

**MYSTERIES OF SPEECH AND BREATH:
DŌHAN'S 道範 (1179-1252) *HIMITSU NENBUTSU SHŌ* 祕密念佛抄 AND
ESOTERIC PURE LAND BUDDHISM**

by

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**A dissertation submitted in partial fulfillment
of the requirements for the degree of
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DEDICATION

To Claire and Maya,
my beautiful Bodhisattvas

ACKNOWLEDGMENTS

Through various causes and conditions, sometime in high school, I decided that I wanted to pursue a career in the academic study of religion. This was particularly odd at the time because I did not know at first that that was actually a thing. While talking to my high school college advisor, I heard that there was such a thing as “religious studies” and that the people who had entered into that field learned multiple languages, lived and studied in fascinating places, and spent their lives teaching others how to expand their horizons and think deeply about matters of greatest concern. As I write this in the winter of 2015, in the cold mountain temple town of Kōyasan, I think back to the version of myself fifteen years ago who set out upon this course of study, and it is truly a humbling experience to have accomplished this goal, as it reminds me clearly just how much I have depended upon and benefitted from the encouragement and kindness of others. My teachers, friends, and family have guided me in innumerable ways, and as I now turn to the next stage of my career, I think about the many challenges I have faced over the last fifteen years, the many opportunities life provided me that could have derailed this journey, and all of those who helped me stay the course. To all of you, those mentioned here, and those not mentioned, I want to express my sincere thanks.

In 2001, I entered the Department of Religious Studies at the University of Colorado-Boulder. Professors Terry Kleeman and George Keyworth were especially encouraging, and even at that early stage, always pushed me to think deeper and work harder. As well,

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After spending summer 2004 travelling around China and Japan with the Kleemans, thanks to a scholarship from the Freeman Foundation, I decided that I wanted to work in Japan as an English teacher. After a year living in rural Kumamoto Prefecture, learning how to speak pretty good “old-man Japanese,” I returned to Colorado to pursue a Master’s degree in Religious Studies in 2006. I would like to thank Professors Greg Johnson, Holly Gayley, Ruth Mas, and Rodney Taylor in the Religious Studies Department, and Terry Kleeman, Faye Kleeman, Laurel Rodd, and R. Keller Kimbrough (who taught me everything I know about Japanese dictionaries) in Asian Languages and Cultures for their encouragement and guidance as I applied to PhD programs and finished my MA thesis. I would also like to thank Professor Terry Kleeman in particular for his help applying to the FLAS summer and academic year fellowships for the study of Chinese and Japanese.

In 2008 I entered the PhD program in the Department of Asian Language and Cultures at the University of Michigan-Ann Arbor. My graduate school advisor, and chair of my dissertation committee, Professor Micah Auerback has been an endless source of inspiration and encouragement. His care for his students and infectious enthusiasm truly held me together through the long, cold, and dark Michigan winters, and the even longer, colder, and darker

process of dissertation writing. I hope that I will someday have the opportunity to inspire future students the way he inspired me.

Also at the University of Michigan, I would like to thank Professors William Baxter and David Rolston who guided me in the study of Classical Chinese, and Professors Juhn Ahn and Benjamin Brose, who helped me begin the (ongoing) process of learning how to read Buddhist Chinese. Professor Esperanza Ramirez-Christensen instructed me in Japanese *waka* and *renga* translation practices. Professor Ken Ito and Dr. Ann Takata from the Center for Japanese Studies, assisted me in procuring the funds necessary to pursue advanced Japanese language training at the Inter-University Center in Yokohama, 2009-2010. I would also like to thank Professor Kevin Carr from Art History who showed me how to use images effectively in teaching about Japanese Buddhism, and Professors Hitomi Tonomura and Tomoko Masuzawa from the History Department who encouraged me to use Japanese language resources in my final papers for their classes, and provided me extremely valuable guidance during my time at the University of Michigan.

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I owe a special debt of gratitude to Professor Donald S. Lopez, Jr., as it was perhaps my first reading of *Curators of the Buddha* and *Prisoners of Shangri La* that truly inspired me to want to become a scholar in the first place. I am grateful for the many opportunities I had to study and teach under his direction, and appreciate the countless hours of rambling he patiently listened to while I was formulating my dissertation project.

Professor Richard K. Payne, Dean of the Institute for Buddhist Studies, who was kind enough to join my dissertation committee as an outside reader, has been a source of inspiration as well. Ever since I began thinking seriously about pursuing advanced degrees in Buddhist studies, formulating papers and projects, and cultivating new areas of interest and inquiry, I would almost inevitably discover that Professor Payne had already published something on that topic. From Pure Land and Tantra, to ritual theory and Kamakura Buddhism, I found myself following a track already laid out by Professor Payne. As one of the few people to recognize the immense potential for “Esoteric Pure Land” studies, I am truly grateful that he joined my dissertation committee. Also at the Institute for Buddhist Studies, I would like to thank Professors Scott Mitchell, Kameyama Takahiko, and Courtney Bruntz.

Thanks to the Fulbright Program, I was able to spend the last year of my dissertation research in Kyoto, Japan. I especially appreciated the help of Matthew Sussman and Keiko Toyama at the Tokyo office. I also very much enjoyed meeting and hanging out with the Fulbright Chairman of the Board, Tom Healy.

Though primarily affiliated with Ōtani University, I also acquired research affiliations with Ryūkoku University and Kōyasan University. I am deeply indebted to the professors and graduate students at all three universities for their time and attention. At Ōtani University, I benefitted greatly from the guidance of Professors Robert Rhodes and Michael Conway, who helped me prepare the translation of Dōhan’s *Himitsu nenbutsu shō* that appears in this dissertation. I also enjoyed many conversations with Professors Inoue Takami and Michael Pye. Fortuitously, Professor James Dobbins of Oberlin University was conducting research at Ōtani the year I was there, and was very generous with his time and advice as I finished writing this dissertation. In the Ōtani Academic Services Office I would also like to thank Ishii Miho and

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At Kōyasan University I studied under Professors Nakamura Honnen, the director of The Institute of Esoteric Culture, and Thomas Eijō Dreitlein, who were not only giving of time and attention, but also helped me establish a strong connection with one of the most interesting places I have ever had the pleasure of visiting. I also benefitted from the encouragement and advice of Professors Fujita Kōtatsu, Kōyasan University president and head of Daien-in temple, Doi Natsuki, and Kitakawa Masahiro. I would also like to thank Eric Swanson for helping me make lasting contacts on Kōyasan.

At Ryūkoku University I would often drop by to chat with Professor Nasu Eishō, who helped me become acquainted with the many resources available at Ryūkoku. Uchimoto Kazune of the Ryūkoku University Research Center for Buddhist Cultures in Asia (BARC) was also extremely helpful. I would also like to thank Professor Galen Amstutz who not only helped me make initial inquiries into research affiliations at Ōtani and Ryūkoku, but also gave me a great deal of advice as I formulated my research topic.

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LIST OF ABBREVIATIONS

- BKD *Bussho kaisetsu daijiten* 佛書解説大辭典. Ed. Ono Gemmyō 小野 玄妙. Tokyo: Daitō Shuppansha, 1999.
- DDB *Digital Dictionary of Buddhism*. Ed. Muller, A. Charles. <<http://buddhism-dict.net/ddb>>. Edition of 12/31/2014.
- DNBZ *Dai Nihon Bukkyō zensho* 大日本佛教全書, 100 vols. Ed. Suzuki Gakujutsu Zaidan 鈴木學術財團. Tokyo: Kōdansha, 1970-73.
- DNK *Dai Nihon komonjo* 大日本古文書. Ed. Tōkyō Daigaku Shiryō Hensanjo 東京大學史料編纂所. Tokyo: Tōkyō Teikoku Daigaku, 1901.
- EBTEA *Esoteric Buddhism and the Tantras in East Asia*. Eds. Charles D. Orzech, Henrik H. Sørensen, Richard K. Payne. Leiden: Brill, 2011.
- GR *Gunsho ruijū* 群書類從, 19 vols. Ed. Hanawa Hokiichi 塙保己一. Tokyo: Keizai Zasshisha, 1898-1902.
- MBDJ *Mochizuki Bukkyō daijiten* 望月佛教大辭典, 10 vols. Ed. Mochizuki Shinkō, et al. Tokyo: Sekai Seiten Kankō Kyōkai 1974.
- KD *Kokushi daijiten* 國史大辭典, 17 vols. Ed. Kokushi Daijiten Henshū Iinkai 國史大辭典編集委員会. Tokyo: Yoshikawa Kōbunkan, 1986.
- KDCZ *Kōbō Daishi chosaku zenshū* 弘法大師著作全集, 3 vol. 1997. Ed. Katsuma Shunkyō 勝又俊教. Tokyo: Sankibō Busshorin, 1997.
- KDS *Kōgyō Daishi senjutsushū* 興教大師撰述集, 2 vols. Ed. Miyasaka Yūshō. Tokyo: Sankibo busshorin, 1977.
- KDZ *Kōbō Daishi zenshū* 弘法大師全集, 6 vols. Ed. Hase Hōshū 長谷寶秀. Ōsaka: Mikkyō Bunka Kenkyūjo, 1909-11 (Repr. 1966).
- KT *Kokushi Taikai* 國史大系, 60 vols. Ed. Kuroita Katsumi 黑板勝美. Tokyo: Yoshikawa Kōbunkan, 1929-1967.
- KS *Shinkō Kōya shunju hennen shūroku* 新校高野春秋編年輯録. Ed. Hinonishi Shinjō 日野西眞定. Tokyo: Micho Shuppan, 1982 (Revised and expanded 2nd ed., 1998). (Org. pub., DNBZ 131).
- MD *Mikkyō daijiten* 密教大辭典 (revised and expanded, small edition 縮刷版, 改訂増補). Ed. Mikkyō Jiten Hensankai 密教辭典編纂會. Kyoto: Hōzōkan, 1983.
- NDZ *Nihon daizōkyō* 日本大藏經, 51 vols. Ed. Matsumoto Bunzaburō 松本文三郎, Nakano Tetsue 中野達慧. Tokyo: Nihon Daizōkyō Hensankai, 1914-1921.
Nihon daizōkyō, 100 vols. Ed. Suzuki Gakujutsu Zaidan 鈴木學術財團. Tokyo: Suzuki Gakujutsu Zaidan, 1973-1978.

- NKBD (Nakamura) *Kōsetsu Bukkyō daijiten* 中村広説佛教語大辞典. Ed. Nakamura Hajime 中村元. Tokyo: Tokyō Shoseki, 2001 (Revised small edition, 2010).
- NKBT *Nihon koten bungaku taikai* 日本古典文學大系, 102 vols. Ed. Iwanami Shoten 岩波書店. Tokyo: Iwanami Shoten, 1968-1978.
- SAZ *Shingonshū anjin zensho* 眞言宗安心全書, 2 vols. Ed. Hase Hōshū 長谷寶秀. Kyoto: Rokudai Shinpōsha, 1913-1914.
- SEJ Satō Tetsuei 佐藤哲英. *Eizan jōdokyō no kenkyū* 叡山浄土教の研究, 2 vols. Kyoto: Hyakkaen, 1989.
- SZ *Shingonshū zensho* 眞言宗全書, 44 vols. Ed. Kōyasan Daigaku Mikkyō bunka kenkyūjo 高野山大学密教文化研究所. Wakayama: Kōyasan Daigaku, 1977.
- TKDZ *Teihon Kōbō Daishi zenshū* 定本弘法大師全集, 10 vols. Ed. Mikkyō Bunka Kenkyūjo. Wakayama-ken Kōyasan: Mikkyō Bunka Kenkyūjo, 1991-1997.
- NKBT *Nihon koten bungaku taikai* 日本古典文學大系, 102 vols. Ed. Iwanami Shoten. Tokyo: Iwanami Shoten, 1968-1978.
- T. *Taishō shinshū daizōkyō* 大正新修大藏經, 100 vols. Eds. Takakusu Junjirō 高楠順次郎, et al. Tokyo: Taishō Issaikyō Kankōkai, 1924-1935.
- ZJZ *Zoku Jōdoshū zenshō* 續浄土宗全書, 15 vols. Tokyo: Shusho Hozonkai, 1974.
- ZSZ *Zoku Shingonshū zensho* 續眞言宗全書, 42 vols. Ed. Zoku Shingonshū Zensho Kankōkai 續眞言宗全書刊行會, Nakagawa Zenkyō 中川善教. Wakayama: Zoku Shingonshū Zensho Kankōkai, 1975-1988.

CONVENTIONS

The Buddha is said to have encouraged his disciples to teach in the languages of their intended audience. As a result “Buddhist Studies” has been a multi-lingual discipline since long before its modern incarnation. For better or worse, the academic discipline we know today as Buddhist Studies has historically employed Sanskrit, or “Buddhist-Hybrid English,” as the *lingua franca* in the discipline. While this dissertation is focused on the Buddhist traditions of East Asia, however, in order to render it more accessible to scholars in other areas, the Sanskrit versions of names, schools of thought, and titles of texts are retained wherever possible. In addition, due to the length accrued through inclusion of Sanskrit, Chinese, Korean or Japanese equivalents for the titles of texts, deities, and persons, in principle, these have been moved to the footnotes. Equivalents of technical terms and place names have been left inline for ease of reading. For example:

Sukhāvātīvyūha-sūtra 無量壽經 (T. 360)¹

Sukhāvātī 極樂 (C. Jile, J. Gokuraku)

Upon first mention in a chapter of a technical term, text, or name, I have included the *Hanzi/Kanji* 漢字, which have been rendered in their traditional forms 繁體字 (C. *fantizi*, J. *hantaiji*), as this way of rendering characters is closer to those used in premodern East Asia.

¹ T. 360, C. *Wuliangshou jing*, J. *Muryōju kyō*.

Modern Japanese personal names and works published after the modern character standardization, however, retain they simplified form.

Finally, throughout this dissertation, a number of mantras, *dhāraṇī*, and spells will be examined. While I will provide the Chinese characters and Sanskrit pronunciation (or approximation), because these “technologies of the mystery of speech” were often left untranslated in the original context, and because their literal meaning is either irretrievable or irrelevant, I will leave them untranslated throughout.

ABSTRACT

MYSTERIES OF SPEECH AND BREATH:

DŌHAN’S 道範 (1179-1252) *HIMITSU NENBUTSU SHŌ* 祕密念佛抄 AND

ESOTERIC PURE LAND BUDDHISM

by

Aaron P. Proffitt

Through my analysis and translation of Dōhan’s (1179-1252) *Himitsu nenbutsu shō* (*Compendium on the Secret Contemplation of Buddha*), I have investigated the broader Japanese and East Asian Buddhist context for “Esoteric” (aka, Tantra, Vajrayāna, etc.) approaches to rebirth in the “Pure Land” paradise of the Buddha Amitābha, and opened up new avenues for academic inquiry into ritualized speech acts as technologies for negotiating the perceived gulf between enlightened Buddhas and ordinary beings, as well as Buddhist theories of religious diversity, death, and rebirth.

In Part I (Chapters I-III), I synthesize traditional and contemporary Chinese, Japanese, and English language scholarship on the history of Esoteric Buddhism and Pure Land Buddhism, and read across a diverse range of premodern Chinese and Japanese ritual and doctrinal texts in order to demonstrate that throughout East Asian Buddhist history, Pure Land Buddhism and Esoteric Buddhism functioned not simply as two discrete or exclusive “kinds” of Buddhism, but

rather as mutually informative dimensions of a diverse Mahāyāna ritual and devotional environment.

In Part II (Chapters IV-VI), I investigate Dōhan’s contemporary and local context, focusing in particular upon the Kōyasan mountain monastic complex where Dōhan became one of the most significant scholar-monks of the medieval Shingon tradition, and demonstrate that the *nenbutsu* (the ritual chanting of the name of the Buddha Amitābha, “*Namu Amida Butsu*”) was fundamental to the religious lives of the elite monastics and peripatetic ascetics that made up the heterogeneous groups on Kōyasan.

In Part III, I present my annotated translation of the first fascicle of Dōhan’s *Himitsu nenbutsu shō*. In the first fascicle of this text, Dōhan lays out his vision of the diversity of Pure Land practice, wherein exoteric “dualist” (this world and the Pure Land are separate) and esoteric “non-dualist” (this world and the Pure Land are one) conceptions of the nature of salvation are allowed to stand together in an exo/esoteric dialogic tension, without necessarily being resolved.

PART I
INTRODUCTION

How have Buddhists understood the apparent gulf between the ultimate reality of enlightened Buddhas and the provisional reality of ordinary beings? Endeavoring to understand the nature of these two seemingly irreconcilable realities, approaching the ultimate from the position of the provisional, Buddhists have developed a variety of strategies for engaging the relationship between Buddhas and other beings. In particular, the perennial issue of the relationship between Buddhist practice and the attainment of awakening has driven much of Buddhist debate. Is awakening something that happens through individual effort, is it a willed act, or is it something that arises naturally, an unwilled act? Buddhism as a whole (if we can imagine such a thing) has maintained an open canon, and therefore, religious diversity (ritual, doctrinal, etc.) has increased over time, and so, along with efforts to understand and achieve awakening, Buddhist systems have continually established new ways of dealing with the proliferation of “Buddhisms.”

As European and American scholars began to study Buddhism, they too found intractable the diversity of the Buddhist tradition. Establishing a variety of categories, taxonomies, and phylogenies, these scholars organized and defined the Buddhist world.² It is not the argument of

² Regarding the history of the early Western study of Buddhism see: Donald S. Lopez, Jr., *Curators of the Buddha: The Study of Buddhism under Colonialism* (Chicago: University of Chicago Press, 1995); “Burnouf and the Birth of Buddhist Studies,” *The Eastern Buddhist* 43.1 (2012): 25-34; *From Stone to Flesh: A Short History of the Buddha* (Chicago: The University of Chicago Press, 2013); Tomoko Masuzawa, *The Invention of World Religions, or, How*

this dissertation that categorization, as such, is a pointless endeavor, nor will it be argued that early scholars of Buddhism simply got it all wrong (though they often did), but rather, I will argue that many of the categories scholars have used in the field, the “kinds” of Buddhism around which scholars orient their study, are in need of serious redefinition and reevaluation. Furthermore, by looking to the strategies Buddhists have used to engage the diversity of the Buddhist tradition itself, contemporary scholars (Buddhist or otherwise) might develop a more dynamic approach to traditions and practices that, upon initial inspection, do not seem to fit the standard models of analysis.

In order to accomplish this aim, I will bring to light the life and work of Dōhan 道範 (1179-1252),³ an early medieval Mount Kōya 高野山 (hereafter Kōyasan) scholar-monk, contextualize his thought and ritual activities in the broader medieval Japanese and East Asian contexts, and present my translation of the first fascicle of his *Himitsu nenbutsu shō* 秘密念佛抄 (*Compendium on the Secret Contemplation of Buddha*, hereafter “*Compendium*”). In this text, Dōhan presents his vision of the *shingon gyōnin* 眞言行人, the practitioner of mantra, and engages in a synthetic dialogue with the diverse range of beliefs and practices concerning the

European Universalism was Preserved in the Language of Pluralism (Chicago: University of Chicago Press, 2005); Eugene Burnouf, *Introduction to the History of Indian Buddhism*, trans. Katia Buffetrille and Donald S. Lopez Jr. (Chicago: University of Chicago Press, 2010).

³ MD, 549a, MBD, 4612b. Regarding Dōhan’s biography, see: Nakamura Honnen’s 中村本然 discussion of Dōhan’s life and death dates, “*Dōhan no seibotsunen nitsuite* 道範の生没年について,” on the blog for the Kōyasan daigaku Mikkyō bunka kenkyūjo 高野山大学密教文化研究所, from December 15th, 2011, accessed, May 17th, 2012, <http://www.koyasan-u.ac.jp/mikkyobunka/blog/diary.cgi?field=9>; Satō Mona 佐藤 もな, “*Dōhan ni kansuru kisoteki kenkyū denki shiryō wo chūshin toshite* 道範に関する基礎的研究 伝記史料を中心として,” *Bukkyō bunka kenkyū ronshū* 仏教文化研究論集 7 (2003): 85-95 (L); Yamaguchi Shikyo 山口史恭, “*Dōhan cho Himitsu nenbutsu shō no hihan taishō nitsuite* 道範著『秘密念仏抄』の批判対象について,” *Buzankyōgaku taikaikiyō* 豊山教学大会紀要 30 (2002): 81-122, especially 81-82, and footnote 1, 115-116; and Matsuzaki Keisui 松崎恵水, *Heian mikkyō no kenkyū: Kōgyō Daishi Kakuban wo chūshin toshite* 平安密教の研究：興教大師覚鑠を中心として (Tokyo: Yoshikawa Kōbunkan 吉川弘文館, 2002), 739-752, 785-790. See also Chapter IV of this dissertation.

Buddha Amitābha 阿彌陀如來,⁴ the practice of the *nenbutsu* 念佛,⁵ and the nature of rebirth in the “Pure Land” paradise, Sukhāvātī 極樂淨土 (C. *jile jingtu*, J. *gokuraku jōdo*).

Through investigating the diverse range of sources employed in Dōhan’s *Compendium I* argue that the secret *nenbutsu* 秘密念佛 (C. *mimi nianfo*, J. *himitsu nenbutsu*) is not simply an example of “syncretism” between “Esoteric Buddhism” 密教 (C. *mijiao* J. *mikkyō*; aka, Vajrayāna, Tantra, etc.) and “Pure Land Buddhism” 淨土教 (C. *jingtujiao*, J. *jōdokyō*), often regarded as two mutually exclusive “kinds” of Buddhism, but in fact is built upon precedent that stretches throughout the history of East Asian Buddhism. Moreover, I demonstrate that Dōhan’s “Esoteric” approach to the *nenbutsu* is not simply an orthodox Shingon School 眞言宗 (C. Zhenyan-zong, J. Shingon-shū) stance on Pure Land, because the concept of “orthodoxy”—and perhaps the Shingon School itself—had, in the sense of a homogenous institutional identity, yet to be established.⁶ Furthermore, Dōhan uses the *nenbutsu* to encompass a wide range of Buddhist practices and concepts, thus demonstrating a “dialogic”⁷ engagement with esoteric 密教 (J.

⁴ The names Amida Nyorai 阿彌陀如來 (C. Amituo Rulai) and other names including Amitāyus Tathāgata 無量壽如來 (C. Muryōju Nyorai, J. Muryōju Nyorai) and Amitābha Tathāgata 無量光如來 (C. Wulianguang Rulai, J. Muryōkō Nyorai) are used interchangeably in East Asia, and are commonly referred to in English scholarship as simply Amitābha. For a critical look at the names for this Buddha, see: Jan Nattier, “The Names Amitābha/Amitāyus in Early Chinese Buddhist Translations,” *Sokadaigaku Kokusai bukkyōgaku kōdō kenkyūjo nenpō* 創価大学国際仏教学高等研究所年報 10 (2006): 359-394.

⁵ The Japanese term *nenbutsu* is often used to refer to the ritual chanting of the name of the Buddha Amitābha: “*Namu Amida Butsu* 南無阿彌陀仏.” *Nenbutsu* (C. *nianfo*, K. *yeombul*) is a translation of the Sanskrit term *buddhānusr̥ti*, which means “buddha mindfulness” or contemplation. For more on *buddhānusr̥ti*, see: Paul Harrison. “*Buddhānusr̥ti* in the Pratyutpanna-buddha-saṃmukhāvastita-saṃādhi-sūtra.” *Journal of Indian Philosophy* 6 (1978): 35-57.

⁶ Before the 14th century, the “Shingon School” had yet to solidify into a distinct doctrinal or institutional entity. Rather, the “Shingon” tradition was largely expressed within the curricula of major temples in Nara (Tōdaiji, Kōfukuji, etc.) and Kyoto (Enryakuji, Tōji, etc.). For more on this issue see: Ryūichi Abe, *Weaving of Mantra, Kūkai and the Construction of Esoteric Buddhist Discourse* (New York: Columbia University Press, 1999), 375-376. For more information on the consolidation of the Shingon tradition around Mt. Kōya, the teachings of Kūkai, and Kūkai as an object of worship, see: Ryūichi Abe, “From Kūkai to Kakuban: A Study of Shingon Dharma Transmission,” diss. Columbia University, 1991.

⁷ In contrast to a “dialectic” strategy, wherein the contradiction between thesis and antithesis are ultimately resolved, medieval Japanese Buddhists employed the distinction between *ken* and *mitsu* to produce what we might imagine as a “dialogic” tension, wherein multiple conceptions of Buddhist truth claims are allowed to stand in ongoing debate,

mikkyō) and exoteric 顯教 (J. *kengyō*) perspectives on Buddhist practice and attainment common across early-medieval Japanese religious traditions. In other words, Dōhan’s “Esoteric Pure Land” 密教淨土教 (J. *mikkyō jōdokyō*) perspective on the *nenbutsu* may be better understood as an “exo/esoteric,” or *kenmitsu nenbutsu* 顯密念佛.⁸

The “secret *nenbutsu*” to which the title alludes is argued by Dōhan to be not only the ritual recitation of the name of Amitābha, but to be none other than the very in- and out-breath of sentient beings, the breath of life 命息 (J. *myōsoku*), or “vital breath,” that not only serves as the life-force of the universe, but also ultimately leads all beings to awakening.⁹ According to Dōhan, the *nenbutsu* (commonly divided between contemplation of the Buddha’s aspects and the chanting of the Buddha’s name) encompasses, or, perhaps, undergirds, all Buddhist practice, whether shallow or deep, superficial or profound. Therefore, even the simple act of chanting the name, associated with the initial aspiration for awakening, is itself the attainment of Buddhahood. While it may appear to the modern reader that this kind of inversion constitutes a contradiction—the deep revealing the shallow to be, in fact, deep—in Dōhan’s medieval context,¹⁰ this mode of thought was rather pervasive.

inner and outer, provisional and ultimate may shift position, suspending simple resolution. Regarding the concept of the “dialogic,” see: M. M. Bakhtin, *The Dialogic Imagination: Four Essays by M. M. Bakhtin*, ed. Michael Holquist, trans. Caryl Emerson and Michael Holquist (Austin: University of Texas, 1981).

⁸ The concept of “Esoteric Pure Land,” and the place of *nenbutsu* practice in Japanese Esoteric Buddhist culture is explored in: Tomabechi Seiichi 苦米地誠一, *Heianki shingonmikkyō no kenkyū: Heianki no shingonmikkyō to mikkyōjōdokyō* 平安期真言密教の研究: 平安期の真言教学と密教淨土教, vol. 2. Tokyo: Nonburu sha, 2008. See also Kuroda’s discussion of Pure Land in the *kenmitsu* “exo-esoteric” culture of early-medieval Japan: Kuroda Toshio 黒田俊雄, *Nihon chūsei no kokka to shūkyō* 日本中世の国家と宗教 (Tokyo: Iwanami Shōten, 1975 [repr. 2007]), 436-441, 482, see also, 280-299. Regarding the term *kenmitsu nenbutsu*, see the colophon to the SAZ edition of the *Compendium*: SAZ 266.

⁹ On the concept of “vital breath,” see: Kameyama Takahiko 亀山隆彦, “Chūsei Shingonshū ni okeru myōsoku shisō no tenkai—Shūkotsushō wo chūshin ni 中世真言宗における命息思想の展開—『宗骨抄』を中心に,” *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 59 (2011): 651-654; and James Sanford, “Breath of Life: The Esoteric Nembutsu,” in *Tantric Buddhism in East Asia*, ed. Richard Payne (Boston: Wisdom Publications, 2006), 161-190.

¹⁰ Jacqueline Stone, *Original Enlightenment and the Transformation of Medieval Japanese Buddhism* (Honolulu: University of Hawaii Press, 1999), 153-167, discusses the hermeneutical strategies employed by medieval Tendai

Dōhan's *Compendium* pursues dialogue across a catholic range of Buddhist doctrinal and ritual texts to argue that one of the most common forms of lay and monastic devotional practice, the chanting of the name of the Buddha Amitābha, reveals the highest attainment. According to Dōhan, the body, speech, and mind of ordinary sentient beings is unified with the body, speech, and mind of Buddha(s). Therefore, because the reality of the physical body is itself contiguous with ultimate reality, the body serves as the site for awakening. The initial aspiration for the attainment of Buddhahood and the inherent “always-already” present attainment of that goal, the defiled realm beings inhabit and the blissful realm of the Buddhas, “this-world” and the “next-world,” are fundamentally non-dual and interpenetrating, and yet they are recognized to abide in a creative tension with one another. Therefore, even the simple act of reciting the name of the Buddha possesses within it the highest truth. This is Dōhan's secret (or “esoteric”) reading of the *nenbutsu*.

Dōhan's “secret *nenbutsu*” and “Esoteric” approaches to the Pure Land more broadly, have generally been studied from two basic perspectives. First, scholars favoring the “syncretism” model, such as Kushida Ryōkō 櫛田良洪¹¹ and James Sanford,¹² and most other scholars writing on the topic, tend to see “Esoteric” approaches to the Pure Land as an example of “syncretism” between two separate and coherent entities called “The Pure Land School” and “The Esoteric School.” This perspective basically regards Esoteric Buddhism and Pure Land Buddhism as mutually exclusive “schools” or “kinds” of Buddhism, with set doctrines and practices that people like Dōhan “syncretized.” Drawing upon Robert Sharf's critical evaluation of the

scholars, including conflation, association, and inspired mystical readings of texts. As she notes, however, this way of reading was not limited to “Tendai” as such, but was rather pervasive throughout the early-medieval scholastic environment.

¹¹ Kushida Ryōkō 櫛田良洪, “Himitsu nenbutsu shisō no bōkkō 秘密念仏思想の勃興,” *Taishō daigaku kenkyū kiyō tsūgō* 大正大学研究紀要 通号 48 (1963): 43-80, which is an earlier draft of *Shingon mikkyō seiritsu katei no kenkyū* 真言密教成立過程の研究 (Tokyo: Sankibō Busshorin 山喜房佛書林, 1965), 181-232

¹² Sanford, “Breath of Life.”

modernist construction of Shingon “exo/esoteric” discourse, the purported “syncretism” of Chan and Pure Land, and the problems that arise from misapplication of anachronistic heuristics to complex premodern phenomena,¹³ I demonstrate that whatever else the East Asian “Esoteric” tradition may entail, it always-already included elements and practices now commonly associated with “Pure Land.”

Second, scholars favoring the “orthodox Shingon perspective” model, such as H. van der Veere,¹⁴ Satō Mona 佐藤もな,¹⁵ and others, tend to portray the secret *nenbutsu* as arising from orthodox “Shingon School” perspectives on the *nenbutsu*, perhaps arising from a reaction to (or against) the emergence of the so-called Pure Land movement. This perspective moves beyond the syncretic model by recognizing that throughout the history of the East Asian “Esoteric” corpus, Pure Land-oriented spells and mantras proliferated. Moreover, within the Japanese Shingon tradition, Pure Land oriented practices were not uncommon. However, this second perspective, while recognizing the diversity of approaches to the Pure Land, overestimates the institutional and doctrinal independence of the premodern Shingon tradition. Premodern Japanese religion was not in fact broken up into discrete schools, and the “Shingon School,” in particular, appears to have been particularly fluid. All major temples trained monks in a wide range of Buddhist practice and doctrine, and the Kōyasan environment where Dōhan trained was perhaps even more fluid, with peripatetic ascetics, monastics and non-monastics, from institutions based in Nara 奈良, Kamakura 鎌倉, Heian-kyō 平安京 (present day Kyoto 京都),

¹³ Robert Sharf, *Coming to Terms with Chinese Buddhism: A Reading of the Treasure Store Treatise* (Honolulu: University of Hawai'i Press, 2002a); “On Esoteric Buddhism in China,” Appendix to *Coming to Terms with Chinese Buddhism*, 263–78; “On Pure Land Buddhism and Ch’an/Pure Land Syncretism in Medieval China.” *T’oung Pao* 33.4/5 (2002c): 282-331.

¹⁴ Hendrik van der Veere, *A Study into the Thought of Kōgyo Daishi Kakuban* (Leiden: Hotei Publishing, 2000).

¹⁵ Satō Mona 佐藤もな, “Chūsei Shingonshū niokeru jōdo shisō kaishaku: Dōhan Himitsu *nenbutsu* shō wo megutte 中世真言宗における浄土思想解釈道範『秘密念仏抄』をめぐる。” *Indo tetsugaku Bukkyōgaku kenkyū* インド哲学仏教学研究 9 (2002a): 80-92.

and Mount Hiei 比叡山 (hereafter, Hieizan). In other words, further inquiry into the contours of the “Shingon School” and its relationship to so-called “Esoteric Buddhism” is required.

The position proposed by this dissertation is indebted to and builds upon the many important insights of the above mentioned scholars, as well as Nakamura Honnen 中村本然,¹⁶ the leading scholars of Dōhan’s thought, as well as Tomabechi Seiichi 苔米地誠一, Abe Ryūichi 阿部龍一,¹⁷ Richard K. Payne,¹⁸ George Tanabe,¹⁹ Jacqueline Stone,²⁰ and others who have laid the foundation upon which I am able to pursue the study of “Esoteric Pure Land” Buddhism. In this dissertation, I will demonstrate that in premodern East Asia, and perhaps even today as well, “Pure Land Buddhism” and “Esoteric Buddhism” function as mutually informative spheres of Buddhist activity, and not as two discrete kinds of Buddhism that may be “syncretized.” Certainly, so-called “Esoteric” approaches to Pure Land rebirth have been understudied *not* because of their purported secrecy, but rather, because “Esoteric Pure Land” dimensions of Mahāyāna Buddhist culture have gone largely unnoticed because Buddhist and Japanese Studies continues to rely upon contemporary nationalist and sectarian frameworks for the evaluation of premodern traditions.

¹⁶ Nakamura Honnen 中村本然, “Dōhan no Jōdo kan 道範の浄土観,” *Kōyasan daigaku ronsō* 高野山大学論叢 29 (1994): 149-202.

¹⁷ Abe Ryūichi 阿部龍一, “Gorinkujimyō himitusyaku 五輪九字明秘密釈,” in *Nihon no Bukkyō: tēma Nihon Bukkyō no bunken gaido* 日本の仏教: テーマ 日本仏教の文献ガイド, ed. Nihon Bukkyō kenkyūkai 日本仏教研究会 (Kyōto: Hōzōkan, 2001), 80-83; “Mikkyō girei to kenmitsu bukkyō: Myōe Kōben no nyūmetsu girei wo megutte 密教儀礼と顕密仏教: 明恵房高弁の入滅儀礼をめぐって,” in *Chūsei Bukkyō no tenkai to sono kiban* 中世仏教の展開とその基盤, ed. Imai Masaharu 今井雅晴 (Tokyo: Daizō Shuppan, 2002), 38-57.

¹⁸ Richard K. Payne, “The Cult of Arya Aparāmitayus: Proto-Pure Land Buddhism in the Context of Indian Mahayana,” *The Pure Land, Journal of Pure Land Buddhism*, 13-14 (1997b): 19-36; “The Shingon Subordinating Fire Offering for Amitābha: ‘Amida Kei Ai Goma,’” *Pacific World: Journal of the Institute of Buddhist Studies*, third series, no. 8 (2006c): 191-236; “Aparāmitāyus: ‘Tantra’ and ‘Pure Land’ in Late Medieval Indian Buddhism?,” *Pacific World: Journal of the Institute of Buddhist Studies*, third series, no.9 (2007): 273-308.

¹⁹ George Tanabe, “Kōyasan in the Countryside: The Rise of Shingon in the Kamakura Period,” in *Revisioning “Kamakura” Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 43-54.

