Table of Contents*



Buddha Nature

The Mahayana Uttaratantra Shastra With Commentary
Jamgon Kongtrul, Khenpo Tsultrim Gyamtso, Rosemari...

Markup Tag(s): 5 Treatises of Maitreya, madhyamaka, Mahayana

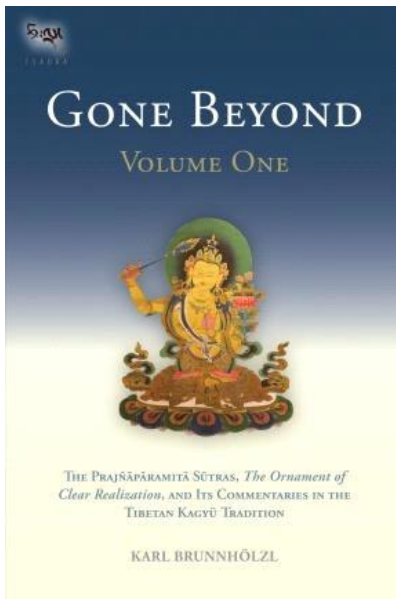
Summary

All sentient beings without exception have buddha nature-the inherent purity and perfection of the mind, untouched by changing mental states. Thus there is neither any reason for conceit in deeming oneself better than others nor any reason for self-contempt, thinking of oneself as inferior and unable to reach enlightenment. This seeing is obscured by veils which are removable and do not touch the inherent purity and perfection of the nature of the mind as such. The Mahayana Uttaratantra Shastra, one of the Five Treatises said to have been dictated to Asanga by the Bodhisattva Maitreya, presents the Buddha's definitive teachings on how we should understand this ground of enlightenment and clarifies the nature and qualities of buddhahood.

Jamgön Kongtrul Lodro Thaye (1813-1899), the profoundly learned and realized master who compiled what are known as the "Five Great Treasures," wrote the outstanding commentary to the Mahayana Uttaratantra Shastra translated here. Called *The Unassailabl...*

9781559391283
On Sale Date: 7/31/00
\$34.95/\$34.95 Can.
Hardback

416 pages



Gone Beyond

The Prajnaparamita Sutras The Ornament Of Clear Realization And Its Commentaries In The Tibetan Kagyu Tradition (In 2 Volumes)

Karl Brunnholzl

Markup Tag(s): 5 Treatises of Maitreya, Madhyamaka, Mahayana

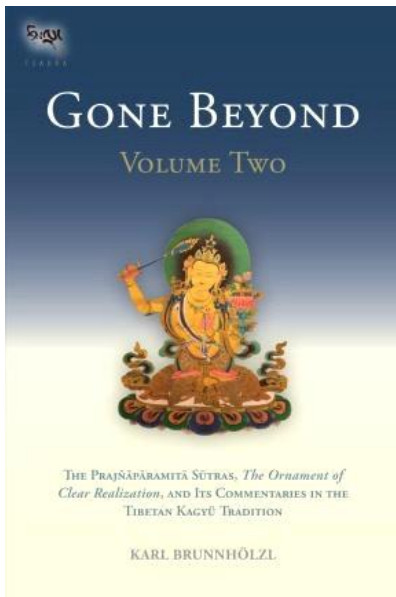
Summary

The Abhisamayalamkara summarizes all the topics in the vast body of the Prajnaparamita Sutras. Resembling a zip-file, it comes to life only through its Indian and Tibetan commentaries. Together, these texts not only discuss the "hidden meaning" of the Prajnaparamita Sutras-the paths and bhumis of sravakas, pratyekabuddhas, and bodhisattvas-but also serve as contemplative manuals for the explicit topic of these sutras-emptiness-and how it is to be understood on the progressive levels of realization of bodhisattvas. Thus these texts describe what happens in the mind of a bodhisattva who meditates on emptiness, making it a living experience from the beginner's stage up through buddhahood.

Gone Beyond contains the first in-depth study of the Abhisamayalamkara (the text studied most extensively in higher Tibetan Buddhist education) and its commentaries in the Kagyu School. This study (in two volumes) includes translations of Maitreya's famous text and its commentary by the Fifth Shamarpa G...

9781559393560
On Sale Date: 7/16/11
\$54.95/\$54.95 Can.
Hardback

876 pages



Gone Beyond

The Prajnaparamita Sutras The Ornament Of Clear Realization And Its Commentaries In The Tibetan Kagyu Tradition (In 2 Volumes)

Karl Brunnholzl

Markup Tag(s): 5 Treatises of Maitreya, Madhyamaka, Mahayana

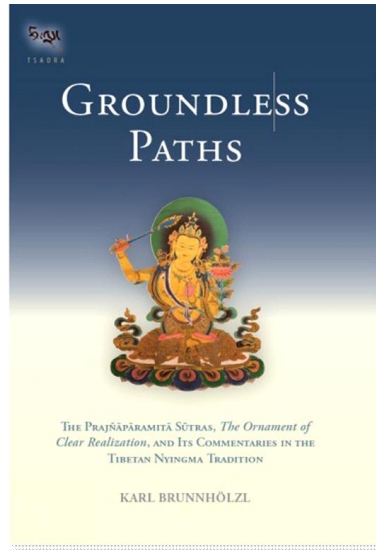
Summary

The Abhisamayalamkara summarizes all the topics in the vast body of the Prajnaparamita Sutras. Resembling a zip-file, it comes to life only through its Indian and Tibetan commentaries. Together, these texts not only discuss the "hidden meaning" of the Prajnaparamita Sutras-the paths and bhumis of sravakas, pratyekabuddhas, and bodhisattvas-but also serve as contemplative manuals for the explicit topic of these sutras-emptiness-and how it is to be understood on the progressive levels of realization of bodhisattvas. Thus these texts describe what happens in the mind of a bodhisattva who meditates on emptiness, making it a living experience from the beginner's stage up through buddhahood.

Gone Beyond contains the first in-depth study of the Abhisamayalamkara (the text studied most extensively in higher Tibetan Buddhist education) and its commentaries in the Kagyu School. This study (in two volumes) includes translations of Maitreya's famous text and its commentary by the Fifth Shamarpa G...

9781559393577
On Sale Date: 5/16/12
\$44.95/\$44.95 Can.
Hardback

688 pages



Groundless Paths

The Prajnaparamita Sutras, The Ornament of Clear Realization, and Its Commentaries in the Tibetan Nyingma Tradition

Karl Brunnholzl

Markup Tag(s): 5 Treatises of Maitreya, Madhyamaka, Mahayana

Summary

The Abhisamayalamkara summarizes all the topics in the vast body of the prajñaparamita sutras. Resembling a zip-file, it comes to life only through its Indian and Tibetan commentaries. Together, these texts not only discuss the "hidden meaning" of the prajñaparamita sutras-the paths and bhumis of sravakas, pratyekabuddhas, and bodhisattvas-but also serve as contemplative manuals for the explicit topic of these sutras-emptiness-and how it is to be understood on the progressive levels of realization of bodhisattvas. Thus these texts describe what happens in the mind of a bodhisattva who meditates on emptiness, making it a living experience from the beginner's stage up through buddhahood.

Groundless Paths contains the first in-depth study of the Abhisamayalamkara (the text studied most extensively in higher Tibetan Buddhist education) and its commentaries from the perspective of the Nyingma School of Tibetan Buddhism. This study consists mainly of translations of Maitreya's famous text a...

9781559393751
On Sale Date: 8/14/12
\$54.95/\$62.00 Can.
Hardback

904 pages



Maitreya's Distinguishing Phenomena And Pure Being

With Commentary By Mipham
Khenpo Tsultrim Gyamtso, Jim Scott

Markup Tag(s): 5 Treatises of Maitreya

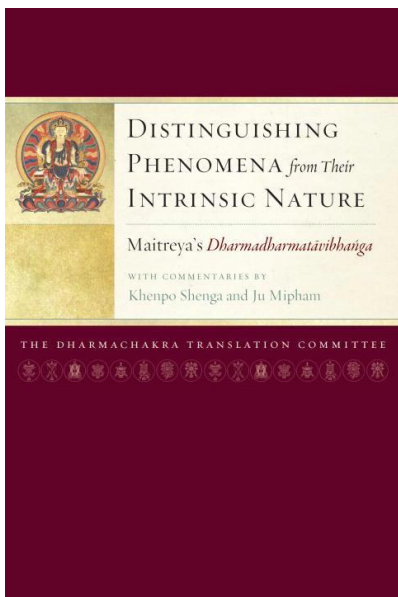
Summary

Distinguishing Phenomena and Pure Being was composed by Maitreya during the golden age of Indian Buddhism. Mipham's commentary supports Maitreya's text in a detailed analysis of how ordinary, confused consciousness can be transformed into wisdom. Easy-to-follow instructions guide the reader through the profound meditation that gradually brings about this transformation. This important and comprehensive work belongs on the bookshelf of any serious Buddhist practitioner-and indeed of anyone interested in realizing their full potential as a human being.

Ju Mipham Rinpoche (1846-1912) was a great master of the Nyingma lineage of Tibetan Buddhism and one of the leading figures in the Rime nonsectarian movement in Tibet. This text, along with Ju Mipham Rinpoche's commentary, is taught extensively throughout the world by Khenpo Tsultrim Gyamtso Rinpoche, who considers this text to be of pivotal importance. Jim Scott, a longtime student of Khenpo Tsöltrim Gyamtso Rinpoche, translated this wor...

9781559392150
On Sale Date: 4/2/04
\$19.95/\$19.95 Can.
Paperback / softback / Trade
paperback (US)

240 pages



9781559394093
On Sale Date: 8/20/13
\$24.95/\$27.95 Can.
Hardback

112 pages

Distinguishing Phenomena from Their Intrinsic Nature

Maitreya's Dharmadharmatāvibhaṅga with Commentaries by Khenpo Shenga and Ju Mipham

Ju Mipham, Khenpo Shenga

Markup Tag(s): 5 Treatises of Maitreya

Key Selling Points:

One of the five texts attributed to Maitreya: The Maitreya texts are fundamental underpinnings of the Indian and Tibetan Yogacara (Mind-Only) School of Buddhism and are widely studied in all four schools of Tibetan Buddhism, as well as in other Mayahana Buddhist traditions. They are considered essential reading and are held up as masterpieces of Buddhist literature.

One of the core texts used by scholars: This book will be valuable to those who are interested in Buddhist philosophy.

A profound text that will help the reader understand how suffering and confusion arise and how they can be brought to an end: This is a philosophical work, but it provides valuable insights for those interested in the practical process of awakening.

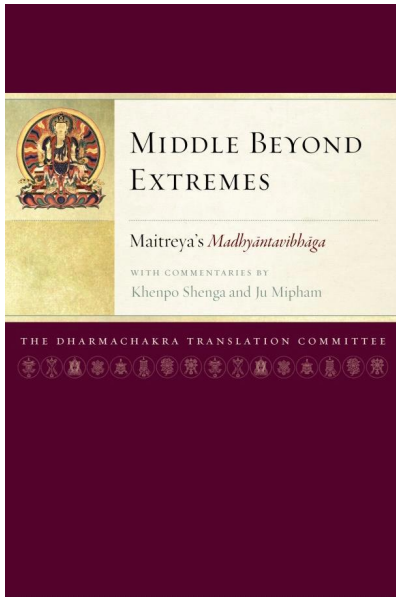
Summary

Outlining the difference between appearance and reality, this work shows that the path to awakening involves leaving behind the inaccurate and limiting beliefs we have about ourselves and the world around us and opening ourselves to the limitless potential of our true nature. By divesting the mind of confusion, the treatise explains, we see things as they actually are. This insight allows for the natural unfolding of compassion and wisdom.

According to tradition, Maitreya, the Buddha's regent, taught the root text of *Distinguishing Phenomena from Their Intrinsic Nature* to Asanga, who recorded the verses. The text is part of a larger collection of philosophical works that have become classics of the Indian Buddhist tradition. This volume includes commentaries by Khenpo Shenga and Ju Mipham, whose discussions illuminate the subtleties of the root text and provide valuable insight into the nature of reality and the process of awakening. Khenpo Shenga and Ju Mipham were both among the mo...

Author Bio

MAITREYA and ASANGA are traditionally considered the progenitors of the Approach of Vast Activity, one of two great currents of Mahayana view and practice. Their works have achieved the status of unique spiritual classics. KHENPO SHENGA (1871-1927) contributed tremendously to the nonsectarian Rimé movement in Tibet. His commentaries on the classic Indian Buddhist treatises have become the core cur...



Middle Beyond Extremes

Maitreya's Madhyantavibhaga With Commentaries By Khenpo Shenga And Ju Mipham

Markup Tag(s): 5 Treatises of Maitreya

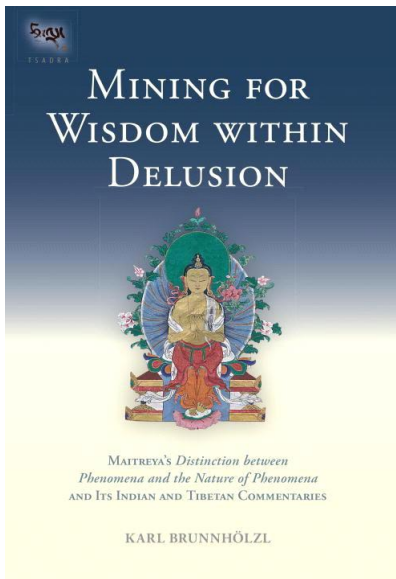
Summary

Middle Beyond Extremes contains a translation of the Buddhist masterpiece *Distinguishing the Middle from Extremes*. This famed text, often referred to by its Sanskrit title, *Madhyantavibhaga*, is part of a collection known as the Five Maitreya Teachings. Maitreya, the Buddha's regent, is held to have entrusted these profound and vast instructions to the master Asanga in the heavenly realm of Tushita.

In pithy verses, *Distinguishing the Middle from Extremes* employs the principle of the three natures to explain the way things seem to be, as well as the way they actually are. Unraveling the subtle processes that condition our thinking and experience, Maitreya's teaching reveals a powerful path of compassionate vision and spiritual transformation. *Distinguishing the Middle from Extremes* is here presented alongside commentaries by two outstanding masters of Tibet's nonsectarian Rimé movement: Khenpo Shenga and Ju Mipham. Maitreya and Asanga, who lived during the fourth century C.E., are the ...

9781559392709
On Sale Date: 2/6/07
\$22.95/\$22.95 Can.
Hardback

192 pages



9781559393959
 On Sale Date: 1/8/13
 \$39.95/\$47.00 Can.
 Hardback

488 pages

Mining for Wisdom within Delusion

Maitreya's "Distinction between Phenomena and the Nature of Phenomena" and Its Indian and Tibetan Commentaries
 Karl Brunnhölzl

Markup Tag(s): 5 Treatises of Maitreya, Madhyamaka, Yogacara

Key Selling Points:

One of the five texts attributed to Maitreya: The Maitreya texts are fundamental underpinnings of the Indian and Tibetan Yogacara (Mind-Only) School of Buddhism and are widely studied by all four schools of Tibetan Buddhism.

The book's introduction presents fundamental background material: It discusses the remaining four of the five works of Maitreya, their transmission from India to Tibet, and various views about them in the Tibetan tradition.

The author is one of the most prolific contemporary scholars of Tibetan Buddhism: He is the author of eight books published in the last eight years. His primary goal has been to present the teachings of the Kagyü School of Tibetan Buddhism and to make the written works of the various Karmapas available in English.

Summary

Maitreya's *Distinction between Phenomena and the Nature of Phenomena* distinguishes the illusory phenomenal world of *saá'fsÄ• ra* produced by the confused dualistic mind from the ultimate reality that is mind's true nature. The transition from the one to the other is the process of "mining for wisdom within delusion." Maitreya's text calls this "the fundamental change," which refers to the vanishing of delusive appearances through practicing the path, thus revealing the underlying changeless nature of these appearances. In this context, the main part of the text consists of the most detailed explanation of nonconceptual wisdom-the primary driving force of the path as well as its ultimate result-in Buddhist literature.

The introduction of the book discusses these two topics (fundamental change and nonconceptual wisdom) at length and shows how they are treated in a number of other Buddhist scriptures. The three translated commentaries, by Vasubandhu, the Third Karmapa, Rangjung Dorje, and ...

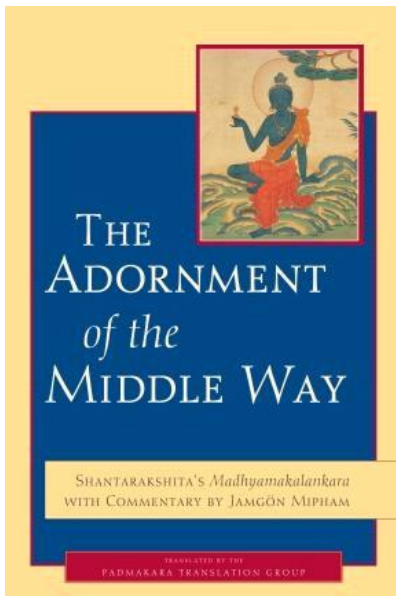
Author Bio

Karl Brunnhölzl, MD, was trained as a physician and also studied Tibetology. He received his systematic training in Tibetan language and Buddhist philosophy and practice at the Marpa Institute for Translators, founded by Khenpo Tsultrim Gyamtso Rinpoche. Since 1989 he has been a translator and interpreter from Tibetan and English. He is presently involved with the Nitartha Institute as a teacher a...

Mahayana

Yogacara and Madhyamaka

Return to the *Table of Contents*



The Adornment of the Middle Way

Shantarakshita's *Madhyamakalankara* with Commentary by Jamgon Mipham
Shantarakshita, Jamgon Mipham

Markup Tag(s): Madhyamaka

Summary

In the *Madhyamakalankara*, Shantarakshita synthesized the views of Madhyamaka and Yogachara, the two great streams of Mahayana Buddhism. This was the last great philosophical development of Buddhist India.

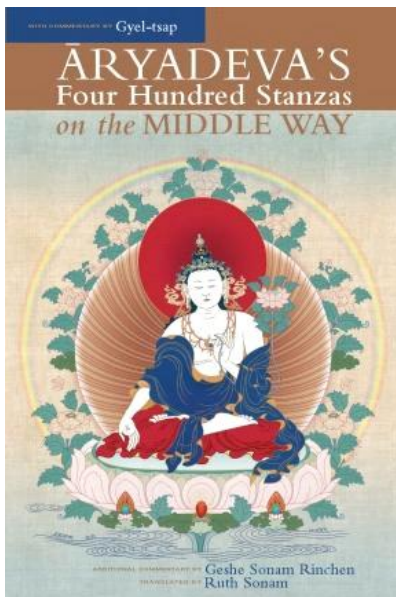
In his brilliant and searching commentary, Mipham re-presented Shantarakshita to a world that had largely forgotten him, defending his position and showing how it should be understood in relation to the teaching of Chandrakirti. To do this, he subtly reassessed the Svatantrika-Prasangika distinction, thereby clarifying and rehabilitating Yogachara-Madhyamaka as a bridge whereby the highest philosophical view on the sutra level flows naturally into the view of tantra. Mipham's commentary has with reason been described as one of the most profound examinations of Madhyamaka ever written.