²⁰ Jacqueline Stone, “The Secret Art of Dying, Esoteric Deathbed Practices in Heian Japan,” in *The Buddhist Dead: Practices, Discourses, Representations*, ed. Bryan J. Cuevas and Jacqueline I. Stone (Honolulu: University of Hawaii Press, 2007a), 134-174; *Original Enlightenment*, 134, 191-199.

Pure Land Buddhism, it has been assumed, is primarily oriented toward post-mortem rebirth in the Pure Land paradise of a Buddha, whereas Esoteric Buddhism, we are told, is fundamentally concerned with the attainment of Buddhahood in this very body 即身成佛 (J. *sokushin jōbutsu*). Because scholars have relied on such narrow definitions, assuming that Esoteric Buddhism and Pure Land Buddhism must “logically” be mutually exclusive non-overlapping spheres of activity, the areas where they do “overlap” have been practically invisible (or are in many cases simply explained away...), and have thus generated very little interest.

Many of the ideas and practices that scholars have typically labeled as characteristic of “Pure Land Buddhism” should be recognized as pan-Mahāyāna soteriological orientations and cosmological presuppositions. As Schopen has argued, since at least the first century CE, Sukhāvātī, a paradise now associated with the Buddha Amitābha, has functioned as a generic post-mortem Buddhist paradise, sought after regardless of sectarian or doctrinal affiliation. In fact, there is evidence to suggest that devotion to Amitābha Buddha and aspiration for rebirth in Sukhāvātī pre-date the emergence of “Mahāyāna” as a distinctive “kind” of Buddhism.²¹

The term “Pure Land Buddhism” is quite difficult to define. Both intentionally and unintentionally, most scholarship concerned with Pure Lands tend to employ the lives and legacies of the medieval Japanese monks Hōnen 法然 (1133-1212) or Shinran 親鸞 (1173-1263), the respective founders of the Jōdoshū 淨土宗 and Jōdo Shinshū 淨土眞宗 traditions, as a point of reference, or *telos*: points upon which all things converge, in their evaluation of “buddha-fields” (S. *buddha-kṣetra*) in Buddhist literature, translated into East Asia as “Pure Lands” 淨土 (C. *jingtu*, J. *jōdo*). For the purposes of this dissertation, in order to better understand the place of

²¹ Gregory Schopen, “Sukhāvātī as a Generalized Religious Goal in Sanskrit *Mahāyāna Sūtra* Literature,” in *Figments and Fragments of Mahāyāna Buddhism in India, More Collected Papers* (Honolulu: University of Hawaii Press, 2005), 154-189.

Pure Land in the “Esoteric” corpus of East Asia, I have largely bracketed Hōnen, Shinran, and the Japanese Pure Land Schools, from the conversation (until Chapters V and VI). Instead, the term Pure Land here refers to a basic cosmological assumption and ubiquitous soteriological orientation (post-mortem or otherwise) across the greater sphere of “Mahā/Vajrayāna” traditions.

Esoteric Buddhism, and cognate terms Vajrayāna and Tantra, are notoriously difficult to define, in part, because modern scholars of the Buddhist tradition and “Esoteric” Buddhist theorists themselves are not univocal as to what exactly the term ought to refer. This vexing heuristic problem will be explored in detail in Part I, Chapters I-III, of this dissertation. Here I employ the term “Esoteric Buddhism” not to refer to a Japanese or East Asian version of a trans-historical Buddhist “Tantrism,” nor to denote a particular “kind” of Buddhism distinct from the broader Mahāyāna network of texts and practices (a connotation mistakenly attributed to “Vajrayāna” discourse). Rather, I use the term “Esoteric Buddhism” as a broad heuristic tool, an artificial construct, or “second order term,”²² to be used to investigate the overlap between:

- 1) the pervasive tendency within Buddhist literature to divide the whole of the Buddhist tradition into provisional and ultimate teachings, or exoteric and esoteric 顯密 (C. *xian/mi*, J. *ken/mitsu*) levels of revelation²³
- 2) “spell craft” 呪術 (C. *zhoushu*, J. *jujutsu*), broadly conceived, including verbal or talismanic evocation of mantra 真言 (C. *zhenyan*, J. *shingon*), *dhāraṇī* 陀羅尼 (C. *tuoluoni*, J. *darani*), and spells 呪 (C. *zhou*, J. *ju*) (which, in context, are often

²² Jonathan Z. Smith, *Relating Religion: Essays in the Study of Religion* (Chicago: University of Chicago Press, 2004), 193-194.

²³ This mode of hierarchical division and/or integration may be found among many traditions and systems: Mahāyāna/Hīnayāna 大乘/小乘 (C. *dasheng/xiaosheng*, J. *daijō/shōjō*), sudden/gradual 頓漸 (C. *dunjian*, J. *tonzen*), initial-enlightenment/original enlightenment 始覺/本覺 (C. *shijue/benjue*, J. *shigaku/hongaku*), self-power/other-power 自力/他力 (C. *zili/tali*, J. *jiriki/tariki*), easy/difficult 易/難 (C. *nan/yi*, J. *nan/i*), *pāramitā-yāna/vajrayāna* 波羅蜜乘/金剛乘 (C. *boluomi sheng/jin'gang sheng*, J. *haramitsujō/kongōjō*), and so on.

undifferentiated), employed for this-worldly and other-worldly apotropaic and soteriological outcomes

- 3) discourse and material culture associated with the ritual genre known as *tantra* (*vidhya*, *kalpa*, and so on)

As will be explored below, many of the practices often subsumed under the label “Esoteric Buddhism,” when read in contexts, can be more accurately understood simply as Mahāyāna ritual theory—the concrete ritual enactment (and immediate attainment) of the grand Mahāyāna cosmic vision of reality.²⁴

So-called Tantric/Esoteric/Vajrayāna Buddhism has often been studied as if “it” originated and functioned apart from the broader range of Mahāyāna traditions. Furthermore, the study of Esoteric Buddhism in East Asia has often been oriented around the life and thought of Kūkai 空海 (774-835), who is regarded as the founder of the Shingon School, and/or the transmitter of Esoteric/Tantric/Vajrayāna Buddhism to Japan. Dōhan was a major medieval scholar of the ritual and doctrinal works of Kūkai, as well as the works of Kakuban 覺鑊 (1095-1143), who is often looked upon as a revitalizer of Kūkai’s teachings and a second founder in the Shingon tradition. However, Kūkai, the 9th century monk; Kūkai, the object of devotion around which Kakuban or Dōhan oriented his scholastic and ritual identities; and Kūkai, the center of gravity within the contemporary Shingon School, are not necessarily the same entity. Therefore, while investigation into the legacy of Kūkai’s vision of “Esoteric Buddhism” will be central to this dissertation, I will employ a contextual reading across a diverse range of so-called “Esoteric” traditions in East Asia, evaluating the various criteria used by Anglophone, Chinese, and

²⁴ Here I am building upon observations made by Sharf (see above) and Richard D. McBride, II, “Is There Really ‘Esoteric’ Buddhism?” *Journal of the International Association of Buddhist Studies* 27 (2004): 329–56; “Dhāraṇī and Spells in Medieval Sinitic Buddhism,” *Journal of the International Association of Buddhist Studies* 28 (2005): 85–114; “The Mysteries of Body, Speech, and Mind: The Three Esoterica (sanmi) in Medieval Sinitic Buddhism,” *Journal of the International Association of Buddhist Studies* 29 (2006): 305–55.

Japanese scholars in their construction of “Esoteric Buddhism” as an object of academic inquiry, so as to better understand Dōhan’s contribution without anachronistically projecting onto his work a homogenized founder-centric vision of medieval Japanese religion.

Therefore, in order to establish a framework within which to evaluate Dōhan’s “Esoteric” approach to the Pure Land, it will be instructive to draw upon recent scholarship on Indian and Tibetan Buddhism which has suggested a “Mahā/Vajrayāna” perspective, wherein, “Mahāyāna” (sūtra literature) and “Vajrayāna” (ritual praxis and discourse derived from tantras) may be understood as part of a broader cultural dialogue.²⁵ Similarly, in the Sino-Japanese sphere, “Esoteric” systems—ranging from early mantra, *dhāraṇī*, and spell texts, to the comprehensive *tantric* ritual systems—functioned within a broader Mahāyāna cultural and polemical framework wherein specialists in different doctrinal and textual lineages argued for the superiority of their own “Esoteric” interpretation over the superficial, literalist, or “exoteric” perspectives of their opponents. In other words, Esoteric Buddhism functioned not as a “kind” of Buddhism apart from Mahāyāna Buddhism, nor as a “kind” of Mahāyāna Buddhism, but as a discourse internal to, and in some sense, fundamental to, Mahāyāna Buddhism more broadly, articulated through different ritual lineages and traditions. I will argue that with this basic framework in mind, scholars will be better able to understand how Dōhan’s approach to Pure Land works both in the broader historical context of East Asia, as well as the specific particular context of medieval Japan.

²⁵ Christian Wedemeyer, *Making Sense of Tantric Buddhism: History, Semiology, and Transgression in the Indian Traditions* (New York: Columbia University Press, 2012), 200-206.

Sectarianism and the History of Japanese Buddhism

Before the early 17th century, Japanese Buddhist monks often specialized in multiple areas of study simultaneously. This was referred to as *shoshū kengaku* 諸宗兼學, and included the study of Madhyamaka 三論 (C. Sanlun, J. Sanron), Yogācāra 法相 (C. Faxiang, J. Hossō), Vinaya 律 (C. Lü, J. Ritsu), the ritual chanting of *dhāraṇī* and mantra, the study of “Esoteric” rituals, as well as mastery of the commentarial literature associated with particular texts, such as the *Saddharma-puṇḍarīka-sūtra* 妙法蓮華經 (T. 262),²⁶ *Avatamsaka-sūtra* 華嚴經 (T. 278, 279),²⁷ *Mahāvairocana-sūtra* 大日經 (T. 848),²⁸ *Sukhāvativyūha-sūtra* 佛說無量壽經 (T. 360), and so on.

This catholic engagement with Buddhist diversity developed in a highly competitive environment, as lineages associated with major temple complexes endeavored to procure patronage and economic influence. Mastery of multiple areas of study, thus, was essential “spiritually,” economically, and politically. However, after the early 17th century, with the establishment of the Tokugawa shogunate and the beginning of the Edo period 江戶時代 (1603-1868), all Buddhist temples were required to affiliate with a particular “head temple” 本山 (J. *honzan*) and sectarian institution 宗派 (J. *shūha*), and to refrain from debating with one another. These head temples were responsible for establishing (and in some sense, creating for the first time) orthodoxies, and for codifying transmission lineages. The training of monks came to focus on the teachings of founders and representatives of these newly established orthodox positions. As a result, the institutions that became Shingon temples, for example, promoted the study of

²⁶ T. 262, C. *Miaofa lianhua jing*, J. *Myōhō renga kyō*.

²⁷ T. 278, 279, C. *Huayan jing*, J. *Kegon kyō*.

²⁸ T. 848, C. *Darijing*, J. *Dainichikyō*; full title: *Mahāvairocanābhisaṃbodhi-sūtra* 大毘盧遮那成佛神變加持經 (C. *Dapiluzhena chengfo shenbian jiachi jing*, J. *Daibirushana jōbutsu jinben kaji kyō*).

Kūkai, and those that became Pure Land temples promoted the study of Shinran or Hōnen. The resultant emergence of sectarian studies 宗學 (J. *shūgaku*), the exclusive study of a single body of doctrinal literature, led to the early-modern compartmentalization of Buddhist knowledge. In the late-19th and early-20th centuries with the establishment of Western style universities, traditional Buddhist seminaries developed academic fields based in part on the Tokugawa sectarian institutional model. Our current tendency to study Buddhism as if it were composed of several discrete “schools” emerged from complex machinations originating in both Japanese and Western academic environments.²⁹

As a result, the founder/sect-centric view of Japanese Buddhist history continues to dominate both the establishment of academic fields of inquiry and the public image of all schools of Japanese Buddhism, including the Shingon and Tendai 天台 schools, founded by Kūkai and Saichō 最澄 (767-822), respectively. Blockbuster fine art exhibitions staged at national museums since the turn of the millennium alone have featured Nichiren 日蓮 (1212-1282) (Tokyo National Museum, 2003; Kyoto National Museum, 2009), Kūkai (Tokyo National Museum, 2004, 2011), Saichō (Kyoto National Museum, 2005; Tokyo National Museum, 2006), and Hōnen (Kyoto National Museum, 2011; combined with a separate exhibition focusing on Shinran, also travelled to the Tokyo National Museum [2011]).³⁰ Needless to say, such founder-centered histories tend to portray certain elements to enrich their core narratives, and to ignore elements that do not. In recent years, scholars have significantly destabilized this hegemonic

²⁹ Jimmy Yu, “Revisiting the Notion of Zong: Contextualizing the Dharma Drum Lineage of Modern Chan Buddhism,” *Chung-Hwa Buddhist Journal* 26 (2013): 113-151; Carl Bielefeldt, “Filling the Zen-shū: Notes on the ‘Jisshū yōdō ki,’” *Cahiers d’Extrême-Asie* 7 (1993-4): 221-48; William Bodiford, “When Secrecy Ends: The Tokugawa Reformation of Tendai Buddhism and Its Implications,” in *The Culture of Secrecy in Japanese Religion*. Ed. Bernhard Scheid and Mark Teeuwen (London: Routledge, 2006), 309-30; Duncan Williams, *The Other Side of Zen: A Social History of Sōtō Zen Buddhism in Tokugawa Japan* (Princeton: Princeton University Press, 2005); Ryūichi Abe, *Weaving of Mantra: Kūkai and the Construction of Esoteric Buddhist Discourse* (New York: Columbia University Press, 1999), 399-415.

³⁰ I would like to thank Professor Auerback for his help in locating the above mentioned references.

master narrative. However, the specter of the sectarian taxonomy hovers even over academic articles published recently, and remains embedded in the very grammar of the field. The persistence of this narrative can be seen in the lengths to which some scholars go towards critiquing sectarian categories, while nevertheless relying on these categories to formulate their research agendas and interests. In other words, this hegemonic discourse is versatile enough to absorb its own critique. Even as a new post-sectarian master-narrative has emerged as a perfunctory requirement in the introductions of dissertations and monographs published over the last two to three decades, the field nonetheless adheres to a framework based in the categorization of discrete “kinds” of Buddhism.

Dōhan is known as an important systematizer of the thought and practice of Kūkai and Kakuban. As a scholar of the two major “founders” of the Shingon tradition, Dōhan has commonly been engaged simply from the perspective of contemporary sectarian founder studies. While I hope to destabilize this way of presenting Dōhan, and while “sectarian” perspectives and narratives might lead to an over reliance on fixed categories, scholars should not dismiss out of hand the contributions made to the field by scholars affiliated with the “theological” wings of Japanese and other Buddhist universities and institutions. It has become fashionable to criticize sectarianism in contemporary studies of Japanese Buddhism, and to disregard its depth of engagement with a single textual tradition in favor of a generalized knowledge across many different fields. While the sectarian framework of Buddhist studies is one the primary objects of critique in this dissertation, it should be noted that without the careful study of the major texts of the various traditional areas of study currently being carried out at the major sectarian universities, scholars seeking to imagine new areas of study (Esoteric Pure Land, for example) would be at a great disadvantage. It is therefore with great humility that I endeavor to establish a

“post-sectarian” framework for the study of Buddhism, not as a “criticism” of *shūha* scholars, as such, but as an orientation towards a deep engagement with established areas of study that seeks to move beyond traditional regimes of knowledge.

Mysteries of Speech and Breath: Dissertation Chapter Summary

Part I (Chapters I-III)

Chapter I: “Esoteric Pure Land” Buddhism, an Heuristic Approach

In this section I will present a brief summary of the chapters that comprise this dissertation. In Chapter I, I propose a critical heuristic approach to the study of Mahāyāna Buddhism, turning the critical lens upon both the history of scholarship on Buddhism and the discourses internal to the Buddhist tradition. In particular, in this chapter my aim is to reconsider key constructs within the field, such as sectarian, national, or school affiliations, which continue to shape the contours of academic discourse on Buddhism.³¹ In order to achieve this goal, I inquire into both the history behind this division of labor, and establish the potential for considering “Esoteric Pure” as a useful heuristic device for allowing Dōhan’s “long silenced voice into the conversation.”³² I do not proposed here that “Esoteric Pure Land” is a *kind of* Buddhism that has been unexamined, but rather, that Esoteric Pure Land is a useful academic distinction for examining features of the Mahayana world that have until now remained unexamined. Drawing upon Georgios Halkias,³³ Richard K. Payne,³⁴ and J.Z. Smith,³⁵ the

³¹ Richard K. Payne and Kenneth K. Tanaka, “Introduction,” in *Approaching the Land of Bliss: Religious Praxis in the Cult of Amitābha*, ed. Richard K. Payne and Kenneth K. Tanaka (Honolulu: University of Hawaii Press, 2003), 1-3.

³² Jan Nattier, *A Few Good Men: The Bodhisattva Path According to the Inquiry of Ugra (Ugraparipṛcchā)* (Honolulu: University of Hawaii Press, 2003), 9.

³³ Georgios Halkias, *Luminous Bliss: A Religious History of Pure Land Literature in Tibet: With an Annotated English Translation and Critical Analysis of the Orgyan-glin Gold Manuscript of the Short Sukhāvātīvyūha-sūtra* (Honolulu: University of Hawaii Press, 2013), xxviii.

overall intent of this chapter is to consider the nature of “second order” terms in the study of Buddhism that seem to take on a life of their own, and re-embed them in their historical and polemical contexts.

In Chapter I, Part I, I examine the early Western conceptualization of the three phases of Buddhist history (as Early, Mahayana, and “Tantric”) in the work of Eugene Burnouf. Drawing upon recent scholarship that has fundamentally undermined many of the premises upon which the “Burnoufian” stratification of Buddhism was first established,³⁴ I synthesize recent scholarship that has demonstrated that many of the purportedly distinctive features of “Mahāyāna” and “Vajrayāna” Buddhism, such as expansive cosmologies, multiple Buddhas, mantic apotropaic rituals for “this worldly benefit,” and so on, likely have their origins in an “Early” Buddhist environment to which scholars actually have very little (if any) historical access. Therefore, I suggest that if the “Early” Buddhist world is something to which we have little access, the historicist endeavor of establishing clearly defined strata and the progressive development of distinct “kinds” of Buddhism is problematic at best.

In Chapter I, Part II, I inquire into the concept of “Pure Lands,” or the *buddha-kṣetra*, as a basic feature of the complex Indian Buddhist environment out of which a distinctive “Mahāyāna” institutional and intellectual identity would eventually emerge. In particular, I seek

³⁴ Richard K. Payne, “Introduction,” in *Tantric Buddhism in East Asia*, ed. Richard K. Payne (Somerville, MA: Wisdom Publications, 2006), 3.

³⁵ Smith, *Relating Religion*, 193-194.

³⁶ Christian K. Wedemeyer, “Tropes, Typologies, and Turnarounds: A Brief Genealogy of the Historiography of Tantric Buddhism,” *History of Religions* 40.3 (2001): 223-259; Jonathan Silk, “What, If Anything, Is Mahāyāna Buddhism? Problems of Definitions and Classifications,” *Numen* 49.4 (2002): 355-405; Gregory Schopen, “Kūṣān Image of Amitābha and the Character of the Early Mahāyāna in India,” in *Figments and Fragments of Mahāyāna Buddhism in India, More Collected Papers* (Honolulu: University of Hawaii Press, 2005), 267-268; Paul Mus, *Barabudūr: Sketch of a History of Buddhism Based on Archaeological Criticism of the Texts*, trans. Alexander W. Macdonald (New Delhi: Indira Gandhi National Centre for the Arts: Sterling Publishers, 1998), 46; Peter Skilling, Jason A. Carbine, Claudio Cicuzza, Santi Pakdeekham, eds., *How Theravada is Theravada?: Exploring Buddhist Identities* (Chiang Mai, Thailand: Silkworm Books, 2012); Peter Skilling, “Theravada in History,” *Pacific World Journal* 3.11 (2009): 61-93; John C. Huntington, “Note on a Chinese Text Demonstrating the Earliness of Tantra,” *Journal of the International Association of Buddhist Studies* 10.2 (1987): 88-98; Wedemeyer, *Making Sense of Tantric Buddhism*, 72, 225 (note 20).

to establish that the Pure Land is not simply the result of “syncretism” between Buddhism and Hinduism, or Zoroastrianism, etc.; nor is it a feature of the Sinicization of Buddhism, nor is it even a fundamentally “Mahāyāna” concept. Rather, by pursuing Schopen’s argument that Pure Lands are a “generalized goal,” a generic cosmological assumption and soteriological goal that predates the Buddha Amitābha and the *Sukhāvātīvyūha-sūtra* tradition, I try to determine why, despite their ubiquity in Buddhist literature (Mahāyāna, and otherwise), Pure Lands have been so little studied by Anglophone scholars.³⁷

In Chapter I, Part III, I survey recent scholarship on the construction of Tantra as an object of academic inquiry. Drawing upon Lopez’s argument that the category “Tantra” has been constructed to resolve contradictions inherent within the academic study of Buddhism that are not present in the sources themselves,³⁸ and Wedemeyer’s argument that the supposed distinction between Mahāyāna and Esoteric Buddhism may be reflective of “ideology, not sociology,”³⁹ I argue that, rather than view “Tantra” as a free-floating noun, or as a distinct “kind” of Buddhism (“Mahāyāna,” “non-Mahāyāna,” or otherwise), scholars should consider carefully the “Mahā/Vajrayāna”⁴⁰ context wherein so-called “Tantric” ritual and “Mahāyāna” discourses are able to abide in the same space.

In Chapter I, Part IV, having established the heuristic limitations and potential for thinking with and beyond categories like Mahāyāna, Pure Land, and Tantra, I propose a basic working definition for “Esoteric Pure Land” as an approach to the bodhisattva path via the

³⁷ It is interesting to note that Rowell in the early 1930s and Halkias writing only a few years ago make the same observation: scholars have been bracingly disinterested in the study of Pure Lands. See, T. Rowell, “The Background and Early Use of the Buddha-kṣetra Concept,” *Eastern Buddhist* 6 (1932-1935): 199- 200; Georgios Halkias, *Luminous Bliss: A Religious History of Pure Land Literature in Tibet: With an Annotated English Translation and Critical Analysis of the Orgyan-glin Gold Manuscript of the Short Sukhāvātīvyūha-sūtra* (Honolulu: University of Hawaii Press, 2013), xxv.

³⁸ Donald S. Lopez, Jr., *Elaborations on Emptiness: Uses of the Heart Sūtra* (Princeton: Princeton University Press, 1996), 103-104.

³⁹ Wedemeyer, *Making Sense of Tantric Buddhism*, 202.

⁴⁰ Wedemeyer, *Making Sense of Tantric Buddhism*, 97.

discursive and ritual discourses associated with the *tantras*. By drawing upon scholarship that has already laid the groundwork for such an approach (noted above), I suggest that “Esoteric Pure Land,” as an area of academic inquiry, may not only provide a platform from which to approach neglected dimensions of the greater Mahāyāna tradition, but may also serve as a channel for establishing dialogue on topics of common concern and interest across the East Asian and Indo-Tibetan divide in the field.

Chapter II: Pure Lands in the East Asian “Secret Piṭaka”

In Chapter II, I critically examine various contemporary Anglophone, Japanese, and Chinese academic approaches to the study of “Esoteric Buddhism” in East Asia, and provide a survey of the place of Pure Lands within the East Asian “Secret Piṭaka” 秘密藏 (C. *mimizang*, J. *himitsuzō*). In Chapter II, Part I, I consider the way Esoteric/Tantric/Vajrayāna Buddhism has been conceived by such scholars of East Asian Buddhism, such as Michel Strickmann,⁴¹ Yoritomi Motohiro 頼富本宏,⁴² Charles Orzech,⁴³ Robert Sharf and Richard McBride (noted above), Ōtsuka Nobuo 大塚伸夫,⁴⁴ Richard Payne,⁴⁵ and Yan Yaozhong 严耀中,⁴⁶ among others. Following my examination of the current debates over recent definitions for what is or is

⁴¹ Michel Strickmann, “Homa in East Asia,” in *Agni: The Vedic Ritual of the Fire Altar*, edited by Frits Staal, (Berkeley, CA: Asian Humanities Press, 1983), 1:418-55.

⁴² Yoritomi Motohiro 頼富本宏, “Chūgoku mikkyō no nagare 中国密教の流れ,” in *Chūgoku mikkyō* 中国密教, edited by Tachikawa Musashi 立川武蔵 and Yoritomi Motohiro 頼富本宏 (Tokyo: Shunjūsha, 1999a (Repr. 2005), 15–39.

⁴³ Charles D. Orzech, “Seeing Chen-yen Buddhism: Traditional Scholarship and the Vajrayāna in China,” *History of Religions* 29 (1989): 87–114; “The ‘Great Teaching of Yoga’: The Chinese Appropriation of the Tantras, and the Question of Esoteric Buddhism,” *Journal of Chinese Religion* 34 (2006a): 29–78; etc.

⁴⁴ Ōtsuka Nobuhiro 大塚伸夫, “Shoki mikkyō no zentaizō: Shoki mikkyō no hōga kara tenkai, kakuritsu he 初期密教經典の全体像：初期密教の萌芽から展開・確立へ,” in *Shoki mikkyō: shisō, shinkō, bunka* 初期密教：思想・信仰・文化, eds. Takahashi Hisao 高橋尚夫, et. al. (Tokyo: Shunjūsha 春秋社, 2013), 5-21; *Indo shoki mikkyō seiritsu katei no kenkyū* インド初期密教成立過程の研究 (Tokyo: Shunjūsha 春秋社, 2013).

⁴⁵ Richard K. Payne, ed., *Tantric Buddhism in East Asia* (Boston: Wisdom Publications, 2006a).

⁴⁶ Yan Yaozhong 严耀中, *Hanzhuan Mijiao* 汉传密教 (Xuelin chubanshe 学林出版社, 2006).

not “Esoteric” Buddhism in China and East Asia, I suggest that because Pure Land rebirth (pre- and post-mortem) functioned as a generalized and popular goal, it may thus provide a useful lens through which to engage the diversity of Buddhist practices and texts subsumed under the label “Esoteric Buddhism.” Furthermore, by looking to Pure Land thought within the Esoteric corpus, I argue that scholars may redirect the ongoing debate toward the analysis of Esoteric ritual and discourse in context, and away from essentialist heuristic constructs.

In Chapter II, Part II, I survey spell and *dhāraṇī* literature from early Chinese Buddhist history said to bring about rebirth in the Pure Land. Drawing upon Paul Copp,⁴⁷ I begin by focusing in particular upon the Buddhist claim that “powerful words,” in the form of mantra, *dhāraṇī*, and spells, may serve as potent technologies for bridging the gap between ordinary beings and enlightened Buddhas. Building upon Misaki Ryōshū 三崎良周,⁴⁸ I survey recent scholarship that has called into question the utility of concepts like “proto-“ and true-*tantra* as well as “miscellaneous” esotericism 雜密 (C. *zami*, J. *zōmitsu*) and “pure” esotericism 純密 (C. *chunmi*, J. *junmitsu*). According to Misaki, these categories are largely the creation of Edo period Japanese *shūgaku* scholars, and are thus of limited utility when thinking broadly about the so-called “Esoteric” traditions of premodern East Asia.

In Chapter II, Part III, I seek to further problematize the distinction between pure and miscellaneous Tantra/Esoteric Buddhism by focusing on diverse approaches to the Pure Land in the early importation of the ritual texts known as *tantras* into East Asia, and the development of

⁴⁷ Paul F. Copp, “Voice, Dust, Shadow, Stone: The Makings of Spells in Medieval Chinese Buddhism” (Ph.D. dissertation, Princeton University, Princeton, NJ, 2005); *The Body Incantatory: Spells and the Ritual Imagination in Medieval Chinese Buddhism* (New York: Columbia University Press, 2014).

⁴⁸ Robert H. Sharf, *Coming to Terms with Chinese Buddhism*, 266-267, 339, ft. 16, citing: Ryūichi Abe, *Weaving of Mantra*, 152-154, 177, who cites Misaki Ryōshū 三崎良周, “Nara jidai no mikkyō ni okeru shomondai 奈良時代の密教における諸問題,” *Nanto bukkyō 南都仏教* 22 (1968): 62-63. See also Misaki’s article: “Junmitsu to zōmitsu ni tsuite 純密と雑密について,” *Indogaku bukkyōgaku kenkyū 印度學佛教學研究* 15 (1967): 535-40.

East Asian “tantric” systems. In particular, I argue that Atikūṭa’s 阿地瞿多 (mid. 6th cent.)⁴⁹ translation of the *Dhāraṇīsaṃgraha-sūtra* 陀羅尼集經 (T. 901),⁵⁰ may be understood as a middle phase, what I call the “compendium” phase, between the more focused spell and *dhāraṇī* texts (those texts intended for a single specific purpose), and those traditions that purport to present a systematic and comprehensive engagement with the Dharma as a whole, such as those promoted by ritual masters like Amoghavajra 不空金剛 (705-774)⁵¹, and the other so-called Great Tang Ācāryas 阿闍梨 (C. *asheli*, J. *ajari*), Vajrabodhi 金剛智 (671-741)⁵² and Śubhakarasiṃha 善無畏 (637-735).⁵³ Here, drawing upon Sharf and McBride, I argue that the “systematicity” (*shisutemusei* システム性)⁵⁴ of the *tantras* was built upon a well-established Mahāyāna polemical foundation and does not clearly distinguish “Esoteric Buddhism” as a distinct kind of Buddhism, and the study of Tang Esoteric Pure Land traditions in purportedly Esoteric and “proto-Esoteric” contexts may provide new strategies for thinking about similar traditions in other parts of East Asia.

In Chapter II, Part IV, I consider briefly the place of Pure Land aspiration within the broader post-Tang “esotericization” of the Chinese Buddhist world. Here, following Copp, I suggest that Zanning’s 贊寧 (919-1001) concept of the “Transmission of the Secret Store” 傳密

⁴⁹ C. Adijuduo, J. Achikuta.

⁵⁰ T. 901, C. *Tuoluoni ji jing*, J. *Darani jikkyō*. This text has recently been examined by: Charles D. Orzech, “Esoteric Buddhism in the Tang: From Atikūṭa to Amoghavajra (651-780),” in *Esoteric Buddhism and the Tantras in East Asia*, edited by Charles D. Orzech, Henrik H. Sørensen, Richard K. Payne (Leiden: Brill, 2011a), 263-285; Ronald M. Davidson, “Some Observations on the Uṣṇīsa Abhiṣeka Rites in Atikūṭa’s *Dhāraṇīsaṃgraha*,” in *Transformations and Transfer of Tantra: Tantrism in Asia and Beyond*, edited by István Keul (Berlin and New York: Walter de Gruyter, 2012), 77-98; Koichi Shinohara, *Spells, Images and Maṇḍalas: Tracing the Evolution of Esoteric Buddhist Rituals* (New York: Columbia University Press, 2014).

⁵¹ C. Bukong Jingang, J. Fukū Kongō.

⁵² C. Jinganzhi, J. Kongōchi.

⁵³ C. Shanwuwei, J. Zhenmui.

⁵⁴ Yoritomi, “Chūgoku mikkyō no nagare,” 22.

藏 (*Chuan mizang*), or Secret Piṭaka⁵⁵ may provide a useful way of thinking with and beyond the contemporary and traditional strategies for conceptualizing Esoteric Buddhism in East Asia, thus bridging the early transmission of *dhāraṇi* literature and the Tang period systematization of “Esoteric” Buddhist culture.

Chapter III: Early Japanese “Esoteric Pure Land”

In Chapter III, I turn to the early history of Buddhism in Japan (6th -12th century) to examine the goal of Pure Land rebirth across “Esoteric” and “proto-Esoteric” traditions, focusing in particular upon the career and later legacy of Kūkai, the monk who is commonly credited as having founded, or transmitted, Esoteric Buddhism. With this chapter, I establish the historical context for the examination of medieval Esoteric Pure Land culture and Dōhan’s life and thought in Part II of this dissertation (Chapters IV to VI). Building upon Chapters I and II, in Chapter III I demonstrate that Dōhan could not have syncretized Esoteric and Pure Land Buddhist traditions because long before he was born, and long before the purported origins of these traditions in their Japanese manifestation, “Esoteric Pure Land” practices and concepts had flourished in Japanese Buddhist culture as it participated in and developed alongside East Asian Mahāyāna Buddhism.

The growth of something called Pure Land Buddhism is commonly regarded as a populist reaction against the ecclesiastical elitism of the “Esoteric” culture of early Japan. Scholars who hold this view have been influenced by Inoue Mitsusada 井上光貞⁵⁶ and others. This grand

⁵⁵ Copp, “Voice, Dust, Shadow, Stone,” 52, 132-145; citing: *Da Song sengshi lüe* 大宋僧史略. ZT no. 2126, 54:240c.

⁵⁶ Inoue Mitsusada 井上光貞, *Nihon jōdokyō seiritsushi no kenkyū* 日本浄土教成立史の研究 (Tokyo: Yamakawa Shuppansha, 1956).

triumphalist narrative has been critiqued by Kuroda Toshio 黒田俊雄,⁵⁷ Hayami Tasuku 速水侑,⁵⁸ and Kakehashi Nobuaki 梯信暁,⁵⁹ and Tomabechi Seiichi 苜米地誠一,⁶⁰ all of whom have looked to the broader dialogical context for the co-emergence of “Esoteric” and “Pure Land” (and what I have identified as “Esoteric Pure Land”) discourses and practices, suggesting that whatever else Pure Land Buddhism may have entailed, it was most certainly embedded within and drew upon the dominant Esoteric Buddhist culture of the time.

In Chapter III, Part I, I examine the 6th to 9th century importation of a variety of doctrinal and ritual texts from the continent by kingdoms on the archipelago we now call Japan. Rather than viewing the water surrounding Japan as a barrier, this chapter looks to it as a highway carrying continental culture, material and intellectual, into the developing Yamato 大和 state. Of particular interest here is the proliferation of spells, images, *dhāraṇī*, and texts purported to bring this-worldly and otherworldly benefits, and the various ritual professionals (orthodox and otherwise) employed by the ruling elites. In this section I consider the place of the Pure Land in relation to the founding of Tōdaiji 東大寺 and the Daibutsu 大佛, *dhāraṇī* stupas, and the nature of Pure Land in relation to the technologies recently referred to as *komikkyō* 古密教, or “old Esoteric Buddhism.”⁶¹

⁵⁷ Kuroda Toshio 黒田俊雄, *Nihon chūsei no kokka to shūkyō* 日本中世の国家と宗教 (Tokyo: Iwanami Shōten, 1975 [repr. 2007]), 436-441, see also, 280-299.

⁵⁸ Hayami Tasuku 速水侑, *Jōdo shinkō ron* 浄土信仰論 (Tokyo: Yūzankaku Shuppan 雄山閣出版, 1978).

⁵⁹ Kakehashi Nobuaki 梯信暁, *Jōdokyō shisōshi: Indo, Chūgoku, Chōsen, Nihon* 浄土教思想史: インド・中国・朝鮮・日本 (Kyoto: Hōzōkan, 2012), which is a textbook on the history of Pure Land thought up to Shinran, based on his earlier work, *Nara, Heianki jōdokyō tenkairon* 奈良・平安期浄土教展開論 (Kyoto: Hōzōkan, 2008).

⁶⁰ Tomabechi, *Heianki Shingon mikkyō*.

⁶¹ Joan R. Piggott, *The Emergence of Japanese Kingship* (Stanford: Stanford University Press, 1997); Herman Ooms, *Imperial Politics and Symbolics In Ancient Japan: The Tenmu Dynasty, 650-800* (Honolulu: University of Hawai'i Press, 2009); Michael Como, *Shōtoku: Ethnicity, Ritual, and Violence In the Japanese Buddhist Tradition* (Oxford: Oxford University Press, 2008), and *Weaving and Binding: Immigrant Gods and Female Immortals in Ancient Japan* (Honolulu: University of Hawai'i Press, 2009); Nemoto, Seiji 根本誠二, *Nara jidai no sōryo to shakai* 奈良時代の僧侶と社会 (Tokyo: Yūzankaku 雄山閣, 1999), *Tenpyōki no sōryo to tennō: sōdōkyō shiron* 天平期の僧侶と天皇: 僧道鏡試論 (Tokyo: Iwata Shoin 岩田書院, 2003), *Nara Bukkyō to Mikkyō* 奈良仏教と密教 (Tokyo:

In Chapter III, Part II, I investigate the life and career of Kūkai and the establishment of “Esoteric” Buddhist discourse. Here I argue that, on the one hand, Kūkai’s novel approach to ritual speech theory and the incorporation of *giki* 儀軌 (Skt. *kalpa, tantra, vidhi*) may distinguish his system in some ways from earlier practices on the archipelago, but, when placed in the earlier *komikkyō* context, scholars may better be able to appreciate Kūkai’s position: less as a “founder,” than as a participant within the broader cosmopolitan “Esoteric” Mahāyāna Sinitic culture as practiced in Nara and Heian-kyō capitals.

Building upon Ryūichi Abe’s argument that it would perhaps be more accurate to imagine Kūkai as establishing a new Esoteric discourse regarding kingship and ritual speech than as founding a new “school” or transmitting a new kind of Buddhism to Japan,⁶² I suggest that Kūkai may be productively re-read within the context of the East Asian proliferation of *jiaoxiang panjiao* 教相判釋 (J. *kyōsō hanjaku*), commonly abbreviated as *panjiao*, whereby particular texts or technologies common to the broader Mahayana culture are employed as a framing device for engaging the whole of the Buddhist tradition. In other words, rather than viewing Kūkai as a “founder,” I would like to suggest that Kūkai established a new way of thinking about Buddhism as a whole. In order to move beyond the founder-centric sectarian framework for the evaluation of Kūkai’s thought and legacy, in this section I consider the place of Pure Lands and Pure Land aspiration in the literature written by and attributed to Kūkai. Furthermore, I argue for increased

Koshi Shoin 高志書院, 2011); *Komikkyō: Nihon Mikkyō No Taidō: Tokubetsuten* 古密教: 日本密教の胎動: 特別展 (Nara 奈良: Nara Kokuritsu Hakubutsukan 奈良国立博物館, 2005); Nakano Satoshi 中野聡, *Nara jidai no Amida nyoraizō to jōdo shinkō* 奈良時代の阿弥陀如来像と浄土信仰 (Tokyo: Bensei Shuppan 勉誠出版, 2013).

⁶² Abe, *The Weaving of Mantra*, 386-388, and 424-426.

attention to the question of Kūkai’s own purported Pure Land aspiration atop Kōyasan, the mountain monastery associated with his mausoleum.⁶³

In Chapter III, Part III, I draw upon recent scholarship that has demonstrated that following Kūkai’s career, the “Esoteric” Buddhist tradition in Japan was largely dominated by Saichō’s Hieizan “Taimitsu 台密” (Tendai *mikkyō* 天台密教) tradition. Following a survey of the “Esoteric” systems articulated by Ennin 圓仁 (794-864), Enchin 圓珍 (814-891), and Annen 安然 (841-902?), as well as the successful politico-ritual career of Ryōgen 良源 (912-985), I consider the co-emergence of Pure Land Buddhism and *hongaku* 本覺 original enlightenment discourse from an “Esotericized” Hieizan Buddhist culture, through an examination of the works of Senkan 千觀 (918-983), Zenyu 禪瑜 (913?-990), Genshin 源信 (942-1017), and Ryōnin 良忍 (1073-1132).⁶⁴

In Chapter III, Part IV, I synthesize recent scholarship on the simultaneous rise of “Kūkai studies”⁶⁵ 空海學 and the revival of Kōyasan as a major pilgrimage center in the 11th and 12th

⁶³ Shirai Yūko 白井優子, *Kūkai densetsu no keisei to Kōyasan: nyūjō densetsu no keisei to Kōyasan nōkotsu no hassei* 空海伝説の形成と高野山: 入定伝説の形成と高野山納骨の発生 (Tokyo: Dōseisha 同成社, 1986), and *Inseiki Kōyasan to Kūkai nyūjō densetsu* 院政期高野山と空海入定伝説 (Tokyo: Dōseisha, 2002); Hyōtani Kazuko 俵谷和子, *Kōyasan shinkō to kenmon shinshi: Kōbō daishi nyūjō densetsu wo chūshin ni* 高野山信仰と権門貴紳: 弘法大師入定伝説を中心に (Tokyo: Iwata Shoin, 2010); 村上弘子, 高野山信仰の成立と展開 (Tokyo: Yūzankaku 雄山閣, 2009).

⁶⁴ Paul Groner, *Saichō: The Establishment of the Japanese Tendai School* (Honolulu: University of Hawai'i Press, 2000), and *Ryōgen and Mount Hiei: Japanese Tendai in the Tenth Century* (Honolulu: University of Hawai'i Press, 2002); Jinhua Chen, *Legend and Legitimation: The Formation of Tendai Esoteric Buddhism In Japan* (Bruxelles: Institut belge des hautes études chinoises, 2009). On the development of *mikkyō* in the Hieizan lineages, I relied upon: Mizukami Fumiyoshi 水上文義, *Taimitsu shisō keisei no kenkyū* 台密思想形成の研究 (Tokyo: Shunjūsha 春秋社, 2008); Misaki Ryōshū 三崎良周, *Taimitsu no Kenkyū* 台密の研究 (Tokyo: Sōbunsha 創文社, 1988); Ōkubo Ryōshun 大久保良峻, *Taimitsu kyōgaku no kenkyū* 台密教学の研究 (Kyoto: Hōzōkan, 2004). For the development of *hongaku* thought and Pure Land, I focused on Ōkubo Ryōshun, *Tendai kyōgaku to hongaku shisō* 天台教学と本覺思想 (Kyoto: Hōzōkan, 1998); Jacqueline I. Stone, *Original Enlightenment and the Transformation of Medieval Japanese Buddhism* (Honolulu: University of Hawai'i Press, 1999); Satō, Tetsuei 佐藤哲英, *Eizan Jōdokyō no kenkyū* 叡山浄土教の研究 (Kyōto-shi: Hyakkaen 百華苑, 1979); Nara Hiromoto 奈良弘元, *Shōki Eizan Jōdokyō no kenkyū* 初期叡山浄土教の研究 (Tokyo: Shunjūsha, 2002).

⁶⁵ Abe Ryūichi, “From Kūkai to Kakuban: A Study of Shingon Buddhist Dharma Transmission” (PhD, diss., Columbia University, 1991).

centuries,⁶⁶ and argue that these were in some sense established upon what might be imagined as an “Esoteric Pure Land” foundation. In this section, I outline the 11th and 12th century Esoteric Pure Land thought of monks based in Nara, such as Eikan 永觀 (1033-111), Chingai 珍海 (1091-1152), and Jippan/Jitsuhan 實範 (?-1144). Next, I consider the activities of monks like Jōyo 定譽 (958 - 1047) and Ninkai 仁海 (951-1046), major fundraisers who promoted Pure Land aspiration and attainment atop Kōyasan as one way of revitalizing the dilapidated mountain monastic center. Then I briefly consider Ninnaji-based Heian-kyō thinkers, like Saisen 濟暹 (1025-1115), who revitalized the study of Kūkai’s writings. Having established this foundation, I consider the career of Kakuban from a post-sectarian perspective that situates his Taimitsu 台密 and Tōmitsu 東密⁶⁷ lineages, and his turbulent career atop Kōyasan, in the broader “Esoteric Pure Land” context of the 11th and 12th centuries. Furthermore, in preparation for the examination of Dōhan’s life and thought, this section concludes by considering Kakuban’s articulation of the “*himitsu nenbutsu*,” establishing that while Dōhan and Kakuban may differ in some respects (Kakuban seems to emphasize assimilation and non-duality between the Pure Land and this realm, while Dōhan foregrounds difference and duality, producing a kind of productive tension), they both promoted a perspective on Pure Land thought that is indeed not without precedent in the broader Japanese or East Asian Esoteric Buddhist environment.

⁶⁶ William Londo, “The Other Mountain: The Mt. Kōya Temple Complex in the Heian Era” (PhD, diss., University of Michigan, 2004); Ethan Lindsay, “Pilgrimage to the Sacred Traces of Kōyasan: Place and Devotion in Late Heian Japan,” (PhD, diss., Princeton University, 2012); Donald Drummond, “Negotiating Influence: the Pilgrimage Diary of Monastic Imperial Prince Kakuhō,” (PhD, diss., Graduate Theological Union, 2007).

⁶⁷ Lucia Dolce, “Taimitsu: The Esoteric Buddhism of the Tendai School,” EBTEA, 745, notes that the distinction between Tōmitsu (Shingon Esoteric Buddhism) and Taimitsu (Tendai Esoteric Buddhism) is largely an anachronistic projection when we consider the early medieval period, as this distinction only first emerged in the works of Kokan Shiren 虎関師錬 (1278-1346), a monk of the Tōfukuji 東福寺, who composed the *Genkō shakusho* 元亨釋書 in 1322, during a time when competition between factions had established a higher degree of institutional independence. On this issue, see also Kagiwada Seiko 鍵和田聖子, “Tōmitsu to Taimitsu no sōgo eikyō kara mita juyō to kensan no tenkai 東密と台密の相互影響から見た受容と研鑽の展開” (PhD diss., Ryūkoku University, 2014).

Part II

Chapter IV: Dōhan and Medieval Kōyasan Pure Land Culture

Having established a broad foundation for the study of Dōhan as an “Esoteric Pure Land” thinker, a participant in a much larger and on ongoing conversation across the East Asian Buddhist tradition, in Chapter IV I present what might be termed a contextual ritual biography of Dōhan, emphasizing in particular his early education and material environment, demonstrating that whatever else “Shingon” or “Esoteric Buddhism” might have entailed for Dōhan, by the late-12th and early-13th centuries, Pure Land thought and practice were always-already ubiquitous features of that environment. This chapter argues that inquiry into Dōhan’s thought will provide insight into the early-medieval development of Kōyasan as a heterogeneous “center of gravity” in Japanese religion, the emergence of Kūkai devotion as a major feature of the Shingon School, and the vitality of the “Esoteric Pure Land” culture of Kōyasan.

In Chapter IV, Part I, I examine the institutional and ritual context for Dōhan’s early Shingon training. First looking at the Kōyasan temple Shōchi-in 正智院, where Dōhan studied under Myōnin 明任 (1148–1229), I begin to make the case that Dōhan’s interest in Pure Land and the Buddha Amitābha originated not from the “influence” of the early-medieval Pure Land movement, but that his entire Shingon education seems to have been permeated by engagement with the Pure Land. At Shōchi-in, Dōhan entered the Buddhist path and was trained in the introductory and advanced ritual traditions of the Chū-in-ryū 中院流 lineage—all before an image of the Buddha Amitābha, the primary object of devotion, or *honzon* 本尊, at Shōchin-in. At Hōkō-in 寶光院, which also revered Amitābha as *honzon*, Dōhan studied under the tutelage of Kenchō 兼澄 (? – 1202), a close associate of Myōnin, who is known to have emphasized the

purification of the karmas for the attainment of Pure Land rebirth.⁶⁸ From Jikken/Jitsugen 實賢 (1176–1249) of Kongō-in 金剛王院 at Daigoji 醍醐寺, who would later become the abbot 座主 (J. *zasu*), Dōhan received initiation into the mysteries of the Daigoji lineage, and as Kameyama has suggested, may have there encountered the notion that the Buddha Amitābha is the “vital breath” of beings. Jikken’s teacher Seiken 勝賢 (1138-1196), then the *zasu* of Daigoji, appears to have emphasized Pure Land practice later in life.⁶⁹ From Shukaku Hōshinnō 守覺法親王 (1150-1202)⁷⁰ of Ninnaji 仁和寺, Dōhan received initiation into the Hirosawa Dharma lineage 廣澤法流. Like Hōkō-in and Shōchi-in, Ninnaji also takes Amitābha as its *honzon*, and like Dōhan himself, it promoted a dual-devotion to Kūkai and Amitābha. Later in life, Dōhan would often collaborate with Dharma Prince Dōjo 道助法親王 (1196-1249), also of Ninnaji. This relationship will be explored in greater detail in Chapter V.

Two of Dōhan’s most influential teachers, Kakkai/Kakukai 覺海 (Nanshōbō 南勝房) (1142–1223) of the Keōin 華王院 and Jōhen 靜遍 (1165–1223) of Zenrinji 禪林寺, were also important early “Esoteric Pure Land” thinkers. While Kakkai emphasized the non-duality of this world and the Pure Land,⁷¹ Jōhen seems to have emphasized the perspective of the Pure Land aspirant, who may conceive of this world and the Pure Land from a dualist perspective. Moreover, in contrast to Kakkai, who appears to have fostered a rather unsympathetic view of the for post-mortem aspiration rebirth in the Pure Land, Jōhen, in addition to being an influential “Esoteric” theorist, was at least peripherally involved in the Pure Land community associated

⁶⁸ Nakamura Honnen, *Shingon mikkyō ni okeru anjinron* 真言密教における安心論 (Wakayama Prefecture: Kōyasan University, 2003), 215; *Yahō meitokuden*, fasc. 2, DNBZ 106.

⁶⁹ MD, 1328-29.

⁷⁰ Brian Ruppert, “Dharma Prince Shukaku and the Esoteric Buddhist Culture of Sacred Works (Shōgyō) in Medieval Japan,” EBTEA, 794-802.

⁷¹ Robert Morrell, “Shingon’s Kakukai on the Immanence of the Pure Land,” *Japanese Journal of Religious Studies* 11.2-3 (1984): 195-220.

with the monk Hōnen, and thus took a more sympathetic view. In 1218, having acquired a copy of Hōnen's *Senchaku hongan nenbutsu shū* 選擇本願念佛集 (T. 2608), possibly from Hōnen's disciple Ryūkan 隆寛 (1148-1227),⁷² Jōhen wrote a "continuation" 續 (*J. zoku*) of the text, entitled *Zoku senchaku mongi yōshō* 續選擇文義要鈔.⁷³ In this section, I note that these divergent views on the Pure Land seem to have greatly influenced Dōhan, and that because the deaths of Dōhan's great "Esoteric Pure Land" teachers seems to coincide with his completion of the *Compendium*, I speculate that Dōhan may have composed this text as a tribute, as a way of placing his teachers in dialogue with one another.

In Chapter IV, Part II, I investigate the development of Pure Land *hijiri* culture of early-medieval Kōyasan, further demonstrating the centrality of Pure Land aspiration to the vitality of early-medieval Kōyasan. Drawing upon Gorai Shigeru's examination of the diverse communities of semi-settled and peripatetic ascetics atop Kōyasan,⁷⁴ I note that he identifies the 15th and 17th centuries a key turning points when the centralized administration began a crackdown on the highly fluid, and largely Pure Land oriented, early-medieval Kōyasan environment, instead promoting a more homogeneous, exclusivistic Kūkai-centric "Esoteric" Kōyasan culture.⁷⁵ During Dōhan's time, in addition to training students in Esoteric rituals and meditative practices, and promoting the cult of Kūkai, Kōyasan also hosted flourishing Zen and Pure Land communities. Dōhan personally taught two important early-medieval Zen masters: Gyōyū 行勇

⁷² Nasu Kazuo 那須 一雄, "Jōhen to Hōnen Jōdokyō 静遍と法然浄土教," *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 106 (2005): 80-85; Yamaguchi Shikyo 山口史恭, "Dōhan cho Himitsu nenbutsu shō no hihan taishō nitsuite 道範著『秘密念仏鈔』の批判対象について," *Buzankyōgaku taikaikiyō* 豊山教学大会紀要 30 (2002): 102-3.

⁷³ Jōhen, *Zoku Senchaku mongi yōshō* 続選擇文義要鈔 (Tokyo: Kokusho Kankōkai, 1984).

⁷⁴ Gorai Shigeru 五来重, *Kōya hijiri* 高野聖 (Tokyo: Kadokawa bunko 角川文庫, 1975. Reprint, 2011).

⁷⁵ Gorai, *Kōya hijiri*, 23-24, 84; Yamakage Kazuo 山陰加春夫, *Chūsei Kōya kyōdan soshiki shōkō* 中世高野山教団組織小考," *Kōyasan daigaku ronsō* 高野山大学論叢 19 (1984): 1-21.

(1163-1241),⁷⁶ a disciple of Eisai 榮西 (1141-1215), the founder of Rinzai-shū 臨濟宗, and Shinji Kakushin 心地覺心 (aka, Muhon Kakushin 無本覺心, or Hottō Kokushi 法燈國師) (1207-1298),⁷⁷ a student of Dōgen 道元 (1200-1253), the founder of Sōtō-shū 曹洞宗. Kakushin is also known as a teacher of Ippen 一遍 (1239-1289), the founder of the Ji-shū 時宗 school of Pure Land Buddhism. This section notes that there is much work to be done exploring the links between the Zen Schools, Ji-shū, and early-medieval Kōyasan Shingon traditions, and suggests that in some cases there may have been no clear dividing line between these groups.

In Chapter IV, Part III, I examine Dōhan’s exile to Sanuki 讃岐, on the island of Shikoku 四國. In 1243, as a result of a conflagration between Kongōbuji 金剛峰寺 and Daidenbō-in 大傳法院 factions atop Kōyasan, Dōhan and some thirty other mountain administrators were exiled. While in Sanuki, Dōhan resided at Zentsūji 善通寺, the temple said to stand at the birthplace of Kūkai. There Dōhan continued to teach and train many students, but he often traveled to sites associated with Kūkai’s own time travelling around Sanuki, performing austerities. Dōhan recorded all of this in a travel diary entitled *Nankai rurōki* 南海流浪記,⁷⁸ which also contains Japanese and Chinese poetry, *waka* 和歌 and *kanshi* 漢詩, respectively, and recounts as well the many rituals he performed while there. These included a fifty-day long Amitābha fire ritual, *Amida goma* 阿彌陀護摩,⁷⁹ which he performed on behalf of his recently deceased friend Hōshō 法性 (d. 1245), a fellow exile and another former student of Kūkai. I argue that, having been cast down from Kōyasan, the place of Kūkai’s death, Dōhan endeavored to reclaim his “Shingon” identity by drawing closer to the place of Kūkai’s birth. Also of interest is Dōhan’s dual-devotion

⁷⁶ KS 139.

⁷⁷ KS 145.

⁷⁸ GR 468-476.

⁷⁹ Dōhan, “Nankai,” 472b-473a.

and ritual engagement with both Kūkai and the Buddha Amitābha. Here, as elsewhere, I argue that this feature of medieval Shingon—dual Kūkai-Amitābha devotion—may be a productive area of study for future research.

In Chapter IV, Part IV, I recount Dōhan’s triumphant return to Kōyasan after seven years in exile. Here I emphasize Dōhan’s ritual and scholastic engagement, ranging from training and initiating students into various ritual traditions, to the study of the *Avataṃsaka-sūtra*, and so on. This chapter concludes by considering the nature of religious biography, and argues for an approach to person and place that intentionally destabilizes the essentialist approach to identity, favoring instead a decentralized account that views person and place as the confluence of various “causes and conditions.”

Chapter V: Dōhan and “Kamakura Buddhism”

Having established a biographical framework for investigating Dōhan’s life, Chapter V seeks to investigate Dōhan’s thought in the broader early-medieval context, and make the argument that “Dōhan studies” has the potential to become a significant sub-discipline in medieval Japanese Buddhist studies, just as Dōgen or Shinran studies are recognized today. Chapter V is divided into two parts. In Part I, I examine the concept “Kamakura Buddhism,” and draw upon recent scholarship on this topic that has fundamentally recast the field to open up new areas of inquiry. The present dissertation, it should go without saying, is built upon the foundation established by these scholars. Thus, rather than rehash the debates that have been ongoing for the last forty years, I draw upon the scholarship of Jacqueline Stone, Tanaka Hisao 田中久夫, James Dobbins, Kuroda Toshio, and others to argue for “Dōhan studies” as an important new area of inquiry.

As is widely known by now that before the 1970s (and to some extent today as well), the study of Japanese Buddhism was largely centered around the founders of the Kamakura reform movements: the Pure Land Schools, including Hōnen's Jōdo-shū, Shinran's Jōdo Shinshū, and Ippen's Ji-shū; the Zen Schools, including Eisai's Rinzai-shū and Dōgen's Sōtō-shū; and the Lotus School of Nichiren, known as Hokke-shū 法華宗 or Nichiren-shū 日蓮宗. These "New Buddhist" 新佛教 (*J. shin-bukkyō*) schools were regarded as the prime movers of the early-medieval period, towering above their decadent and elitist contemporaries, derided by some scholars as "Old Buddhism" 舊佛教 (*J. kyū-bukkyō*). According to the modernist interpretation of Buddhist history, which developed during Japan's own period of rapid modernization, defined by both competition with the West and a drive to dominate other Asian nations, the "Old" schools were associated with "Esoteric" magical thinking and superstition, drawn from premodern Indian and Chinese culture, but the "New" schools were understood as proto-modernist, rationalist, and democratically reformist, as well as more compatible with "Japanese" culture.

From the 1970s, scholars like Kuroda Toshio began to reorient this picture by demonstrating that whatever else "Kamakura Buddhism" was, it was necessarily defined by the large "Old" school temple complexes and institutions that, far from being moribund and out of touch, were in fact vital to the development of medieval culture. Kuroda noted that medieval religious institutions interacted with one another through an integrated vision of "exoteric" and "esoteric," or *kenmitsu*, ritual and doctrinal culture. In this way, temples competed with one another in the simultaneous mastery of multiple fields of knowledge. Meanwhile, the thinkers of the so-called "New" schools were regarded as marginal and heretical during that time. Having emerged as a dominant perspective in the field, Kuroda's theories have been subject to numerous

critiques,⁸⁰ however, due to the utility of Kuroda's approach, these scholars have also worked to nuance certain aspects of his theories.

For example, many scholars have begun to work on the lives of "Old" school thinkers who actively contributed to Kamakura culture, such as Chōgen 重源 (1121-1206),⁸¹ Gyōnen 凝然 (1240-1321),⁸² Jōkei 貞慶 (1155-1213),⁸³ and Myōe 明恵 (1173-1232).⁸⁴ Each of these monastics were both deeply concerned both with the mastery of "Esoteric" rituals and with the aspiration for, and nature, of Pure Land rebirth. Meanwhile, other scholars have worked to refine key aspects of the institutional basis for the *kenmitsu* system. These include Mikael Bauer and David Quinter, Janet Goodwin, Alan Grapard, Lori Meeks, Mikael Adolphson, and others.⁸⁵

⁸⁰ Ryūichi Abe, "Post-script," *The Weaving of Mantra*; James C. Dobbins, "Envisioning Kamakura Buddhism," *Supplement to the May 1991 Issue of the Japanese Religions Bulletin: New Perspectives on Kamakura Buddhism*: 1-11; James H. Foard, "In Search of a Lost Reformation: A Reconsideration of Kamakura Buddhism," *JJRS* 7.4 (1980): 261-91; Neil McMullin, "Historical and Historiographical Issues in the Study of Pre-Modern Japanese Religions," *JJRS* 16.1 (1989): 3-40; Richard K. Payne, ed., *Re-Visioning "Kamakura" Buddhism* (Honolulu: University of Hawaii Press, 1998), and so on.

⁸¹ John M. Rosenfield, *Portraits of Chōgen: The Transformation of Buddhist Art In Early Medieval Japan* (Leiden: Brill, 2011).

⁸² Gyōnen, and Gishin, *The Essentials of the Vinaya Tradition* (Berkeley: Numata Center for Buddhist Translation and Research, 1995); Gyōnen, and Saichō, *The Essentials of the Eight Traditions* (Berkeley: Numata Center for Buddhist Translation and Research, 1994); Mark L. Blum, *The Origins and Development of Pure Land Buddhism: A Study and Translation of Gyōnen's Jōdo Hōmon Genrushō* (New York: Oxford University Press, 2002).

⁸³ James L. Ford, "Competing With Amida: A Study and Translation of Jōkei's Miroku kōshiki," *Monumenta Nipponica* 60.1 (2005): 43-79; *Jōkei and Buddhist Devotion in Early Medieval Japan* (Oxford: Oxford University Press, 2006a); "Buddhist Ceremonials (kōshiki) and the Ideological Discourse of Established Buddhism in Early Medieval Japan," in *Discourse and Ideology in Medieval Japanese Buddhism*, eds., Richard K. Payne and Taigen Daniel Leighton (New York: RoutledgeCurzon, 2006b), 97-125; "Jōkei and Kannon: Defending Buddhist Pluralism in Medieval Japan," *The Eastern Buddhist* 39.1 (2008): 11-28; "Exploring the Esoteric in Nara Buddhism," *EBTEA*, 776-793.

⁸⁴ Hayao Kawai, and Mark Unno, *The Buddhist Priest Myōe: A Life of Dreams* (Venice: Lapis Press, 1992); George J. Tanabe, *Myōe the Dreamkeeper: Fantasy and Knowledge in Early Kamakura Buddhism* (Cambridge: Council on East Asian Studies, Harvard University, 1992); Unno, Mark "As Appropriate: Myōe Kōben and the Problem of the Vinaya In Early Kamakura Buddhism," (PhD, diss., Stanford University, 1994), and *Shingon Refractions: Myōe and the Mantra of Light* (Somerville, MA: Wisdom Publications, 2004).

⁸⁵ David Quinter, "The Shingon Ritsu School and the Mañjuśrī cult in the Kamakura Period: From Eison to Monkan" (PhD diss., Stanford University, 2006); Mikael Bauer, "The Power of Ritual: An Integrated History of Medieval Kōfukuji" (PhD diss., Harvard University, 2011); Janet Goodwin, *Alms and Vagabonds: Buddhist Temples and Popular Pilgrimage in Medieval Japan* (Honolulu: University of Hawai'i Press, 1994); Allan Grapard, *The Protocol of the Gods A Study of the Kasuga Cult in Japanese History* (Berkeley, University of California Press, 1992); Lori Meeks, *Hokkeji and the Reemergence of Female Monastic Orders in Premodern Japan* (Honolulu: University of Hawai'i Press, 2010); Mikael Adolphson, *The Gates of Power: Monks, Courtiers, and Warriors in Premodern Japan* (Honolulu: University of Hawai'i Press, 2000).

However, as Ford, Stone, and Quinter have noted, the corrective shift away from charismatic individuals to institutions may leave unexamined the implicit assumption that the “Old” schools were out of touch and bound solely to elitist institutions and interests.⁸⁶

Scholars like Tanaka Hisao, Brian Ruppert, and James Dobbins have proposed a focus on “cultic centers” as one solution to this problem.⁸⁷ By looking to place as a strategy for moving beyond the focus on either institutions or charismatic individuals, they have emphasized the need to think beyond simplistic divisions between “Old” and “New,” focusing instead up the heterogeneous engagement and contestation of tradition at sites where institutions and individuals actively participated in developing new approaches to Buddhist practice. For this dissertation I propose early-medieval Kōyasan as just such a site, following George Tanabe who has noted that medieval Kōyasan was an active and popular site in the Japanese religious landscape, inhabited by diverse groups of people that resist overly rigid classification.⁸⁸

Other strategies for breaking down the divide between Old and New school have been developed by Jacqueline Stone, David Quinter, and James Ford, who have noted that as a new consensus emerges in the field, it too will require further adjustment.⁸⁹ Quinter, for example, examines the work of Eison/Eizon 叡尊 (1201-1290) and his Shingon-risshū lineage 眞言律宗, including Nishō Ryōkan 忍性良觀 (1217-1303), Shinkū 信空 (1229-1316), and Monkan 文觀 (1278-1357), whom we might think of as Old School reformers active in social outreach.

Jacqueline Stone has examined the relationship between Hieizan Tendai and the New School reformers who trained there, demonstrating that a “shared paradigm” for enlightenment seems to

⁸⁶ Quinter, “Shingon Risshū,” 29-31, citing Stone, *Original Enlightenment*, 60-61.

⁸⁷ Brian Ruppert, *Jewel in the Ashes: Buddha Relics and Power in Early Medieval Japan* (Cambridge: Harvard University Press, 2000), 12-13; James Dobbins, “Envisioning Kamakura Buddhism,” in *Re-visioning “Kamakura Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 28-38.

⁸⁸ George J. Tanabe, “Kōyasan in the Countryside: The Rise of Shingon in the Kamakura Period,” in *Re-visioning “Kamakura Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 43.

⁸⁹ Quinter, “Shingon Risshū,” 10, 29-30.

have unified these traditions. James Ford has developed that idea by suggesting that this shared paradigm was not limited to Hieizan Tendai, and the various traditions that developed out from it, but also may have included Nara and Shingon lineages.⁹⁰ Stone’s notion of a shared paradigm is defined by a pervasive emphasis on the immediate attainment of awakening in a single moment, through a singular focus on a simple practice, that ultimately encompasses the whole of the Buddhist path.⁹¹

While Stone and others have emphasized that the *hongaku* discourse that evolved out of Hieizan is not synonymous with Esoteric Buddhism, work remains to be done in exploring the complex relationship between the medieval development of *mikkyō* and *hongaku* as complimentary facets of constituting what we might term a “unifying” paradigm for Buddhist practice and doctrine. In Chapter V more generally, therefore, I examine Dōhan’s doctrinal works, and the social context within which these works were composed to reveal that Dōhan’s Kōyasan Shingon tradition clearly fits into Stone’s shared paradigm, and may also help scholars better understand the interconnection of *mikkyō* and *hongaku*.

In Chapter V, Part II, having established a framework for the study of Dōhan as a major “Kamakura Buddhist” thinker, I examine Dōhan’s major extant works, and demonstrate that his scholarship on Pure Land, Kūkai-studies, and Esoteric Buddhism more broadly, indeed fits within what Jacqueline Stone has described as a “shared paradigm” for medieval Japanese religion. In addition, as many of Dōhan’s works were composed in dialogue with other teachers, such as Dōjo Hōshinnō, I suggest that following in the Ninnaji tradition of Saisen and Kakuban, where Dōhan also trained under Shukaku, Dōjo appears to have been very interested in the study of Kūkai’s doctrinal works, and often employed Dōhan on several occasions to lecture on or

⁹⁰ Ford, *Jōkei*, 198-199.

⁹¹ Stone, *Original Enlightenment*, 229-233.

compose works on Kūkai's doctrinal works, the many of the classics of the East Asian Esoteric tradition, as well as Shingon meditation and ritual practice, or "yoga." Therefore, Dōhan's works from this period reveal the state of early-medieval Kūkai studies and the contours of one corner of the Shingon tradition at the time.

Texts composed by Dōhan for Dōjo or his students include the *Jōōshō* 貞応抄 (T. 2447)⁹² and the *Yugikyō kuketsu* 瑜祇経口決.⁹³ In addition, Dōhan also composed for Dōjo the *Dainichi kyōsho joanshō* 大日経疏除暗鈔⁹⁴ and *Dainichi kyōsho henmyō shō* 大日経疏遍明鈔,⁹⁵ two sub-commentaries on Yixing's 一行 (638-727) *Darijing shu* 大日経疏 (T. 1796), itself a famous commentary on the *Mahāvairocana-sūtra* 大日経 (T. 848). The *Bodaishinron dangiki* 菩提心論談義記⁹⁶ is Dōhan's commentary on Amoghavajra's *Jin'gangding yujia zhong fa anouduoluosanmiaosanputi xin lun* 金剛頂瑜伽中發阿耨多羅三藐三菩提心論 (T. 1665), commonly known in Japan as the *Bodaishinron* 菩提心論. The *Rishushaku hidenshō* 理趣秘傳鈔⁹⁷ is Dōhan's sub-commentary on the *Dale jin'gang bukong zhenshi sanmeiye jing banruo boluomiduo liqushi* 大樂金剛不空真實三昧耶經般若波羅蜜多理趣釋 (T. 1003) (J. abbr. *Rishushaku*), itself a commentary on the *Dalejin'gangbukong zhenshisannmoye jing* 大樂金剛不空真實三摩耶經 (T. 243) (J. abbr. *Rishukyō* 理趣經).

⁹² T. 77:2447; BKD 8:88b; NBTD 386.

⁹³ SZ 5; ZSZ 7 (ZSZ 42:40); BKD 11:84a, NBTD 525c-d; MD 2206b-c; SZ 43:11.

⁹⁴ BT 19; ZSZ 5:1-97; BKD 5:287c; BKD 7:400c; NBTD 368b; MD 1516a; ZSZ 42:29-34.

⁹⁵ ZSZ 5:99-444; BKD 7:403c; NBTD 369c; MD 1517b; ZSZ 42:34-35.

⁹⁶ ND 24 (1916 edition), 47 (1975 edition); BKD 9:427d-428a; Nakamura Honnen 中村本然, "Dōhan ki Bodaishinron dangiki ni tsuite 道範記『菩提心論談義記』について," in *Mandara no shoos to bunka: Yoritomi Motohiro hakushi kanshiki kinen ronbunshū* マンダラの諸相と文化: 頼富本宏博士還暦記念論文集, edited by Yoritomi Motohiro hakushi kanshiki kinen ronbunshū kankōka 頼富本宏博士還暦記念論文集刊行会 (Kyoto: Hōzōkan, 2005), 395-430.

⁹⁷ ND 17; BKD 11:192b; MD 2266c.

Dōhan also wrote commentaries and sub-commentaries on Kūkai’s works. For example, the *Shakumakaenron ōkyōshō* 釋摩訶衍論應教鈔 (T. 2288)⁹⁸ is a “sub-sub-commentary” on Kūkai’s sub-commentary on the *Shimoheyānlun* 釋摩訶衍論 (T. 1668),⁹⁹ itself an important commentary on the *Awakening of Faith in the Mahāyāna* 大乘起信論 (T. 1666). The *Hizōhōyaku mondanshō* 秘藏寶鑰問談鈔¹⁰⁰ is a compilation of Dōhan’s lectures on Kūkai’s *Hizōhōyaku* 秘藏寶鑰 (T. 2426). The *Sokushin jōbutsugi kikigaki* 卽身成佛義聞書¹⁰¹ is the record of a dialogue between Dōhan, Hōshō, and several other medieval Shingon thinkers as they discuss Kūkai’s *Sokushin jōbutsu gi* 卽身成佛義 (T. 2428). The *Shōji jissōgi shō* 聲字實相義抄¹⁰² is a commentary on Kūkai’s *Shōjijissōgi* 聲字實相義 (T. 2429). The *Hannya shingyō hiken kaihō shō* 般若心經秘鍵開寶鈔¹⁰³ is a commentary on Kūkai’s Esoteric explication of the Heart Sūtra, *Hannya shingyō hiken ryakuchū* 般若心經秘鍵略註 (T. 2203B). The *Kongōchōgyō kaidai kanchū* 金剛頂經開題勘註,¹⁰⁴ is Dōhan’s commentary on Kūkai’s *Kongōchōgyō kaidai* 金剛頂經開題 (T. 2221).

As part of Dōhan’s Kōbō Daishi scholarship, Dōhan also cultivated a deep devotion to the life of Kūkai and Kōyasan. Dōhan composed a commentary on the *Kōbō Daishi ryaku joshō*

⁹⁸ T. 2288; BKD 5:25b; MD 176c.

⁹⁹ T. 1668.