Author Bio

Jamgön Mipham (1846-1912), one of the great luminaries of Tibetan Buddhism in modern times, has had a dominant and vitalizing influence on the Nyingma School and beyond. He was an important member of the Rimé, or nonsectarian movement, which did much to strengthen and preserve the entire tradition. A scholar of outstanding brilliance and versatility, his translated works are eagerly anticipated by...

9781590304198
On Sale Date: 2/9/10
\$29.95/\$37.00 Can.
Paperback / softback / Trade
paperback (US)

464 pages



9781559393027

On Sale Date: 7/21/08

\$29.95/\$29.95 Can.

Paperback / softback / Trade
paperback (US)

400 pages

Aryadeva's Four Hundred Stanzas On The Middle Way

With Commentary By Gyel-Tsap

Geshe Sonam Rinchen, Ruth Sonam

Markup Tag(s): Madhyamaka

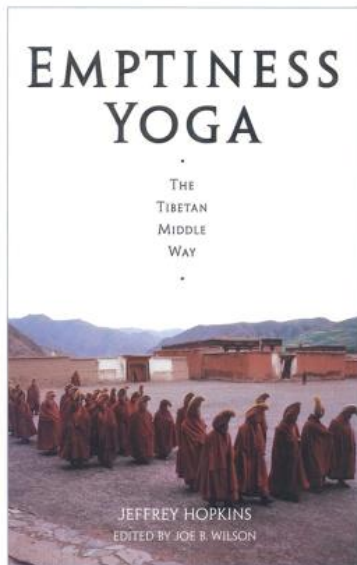
Summary

Gyel-tsap Dar-ma-rin-chen states that Aryadeva's *Four Hundred Stanzas* was written to explain how, according to Nagarjuna, the practice of the stages of yogic deeds enables those with Mahayana motivation to attain Buddhahood. Both Nagarjuna and Aryadeva urge those who want to understand reality to induce direct experience of ultimate truth through philosophic inquiry and reasoning. Aryadeva's text is more than a commentary on Nagarjuna's *Treatise on the Middle Way* because it also explains the extensive paths associated with conventional truths. The *Four Hundred Stanzas* is one of the fundamental works of Mahayana Buddhist philosophy, and Gyel-tsap's commentary is arguably the most complete and important of the Tibetan commentaries on it.

Mahayana practitioners must eliminate not only obstructions to liberation but also obstructions to the perfect knowledge of all phenomena. This requires a powerful understanding of selflessness, coupled with a vast accumulation of merit, or positive ene...

Author Bio

Geshe Sonam Rinchen was born in Tibet in 1933. He studied at Sera Je Monastery and in 1980 received the Lharampa Geshe degree. He teaches Buddhist philosophy and practice at the Library of Tibetan Works and Archives in Dharamsala, India.



Emptiness Yoga

The Tibetan Middle Way

Jeffrey Hopkins, Joe B. Wilson

Markup Tag(s): Madhyamaka

Summary

An absorbing exposition of the methods of realization of the Middle Way Consequence School (Prasangika Madhyamika) by Jeffrey Hopkins-considered by many the foremost Western authority on Tibetan Buddhism. His presentation is based on Jang-gya's famous work-the original and translation are included. The reasonings used to analyze persons and phenomena to establish their true mode of existence are discussed in the context of meditative practice. This exposition includes a masterful treatment of the compatibility of emptiness and dependent-arising.

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.

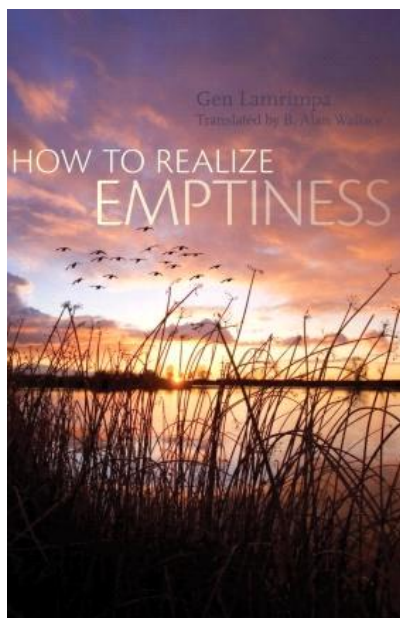
9781559390439

On Sale Date: 1/1/95

\$22.95/\$22.95 Can.

Paperback / softback / Trade
paperback (US)

536 pages



How To Realize Emptiness

Gen Lamrimpa, B. Alan Wallace

Markup Tag(s): Madhyamaka

Summary

Realizing emptiness or grasping the true nature of reality lies at the heart of the Buddhist path. In this book, Gen Lamrimpa offers practical instruction on Madhyamaka, insight meditation aimed at realizing emptiness. Drawing on his theoretical training as well as his extensive meditative experience, he explains how to use Madhyamaka reasoning to experience the way in which all things exist as dependently related events.

Author Bio

Gen Lamrimpa, born in Tibet in 1934, spent most of his life in meditative retreat in Dharamsala, India. He is the author of *Calming the Mind*, one of the clearest books in English on shamatha meditation.

9781559393584

On Sale Date: 9/16/10

\$15.95/\$15.95 Can.

Paperback / softback / Trade
paperback (US)

136 pages

KNOWING, NAMING & NEGATION

A Sourcebook on Tibetan Sautrantika



Translated, Annotated and Introduced by
Anne Carolyn Klein

With oral commentary by
Geshe Belden Drakpa, Denma Lochö Rinbochay,
and Kunsur Yeshey Tupden

Knowing, Naming And Negation

A Sourcebook On Tibetan Sautrantika

Anne Carolyn Klein

Markup Tag(s): Madhyamaka

Summary

Several years in the Tibetan monastic curriculum are devoted to study of the Sautrantika tenet system, for it forms the basis for Madhyamika epistemology. The systematization of Sautrantika assertions has interested generations of Tibetan scholars to the present. Three major types of scholastic literature developed: presentations of the whole tenet system, syllogistic debate texts on problematic topics, and expository treatments of single important issues. Klein annotates translations of outstanding texts in these categories and supplements them with commentary from Tibetan yogi/scholars.

Author Bio

Anne C. Klein is professor and chair of Religious Studies at Rice University. She is also a founding director and resident teacher of Dawn Mountain, a center for contemplative study and practice in Houston. Her publications include *Path to the Middle* (SUNY Press), *Unbounded Wholeness*, coauthored with Geshe Tenzin Wangyal Rinpoche (Oxford University Press), and *Knowledge and Liberation* (Snow Lion P...

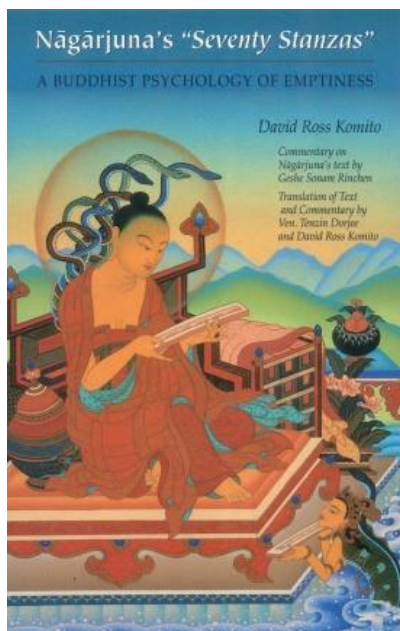
9780937938218

On Sale Date: 1/1/97

\$39.95/\$39.95 Can.

Paperback / softback / Trade
paperback (US)

342 pages



Nagarjuna's Seventy Stanzas

A Buddhist Psychology Of Emptiness

David Ross Komito, Geshe Sonam Rinchen

Markup Tag(s): Madhyamaka

Summary

This volume contains a translation of *Seventy Stanzas*, a fundamental work of Nagarjuna on the Madhyamika system of Buddhist philosophy, along with a commentary on it from the Prasangika viewpoint by Geshe Sonam Rinchen. David Komito summarizes basic Buddhist doctrines on perception and the creation of concepts, which have traditionally served as the backdrop for Nagarjuna's teachings about how people consistently misperceive and misunderstand the nature of the reality in which they live and the means through which they experience it. This book will interest Buddhist practitioners, scholars, and psychologists who seek a deeper understanding of Buddhist psychology and epistemology.

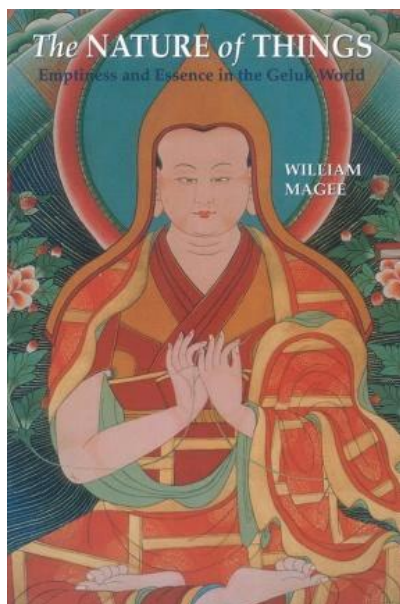
9780937938393

On Sale Date: 5/1/99

\$19.95/\$19.95 Can.

Paperback / softback / Trade
paperback (US)

232 pages



The Nature Of Things

Emptiness And Essence In The Geluk World

William A. Magee

Markup Tag(s): Madhyamaka

Summary

Nature is a topic in many Indian and Tibetan philosophical texts, although its meaning varies considerably in both Hindu and Buddhist scriptures. The discussion of nature pursued in this book begins with Nagarjuna (first century), founder of the Middle Way School, who refuted a fabricated nature in his *Treatise on the Middle*. In that seminal text, he puts forth the three basic criteria for nature: it must be something that is non-fabricated, independent, and immutable.

This book presents Dzong-ka-ba's discussion of the overly narrow object in his *Great Exposition* and relates that discussion to Nagarjuna's verses in *Treatise on the Middle*. When combined with an understanding of an overly broad object to be negated, this topic brings the Middle Way practitioner to a precise identification of the nonexistent object-of-negation nature as being a thing's establishment by way of its own entity.

This book also presents Dzong-ka-ba's more mainstream commentary on the subject in the Ocean of ...

Author Bio

William Magee has a PhD in Buddhist Studies from the University of Virginia. For the past twelve years, he has taught the University of Virginia's internationally famed summer Tibetan language program. Magee currently teaches at the University of North Carolina, Greensboro.

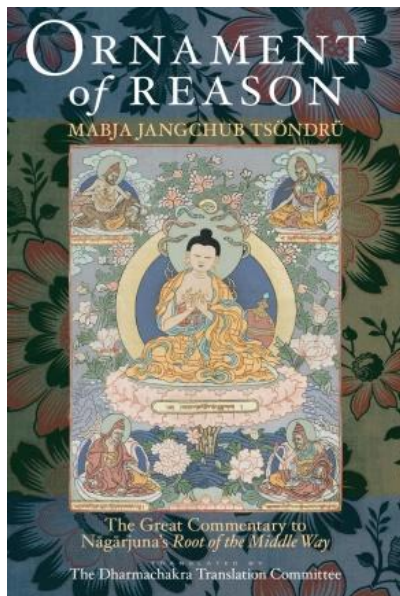
9781559391450

On Sale Date: 5/2/00

\$22.95/\$22.95 Can.

Paperback / softback / Trade
paperback (US)

264 pages



Ornament Of Reason

The Great Commentary To Nagarjuna's Root Of The Middle Way
Mabja Jangchub Tsöndru

Markup Tag(s): Madhyamaka

Summary

In the *Root of the Middle Way*, Nagarjuna presents a magical method of reasoning, inviting everyone who encounters these lucid and fearless contemplations to follow him on a journey to the heart of transcendent insight. Inspired by the Buddha's teachings on profound emptiness in the Prajnaparamita Sutras, Nagarjuna sets out to probe what appears to be the most fundamental facts of the world, challenging us to question even our most deeply ingrained ideas and what seem to be self-evident facts. In a series of unassuming and penetrating investigations, he asks basic questions such as: "What does it mean for something to occur? What is meant by 'going' or by 'coming'? Does the eye see? Does fire burn fuel? What is an example of being right? What does it mean to be wrong? Nagarjuna extends an invitation to open-minded and unprejudiced inquiry, and from his reader he asks for nothing more and nothing less than sincere and honest answers. Yet where are our answers? Once we begin to follow Nag...

Author Bio

Mabja Jangchub Tsöndru, active in the twelfth century, was among the first Tibetans to rely on the works of the Indian master Candrakirti-and his account of the Middle Way exercised a deep and lasting influence on the development of Madhyamaka philosophy in all four schools of Buddhism in Tibet.

9781559393683
On Sale Date: 4/16/11
\$44.95/\$44.95 Can.
Hardback

612 pages

SPEECH OF DELIGHT

MIPHAM'S COMMENTARY ON SANTARAKSITA'S
Ornament of the Middle Way



by
Ju Mipham

Foreword by
CHOKYI NYIMA RINPOCHE
Translated by
THOMAS H. DOCTOR

Speech Of Delight

Mipham's Commentary On Santaraksita's Ornament Of The Middle Way
Ju Mipham, Chokyi Nyima, Thomas H. Doctor

Markup Tag(s): Madhyamaka

Summary

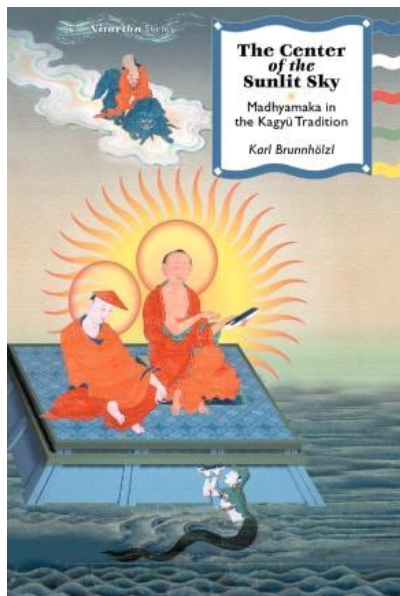
The process of intelligent and open-minded inquiry can lead to complete liberation within the discovery of the natural state. In his *Ornament of the Middle Way* the great Indian master Santaraksita reveals how the path of reasoning can lead the mind to increasingly profound insight and experience. Ju Mipham's illustrious commentary highlights and explains the pithy reasoning of this classic treatise and unfolds the expansive view of the Great Vehicle in a clear, engaging, and compassionate way.

Author Bio

Ju Mipham (1846-1912) displayed a universal genius as he wrote on all aspects of Buddhist theory and practice, as well as on the traditional sciences. He has emerged as one of the most influential figures to come out of the Tibetan tradition in recent centuries.

9781559392174
On Sale Date: 4/13/04
\$39.95/\$56.95 Can.
Hardback

808 pages



The Center Of The Sunlit Sky

Madhyamaka In The Kagyu Tradition

Karl Brunnhölzl

Markup Tag(s): Madhyamaka

Summary

Madhyamaka is a potent and universally accessible means of calming our suffering and awakening to our innate wisdom. *The Center of the Sunlit Sky* artfully rescues this brilliant teaching from its unwarranted reputation for intellectual opacity and reinstates it as a supremely practical tool kit for everyday living. The aim of this book is to take Madhyamaka out of the purely intellectual corner into which it unjustly gets boxed. It is an attempt to show how Madhayamaka actually addresses and works with all of our experiences in life.

The book follows the original Indian sources as well as the standard commentaries on Madhyamaka in the Kagyu School of Tibetan Buddhism. At the same time, these materials are adapted for a contemporary audience, combining the familiar sharpness of Madhyamaka reasonings (launching a massive assault on our cherished belief systems) with exploring the practical relevance of the Madhyamaka way of mind training.

Author Bio

Karl Brunnhölzl, MD, was trained as a physician and also studied Tibetology. He received his systematic training in Tibetan language and Buddhist philosophy and practice at the Marpa Institute for Translators, founded by Khenpo Tsultrim Gyamtso Rinpoche. Since 1989 he has been a translator and interpreter from Tibetan and English. He is presently involved with the Nitartha Institute as a teacher a...

9781559392181
On Sale Date: 11/2/04
\$78.00/\$78.00 Can.
Hardback

1000 pages



The Moon Of Wisdom

Chapter Six Of Chandrakirti's Entering The Middle Way With Commentary From
The Eighth Karmapa Mikyo Dorje
Ari Goldfield, Jules B. Levinson

Markup Tag(s): Madhyamaka

Summary

Nagarjuna, in his seminal text, *The Fundamental Wisdom of the Middle Way*, summarized the vast teachings of the Buddha and used logical reasoning to prove the validity of his words. *Entering the Middle Way* is Chandrakirti's explanation of Nagarjuna's work. Its sixth chapter, which comprises the majority of the text, has four main sections: an explanation of how in genuine reality phenomena do not truly arise; a refutation of the Mind-Only School's assertion that mind truly exists; a refutation of the true existence of the personal self; and an explanation of the sixteen emptinesses taught by the Buddha in the Transcendent Wisdom Sutras. *The Moon of Wisdom* is thus a book that explains the Buddha's ultimate teachings, how to gain confidence in them, and how to put them into practice in one's own life to the great benefit of oneself and others.

Author Bio

The Eighth Karmapa Mikyo Dorje was one of the most erudite and prolific scholars of the Karma Kagyu lineage of Tibetan Buddhism

9781559392310
On Sale Date: 2/2/06
\$29.95/\$29.95 Can.
Paperback / softback / Trade
paperback (US)

508 pages

THE TWO TRUTHS



Guy Newland

The Two Truths

In The Madhyamika Philosophy Of The Gelukba Order Of Tibetan Buddhism
Guy Newland

Markup Tag(s): Madhyamaka

Summary

A Namgyal Monastery Institute Textbook & Studies in Indo-Tibetan Buddhism Series

The persistent problem of Buddhist philosophy has been to find the middle way—an ontology sturdy enough to support a coherent ethical system that does not betray Buddha's original vision of no-self or emptiness (*sunyata*). Buddhist perspectives on ethics and emptiness center on the distinction between two truths—the conventional and the ultimate. Newland's work lays out the Madhyamika philosophy of two truths as seen through the eyes of Tibetan scholar-yogis of the Gelugpa order. Linking the classical Buddhist philosophy of Nagarjuna with the living tradition of monastic courtyard debate, the authors explain the two truths without resort to mysterious trans-rational paradoxes. Newland exposes their extraordinary efforts to clear away the sense of contradiction between emptiness and conventional reality and thus to build a Madhyamika system that is both ethically salutary and rationally coherent.