¹⁰⁰ Mori Shigeki 森重樹, ed., *Toganō korekushon kenmitsu tenseki monjo shūsei* 桐尾コレクション顕密典籍文書集成, vol. 5 (Tokyo: Hirakawa shuppansha, 1981). BKD 9:110a; MD 1862a.

¹⁰¹ ZSZ 17; BKD 7:76d; ZSZ 42:68

¹⁰² SZ 14; BKD 5:401b-d, MD 403b; SZ 43:61; Nakamura Honnen 中村 本然, “‘Shōjijissōgi shō’ (Dōhan ki) ni tokareru nyogi gensetsu ni tsuite –sono ichi, ‘Shakumakaenron’ to Kūkai no chosa ni miru nyogi gensetsu wo chūshin to shite 『声字実相義抄』 (道範記)に説かれる如義言説について--その1、『釈摩訶衍論』と空海の著作にみる如義言説を中心として,” *Mikkyō bunka* 密教文化 203 (1999): 1-20.

¹⁰³ ND 10 (1916 edition), 20 (1975 edition); BKD 9:73d; MD 1836a.

¹⁰⁴ ZSZ 7; BKD 3:478b; ZSZ 42:37; Nakamura Honnen 中村 本然, “Dōhan sen ‘Kongōchōkyō kaidai kanchū’ ni tsuite 道範撰『金剛頂經開題勘註』について,” *Kōyasan daigaku Mikkyō bunka kenkyūjo kiyō* 高野山大学密教文化研究所紀要 21 (2008): 29-52.

弘法大師略頌鈔,¹⁰⁵ a poetic recounting of the major events in Kūkai’s life, composed in 18 verses by Enmyō 圓明 (d. 851), one of Kūkai’s major disciples. Also, Dōhan’s *Nanzan hiku* 南山秘訣¹⁰⁶ presents Kōyasan as an auspicious site for the attainment of Pure Land rebirth.

Dōhan also recorded the works of his teachers Kakkai and Jōhen. The *Benkenmitsu nikyōron shukyō (tekagami) shō* 弁顯密二教論手鏡抄¹⁰⁷ is a record of Jōhen’s lectures on Kūkai’s *Benkenmitsu nikyō ron* 辯顯密二教論 (T. 2427), and the *Chō kaishō* 聽海抄,¹⁰⁸ records the teachings of Kakkai.

In addition to his Kūkai scholarship, and his teaching on Esoteric ritual and doctrine, Dōhan also taught introductory practices that seem to fit perfectly the “shared paradigm” described by Stone. The *Dōhan shōsoku* 道範消息,¹⁰⁹ and the *Aun gōkan* 阿吽合觀,¹¹⁰ present the contemplation of the syllable A 阿字觀, (*J. ajikan*). The *Shoshin tongaku shō* 初心頓覺鈔¹¹¹ presents Shingon practices for the beginner, emphasizes the non-obstruction of evil karma, and

¹⁰⁵ KDDZ 3; BKD 3:330; NBD 164.

¹⁰⁶ ZSZ 41; ZSZ 42:198.

¹⁰⁷ ZSZ 18:273-323; BKD 9:377d, 8:299b; MD 1978c; ZSZ 42:75; Nakamura Honnen 中村本然, “Kenmitsu nikyōron tekagami shō ni tsuite, tokuni ‘Shakumakaenron’ kaishaku ni kansuru shomondai wo chūshin to shite 『顯密二教論手鏡抄』について特に『釈摩訶衍論』解釈に関する諸問題を中心として,” in *Bukkyō kyōri shisō no kenkyū: Satō Ryūken hakushi koki kinen ronbunshū* 仏教教理思想の研究：佐藤隆賢博士古稀記念論文集, ed. Satō Ryūken hakushi koki kinen ronbunshū kankōkai 佐藤隆賢博士古稀記念論文集刊行会, (Tokyo: 山喜房仏書林, 1998), 333-263 (R).

¹⁰⁸ Kanayama Maboku 金山穆韶, “Chōkaishō (Dōhan ajari ki) 聽海抄 (道範阿闍梨記),” *Mikkyō kenkyū* 密教研究 10 (1922): 167-228; “Chōkai shō ni tsuite 聽海抄に就,” *Mikkyō kenkyū* 密教研究 10 (1922): 229-231. BKD 7:264c).

¹⁰⁹ NKBT 83:76-83; translated in full by: Pol Van den Broucke, “Dōhan’s Letter on the Visualization of Syllable A,” *Shingi Shingon kyōgaku no kenkyū* 新義真言教学の研究 10 (2002): 65-87. (as *Shōsoku ajikan*) BKD 5:346d.

¹¹⁰ Translated by: Richard K. Payne, “Ajikan: Ritual and Meditation in the Shingon Tradition,” in *Re-visioning “Kamakura” Buddhism*, edited by Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 232-233; based on the edition printed in: Mitsuun 密雲, Moriyama Kamon 守山嘉門, ed. *Ajikan hiketsushū* 阿字觀秘決集. Jōkō-in 定光院, 1912 (reprint, Moriyama Kamon 守山嘉門, 2010), 19-20.

¹¹¹ SZ 22; BKD 5:246c; NBD 298; MD 1226c; SZ 43:142; Tanaka Hisao 田中久夫, 道範の「初心頓覺鈔」について, 日本歴史 172 (1962): 87-89; Nakamura Honnen 中村本然, “Dōhan ki ‘Shoshintongaku shō’ ni tsuite 道範記『初心頓覺鈔』について,” in *Mikkyō to shobunka no kōryū: Yamasaki Taikō kyōju koki kinen ronbunshū* 密教と諸文化の交流：山崎泰広教授古稀記念論文集, ed. 山崎泰広教授古稀記念論文集刊行会 (Kyoto: Bunkōdo, 1998), 151-184.

argues that the initial stage of awakening is itself the highest attainment. The *Kōmyō shingon shijū shaku* 光明真言四重釈¹¹² contains Dōhan’s secret teachings on the Mantra of Light. The scholarship of Mark Unno and David Quinter, noted above, also address the popularity of this practice in early medieval Japan. Finally, Dōhan’s commentary and exegesis on *Unjigi shakuchū shō* 吽字義釋勘註抄,¹¹³ a commentary on Kūkai’s *Unjigi* 吽字義 (T. 2430), serves as an introduction to the practice of Shingon. Dōhan also commented on deathbed practices for Pure Land rebirth in *Dōhan nikka rinjū higi* 道範日課臨終秘儀,¹¹⁴ and *Rinjū yōshin ji* 臨終用心事.¹¹⁵

In this chapter, by outlining key features of Dōhan’s thought, I present but one corner of the state of Kūkai studies in medieval Japan, an important and largely missing key to understanding the relationship between Kūkai and medieval Esoteric culture, often mistakenly assumed to be synonymous. Ultimately, this chapter argues that Dōhan studies, as an area of study comparable to Dōgen or Shinran studies, may open up important windows into medieval Japanese religion, including, but not limited to, the nature of medieval “Kūkai studies,” the complex relationship between *hongaku* doctrinal thought and Esoteric ritual practice, and as well, Pure Land thought and practice in medieval “Esoteric Buddhism.”

¹¹² SAZ 2:74-81; NBTD 165; BKD 3:338c.

¹¹³ 3 fasc., SZ 7; BKD 1:230a; NBDT 68.

¹¹⁴ *Mikkyō bunka kenkyūjo seikyō bunsho chosahan* 密教文化研究所聖教文書調査班, *Kōyasan shinnō seikyō bunsho chosa gaiyō—suke, shiryō kaishō* ‘Dōhan nikka rinjū higi 高野山親王院聖教文書調査概要--付、資料紹介『道範日課臨終秘儀』,’ *Kōyasan daigaku mikkyō bunka kenkyūjo kiyō* 高野山大学密教文化研究所紀要 16 (2003): 79-92.

¹¹⁵ 1 fasc., SAZ 2:792-795; printed edition available at Kyoto University; BKD 11:277c.

Chapter VI: Mysteries of Speech and Breath

In Chapter VI, which is divided into four parts, I examine in detail key issues arising in Dōhan's *Compendium*, a synthetic composition bringing together many voices from the Esoteric and Pure Land traditions. This chapter serves as both an introduction to the text as a whole, and an analysis of key passages from the translation that follows in Part III of this dissertation. The *Compendium* was composed in 1223 in three fascicles. In addition to serving as a philosophical and doctrinal introduction to Dōhan's perspective on Pure Land thought more broadly, I argue that this text presents a perspective on the *nenbutsu* that ultimately resists simple characterization as "Esoteric," and rather encompasses what I argue is a *kenmitsu nenbutsu* perspective wherein multiple visions of reality are able to stand together in a productive tension that is not necessarily resolved.

In this way, I suggest that Dōhan's perspective opens up a space for dialogue that may move beyond the struggle between exclusivistic and universalistic Buddhist truth claims, while also establishing a philosophical foundation for the need to debate and engage critically religious others. For example, in addition to articulating his own vision of Kūkai's Esoteric Buddhist system, Dōhan also draws upon Chinese Tiantai and Japanese Tendai thinkers such as Zhiyi 智顓 (538-597) and Annen 安然 (841-915?), as well as the famous Pure Land thinker Shandao 善導 (613-681), among many others, not simply as polemical fodder, but as partners in dialogue and debate.

In Part I, of this chapter, I begin my analysis of the text by examining the words of the title: *Himitsu* (or *Himitsu-shū*), *nenbutsu*, and *shō*. By using a conventional Buddhist exegetical approach (using the title of a given text to explicate its meaning) in an unconventional way, I speculate that it is possible that Dōhan may have intended for the title alone to convey to the

reader what he was ultimately trying to say: that the easiest, most common, and to some, “lowest,” form of practice (the *nenbutsu*) is in fact itself (*sono mama*) the highest attainment. Following this, I present a brief description of all of the many sections and sub-sections that comprise the work, addressing each of the topics considered under these sub-sections.

In Part II, I examine in close detail several key passages that support my argument that Dōhan’s *nenbutsu* moves beyond both an “Esoteric” critique of “exoteric” Pure Land thought (exclusivist), as well as the proposition that all practices are ultimately the same (universalist), and ultimately arrives at a *kenmitsu* perspective that allows the tension between competing systems to stand without necessarily being resolved. Here I argue that throughout the *Compendium*, Dōhan employs a variety of strategies, including selective quotation of sources, conflation, assimilation, comparison, inversion, and what the modern reader might label as logical contradiction, all in an effort to front load tension and difference as conceptual strategies for thinking about the practice of the *nenbutsu*.

Building upon this section, I consider some of the philosophical and ethical implications of Dōhan’s vision of Pure Land practice. First, I engage with Dōhan’s metaphorical use of the relationship between speech and breath. Speech, it would seem, is a willed act that “I,” the agent of my actions, perform. The *nenbutsu*, therefore, is a willed act. Breath, on the other hand, is a natural, spontaneous, or unwilled act. Breath arises naturally within “me” of its own accord. While “I” might concentrate on the breath as an act of meditation, for the most part, breath is an unwilled act. And yet, this “unwilled” act fundamentally establishes the basis for which the “willed” act of speech may be performed. Because, for Dōhan, the “secret” of the *nenbutsu* (which literally means just “contemplation of buddha”) is that it is the very breath that animates beings, and all speech is to be understood as “mantra,” *nenbutsu*-breath/life-mantra therefore

provides a basis upon which all Buddhist practice, high and low, esoteric and exoteric, and so on, may be efficacious. In other words, the thing that makes Buddhist practice work is life itself, something that no one controls.

In this section, I note that while Dōhan recognizes a basis for dialogue across differences of approach, he was not saying that difference does not matter, but rather continued to approach the practice of Buddhism from his own Kūkai-centered perspective. In this way, I suggest that he is therefore presenting us with the medieval Japanese vision for how to deal with religious difference while still advocating for one’s own perspective. All truth claims are situated claims; there is no unmediated access, because mediation itself is fundamental to the enterprise of being a sentient being. However, for Dōhan, that positionality is itself none other than “Buddha,” not a position removed from Buddha. Dōhan’s perspective maintains a certain harmony with “post-modern” Buddhist thinkers like Jin Park who draws upon Zen and Huayan thought to consider deeply the nature of ethics and religious diversity and difference. Twenty years after composing this work, Dōhan became embroiled in a violent dispute over patronage. This may demonstrate that these ideas were formulated in a turbulent context where contestation was a daily reality, and not simply the philosophical musings of an out-of-touch elitist.

In Part IV, I conclude this chapter on Dōhan’s Pure Land thought by proposing a few possible avenues for future inquiry, such as an “esoteric” reading of Shinran. As recent scholarship has demonstrated,¹¹⁶ there is considerable utility in approaching Shinran as a participant in the *kenmitsu* culture of his time. As Kuroda Toshio and James Dobbins have noted, Shinshū historiography has largely divorced Shinran from his early-medieval environment. In

¹¹⁶ Takeda Kazuma 武田一真, *Shinran jōdokyō no tokuisei—Kūkai mikkyō tonō taihi wo tōshite* 親鸞浄土教の特異性—空海密教との対比を通して (Kyoto: Nagata bunshōdō, 2013); Koyama Satoko 小山聡子, *Shinran no shinkō to jujutsu: byōki chiryō to rinjū gyōgi* 親鸞の信仰と呪術病氣治療と臨終行儀 (Tokyo: Yoshikawa Kōbunkan, 2013).

this section I suggest that by placing Dōhan and Shinran in artificial dialogue with one another, we may reach a more contextually based understanding of the importance of Esoteric Buddhism in early Shinshū, as well as a more nuanced understanding of the place of Pure Land thought in medieval Shingon. Building upon this section, I then speculate on the potential for employing the *Avatamsaka-sūtra* as a tool for the analysis of “Esoteric Pure Land,” drawing upon a text that exerted a significant influence upon both Shinran and Kūkai, in order to establish a more substantial dialogue across two of the most important traditions in Japanese Buddhist history.

Part III

Dōhan’s *Himitsu nenbutsu shō* (Fascicle I), Annotated Translation

In Part III of this dissertation, I provide a fully annotated translation of the first fascicle of the *Compendium*. In this way, I hope to introduce an important piece of Dōhan’s writings on Pure Land to the Anglophone world, and promote the further study of Dōhan’s other works as well.

Conclusion

Toward a “Middle Way” Buddhist Studies Methodology

In this dissertation, I have drawn in particular upon Lopez’s “tripartite procedure”¹¹⁷ in the pursuit of a creative and conscientious approach to Buddhist Studies scholarship. Lopez suggests that first, scholars must think as broadly as possible about the historical context of any text we study. How does it connect to other texts in the Buddhist world, and what are the historical and social “causes and conditions” that led to its authorship? This is not done in order to locate the meaning of a text reductively in political or economic machinations. Rather, this

¹¹⁷ Lopez, *Elaborations*, 255-257.

approach provides us with a more rigorous engagement with the environment and ideas within which an author produced a given work and the world of meaning to which that author was responding. Recently, scholarship on medieval Japanese Buddhism has shifted away from doctrine and the history of ideas, refocusing instead on institutions and empirical data. This dissertation will work to contextualize Dōhan's thought in the activities of Kōyasan monks and Pure Land aspirants in order to "humanize" the activities of these "Old School" monks, and show their relevance to the evolving devotional environment of the medieval Japanese and premodern East Asian world.

Second, Lopez suggest that scholars must think critically about how a given text has been studied in both traditional and modern contexts. That texts like Dōhan's *Compendium* seem to have fallen through the cracks is no surprise. The modern and contemporary sectarian perspectives guiding the evolution of Buddhist Studies as an academic discipline have led to fairly rigid textual taxonomies that often fail to account for pre- and trans-sectarian practices and communities. Scholars must think critically about the causes and conditions that allowed us moderns to study texts the way we do. This means that scholars must take the long view, looking to past commentators and their often conflicting perspectives on what a text means. A text does not simply present a single perspective. Rather, each text's meaning changes depending on how it is being used, and by whom. Dōhan's *Compendium* presents many passages from a vast array of classic sūtras and commentaries from China and Japan, to which are appended his own personal comments. Therefore, in analyzing his presentation, it will be instructive to see how other monks created meaning from the same texts, and consider how they were used in different context. Moreover, it will also be useful to think about how contemporary traditions understand these texts so that we can see how meaning-making changes over time.

Third, Lopez argues that scholars of Buddhism must critically reflect upon their own positionality, how we have come to construct our position in relation to the text, and what our “scholarly agency” means. Lopez notes that this rigorous self-reflexivity must reach a middle path between radical contextualism—the notion that meaning is as irretrievable as we are removed from the text’s context—and the simplistic reductionism of comparative philosophy, which seeks to compare universal features that transcend context.¹¹⁸ That we direct the hermeneutics of suspicion to our own intellectual genealogy, and that of another context and time, will reveal that we do not write in worlds “separate” from our object of study. Rather, the historiography we construct around our object of study, no matter how strongly/deeply rooted in evidence, is always-already a creative (and even literary) endeavor. We construct the world of our object of study as we study it. That there is no unmediated access to the past does not mean we have no access. We must remember that the act of academic writing strives for the goal of objectivity while placing our sources in conversation with our own disciplinary and intellectual genealogy. No one can have the final word because as our times change, so too does our reception of the past. This is why there are so many biographies of great figures: Each new historical context produces renewed impetus for inquiry. That this dissertation may at times seek to place texts from the Kamakura period (many of which we know of only through subsequent redactions in the Edo period), in dialogue with the contemporary “(post-?) post-modern” American academy of the twenty first century places a variety of voices in productive dialogue, and enables us to have a new conversation with our sources.

Finally, Lopez notes that it may be useful and intellectually stimulating to place a text or thinker in dialogue with a diverse range of philosophical works in order to render specific case

¹¹⁸ Lopez, *Elaborations*, 256-257. Lopez here cites at length Jean-François Lyotard, *The Differend: Phrases in Dispute*, trans. Georges Van Den Abbele (Minneapolis: University of Minnesota Press, 1998), 137.

studies more approachable to scholars more familiar with other areas of study. In other words, “... to say that Derrida may help us interpret Buddhist texts is something very different from saying that Nāgārjuna does what Derrida does.”¹¹⁹ The theoretical approach employed by this dissertation will seek to conscientiously construct an artificial environment in which the “anti-essentialist”¹²⁰ thinkers of the Western canon may occasionally enter into the conversation in an effort to further interpret elucidate key Buddhist concepts derived from the writings of Dōhan and other Buddhist thinkers, making their voices intelligible to those outside Japanese Buddhist studies or in cognate fields of Religious Studies or Buddhist Studies.

On the one hand, through this dissertation, my aim is to present a revisionist history of the “secret *nenbutsu*” in medieval Japan and “Esoteric Pure Land” as a major feature of East Asian Buddhism more broadly. By tracing the various threads woven together by Dōhan’s *Compendium* to other past, contemporary, and future context, this text may serve as a window into the whole of the Buddhist tradition. On the other hand, this dissertation will situate this thematic investigation in the life and thought of Dōhan by using his spheres of activity and literary output to help establish the boundaries of this study. The “secret *nenbutsu*” did not exist in a vacuum, nor did Dōhan: They both represent nodes in a vast web of causes and conditions. Emphasis on interconnection is all the more relevant when we consider that Dōhan’s

¹¹⁹ Lopez, *Elaborations*, 254.

¹²⁰ By “anti-essentialist” I mean to signal an attitude of suspicious and productive doubt aimed at both the historical sources, the process by which these sources are handed down, as well as the act of constructing academic authority. Nietzsche, Benjamin, and Foucault have helped scholars become aware of the fact that cultures construct worlds of meaning, in part, to mediate the uncertainty and pain of human life, and that elite cultures remain in their place of privilege by means of the subjugation of a population. Nietzsche’s *Genealogy of Morals* rigorously engages the often dark emotions and intentions behind such supposedly noble ideals like compassion and pity. This general attitude may be helpful in thinking critically about the privileged position of an elite monastic literatus like Dōhan. Foucault’s genealogical critique of regimes of truth may be useful in thinking about Buddhist Studies connections to colonial era scholarship. De Certeau’s skepticism of historiographical objectivity, and Benjamin’s critique of the illusion of historical and cultural continuity, may be useful in procuring a more creative or literary perspective on the study of Kamakura history and literary culture. Nietzsche’s radical Dionysian affirmation of corporeal awakening may produce interesting points of comparison with Dōhan’s emphasis on the transformative potential of Buddhist bodies. See footnote 16.

Compendium contains excerpts from various sources outlining the utility of the *nenbutsu* as an effective ritual technology. Because this work is a synthetic amalgamation of various other texts, the “horizon of the text”¹²¹ extends into various genres and styles of Buddhist writing. I therefore suggest that scholars situate ideas in time and place, not in order to achieve some historical “truth,”¹²² but rather, so that we may engage more creatively the “constellation”¹²³ within which a text emerges. This style of composition may provide a creative model of sorts for listening to the many voices in chorus, both from Dōhan’s time and ours.

¹²¹ Hans-Georg Gadamer, *Truth and Method* (New York: Continuum International Publishing Group, 2004).

¹²² Michel de Certeau, *The Writing of History* (New York: Columbia University Press, 1988).

¹²³ Walter Benjamin, *Illuminations, Essays and Reflection*, ed. Hannah Arendt (New York: Harcourt, Brace & World, 1968), 263.

CHAPTER I
“ESOTERIC PURE LAND” BUDDHISM,
A HEURISTIC APPROACH

Introduction

In the introduction I noted that previous scholars has examined Dōhan’s 道範 (1179-1252) *Himitsu nenbutsu shō* 祕密念佛抄 (*Compendium on the Secret Contemplation of Buddha*) in particular, and “Esoteric Pure Land” 密教淨土教 (J. *mikkyō jōdokyō*) in general, as the syncretism of “Pure Land Buddhism” 淨土教 (C. *jingtujiao*, J. *jōdokyō*) and “Esoteric Buddhism” 密教 (C. *mijiao* J. *mikkyō*; a.k.a. “Vajrayāna,” “Tantra,” etc.), or, as the orthodox Shingon School 眞言宗 (C. *Zhenyan-zong*, J. *Shingon-shū*) position on the nature of rebirth in the Pure Land of Sukhāvātī 極樂往生 (C. *jile wangsheng*, J. *gokuraku ōjō*). Through this dissertation, I will demonstrate, however, that neither “Pure Land” nor “Esoteric” Buddhism should be viewed as an inherently distinct entity, and that whatever else the medieval Japanese Shingon tradition may have entailed, and whatever else the East Asian “Esoteric” Buddhist tradition may have entailed, aspiration for rebirth in the Pure Land of the Buddha Amitābha 阿彌陀如來¹²⁴ was a prominent goal. Moreover, Dōhan’s view of the *nenbutsu* 念佛 represents not an example of

¹²⁴ The names Amida Nyorai 阿彌陀如來 (C. *Amituo Rulai*) and other names including Amitāyus Tathāgata 無量壽如來 (C. *Muryōju Nyorai*, J. *Muryōju Nyorai*) and Amitābha Tathāgata 無量光如來 (C. *Wulianguang Rulai*, J. *Muryōkō Nyorai*) are used interchangeably in East Asia, and are commonly referred to in English scholarship as simply Amitābha.

“syncretism,” nor merely an essentially Shingon perspective, but rather, when viewed in the particular and broader historical and intellectual context, represents an effort towards a comprehensive “Mahā/Vajrayāna” vision of Buddhist practice designed to encompass the diverse range of ritual and doctrinal approaches to mediating the gap between enlightened Buddhas and ordinary beings.

The study of Dōhan’s work requires of the scholar a willingness to think broadly and critically about the various heuristic and polemical constructs employed both in pre-modern Buddhist sources, as well as contemporary Buddhist Studies scholarship. The academic study of Buddhism is often broken up into discrete areas of inquiry, usually corresponding to particular linguistic or nation-state boundaries, or to the contemporary Buddhist sectarian landscape.¹²⁵ As a result, before a student has even acquired the language skills necessary to delve deeply into Buddhist texts or conduct fieldwork, the perimeters of their academic identity and future scholarship are in some sense pre-determined.¹²⁶ Adhering too closely to these divisions may not only inhibit one’s ability to discover new areas of inquiry, but may even lead students and young scholars to cultivate a practiced disinterest towards traditions outside of their “area.” There are, in other words, many potential avenues open for investigation and dialogue that have yet to be explored simply because scholars are unaware that they exist. This chapter will present a number of important recent developments across a range of Buddhist Studies sub-fields that may aid scholars of East Asian Buddhism in challenging the ahistorical reification of “Esoteric Buddhism”

¹²⁵ Richard K. Payne and Kenneth K. Tanaka, “Introduction,” in *Approaching the Land of Bliss: Religious Praxis in the Cult of Amitābha*, ed. Richard K. Payne and Kenneth K. Tanaka (Honolulu: University of Hawaii Press, 2003), 1-3.

¹²⁶ Christian Wedemeyer, *Making Sense of Tantric Buddhism: History, Semiology, and Transgression in the Indian Traditions* (New York: Columbia University Press, 2012), 4.

and “Pure Land Buddhism” as fundamentally discrete areas of study, so as to allow Dōhan’s “...long silenced voice into the conversation.”¹²⁷

This chapter will propose “Esoteric Pure Land” as a useful heuristic device for addressing a major feature of East Asian Mahāyāna Buddhist literature and material culture that has until now gone unnoticed and unexamined. I am here proposing the term “Esoteric Pure Land” not as the name of a previously unexamined “school” of Buddhism, nor even as a “kind” of Buddhism, but rather as a heuristic device to be employed to open a new area of dialogue and exchange among scholars interested in the ritual technologies employed to render concrete the Mahāyāna Buddhist soteriological vision of the universe. All heuristic devices “are merely designations that derive their sense and meaning in comparative and historically embedded contexts.”¹²⁸ Therefore, this artificially constructed heuristic will function as a strategy for opening dialogue across disciplinary and regional divisions about features of the Buddhist world that have remained invisible (or inexplicable) because our current taxonomic approach to Buddhism does not allow for it.

Richard K. Payne notes that in the study of Buddhism “the terms and categories employed are in large part our own creation, and [we must] avoid reifying them by turning them into objects existing independently of our use. As such, we are responsible for the terms we use and for using them with adequate reflection on the presuppositions they bring—often covertly—into the field.”¹²⁹ In a similar vein, J.Z. Smith has argued: “‘Religion’ is not a native term; it is a term created by scholars for their intellectual purposes and therefore is theirs to define. It is a

¹²⁷ Jan Nattier, *A Few Good Men: The Bodhisattva Path According to the Inquiry of Ugra (Ugrapariprocchā)* (Honolulu: University of Hawaii Press, 2003), 9.

¹²⁸ Georgios Halkias, *Luminous Bliss: A Religious History of Pure Land Literature in Tibet: With an Annotated English Translation and Critical Analysis of the Orgyan-glin Gold Manuscript of the Short Sukhāvāṭīvyūha-sūtra* (Honolulu: University of Hawaii Press, 2013), xxviii.

¹²⁹ Richard K. Payne, “Introduction,” in *Tantric Buddhism in East Asia*, ed. Richard K. Payne (Somerville, MA: Wisdom Publications, 2006), 3.

second-order, generic concept that plays the same role in establishing a disciplinary horizon that a concept such as ‘language’ plays in linguistics or ‘culture’ plays in anthropology.”¹³⁰ As will be explored below, “Esoteric Pure Land” will be used as a “second-order” term to be used to establish a new area of study.

This chapter investigates the construction of “Pure Land Buddhism” and “Esoteric Buddhism” as discrete objects of study by drawing upon recent scholarship that has fundamentally recast our understanding of the relationship between Early Buddhism (often uncritically assumed to be represented by the Theravāda tradition), Mahāyāna Buddhism (previously understood to be a lay movement reacting against clerical elitism), and Esoteric, or Tantric, Buddhism (long regarded as the last phase of Buddhism, a radical break, wherein Hindu Śaivism “syncretized” with Buddhism, and destroyed it). By recognizing the problematic assumptions that have led to the reification of these categories as distinct and substantialist entities, this chapter will engage critically and creatively the truth claims made in both Buddhist texts and the scholarship on those texts. This critical heuristic approach will highlight the ways in which Buddhists and contemporary scholars have established disciplinary divisions of their own making, and the complex ways in which modern “academic” and traditional “religious” categories have mutually created the contemporary Buddhist Studies taxonomic model of scholarship.

This chapter is divided into four parts. In Part I, I examine the work of Eugene Burnouf, who may be regarded as the father of contemporary Buddhist studies, and seek to undermine the assumption that Buddhist history may be broken into Early, Mahāyāna, and Tantric phases, each corresponding to a different “kind” of Buddhism. Building upon this examination of Burnouf, I

¹³⁰ Jonathan Z. Smith, *Relating Religion: Essays in the Study of Religion* (Chicago: University of Chicago Press, 2004), 193-194.

synthesize recent scholarship that demonstrates that Mahāyāna Buddhism emerged not as a discrete kind of Buddhism, but as a discursive and polemical term applied within a broader Buddhist literary context, a broader polemical conversation, in which conservative monastics responded to the growing diversity of Buddhist traditions. Furthermore, it would seem, so-called early-Mahāyāna was likely not a radical break from early mainstream Buddhism at all, but a development drawing upon ideas and concepts germane to the early Buddhist environment. In this way, this section purports to destabilize “Mahāyāna” as a discrete entity unto itself.

Part II investigates the Buddhist aspiration for post-mortem rebirth in the Pure Land paradise of a Buddha not as the defining goal of a particular “kind” (or species) of Mahāyāna Buddhism, but rather, as a ubiquitous cosmological and soteriological orientation found across many genres of Buddhist literature, including the *tantras*. This section demonstrates that, like the Bodhisattva path itself, Pure Lands were one of many contested features in the early Buddhist environment, and not a defining feature of a new kind of Buddhism. By noting the diversity of the early Buddhist environment, as well as the normative context for the proliferation of Mahāyāna Buddhist discourse, this section demonstrates that the attempt to account for the origins of Mahāyāna and Pure Land often presupposes a “pristine” Buddhism onto which other practices or cosmologies were grafted. This section also establishes that Buddhist cosmology and soteriological thought often served to “concretize” doctrine and ethical teachings in relation to ritual practice, and should not be dismissed as secondary in nature.

Part III presents recent scholarship on the construction of Tantric Buddhism as an object of study. This section builds upon Lopez’s observation that “Tantra” as a free-floating noun has been employed to resolve contradictions that have arisen in the academic study of Buddhism¹³¹

¹³¹ Donald S. Lopez, Jr., *Elaborations on Emptiness: Uses of the Heart Sūtra* (Princeton: Princeton University Press, 1996), 103-104.

that do not derive from the sources themselves. The *tantras* were but one node in a broader Mahāyāna net of narrative, doctrinal, and ritual genres of literature. Furthermore, as Christian Wedemeyer has suggested, rather than imagining Tantric Buddhism as a kind of Buddhism set apart from Mahāyāna Buddhism, it would be more appropriate to imagine the context for a “Mahā/Vajrayāna.”¹³² I would therefore suggest that we consider Esoteric Buddhist discourse to be a Mahāyāna polemical label based primarily in *tantra* ritual theory. In this way, the over-essentialized hyper-literal reading of esoteric/exoteric rhetoric often associated with so-called Tantric literature may be recognized as a prescriptive distinction, not descriptive of religious activity. In other words, the distinction between Mahāyāna and Esoteric Buddhism may be seen as reflective of “ideology, not sociology.”¹³³ This section establishes a foundation for the following chapter in which a close reading of early Chinese Buddhist sūtra and ritual texts across many genres further substantiates this re-visioning of Esoteric Buddhism in the East Asian context.

Finally, Part IV of this chapter presents a basic definition for “Esoteric Pure Land” as a way to highlight the way Buddhists employed the *tantras* and tantric discourse to shorten the Bodhisattva path through rebirth in the Pure Land. This will be accomplished by synthesizing recent scholarship that has in some sense already pointed toward the need for such a category. In this way, I suggest that the study of “Esoteric Pure Land” will continue a conversation already underway in the field, while also directing this conversation into new areas of study.

¹³² Wedemeyer, *Making Sense of Tantric Buddhism*, 97.

¹³³ Wedemeyer, *Making Sense of Tantric Buddhism*, 202.

Chapter I

Part I

Mahāyāna Buddhism and the Birth of Buddhist Studies

The modern academic study of Buddhism began in 1844 with the publication of Eugène Burnouf's (1801-1852) *Introduction à l'histoire du Bouddhisme indien*.¹³⁴ By this time, European philologists and historians had already begun the work of piecing together a diverse range of iconographic and textual data from Asia. Eventually, they realized that the varieties of “idolatry” found in Siam, China, and Japan were connected.¹³⁵ With the publication of his *Introduction*, Burnouf set the tone for the next century and a half of Buddhist Studies scholarship by providing a set of basic hypotheses about the chronology of Buddhism, and the nature of early Buddhism, that have only recently confronted questions.¹³⁶

Burnouf believed that he had discovered the earliest layers of Buddhist literature, which conveyed the teachings of a moral philosopher, whose “science”¹³⁷ had (unfortunately, yet inevitably) been turned into a religion.¹³⁸ This image of a rational, “scientific,” Buddha proved

¹³⁴ Donald S. Lopez, Jr., “Burnouf and the Birth of Buddhist Studies,” *The Eastern Buddhist* 43.1-2:25-34; Eugene Burnouf, *Introduction to the History of Indian Buddhism*, trans. Katia Buffetrille and Donald S. Lopez Jr. (Chicago: University of Chicago Press, 2010).

¹³⁵ Tomoko Masuzawa, *The Invention of World Religions, or, How European Universalism was Preserved in the Language of Pluralism* (Chicago: University of Chicago Press, 2005), 44-68, 121-146.

¹³⁶ As Lopez notes: “...we must acknowledge with the utmost respect the remarkable achievements of Eugène Burnouf. However, that feeling of respect carries with it a certain sense of disquiet, that something has gone wrong.... We might then regard 1844 as the year when everything changed, dividing time, as the Christians do, into two periods, before and after a fateful year. In this case, the period after the epoch making date is not simply a period of redemption. It is also a period of loss.” Lopez, “Birth of Buddhist Studies,” 34.

¹³⁷ Burnouf, *Introduction*, 90, 115 ft. 1, 124, 129-30, etc.

¹³⁸ “Indeed, there are few beliefs that rest on so small a number of dogmas, and that also impose fewer sacrifices to common sense. I speak here in particular of the Buddhism that appears to me to be the most ancient, the human Buddhism, if I care to call it so, which consists almost entirely in very simple rules of morality, and where it is enough to believe that the Buddha was a man who reached a degree of intelligence and of virtue that each must take as the exemplar for his life. I distinguish it intentionally for this other Buddhas of buddhas and bodhisattvas of contemplation, and above all from that of the Ādibuddha, where theological inventions rival the most complicated that modern Brahmanism has conceived. In this second age of Buddhism dogma develops, and morality, without disappearing entirely, is no longer the principal object of the religion. The discipline loses a part of its strength at the same time, as in Nepal, to mention only one example, where a new class of married monks formed, an institution that was impossible at the time of Śākya and of his first disciples.” Burnouf, *Introduction*, 328.

remarkably attractive to European intellectuals, and highly useful to Asian Buddhists seeking to fend off the critiques of Christian missionaries.¹³⁹ Believing that the simpler Pāli *suttas* were closer chronologically to the original teaching of the human Buddha, Burnouf suggested, in the form of a *hypothesis* (which nonetheless became an orthodoxy shared by Buddhist believers and scholars alike), that Buddhist literary genres grew chronologically, from simple Pāli *suttas*, to “developed” (*vaipulya*) Mahāyāna *sūtras*.¹⁴⁰ It is quite clear that for Burnouf and other early Buddhologists such “development” had compromised the essence of the tradition. Moreover, in so-called “Lamaist”¹⁴¹ countries (where exegesis of the *tantras* was more prevalent), these early Buddhologists believed the teachings of the human Buddha had been fundamentally subverted by outside influences (Persian, Brahmanic, “popular,” etc.).

For Burnouf, the human Buddha was a philosopher and moralist who stood above his superstitious contemporaries, “to whom miracles cost so little.”¹⁴² Burnouf’s criticism of the “developed” *sūtras* and *tantras* was especially vitriolic, and especially influential.¹⁴³ For Burnouf, well known for his anti-Catholic leanings, sacerdotalism naturally led to corruption. He therefore lamented “...the stupid respect [Buddhists] have for their lamas.”¹⁴⁴ Perhaps even worse than the

¹³⁹ Donald S. Lopez, Jr., *Buddhism and Science, A Guide for the Perplexed* (Chicago: University of Chicago Press, 2008).

¹⁴⁰ “That there are two kinds of *sūtras* that differ from each other in form as well as in content, namely: the *sūtras* that I call simple and the *sūtras* that the Nepalese themselves in accord with our manuscripts, call developed. That this difference, marked by important modifications in doctrine, announces that these two kinds of *sūtras* were written at different periods; That the simple sutras are more ancient than the developed *sūtras*, also sometimes called *sūtras* used as a great vehicle; that is to say, they are closer to the preaching of Śākyamuni; That among the simple sutras, there is also necessary to distinguish those that recall events contemporary with Śākyamuni, and those that recount fact or mention personages manifestly subsequent to the epoch of the founder of Buddhism; Finally, that all the works that bear the title *sūtra* must not, by that alone, be ranked rightfully in one of the three preceding categories, namely in the two categories of the simple *sūtras*, and the category of the developed *sūtras*; but that there are *sūtras* even more modern, notably *sūtras* in verse, which are only a kind of amplification of other more or less ancient prose *sūtras*.” Burnouf, *Introduction*, 243.

¹⁴¹ Donald S. Lopez, Jr., “‘Lamaism’ and the Disappearance of Tibet,” *Comparative Studies in Society and History* 38.1 (1996): 3-25.

¹⁴² Burnouf, *Introduction*, 329.

¹⁴³ Christian K. Wedemeyer, “Tropes, Typologies, and Turnarounds: A Brief Genealogy of the Historiography of Tantric Buddhism,” *History of Religions* 40.3 (2001): 223-259

¹⁴⁴ Burnouf, *Introduction*, 344.

priests themselves were the ritual activities of these Buddhists, in which they prostrate themselves “...before the most disgusting relics that human superstition has invented.”¹⁴⁵

Burnouf assumed that these manifestations of the tradition derived from the “developed” *sūtras*, which he dismissed as “a mass of words so empty.”¹⁴⁶ These *sūtras* contained a “system of celestial buddhas and Bodhisattvas, which [are] quite difficult to regard as the primitive form of Buddhism.”¹⁴⁷ He found the *tantras* to be so full of ritualistic practices that he could not accept them as part of the same religion as the simple *sūtras*.¹⁴⁸

Throughout the *Introduction* Burnouf’s tone is for the most part scholarly and detached, but when his discussion turns to the Mahāyāna *sūtras* and the *tantras*, he shifts into open criticism. Early Buddhism was moral, but Tantra was “the impure and coarse cult of the personifications of the female principle, as accepted among the Śaivaists [sic.]...so monstrous an alliance” of Buddhist and non-Buddhist traditions producing “terrible forms” meant to entertain and coerce “coarse and ignorant minds.”¹⁴⁹ In these traditions, the very worst of human superstition dominates the text, and “nothing would remind one of Buddhism if one did not see the name of the Buddha appear at rare intervals.”¹⁵⁰ Burnouf’s disdain for Buddhist ritual activity (often associated with the *tantras*) and cosmological and soteriological thought (often associated

¹⁴⁵ Burnouf, *Introduction*, 344.

¹⁴⁶ Burnouf, *Introduction*, 424.

¹⁴⁷ Burnouf, *Introduction*, 481.

¹⁴⁸ “The *tantras* are indeed treatises with a very special character, where the cult of bizarre or terrible gods and goddesses is combined with a monotheist system and other developments of Northern Buddhism, that is to say, with the theory of a supreme buddha and superhuman buddhas and bodhisattvas. In the *tantras*, all these personages are the object of a cult for which these books minutely delineate rules; several of these treatises are merely collections of instructions directing devotees in the art of drawing and arranging circles and other magical figures (maṇḍala) intended to receive the images of these deities. Offering sacrifices addressed to them in order that they be favorable to oneself, wish as prayers and hymns sung in their honor, also occupy a considerable place in these books. Lastly, they contain magical formulas, or dhāraṇīs, veritable spells supposed to have been composed by these very divinities, which usually bear their name and which have the virtue of saving from the greatest perils one who is fortunate enough to possess and repeat them.” Burnouf, *Introduction*, 479.

¹⁴⁹ Burnouf, *Introduction*, 480.

¹⁵⁰ Burnouf, *Introduction*, 491.

with Pure Lands and cosmic Buddhas of the Mahāyāna *sūtras*) led later generations of Buddhist Studies scholars to seek “true” Buddhism elsewhere.

Burnouf described the *tantras* as long and tiresome,¹⁵¹ strange and terrible,¹⁵² and as something “whose importance for the history of human superstitions does not compensate for its mediocrity and vapidness.”¹⁵³ Burnouf distinguished the Buddhist traditions which contained fire rituals, prayers to gods like Mahākāla and Śiva, spells for discovering hidden treasures, attaining the monarchy, obtaining the woman one wishes to marry, or even powers of invisibility,¹⁵⁴ from the philosophical tradition he saw in the “simple” *sūtras*. Burnouf would not suffer the idea of Śākyamuni as a ritual master.¹⁵⁵ Indeed, for Burnouf and many other Buddhologists, Mahāyāna to some extent, and Tantra to a large extent, incorporated the most shameful part of popular Brāhmanism, and represented a “recent syncretism.”¹⁵⁶

In order for Burnouf’s rational Buddha and his “science” to be fully understood, an account for the history of its development (or degeneration) was needed. This account, first proposed by Burnouf, quickly emerged as a kind of historicist “orthodoxy” within Buddhist Studies: Roughly five hundred years before Christ, a man who came to be known as “the Buddha” taught a simple moral philosophy, a “middle way” between the extravagant lifestyle of the householder and the self-denial of the ascetic, between the nihilism of the materialists, and the spiritualism of the theists. This approach to *gnosis* grew into a religion that eventually succumbed to the ritualistic habits and metaphysical speculation of its contemporary Asian environment. Though the earliest teachings had been preserved in the Pāli literature of the

¹⁵¹ Burnouf, *Introduction*, 487.

¹⁵² Burnouf, *Introduction*, 490.

¹⁵³ Burnouf, *Introduction*, 483.

¹⁵⁴ Burnouf, *Introduction*, 492.

¹⁵⁵ Burnouf, *Introduction*, 482.

¹⁵⁶ Burnouf, *Introduction*, 498.

Theravāda traditions of Sri Lanka and Southeast Asia, around the time of Christ a Sanskrit literary and lay-oriented sectarian movement, which called itself the “Mahāyāna,” emerged (possibly under Greek, Hindu, and/or Persian influence). This movement subsumed (or drowned) the simple philosophy of the historical Buddha within the worship of a vast panoply of gods and divine cosmic “buddhas” residing in heavenly “Pure Lands.” Eventually, the spread of this other-worldly kind of Buddhism mixed with Hindu Śaivism, and bore Tantric Buddhism, the illegitimate child of the Buddhist tradition, sometime in the 7th century. This form of Buddhism spread throughout Asia, particularly in Tibet, where it further devolved into “Lamaism.” Eventually, Tantric Buddhism led not only to the destruction of Buddhism in its country of origin, but also caused Buddhism to devolve further into the various forms of superstition and idolatry found throughout the contemporary Asia of Burnouf’s own day.

Though modern Buddhology has obviously re-imagined this story in more positive terms—often (but not always) substituting or inverting the existing negative evaluations of certain developments—the basic structure of this version of Buddhist history, which first emerged as a working hypothesis in the writings of Burnouf, has nevertheless remained largely unchanged. But when read together, recent scholarship by Gregory Schopen, Steven Collins, David Drewes, Paul Harrison, Donald S. Lopez, Jr., Jan Nattier, Johnathan Silk, Peter Skilling, Christian Wedemeyer, and others, reveals that this inherited view is mistaken on nearly every point.

This scholarship argues that so-called “Mahāyāna” literature evolved within mainstream Buddhist monastic communities, and rather than functioning as a separate “kind” of Buddhism (*the* Mahāyāna), Mahāyāna literature was established on a dichotomous reading of Buddhist truth, wherein the “great” vehicle represented the full revelation (or “secret” teaching) of the

Buddha. In other words, the word “Mahāyāna” was from the beginning a term of polemical discourse within mainstream Buddhism, long before it actually emerged as a separate “kind” of Buddhism.

Pace Burnouf and his assumptions, “the earliest Buddhist literature to which we have access” is not the same thing as “the earliest Buddhist literature,” nor is it the same thing as the “earliest Buddhism.” The emergence of “Mahāyāna” literature and discourse seems to have begun with the rise of writing in the Indian sub-continent, and in fact predates the Pāli literature that scholars often consult in their reconstruction of early Buddhism. Furthermore, in order for us to better grasp the diversity of Buddhist thought, we must read across various genres of Buddhist literature. Perhaps we ought even to give up on the quest for “origins” that are likely beyond our reach. In other words, in order to understand accurately the place of Esoteric discourse and Pure Land aspiration within Mahāyāna literature, and the place of Mahāyāna literature within early Buddhism, we must refrain from privileging a narrow view based on the search for a “historical” Buddha as somehow apart from the “miraculous” tales, soteriological aspirations, and ritual technologies associated with him and other Buddhas.

On the “Origin” of Mahāyāna

Burnouf’s hypothesis that Mahāyāna *sūtras* emerged later than the supposedly simple Pāli *suttas*, and that the *tantras* emerged later still, has become a dominant historicist orthodoxy in Buddhist Studies. However, Peter Skilling, Jonathan Walters, and others have recently argued that to regard Pāli literature and the Theravāda tradition as somehow equivalent to Early Buddhism is highly misleading and ahistorical. Moreover, to regard this diverse body of literature as patently more rational or philosophical than “later” Mahāyāna *sūtra* literature is also

problematic, because the Buddha of the Pāli canon is no less fantastic than the Buddha of the *vaipulya sūtras*. Moreover, despite their many differences, there are in fact a great number of assumptions shared by both literary worlds.¹⁵⁷ Additionally, such scholars as Christian Wedemeyer and John C. Huntington have argued for a fundamental reevaluation of the supposed “lateness” of tantric literary developments.¹⁵⁸ One reason that even the basic chronology of Buddhism can be called into question is that various political and environmental factors in South Asia that make establishing fixed dates more than a little problematic. This condition has made the search for the origins of Mahāyāna extremely difficult; in fact, some scholars have come to regard the very idea of “early-Mahāyāna” to be an intellectually incoherent construct. Various features said to define Mahāyāna Buddhism, as such, have recently been reevaluated in relation to the broader South Asian Buddhist context within which they emerged.

First, the earliest evidence for what scholars have called “Mahāyāna Buddhism” is an inscription found in Govindnagar in Mathura, dating perhaps from the 2nd-3rd century that contains a reference to the Buddha Amitābha. Schopen writes that “the setting up of the earliest known image of a Mahāyāna Buddha was undertaken for a purpose that was specifically and explicitly associated with established non-Mahāyāna groups.”¹⁵⁹ Second, the pioneering Madhyamaka thinker Nāgārjuna 龍樹 (ca. 150 CE -250 CE)¹⁶⁰ is perhaps the most important early Buddhist thinker for self-identified Mahāyāna and Tantric Buddhists, but some scholars

¹⁵⁷ Peter Skilling, “Mahāyāna and Bodhisattva: An Essay Towards Historical Understanding,” in *Phothisatawa barami kap sangkom thais nai sahatsawat mai*, ed. P. Limpanusorn (Bangkok: Thammasat University Press, 2004), 139-156; Johnathan S. Walters, “Mahāyāna Theravāda and the Origins of the Mahāvihāra,” *Sri Lanka Journal of the Humanities* 23.1-2 (1997): 100-119.

¹⁵⁸ Wedemeyer, “Tropes and Typologies,” *Making Sense of Tantric Buddhism*, etc.; John C. Huntington, “Note on a Chinese Text Demonstrating the Earliness of Tantra,” *Journal of the International Association of Buddhist Studies* 10.2 (1987): 88-98.

¹⁵⁹ Gregory Schopen, “Kuṣān Image of Amitābha and the Character of the Early Mahāyāna in India,” in *Fragments and Fragments of Mahāyāna Buddhism in India, More Collected Papers* (Honolulu: University of Hawaii Press, 2005), 267-268. See also, Halkias, *Luminous Bliss*, 18 (endnotes 88-95 pg. 225); Fujita, “Pure Land Buddhism in India,” 9 (footnote, 10).

¹⁶⁰ C. Longshu, J. Ryūju.

have suggested that Nāgārjuna may not have been a “Mahāyāna” thinker after all. Nāgārjuna’s major doctrinal contribution was the doctrine of the “middle,” or Madhyamaka. Essentially, Nāgārjuna established a form of argumentation that, rather than positing a single position, essentially used a variety of techniques to confound the underlying logic of his opponents. This Madhyamaka philosophy is often regarded as a corner stone of later Mahāyāna philosophy. Some scholars have argued that, in addition to establishing a philosophical system designed to assault one’s perception of reality, his ultimate aim was to reestablish the correct interpretation of the Dharma.¹⁶¹ Gomez has noted a high degree of continuity between the *Suttanipāta*, Madhyamaka philosophy, and the “Perfection of Wisdom” (*Prajñāpāramitā*) literature. In particular, he has argued that Madhyamaka and *Prajñāpāramitā* may have represented conservative rejections of what were perceived as innovations in Abhidharma literature, and a return to the doctrinal positions of previous eras.¹⁶² Perhaps Nāgārjuna should be understood as a conservative thinker, rather than a radical “Mahāyāna” innovator. Although a Mahāyāna “essence” is anachronistically attributed to both the Buddha Amitābha and the scholar-monk Nāgārjuna, when viewed in context, it is rendered (at least) problematic. As will be demonstrated below, this critique is possible of many of the “elements” we deem to be essentially Mahāyāna in nature.

In addition, many scholars have argued that Mahāyāna began as a way for priests to accommodate the ritualistic and soteriological desires of the laity. From this perspective held by many early Buddhologists, and even some contemporary commentators,¹⁶³ this accommodation led to the inevitable downfall of a philosophical religion that had been ahead of its time. As

¹⁶¹ A. K. Warder, *Indian Buddhism* (Delhi: Motilal Banarsidass, 1970; reprint, 2008), 358.

¹⁶² Williams, *Mahāyāna Buddhism: The Doctrinal Foundations* (London: Routledge, 2008), 29-30.

¹⁶³ See, for example, Michael Wood’s 2009 documentary, *The Story of India*, wherein he suggests that the culture of India was not well suited for the subtle philosophy of the Buddha.

superstition and foreign influence mingled with the original teachings of the Buddha, we are told, monks gave in to societal pressure and began performing “esoteric” rituals and fabricating stories about so-called “celestial buddhas” in faraway heavenly lands.

Other scholars, seeking to put a positive spin on this decidedly negative portrayal, have noted the appearance of proto-democratic and egalitarian concepts, such as that of the bodhisattva who works for the benefit of all. They have argued that the Mahāyāna certainly represented a kind of Buddhism that was *more* accessible to the laity, with rituals and narratives designed to render elitist and abstruse philosophy palatable to the masses. While this view is certainly less negative and condemnatory, the simple inversion of a negative portrayal does little to question the underlying assumptions of the narrative it seeks to critique.¹⁶⁴

Akira Hirakawa argued that lay associations devoted to stūpa reliquaries or Mahāyāna *sūtras* formed the early social foundation for Mahāyāna Buddhist development.¹⁶⁵ More recently, however, such scholars as Jan Nattier have demonstrated that, in all likelihood, Mahāyāna literature, and the concept of the bodhisattva so pervasive throughout it, actually first appeared within conservative mainstream Buddhist monastic contexts.¹⁶⁶

The Bodhisattva Path as Buddhist Vocation

Nattier has noted the emergence of a new academic consensus in Mahāyāna studies, arguing that whatever Mahāyāna’s “origin” may be, it most certainly developed within early

¹⁶⁴ Payne, “Introduction,” 13.

¹⁶⁵ Akira Hirakawa, *A History of Indian Buddhism: From Śākyamuni to Early Mahāyāna*, trans. Paul Groner (Honolulu: University of Hawaii Press, 1990), 270-274; Schopen has noted that the stupa cult was likely shared across many Buddhist traditions, Mahayana and “Mainstream,” alike. See: Gregory Schopen, “On Sending the Monks Back to their Books: Cult and Conservation in Early Mahāyāna Buddhism,” in *Figments and Fragments of Mahāyāna Buddhism in India, More Collected Papers* (Honolulu: University of Hawaii Press, 2005), 118.

¹⁶⁶ Nattier, *A Few Good Men*.

mainstream Buddhist monastic environments.¹⁶⁷ The “soteriological vocation of bodhisattvas”¹⁶⁸ has often been regarded as the key characteristic distinguishing the Mahāyāna path from its mainstream environment. However Nattier’s close reading of the available evidence demonstrates that the “*bodhisattva-yāna*” (vehicle of the bodhisattva) functioned as but one of many “vocations” within mainstream Buddhism, and that the “origin” of the bodhisattva path took place largely “off camera.”¹⁶⁹ In other words, while the bodhisattva path eventually became synonymous with Mahāyāna, we cannot assume that the “bodhisattva” is necessarily a “Mahāyāna” concept.¹⁷⁰ Those who followed the *bodhisattva-yāna* did not participate in a different “kind” of Buddhism, but rather pursued an approved, though perhaps distinct, vocation within the broader mainstream Buddhist path. Moreover, we cannot assume that the beliefs and/or practices of the monks who pursued this vocation were fundamentally different from those pursuing other vocations.¹⁷¹ *Bodhisattva-piṭaka* specialists would have memorized *sūtras* that promoted the bodhisattva path,¹⁷² but by and large would have participated in the same monastic culture and institutional environment.

Nattier notes that one way of nuancing our understanding of so-called early Mahāyāna would be to recognize the various strains of continuity and discontinuity between the elements that would come to characterize “the Mahāyāna,” and their role in the history of “early Buddhism.” One way of accomplishing this is to insist on the construction of a more precise vocabulary. Rather than discussing “Mahāyāna sūtras,” as such, we could refer to “bodhisattva

¹⁶⁷ Nattier, *A Few Good Men*, 73, 93; Williams, *Mahāyāna Buddhism*, 22.

¹⁶⁸ David Ruegg, “Aspects of the Study of the (Earlier) Indian Mahāyāna,” *Journal of the International Association of Buddhist Studies* 27.1 (2004): 3-62; cited in, Halkias, *Luminous Bliss*, xvii.

¹⁶⁹ Nattier, *A Few Good Men*, 191.

¹⁷⁰ Nattier, *A Few Good Men*, 73.

¹⁷¹ Nattier, *A Few Good Men*, 84-85, 195.

¹⁷² Nattier, *A Few Good Men*, 102.

sūtras,”¹⁷³ and instead of referring to the early Mahāyāna path, we could refer to the path of the Bodhisattva, the *bodhisattva-yāna*, as these terms actually appear more frequently in the earliest known sources.¹⁷⁴ In other words, one way of dealing with a problematic heuristic device like “Mahāyāna,” which has proven so susceptible to reification and essentialization, is to begin analysis by “bracketing” or displacing the problematic term and employing terminology more relevant or specific to the given context. Once the problematic term has been sufficiently nuanced or re-imbued with meaning, Nattier suggests, then it can be redeployed.

Additionally, Schopen has cautioned scholars not to conflate Indian Mahāyāna Buddhist *practice* (the things monks actually did) with Indian Mahāyāna Buddhist *literature* (the things monks said they did). According to Schopen, “the history of Mahāyāna literature and the history of the religious movement that bears the same name are not necessarily the same thing.”¹⁷⁵ As evidenced by archeological remains, Mahāyāna as a separate and distinct Buddhist identity did not fully emerge until perhaps the 6th century, whereas the earliest layers of Mahāyāna literature (to which scholars have access) date perhaps as early as the 1st century BCE.¹⁷⁶ Therefore, so-called “Mahāyāna” literature emerged and functioned within decidedly “non-Mahāyāna” institutional environments for centuries.

It appears that the context that produced the intellectual currents that we as moderns look back upon and label “Mahāyāna” likely emerged over a long period of development.¹⁷⁷ While we may acknowledge the “non-Mahāyāna” context of the development of various “Mahāyāna” elements, it should be noted that Mahāyāna did not develop out of a single Nikāya school, as

¹⁷³ Nattier, *A Few Good Men*, 10.

¹⁷⁴ Nattier, *A Few Good Men*, 172; Warder, *Indian Buddhism*, 338.

¹⁷⁵ Schopen, “Kuṣān Image of Amitābha,” 269.

¹⁷⁶ Williams, *Mahāyāna Buddhism*, 28.

¹⁷⁷ Nattier, *A Few Good Men*, 193; Schopen, “Kuṣān Image of Amitābha,” 267-268; Warder, *Indian Buddhism*, 335-336; Williams, *Mahāyāna Buddhism*, 4, 7-8; Nakamura, *Indian Buddhism*, 152.

some scholars have argued. Rather, Mahāyāna discourse developed across various traditions and locations.¹⁷⁸ With such diverse origins, could the label Mahāyāna even make sense? As Jonathan Silk asks, to “what, if anything,”¹⁷⁹ does the label Mahāyāna refer? Are we really talking about “Mahāyāna” as such in the early literature? Or are we anachronistically projecting back onto that early Buddhist environment a coherence that was not real at the time? Are we, in other words, mistaking a later prescriptivist polemical term for a sociologically identifiable division within the Buddhist tradition?

Seeking the Mahāyāna in Non-Mahāyāna Literature

While Buddhist Studies has historically regarded the Pāli canon as representing the earliest collection of Buddhist literature, so-called “Early Buddhism,” it should be noted that the Pāli canon was likely compiled (or written down) around the end of the 1st cent. BCE,¹⁸⁰ around the same time as many of the earliest Mahāyāna *sūtras* to which we have access. Moreover, this canon as we receive it today was finally edited in the 5th century by Buddhaghōṣa. This raises the important question of how to understand the relationship between Mahāyāna and non-Mahāyāna sources, and how to use them more productively.

Previously, scholars of Mahāyāna literature presupposed the antiquity of Pāli sources and looked for “antecedents” to Mahāyāna ideas within this literature. Arguing against this practice, Johnathan Silk notes:

[Li]terature commonly cited in discussions of Mahāyāna Buddhism as that of ‘Sectarian Buddhism,’ and surely not rarely implied to represent some pre-Mahāyāna ideas, in fact dates from a period after the rise of the Mahāyāna Buddhist movement... [Moreover]...the materials to

¹⁷⁸ Hirakawa, *A History of Indian Buddhism*, 262.

¹⁷⁹ Jonathan Silk, “What, If Anything, Is Mahāyāna Buddhism? Problems of Definitions and Classifications,” *Numen* 49.4 (2002): 355-405.

¹⁸⁰ Williams, *Mahāyāna Buddhism*, 33, 277 (note 4).

which we are comparing our extant Mahāyāna Buddhist literature may well have been written or revised in light of that very Mahāyāna Buddhist material itself, and vice versa ad infinitum.¹⁸¹

In other words, ideas that we have regarded as inherently “Mahāyāna” may have been present within a heterogeneous early Buddhist environment, and as Mahāyāna Buddhists began to differentiate themselves from others (this, after all, is the rhetorical impact of the term “Mahāyāna”), there formed some communities that identified as Mahāyāna, and others that identified as non-Mahāyāna. This gradual schism led different groups to define and redefine their texts and teachings against those they perceived as opponents, or heretics. It is therefore likely that some features of non-Mahāyāna literature, such as the exclusive focus on Śākyamuni, for example, may have arisen as a reaction against more inclusive and diverse Buddhologies, and that theories of the infinitude of Buddhas perhaps expanded in reaction to those espousing the singularity of Śākyamuni, which may have been perceived as a doctrinal innovation. Some scholars have even suggested that in the grand scheme of Buddhist history, exclusive focus on Śākyamuni as the only Buddha may have been less common than is often assumed.¹⁸²

Paul Mus (1902-1969), a French scholar who grew up in Vietnam,¹⁸³ was one of the first to promote this critical revision:

[T]he currents whence the Mahāyāna derived seem to have influenced from the start the whole of the church: the tradition began by developing entirely in this direction and it is only later, by a reaction against a categorical re-ordering of the new theories, already introduced stealthily, that a Hīnayānist Buddhism detached itself from the common movement, leaving the Mahāyāna to continue and accentuate the latter, and attempting to rejoin the initial orthodoxy; it partially succeeded and to this extent its claims to authenticity are justified; but perhaps it overshot the target, as did the Great Vehicle, in the previous interpretation.¹⁸⁴

In reevaluating the simplistic division between Mahāyāna and non-Mahāyāna (and Tantric and non-Tantric), these scholars have suggested that reading across canons may well lead us to see a

¹⁸¹ Silk, “Mahāyāna,” 397.

¹⁸² Wedemeyer, *Making Sense of Tantric Buddhism*, 72, 225 (note 20).

¹⁸³ David Chandler, “Paul Mus (1902-1969): A Biographical Sketch,” *Journal of Vietnamese Studies* 4.1 (2009): 149-191.

¹⁸⁴ Paul Mus, *Barabaður: Sketch of a History of Buddhism Based on Archaeological Criticism of the Texts*, trans. Alexander W. Macdonald (New Delhi: Indira Gandhi National Centre for the Arts: Sterling Publishers, 1998), 46.

more diverse early Buddhist environment than previously imagined. Rather than reading the Pāli *suttas* as the great-grandparents of the Mahāyāna *sūtras* and *tantras*, and rather than reading the Mahāyāna *sūtras* and *tantras* as the reactionary children of the Buddhist world, we can read across these literatures to gain a broader understanding of Buddhist literature. In this way, the various feature of Mahāyāna literature may be seen as features of a broader Buddhist environment, rather than an as the canons of essentialized and distinct “kind” of Buddhism.

Chapter I

Part II

“Pure Land” “Buddhism?”

Early Buddhologists first coined the term “Pure Land” and combined it with “Buddhism” as a way to highlight developments in East Asian Mahāyāna Buddhism.¹⁸⁵ In the era after Burnouf (late-19th – early-20th centuries), Mahāyāna Buddhism in general, and East Asian Buddhism in particular, were viewed as spurious developments that compromised the early, rational Indian Buddhism. Early scholars of Mahāyāna literature focused on philosophy and meditation, constructing an object of study to appeal to their modernist audience. Their approach tended to exclude ritual and soteriological perspectives from consideration. Sectarian scholars in Japan, who both reacted against and built upon this model, further sought to justify each of their respective *shūha* 宗派 (sects) as the pinnacle of the Mahāyāna tradition. This philosophical-sectarian framework has served as the default basis for the construction of Pure Land Buddhism as an object of inquiry.

¹⁸⁵ Halkias, *Luminous Bliss*, xvii.

There was never an autonomous Pure Land “School” in India,¹⁸⁶ or China,¹⁸⁷ but Amitābha and Sukhāvātī (as well as many other Buddhas and Pure Lands) are ubiquitous across the very earliest Mahāyāna literary phases to which scholars have access, believed to have been written ca. 1st cent. BCE.¹⁸⁸ According to Fujita, references to the Buddha of Limitless Life and Light (Amitābha, or Amitāyus) may be found in over one-third of the texts in the Chinese canon,¹⁸⁹ and Sukhāvātī eventually emerged as a standard literary trope representing perfect peace and enlightenment.¹⁹⁰ In evaluating the origin of Pure Lands in Buddhist literature, scholars often begin by analyzing the three Pure Land *sūtras*. However, the idea that there are three “Pure Land” *sūtras* likely first emerged only in early-medieval Japan, in the writings of the Hieizan 比叡山 monk Genkū 源空 (aka, Hōnen 法然 (1133-1212).

Hōnen endeavored to establish a *shū* 宗 (sometimes translated as “sect,” but in the medieval Japanese context something closer to “disciplinary focus” or “orientation”) rooted in the soteriological efficacy of recitation of the name of Amitābha, “Namu Amida Butsu 南無阿彌陀佛,” an act known as the *shōmyō nenbutsu* 稱名念佛, and the aspiration for rebirth in the Pure Land Sukhāvātī. Hōnen believed that in the present decadent age 末法 (C. *mofa*, J. *mappō*, the age of the end of the dharma), it was only by way of the power of the vow of the Buddha Amitābha that beings could attain rebirth in the Pure Land. Hōnen’s disciple, Shinran 親鸞

¹⁸⁶ G. Fussman, “La place des Sukhāvātī-vyūha dans le bouddhisme indien,” *Journal Asiatique* (1999): 523-586; cited in, Schopen, “The Mahāyāna and the Middle Period in Indian Buddhism: Through a Chinese Looking-Glass,” in *Figments and Fragments of Mahāyāna Buddhism: More Collected Papers* (Honolulu: University of Hawaii Press, 2005) 4, 18 (note 3).

¹⁸⁷ Robert Sharf, “On Pure Land Buddhism and Ch’an/Pure Land Syncretism in Medieval China,” *T’oung Pao* 88.4-5 (2003): 282-331.

¹⁸⁸ Schopen, “Kuṣān Image of Amitābha,” 258; Fujita, “Pure Land Buddhism in India,” 9; citing, Fujita Kotatsu, *Genshi Jōdo shisō no kenkyū* 原始浄土教思想の研究 (Tokyo: Iwanami shoten 岩波書店, 1970), 230-238, 474-486.

¹⁸⁹ Hirakawa, *Indian Buddhism*, 290; Fujita, “Pure Land Buddhism in India,” 35, 41 (note 53); Refer to the list of Sanskrit texts in: Fujita, *Genshi Jōdoshisō*, 141-161, and for a list of the Chinese texts, 161-164.

¹⁹⁰ Schopen, “Sukhāvātī,” 177.

(1173-1263) later came to be viewed as the inheritor of Hōnen’s teachings, and is regarded as the founder of Jōdo Shinshū 浄土真宗, or the True Pure Land School.

Jōdo Shinshū eventually emerged as the largest school in Japanese Buddhism. As such, it constituted a major force in the reception of modern European Buddhology. Moreover, Jōdo Shinshū has since dominated the Japanese and East Asian view on the nature of Pure Land, as well as the overall history of Japanese Buddhism, presenting the era of Hōnen and Shinran as a time when Pure Land Buddhism opened Buddhism up to the common people. As a result, scholars who have been influenced by the sectarian Shinshū historiography (knowingly and unknowingly) have retroactively projected something called “Pure Land Buddhism” throughout Buddhist history.¹⁹¹ This has led to the decontextualization of Pure Lands and Pure Land aspiration from their broader Mahāyāna context.

Sectarian scholarship defending Pure Land Buddhism endeavored to employ the tools of the aggressors (Western missionaries, Buddhologists, and Indologists) to justify their traditions on the basis of philosophy and rationality. However, it appears that the very premise upon which the Western critique of Mahāyāna was established remained largely unchallenged. In other words, by defending the legitimacy of one sectarian group, and using that identity as the final measure for all Mahāyāna literature, scholars of Pure Land have often constructed a rather narrow teleology to explain the development of Pure Land ideas, thus rendering “Pure Land Buddhism” as something significantly smaller than it actually is, a facet of the broader Mahāyāna tradition itself.

¹⁹¹ See, for example, Williams’ highly problematic description of “Pure Land” history, which is essentially little more than an uncritical recitation of the Shin Buddhist “Seven Patriarchs” lineage: *Mahāyāna Buddhism*, 256-276.

For example, Hōnen based his *shū* in three Pure Land sūtras, especially the Larger *Sukhāvātīvyūha-sūtra* 無量壽經.¹⁹² As a result, scholars have often used this text in particular as the litmus test against which Pure Land “elements” in other texts are judged. However, the cult of Amitābha and aspiration for rebirth in Sukhāvātī did not originate from the *Sukhāvātīvyūha-sūtra(s)*. Schopen has observed that rebirth in Sukhāvātī is but one of a list of goals and aspirations common across Mahāyāna literature,¹⁹³ and was likely “fully established” as one of the most important features of this literature at least by the 2nd century.¹⁹⁴ Moreover, aspiration for Sukhāvātī extends beyond the cult of Amitābha.¹⁹⁵ Texts dedicated to Maitreya 彌勒菩薩,¹⁹⁶ the Medicine Buddha 藥師如來,¹⁹⁷ Avalokiteśvara 觀世音菩薩,¹⁹⁸ and Akṣobhya 阿閼如來,¹⁹⁹ among many others, promise not only rebirth in the Pure Lands of those particular Buddhas and Bodhisattvas, but also rebirth in Sukhāvātī. Early versions of the *Sukhāvātīvyūha-sūtra*, the *Ajitasena-vyākaraṇa-nirdeśana-mahāyāna-sūtra*,²⁰⁰ and the *Akṣobhyavyūha-sūtras* 阿閼佛經 (T. 313) include arhats among the beings born in the Pure Land.²⁰¹ This suggests that aspiration for rebirth in Sukhāvātī may have functioned independently of Amitābha/Amitāyus devotion and the

¹⁹² T. 360-363.

¹⁹³ Schopen, “Sukhāvātī,” 155-156, 165-67; Fussman and J. Silk, “The Virtues of Amitābha, A Tibetan Poem from Dunhuang,” *Bukkyō bunka kenkyūjokiyō* 32 (1993): 11-12; Halkias, *Luminous Bliss*, 15; Fujita, “Pure Land Buddhism in India,” 23.

¹⁹⁴ Schopen, “Sukhāvātī,” 180-182.

¹⁹⁵ Schopen, “Sukhāvātī,” 155; Schopen lists a number of texts and activities that may lead to rebirth in Sukhāvātī: *The Medicine Buddha Sūtra* mentions Sukhāvātī as a destination for rebirth (154), hearing the name of Śākyamuni can lead to rebirth in Sukhāvātī or Abhirati (157-158), practicing dāna, and devotion to sūtras in the form of copying, reciting, praising, etc., can lead to rebirth in Sukhāvātī (159), the *Ajitasena Sūtra* (155-156), the *Lotus Sūtra* (159), *Kāruṇḍavyūha* (160), *Bhadracariprañdhāna* (160-161), *Sarvatathāgatādhiṣṭhāna-sattvāvalokana-buddhakṣetra-sandarśana-vyūha-sūtra* (162, 165), *Samādhirājasūtra* (162-165), etc. Schopen also mentions that one takes rebirth in Sukhāvātī as a mature bodhisattva, and thereafter, one becomes a Buddha (167-170). Moreover, Sukhāvātī is often regarded as a destination for advanced bodhisattvas (171).

¹⁹⁶ C. Mile Pusa, J. Miroku Bosatsu.

¹⁹⁷ S. Bhāiṣajya-guru Tathāgata, C. Yaoshi Rulai, J. Yakushi Nyorai.

¹⁹⁸ C. Guanshiyin Pusa, J. Kanzeon Bosatsu.

¹⁹⁹ C. Achu Rulai, J. Ashuku Nyorai.

²⁰⁰ Nalinaksha Dutt, *Gilgit Manuscripts*, Vol. 1 (Srinagar: Calcutta Oriental Press, 1939); William Brian Rasmussen, “An Annotated Transcription and Translation of the Gilgit Manuscript of the *Ajitasena-vyākaraṇa-nirdeśana-mahāyāna-sūtra*” (MA thesis, University of Texas, 1995).