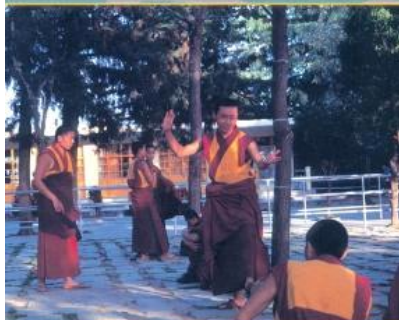
Author Bio

Guy Newland is Professor of Religion and Chair of the Department of Philosophy and Religion at Central Michigan University, where he has taught since 1988. He has authored, edited, and translated several books on Tibetan Buddhism, including the three-volume translation of *The Great Treatise on the Stages of the Path to Enlightenment*.

9780937938799
On Sale Date: 1/1/92
\$29.95/\$29.95 Can.
Paperback / softback / Trade
paperback (US)

320 pages

Unique Tenets of the Middle Way Consequence School



Daniel Cozort

Unique Tenets Of The Middle Way Consequence School

Daniel Cozort

Markup Tag(s): Madhyamaka

Summary

According to Tibetan traditions, the Indian Buddhist Prasangika-Madhyamika school is the one that represents the final true thought of the Buddha. *Unique Tenets of the Middle Way Consequence School* presents and analyzes the issues that separate that school from the other principal schools of Buddhism—issues such as the existence (or non-existence) of an external world the way in which karma and reincarnation operate the nature of consciousness the nature of time and the status of Arhats (enlightened but not omniscient beings). Parts Two and Three of the book are annotated translations of Tibetan texts that are used as source books in monastic education.

Author Bio

Daniel Cozort is Associate Professor and Chair of the Department of Religion at Dickinson College, where he teaches the religions of India.

9781559390774

On Sale Date: 1/1/98

\$29.95/\$35.00 Can.

Paperback / softback / Trade
paperback (US)

632 pages

*Establishing Appearances as Divine*RONGZOM CHÖKYI ZANGPO ON REASONING,
MADHYAMAKA, AND PURITY

HEIDI I. KÖPPL

Establishing Appearances as Divine

Rongzom Chökyi Zangpo on Reasoning, Madhyamaka, and Purity

Heidi I. Köppl

Markup Tag(s): Madhyamaka

Key Selling Points:

The only readily available translation of this highly esteemed treatise, now with a brand-new cover.

Contains a comparative edition of the Tibetan text.

An alternative perspective on the Buddhist path: Rongzom Chökyi Zangpo subversively argues for the superiority of the Tantric view over the more popular Mahayana view. His critique lays out a juxtaposition of the two, which will be of interest to those looking to explore their differences.

Summary

A highly esteemed Buddhist treatise on realizing your divine nature.

This concise treatise by the eleventh-century Tibetan Buddhist philosopher Rongzom Chökyi Zangpo sets out to prove the provocative point that everything that appears is actually deity manifest. Many books on Tibetan Buddhism address the important themes of mind training, compassion, and proper conduct, but this book goes beyond that in its aim to bring the reader face to face with his or her divine and pure nature.

Transformation not only of one's identity but also of one's environment is an important principle in Tantric Buddhist philosophy. In Tantric scriptures one is instructed to visualize oneself as a deity, a divine identity who resides in a perfect sphere. By repeatedly training in this visualization, one perfects the transformation and ultimately becomes the deity itself. *Establishing Appearances as Divine* seeks to unravel the interplay between rationality, truth, and divinity, bringing to light the view th...

Author Bio

RONGZOM CHÄ-KYI ZANGPO (eleventh century) is among the most celebrated scholars of the Nyingma School of Tibetan Buddhism. Particularly known for his lucid and innovative explanations of Tantra and Dzogchen, his influence on later scholars such as Ju Mipham has been profound.

HEIDI I. KÄ-PPL has worked as a translator at the Ka-Nying Shedrub Ling Monastery in Nepal for more than a decade and has ...

9781559394192

On Sale Date: 9/10/13

\$24.95/\$27.95 Can.

Paperback / softback / Trade
paperback (US)

160 pages

Dynamic Responses to Dzong-ka-ba's *The Essence of Eloquence* 3

ABSORPTION IN NO EXTERNAL WORLD

170 Issues in Mind-Only Buddhism

JEFFREY HOPKINS

Absorption In No External World

170 Issues In Mind-Only Buddhism

Jeffrey Hopkins

Markup Tag(s): Yogacara

Summary

Dzong-ka-ba's *The Essence of Eloquence* is still considered so important to Tibetan Buddhists that the Dalai Lama keeps a copy with him wherever he goes. This book examines many fascinating points raised in six centuries of Tibetan and Mongolian commentary concerning the first two sections of this text: the Prologue, and the section on the Mind-Only School. By providing vivid detail, Jeffrey Hopkins reveals the liveliness of Tibetan scholastic controversies, showing the dynamism of thoughtful commentary and stimulating the reader's metaphysical imagination. In the process of examining 170 issues, this volume treats many engaging points on Great Vehicle presentations of the three natures and the three non-natures, including how to apply these to all phenomena, the selflessness of persons, and the emptiness of emptiness. It concludes with a delineation of the approaches through which the Mind-Only School interprets scriptures.

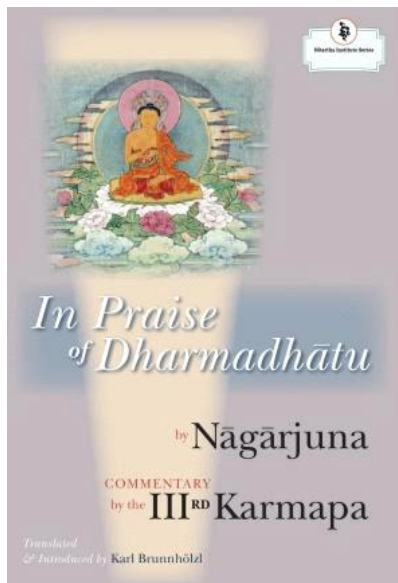
This stand-alone book is the final volume of a trilogy on Min...

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.

9781559392419
On Sale Date: 1/3/06
\$59.95/\$59.95 Can.
Hardback

580 pages



9781559392860
 On Sale Date: 2/1/08
 \$29.95/\$29.95 Can.
 Hardback

432 pages

In Praise Of Dharmadhatu

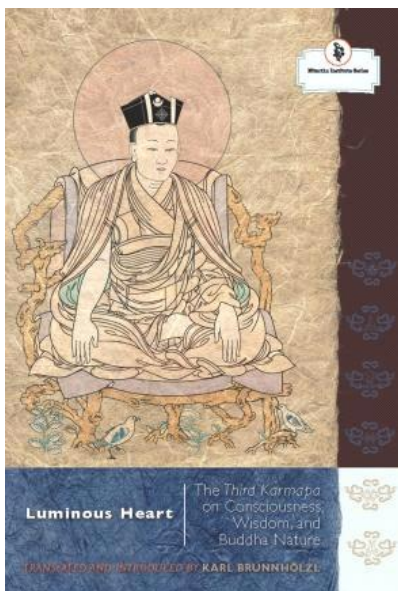
Markup Tag(s): Madhyamaka

Summary

Nagarjuna is famous in the West for his works not only on Madhyamaka but his poetic collection of praises, headed by *In Praise of Dharmadhatu*. This book explores the scope, contents, and significance of Nagarjuna's scriptural legacy in India and Tibet, focusing primarily on the title work. The translation of Nagarjuna's hymn to Buddha nature—here called *dharmadhatu*—shows how buddha nature is temporarily obscured by adventitious stains in ordinary sentient beings gradually uncovered through the path of bodhisattvas and finally revealed in full bloom as buddhahood. These themes are explored at a deeper level through a Buddhist history of mind's luminous nature and a translation of the text's earliest and most extensive commentary by the Third Karmapa Rangjung Dorje (1284-1339), supplemented by relevant excerpts from all other available commentaries. The book also provides an overview of the Third Karmapa's basic outlook, based on seven of his major texts. He is widely renowned as one of ...

Author Bio

Nagarjuna, the South Indian Buddhist master who lived six hundred years after the Buddha, is undoubtedly the most important, influential, and widely studied Mahayana Buddhist philosopher.



Luminous Heart

The Third Karmapa On Consciousness, Wisdom, And Buddha Nature
Karl Brunnholzl

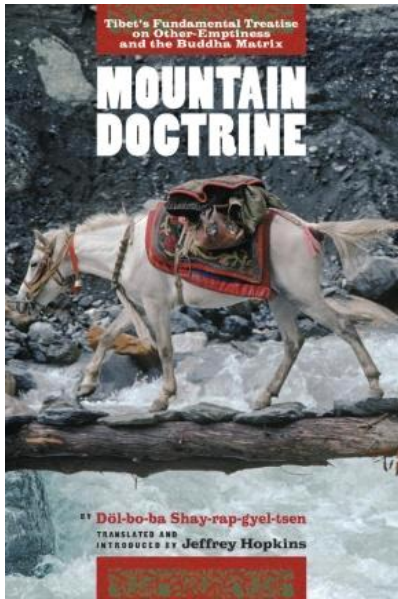
Markup Tag(s): Madhyamaka, Yogacara

Summary

This superb collection of writings on buddha nature by the Third Karmapa Rangjung Dorje (1284-1339) focuses on the transition from ordinary deluded consciousness to enlightened wisdom, the characteristics of buddhahood, and a buddha's enlightened activity. Most of these materials have never been translated comprehensively. The Third Karmapa's unique and well-balanced view synthesizes Yogacara Madhyamaka and the classical teachings on buddha nature. Rangjung Dorje not only shows that these teachings do not contradict each other but also that they supplement each other and share the same essential points in terms of the ultimate nature of mind and all phenomena. His fusion is remarkable because it clearly builds on Indian predecessors and precedes the later often highly charged debates in Tibet about the views of Rangtong ("self-empty") and Shentong ("other-empty"). Although Rangjung Dorje is widely regarded as one of the major proponents of the Tibetan Shentong tradition (some even cons...

9781559393188
On Sale Date: 3/16/09
\$39.95/\$39.95 Can.
Hardback

512 pages



Mountain Doctrine

Tibet's Fundamental Treatise On Other-Emptiness And The Buddha Matrix
Dol-Bo-Ba Shay-Rap-Gyel-Tsen, Jeffrey Hopkins

Markup Tag(s): Madhyamaka

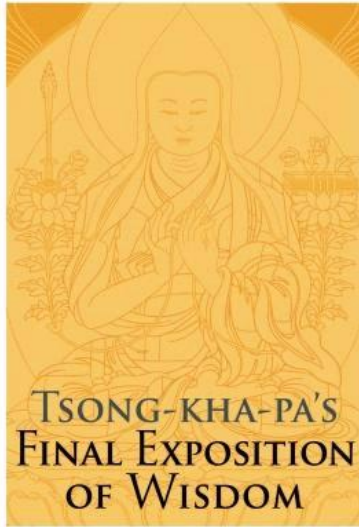
Summary

Translated here for the first time into any language, *Mountain Doctrine* is a seminal fourteenth-century Tibetan text on the nature of reality. The author, Dol-bo-ba Shay-rap-gyel-tsen, was one of the most influential figures of that dynamic period of doctrinal formulation, and his text is a sustained argument about the buddha-nature, also called the matrix-of-one-gone-thus. Dol-bo-ba recognizes two important types of emptiness—self-emptiness and other-emptiness—and shows how other-emptiness is the actual ultimate truth. He justifies this controversial formulation by arguing that it was the favored system of all the early outstanding figures of the Great Vehicle. The translator's introduction includes a short biography of Dol-bo-ba and an exposition of nine focal topics in his religious philosophy.

9781559392389
On Sale Date: 7/11/06
\$79.95/\$79.95 Can.
Hardback

832 pages

JEFFREY HOPKINS



Tsong-kha-pa's Final Exposition of Wisdom

Jeffrey Hopkins

Markup Tag(s): Madhyamaka

Summary

In fourteenth- and fifteenth-century Tibet there was great ferment about what makes enlightenment possible since systems of self-liberation must show what factors pre-exist in the mind that allow for transformation into a state of freedom from suffering. This controversy about the nature of mind which persists to the present day raises many questions. This book first presents the final exposition of special insight by Tsong-kha-pa, the founder of the Ge-luk-pa order of Tibetan Buddhism in his medium-length *Exposition of the Stages of the Path* as well as the sections on the object of negation and on the two truths in his *Illumination of the Thought: Extensive Explanation of Chandrakirti's Supplement to Nagarjuna's "Treatise on the Middle."* It then details the views of his predecessor Dol-po-pa Shay-rap Gyel-tsen, the seminal author of philosophical treatises of the Jo-nang-pa order as found in his *Mountain Doctrine* followed by an analysis of Tsong-kha-pa's reactions. By contrasting the t...

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.

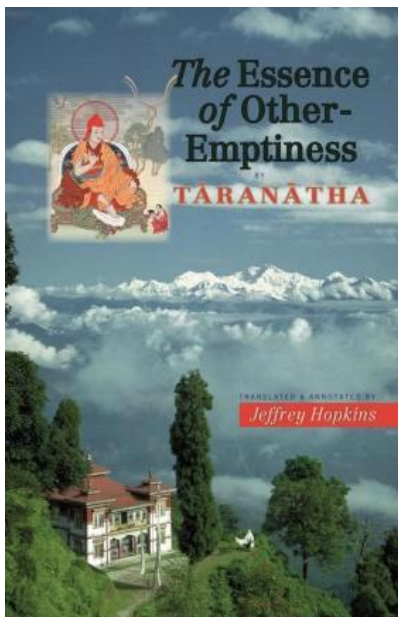
9781559392976

On Sale Date: 4/1/08

\$34.95/\$39.95 Can.

Paperback / softback / Trade
paperback (US)

392 pages



The Essence Of Other-Emptiness

Jeffrey Hopkins

Markup Tag(s): Madhyamaka

Summary

Jeffrey Hopkins continues his groundbreaking exploration of the Jo-nang-ba sect of Tibetan Buddhism with this revelatory translation of one of the seminal texts from that tradition. Whereas Dol-bo-ba's massive Mountain Doctrine authenticates the doctrine of other-emptiness through extensive scriptural citations and elaborate philosophical arguments, Taranatha's more concise work translated here situates the doctrine of other-emptiness within the context of schools of tenets, primarily the famed four schools of Tibetan Buddhism, through comparing the various schools' opinions on the status of the noumenon and phenomena. Also included is a supplementary text by Taranatha which presents the opinions of a prominent fifteenth-century Sakya scholar, Shakya Chok-den, and contrasts them with those of the leading Jo-nang-ba scholar Dol-bo-ba.

9781559392730

On Sale Date: 2/9/07

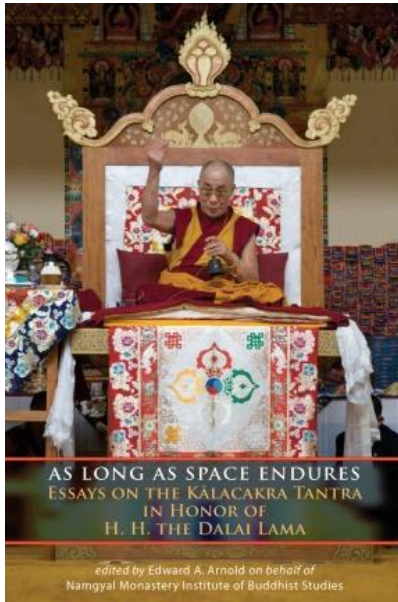
\$16.95/\$16.95 Can.

Paperback / softback / Trade
paperback (US)

148 pages

Tantra

[Return to the *Table of Contents*](#)



As Long As Space Endures

Essays On The Kalacakra Tantra In Honor Of H.H. The Dalai Lama

Edward A. Arnold, Robert A. F. Thurman

Markup Tag(s): Tantra

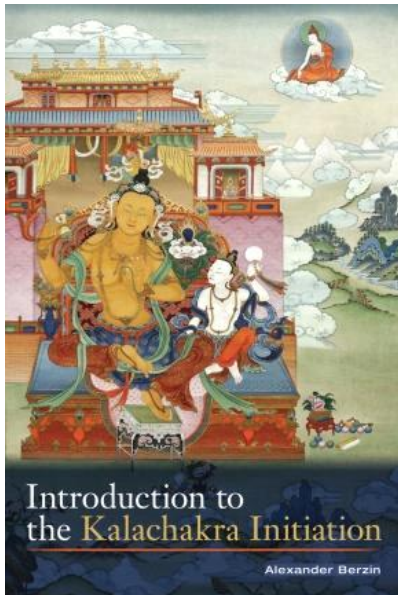
Summary

The Kalacakra Tantra (*Kalacakra* means "wheel of time") is a tradition of Buddhist theory and practice whose root text treats a fantastic expanse of knowledge ranging from observations of the cosmos to investigations of meditative states and vital bodily energies. In the Tibetan-speaking world, a public Kalacakra initiation remains the most sought-after event in the life of a devout Buddhist.

The Fourteenth Dalai Lama has long had a strong connection with the Kalacakra Tantra; he brought the initiation to the West in 1981, performing it in the United States, Switzerland, Spain, and Australia. This volume has been created to celebrate his long involvement with the Kalacakra teachings. The twenty-five contributors, scholars who have made tantric studies their specialty, have contributed translations of works by great Indian and Tibetan Kalacakra masters, analyses of historical figures, methods of practice, essays on medicine ritual expertise, and ethical discipline. The collection also i...

9781559393034
On Sale Date: 3/16/09
\$39.95/\$39.95 Can.
Hardback

496 pages



Introduction To The Kalachakra Initiation

Alexander Berzin

Markup Tag(s): Tantra

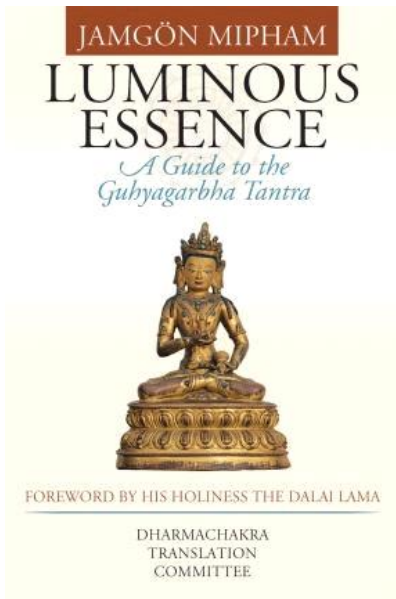
Summary

Kalachakra is a system of highest tantra practice for overcoming the limitations imposed by historical, astrological, and biological cycles so as to become a Buddha for the benefit of all. His Holiness the Dalai Lama and other great Tibetan teachers have been conferring the Kalachakra initiation in the West, empowering prepared practitioners to engage in its meditations. Large numbers of people also attend this initiation as interested observers and gain inspiration for their spiritual growth. *Introduction to the Kalachakra Initiation* explains on a practical level and in everyday language the theory of tantra, the vows, commitments, and their implications, the factors to consider in deciding if one is ready to attend a Kalachakra initiation as a participant, how to visualize during the initiation, and the most important thoughts and feelings for participants and observers at each step of the empowerment. In preparing this guidebook, Alexander Berzin has done a great service to everyone...

Author Bio

Alexander Berzin received a PhD from Harvard University in 1972 from the Departments of Far Eastern Languages and Sanskrit and Indian Studies. A member of the Translation Bureau of the Library of Tibetan Works and Archives since 1972, he is the author of numerous books and articles. He frequently travels to the Americas, Central and Eastern Europe, Central Asia, Africa, and the Middle East, lectur...

9781559393737
On Sale Date: 3/16/11
\$18.95/\$18.95 Can.
Paperback / softback / Trade
paperback (US)
200 pages



Luminous Essence

A Guide To The Guhyagarbha Tantra
Jamgon Mipham

Markup Tag(s): Tantra

Summary

Luminous Essence is a complete introduction to the world of tantric thought and practice. Composed by the renowned Tibetan master Jamgön Mipham (1846-1912), the text provides an overview of the theory and experiential assimilation of a seminal tantric scripture, the *Tantra of the Secret Essence* (*Guhyagarbha Tantra*). Embodying the essence of tantric practice, this text has been a central scripture in Tibetan Buddhism for well over a thousand years. Mipham's explanation of this text, here translated for the first time, is one of the most celebrated commentaries on the *Tantra of the Secret Essence*, which today occupies an important place in the tantric curriculum of Tibetan monastic colleges. *Luminous Essence* is a specialized guide meant for initiated tantric practitioners. To fully appreciate and assimilate its message, it should be studied under the guidance of a qualified teacher by those who have received the appropriate empowerments, reading transmissions, and oral instructions.

Author Bio

Jamgön Mipham (1846-1912), one of the great luminaries of Tibetan Buddhism in modern times, has had a dominant and vitalizing influence on the Nyingma School and beyond. He was an important member of the Rimé, or nonsectarian movement, which did much to strengthen and preserve the entire tradition. A scholar of outstanding brilliance and versatility, his translated works are eagerly anticipated by...

9781559393270
On Sale Date: 6/16/09
\$29.95/\$29.95 Can.
Hardback
272 pages



9781559393621
 On Sale Date: 3/16/11
 \$19.95/\$19.95 Can.
 Paperback / softback / Trade
 paperback (US)

192 pages

A Practice Of Padmasambhava

Essential Instructions On The Path To Awakening
 Sechen Gyaltsap, Rinchen Dargye

Markup Tag(s): Tantra, Terma

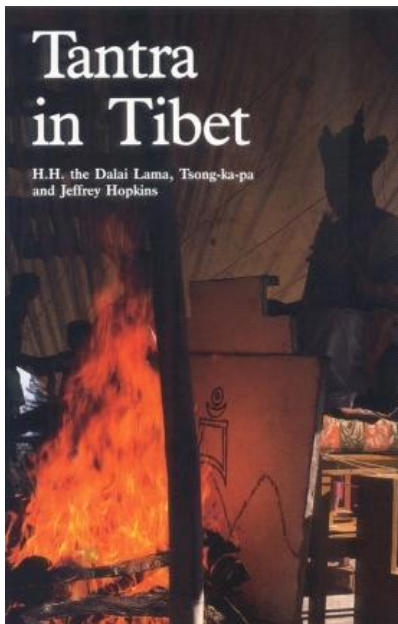
Summary

The Indian master Padmasambhava occupies a special place in the hearts of practitioners of Tibetan Buddhism. By bringing tantric Buddhism to Tibet from India, he inspired a movement of awakening that for centuries has brought countless practitioners to spiritual fulfillment.

A Practice of Padmasambhava presents two practical and compelling works related to a visualization and mantra practice of Padmasambhava. This practice is based on the most important revelation of the renowned nineteenth-century treasure revealer Chokgyur Lingpa, *Accomplishing the Guru's Mind: Dispeller of All Obstacles*. These two works give an introduction to the preliminary trainings, outline the primary elements of visualization practice and mantra recitation, and supply a detailed explanation of the practice of Padmasambhava's wisdom aspect, *Guru Vadisimha*. Through practical step-by-step instructions on this deity, the reader is guided into the general world of tantric practice common to all of Tibetan Buddhism...

Author Bio

Rinchen Dargye was a direct disciple of the great treasure revealer Chokgyur Lingpa and was a prolific writer on all aspects of tantric thought and practice.



Tantra In Tibet

Jeffrey Hopkins

Markup Tag(s): Tantra

Summary

This edition of *Tantra in Tibet* consists of three parts published under the auspices of the Dalai Lama. "Essence of Tantra" by H. H. the Dalai Lama reveals the highly practical and compassionate use of this science of spiritual development. His Holiness discusses tantra for practice, refuge, the three paths, greatness of mantra, clear light, and initiation. "The Great Exposition of Secret Mantra-part 1" by Tsong-ka-pa is one of the principal classic texts on tantra. It presents the main features common to all the Buddhist tantra systems as well as the differences between sutra and tantra. In this volume Tsong-ka-pa covers paths to Buddhahood, vajra vehicle, deity yoga, and method in the four tantras. "Supplement" by Jeffrey Hopkins discusses the meaning of emptiness, transformation, and the purpose of the four tantras. *Tantra in Tibet* is part of the Wisdom of Tibet series.

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.

9780937938492

On Sale Date: 1/1/87

\$22.95/\$22.95 Can.

Paperback / softback / Trade
paperback (US)

256 pages



Tantric Techniques

Jeffrey Hopkins

Markup Tag(s): Tantra

Summary

Deity yoga is the meditative practice of imagining oneself as an ideal being, fully endowed with compassion, wisdom, and their resultant altruistic activities. The idea is that by imagining being a Buddha one gets closer to actually achieving Buddhahood. *Tantric Techniques* offers a complete system of Tantric meditation comparing the views of three seminal Tibetan authors on deity yoga and on issues such as how to safeguard against psychological inflation and how to use negative emotions on the path.

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.

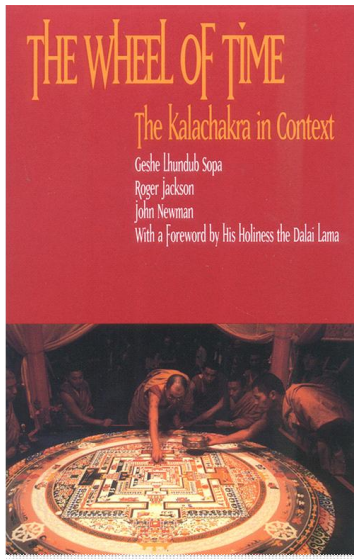
9781559393201

On Sale Date: 4/16/09

\$32.95/\$32.95 Can.

Paperback / softback / Trade
paperback (US)

464 pages



The Wheel Of Time

Kalachakra In Context

Geshe Lhundub Sopa, Roger R. Jackson

Markup Tag(s): Tantra

Summary

The Kalachakra, or "Wheel of Time," is one of the most profound and sublime of the Buddhist tantric systems. It is an intricate interweaving of astrology, eschatology, physiology, and yoga into a meditational path system that embraces the entire material universe and leads to complete, perfect enlightenment. The Kalachakra, with its special connection to the land of Shambhala and a future golden age of Dharma, has a special appeal for people of all levels of learning and practice. Initiation into its practices traditionally have been large public events, especially when granted by the Dalai Lama.

Initiation into the Kalachakra Tantra has been given with increasing frequency in recent years, but information on this complex system and practice remains sparse. *The Wheel of Time* attempts in part to fill the gap. The book opens with a Foreword by His Holiness the Fourteenth Dalai Lama. Then the five articles discuss, respectively, the Buddhist background, history, initiation rites, generat...

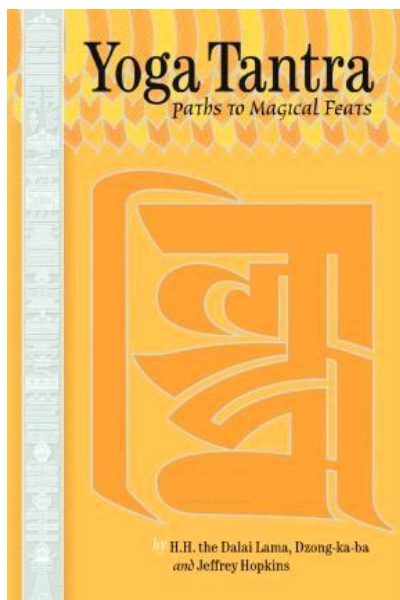
9781559390019

On Sale Date: 1/1/91

\$12.95/\$12.95 Can.

Paperback / softback / Trade
paperback (US)

184 pages



Yoga Tantra

Paths To Magical Feats
Jeffrey Hopkins

Markup Tag(s): Tantra

Summary

The Dalai Lama opens the door to the topic of Yoga Tantra with an extraordinarily detailed teaching on a classic text. Rarely in the Dalai Lama's lifetime has he given teachings of such a nature on this topic. There follows a translation of the Yoga Tantra section of Dzong-ka-ba's *The Great Exposition of Secret Mantra*, one of his most important works and a monument of Tibetan Buddhist literature. Jeffrey Hopkins concludes this book with an outline of the steps of Yoga Tantra practice. This is an invaluable book for anyone who is practicing or interested in Buddhist tantra in general.

This is the third book in a series presenting *The Great Exposition of Secret Mantra*. The first two books are *Tantra in Tibet* and *Deity Yoga*. *Tantra in Tibet*, part one of *The Great Exposition*, describes the differences between the Lesser and Great Vehicles, and between the Sutra and Mantra Great Vehicles. *Deity Yoga*, parts two and three of *The Great Exposition*, presents Action Tantra and Performance Tantra...

Author Bio

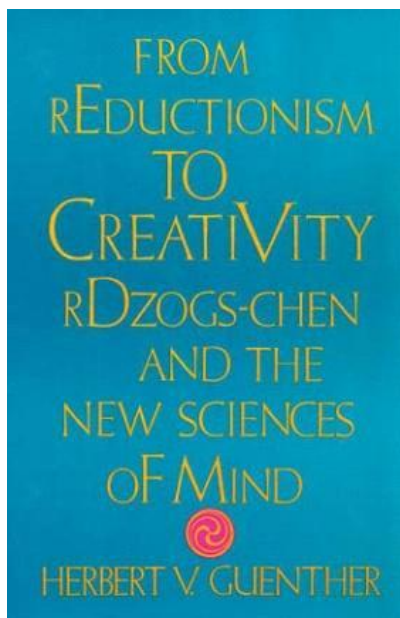
His Holiness the Fourteenth Dalai Lama is considered the foremost Buddhist leader of our time. The exiled spiritual head of the Tibetan people, he is a Nobel Peace Laureate, a Congressional Gold Medal recipient, and a remarkable teacher and scholar who has authored over one hundred books.

9781559392372
On Sale Date: 10/20/05
\$18.95/\$22.95 Can.
Paperback / softback / Trade
paperback (US)

184 pages

Dzogchen and Mahamudra

Return to the *Table of Contents*



From Reductionism to Creativity

Herbert V. Guenther

Markup Tag(s): Dzogchen

Summary

Writing in the language of the new sciences, Herbert Guenther traces the evolution of Buddhist views on cognition and points to their relevance in the contemporary world. The history of Buddhist thought is a unique example of the interplay between reductionism and creativity, between conservatism and innovation, and it is the author's purpose to examine the interaction between these complementary movements. Of decisive importance in this context is the idea of "mind," which Buddhism recognized early on as a process rather than a thing. This recognition marked the transition from structure-oriented thinking to a vigorous process-oriented thinking, which climaxed in the holistic movement known as rDzogs-chen. Based on original texts in the Pali, Tibetan, and Sanskrit languages, the book develops the Buddhist ideas out of the context in which they originated.

Author Bio

Herbert V. Guenther is Professor Emeritus of Far Eastern Studies at the University of Saskatchewan. Among his many published works are his translation of *The Life and Teaching of Naropa* and *The Dawn of Tantra*.

9781570626418

On Sale Date: 5/1/01

\$29.95/\$44.95 Can.

Paperback / softback / Trade
paperback (US)

328 pages

THE GOLDEN LETTERS



Foreword by
NAMKHAI NORBU RINPOCHE

Translation, Introduction and Commentaries by
JOHN MYRDHIN REYNOLDS

Golden Letters

The Three Statements Of Garab Dorje, First Dzogchen Master
Chogyal Namkhai Norbu, John Myrdhin Reynolds

Markup Tag(s): Dzogchen

Summary

The teachings of Dzogchen, which directly introduces the practitioner to the Nature of Mind, were first expounded by Garab Dorje in the country of Uddiyana and later went to India and Tibet. The essence of Garab Dorje's message is "The Three Statements that Strike the Essential Points." Patrul Rinpoche wrote a brilliant commentary, together with practices entitled "The Special Teaching of the Wise and Glorious King"-here translated with notes, commentaries, and a glossary of terms.

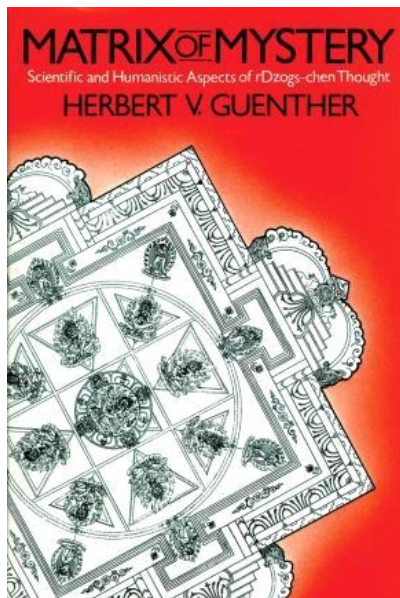
9781559390507

On Sale Date: 1/1/96

\$24.95/\$24.95 Can.

Paperback / softback / Trade
paperback (US)

392 pages



Matrix of Mystery

Scientific and Humanistic Aspects of rDzogs-chen Thought
Herbert V. Guenther

Markup Tag(s): Dzogchen

Summary

World-renowned Buddhist scholar Herbert V. Guenther here offers the first comprehensive study of the rDzogs-chen or Ati tradition of the Nyingma school of Tibetan Buddhism. *Matrix of Mystery* explores man's ability to preserve as well as transmit essential insights into the structure of reality.

Utilizing a key root Buddhist scripture, the *Guhyagarbha* ("Matrix of Mystery"), along with dozens of commentarial Tibetan textual sources, Guenther presents the most profound teachings of the Buddhist tradition, which represent the culmination of religious thought and practice in Tibet. In relating these teachings in modern scientific and humanistic perspectives, he demonstrates how, in many cases, the traditional religious and modern secular perspectives on the nature of reality interface.

Professor Guenther discusses the mandala and the deities that reside therein; the organizing principles of body, speech, mind, quality, and action, the three bodies of the buddha (trikaya); the inseparabili...

Author Bio

Herbert V. Guenther is Professor Emeritus of Far Eastern Studies at the University of Saskatchewan. Among his many published works are his translation of *The Life and Teaching of Naropa* and *The Dawn of Tantra*.

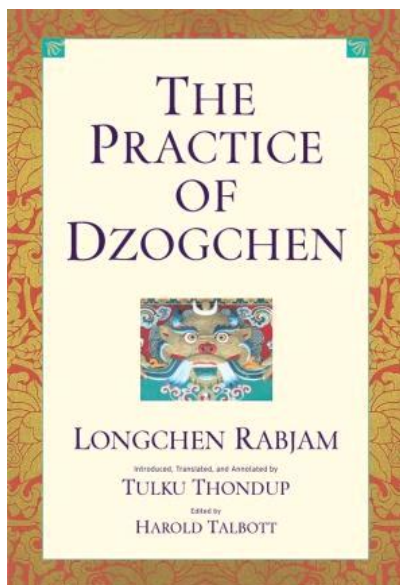
9781570626494

On Sale Date: 5/1/01

\$30.00/\$45.00 Can.

Paperback / softback / Trade
paperback (US)

328 pages



The Practice Of Dzogchen

An Anthology Of Longchen Rabjum's Writings On Dzogpa Chenpo
Longchen Rabjam, Tulku Thondup

Markup Tag(s): Dzogchen

Summary

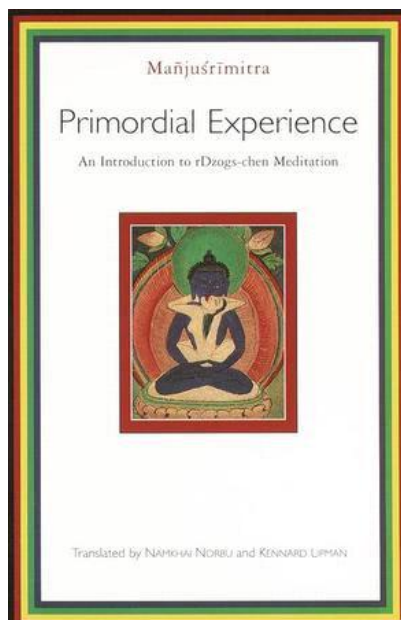
In his masterful introduction to the body of this work, Tulku Thondup covers the three outer and inner tantras, the three divisions of Atiyoga, Dzogchen, and the other yanas and traditions. He includes excerpts from the exemplary lives of teachers (such as Longchen Rabjam) to illustrate the ways of training in Dzogchen.

Author Bio

Longchen Rabjam (1308-1363) was born to a noble family of Tibet under many signs of auspiciousness. He showed great skill in all aspects of scholarship from an early age and excelled throughout his life in the practice and accomplishment of dharma. His power in visualization techniques and ability to actualize miraculous appearances is well known throughout Tibetan history. Longchenpa had many pur...

9781559391795
On Sale Date: 9/21/02
\$34.95/\$34.95 Can.
Hardback

488 pages



Primordial Experience

An Introduction to rDzogs-chen Meditation
 Manjusrimitra, Namkhai Norbu, Kennard Lipman

Markup Tag(s): Dzogchen

Summary

The Tibetan teaching of Dzog-chen (pronounced ZOAK-chen), also known as Ati yoga, is considered by its adherents to be the definitive and most secret teaching of the Buddha. Primordial Experience is a translation of a key text articulating the Dzog-chen teachings, "Gold Refined from Ore," by Mañjuśrimitra, an Indian disciple of the first teacher of Ati yoga. According to the Dzog-chen teachings, purity of mind is always present and only needs to be recognized.