²⁰¹ Nattier, “The Realm of Akṣobhya.”

Sukhāvātīvyūha-sūtra. Moreover, Amitābha *jātaka* tales are found in many Mahāyāna *sūtras*.²⁰² These include the stories of Monk Āyuṣparīśuddha, Monk Samadarśanāḷambana, Prince Acintyaṅarātnaśrī, King Candradatta, King Puṇyodgata, King Arciṣmat, and so on.²⁰³ Schopen notes that based on evidence from the *Samādhirāja-sūtra* 月燈三昧經 (T. 639-641),²⁰⁴ ca. 3rd cent., and the *Aṣṭasāhasrika-Prajñāpāramitā* 道行般若經 (T. 224),²⁰⁵ ca. 2nd cent., and other *sūtras*, we see a fairly developed form of Sukhāvātī aspiration, and he concludes that Sukhāvātī appears to have been a common soteriological goal for Buddhists in the environment in which Mahāyāna *sūtras* were first written down.²⁰⁶

Pure Lands are one of the most prominent features of Mahāyāna Buddhist literature, and yet, have remained one of the least studied dimension of that literature. So-called Pure Land Buddhism is likely the most popular “form” of Buddhism in the world, and yet Western scholars have been highly reluctant to engage it seriously.²⁰⁷ As Halkias has noted:

...the obscure origins of Buddha fields and their insignificant presence in Śrāvakayāna Buddhism have led a number of scholars and proponents of a European construction of ‘pure and original Buddhism’ to adapt a condescending or dismissive attitude toward the soteriology of pure lands, which is often disparaged as the wishful thinking of simpletons grasping for a better life in heavenly realms after death.²⁰⁸

Some scholars indeed view Pure Land Buddhism as fundamentally counter to the *śrāvaka*’s “self-reliance” and the bodhisattva’s “self-less” desire to stay in *samsāra* for all beings, ideas that scholars tend to view favorably. The construction of the historical human Buddha, “born

²⁰² Halkias, *Luminous Bliss*, 23, 227 (note, 115).

²⁰³ Halkias, *Luminous Bliss*, 24, 228 (note 118).

²⁰⁴ T. 639-641, C. Yuedeng sanmei jing, J. Gattō zanmai kyō.

²⁰⁵ T. 224, C. *Daoxing bore jing*, J. *Dōgyōhannya kyō*.

²⁰⁶ Schopen, “Sukhāvātī,” 178.

²⁰⁷ Galen Amstutz, “The Politics of Pure Land Buddhism in India,” *Numen* 45.1 (1998): 69-96; *Interpreting Amida, History and Orientalism in the Study of Pure Land Buddhism* (Albany: State University of New York, 1997); Fujita Kōtatsu, “Pure Land Buddhism in India,” in *The Pure Land Traditions: History and Development*, eds. James Foard, Michael Solomon, and Richard K. Payne (Berkeley: University of California Press, 1996; reprint, 2006), 3; Thomas Tweed, *The American Encounter with Buddhism, 1844-1912: Victorian Culture and the Limits of Dissent* (Bloomington: Indiana University Press, 1992; reprint, 2000), 2.

²⁰⁸ Halkias, *Luminous Bliss*, xxv.

from the brow of a European scholar who never set foot in Asia,”²⁰⁹ gave later generations of scholars a criterion against which to judge all “later” developments in the Buddhist tradition. If the Buddha was a rational, materialist, moral philosopher, then how did something as “irrational” as Pure Lands infiltrate the Buddhist tradition?

Buddhist and Non-Buddhist Pure Land Origins

Western and Japanese scholarship on Pure Land Buddhism is filled with attempts to account for the development of Amitābha/Amitāyus “devotionalism” and Pure Land oriented piety.²¹⁰ Some scholars suggest a non-Indian external Persian or Zoroastrian influence. Others look to sources internal to India, but external to Buddhism, such as Hindu *bhakti*, as the source of devotional practices in Buddhism. Still other scholars, examine the Pāli canon, only to conclude that Pure Land ideas emerged gradually and organically from these “earlier” Buddhist texts. In this section I will briefly survey the scholarship seeking to account for the “origin” of Pure Land Buddhism, both within and outside the early Buddhist tradition. Then, I will conclude by suggesting that when scholars remove Burnouf’s Buddha from the equation, recognize their inability to access “early Buddhism,” establish that Pāli and Sanskrit (as well as Tibetan and

²⁰⁹ Donald S. Lopez, Jr., *From Stone to Flesh: A Short History of the Buddha* (Chicago: The University of Chicago Press, 2013), 3.

²¹⁰ Fujita, *Genshi Jōdoshisō*, 8, 286-291, 273-278. Fujita Kōtatsu has noted several scholars who promoted the idea that Amitābha (which means “infinite light”) arose from influence from the Zoroastrian sun god, and that the name Amitāyus arose from the Zoroastrian concept of “infinite time.” Scholars promoting this view include, “P. Carus, S. Beal, L. A. Waddell, S. Levi, P. Pelliot, J. Przyluski, A. Bareau, H. de Luback, L. de La Valle Poussin, E. Lamotte, A. Grüwedel, A. B. Keith.” While a full examination of the work of each of these scholars is beyond the scope of this dissertation, I will simply note here that tracing the evolution of the Western perspective on Pure Lands is a promising future area of inquiry. For an overview of some of the early Western language research concerning the issues addressed in this section, see Julian Pas, *Visions of Sukhāvātī, Shan-Tao’s Commentary on the Kuan Wu-Liang-Shou-Fo Ching* (Albany: State University of New York Press, 1995), 5-32. Pas notes that there are three basic positions in the “origins” theory: First is the Iranian/Persian theory, promoted by L. A. Waddell, J. Edkins, S. Beal, P. Pelliot, S. Levi, and J. Edkins; next is the Hindu/Vedic or Vaishnavite/bhaktic theory, finally is the internal Buddhist theory. The “internal Buddhist theory” is also promoted over the others in, Fujita, *Genshi Jōdo shisō*, 466-468, 471-473, cited in: Kenneth K. Tanaka, *The Dawn of Chinese Pure Land Buddhist Doctrine: Chin-ying Huiyuan’s Commentary on the Visualization Sūtra* (Albany: state University of New York Press, 1990), 8, 208 (footnote 42). As this section will demonstrate, I am inclined to agree with Fujita.

Chinese) Buddhist texts depict a far more contiguous and dynamic perspectives on Buddhism than is often admitted, and read Buddhism within and across particular contexts, then we are able to see that the need to account for Pure Land as something foreign to Buddhism simply evaporates.

External (Non-Indian and Non-Buddhist) Origins?

Some scholars have argued that Eden or Elysium served as the inspiration for Sukhāvātī.²¹¹ These scholars have suggested that the rise of the Kuṣān Dynasty (30-375 CE) in northwestern India saw Greek, Central Asian, and Near Eastern cultural beliefs and practices infiltrate India and influence the Buddhist communities in that region.²¹² Other scholars have speculated about possible Central Asian influence,²¹³ focusing in particular upon the Zoroastrian Paradises Ecbatana and Uttarāpatha.²¹⁴ Proponents of the Zoroastrian theory have also noted linguistic similarities between the names Ahura Mazda, the Zoroastrian god of light and the name Amitābha, meaning “limitless light”; and similarities between Zrvanakarana (Universal Time), and Amitāyus, meaning “limitless life.”²¹⁵ However, the generic nature of afterlife imagery and the ubiquity of light deities across cultures has rendered any simplistic theory of “influence” problematic at best.

Other scholars have questioned the need to look beyond India for the early concepts that informed the depiction of Pure Lands. Gomez has argued that the Indian tradition is sufficiently infused with “light” imagery and paradisiacal realms to provide inspiration to Buddhists.²¹⁶ The

²¹¹ Fujita, *Genshi Jōdoshisō*, 464-474, cited in Fujita, “Pure Land Buddhism in India,” 23, 40 (note 330).

²¹² Halkias, *Luminous Bliss*, 20-24.

²¹³ Halkias, *Luminous Bliss*, 23, 227 (note 113).

²¹⁴ Halkias, *Luminous Bliss*, 25.

²¹⁵ Fujita, “Pure Land Buddhism in India,” 13.

²¹⁶ Halkias, *Luminous Bliss*, 23, 227 (note 113).

Vedas also employ the word *amṛta* (a term meaning “ambrosia,” which serves as the root word for Amitābha/Amitāyus), a synonym with the mythic substance *soma*, which is said to enlighten²¹⁷ one who drinks it. In this way, the association *Amṛta* = *soma* = light (= solar deity)²¹⁸ has led some scholars to suggest that Amitābha/Amitayūs was a Mahāyāna Buddhist incorporation of a sun god into an expanding Buddhist pantheon. Others have viewed the solar imagery associated with this Buddhas as an example of Hindu “influence.” Still others have looked to such non-Buddhist Hindu concepts as the “Viṣṇu mythology, Amitaujas (‘immeasurable power’) of Brahmaloaka Heaven and the deity Varuṇa of [the] western quarter.”²¹⁹

Similarly, Fujita notes that the compilers of the early *Sukhāvativyūha-sūtra*, the text typically regarded as the source of Pure Land Buddhism, seem to have drawn upon the imagery associated with utopian and paradisiacal realms and god kings, for example:

(1) the mythology of the universal monarch (cakravartin), especially the description of King Mahāsudarśana’s royal city Kuśāvātī, (2) the mythology of the Northern Kurus (Uttarakuru), (3) the mythology of the heavens of various deities, such as Brahmā, Paranirmitavaśavartin, and others, and (4) the model of the ideals and glorified Buddhist stupa and its environs.²²⁰

Others have located certain similarities between Kṛṣṇa *bhakti* devotion and the invocation of Amitābha at the time of death. Within the *Bhagavad-Gītā*, Kṛṣṇa proclaims that “whoever at the time of death, when he casts aside his body, bears me in mind (*smaran*) and departs, comes to my mode of being: there is no doubt about this.”²²¹ It should be noted, however that *bhakti*-style forms of devotion were in some sense “pan-Indian,” not exclusive to Kṛṣṇa worship.²²² Still, this

²¹⁷ Halkias, *Luminous Bliss*, 23, 227 (note 113).

²¹⁸ Halkias, *Luminous Bliss*, 22, 227 (note 114); Fujita, “Pure Land Buddhism in India,” 13.

²¹⁹ Fujita, *Genshi Jōdoshisō*, 280-282, cited in, Tanaka, *Dawn of Chinese Pure Land*, 8, 208 (note, 37).

²²⁰ Fujita, “Pure Land Buddhism in India,” 23-24.

²²¹ Halkias, *Luminous Bliss*, 18, 225 (note, 86); 22, 227 (note 114); Bhagavadgītā VIII, 5-14; Fujita, “Pure Land Buddhism in India,” 9, 39 (note 12).

²²² Rugg, “Indian Mahāyāna,” 31, cited in Halkias, *Luminous Bliss*, 22, 227 (note 114). Fujita notes that the term *bhakti* is not found in Pure Land sutras: Fujita, “Pure Land Buddhism in India,” 30.

deathbed proclamation cannot help but remind a Pure Land scholar of the “Primal Vow” 本願 (C. *benyuan*, J. *hongan*) of Amitābha, in which he vows to save any being who calls upon him at the moment of death. However interesting these associations may be, there is no evidence for direct “influence,” and such coincidences may simply indicate that human beings are likely to call upon a higher being in a moment of need.

Finally, just as beings born in the Pure Land are born in a lotus blossom, the concept of being “lotus born” is well represented in Hindu literature concerning the gods Brahma and Lakṣmī, as well as the beings born in Indra’s Trāyastriṃśa heaven.²²³ Indeed, many of the features that scholars commonly associate with Pure Land Buddhism are not without precedent in the South Asian sub-continent. However, that human beings describe similar concepts with similar imagery does not necessarily prove that “influence” was involved. Furthermore, that Buddhist traditions share concepts and motifs common across cultures and traditions in India does not necessarily indicate “influence,” but may simply be one of many markers of Buddhism as an Indian religion.

Non-Mahāyāna Pure Land?

In contrast to the approaches described in the previous section, Halkias has noted that “the cult of Amitābha and his Pure Land can be adequately explained doctrinally as an endemic evolution of Indian Buddhism.”²²⁴ Many of the scholars who investigate the origins of Pure Land oriented soteriology often rely upon the Pāli canon for antecedents to the Mahāyāna vision of a Buddhist Pure Land, assuming that these texts represent Early Buddhism.²²⁵ Other scholars have

²²³ Halkias, *Luminous Bliss*, 26.

²²⁴ Halkias, *Luminous Bliss*, 23.

²²⁵ Important resources for investigating the concept of multiple buddhas and buddha fields in early Buddhism (however that might be defined) include: Heinz Bechert, “Buddha-field and Transfer of Merit in a Theravāda

begun with contemporary sectarian Pure Land concepts and categories, and sought their origins in analogous concepts in the Pāli literature. Fujita has examined the occurrence of Pure Land concepts such as “faith” in the early Pāli literature, and argues that while there is compelling and interesting evidence for both “internal” and “external” genesis of the Pure Land doctrine, “...the most sensible approach is to regard Amida as the necessary consequence of the evolving concept of Buddhahood.”²²⁶ However, in seeking pre-Mahāyāna Buddhist origins for Pure Land concepts, scholars have tended to rely too heavily on contemporary Pure Land Buddhist perspectives on what a “Pure Land” might entail,²²⁷ and the differences between Mahāyāna and non-Mahāyāna Buddhisms have been over emphasized.

Typically, the Buddhism of the Pāli canon is understood to present a single and coherent cosmology in which only one Buddha may inhabit the world at a time, in contrast to the radically

Source,” *Indo-Iranian Journal* 35 (1992): 95-108; Fujita Kotatsu, “An Aspect of the Buddhas, Found in the Early Buddhist Scriptures, with Reference to the Present-Other Worlds Buddhas,” *Indogaku Bukkyōgaku Kenkyū* 6.2 (1958): 70; Rupert Gethin, “Cosmology and Meditation: From the Aggañña-Sutta to the Mahāyāna,” *History of Religions* 36.3 (1997): 183-217; and, “Mythology as Meditation: From the Mahāsudassana Sutta to the Sukhāvatīvyūha Sūtra,” *Journal of Pali Text Society* (2006): 63-112; F.K. Lehman, “On the Vocabulary and Semantics of ‘Field’ in Theravāda Buddhist Society,” *Contributions to Asian Studies* 16 (1981): 101-111; Louis de La Vallee Poussin, “Cosmology and Cosmogony (Buddhist),” in *Encyclopedia of Religion and Ethics*, ed. James Hastings, 13 vols. (Edinburgh: T. & T. Clark, 1908-1927), 2:129-138, esp. 137b; Randy Kloetzli, *Buddhist Cosmology: From Single World System to Pure Land* (Delhi: Motilal Banarsidass, 1983); Donald K. Swearer, *Becoming the Buddha: The Ritual of Image Consecration in Thailand* (Princeton: Princeton University Press, 2004), 20, 40; Kenneth Roy Norman, *Pali Literature: Including the Canonical Literature in Prakrit and Sanskrit of all the Hinayana Schools of Buddhism*, in *A History of Indian Literature: Buddhist and Jaina Literature, Vol. 7, Part 2*, ed. Jan Gonda (Wiesbaden: O. Harrassowitz, 1983), 90-91; T. W. Rhys Davids, William B. Stede, eds. *The Pali Texts Society’s Pali-English Dictionary* (London: Luzac, 1925; reprint, 1966), 238; Guang Xing, *The Concept of the Buddha: Its Evolution from Early Buddhism to the Trikaya Theory*, 2004 (citing the Chinese editions of the *Dīrghāgama* (*Chang ahan jing* 長阿含經 T. 1, 76c, 163b, 255b), *Samyuktāgama* (*Za ahan jing* 雜阿含經: T. 99, 2.131a, 322a, 410a) and the *Ekottarāgama* (*Zengyi ahan jing* 增一阿含經, T. 125, 2.708c-710a, 773a).

Schopen, “Sukhāvatī,” 183, footnote 1, cites several important key texts on the concept of the buddhakṣetra. See for example: T. Rowell, “The Background and Early Use of the Buddha-kṣetra Concept,” *Eastern Buddhist* 6 (1932-1935): 199-246, 399-431; 7 (1936-1939): 130-176 (which will be examined in greater detail below); Paul Demiéville, “Butsido,” *Hōbōgirin, troisie’me fascicule* (Paris: 1937): 198-203; D. Barua, “‘Buddha-khetta’ in the Apadāna,” *B.C. Law Volume* (Poona: 1946) Pt. 2, 183-190; Et. Lamotte, *L’enseignement de Vimalakīrti* (Bibliothèque du muséeon 51) (Louvain: 1962) 395-404 (Appendice, Note I); J. Eracle, *La doctrine Bouddhique de la terre pure* (Paris: 1973). See Also, Fujita, *Genishi Jōdo*, 356-360, cited in Fujita, “Pure Land Buddhism in India,” 15, 39 (note 24).

²²⁶ Fujita, “Pure Land Buddhism in India,” 13-14; Fujita, *Genishi Jōdo*, 261-286.

²²⁷ Morishita, “Jōdo shisō,” 4-7.

different vision of Buddhahood in Mahāyāna cosmology.²²⁸ More recently, some scholars have suggested that “the picture that has sometimes been painted of especially early Buddhism and Theravāda Buddhism is somewhat one-dimensional and flat.”²²⁹ In this section, I will briefly survey scholarship that presents a more nuanced picture of Buddhist cosmology, and the place of “Pure Lands” therein, to suggest that Pāli cosmological thinking is rather grander in vision and generally more contiguous with so-called Mahāyāna cosmological concepts.

One of the most important scholarly treatments of this issue is Teresina Rowell’s 1933 PhD dissertation, originally presented at Yale, and later published in the *Eastern Buddhist Journal* in installments, in 1934, 1935, and 1939. That scholars may still productively draw upon scholarship conducted in the 1920s and 1930s to sketch the English language scholarship on this topic is not only a testament to Rowell’s work, but also an indication of the general lack of interest with which Anglophone scholars have regarded the Pure Land as a concept. It appears that little has changed since Rowell’s time, of which she notes: “In view of the great importance of the concept for an understanding of Mahāyāna literature, it is strange how universally the Buddha-kṣetra has been neglected by writers on the Mahāyāna.”²³⁰

²²⁸ Jan Nattier, “The Realm of Akṣobhya: A Missing Piece in the History of Pure Land Buddhism,” *Journal of the International Association of Buddhist Studies* 23.1 (2000): 71-102; Halkias, *Luminous Bliss*, 4-5.

²²⁹ Gethin notes further: “Indologists are familiar with the Upanisadic interiorization of the Vedic sacrificial ritual; students of Hindu and Buddhist Tantra take for granted the correspondences that are made between the body of the yogin and the universe as microcosm and macrocosm respectively. Yet the similarities between this and certain ways and patterns of thinking found in early and Abhidharmic Buddhist thought are rarely recognized in the existing scholarly literature. These similarities consist in the general tendency to assimilate some kind of internal world to an external world, and in the principle that places mind and psychology—the way the world is experienced—first. The assimilation of cosmology and psychology found in early Buddhist thought and developed in the Abhidharma must be seen in this context to be fully understood and appreciated.” Rupert Gethin, “Cosmology and Meditation,” 212, see also 185.

²³⁰ Rowell, “Buddha-kṣetra,” 1932-1935, 199-200. For a list of texts useful in the investigation of the evolution of the Buddha-field concept, see Rowell, “Buddha-kṣetra,” 202-203, ff. 2; 203, ft. 1. She breaks up the Pali texts into 3 groups: (a) *Dhamapada*, *Sutta-Nipāta*, *Dīgha*, *Majjhima*, *Samyutta*, *Anguttara-Nikāya*, *Jātaka*, and edicts of Asoka. Rowell notes that these texts are representative of the earliest phase of Buddhism (3rd cent. BCE). However, in accordance with the scholarship noted above, would like to suggest that these texts rather represent the earliest Buddhist texts *to which we have access*. Whatever the “earliest Buddhist texts” might be, we simply do not have access to them. (b) *Visuddhi Magga*, *Attha-sālinī*, and other texts associated with Buddhaghosa (5th cent. CE);

Rowell remains one of the most important resources available in English for deeply considering the importance of *buddha-khetta/buddha-kṣetra* concepts in both non-Mahāyāna and Mahāyāna texts. In Japanese, Fujita Kōtatsu's *Genshi Jōdo Shisō no kenkyū* remains a highly useful comprehensive examination of the Pure Land ideal. While many scholars of Pure Land Buddhism cite both Rowell and Fujita, few pay more than lip service to their many insights. One does not receive the impression that they have been read deeply, as their scholarship actually challenges many of the commonly held assumptions about the history of Pure Lands and their place in Mahāyāna, and non-Mahāyāna literature.²³¹ This section's examination of Pure Land is indebted to these scholars in particular.

Rowell and Fujita read across various Mahāyāna and non-Mahāyāna texts to grasp how the concept of a *buddha-khetta/kṣetra* functioned in Buddhist literature.²³² In defining the early usage of the term, Rowell draws upon Buddhaghosa's *Visuddhi Magga*, wherein three kinds of *buddha-khetta* are listed: *jāti-khetta* or "birth-field," or the ten thousand *cakravālas* (worlds) that shake when a Buddha is born; *āṇā-kheta* or field of authority, including 100,000 *kotis*; and

(c) For early (*earliest texts to which we have access) Mahayana, *Kathā Vatthu*, Vasumitra's *Treatise on the Sects*, *Milinda-pañha*. She also notes texts translated into Chinese and Tibetan, listing them in the order they were likely translated: *Daśabhūmika*, *Saddharmapuṇḍarīka*, *Sukhāvātīvyūha*, *Lalitavistara*, *Mahāyānsūtralaṃkāra*, *Śikṣāsamuccaya*, *Karuṇāpuṇḍarīka*, *Avatamsakasūtra*, *Vimalakīrtinirdeśa*, and others.

²³¹ Wedemeyer, *Making Sense of Tantric Buddhism*, 72, 225 (note 19).

²³² Texts examined by Rowell include numerous Pali texts: *Aṅguttara Nikāya*, Anuruddha's *Compendium of Philosophy*, Buddhaghosa *Atthaśālinī*, *Paramatthajotikā*, *Visuddhi Magga*, *Dhamapada*, *Dhammasaṅgaṇi*, *Dīgha Nikāya*, *Dīpavaṃsa*, *Itivuttaka*, *Jātaka*, *Kathā Vatthu*, *Khuḍḍaka-pāṭha*, *Mahāvamsa*, *Majjhima Nikāya*, *Milinda-pañha*, *Paramatthadīpanī of Dhammapāla*, *Samyutta Nikāya*, *Sutta Nipāta*, *Vinaya*; Sanskrit texts: *Bodhicaryāvatāra*, *Buddhacarita*, *Daśabhūmikāsūtra*, *Bodhisattvabhūmi*, *Divyāvadāna*, *Lalitavistara*, *Mahāvastu*, *Mahāyānasūtralaṃkāra of Asaṅga*, *Prajñāpāramita-hṛdaya*, *Rāṣṭrapālapariprcchā*, *Saddharmapuṇḍarīka*, *Śikṣāsamuccaya* of Śāntideva, *Sukhāvātīvyūha*, *Sūtralaṃkāra* of Aśvaghosa, *Vajracchedikāprajñāpāramitā*. Tibetan texts include: *Bodhisattvabhūmi*, *Karuṇāpuṇḍarīka*, *Life of Vasubandhu* by Paramārtha, *Madhyamakāvatāra* of Candrakīrti, *Udānavarga*, *Vimśaka-kārikaprakaraṇa*; Chinese texts: *Avatamsakasūtra*, *Buddhacarita* of Aśvaghosa, *Vijñaptimātratā Siddhi* by Xuanzang, *Vimalakīrtinirdeśa-sūtra*, *Sūtralaṃkāra* of Kanishka, *Legend of Emperor Aśoka*, *Saddharmapuṇḍarīka*, *The Awakening of Faith in the Mahayana*, and Vasumitra's *Origin and Doctrines of Early Buddhist Schools*.

visaya-khetta or field of knowledge, which is infinite.²³³ Other scholars have noted that Buddhaghosa also described three different kinds of Buddha-fields: Pure, impure, and mixed.²³⁴

Buddhist literature of all genres describes the Buddha's presence as possessing the ability to transform ordinary abodes, and even entire cities, into paradisiacal realms. Strong notes that *Avadāna* literature describes the preparations made for Buddha's visits to cities and homes, which contains many similarities to descriptions of the Pure Lands and mandalas (which are themselves also "Pure Lands," in a sense).²³⁵ According to one Theravādin text, the *Kathāvatthu*, the Mahāsamghikas believed that "Buddhas pervade all directions of the universe."²³⁶ Similarly, the *Mahāvastu* of the Lokottaravādins discusses the existence of multiple Buddhas,²³⁷ and mentions that some world systems do not have Buddhas in them as Buddhas are rare indeed.²³⁸

On this issue, Wedemeyer notes that:

All the Buddhist communities of which we know allowed for the existence of a number of buddhas other than Gautama. In fact, in the view of many early Buddhist schools (with the notable exception of the Mahaviharavasin branch that came to dominate later Theravāda), buddhas were considered 'infinite in both space and time' [see ft. 29, p. 226]-- a view that became normative for the later Mahāyāna movements. However, even among contemporary Theravāda communities-- who only admit to one buddha of the present--the following verse appears in widely recited liturgies: "The buddhas of the past, and those yet to come, Those [pl.] of the present, too--[to these] I pay homage always!" [see ft. 30, p. 226] *All of which suggests that throughout the course of history, by far the majority of Buddhist communities considered themselves to inhabit a world in which there were multiple buddhas not only in the past and future, but also in the present.* [Italics added for emphasis.]²³⁹

²³³ Rowell, "Buddha-kṣetra," 216; Williams, *Mahāyāna Buddhism*, 224, citing Rowel, 1935, 379-81; Halkias, *Luminous Bliss*, 6.

²³⁴ On the *Visuddhimagga*, see: Halkias, *Luminous Bliss*, 7, 218 (note 19).

²³⁵ John S. Strong, "'Gandhakuṭī': The Perfumed Chamber of the Buddha," *History of Religions* 16.4 (1977): 390-406, esp. 401. Strong discusses the *Avadānaśataka* 17 and *Divyāvadāna* 12, or the *Prātihārya-sūtra*.

²³⁶ Rowell, "Buddha-kṣetra," 1935, 426-431, cited in, Tanaka, *Dawn of Chinese Pure Land*, 3, 207 (note, 20); See also: Fujita, *Genshi Jōdoshisō*, 361-376; Randy Kloetzli, *Buddhist Cosmology*, 91-111; S. Z. Aung and C. A. F. Rhys Davids, *Points of Controversy: Kathāvatthu* (London: Pali Text Society, 1915), 355.

²³⁷ Fujita, *Genshi Jōdoshisō*, 366, cites the *Mahāvastu* I, 123-124; III, 342, cited in, Tanaka, *Dawn of Chinese Pure Land*, 3, 207 (note, 21).

²³⁸ Williams, *Mahāyāna Buddhism*, 224; Halkias, *Luminous Bliss*, 5, 216-217 (note 7); John James Jones, *The Mahāvastu-Avadāna*, vols. I-III (London: Luzac and Company, 1949), vol. II 9, 276, 283, 298, 299, 302, 304, 318, 326, 342, vol. III, 135, 262, 265, 337, 340; Heinz Bechert, "Buddha-field and Trasfer of Merit in a Theravāda Source," *Indo Iranian Journal* 35 (2-3): 95-108.

²³⁹ Wedemeyer, *Making Sense of Tantric Buddhism*, 74.

Still, other early Buddhist schools held that “the basic reality of the universe is ever active to lead all beings to enlightenment. In other words, the universe is the domain of the Buddhas, and is, thus, fashioned and sustained by their work to lead beings to enlightenment.”²⁴⁰ This power not only undergirds the very nature of our world (ultimately leading beings beyond it), but also meant that other worlds had the potential to possess Buddhas. While it is the case that contemporary Theravāda orthodoxy, itself a rather recent concept,²⁴¹ prohibits the notion of multiple Buddhas existing at a time, not all early Buddhist communities possessed the same “Buddhology.”

Therefore, we may view the Pure Land perspective presented in the *Sukhāvāṭīvyūha-sūtra* and other so-called “Pure Land” sūtras as expressing but one corner of a broader pan-Buddhist conversation, and not simply as the vision of a particular “kind” of Buddhism. For example, while the bodhisattva path was clearly a priority, the path of the arhat was not excluded in this “Mahāyāna” sūtra.²⁴² Warder notes that the qualities of the beings said to abide in the Pure Land embody virtues common to the paths of arhats and Bodhisattvas alike:

They have no sense of possessing.... They have no thought of pleasure or of non-pleasure. They have not thought of ‘all beings.’ They have no sense of ‘another’s’ or of ‘own’ or of ‘unequal.’ There is no quarrelling, dispute or opposition. Their thoughts are all impartial, benevolent, mild, affectionate, unobstructed, etc. and in accordance with the conduct of the perfection of understanding.²⁴³

The *Apadāna Buddhāpadāna*²⁴⁴ is one of the most important texts for the examination of non-Mahāyāna ways of conceiving the Buddha-field idea and the existence of multiple Buddhas.

²⁴⁰ Rowell, “Buddha-kṣetra,” 232-237; cited in, Tanaka, *Dawn of Chinese Pure Land*, 6, 207 (note 25).

²⁴¹ Peter Skilling, Jason A. Carbine, Claudio Cicuzza, Santi Pakdeekham, eds., *How Theravada is Theravada?: Exploring Buddhist Identities* (Chiang Mai, Thailand: Silksworm Books, 2012); Peter Skilling, “Theravada in History,” *Pacific World Journal* 3.11 (2009): 61-93.

²⁴² Fujita, *Genshi Jōdoshisō*, 336-345, cited in, Fujita, “Pure Land Buddhism in India,” 14, 39 (note 22).

²⁴³ Warder, *Indian Buddhism*, 342.

²⁴⁴ An *apadāna* (*avadāna*) is one of many traditional Buddhist genres of literature that could be rendered in English as parables or legends. This particular *apadāna* is remarkable for its extensive coverage of the *buddhakhetta* concept, purportedly a “Mahāyāna” concept. Barau notes that Buddhaghosa defines the *buddhakhetta* as synonymous to the Buddhabhūmi (*Buddhavaṃsa*, Chapter 2, v. 175). Barau paraphrases Buddhaghosa’s definition of *buddhakhetta* as

Kenneth Roy Norman has noted that in this text “the Buddha himself tells of the *Buddhakhetta*s, ideal lands of beauty where the Buddhas live. A picture is painted of Buddhas questioning each other, and there is mention of disciples questioning the Buddhas and vice versa.”²⁴⁵ While some have argued that this text shows “clear” signs of Mahāyāna influence, Norman concludes that many sections of this text appear quite early, and further that “many ideas in Buddhism follow from the dynamics of early Buddhist thought, which lead to the existence of one and the same idea in two forms in two different traditions.”²⁴⁶

Dwijendralal Barau notes that in the *Buddhāpadāna* there are many interesting references to Buddhas of the present interacting with one another as well as practitioners in our realm: “In the Buddha-realm, as many as are there the numerous jewels, both in the heaven above and on the earth below.”²⁴⁷ Additionally, early forms of “mandalic” Buddha contemplation are presented: “The pre-eminent Buddhas that are now in the world, those of the past and present, I brought them all into the mansion.”²⁴⁸ This “non-Mahāyāna” text presents a vision of the universe populated by an infinity of Buddhas: “In this world, tenfold is the direction of which there is no end, and in that direction are the innumerable Buddha-realms.”²⁴⁹ In other words, ideas that we now classify as Mahāyāna or non-Mahāyāna were not so clearly distinguished in the heterogeneous environment of early Buddhism.

Nativity (*jātikhettaṃ*), Ministry (*āṇākkhettaṃ*) (*Visuddhimagga*, vol. II, p. 414). The *buddhakhetta* was also thought of as a perfect learning institution, which led to later imagery of the Pure Land as the ideal monastery. Dwijendralal Barau, “Buddha-khetta in the Apadana,” B.C. Law Volume 2 (1946): 183-190, esp. 184.

²⁴⁵ Barau Dwijendralal, “Buddha-khetta,” 183-190, cited in, Norman, *Pali Literature*, 90.

²⁴⁶ Norman, *Pali Literature*, 91.

²⁴⁷ Barau, “Buddha-khetta,” 186.

²⁴⁸ Barau, “Buddha-khetta,” 187.

²⁴⁹ Barau, “Buddha-khetta,” 190.

Two Realities: Mahāyāna Buddhism as Pure Land Buddhism

Rowell's survey of early 20th century scholarship (which cites Kern, de la Vallee Poussin, Barnet, and others) notes that in virtually all cases, rarely has an attempt been made to seriously inquire into why *buddha-kṣetra* are so ubiquitous, nor had serious efforts been bent to examining the "far-reaching ethical and philosophical implications"²⁵⁰ of the Buddha-field concept. More recently, Rupert Gethin has considered the general reluctance to engage cosmology seriously:

The overall paucity of scholarly materials dealing with Buddhist cosmology would seem to reflect a reluctance on the part of modern scholarship to treat this dimension of Buddhist thought as having any serious bearing on those fundamental Buddhist teachings with which we are so familiar: the four noble truths, the eightfold path, no-self, dependent arising, and so on. The effect of this is to divorce the bare doctrinal formulations of Buddhist thought from a traditional mythic context.²⁵¹

Gethin further suggests that Buddhologists have tended to essentialize bare doctrine at the expense of investigating how cosmology (which, in Mahāyāna texts, is dominated by Pure Lands) serves to "concretized" doctrine.²⁵² Kloetzli has argued along similar lines in suggesting that "doctrine" and "cosmology" are inherently intertwined.²⁵³ Buddha-fields are therefore not simply value-neutral features of an inert Buddhist cosmology; rather, they signify that Buddhahood itself is not simply the attainment of a secret *gnosis*, but actually a cosmic event signaling the transformation of this world (and other worlds) into something else. Across Buddhist literature,

²⁵⁰ Rowell, "Buddha-kṣetra," 200.

²⁵¹ Rupert Gethin, "Cosmology and Meditation," 185.

²⁵² Gethin, "Cosmology and Meditation," 188.

²⁵³ Kloetzli, *Buddhist Cosmology*, 13, 145-171. See also: 136-137, "If the mathematical cosmologies are in fact the two basic strands containing all the complexities of the Buddhist cosmological materials, we may speculate that the cakravāla cosmology and the Pure Land cosmologies actually constitute the shorthands or simplifications of the two great traditions. The cakravāla or single world system is an abbreviation of the 'sāhasra-cosmology' for the benefit of the monastic vocation. The Pure Land cosmologies, on the other hand, are simplifications of the 'asaṅkhyeya-cosmology' for the benefit of the devotional traditions of the Mahāyāna. Thus, the three phases...can best be resolved into two discrete strands, each with a simplified version." Pure Land cosmology as represented in the SVS, takes for granted the existence of multiple Buddhas, and thus must have drawn upon, and further "refined" the asaṅkhyeya cosmology. See also Rowell, "Buddha-kṣetra," 241.

the appearance of a Buddha in the world is inherently tied to the idea that that Buddha will benefit the beings in that world.²⁵⁴

Often in introductory courses or texts book introductions to Mahāyāna, Pure Land is left for the end, either as a throwaway topic after the explanation of the “real” Mahāyāna (philosophy), or as a transition from India to China, an approach which implicitly or explicitly presents Pure Land as a feature of “Sinicization.” One notable exception is A. K. Warder, who, in his presentation of Mahāyāna thought, actually begins with Pure Land, and employs the *Sukhāvāṭīvyūha-sūtra* as a vehicle for explaining Madhyamaka and other modes of Mahāyāna thought.²⁵⁵

The [*Sukhāvāṭīvyūha-sūtra*] may seem puzzling at first sight... Is this whole *sūtra* at the ‘concealing’ level of knowledge, its meaning requiring to be ‘drawn out’? ... The description of Sukhāvāṭī must be a kind of meditation at the concealing level, contrasting with the sordid experience of human society and in a way encouraging the cultivation of the roots of good and confidence in the doctrine, though empty.²⁵⁶

In other words, like other *sūtras*, the *Sukhāvāṭīvyūha-sūtra* must be read on multiple levels, and in relation to other texts and genres.

Harrison has argued that we might productively look at the *Sukhāvāṭīvyūha* as a blueprint for something to be constructed, like in the *Pratyutpanna-buddha-saṃmukhāvasthita-samādhi-sūtra* 般舟三昧經 (T. 416-419),²⁵⁷ not as a thing that is self-existent and separate from one’s consciousness, nor merely as a post-mortem destination (though these views are by no means separate).²⁵⁸

²⁵⁴ Rowell, “Buddha-kṣetra,” 406-409, 414-416.

²⁵⁵ Warder, *Indian Buddhism*, 342.

²⁵⁶ Warder, *Indian Buddhism*, 345.

²⁵⁷ C. Banzhousanmei jing, J. Hanju zanmai kyō; Paul Harrison, *The Samādhi of Direct Encounter with the Buddhas of the Present: An Annotated English Translation of the Tibetan Version of the Pratyutpanna-Buddha-Saṃmukhāvasthita-Samādhi-Sūtra with Several Appendices Relating to the History of the Text* (Tokyo: International Institute for Buddhist Studies, 1990).

²⁵⁸ Halkias, *Luminous Bliss*, 11.

Halkias has noted that, in the Tibetan tradition, “Buddha fields are devoid of any worldly or otherworldly corporeality outside a conceptual specificity that is etiologically nothing more than a purified construction in the spotless minds of those confronted with their own luminosity.”²⁵⁹ In other words, descriptions of the Pure Lands, and the beings and Buddhas therein, take place within a complex and intertwined Buddhist literary environment. Each jewel, each golden net of the paeans, is intended to evoke a reaction from the reader already familiar with the depth of Buddhist thought. In general, statements in Buddhist literature may be taken as either *neyārtha* (statements to be interpreted) or *nītārtha* (statements to be taken literally), and this dichotomy “forms the basis of Buddhist hermeneutics.”²⁶⁰ Of course, what is regarded as *neyārtha* or *nītārtha* may shift depend on time and context. That which may be regarded as a “surface level,” or “provisional” (exoteric) interpretation at one time, may be regarded as the true, ultimate, inner teaching (esoteric) of the Buddha in another. This should not imply that in Buddhist literature the Pure Land is merely a metaphor. Rather, it could be likened to a wedge designed to loosen beings’ grip on this ephemeral world, when they mistakenly assert it to be really real. At the highest level of realization, the subject (the reader) and the object (the sūtra and its Pure Land) distinction disappear into a “single flow.”²⁶¹

The concept of a Pure Land must, then, be read in its philosophical and literary context, not apart from it, and this context cannot be separated from its ritual context. The elaborate world created in the Mahāyāna *sūtras*’ descriptions of the Pure Lands may be thought of as a means to enliven, or render “concrete,” the Mahāyāna worldview. The next section will examine ways in which Mahāyāna Buddhists participated in the realization of this world via ritual texts known as “*tantras*.”

²⁵⁹ Halkias, *Luminous Bliss*, 11.

²⁶⁰ Williams, *Mahāyāna Buddhism*, 79.

²⁶¹ Williams, *Mahāyāna Buddhism*, 84-85.

Chapter I

Part III

Tantra: The Lightning Bolt between Warp and Weft

Tantric Buddhism (a.k.a., “Esoteric” or “Vajrayāna” Buddhism), like “Mahāyāna” and “Pure Land” Buddhism, is difficult to define in such a way that any one definition will cover all contexts. Moreover, just as Parts I and II of this chapter have demonstrated, just as there is no clear division between so-called Mahāyāna and non-Mahāyāna Buddhisms, nor between Mahāyāna and Pure Land, as will be demonstrated below, there is also no clearly defined line between so-called Tantric Buddhism and Mahāyāna Buddhism. This section endeavors to further destabilizes essentialist taxonomic presentations of Buddhist history, which rely on fixed and unchanging criteria for delineating (and maintaining) the boundaries between these objects of knowledge.²⁶²

Just as Mahāyāna discourse emerged as a polemical construct, positing a Mahā- or “great” tradition in contrast to the accommodated or “lesser” tradition (Hīnayāna), Esoteric discourse developed within Mahāyāna as an extension of, or a way of replicating, the hierarchical orientation first presented in the articulation of Mahāyāna discourse. Because the texts around which this discourse developed are often grouped under the bibliographic label “*tantra*,” or possess the word *tantra* instead of *sūtra* in their titles, this path is often referred to as “Tantric Buddhism.” Esoteric Buddhism may, in other words, be understood as a Mahāyāna ritual theory in practice, a ritual discourse centered upon the *tantras*. Like the term Mahāyāna (vs. Hīnayāna), Esoteric (vs. exoteric) or Tantric Buddhism will be understood as a prescriptive and polemical term, not the name of a particular “kind” of Buddhism.

²⁶² Wedemeyer, *Making Sense of Tantric Buddhism*, 32-34.

Polythetic and Monothetic Classification

Many scholars employ either a polythetic or monothetic approach to defining Tantric Buddhism. In some cases, scholars select a particular practice or idea as definitive for distinguishing Tantra, while others, eschewing essentialist definitions, establish parameters whereby one may assess the “...intersection ...of a large number of family resemblances.”²⁶³

Common lists include such features as “mantras, mudrās, and maṇḍalas....guru, abhiṣekha (empowerment), *vajra* (diamond or thunderbolt), *sukha* (bliss), *sahaja* (“together-born” [or natural]), and siddhis (powers)....practice that is secret, easy and rapid in its effect, based upon the premise that reality resides in the mundane....highly ritualistic, antinomian, and nonspeculative, evincing nonduality...esoteric physiology of cakras and *nāḍīs* that give special importance to the genitals,”²⁶⁴ and so on.

Despite such efforts toward expansive and fluid definitions, not all Tantric systems may contain all elements, and virtually all of these elements may be found in purportedly “non-tantric” systems.²⁶⁵ Lopez notes that in these types of definitions, the term Tantra may be employed so

²⁶³ Lopez, *Elaborations on Emptiness*, 86.

²⁶⁴ Lopez, *Elaborations on Emptiness*, 86.

²⁶⁵ “1. Tantric Buddhism offers an alternative path to Enlightenment in addition to the standard Mahāyāna one. 2. Its teachings are aimed at lay practitioners in particular, rather than monks and nuns. 3. As a consequence of this, it recognizes mundane aims and attainments, and often deals with practices which are more magical in character than spiritual. 4. It teaches special types of meditation (sādhana) as the path to realization, aimed at transforming the individual into an embodiment of the divine in this lifetime or after a short span of time. 5. Such kinds of meditation make extensive use of various kinds of maṇḍalas, mudrās, mantras, and dhāraṇīs as concrete expressions of the nature of reality. 6. The formation of images of the various deities during meditation by means of creative imagination plays a key role in the process of realization. These images may be viewed as being present externally or internally. 7. There is an exuberant proliferation in the number and types of Buddhas and other deities. 8. Great stress is laid upon the importance of the guru and the necessity of receiving the instructions and appropriate initiations of the sādhana from him. 9. Speculations on the nature and power of speech are prominent, especially with regard to the letters of the Sanskrit alphabet. 10. Various customs and rituals, often of non-Buddhist origins, such as the homa rituals, are incorporated and adapted to Buddhist ends. 11. A spiritual physiology is taught as part of the process of transformation. 12. It stresses the importance of the feminine and utilizes various forms of sexual yoga.” Stephen Hodge, “Considerations on the Dating and Geographical Origins of the Mahāvairocanaābhisambodhi-sūtra,” in Tadeusz Skorupski and Ulrich Pagels, eds., *The Buddhist Forum III* (London: School of Oriental and African Studies, University of London, 1994), p. 59. Quoted in, Lopez, *Elaborations on Emptiness*, 87, footnote, 14. See also, Stephen Hodge, *The Mahā-Vairocana-Abhisambhodhi Tantra with Buddhaguhya’s Commentary* (London: RoutledgeCurzon, 2003), 4, cited in Payne, *Tantric Buddhism in East Asia*, 10-11. Payne notes that Hodges list

widely that it becomes “...overdetermined toward the point of meaninglessness.”²⁶⁶ Payne similarly notes that not all tantric systems contain all elements, no one element exists on its own, and most, if not all, “tantric” elements may also be found in “non-tantric” systems and traditions. Moreover, the criteria presented in a particular text may be that of a single practitioner’s personal view of their own tradition and may not represent the tradition as a whole, and thus be open to conjecture (rather than evidence); finally, such lists are overly simplistic and reduce the complexity and diversity of tantric literature to a few basic criteria.²⁶⁷ For this reason, both polythetic and monothetic approaches are insufficient.

One basic definition for the term *tantra* is “system,”²⁶⁸ or put more precisely, “ritual system.” *Tantras* are a common genre of texts primarily concerned with ritual performance,²⁶⁹ rendering Mahāyāna sūtra literature concrete. Halkias has suggested that the *tantras* represent a systematization of normative Mahāyāna elements.²⁷⁰ Etymologically, “[sūtra] comes from the root *siv*, ‘to sew’ and means most basically a thread that runs through, providing continuity and connection. Tantra is the woof or crossing thread in a fabric, providing the texture.”²⁷¹ The *tantras* concretely render the narrative content and cosmological imagination of the world of

resembles Teun Goudriaan, “Part One: Introduction, History and Philosophy,” in Sanjukta Gupta, Dirk Jan Hoens, and Teun Goudriaan, *Hindu Tantrism, Handbuch der Orientalistik*, 2.4.2 (Leiden: E.J. Brill, 1979), 7-93., cited in Payne, *Tantric Buddhism in East Asia*, note 34, pp. 229.

²⁶⁶ Lopez, *Elaborations on Emptiness*, 88. For additional considerations of the polythetic approach, and potential pitfalls, see: Rodney Needham, “Polythetic Classification,” *Man* 10.3 (1975): 349-69. Cited in, Lopez, *Elaborations on Emptiness*, 86 (note 13).

²⁶⁷ Payne, “Introduction,” 12.

²⁶⁸ Warder, *Indian Buddhism*, 461.

²⁶⁹ The use of the word “tantra” in English language sources dates to 1799. Herbert V. Guenther, *The Tantric View of Life* (Berkeley: Shambhala Publications, 1972), 1; cited in Payne, “Introduction,” 5, 228 (note 12), and Lopez, *Elaborations*, 103. The earliest text (to which we have access) to contain the term “tantra” is likely the *Guhyasamāja-tantra*, which may date from as late as the 3rd century CE. Hugh B. Urban, *Tantra: Sex, Secrecy, Politics, and Power in the Study of Religion* (Berkeley and Los Angeles: University of California Press 2003), 29, cited in Payne, “Introduction” 4, 228 (note 14). Lopez has noted the danger inherent in allowing the term *tantra* (as bibliographic category) to float free as an “abstract noun” in the form of “tantra” as such or “tantric.” Lopez, *Elaborations*, 85, cited in Payne, “Introduction,” 5, 228 (note 15).

²⁷⁰ Halkias, *Luminous Bliss*, 139.

²⁷¹ Lopez, *Elaborations*, 90-91.

sūtras. According to Warder, “doctrine is to be acted out in tangible form,”²⁷² and it is perhaps through the ritual genre of the *tantras* that some Mahāyāna Buddhists were able to render their literature, often ethereal, bordering on psychedelic and cosmic, tangible.

Lopez observes that Tibetan usage of the term *tantra* is defined “as the member (usually the second member) of a dyad.”²⁷³ This can be seen as deriving from the Vedic context, which depicted the functioning together of “the primary part of the sacrifice, the *pradhāna*, which was made up of the main offerings and which varied according to deity and oblatinal material, and the *tantra*, the auxiliary acts that remained largely interchangeable among different sacrifices.”²⁷⁴ In Tibetan contexts, Vajrayāna discourse always functioned in (polemic) relation to the *Pāramitāyāna*.²⁷⁵ Lopez therefore contends that “Tantra” should be understood “relationally,” not as “a free floating category.”²⁷⁶ Ultimately, whatever “Tantra” might be, it must always be defined in relation to a particular context.²⁷⁷

Tantric Buddhism and Buddhist Studies

Burnouf’s extremely negative assessment of Tantric Buddhism has remained remarkably persistent in Buddhist Studies literature. Lopez has examined the consistently negative tropes employed in the early historiography of Tantric Buddhism, considering the work of such scholars as Rajendralala Mitra (1882),²⁷⁸ Benoytosh Bhattacharyya (1931),²⁷⁹ Waddell (1895, 1972),²⁸⁰ de

²⁷² Warder, *Indian Buddhism*, 466-467.

²⁷³ Lopez, *Elaborations on Emptiness*, 88.

²⁷⁴ Lopez, *Elaborations on Emptiness*, 88.

²⁷⁵ Lopez, *Elaborations on Emptiness*, 88.

²⁷⁶ Lopez, *Elaborations on Emptiness*, 90

²⁷⁷ Lopez, *Elaborations on Emptiness*, 90-91

²⁷⁸ “...we can only deplore the weakness of human understanding which yields to such delusion in the name of religion, and the villainy of the priesthood which so successfully inculcates them.” Rajendralala Mitra, *The Sanskrit Buddhist Literature of Nepal* (New Delhi: Cosmo, 1888; reprint, 1981), 261, 264; quoted in Lopez, *Elaborations on Emptiness*, 93 (note 27).

la Vallee Poussin, and others. Additionally, Wedemeyer suggests that we inquire into “the very discourses used to represent Tantric Buddhism in order to demonstrate that the models taken for granted in modern academic research are themselves not only contingent and historical but reflect rather more of the constitutive imagination of the modern interpreter than the object they purport to explain.”²⁸¹ Wedemeyer also identifies three dominant Western cultural metaphors used in the study of Tantra:

- 1) **The Decadent Monk Theory:** This theory suggests that Tantra was a release valve of sorts so that monks who could not keep their vows would be able to still call their misbehavior “Buddhism.” As Wedemeyer notes, this trope is easy to dismiss because it is based on nothing more than speculation, and in fact there are more textually and culturally appropriate methods for evaluating and analyzing the “transgressive” elements in tantric texts.²⁸²
- 2) **Tribal Origin (Vedic, aboriginal, pre-Aryan) Theory:** Other scholars have argued that tantric techniques (mantra, mandala, mudra, and magic) became “Buddhist” when monastics appropriated the practices of fringe movement on the periphery of the sangha who were in contact with tribal societies. In some cases, this “Tribal”

²⁷⁹ “If at any time in the history of India the mind of the nation as a whole has been diseased, it was in the Tāntric Age....Someone should therefore take up the study comprising the diagnosis, aetiology, pathology, and prognosis of the disease, so that more capable men may take up its treatment and eradication in the future.” Benoytosh Bhattacharyya, *An Introduction to Buddhist Esotericism* (Delhi: Motilal Banarsidass, 1980), vii; cited in, Lopez, *Elaborations on Emptiness*, 94 (note, 28). While many scholars have cited Benoytosh’s introductory diatribes against “Tantra,” when this introductory essay is read in dialogue with his conclusion, a very different picture emerges. Benoytosh was clearly trying to find an explanation for how it was possible for India to be so humiliated by the British, and how Indians might imagine a way forward. Benoytosh’s criticism of “tantra” basically served as a foil for his theorization of a purified tantra-yoga, the primordial and true esoteric religious contribution of Indian culture to the world. See: 165-174.

²⁸⁰ *The Buddhism of Tibet, or Lamaism: With its Mystic Cults, Symbolism and Mythology, and in its Relation to Indian Buddhism* (London: W. H. Allen & Co., 1895; reprint, 1972).

²⁸¹ Wedemeyer, *Making Sense of Tantric Buddhism*, 68.

²⁸² Wedemeyer, *Making Sense of Tantric Buddhism*, 11, 23, 43-45; For an evaluation of the “semiology” of transgression in Tantric Buddhism see especially, 170-199. See also Payne, “Introduction,” 22.

origin may be described as embodying popular Vedic/Hindu practices, pre-Aryan/Vedic autochthonous Indian cultural elements, especially “śakti” worship. Wedemeyer suggests that this theory simply arises from a hyper-literal reading of otherwise ambiguous or symbolic textual references, and like other theories in the study of tantra, has gained authority simply through repetition. In a similar vein, Payne notes that in some cases the “tribal” elements are given a positive value, wherein European “Protestant” discourses of reform are projected onto pre-modern Indian contexts. According to this view, the “decadent” monks are the mainstream monks, and the peripheral monks are the reformers.²⁸³

- 3) **Influence from Śaivism Theory:** Some scholars locate the origin for Tantra in Hindu Śaivism. This has been the most popular theory for some time in Western scholarship. Interaction is undeniable, but to say that something called “Buddhism,” somehow existing independent from other elements in its environment, experienced “influence” from something called “Śaivism” is now seen as embodying a kind of essentialism. Whatever we might mean by Buddhism or Śaivism in “medieval” India, we are talking about two things that emerged from a shared cultural environment. In other words, this theory inevitably defines “Buddhism” in ways inappropriate to its contexts.²⁸⁴ Payne suggests that the way influence is often used entails a “wrong-headed grammatical prejudice about who is the agent and who is the patient.”²⁸⁵

²⁸³ Payne, “Introduction,” 13. Regarding the ways in which sub-stratum and Vedic/pre-Vedic attribution may be read see, Payne, “Introduction,” 22-24.

²⁸⁴ Wedemeyer, *Making Sense of Tantric Buddhism*, 11, 17, 22, 30-32); On the various problems involving discourses of “influence” see: Michael Baxandall, *Patterns of Intention: On the Historical Explanation of Pictures* (New Haven: Yale University Press, 1985), 58-59, cited at length in Payne, “Introduction,” 31.

²⁸⁵ Payne, “Introduction,” 31.

Tantra: Beginning/Middle/End of Buddhism

Early scholars of Buddhism endeavored to pinpoint a “tantric” phase in Buddhist history whereby we might distinguish (normative) Mahāyāna Buddhism from Tantric Buddhism, seeing it as either the sub-stratum—the primordial well upon which all Indian religion draws—the manifestation of “medieval” feudal society, or the final nail in the coffin of a once noble tradition. Lopez notes that some scholars “regard Tantra instead as the undifferentiated substratum of Indian culture, underlying all forms of Indian religiosity and manifesting itself overtly at certain key junctures in the development of the Hindu and Buddhist traditions.”²⁸⁶ This theory of Tantra as sub-stratum is to be found in the scholarship of Tucci, Elders, and Conze,²⁸⁷ and others.

This primordium is often couched in terms of hierarchical binaries: deep/surface, pre-Aryan/Aryan, maternal/paternal, female/male, lay/monastic, and magic/religion. Wedemeyer notes that even when the binary is inverted—for example, by scholars arguing for a female-positive account—the basic structure remains the same.²⁸⁸ Wedemeyer identifies the theory of a primordial cult of the goddess in pre-Hellenic societies in 19th century scholarship as providing the “mythic” basis for the idea of the “sub-stratum”: the notion that there exists a primitive/primordial culture, ever existing, which occasionally rises to the “surface” in different forms.²⁸⁹ According to proponents of the substratum theory, “tantra is the substratum of authentic Indian religiosity, rendering the ‘great tradition’ epiphenomenal, the substratum that erupts into history at key moments, the corrective. It is the subversive origin that can only be temporarily repressed, the forever primitive.”²⁹⁰ The sub-stratum, serves as a blank slate to which

²⁸⁶ Lopez, *Elaborations on Emptiness*, 85.

²⁸⁷ Wedemeyer, *Making Sense of Tantric Buddhism*, 51.

²⁸⁸ Wedemeyer, *Making Sense of Tantric Buddhism*, 56-57; Payne, “Introduction,” 13.

²⁸⁹ Wedemeyer, *Making Sense of Tantric Buddhism*, 54-55.

²⁹⁰ Lopez, *Elaborations on Emptiness*, 85-86.

the scholar may attribute virtually any feature of a tradition that seems difficult to account for.²⁹¹ Based on the ahistorical nature of this theory alone, it easily dismissed.

One of the most prevalent theories for the origin of Tantra is to suggest that the *tantras* arose as a strategy for otherwise rational Buddhist monks in “medieval” India to cope with a violent and sexual environment. However, in this account, “the medieval” is never clearly defined. Wedemeyer notes that in 1885, Monier Williams considered Tantra as the worst part of medieval religion. In 1987, Snellgrove defended his use of “medieval” because of the striking similarities between the use of magic and violence in the Indian and European “medieval” periods. In 2002, Davidson argued that Tantra was essentially an extension of medieval feudal society. However, even though scholars have given dates for “the medieval” ranging from 0-600 CE to 100-1400 CE, the equation of “tantra” with “medieval” “sex and violence” has remained consistent. This exposes the workings of a peculiarly circular logic derived from Western historiographic biases, not necessarily from this history of India itself.²⁹²

Drawing upon the decadent monk theory, the medieval theory, or the Śaiva origin theory, many scholars (even today) have blamed “Tantra” for the decline and extinction of Buddhism in India. Whether they draw upon Hegelian theories of history, early Western theories of history (Gold, Silver, Bronze, Iron), or even Indian conceptions of time and cosmology (Kṛta, Duāpana, Tretā, Kali), Wedemeyer notes, scholars have essentially suggested that the “end” phase of all things may in some sense be blamed for that end.²⁹³

²⁹¹ Regarding the problems inherent in the “substratum” theorization, see: Jan Gonda, “Introduction: Some Critical Remarks apropos of Substratum Theories,” in *Change and Continuity in Indian Religion* (The Hague: Mouton, 1965), 7-37; cited in, Lopez, *Elaborations on Emptiness*, 86 (note 12).

²⁹² Wedemeyer, *Making Sense of Tantric Buddhism*, 60.

²⁹³ A. L. Basham, “Tantrism and the Decline of Buddhism in India,” in *The Buddhist Tradition in India, China & Japan*, ed. William Theodore DeBary (New York: Modern Library, 1969); cited in, Wedemeyer, *Making Sense of Tantric Buddhism*, 43-45.

Following Burnouf, scholars of Buddhism have often been taken for granted that the philosophical and moral teachings of the scientific Buddha eventually fell victim to the idolatry and magical thinking of Asian culture. Not only had “Tantra” polluted “Buddhism,” but it was also held responsible for its inevitable demise, “a graft gone wrong.... Whereas the Indian and Tibetan exegetes tended to portray tantra as the addition of what was essential to bring forth the fruit of enlightenment, Victorian scholars viewed tantra as a parasite that destroyed its host.”²⁹⁴ This view of Indian history has been strongly influenced by Hegelian thought, in which cultural systems are seen to emerge, flourish, and inevitably (decadent) decline. That European thinkers found the *tantras* to be “decadent” further reinforced the view that the tantric “phase” was in some sense responsible for Buddhism’s decline in India.²⁹⁵

Mahā/Vajrayāna and the “Earliness” of Tantra

Louis de la Vallée Poussin (1869-1937), one of the most important early scholars of Buddhism in the West, suggested early in his career that so-called tantric “elements” were likely present in early Buddhism.²⁹⁶ Lopez finds in de la Vallée Poussin the most “anti-essentialist” of the early Buddhologists, who regarded Buddhism as a branch of contemporaneous Hindu yoga

²⁹⁴ Lopez, *Elaborations on Emptiness*, 99.

²⁹⁵ For more on the Hegelian view of history and its influence on the study of tantra, see Christian K. Wedemeyer, “Tropes, Typologies, and Turnarounds: A Brief Genealogy of the Historiography of Tantric Buddhism,” *History of Religion* 40.3 (2001): 229; cited in Payne, “Introduction,” 1, 227 (note 1).

²⁹⁶ *Bouddhisme: Opinions sur l’histoire de la dogmatique* (Paris: Gabriel Beauchesne et Cie., 1908), 342-412, and *Bouddhisme: Études et Matériaux*, 72-81, 118-76; cited in, Lopez, *Elaborations on Emptiness*, 96 (note, 39).

“The Old Buddhism, as preserved in the Pāli canon and in the Sanskrit Hīnayāna literature, has a number of features which are not specifically Buddhist, which are alien to the noble eightfold path, which, to put it otherwise, are more or less Tāntrik or open the way to Tantrism properly so called.” Louis de la Vallée Poussin, “Tāntrism (Buddhist),” 194; quoted in, Lopez, *Elaborations on Emptiness*, 96 (note, 40).

See also: “These include: (1) the belief in the power of ‘statements of truth’ (satyavacana), which he describes as ‘half-magical ‘formulas of protection’; (2) respect paid to powerful and unfriendly deities; (3) the worship of relics, the construction of stūpas, the practice of pilgrimage, and ‘idolatry’; and (4) what he calls ‘the machinery of meditation,’ by which he means the various techniques for attaining the dhyānas (concentrations) and samāpattis (absorptions), prerequisites for gaining the salvific knowledge of nirvāṇa. All of these states of absorption and the methods for attaining them “have been borrowed by Buddhism from Hindu yoga.” (ibid)

traditions that coalesced around the ideal of the Buddha, borrowing all ideas available. In other words, as early Buddhists endeavored to articulate a distinctively Buddhist identity, they employed a variety of strategies and ritual technologies, many of which would later be labelled as “tantric” by scholars. De la Vallée Poussin did not seem to believe in the existence of an “a priori” Buddhism distinct from its environment.²⁹⁷ Wedemeyer notes, however, that shortly after De La Vallee Poussin made the suggestion that “tantric” elements may be found in early Buddhism, functioning as a feature of the broader Indian, and thus Buddhist, environment, he was so thoroughly criticized by his colleagues that he never wrote again about Tantric Buddhism seriously again.²⁹⁸ As history has shown, De La Vallee Poussin was certainly ahead of his time, and has been vindicated by scholars of recent generations. While Burnouf’s chronology (Simple *Sūtras*, Mahāyāna *Sūtras*, Tantras) remains fairly influential in the field, a number of scholars have critiqued the supposition that Tantra is an inherently late phenomenon.

Huntington, for example, has noted important features in the *Suvarṇaprabhāsa-sūtra* 金光明經 (T. 663),²⁹⁹ which many scholars define as both “early” and “tantric.”³⁰⁰ This text contains the mental construction of a palace/mandala, homage to the Buddhas of the four directions, and other “visualization” techniques, suggesting that various features commonly attributed to Tantric literature (just like the Bodhisattva path and buddha-fields for Mahāyāna) were part of the early Buddhist worldview.

²⁹⁷ De La Valle Poussin, *Etudes et Matériaux*, 43; cited in, Lopez, *Elaborations on Emptiness*, 98 (note 47). Lopez notes, however, that Poussin regarded tantra as “alien” in some sense, *Elaborations*, 98.

²⁹⁸ Wedemeyer, “Tropes and Typologies,” 243-248.

²⁹⁹ T. 663, *Jingguangming jing*, J. *Konkōmyō kyō*.

³⁰⁰ John C. Huntington, “Notes on a Chinese Text Demonstrating the Earliness of Tantra,” *Journal of the International Association of Buddhist Studies* 10.2 (1987): 88-98.

Wayman's examination of the *Guhyasamāja-tantra* 佛說一切如來金剛三業最上祕密大教王經 (T. 0885)³⁰¹ has led him to suggest that this Tantra dates from the 3rd century, if not earlier.³⁰² More recently, Wedemeyer's critique of Buddhist studies historiography suggests that there are indeed numerous features of tantric literature that may be found throughout the earliest Mahāyāna and non-Mahāyāna literary canons.³⁰³ This seems to suggest that whatever we might mean by Tantric Buddhism, Esoteric Buddhism, or Vajrayāna Buddhism, "it" seems to have always-already been part of the environment out of which Mahāyāna discourse emerged.

John S. Strong's examination of the Gandhakuṭī ("Perfumed Chamber of the Buddha") notes that in *Avadāna* literature, we see numerous examples of the Buddha's presence described in ways reminiscent of Pure Land and Mandalic imagery. Strong cites the *Avadānaśataka* 17 and *Dīvyāvadāna* 12, and the *Prātihārya-sūtra*, in particular.³⁰⁴ Mandalas represent a rather abstract conception of sacred space. In some cases they may be images of the abode of a Buddha, or a

³⁰¹ T. 885, C. *Foshuo yiqierulai jingang sanye zuishang mimi dajiaowangjing*, J. Bussetsu issainyorai kongōsangō saijōhimitsu daikyōkyō.

³⁰² Alex Wayman, *Introduction to the Buddhist Tantric Systems* (Delhi: Motilal Bandarsidass, 1978; reprint, 1998), ; *Yoga of the Guhyasamājantra, The Arcane Lore of Forty Verses, A Buddhist Tantra Commentary* (Delhi: Motilal Banarsidas, 1977); Warder, however, agreeing that the *Guhyasamāja*, may be the earliest developed Mantrayana text, suggests the 6th century for its date of composition, *Indian Buddhism*, 462. Warder also notes the *Mahāsammipāta-Ratnaketudhāraṇī* (4th cent.; trans. Chinese, 5th cent., *Baoxing tuoluoni jing* 寶星陀羅尼經 T. 402) which depicts Śākyamuni drawing upon the power of all Buddhas to deliver a *dhāraṇī* to our world which will aid in the dissemination of Buddhism. This text is known for its literary merit, and contains an interesting dialogue between Shariputra and Śākyamuni, and a battle with Death/Mara, Warder, *Indian Buddhism*, 459. Others that likely date from before the 8th century include, the *Mahāvairocanasūtra*, *Sarvatathāgata-tattvasaṃgrahaṃ-nāma mahāyāna-sūtram*. Some that date from around the 8th century include the *Cakrasaṃvara*, *Vajrabhairava*, *Mañjuśrīmūlakalpa*, *Ratnayamāri* (ca. 750—mentioned by Virupa), *Buddhakapāla* (c. 800 Sarahas), *Mahāmāyā* (c. 800, Kukuri), *Indian Buddhism*, 463-466; Warder lists many sutras/*tantras* that may help us understand this period of literary production: *Guhyasamāja*, *Cakrasaṃvara*, *Hevajra* were the most important *tantras* as evidenced by their numerous commentaries. The *Kalacakratāntra* is of equal importance in Tibet, *Indian Buddhism*, 476) Warder also notes that the *Mahāvairocanasūtra*, likely draws upon the cosmological and philosophical ideas present in the *Gaṇḍavyūha*, most notably the notion that the true state of the minds of all beings is pure, and identical to the mind that seeks enlightenment, which is itself none other than the mind of Mahāvairocana Buddha. The Mahāparinirvāna-sūtra is the first text to mention Buddha nature, and the Buddha-dhātu, doctrine. The *Aṣṭasāhasrikā-prajñāpāramitāsūtra* is an extremely early text that discusses the mind's original purity, etc. Early ("basic") Buddhist doctrine is present throughout the tantric corpus. *Indian Buddhism*, 460-461; See also: Hiraoka, *Indian Buddhism*, 296-298; Nakamura, *Indian Buddhism*, 170 (note, 39).

³⁰³ Wedemeyer, "Tropes and Typologies."

³⁰⁴ John S. Strong, "'Gandhakuṭī': The Perfumed Chamber of the Buddha," *History of Religions* 16.4 (1977): 390-406. See esp., 401.

depiction of a Pure Land, but in other cases they may represent the total sum of all Buddha-fields, a “Mahā-” Pure Land, if you will. But mandalas may also simply be sacred spaces prepared for a ritual or for greeting the Buddha. Strong notes that Sangharakṣita’s story, in *Divyāvadāna* 23, parallels developments commonly associated with Tantric literature. For example, the “*maṇḍalaka*” must be swept clean for the Buddha to inhabit the space,³⁰⁵ just as we see in the *Mahāvairocana-sūtra* (*/tantra*) wherein before constructing the mandala/altar where a Buddha will appear, one must sweep the ground in a ritualized fashion.³⁰⁶ From his analysis of “early” Buddhist literature, Strong emphasizes the connection between the functioning of Pure Land Buddhism and Mandala imagery in Buddhism, both of which signify the power or the presence of a Buddha. The Buddha’s presence is analogous to his power. It is this power that allows beings to escape *samsāra*, and it is this power upon which Tantric ritual techniques seek to draw.

Nattier has suggested that the essence of tantric *sādhana* practice is to teach the practitioner to envision, encounter, and absorb a Buddha, thus transforming the practitioner’s world into a Pure Land, and helping others through the magical powers brought about by the transformation of reality.³⁰⁷ The “encounter” is brought about through intense contemplation, a “bringing to mind” or *buddhānusmṛti*, a term which in East Asia is commonly translated as “buddha recollection” 念佛 (C. *nianfo*, J. *nenbutsu*). That we might understand Buddha recollection and tantric contemplation as expressions of a common desire to tap into the power of the Buddhas should not be surprising. As Nattier suggests, tantric “deity yoga” may after all represent a logical extension of *buddhānusmṛti* practices. Nattier suggests, “The practice of ‘deity yoga’ in tantric Buddhism, in which one identified fully with a visualized being, only to

³⁰⁵ Strong, “Gandhakuṭī,” 402.

³⁰⁶ Strong, “Gandhakuṭī,” 403.

³⁰⁷ Williams, *Mahāyāna Buddhism*, 186.

then dissolve the entire experience—including the meditational object—into nothingness... might best be viewed as a distinctive form of ‘meditative remembrance’ (*anusmṛti*).”³⁰⁸

Defining that context, of course, is where the creative work of scholarship comes in. Wedemeyer employs the term “Mahā/Vajrayāna” Buddhism as a way of complicating the concept of a monolithic Tantrism.³⁰⁹ Drawing upon Skilling’s examination of Mahāyāna Buddhism (noted above), Wedemeyer provides five modes by which scholars working on the *tantras* more might conscientiously (and creatively) construct their object of study. This is my own elaboration on Wedemeyer’s five-point adaptation of Skilling’s ten-point list:

- 1) Tantra did not constitute a distinct kind of Buddhism, or a path separate from “Mahāyāna” Buddhism. Rather, all Buddhists employed powerful words (mantrapada) for this-worldly and otherworldly rites.³¹⁰
- 2) Practitioners were not degenerates who flaunted the rules of the monastic order, but were instead strict adherents of normative Buddhist values, who describe their participation in a variety of ceremonies and practice common to the monastic vocation. Tantric “rebellion” in fact may have reinforced normative Buddhist concerns and priorities, and was enacted within a Mahāyāna *literary* and *ritual* context.
- 3) Tantric texts and rituals take for granted the *śrāvaka* and bodhisattva literary tradition, as well as the broader Indian world. In other words, the doctrinal positions held in the *tantras* are clearly based in established Buddhist doctrine—for example, the indestructible vajra, which is essentially defined as Buddha-nature/mind, non-duality, and the union of *samsāra*/nirvana. Warder suggests, “If we accept Madhyamaka as Buddhism

³⁰⁸ Nattier, *A Few Good Men*, 160 (note, 49).

³⁰⁹ Wedemeyer, *Making Sense of Tantric Buddhism*, 90.