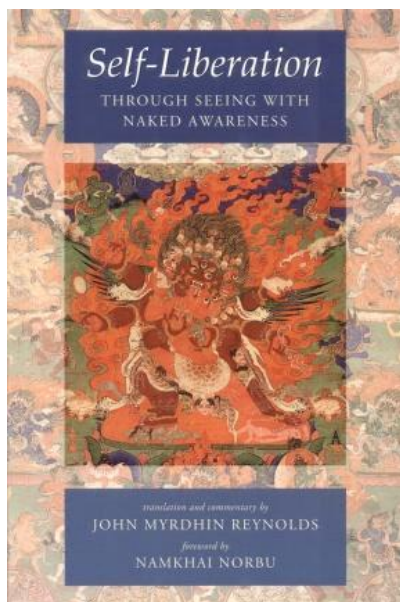
9781570628986

On Sale Date: 12/11/01

\$19.95/\$27.95 Can.

Paperback / softback / Trade
 paperback (US)

192 pages



Self-Liberation Through Seeing With Naked Awareness

John Myrdhin Reynolds

Markup Tag(s): Dzogchen

Summary

A text belonging to the same cycle as *The Tibetan Book of the Dead*, this instruction on the method of self-liberation presents the essence of Dzogchen, *The Great Perfection*, regarded in Tibet as the highest and most esoteric teaching of the Buddha. Teaching the attainment of Buddhahood in a single lifetime, this text was written and concealed by Guru Padmasambhava in the eighth century and rediscovered six centuries later by Karma Lingpa. The commentary by the translator is based on the oral teachings of Namkhai Norbu Rinpoche and Lama Tharchin Rinpoche.

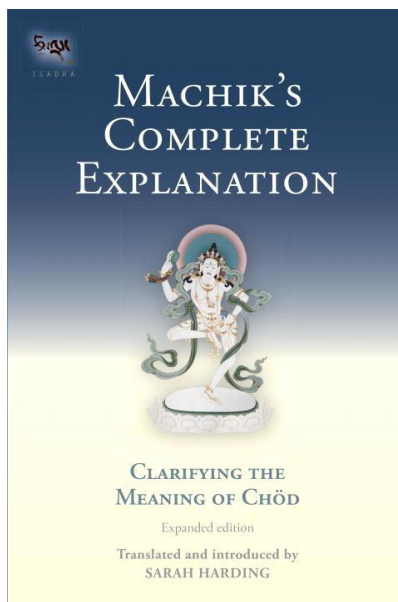
9781559393522

On Sale Date: 11/16/10

\$18.95/\$18.95 Can.

Paperback / softback / Trade
paperback (US)

192 pages



9781559394147
On Sale Date: 5/14/13
\$34.95/\$41.00 Can.
Hardback

416 pages

Machik's Complete Explanation

Clarifying the Meaning of Chöd (Expanded Edition)

Sarah Harding

Markup Tag(s): Bio, Chod

Key Selling Points:

This is the only extant system of Tibetan Buddhist practice founded by a woman: This book tells the story of an eleventh-century woman who went against all conventions and pioneered a particularly feminine system of practice that evolved into its own school.

Among the new texts added to this edition is the actual source text attributed to Machik Lapdrön herself and quite likely authored by her: It is an important addition in that it is as close as we can possibly come to the actual voice of this great woman.

Summary

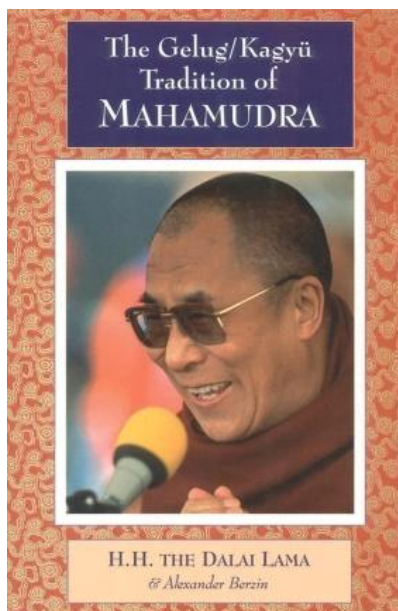
Fear, anger, and negativity are states that each of us have to contend with. *Machik's Complete Explanation*, the most famous book of the teachings of Machik Lapdrön, the great female saint and yogini of eleventh- to twelfth-century Tibet, addresses these issues in a practical, direct way.

Machik developed a system, the Mahamudra Chöd, that takes the Buddha's teachings as a basis and applies them to the immediate experiences of negative mind states and malignant forces. Her unique feminine approach is to invoke and nurture the very "demons" that we fear and hate, transforming those reactive emotions into love. It is the tantric version of developing compassion and fearlessness, a radical method of cutting through ego-fixation.

This expanded edition includes Machik Lapdrön's earliest known teaching, the original source text for the tradition, *The Great Bundle of Precepts on Severance* (Chöd). This pithy set of instructions reveals that the teachings of the perfection of wisdom are the tr...

Author Bio

Sarah Harding has been a Tibetan Buddhist translator and practitioner since 1974. She became a student of the late master Kalu Rinpoche, and in 1980, she completed the traditional three-year retreat under his guidance. Since then, she has been a teacher and translator. Her publications include *Machik's Complete Explanation*, *The Treasury of Knowledge: Book Eight*, and *The Life and Revelations of Pem...*



The Gelug/Kagyu Tradition Of Mahamudra

Alexander Berzin

Markup Tag(s): Mahmudra

Summary

Mahamudra, the great sealing nature, refers to systems of meditation on both the conventional and ultimate natures of the mind. These have been transmitted through the Kagyu, Sakya, and Gelug traditions of Tibetan Buddhism. Within the Gelug, Mahamudra teachings occur in a combined Gelug/Kagyu tradition exemplified in the First Panchen Lama's Root Text for the Precious Gelug/Kagyu Tradition of Mahamudra. The work presented here contains two brilliant commentaries by the Dalai Lama. The first is a teaching based directly on the First Panchen Lama's root text. In the second, His Holiness bases his discussion on the First Panchen Lama's own commentary to this text. The book opens with an overview of Mahamudra by Alexander Berzin that discusses the relation of mind appearances and reality and offers practical techniques for overcoming problems of excessive worry, anxiety, and disturbing thoughts. This treasury of practical instruction contains extensive teachings on the nature of mind, the ...

Author Bio

Alexander Berzin received a PhD from Harvard University in 1972 from the Departments of Far Eastern Languages and Sanskrit and Indian Studies. A member of the Translation Bureau of the Library of Tibetan Works and Archives since 1972, he is the author of numerous books and articles. He frequently travels to the Americas, Central and Eastern Europe, Central Asia, Africa, and the Middle East, lectur...

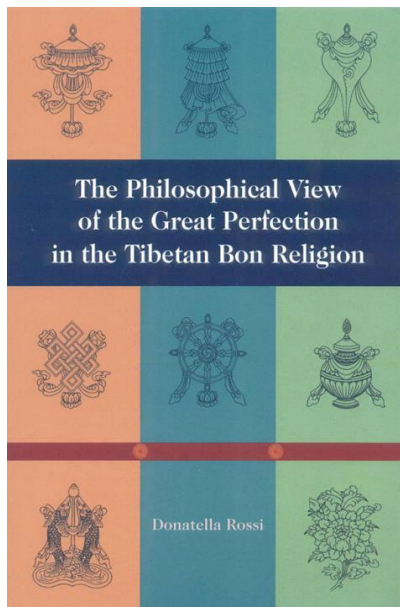
9781559390729

On Sale Date: 1/1/97

\$24.95/\$24.95 Can.

Paperback / softback / Trade
paperback (US)

400 pages



The Philosophical View Of The Great Perfection In The Tibetan Bon Religion

Donnatella Rossi

Markup Tag(s): Bon, Dzogchen

Summary

Dzogchen, or the Great Perfection, is considered by both the Bonpos and the followers of the Nyigma school in Tibet to be the culmination of all spiritual teachings. The philosophical view of the Great Perfection introduces the individual to the knowledge of reality, which is one with the enlightened state of all beings. In this book the Dzogchen view is presented in two Bonpo texts belonging to the revered *terma* (treasure) and oral traditions, here for the first time translated and critically edited in their entirety.

Author Bio

Donatella Rossi has a PhD in History of Religions and Tibetology from the University of Oslo, Norway.

9781559391290

On Sale Date: 1/1/00

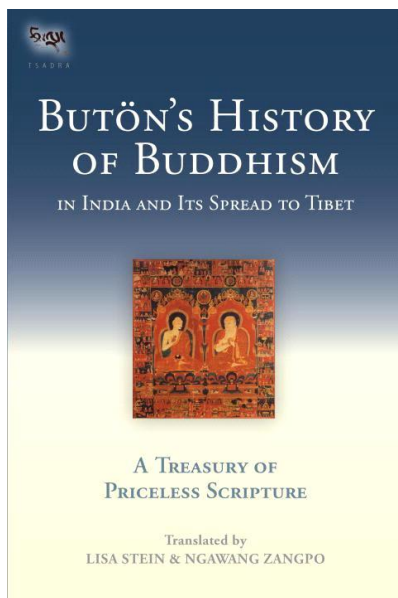
\$21.95/\$21.95 Can.

Paperback / softback / Trade
paperback (US)

320 pages

Tibetan History

Return to the *Table of Contents*



9781559394130
 On Sale Date: 8/20/13
 \$34.95/\$39.95 Can.
 Hardback

464 pages

Butön's History of Buddhism in India and Its Spread to Tibet

A Treasury of Priceless Scripture

Butön Rinchen Drup, Lisa Stein, Ngawang Zangpo

Markup Tag(s): History, Overview

Key Selling Points:

A complete retranslation from the original Tibetan, destined to be consulted by new generations of Tibetan Buddhists. The first translation of this text was published in the 1930s and has since guided all Western scholars of Tibetan Buddhism.

A consistent best seller on the Roof of the World since 1322: Anyone literate in Tibet's Buddhism or history has heard of this book, and most have read it.

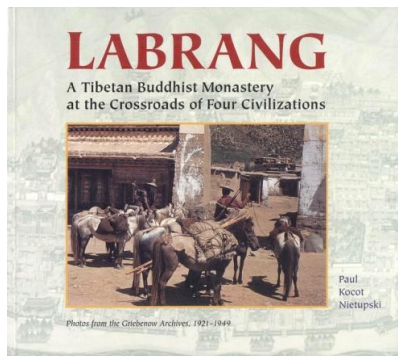
Summary

This 14th century lively history introduces basic Buddhism as practiced throughout India and Tibet and describes the process of entering the Buddhist path through study and reflection. In the first chapter, we read about the structure of Buddhist education and the range of its subjects, and we're treated to a rousing litany of the merits of such instruction. In the second chapter, Butön introduces us to the buddhas of our world and eon, three of whom have already lived, taught, and passed into transcendence, before examining in detail the fourth, our own Buddha Shakyamuni. Butön tells the story of Shakyamuni in his past lives, then presents the path the Buddha followed (the same that all historical buddhas, including future ones, must follow). Only at the conclusion of the discussion of the result-enlightenment-do we return to the specific case of the Buddha and his twelve deeds. This marks the start of the history of the Buddha as most of us imagine it.

After the Buddha's story, Butö...

Author Bio

BUTÄ-N RINCHEN DRUP (1290-1364) has been the role model for many of Tibet's greatest masters over the centuries, including the present Dalai Lama. He was a simple monk and a dear spiritual friend of all, high and low, and he embodied the highest degree of Buddhist scholarship and mastery of meditation. Lamas of all denominations still commonly refer to him as "omniscient Butön." LISA STEIN is a di...



9781559390903
 On Sale Date: 1/1/99
 \$24.95/\$24.95 Can.
 Paperback / softback / Trade
 paperback (US)

128 pages

Labrang

A Tibetan Monastery At The Crossroads Of Four Civilizations

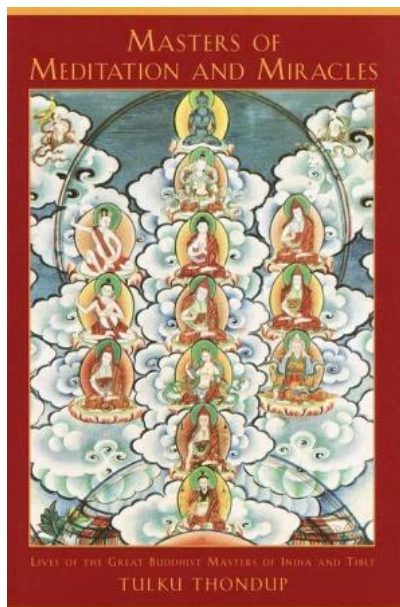
Paul Kocot Nietupski

Markup Tag(s): History

Summary

Labrang Monastery, located in northeastern Tibet at the strategic intersection of four major Asian civilizations-Tibetan, Mongolian, Chinese, and Muslim-was one of the largest Buddhist monastic universities. In the early twentieth century, it housed several thousand monks. Labrang was also a gathering point for numerous annual religious festivals, supported an active regional marketplace where Chinese artisans rubbed shoulders with Hui merchants and nomadic Tibetan highlanders, and was the seat of a Tibetan power base that strove to maintain regional autonomy through the shifting alliances and bloody conflicts that took place between 1700 and 1950.

Paul Nietupski draws on the photographs and memoirs of Marion and Blance Griebenow, Christian missionaries resident for nearly twenty-seven years, as well as the memoirs of Apa Alo, a prominent leader, to detail Labrang's unique and colorful border culture.



9781570625091
 On Sale Date: 11/16/99
 \$34.95/\$49.95 Can.
 Paperback / softback / Trade
 paperback (US)

400 pages

Masters of Meditation and Miracles

Lives of the Great Buddhist Masters of India and Tibet
 Tulku Thondup

Markup Tag(s): History

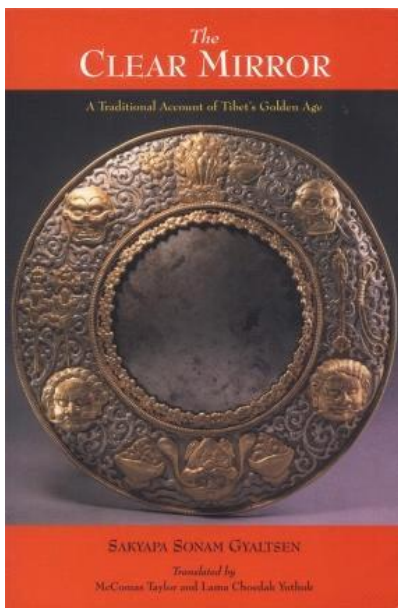
Summary

Masters of Meditation and Miracles presents colorful biographies of thirty-five realized teachers whose lives were full of peace, enlightenment, and amazing miracles. They flourished in Tibet, the Roof of the World, in its golden days. These teachers belong to the Longchen Nyingthig lineage of the Nyingma school of Tibetan Buddhism, a cycle of mystical teachings revealed by the great scholar and adept Jigme Lingpa.

From the first master, Garap Dorje, to the present, each spiritual personality has his or her own distinctive role to play in this great lineage. In retelling their stories in his own words, the author has sought to bring out their inner feelings as well as their external activities: how they faced and healed physical pain, how they dealt with emotional turmoil, how they overcame spiritual or meditative illusions, and most important, what experiences they had when they awakened their own inner Buddha Mind and Buddha qualities. These biographies not only provide great source...

Author Bio

Tulku Thondup Rinpoche was born in East Tibet and was recognized to be a tulku at age five. He studied at Tibet's famed Dordrupchen Monastery, settling in India in 1958 and teaching for many years in its universities. He came to the United States in 1980 as a visiting scholar at Harvard University. For the past three decades he has lived in Cambridge, Massachusetts, where he writes, translates, an...



The Clear Mirror

A Traditional Account Of Tibet's Golden Age
Sakapa Sonam Gyaltzen, McComas Taylor

Markup Tag(s): History

Summary

A rich blend of history, legend, poetry, adventure, and romance, *The Clear Mirror* is a treasure-trove of traditional Tibetan narrative and folk wisdom. It presents in full the often-cited but elusive accounts of the origins of the Tibetan people, the coming of the Dharma to Tibet, and the appearance of Avalokiteshvara as the patron deity of Tibet. The text treats the era during which Buddhism came to Tibet, Lhasa became the capital, and the Jokhang and Ramoche temples were founded. Written to inform and entertain, the book has a pre-eminent position in Tibetan society.

9781559390484

On Sale Date: 1/1/96

\$16.95/\$16.95 Can.

Paperback / softback / Trade
paperback (US)

336 pages

THE GOLDEN YOKE

THE LEGAL COSMOLOGY
OF BUDDHIST TIBET



REBECCA REDWOOD FRENCH

The Golden Yoke

The Legal Cosmology Of Buddhist Tibet

Rebecca Redwood French

Markup Tag(s): History

Summary

The "golden yoke" of Buddhist Tibet was the last medieval legal system still in existence in the middle of the twentieth century. This book reconstructs that system as a series of layered narratives from the memories of people who participated in the daily operation of law in the houses and courtyards the offices and courts of Tibet prior to 1959. The practice of law in this unique legal world, which lacked most of our familiar sign posts, ranged from the fantastic use of oracles in the search for evidence to the more mundane presentation of cases in court. Buddhism and law, two topics rarely intertwined in Western consciousness, are at the center of this work. The Tibetan legal system was based on Buddhist philosophy and reflected Buddhist thought in legal practice and decision making. For Tibetans, law is a cosmology, a kaleidoscopic patterning of relations which is constantly changing, recycling, and re-forming even as it integrates the universe and the individual into a timeless ma...

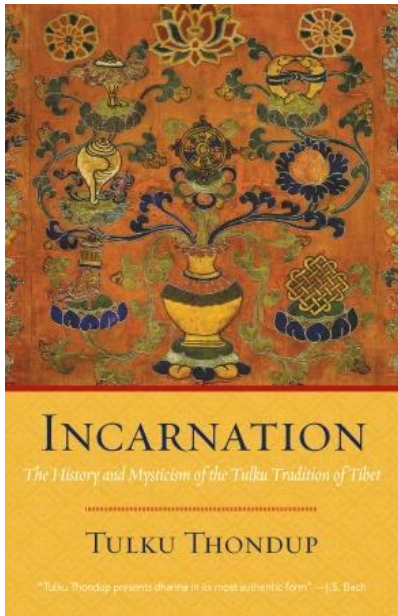
9781559391719

On Sale Date: 2/13/02

\$21.95/\$21.95 Can.

Paperback / softback / Trade
paperback (US)

424 pages



9781590308394
 On Sale Date: 8/9/11
 \$18.95/\$21.50 Can.
 Paperback / softback / Trade
 paperback (US)

128 pages
 10 B&W PHOTOS

Incarnation

The History and Mysticism of the Tulku Tradition of Tibet
 Tulku Thondup

Markup Tag(s): History

Summary

A tulku is a fully enlightened one (buddha) or highly accomplished adept (siddha) who chooses to be reborn again and again for the benefit of all beings. Most tulkus, though, are the rebirths of well-trained masters who are engaged in spiritual training and serving others. Tibetan Buddhists have, for well over a millennium, been meticulously following the tradition of finding, recognizing, enthroning, training, and venerating these revered figures who provide teachings of liberation for both monks and laypeople. This guide to the tulku tradition covers its long history, separating fact from fiction, giving an overview of how the system works, and providing short biographies of some of the great tulkus of the past and present. Included are accounts of the magical occurrences that are associated with these remarkable beings, and advice for how anyone can set out on the tulku path.

Author Bio

Tulku Thondup Rinpoche was born in East Tibet and was recognized to be a tulku at age five. He studied at Tibet's famed Dodrupchen Monastery, settling in India in 1958, and teaching for many years in its universities. He came to the United States in 1980 as a visiting scholar at Harvard University. For the past three decades he has lived in Cambridge, Massachusetts, where he writes, translates, a...

Biography

Return to the *Table of Contents*

JAMGÖN MIPAM

*His Life and Teachings*

DOUGLAS DUCKWORTH

Jamgon Mipam

His Life and Teachings

Jamgon Mipam, Douglas Duckworth, Mipam Rinpoche

Markup Tag(s): Bio, Madhyamaka

Key Selling Points:

Mipam Rinpoche made approachable: Other books that have been published by Mipam Rinpoche are quite scholarly and complex. This volume provides an overview that serves as a guide through all the fields his writings cover.

Repected academic author: Douglas Duckworth is one of the top scholars in the field of Buddhist studies and his extensive knowledge gives this volume great academic appeal.

Broad appeal of Mipam Rinpoche: Mipam Rinpoche is read and respected by students of all schools of Tibetan Buddhism. Many of the major living teachers in the Tibetan Buddhist tradition trace their lineage of teaching to him and he is a key figure of study.

Summary

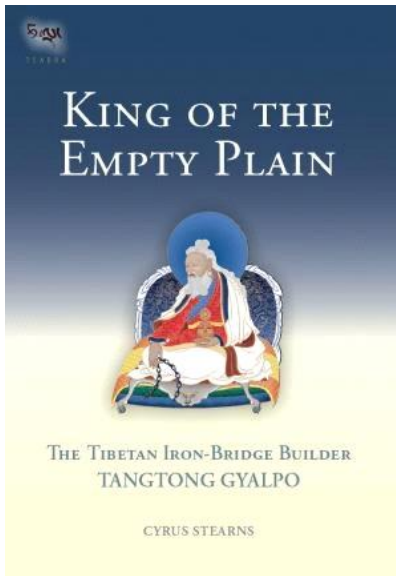
Jamgön Mipam (1846-1912) is one of the most extraordinary figures in the history of Tibet. Monk, mystic, and brilliant philosopher, he shaped the trajectory of Tibetan Buddhism's Nyingma school. This introduction provides a most concise entrée to this great luminary's life and work. The first section gives a general context for understanding this remarkable individual who, though he spent the greater part of his life in solitary retreat, became one of the greatest scholars of his age. Part Two gives an overview of Mipam's interpretation of Buddhism, examining his major themes, and devoting particular attention to his articulation of the Buddhist conception of emptiness. Part Three presents a representative sampling of Mipam's writings.

Author Bio

Jamgon Mipam (1846-1912) was one of the great luminaries of Tibetan Buddhism in modern times. He had a dominant and vitalizing influence on the Nyingma school and beyond. A scholar of outstanding brilliance and versatility, his translated works are eagerly anticipated by English-language readers.

9781590306697
On Sale Date: 12/20/11
\$24.95/\$27.95 Can.
Paperback / softback / Trade
paperback (US)

272 pages



King Of The Empty Plain

The Tibetan Iron Bridge Builder Tangtong Gyalpo

Cyrus Stearns

Markup Tag(s): Bio

Summary

King of the Empty Plain is familiar to every Tibetan yet nearly unknown in the rest of the world. Tangtong Gyalpo's incredible lifespan, profound teachings, unprecedented engineering feats, eccentric deeds, and creation of Tibetan opera have earned this fascinating figure a unique status in Tibetan culture. Believed to be the great Indian master Padmasambhava appearing again in the world to benefit living beings, he discovered techniques for achieving longevity that are still held in highest esteem and are frequently taught six hundred years later. His construction of fifty-eight iron suspension bridges, sixty wooden bridges, 118 ferries, 111 stupa monuments, and countless temples and monasteries in Tibet and Bhutan remains an awe-inspiring accomplishment.

This book is a detailed study of the life and legacy of this great master. An extensive introduction discusses Tangtong Gyalpo's Dharma traditions, the question of his amazing longevity, his "crazy" activities manifested to enhance ...

Author Bio

Cyrus Stearns has been a student of Tibetan Buddhism for over thirty-five years. His main Tibetan teachers were Dezhung Rinpoche Chogyi Trichen Rinpoche and Dilgo Khyentse Rinpoche. He received a PhD in Buddhist Studies from the University of Washington and is the author of several books including *Taking the Result As the Path* and *King of the Empty Plain*. He is currently a fellow at the Tsadra Fou...

9781559392754
On Sale Date: 11/9/07
\$49.95/\$58.00 Can.
Hardback

700 pages

MACHIG LABDRÖN AND THE
FOUNDATIONS OF CHÖD

JÉRÔME EDOU

Machig Labdron And The Foundations Of Chod

Jerome Edou

Markup Tag(s): Bio

Summary

Machig Labdron is popularly considered to be both a dakini and a deity, an emanation of Yum Chenmo, or Prajnaparamita, the embodiment of the wisdom of the buddhas. Historically, this Tibetan woman, a contemporary of Milarepa, was an adept and outstanding teacher, a mother, and a founder of a unique transmission lineage known as the Chöd of Mahamudra. This translation of the most famous biography of Machig Labdron, founder of the unique Mahamudra Chöd tradition, is presented together with a comprehensive overview of Chöd's historical and doctrinal origins in Indian Buddhism and its subsequent transmission to Tibet.

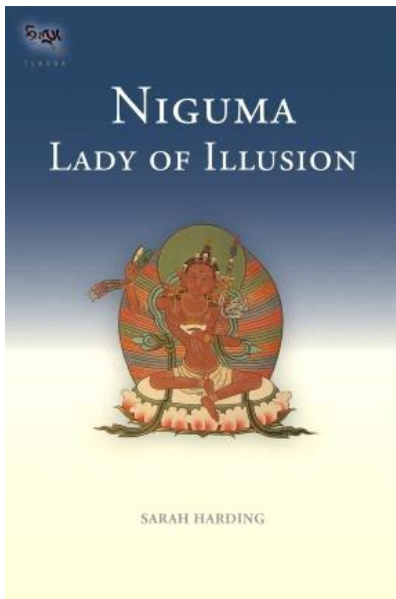
Chöd refers to cutting through the grasping at a self and its attendant emotional afflictions. Most famous for its teaching on transforming the aggregates into an offering of food for demons as a compassionate act of self-sacrifice, Chöd aims to free the mind from all fear and to arouse realization of its true nature, primordially clear bliss and emptiness.

Author Bio

Jerome Edou has been studying with Khenpo Tsultrim Gyamtso Rinpoche since 1976. He has been an interpreter for various lamas for more than ten years and is an author and translator of works on Tibet and Tibetan Buddhism. He currently lives in Kathmandu.

9781559390392
On Sale Date: 1/1/95
\$19.95/\$19.95 Can.
Paperback / softback / Trade
paperback (US)

256 pages



Niguma, Lady Of Illusion

Sarah Harding

Markup Tag(s): Bio

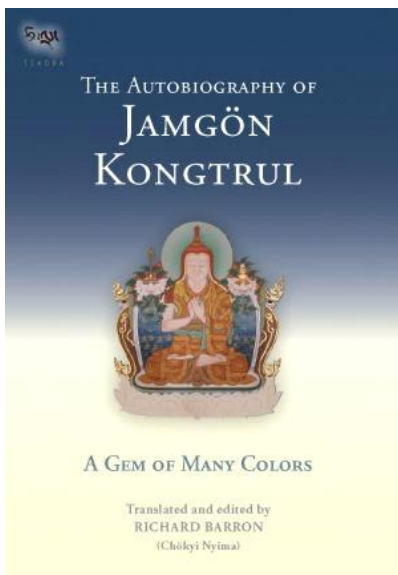
Summary

Providing a rare glimpse of feminine Buddhist history, *Niguma, Lady of Illusion* brings to the forefront the life and teachings of a mysterious eleventh-century Kashmiri woman who became the source of a major Tibetan Buddhist practice lineage. The circumstances of her life and extraordinary qualities ascribed to her are analyzed in the greater context of spiritual biography and Buddhist doctrine. More than a historical presentation, Niguma's story raises the question of women as real spiritual leaders versus male images of feminine principle and other related contemporary issues. This volume includes the thirteen works that have been attributed to Niguma in the Tibetan Buddhist canon. These collected works form the basis of an ancient lineage Shangpa, which continues to be actively studied and practiced today. These works include the source verses for such esoteric practices as the Six Yogas, the Great Seal, and the Chakrasamvara and Hevajra tantric practices that are widespread in Tib...

Author Bio

Sarah Harding has been a Tibetan Buddhist translator and practitioner since 1974. She became a student of the late master Kalu Rinpoche, and in 1980, she completed the traditional three-year retreat under his guidance. Since then, she has been a teacher and translator. Her publications include *Machik's Complete Explanation*, *The Treasury of Knowledge: Book Eight*, and *The Life and Revelations of Pem...*

9781559393614
On Sale Date: 1/16/11
\$32.95/\$32.95 Can.
Hardback
418 pages



The Autobiography Of Jamgon Kongtrul

A Gem Of Many Colors

Richard Barron

Markup Tag(s): Bio, History, Rime

Summary

Jamgön Kongtrul Lodrö Taye (1813-1899) was one of the most influential figures and prolific writers in the Tibetan Buddhist world. He was a founder and the single most important proponent of the nonsectarian movement that flourished in eastern Tibet and remains popular today. Two additional texts discuss his previous lives and recount Kongtrul's final days. The *Autobiography of Jamgön Kongtrul* is part of The Tsadra Foundation Series published by Snow Lion Publications.

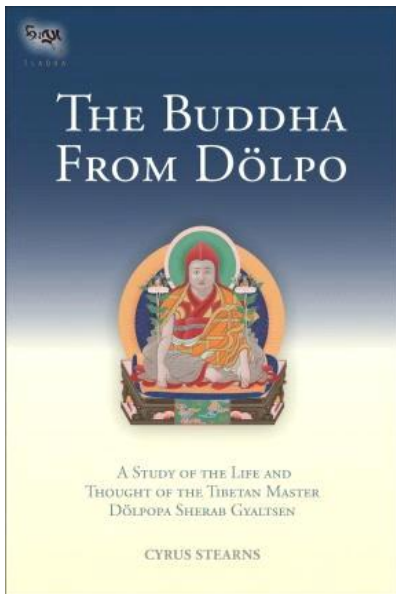
9781559391849

On Sale Date: 2/10/03

\$34.95/\$34.95 Can.

Hardback

544 pages



9781559393430
On Sale Date: 8/16/10
\$39.95/\$39.95 Can.
Hardback

496 pages

The Buddha From Dolpo

A Study Of The Life And Thought Of The Tibetan Master Dolpopa Sherab Gyaltsen
Cyrus Stearns

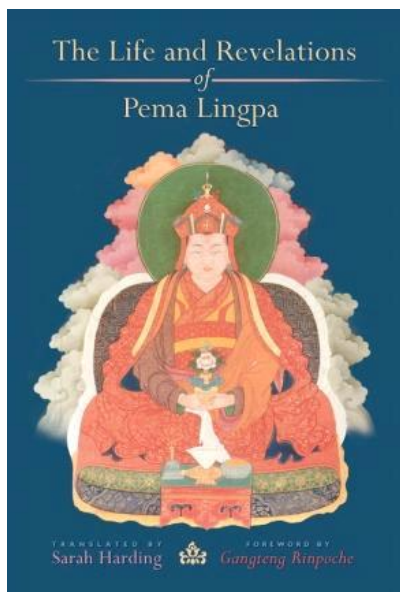
Markup Tag(s): Bio

Summary

The Buddha from Dölpo is a revised and enlarged edition of the only book about the most controversial Buddhist master in the history of Tibet, Dölpopa Sherab Gyaltsen (1292-1361), who became perhaps the greatest Tibetan expert of the Kalacakra or Wheel of Time, a vast system of tantric teachings. Based largely on esoteric Buddhist knowledge from the legendary land of Shambhala, Dölpopa's insights have profoundly influenced the development of Tibetan Buddhism for more than 650 years. Dölpopa emphasized two contrasting definitions of the Buddhist theory of emptiness. He described relative phenomena as empty of self-nature, but absolute reality as only empty of other (i.e. relative) phenomena. He further identified absolute reality as the buddha nature or eternal essence present in all living beings. This view of an "emptiness of other," known in Tibetan as *shentong*, is Dölpopa's enduring legacy. *The Buddha from Dölpo* contains the only English translations of three of Dölpopa's crucial wo...

Author Bio

Cyrus Stearns has been a student of Tibetan Buddhism for over thirty-five years. His main Tibetan teachers were Dezhung Rinpoche Chogye Trichen Rinpoche and Dilgo Khyentse Rinpoche. He received a PhD in Buddhist Studies from the University of Washington and is the author of several books including *Taking the Result As the Path* and *King of the Empty Plain*. He is currently a fellow at the Tsadra Fou...



The Life And Revelations Of Pema Lingpa

Sarah Harding

Markup Tag(s): Bio, Terma

Summary

These fascinating discussions between 11th century court ladies and the great master Padmasambhava, available for the first time in English, weave intriguing issues of gender into Buddhist teachings. The women's doubts and hesitations are masterfully resolved in these impassioned exchanges. The wonderful material in this book is part of a terma (treasure) revealed by Pema Lingpa (1450-1521), the greatest tertön (treasure-revealer) of the Himalayan kingdom of Bhutan. The pithy collection is rounded out by Pema Lingpa's astonishing life story..

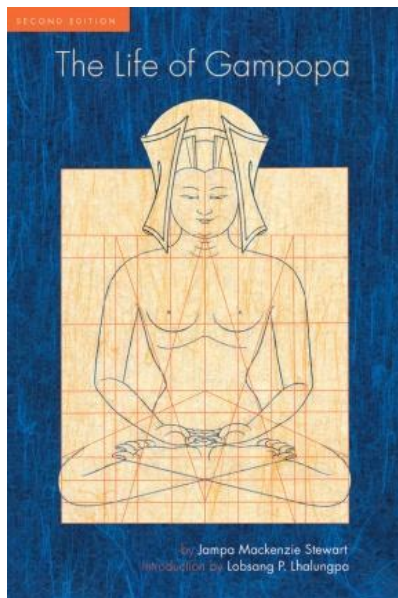
9781559391948

On Sale Date: 7/31/03

\$14.95/\$14.95 Can.

Paperback / softback / Trade
paperback (US)

192 pages



The Life Of Gampopa

Jampa Mackenzie Stewart, Lobsang P. Lhalungpa

Summary

Compiled from numerous Tibetan biographies, this comprehensive and inspiring rendition highlights the extraordinary details of Gampopa's meditative experiences and presents direct insights into the practice and realization of Mahamudra. Includes a history of the Kagyu and an essay on Mahamudra.

Author Bio

Jampa Mackenzie Stewart is a student of the Kagyu and Nyingma lineages of Tibetan Buddhism. In 1987 he was ordained into the Tiep Hien order by Thich Nhat Hanh and has assisted him in leading retreats in North America. He has written over thirty articles on Buddhist Taoist practices and has collaborated with Mantak Chia on several books. He lives in Austin Texas where he practices Chinese medicine...

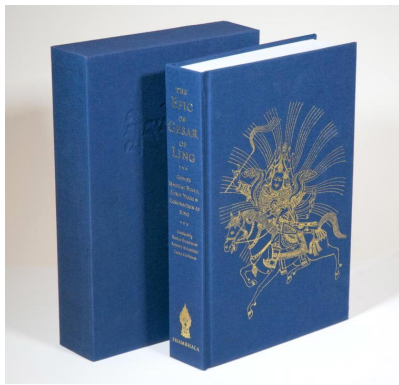
9781559392143

On Sale Date: 5/20/04

\$15.95/\$21.95 Can.

Paperback / softback / Trade
paperback (US)

200 pages



9781590308424

On Sale Date: 7/9/13

\$120.00/\$138.00 Can.

Hardback

704 pages

The Epic of Gesar of Ling

Gesar's Magical Birth, Early Years, and Coronation as King

Robin Kornman, Lama Chonam, Sangye Khandro, Sakyon...

Key Selling Points:

A classic epic with all the elements of mythic adventure: Full of magic and miracles, the tales that make up the Gesar epic are of the classic warrior-hero who attains a vast vision and leads his people fearlessly and with genuine care for their well-being.

A Tibetan-Buddhist spiritual allegory: The example of King Gesar is also understood as a spiritual teaching. The "enemies" in the stories represent the emotional and psychological challenges that turn people to greed, aggression, and envy, and away from the true teachings of Buddhism.

Respected translators: Robin Kornman, PhD (1947-2007), was professor of Comparative Literature at the University of Michigan, a respected translator, and a student of Chögyam Trungpa. Lama Chonam and Sangye Khandro are both deeply trained practitioners and scholars. They formed the Light of Berotsana Translation Group ten years ago and have established a reputation for excellence in their work.

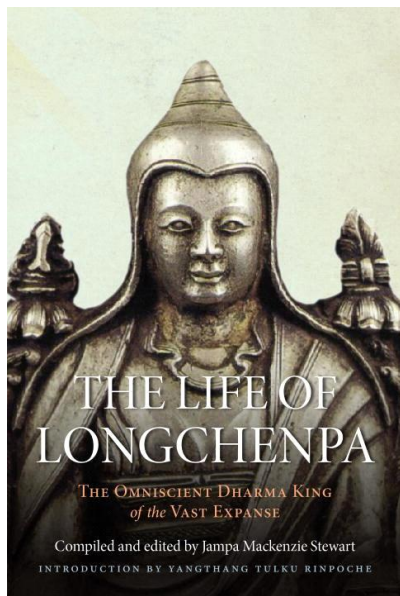
Summary

The Gesar of Ling epic is the Tibetan equivalent of *The Arabian Nights*. For hundreds of years, versions of it have been known in oral and written form in Tibet, China, Central Asia, and across the eastern Silk Route. King Gesar, renowned throughout these areas, represents the ideal warrior. As a leader with his people's loyalty and trust, he conquers all their enemies and protects the peace. His life story, which is full of miracles and magic, is an inspiration and a spiritual example to the people of Tibet and Central Asia even today; Gesar's warrior mask can be seen in the town square and on the door of homes in towns and villages throughout this area.

As a Buddhist teaching story, the example of King Gesar is also understood as a spiritual allegory. The "enemies" in the stories represent the emotional and psychological challenges that turn people's minds toward greed, aggression, and envy, and away from the true teachings of Buddhism. These enemies graphically represent the diff...

Author Bio

ROBIN KORNMAN (1947-2007) is best known for his work as a Tibetan Buddhist scholar, as well as for being a founding member of the Nalanda Translation Committee. Up until his death, he spent many years working on this translation of the epic of Gesar. A longtime student of Chögyam Trungpa Rinpoche, he earned his PhD from Princeton University and was a professor of Comparative Literature at the Univ...



The Life of Longchenpa

The Omniscient Dharma King of the Vast Expanse

Jampa Mackenzie Stewart

Key Selling Points:

Seminal work on a pivotal figure: *The Life of Longchenpa* is a comprehensive biography of one of the greatest masters, writers, and teachers in the history of Tibetan Buddhism.

Broad appeal: It will appeal to serious Tibetan Buddhist practitioners, both beginning and advanced students alike, and to scholars interested in the historic developments in Tibetan Buddhism. It is of special interest to readers of all traditions who enjoy historical spiritual biographies.

Lively and entertaining: Contains illustrations and stories about Longchenpa and reveals vital insights about Buddhist teachings in a very user-friendly format.

Summary

The first complete English-language life story of Longchenpa (1308-1364), one of the greatest masters in the history of Tibetan Buddhism.

Compiled from numerous Tibetan and Bhutanese sources, including Longchenpa's autobiography and stories of his previous lives and subsequent rebirths, *The Life of Longchenpa* weaves an inspiring and captivating tale of wonder and magic, of extraordinary visions and spiritual insight, set in the kingdoms of fourteenth-century Tibet and Bhutan. It also reveals for the first time fascinating details of his ten years of self-exile in Bhutan, stories that were unknown to his Tibetan biographers.

Renowned as a peerless teacher, dedicated practitioner, and unparalleled scholar, Longchenpa thoroughly studied and mastered every one of the many Buddhist vehicles and lineages of teachings existing in Tibet at his time. Through his radiant intellect and meditative accomplishment, in both his teachings and written works, he was able to reconcile the seeming discr...

Author Bio

JAMPA MACKENZIE STEWART is a lay practitioner of the Nyingma and Kagyu lineages. His works include *The Life of Gampopa* and over fifty published articles on Buddhist and Taoist practice, qigong, and Chinese medicine. An acupuncturist, writer, teacher, and healer, he lives in the mountains of Crestone, Colorado.

Author Residence: Crestone, Colorado

9781559394185

On Sale Date: 9/10/13

\$24.95/\$27.95 Can.

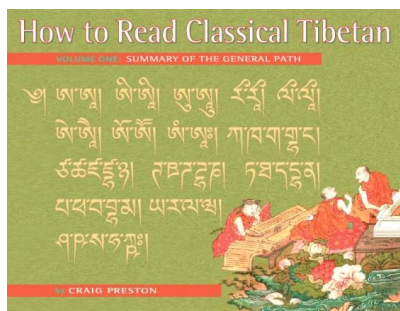
Paperback / softback / Trade
paperback (US)

208 pages

37 ILLUSTRATIONS

Tibetan Language

Return to the *Table of Contents*



9781559391788

On Sale Date: 6/25/05

\$39.95/\$39.95 Can.

Paperback / softback / Trade
paperback (US)

240 pages

How To Read Classical Tibetan Volume 1

Summary Of The General Path

Craig Preston

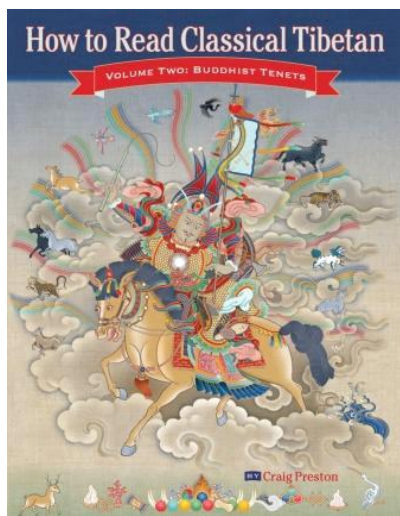
Markup Tag(s): Tibetan Language

Summary

Do you want to learn to read Classical Tibetan? *How to Read Classical Tibetan* will show you-at your own pace-all the relationships that make Tibetan easy to read. It is a complete language course built around the exposition of a famous Tibetan text, *Summary of the General Path to Buddhahood*, written at the beginning of the fifteenth century. All the language tools you need to work at your own pace are in one place. You won't need a dictionary because all the words and particles are translated and explained upon every occurrence, and there is a complete glossary at the end of the book. Every sentence is diagrammed and completely explained so that you can easily see how the words and particles are arranged to convey meaning. Because everything is always explained in every sentence, you will easily learn to recognize the recurrent patterns making the transition from learning words to reading sentences much easier for you. As you study *How to Read Classical Tibetan*, you will learn to recog...

Author Bio

Craig Preston studied at the University of Virginia and has taught Classical Tibetan at the Namgyal Institute and the University of Buffalo. He is the author of *How to Read Classical Tibetan, Volume 1: A Summary of the General Path*, and currently teaches Tibetan and Buddhist philosophy privately in Ithaca, New York.



9781559393133

On Sale Date: 6/9/09

\$45.00/\$45.00 Can.

Paperback / softback / Trade
paperback (US)

344 pages

How To Read Classical Tibetan Volume 2

Buddhist Tenets

Craig Preston

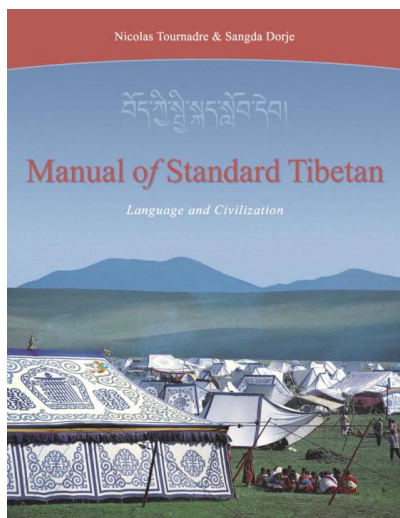
Markup Tag(s): Tibetan Language

Summary

How to Read Classical Tibetan, Volume Two: Buddhist Tenets continues Craig Preston's groundbreaking series of self-study materials designed for students learning to read Classical Tibetan on their own. This book serves a dual purpose: the student learns both grammar and philosophy at the same time. With easy-to-understand diagrams, Preston shows how to find your way through Tibetan sentences. It is like having a personal tutor at your fingertips, allowing you to proceed at your own pace through a wealth of material. As you work your way through an actual Tibetan text, Preston offers guidance at every turn. He explains the meaning of new words as they arise. He also offers a complete glossary of all the words at the end of the book. As you encounter new grammatical constructions, he walks you through understanding their meaning. He shows you how to break down Tibetan sentences into small pieces and then how to put those pieces back together to form clearly understandable English sentence...

Author Bio

Craig Preston studied at the University of Virginia and has taught Classical Tibetan at the Namgyal Institute and the University of Buffalo. He is the author of *How to Read Classical Tibetan, Volume 1: A Summary of the General Path*, and currently teaches Tibetan and Buddhist philosophy privately in Ithaca, New York.



Manual Of Standard Tibetan

Language And Civilization

Nicolas Tournadre, Sangda Dorje

Markup Tag(s): Tibetan Language

Summary

The Manual of Standard Tibetan presents the everyday speech of Lhasa as it is currently used in Tibet and among the Tibetan diaspora. It not only places the language in its natural context but also highlights along the way key aspects of Tibetan civilization and Vajrayana Buddhism. *The Manual*, which consists of forty-one lessons, is illustrated with many drawings and photographs and also includes two informative political and linguistic maps of Tibet. Two CDs provide an essential oral complement to the manual. A detailed introduction presents a linguistic overview of spoken and written Tibetan.

Author Bio

Sangda Dorje is Associate Professor at the University of Tibet in Lhasa, where he teaches Tibetan literature. He is also a poet and a performer of traditional music.

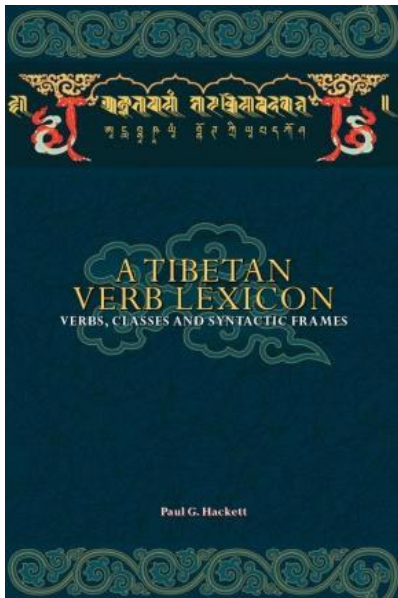
9781559391894

On Sale Date: 6/28/05

\$80.00/\$80.00 Can.

Paperback / softback / Trade
paperback (US)

576 pages



A Tibetan Verb Lexicon

Verbs, Classes, And Syntactic Frames

Paul G Hackett

Markup Tag(s): Tibetan Language

Summary

This is the first Tibetan-to-English verb resource to be published in more than thirty years. It is a verb dictionary containing extensive lexical information. Much more than a mere translation of existing works, this lexicon was compiled employing statistical techniques and data, and draws on sources spanning the 1,200 years of Tibet's classical literature and covering all major lineages. The lexicon contains over 1,700 root verb forms and phrasal verb subentries and incorporates a wide range of information not previously available in dictionary form. The individual entries are in Tibetan script and contain English meanings, Sanskrit equivalents, complete sentences drawn from the corpus of Tibetan classical literature, and related sentence structure information. An extensive introduction to contemporary linguistic theory as applied to Tibetan verbs presents the theoretical underpinnings of the lexicon.

Author Bio

Paul G. Hackett has an MA in Religious Studies from the University of Virginia and an MLS (in Computational Linguistics and Library and Information Sciences) from the University of Maryland. He is currently enrolled in the PhD program in Indo-Tibetan Buddhism at Columbia University.

9781559391962

On Sale Date: 11/29/05

\$39.95/\$39.95 Can.

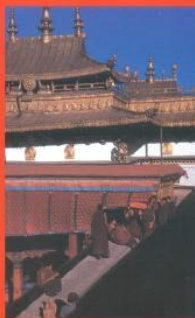
Paperback / softback / Trade
paperback (US)

224 pages

Translating Buddhism from Tibetan

An Introduction to the Tibetan Literary
Language and the Translation of
Buddhist Texts from Tibetan

Joe B. Wilson



Translating Buddhism From Tibetan

An Introduction To The Tibetan Literary Language And The Translation Of
Buddhist Texts From Tibetan

Joe B. Wilson

Markup Tag(s): Tibetan Language

Summary

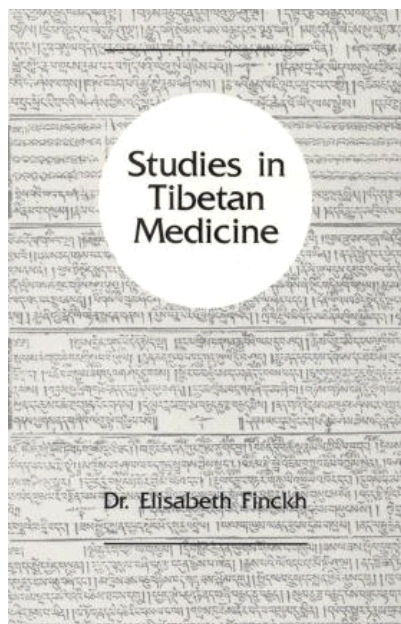
This complete textbook on classical Tibetan is suitable for beginning or intermediate students. It begins with rules for reading writing and pronouncing Tibetan, gradually carrying the reader through the patterns seen in the formation of words and into the repeating patterns of Tibetan phrases, clauses, and sentences. Students with prior experience will find the seven appendices-which review the rules of pronunciation grammar and syntax-provide an indispensable reference. It balances traditional Tibetan grammatical and syntactic analysis with a use of terminology that reflects English preconceptions about sentence structure. Based on the system developed by Jeffrey Hopkins at the University of Virginia, this book presents in lessons with drills and reading exercises a practical introduction to Tibetan grammar syntax and technical vocabulary used in Buddhist works on philosophy and meditation. An extremely well designed learning system, it serves as an introduction to reading and transla...

9780937938348
On Sale Date: 1/1/92
\$85.00/\$85.00 Can.
Hardback

816 pages

Tibetan Medicine

Return to the *Table of Contents*



Studies In Tibetan Medicine

Elisabeth Finckh

Markup Tag(s): Tibetan Medicine

Summary

This scholarly collection of papers on specialized topics in Tibetan medicine deals with various aspects of the medical system including comparisons with the Chinese system. It presents the Tibetan medical tree and diagrams all its parts.

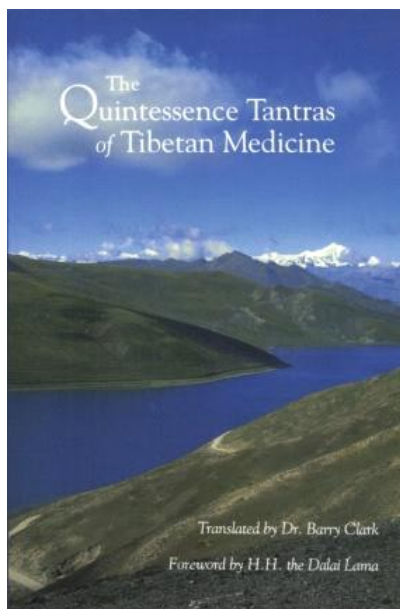
9780937938614

On Sale Date: 1/1/88

\$9.95/\$11.95 Can.

Paperback / softback / Trade
paperback (US)

80 pages



The Quintessence Tantras Of Tibetan Medicine

Barry Clark

Markup Tag(s): Tibetan Medicine

Summary

The Quintessence Tantras of Tibetan Medicine is a thorough, detailed, and systematic analysis of the characteristics of healthy and diseased bodies. Discussed are the diagnostic techniques of pulse and urine analysis, principles of right diet, right lifestyle, and behavioral factors-and a treasury of knowledge about the beneficial applications of herbs, plants, spices, minerals, gems, etc. Also included are the subtle and psychological techniques of therapeutics, and the ethics and conduct required of a Tibetan physician-a warrior-like person equipped to overcome even the most formidable internal and external obstacles.

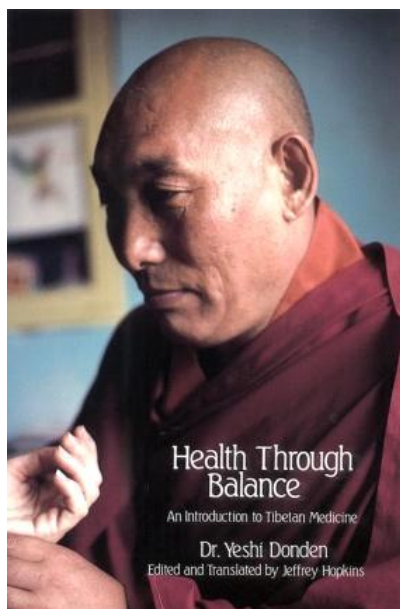
9781559390095

On Sale Date: 1/1/95

\$29.95/\$29.95 Can.

Paperback / softback / Trade
paperback (US)

264 pages



Health Through Balance

An Introduction To Tibetan Medicine

Yeshe Dhonden, Jeffrey Hopkins

Markup Tag(s): Tibetan Medicine

Summary

Tibetan medicine holistically restores and maintains balance of the body's various systems through a variety of treatments, including diet, behavior modification, and the use of medicine and accessory therapy. Tibetan medicine is delicately responsive to patients' complete symptom patterns-no complaint being disregarded. Its wide variety of curative techniques are clearly explained. Dr. Donden's book was seen on NBC's *Dateline* during a feature on Tibetan medicine and breast cancer.

Author Bio

Dr. Yeshe Dhonden was trained by the Venerable Dr. Khyenrab Norbu (1883-1962), personal physician to Holinesses the Thirteenth and Fourteenth Dalai Lamas and founder of the Men-Tsee-Khang and Tibetan Medical and Astrology Institute in Tibet. He has conducted research at the University of Virginia and has conducted clinical trials at the University of California San Francisco.

9780937938256

On Sale Date: 1/1/86

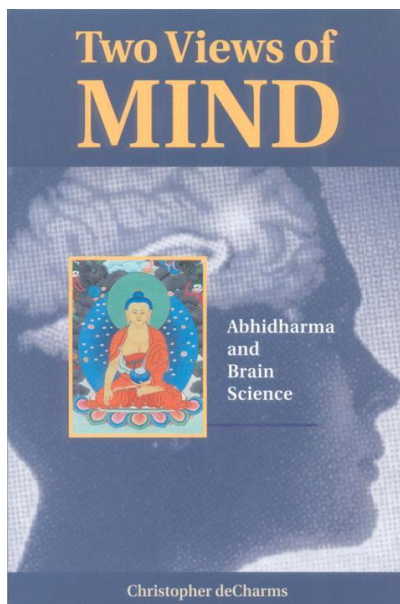
\$19.95/\$22.95 Can.

Paperback / softback / Trade
paperback (US)

256 pages

Additional Topics

Return to the *Table of Contents*



Two Views Of Mind

Abhidharma And Brain Science

Christopher Decharms

Markup Tag(s): Abhidharma

Summary

Two Views of Mind: Abhidharma and Brain Science offers a clear overview of perception, thought, and awareness in Tibetan Buddhist psychology and in Western neuroscience. DeCharms lays out the Buddhist theory of perception side-by-side with the scientific view of Western neuroscience on the brain activity of human cognition. He discovers insights from each system that suggest exciting new approaches to perennial problems that the other has not been able to resolve. Directed to non-specialists, he focuses on the differences between the two traditions in methodology, assumptions, and purpose.

Author Bio

Christopher deCharms is a cognitive neuroscientist at the Keck Center for Integrative Neuroscience at the University of California San Francisco

9781559390811

On Sale Date: 1/1/97

\$19.95/\$19.95 Can.

Paperback / softback / Trade
paperback (US)

248 pages

DEBATE

IN TIBETAN BUDDHISM



Daniel E. Perdue

Debate In Tibetan Buddhism

Daniel E. Perdue

Markup Tag(s): Debate, Madhyamaka

Summary

The practice and theory of Tibetan Buddhist logic and epistemology is the focus of this clear and thorough exposition. Debate is the investigative technique used in Tibetan education to sharpen analytical capacities and convey philosophical concepts, so it is essential to master its procedure. Using a debate manual by Pur-bu-jok Jam-ba-gya-tso (1825-1901) as his basis, Daniel Perdue covers elementary debate and demonstrates its application to a variety of secular and religious educational contexts.

The translation is supplied with annotations on procedure and content drawn from Tibetan teachers expert in debate.

9780937938768

On Sale Date: 1/1/92

\$75.00/\$85.00 Can.

Paperback / softback / Trade
paperback (US)

984 pages

Knowledge *and* Liberation

Knowledge And Liberation

Tibetan Buddhist Epistemology In Support Of Transformative Religious Experience

Anne Carolyn Klein

Markup Tag(s): Madhyamaka

Summary

Buddhist philosophy is concerned with defining and overcoming the limitations and errors of perception. To do this is essential to Buddhism's purpose of establishing a method for attaining liberation. Conceptual thought in this view can lead to a liberating understanding, a transformative religious experience. The author discusses the workings of both direct and conceptual cognition, drawing on a variety of Tibetan and Indian texts. The Gelukba interpretation of Dignaga and Dharmakirti is greatly at variance with virtually all other scholarship concerning these seminal Buddhist logicians.

Author Bio

Anne C. Klein is professor and chair of Religious Studies at Rice University. She is also a founding director and resident teacher of Dawn Mountain, a center for contemplative study and practice in Houston. Her publications include *Path to the Middle* (SUNY Press), *Unbounded Wholeness*, coauthored with Geshe Tenzin Wangyal Rinpoche (Oxford University Press), and *Knowledge and Liberation* (Snow Lion P...

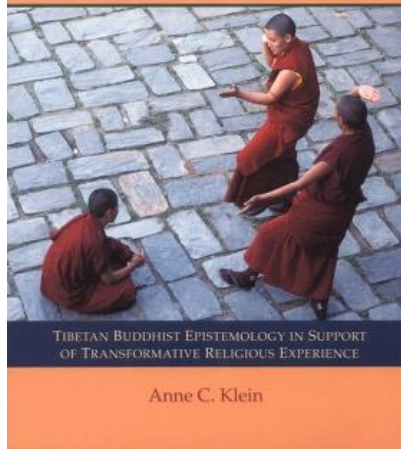
9781559391146

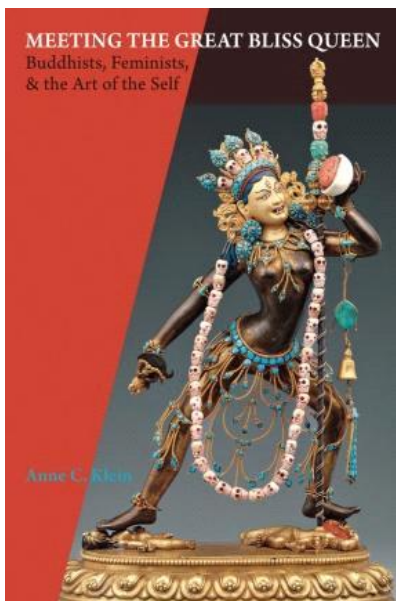
On Sale Date: 1/1/87

\$19.95/\$19.95 Can.

Paperback / softback / Trade
paperback (US)

288 pages





Meeting The Great Bliss Queen

Buddhists, Feminists, And The Art Of The Self

Anne Carolyn Klein

Markup Tag(s): Tantra

Summary

Despite the daunting barriers of geography and language that separate them, Buddhism and contemporary feminism have much to say to each other. Buddhist practices such as mindfulness (in which calm centering and keen awareness of change coexist) and compassion (in which the self is recognized as both powerful in itself and interdependently connected with all others) can be important resources for contemporary women, while feminism can expand the traditional horizons of Buddhist concerns to include social, historical, and psychological issues. The image and ritual of the Great Bliss Queen, an important Buddhist figure of enlightenment, form the unifying theme of the book modeling the practices and theory that can assist each of us in being at one with ourselves and fully engaged with others.

Author Bio

Anne C. Klein is professor and chair of Religious Studies at Rice University. She is also a founding director and resident teacher of Dawn Mountain, a center for contemplative study and practice in Houston. Her publications include *Path to the Middle* (SUNY Press), *Unbounded Wholeness*, coauthored with Geshe Tenzin Wangyal Rinpoche (Oxford University Press), and *Knowledge and Liberation* (Snow Lion P...

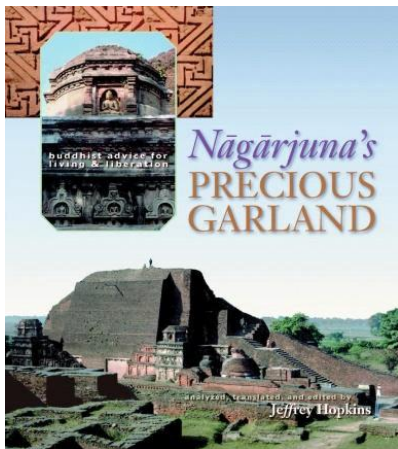
9781559392914

On Sale Date: 2/8/08

\$18.95/\$18.95 Can.

Paperback / softback / Trade
paperback (US)

328 pages



9781559392747

On Sale Date: 1/26/07

\$26.95/\$26.95 Can.

Paperback / softback / Trade
paperback (US)

288 pages

Nagarjuna's Precious Garland

Buddhist Advice For Living And Liberation

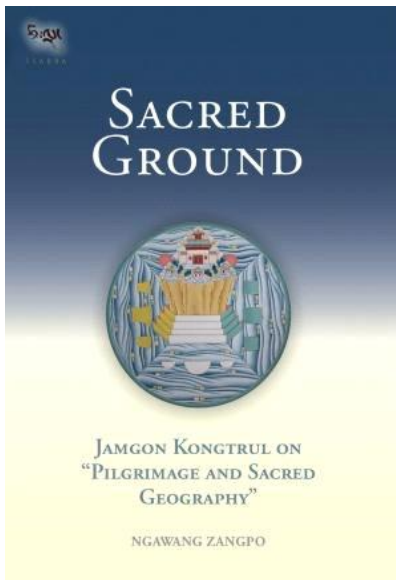
Jeffrey Hopkins

Summary

Nagarjuna is renowned for his penetrating analysis of reality. In the *Precious Garland*, he offers intimate counsel on how to conduct one's life and how to construct social policies that reflect Buddhist ideals. The advice for personal happiness is concerned first with improving one's condition over the course of lifetimes, and then with release from all kinds of suffering, culminating in Buddhahood. Nagarjuna describes the cause and effect sequences for the development of happiness within ordinary life, as well as the practices of wisdom, realizing emptiness, and compassion that lead to enlightenment. He describes a Buddha's qualities and offers encouraging advice on the effectiveness of practices that reveal the vast attributes of Buddhahood. In his advice on social and governmental policy, Nagarjuna emphasizes education and compassionate care for all living beings. He also objects to the death penalty. Calling for the appointment of government figures who are not seeking profit or fa...

Author Bio

Jeffrey Hopkins, PhD, served for a decade as the interpreter for the Dalai Lama. A Buddhist scholar and the author of more than thirty-five books, he is Professor Emeritus at the University of Virginia, where he founded the largest academic program in Tibetan Buddhist studies in the West.



Sacred Ground

Jamgon Kongtrul On Pilgrimage And Sacred Geography
Ngawang Zangpo

Markup Tag(s): History, Pilgrimage

Summary

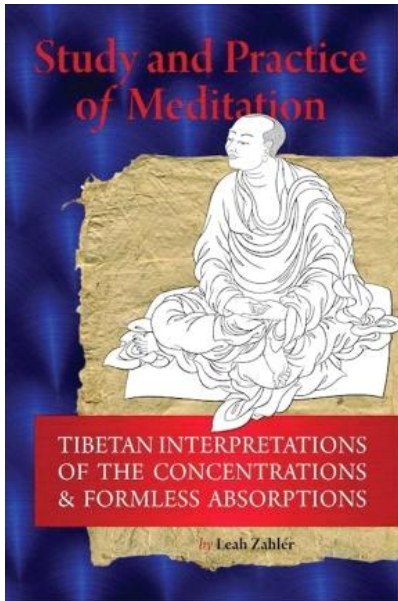
Sacred Ground describes two journeys: a journey outward to specific pilgrimage places in eastern Tibet, and a journey inward to the sacred world of tantra, accessible through contemplation and meditation. It sheds light on Himalayan Buddhists' concepts of sacred land, places of pilgrimage in tantric Buddhism, and how pilgrimage is undertaken. It enhances our appreciation of the world and its sacred aspect everywhere-first and foremost, where we sit now. On the basis of this judicious choice of rare Tibetan texts, translated here for the first time, correlating inner and outer pilgrimage, this book is of considerable value to the Buddhist practitioner.

Author Bio

Ngawang Zangpo (Hugh Leslie Thompson) completed two three-year retreats under the direction of the late Kalu Rinpoche. He is presently working on a number of translation projects under the direction of Chadril Rinpoche and Lama Tharchin Rinpoche. He has also contributed to Kalu Rinpoche's translation group's books *Myriad Worlds* and *Buddhist Ethics*.

9781559391641
On Sale Date: 11/6/01
\$24.95/\$24.95 Can.
Hardback

272 pages



Study And Practice Of Meditation

Tibetan Interpretations Of The Concentrations And Formless Absorptions

Leah Zahler

Markup Tag(s): Abhidharma

Summary

Study and Practice of Meditation gives a vivid and detailed account of the meditative practices necessary to develop a calm, alert mind that is capable of penetrating the depths of reality. The Buddhist meditative states known as the concentrations and formless absorptions are best known in the West from Theravada scriptures and from Vasubandhu's *Treasury of Manifest Knowledge*. In this book the reader is exposed to Tibetan Buddhist views on the mental states attained through meditation as described by three contemporary Tibetan lamas. The book discusses the ways in which certain meditative states act as bases of the spiritual path as well as the nature of meditative calm and the prerequisites for cultivating and attaining it. In addition to reviewing and translating Tibetan sources, the author considers their major Indian antecedents and draws comparisons with Theravadin presentations.

Author Bio

Leah Zahler, a poet and scholar, graduated from Smith College and received a PhD in Buddhist Studies from the University of Virginia.

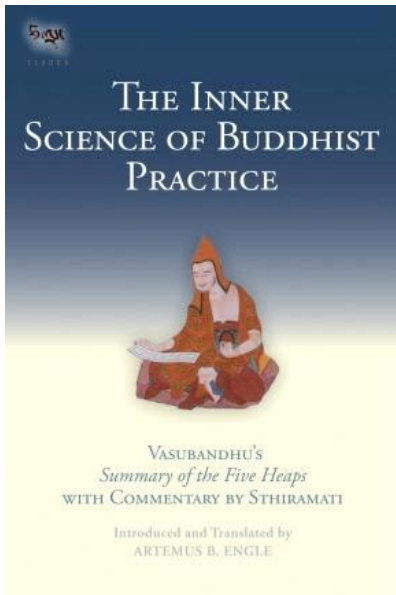
9781559393256

On Sale Date: 6/16/09

\$39.95/\$39.95 Can.

Paperback / softback / Trade
paperback (US)

528 pages



The Inner Science Of Buddhist Practice

Vasubhandu's Summary Of The Five Heaps With Commentary By Sthiramati
Artemus B. Engle

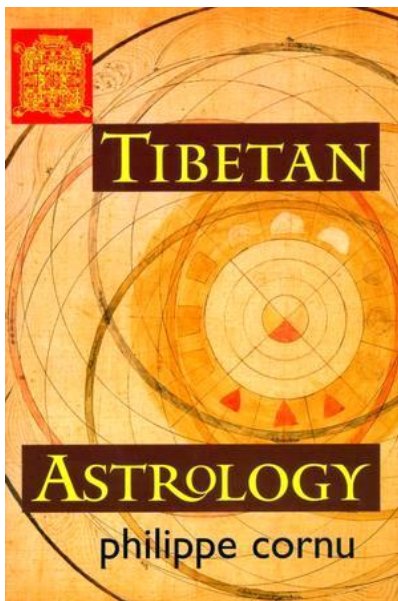
Markup Tag(s): Abhidharma

Summary

The Inner Science of Buddhist Practice contains translations of texts by two historically important Indian Buddhist scholars: Vasubhandhu's "Summary of the Five Heaps" and Sthiramati's commentary on Vasubandhu's root text. These works present the traditional Buddhist analysis of ordinary experience and provide rich resources for studying Buddhist and Western interpretations of the psychology of spiritual development. According to Buddhist doctrine, the mind of an ordinary person even at birth holds deeply ingrained predispositions that lead us to perceive the elements of everyday experience mistakenly and to believe, for instance, that entities persist through time that the pleasures we pursue are genuinely satisfying, that our own personal being is governed by a real self, and that all physical and mental phenomena have a distinct, independent, and real essence. Our everyday language only serves to reinforce and deepen these erring notions. Buddhist teaching reveals how to reject thes...

9781559393225
On Sale Date: 9/16/09
\$34.95/\$34.95 Can.
Hardback

576 pages



Tibetan Astrology

Philippe Cornu

Markup Tag(s): Astrology

Summary

Astrology is one of the traditional arts and sciences of Tibet, where it is known as "the science of calculation," used by monks and lamas in the study of the rhythms and cycles of time, for divination, for choosing auspicious times for rituals and life-cycle events such as marriages and funerals, and as an adjunct to the practice of traditional medicine.

This comprehensive introduction to the topic includes:

- Historical roots and influences from China and India as well as the Buddhist Kalachakra teachings and the ancient Bön religion of Tibet
- The two main branches of Tibetan astrology: Nagtsi, or "black astrology," based on the Chinese system, and Kartsi, or "white astrology," derived from Indian astrology
- The twelve- and sixty-year cycles and the twelve animals and five elements associated with them
- The *mewa*, or magical squares, which are numerological factors used to calculate the auspiciousness of days or years
- The *parkha*, or eight trigrams of the *I C...*

Author Bio

Philippe Cornu has studied and practiced Tibetan Buddhism with Dudjom Rinpoche, Sogyal Rinpoche, Namkhai Norbu Rinpoche, and other teachers of the Nyingma tradition. He is the author or translator (into French) of several books on the Nyingma school and Dzogchen.

9781570629631

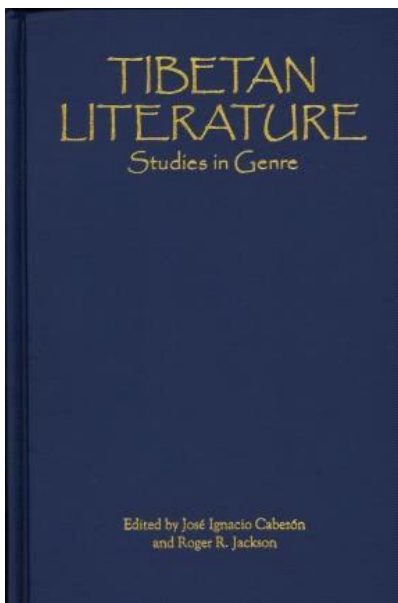
On Sale Date: 12/10/02

\$34.95

Paperback / softback / Trade
paperback (US)

320 pages

80 CHARTS & TABLES



Tibetan Literature

Studies In Genre

Jose Ignacio Cabezón, Roger R. Jackson

Markup Tag(s): Literature

Summary

Tibetan Literature addresses the immense variety of Tibet's literary heritage. An introductory essay by the editors attempts to assess the overall nature of 'literature' in Tibet and to understand some of the ways in which it may be analyzed into genres. The remainder of the book contains articles by nearly thirty scholars from America, Europe, and Asia—each of whom addresses an important genre of Tibetan literature. These articles are distributed among eight major rubrics: two on history and biography, six on canonical and quasi-canonical texts, four on philosophical literature, four on literature on the paths, four on ritual, four on literary arts, four on non-literary arts and sciences, and two on guidebooks and reference works.

9781559390316
On Sale Date: 1/1/96
\$45.00/\$52.00 Can.
Hardback

552 pages



Tibetan Logic

Katherine Rogers

Markup Tag(s): Logic

Summary

Within Tibetan Buddhism has arisen a system of education and a curriculum designed to enable the student to develop a path of reasoning—a consciousness trained in reasoned analysis until capable of understanding first the meaning of religious texts and eventually the true nature of reality. An important aspect of Tibetan logic is that it is used to develop new and valid knowledge about oneself and the world. Included here is a translation of a text by Pur-bu-jok, the Thirteenth Dalai Lama's philosophy tutor on the topic of *Signs and Reasonings*—a manual introducing beginners to the principles, vocabulary, and concepts of the system of logic. The purpose of Pur-bu-jok's text is to lay a foundation for understanding how valid cognition is acquired. What is validity? How is valid knowledge acquired? What can be known? Further, what knowledge can be acquired through reasoning that will lead one to spiritual development and even to buddhahood? Katherine Rogers has enriched the translation wi...

Author Bio

Katherine M. Rogers received her PhD in Buddhist Studies from the University of Virginia. She is translator and editor of *Garland of Mahamudra Practices*.

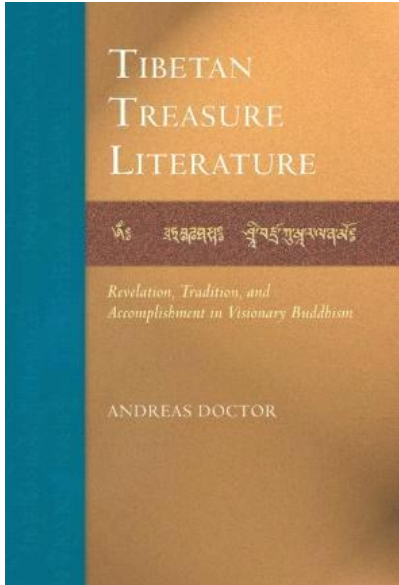
9781559393157

On Sale Date: 3/16/09

\$39.95/\$39.95 Can.

Paperback / softback / Trade
paperback (US)

528 pages



9781559392365
On Sale Date: 12/5/05
\$24.95/\$24.95 Can.
Hardback

248 pages

Tibetan Treasure Literature

Revelation, Tradition, And Accomplishment In Visionary Buddhism

Andreas Doctor

Markup Tag(s): History, Literature

Summary

The Treasure tradition of the Nyingma School of Tibetan Buddhism is richly permeated with wonder and controversy. This unique and mysterious tradition embraces revelation as the primary path to spiritual awakening. Over the course of Tibetan history, revelations known as Treasures have been discovered, hidden in nature, or have emerged directly from the great minds of the Nyingma School, creating a profound and lasting effect on Tibetan religious society and culture. This book discusses central themes in the history and practice of Treasure revelation and presents translations of seminal texts of the tradition. It includes a discussion by the renowned master Ju Mipham (1846-1912) of the criteria by which to evaluate the authenticity of those who claim to have discovered such Buddhist scriptures. In addition, it introduces (for the first time in the West) the tradition and revelations of a major Treasure revealer of the nineteenth century.

Author Bio

Andreas Doctor holds a PhD in Buddhist Studies from the University of Calgary. He lives in Nepal, where he is Director of Studies at Kathmandu University's Centre for Buddhist Studies.

Return to the *Table of Contents*