³¹⁰ On this concept of “phonic mysticism,” See Richard K. Payne, “Introduction,” 14; See also, Richard K. Payne, *Language Conducive to Awakening: Categories of Language Use in East Asian Buddhism, with Particular Attention to the Vajrayāna Tradition*, *Buddhismus-Studien 2* (Düsseldorf: Hauses der Japanischen Kultur, 1998).

we may accept Atiyoga. Its basic position is the ancient Buddhist non-soul doctrine that there is nothing which is eternal.”³¹¹ For example, the Mahāyāna portrayed in the *Lotus Sūtra* seeks to subvert and encompass the so-called Hīnayāna by declaring that it represents “not only the completion of the Hīnayāna but is at once its necessary precursor and eventual substitute; that which is later is portrayed as actually prior.... The tantric path, the Vajrayāna, is similarly portrayed as providing what is essential to the completion of the bodhisattva path; the upāya set forth in *sūtras* like the *Lotus* are in themselves inadequate to provide the means to buddhahood.”³¹²

- 4) *Tantras* were produced in the mainstream *institutional* context of the monastery, and portray highly literate authors and readers.
- 5) Tantric literature is highly diverse, and one must define this literature in relation to specific contexts.³¹³

This section has considered recent scholarship analyzing the various strategies employed by Buddhist Studies scholars for defining, and locating the origin of, Tantric/Esoteric/Vajrayāna Buddhism, suggesting that so-called Tantra, as a thing unto itself, may largely be a construct of the academic imagination. Drawing upon Wedemeyer, I propose Mahā/Vajrayāna as the implied meaning of the term Esoteric Buddhism, as the *tantras* (a genre of Mahāyāna rituals texts) and Mahāyāna discourse centered upon the *tantras* (Vajrayāna) function within a broader Mahāyāna cosmological and doctrinal tradition. The following section will establish basic parameters for “Esoteric Pure Land” (aka, Mahā/Vajrayāna Pure Land) as a way to complicate further the

³¹¹ Warder, *Indian Buddhism*, 468.

³¹² Lopez, *Elaborations on Emptiness*, 92.

³¹³ Wedemeyer, *Making Sense of Tantric Buddhism*, 200-206; drawing upon Skilling’s 10 points on the “Mahayana and Bodhisattvas,” 141, 145-147.

supposed distinctions between Mahāyāna and Vajrayāna, by inquiring into the diverse range of approaches to Pure Land rebirth.

Chapter I

Part IV

Esoteric (Mahā/Vajrayāna) Pure Land

In Part I of this chapter, I examined the work of Eugene Burnouf and recent scholarship that has problematized his hypothetical division of Buddhism into Early, Mahāyāna, and Tantric phases. By locating ideas and concepts said to be definitive of Mahāyāna Buddhism in an early (presumably, pre-Mahāyāna) Buddhist context, I suggested that the Mahāyāna should rather be viewed as a Buddhist polemical construct, and that the various characteristics said to define the Mahāyāna rather emerged in a heterogeneous early Buddhist environment that resists simplistic taxonomic characterization. Part II focused on the concept of a “Pure Land” as a pan-Buddhist cosmological ideal, thus problematizing the idea that Pure Lands are necessarily a Mahāyāna Buddhist construct. Furthermore, Part III synthesized recent scholarship on Vajrayāna/Tantric/Esoteric Buddhism to argue that “Tantra” may be productively reimagined as a Mahāyāna sub-discourse and a ritual theory based in the *tantras*. In this section, Part IV, I will inquire into “Esoteric Pure Land” as a productive future area of inquiry.

Payne, Schopen, Tanaka, and others have noted for some time that aspiration for rebirth in the Pure Land of a Buddha, or in some cases, encountering with a Buddha in the present, was a widely-held, pan-Buddhist “generalized” goal.³¹⁴ Similarly, some scholars now recognize that the utilization of “mantic” spells for the manipulation of the spiritual and material world has

³¹⁴ Gregory Schopen, “Sukhāvātī as a Generalized Religious Goal in Sanskrit Mahāyāna Sūtra Literature,” in *Figments and Fragments of Mahāyāna Buddhism in India, More Collected Papers* (Honolulu: University of Hawaii Press, 2005), 154-189; Payne and Tanaka, “Introduction,” 12.

been a common feature of early Buddhist literature as far back as we are able to see.³¹⁵ As the next chapter will demonstrate, the importance of the Pure Land in the most popular tantric texts in East Asia is hard to overestimate. There are indeed a great number of tantric ritual manuals (by this I simply mean ritual manuals associated with “the *tantras*,” and not that these manuals obtain some “tantric” essence) associated with the Buddha Amitābha/Amitāyus and rebirth in Sukhāvātī, or the Pure Land of other Buddhas.

There are, for example, numerous *dhāraṇī* that we might fairly unambiguously categorize as “Esoteric Pure Land” texts—for example, the *Aparamitāyus Dhāraṇī* (T. 370, 936, 937),³¹⁶ *Anantamukhanirhāra-dhāraṇī* (T. 1011, 1009, 1012-1018),³¹⁷ *Wuliang rulai guanxing gongyang yigui* 無量壽如來觀行供養儀軌 (T. 930).³¹⁸ Many more examples, explored in the following chapters, demonstrate that one of the most common benefits claimed by “Esoteric” texts (variously defined) is the ability to attain rebirth in a Pure Land in order to study the dharma at the feet of a living Buddha, a claim common across various genres of Mahāyāna writing.

Of the Tibetan context, Halkias notes that the practice of *phowa* (*'pho-ba*), or “consciousness transference,” is perhaps the “most popular post mortem ritual” among Tibetan Buddhist traditions around the world.³¹⁹ In *phowa* practice, one contemplates the Buddha in the Pure Land and imagines (practices) shooting one’s consciousness from one’s body into the body

³¹⁵ Hayami Tasuku 速水侑, *Jujutsu shūkyō no sekai* 呪術宗教の世界 (Tokyo: Hanawa shinsho はなわ新書, 1987; reprint 2007), 12-14.

³¹⁶ This text was translated into Chinese beginning in 502 and 557; T. 936, translated in the 9th century by a Tibetan monk in Dunhuang; T. 937, translated late 10th century by a monk from Nalanda. “The Tantric Transformation of Pūjā: Interpretation and Structure in the Study of Ritual,” in *India and Beyond: Aspects of Literature, Meaning, Ritual and Thought—Essays in Honour of Frits Staal*, ed. Dick van der Meij (Leiden: International Institute for Asian Studies, 1997), 24; cited in, Halkias, *Luminous Bliss*, 141 (note 11).

³¹⁷ Fujita, “Pure Land Buddhism in India,” 36.

³¹⁸ T. 930, *J. Muryōju nyorai kengyō kuyō giki*.

³¹⁹ Halkias, *Luminous Bliss*, 150 (note 52).

of the Buddha. This is practiced throughout one's life as preparation for the moment of death.³²⁰

This practice may be productively compared to East Asian deathbed rituals, also addressed in the following chapters, as well.

While very little scholarship has been conducted on this issue (in Chinese, Japanese, or English), Richard K. Payne's examination of the *Aparamitāyur-dhāraṇī-sūtra* may serve as a preliminary guide for this initial sketch of Esoteric Pure Land Buddhist studies.³²¹ Payne has suggested that while this text was widely disseminated early on, it has been neglected by scholars in favor of philosophical texts like the *Prajñāpāramitā-sūtras*. Even though this ubiquitous spell text was likely more indicative of what Buddhists were actually doing, scholars have had little patience for soteriology or ritual, let alone highly ritualized "Esoteric" texts concerned primarily with soteriological aims.³²²

Upon his initial encounter with this text, Payne noted, it seemed to confound the very categories that undergird the academic study of Buddhism:

Initially I was attracted to this text because it appeared to be simultaneously a Pure Land and a Vajrayāna text, offering longevity and birth in Sukhāvāṭī through the recitation of a dhāraṇī. This struck me, those many years ago, as delightfully transgressive—it confounded the neat categories so familiar in the Buddhist studies of the 1970s, categories whose boundaries are overly-sharp, ahistorical, and either sectarian or ethnically defined. Since these boundaries continue to plague the field, the text continues to be a useful means of confounding these categories.³²³

Furthermore, Payne notes that "bibliographic classifications—including 'Pure Land' and 'tantra'—are themselves historically conditioned. Such conditioning extends beyond bibliographic concerns to include the very formation of these two categories and the common

³²⁰ Patrul Rinpoche, *The Words of My Perfect Teacher* (Boston: Shambhala, 1998), 351-366; Janet Gyatso, "An Avalokiteśvara Sādhana," in *Religions of Tibet in Practice*, ed. Donald S. Lopez, Jr. (Princeton: Princeton University Press, 1997), 266-270; Donald S. Lopez, Jr., "Mindfulness of Death," in *Religions of Tibet in Practice*, ed. Donald S. Lopez, Jr. (Princeton: Princeton University Press, 1997), 421-442; *Religions of Tibet in Practice*, ed. Donald S. Lopez, Jr. (Princeton: Princeton University Press, 1997), 442-457.

³²¹ Richard K. Payne, "The Cult of Arya Aparamitayus: Proto-Pure Land Buddhism in the Context of Indian Mahayana," *The Pure Land, Journal of Pure Land Buddhism*, 13-14 (1997): 19-36.

³²² Payne, "Aparamitāyus," 278.

³²³ Payne, "Aparamitāyus," 273.

presumption that they are somehow mutually exclusive.”³²⁴ So-called “Esoteric” strategies for attaining Pure Land rebirth have likely been understudied because it has been assumed that Pure Land is fundamentally dualist (this world vs. the Pure Land) and Esoteric Buddhism is fundamentally non-dualist (this world *is* the Pure Land). By contrast, this chapter has demonstrated that Esoteric Buddhism and Pure Land are but provisional designations employed by Buddhists and Buddhologists alike to make sense of the vast array of Mahāyāna Buddhist writing.

It is often assumed that Mahāyāna literature has presented us with two alternative visions of the Pure Land, either as a mental construct (“metaphor” for enlightenment) or as a concrete post-mortem paradise. These two positions are certainly present in Mahāyāna literature, but rather than serving as two opposing views, they exist along a continuum. Moreover, to see these “two” views as fundamentally separate is to misunderstand how Pure Lands fits in the broader Mahā/Vajrayāna literary context. That the Pure Land is regarded as in some sense “provisional” does not necessarily mean that Buddhists did not believe that it existed, or that rebirth there is not regarded as a real event.³²⁵ Mahāyāna literature contains a variety of conceptions of the Pure Land, on the one hand, but on the other hand, Mahāyāna hermeneutics often follow a common logic of enveloping and resolving difference, while, in some cases, also allowing “difference” to stand, unchanged. That this world and the Pure Land are perceived to be “two” does not mean that they are not also “one,” and vice versa.

Mahāyāna literature might suggest to us that we always keep in mind the constant interplay between everyday language, or the “concealing” (*saṃvṛti*) level of reality, and the

³²⁴ Payne, “Aparamitāyus,” 276.

³²⁵ Regarding this issue in early-medieval Japan, see: Jacqueline Stone, *Original Enlightenment and the Transformation of Medieval Japanese Buddhism* (Honolulu: University of Hawaii Press, 1999), 191-192.

philosophical “ultimate” (*paramārtha*) level of reality.³²⁶ Self/not-self, real/unreal, good/bad, worldly/transcendent, synthesized/unsynthesized: These and other dichotomies³²⁷ are deployed “creatively” throughout Mahāyāna literature in such a way to allow for a “doctrinal widening”³²⁸ wherein no statement can be taken at face value. Inversions and “inspired” interpretations may lead a text to be read differently in different contexts. It may well be the case that this feature of Mahāyāna literature—the tendency to divide teachings into provisional and ultimate, surface and hidden—represents a broader Buddhist strategy for dealing with diversity in Buddhist teachings, on the one hand, and the polemical context within which the various Buddhist texts were first composed, on the other.

Mahā/Vajrayāna Buddhists take for granted that “the entire fabric of reality is made of buddhas (*buddhamaya*), reality is only mind (*cittamātra*), and the minds of all beings are ultimately enlightened (possessed of *tathāgatagarbha*), the power of the enlightened ones need not be mediated through so-called ‘historical buddhas.’ It radiates from the very substance of a world that is mind and buddha.”³²⁹ And yet, Buddhas are conceived of as entities “provisionally” exterior to one’s own subjectivity. Negotiating this perceived divide, to “encounter” a Buddha, is one of the dominant concerns across variety of *sūtras* and *tantras*.³³⁰ Based on this, I would like to propose “Esoteric Pure Land” Buddhism as a new heuristic category for engaging this long neglected potential area of inquiry.

³²⁶ Warder, *Indian Buddhism*, 147.

³²⁷ Warder, *Indian Buddhism*, 346.

³²⁸ Williams, *Mahāyāna Buddhism*, 24.

³²⁹ Wedemeyer, *Making Sense of Tantric Buddhism*, 77.

³³⁰ Wedemeyer, *Making Sense of Tantric Buddhism*, 78.

Chapter I

Conclusion

While the earliest layers of Buddhism’s development are beyond our reach as historians, we are nevertheless blessed with a great number of Buddhist literary genres from which to deduce the ways in which Buddhists have understood the world. As noted above, Pāli *suttas* and Sanskrit *sūtras* paint a rather complex picture of a number of areas of contestation and interaction, far more nuanced and inter-related than simplistic divisions between Mahāyāna/non-Mahāyāna, and for that matter, Mahāyāna and Vajrayāna, will allow. “Mahāyāna” *sūtras* are not simply one genre of Buddhist texts. Rather, Mahāyāna is a prescriptive normative designation, a polemical term that Buddhists and scholars have affixed to a number of different, and often competing, genres and traditions. We might imagine that Mahāyāna discourse emerged in the face of growing Buddhist religious diversity and interaction, as a claim to unmediated access to the “great” vehicle (the big picture, the “secret” intention of the Buddha). The term Mahāyāna is an inherently polemical term, though it has often been used as a descriptive term to delineate a “kind” of Buddhism constituted by a set of defining characteristics. In the previous sections, I have shown that two basic features of Mahāyāna—the Bodhisattva’s vocation and the Pure Lands—are themselves not unambiguously “Mahāyāna,” and that the *tantras* did not emerge outside of the broader Mahāyāna literary world.

In this dissertation, the term Mahāyāna is employed not as a way to delimit a “kind” of Buddhism defined by Bodhisattvas and Pure Lands, but as a way of recognizing one of many rhetorical and literary strategies employed by Buddhists to establish dichotomous hierarchies in response to Buddhist diversity. The development of the genre of ritual literature known as

tantras, and the “Esoteric,” Tantric, or Vajrayāna discourse that grew with them, were employed within this struggle for complete, superlative, and secret attainment and revelation.

In recent years, several scholars have begun to investigate the nature of aspiration for rebirth in the Pure Land paradise in the “Vajrayāna” context of Tibet.³³¹ However, very little work has been done to address similar phenomena in East Asia. Part of the problem may be that many scholars regard Vajrayāna/Tantric Buddhism as an essentially Indo-Tibetan phenomenon, while Pure Land has been viewed as an essentially East Asian phenomenon. In fact, there is nothing essentially Tibetan about “Vajrayāna” (nor is Tibetan Buddhism *essentially* “Vajrayāna”),³³² and aspiration for Pure Land rebirth is not exclusive to East Asia. In the following chapters, Chapters II-III, I will survey the history of early Chinese and Japanese Buddhism and demonstrate the utility of the term “Esoteric Pure Land” for examining the aspiration for Pure Land rebirth (variously defined) through the use of mantra, dhāraṇī, and spell texts, as well as the *tantras*.

³³¹ Matthew Kapstein, “Pure Land Buddhism in Tibet? From Sukhāvātī to the Field of Great Bliss,” in Richard K. Payne and Kenneth K. Tanaka, eds., *Approaching the Land of Bliss: Religious Praxis in the Cult of Amitābha*, (Honolulu: University of Hawaii Press, 2004), 16-52; Tadeusz Skorupski, 1995. “A Tibetan Prayer for Rebirth in the Sukhāvātī,” *The Pure Land* 12 (1995): 205-253; and “Funeral Rites for Rebirth in the Sukhāvātī Abode,” *The Buddhist Forum* 6 (2001): 137–172; cited in, Halkias, *Luminous Bliss*, xxviii. Japanese and Chinese scholarship on this topic will be addressed in the following chapter.

³³² Payne, “Introduction,” 1: Notes that 1) Tibetan Buddhists mastered the whole range of Buddhist literature that the sub-continent had to offer, and 2) “Tantra” can be found throughout the whole of the “Mahayana” world. Therefore, the simplistic (though common) assumption that Vajrayāna = Tibet, is highly problematic.

CHAPTER II

PURE LANDS IN THE EAST ASIAN “SECRET PIṬAKA”

Introduction

Buddhism did not come to China as one thing, or at one time. In fact, “Buddhism” did not come to “China.” Rather, monks, missionaries, magicians, traders, and others, carried with them a variety of Buddhist texts and traditions originating in South and Central Asia, and while practicing their religion in the region we now call “China,” eventually worked to convey the Dharma to their newfound countrymen. In many cases, the establishment of monastic communities in non-Buddhist countries also entailed the transmission of literacy, medicine, and artistic technologies. This was certainly the case with Japan and Tibet. In China, however, Buddhists were faced with translating their traditions and doctrines into Literary Chinese, an ancient language that developed within a diverse philosophical environment. The worldview painted by Buddhist literature, filled with beings and realms beyond and active within this world, not only starkly contrasts with the world of suffering that beings inhabit, but also differed significantly from the worlds painted by early Chinese religious literature.

“Powerful words” in the form of mantras 眞言 (C. *zhenyan*, J. *shingon*), *dhāraṇī* 陀羅尼 (C. *tuoluoni*, J. *darani*), and spells 呪 (C. *zhou*, J. *ju*) were among the most important areas of interest shared for both foreign Buddhist masters, and newly converted Chinese Buddhists. Yoritomi Motohiro 賴富本宏 has suggested that indigenous Chinese “spell craft” 呪術 (C.

zhoushu, J. *jujutsu*) may have predisposed Chinese audiences to respond positively to South and Central Asian Buddhist spell literature in particular.³³³ In other words, in order for Buddhism to be “translated” into Chinese, early Buddhist immigrants and early Chinese converts had to draw upon cross-cultural perspectives on the “power of speech.” The potential for speech to mediate between worlds features prominently in the history of Chinese Buddhism. In much of the literature to be examined in this chapter, it is precisely the innate power of speech that is said to mediate the perceived gap between the infinite power of the Buddhas and the limited power of sentient beings.

This chapter is divided into four parts, each intended to demonstrate that aspiration for Pure Land rebirth was a significant goal throughout the various phases of the development of “Esoteric” literature in China.³³⁴ Part I surveys recent Chinese, Japanese, and English language scholarship that addresses the many problems in the historiography of the development of genres of Buddhist literature often referred to by such terms as Esoteric/Tantric/Vajrayāna. Part II examines references to Pure Land rebirth within the early introduction of sūtra, spell, and *dhāraṇī* literature, and reconsiders the coherence (or incoherence) of the term “proto-*Tantra*” in relation to more developed tantric systems. Part III, inquires into the Pure Land path within the early development, reception, systematization of the *tantras* (and other genres of ritual manuals and ritual systems) at the Tang court, focusing on Atikūṭa’s 阿地瞿多 (mid. 6th cent.)³³⁵

³³³ Yoritomi Motohiro 頼富本宏, “Chūgoku mikkyō no nagare 中国密教の流,” in *Chūgoku mikkyō* 中国密教, ed. Tachikawa Musashi 立川武蔵, and Yoritomi Motohiro (Tokyo: 春秋社, 1999, reprint 2005), 18.

³³⁴ While the term “Vajrayāna” is often assumed to refer specifically to Tibetan and Himalayan Buddhism, while the term Esoteric Buddhism is tacitly reserved for East Asia, this is little more than an artificial distinction. The reception of the “*tantras*” (and other related ritual systems) outside of India is much more diverse than a simple East Asia vs. “Indo-Tibet” really allows for. This issue has been examined in some length in the previous chapter. See Chapter I, Introduction, Part I, and Part III.

³³⁵ C. Adijuduo, J. Achikuta.

translation of the *Dhāraṇīsamgraha-sūtra* 陀羅尼集經 (T. 901)³³⁶ and the career of the ritual master Amoghavajra 不空金剛 (705-774)³³⁷, and the other “Great Tang Ācāryas.” Part IV will consider briefly the late- and post-Tang period and inquire into the pervasive “esotericization” 密教化 (C. *mijiaohua*, J. *mikkyōka*) of the Chinese Buddhist world. Ultimately, this chapter will demonstrate the diversity of traditions and texts often subsumed under the label Esoteric Buddhism, the ubiquity and diversity of the concept of a “Pure Land” within these genres and traditions, and will inquire into the ongoing debate over the purported “systematicity” (*shisutemusei* システム性)³³⁸ of ritual systems as a defining criteria for delineating these different phases.

Building upon Chapter I, the term “Esoteric,” often used interchangeably and inconsistently with terms like Tantra, Yoga, and Vajrayāna,³³⁹ is here treated as a “second order term” used by scholars to denote a polemical discursive strategy found within certain genres of Mahāyāna texts, not as a descriptive objective term delimiting a “kind” of Buddhism. There are most certainly many genres of texts (especially those known as “*tantras*,” not that these represent a single unified “genre”) that promise an immediate path to awakening, regard the *bodhi*-mind as fundamental or indestructible (“Vajra” like), and emphasize the centrality of the Dharmakāya. However, this dualistic approach to the dharma—which distinguishes between fast and slow, easy and difficult, inner and outer, or superior and inferior—represents a common Buddhist

³³⁶ T. 901, C. *Tuoluoni ji jing*, J. *Darani jikkyō*.

³³⁷ C. Bukong Jingang, J. Fukū Kongō.

³³⁸ Yoritomi, “Chūgoku mikkyō no nagare,” 22. Payne and others have critiqued the term “systematization” as implying a hierarchical orientation. While this may be true, it does not change the objective fact that compendia of dharani, spells, mantras, and rituals (“*tantras*”) do indeed have differing degrees of organization and coherence.

³³⁹ Richard K. Payne, “Introduction,” in *Tantric Buddhism in East Asia*, ed. Richard K. Payne (Boston: Wisdom Books, 2006), 1-31; Charles D. Orzech, “The ‘Great Teaching of Yoga,’ the Chinese Appropriation of the *Tantras*, and the Question of Esoteric Buddhism,” *Journal of Chinese Religions* 34 (2006): 29-78; Charles D. Orzech, “The Trouble with *Tantra* in China: Reflections on Method and History,” in *Religion and Society: Transformations and Transfer of Tantra in Asia and Beyond*, ed. István Keul (Hawthorne, NY: Walter de Gruyter, 2012), 303-328.

polemical strategy especially prominent in the Mahāyāna corpus. In the case of “Esoteric Buddhism,” this superiority is articulated via purportedly comprehensive ritual systems (*tantras*) and vocal ritual technologies (*dhāraṇī*, mantra, spells, etc.). Esoteric discourse is therefore one example of a pan-Mahāyāna “hierarchical universalism,” a way of declaring not only the superiority of the Mahāyāna, but of the supposed highest vehicles 最上乘 (*C. zuishang sheng*, *J. saijōjō*) within the Mahāyāna, wherein ritual discourse is often oriented around the power of speech acts.

“Pure Land” is here used to refer to the cosmological vision of an infinite “multi-verse” filled with limitless Buddhas presiding over and purifying their own world-spheres. Moreover, “Pure Land” here refers to the soteriological (concerned with theories of salvation) path whereby the Bodhisattva aspires for an encounter with one of these Buddhas via visionary-contemplative activities, and/or post-mortem rebirth in the paradise of a Buddha, as a way of accelerating progress along the path to Buddhahood. Champions of rebirth in the Pure Land did so in a fashion similar to those who promoted particular Mahāyāna sūtras or ritual/exegetical systems as a superlative path. The Pure Land “way”³⁴⁰ to Buddhahood is fast, while others might be slow. It is easy, while others are difficult. In this way, we might see “Esoteric” and “Pure Land,” as often overlapping discursive positions or approaches emerging out of an “embarrassment of riches” among Mahāyāna thinkers who sought to develop strategies for traversing the great bodhisattva path more efficiently.

The texts to be examined were not chosen simply based on their “dual” Esoteric and Pure Land content. Rather, the texts and historical figures examined in this chapter have been chosen by “splicing” together the teleological founder/transmitter/“great man”-oriented histories that

³⁴⁰ Robert Ford Campany, “On the Very Idea of Religions (In the Modern West and in Early Medieval China),” *History of Religions* 42.1 (2003): 287-319.

still dominate the works of the leading scholars of East Asian Esoteric and Pure Land Buddhism. This “splicing” will unravel these simplistic, “string of pearls”³⁴¹ linear narratives to reveal that some of the most important figures in Pure Land Buddhist history also translated or studied Esoteric texts, and some of the most important Esoteric masters translated or otherwise engaged important Pure Land texts. The so-called “string of pearls,” then, will be revealed to be an Indra’s Net! That there are more than a few points of overlap should lead us to consider that there is indeed room for establishing “Esoteric Pure Land” as a new approach to the study of East Asian Buddhist traditions.

Of course, it is not the position of this chapter that there was an Esoteric Pure Land school that has gone unnoticed, nor will it be suggested that Esoteric Pure Land was even a “kind” of Buddhism. This chapter will not be excavating a line of patriarchs nor a lost canon. Rather, I will argue that the rigid fixation on “kinds” of Buddhism, and the resultant socialization of scholars into narrowly defined areas of specialization has significantly preconditioned how we read pre-modern Buddhist history. The point is not that a “thing” called Esoteric Pure Land exists “out there” and that scholars have missed it; rather, what I am here referring to as Esoteric Pure Land is merely an artificial construct (a heuristic “*upāya*”) designed to open up dialogue on the ubiquity of “Pure Land” ideas and practices throughout the East Asian “Secret Piṭaka 秘密藏” (*C. mimizang, J. himitsuzō*).

³⁴¹ John R. McRae, *The Northern School and the Formation of Early Ch’an Buddhism* (), 7-8 and 252-53, cited in John R. McRae, *Seeing Through Zen: Encounter, Transformation, and Genealogy in Chinese Chan* (Berkeley and Los Angeles: University of California Press, 2003), 9-11, 156n10.

Chapter II

Part I

Redefining the “Secret Piṭaka” in China

As outlined by Davidson, Orzech, Payne, and Sørensen, there are four basic approaches to the study of Vajrayāna/*Tantra*/Esoteric Buddhism East Asia.³⁴²

The first approach merely considers Esoteric Buddhism to be synonymous with *Tantrism*. By this approach, Esoteric Buddhism is merely a translation of the term *mijiao/mikkyō* 密教, the term used for “*Tantra*” in the East Asian linguistic context. This position might be identified with Michel Strickmann, who was one of the first, and most influential interpreters of the East Asian reception of the *tantras*, and the “esotericization” of East Asian religion.

The second position distinguishes between “Esoteric” Mahāyāna and Tantrism, which is said to have developed in the 8th century with the siddhas. This position contends that Esotericism emerged with the Mahāyāna, and in some sense preceded, or laid the groundwork for, developed Tantrism. This approach is most clearly outlined by Henrik Sørensen.³⁴³

A third position contends that Esoteric Buddhism is basically the same as Tantra, and dates from the 6th century with the systematization of Mahāyāna and Indian ritual technologies such as mantra, mandala, *homa* 護摩 (C. *humo*, J. *goma*), etc., around the secret *abhiṣeka* 灌頂 (C. *guanding*, J. *kanjō*) ritualization of divine kingship. This approach, which sees a clearly demarcated Esoteric Buddhist tradition arising within medieval Indian “warring states” political

³⁴² Charles D. Orzech, et. al. “Introduction: Esoteric Buddhism and the *Tantras* in East Asia: Some Methodological Considerations,” EBTEA, 3-6.

³⁴³ Henrik H. Sørensen, “Esoteric Buddhism: A Working Definition,” EBTEA, 155-175.

order, is most clearly articulated by Ronald Davidson, and has had a profound impact on the scholarship of both Sørensen and Orzech.³⁴⁴

The fourth approach argues that the term “*Tantra*” as such is simply not pertinent to East Asia. Whereas Indo-Tibetan Buddhism developed complex systems for understanding the *tantras*, a truly “Tantric” approach to Buddhism, East Asia Buddhists largely regarded “tantric” technologies as but “...a new technological extension of the Mahāyāna.” This approach is most clearly outlined in the works of Robert Sharf and Richard McBride.³⁴⁵

This dissertation aims to draw upon the insights and contributions of each of these approaches, while also drawing upon the work of Christian Wedemeyer, Richard K. Payne, and Donald S. Lopez, Jr., as outlined in the previous chapter.³⁴⁶ These scholars, I would argue, have balanced their critical examination of the Buddhist tradition with a critical approach to the heuristic constructs employed in Buddhist Studies scholarship, and may help us think broadly about the puzzle of “*Tantra*” in Buddhist Studies.

Proto-*tantra* and the Pure vs. Miscellaneous Distinction

There is an emerging general agreement among scholars of East Asia that it is unproductive to imagine an “Esoteric School,” as such, in Chinese Buddhism. In fact, the very idea of “school” has been severely critiqued in recent years, and more scholars have come to see that there was never a Pure Land “school” in China, either.³⁴⁷ In dealing with Esoteric Pure Land

³⁴⁴ Ronald M. Davidson, *Indian Esoteric Buddhism, A Social History of the Tantric Movement* (New York: Columbia University Press, 2002).

³⁴⁵ Richard D. McBride, II, “Is there Really ‘Esoteric’ Buddhism?” *Journal of the International Association of Buddhist Studies* 27.2 (2004): 329-356. See especially page 330, footnote 4 for other important references on this topic.

³⁴⁶ See Chapter I, Part III.

³⁴⁷ Orzech, “The ‘Great Teaching of Yoga,’” 35-36; and 31, ft. 9, Stanley Weinstein, “Buddhism, Schools of: Chinese Buddhism,” *Encyclopedia of Religion* (New York: Macmillan, 1987) 2: 482-487; Orzech, “The ‘Great Teaching of Yoga,’” 31.

in China, several issues must be taken into account: First, *dhāraṇī* literature flourished in all periods of Chinese Buddhist history, and spell texts and mantras proliferated across traditions. Second, the idea that Buddhism (and the Mahāyāna) could be divided into “exoteric/esoteric” teachings is a ubiquitous feature of Chinese and Mahāyāna Buddhism, broadly speaking. Third, the *tantras* and tantric ritual commentaries flourished as part of an emerging “Esoteric” discourse during the Tang. However, how these elements should be defined *and how they relate to one another* have been rather contentious areas of debate and controversy.³⁴⁸

One of the chief issues in interpreting Chinese Esoteric Buddhism is determining how best to understand the relationship between the early *dhāraṇī* literature and later tantric systems. This has typically been phrased as a divide between true *tantra* and “proto-*tantra*.” Michel Strickmann’s approach to the study of “proto-tantrism” in East Asia saw the development of Daoism and Chinese spell culture as especially tantric in nature. Strickmann employed a “monothetic” definition of tantrism based on the idea of union with a patron deity. In response, McBride and others have offered severe criticism of Strickmann’s and other monothetic approaches.³⁴⁹ Payne, for example, has argued that the idea of a “proto-tantric” phase relies too heavily on an idealized teleology of tantric “development,” wherein earlier stages are evaluated based on an anachronistic later context (real or imagined).³⁵⁰ Others, such as Sørensen, have maintained a clear division between early Esoteric Buddhism, as “ritualism and magic” in Mahāyāna Buddhism,³⁵¹ and the “mature” tantric Buddhism.³⁵²

³⁴⁸ “Were we only to discuss phenomena in the language of the time or in terms that have indisputable equivalents in modern parlance (this is never the case) our investigations would be limited to listing native terms and categories and spurning all analysis. Although it is tempting to fall back on description, vocabulary, and taxonomies found only in the historical data, such an approach is naïve.” Orzech, “The ‘Great Teaching of Yoga,’” 33; See also the discussion in Chapter I, Introduction, and Part III of this dissertation.

³⁴⁹ McBride, “Popular Esoteric Deities,” EBTEA, 216.

³⁵⁰ Payne, “Introduction.” See also the discussion in Chapter I, Part III, of this dissertation.

³⁵¹ Sørensen, “Working Definition,” 157.

³⁵² Sørensen, “Working Definition,” 156, 166-72.

This two-tiered approach to the study of *tantra* is derived in part from Japanese Shingon sectarian-polemical distinctions between “miscellaneous” esotericism 雜密 (C. *zami*, J. *zōmitsu*) and “pure” esotericism 純密 (C. *chunmi*, J. *junmitsu*). Similar to Payne’s observation about the problematic category of “proto-*tantra*,” Sharf, Abe, and others, have drawn upon the arguments of Misaki Ryōshū 三崎良周, who addressed the many problems that arise from the anachronistic application of “*zō*” and “*jun*” categories to early East Asian Buddhist literature and practice.³⁵³ Misaki argued that the pure/miscellaneous dichotomy was invented as a polemical category in the early-modern Japanese sectarian context, and as such, is not useful in analyzing premodern East Asian Buddhism. In response to this critique, however, Tomabechi Seiichi 苦米地誠一 has argued that while the *zōmitu/junmitsu* dichotomy is a product of the Edo 江戸 period (1603-1868), that does not mean that some form of dichotomous evaluation did not emerge when monks wrote about the relationship between the heterogeneous *dhāraṇī* and spell genres and the elite tantric systems upon which Kūkai developed his *kenmitsu* ritual discourse and training regime. Drawing upon the writings of Kūkai and others, Tomabechi suggests that there is in fact some interpretive utility to acknowledging the different degrees of systematization found in the *dhāraṇī* texts (*zōmitsu*) and the comprehensive tantric systems (*junmitsu*) of the Tang *ācārya*.³⁵⁴

While I am largely in agreement with Sharf, Abe, and Payne on the problematic imposition of

³⁵³ The pervasive “pure vs. miscellaneous” distinction is not found in China, and not found in the works of Kūkai. Rather, this distinction originated in the Edo period among Shingon doctrinal scholars at a time when the heterogeneous medieval world had been recast into a more regimented and hierarchically oriented sectarian landscape that largely still exists today. On this issue, see: Robert H. Sharf, *Coming to Terms with Chinese Buddhism: A Reading of the Treasure Store Treatise* (Honolulu: University of Hawaii Press, 2002), 266-267, 339, ft. 16. Sharf cites, Ryūichi Abe, *The Weaving of Mantra: Kūkai and the Construction of Esoteric Buddhist Discourse* (New York: Columbia University Press, 1999), 152-154, 177 who cites Misaki Ryōshū 三崎良周, “Nara jidai no mikkyō ni okeru shomondai 奈良時代の密教における諸問題,” *Nanto bukkyō* 南都仏教 22 (1968): 62-63. See also: “Junmitsu to zōmitsu ni tsuite 純密と雑密について,” *Indogaku bukkyōgaku kenkyū* 印度學佛教學研究 15 (1967): 535-40.

³⁵⁴ Tomabechi Seiichi 苦米地 誠一, “Nara jidai no mikkyō kyōten 奈良時代の密教經典,” in *Shoki mikkyō—shisō, shinkō, bunka* 初期密教——思想・信仰・文化, ed. Takahashi Hisao 高橋尚夫, et. al. (東京, Shunjusha 春秋社 2013), 293-296.

dichotomies of dubious historical value, I am somewhat sympathetic to Tomabechi's argument, who, like Sørensen and Orzech, argues that it is important to establish connections and divisions in the interest of promoting scholarly dialogue.

Certainly, *dhāraṇī* texts were not essentially “proto-tantric/*zōmitsu*” (or “tantric” in any fundamental sense) just as the *tantras* were not the inevitable telos of “esoteric” Mahāyāna traditions. Nevertheless, the importance of *dhāraṇī*/mantra and spell literature in the compilation and spread of the *tantras* (and related comprehensive ritual systems) necessitates the recognition that while there was no clear demarcation between these two “phases,” we must recognize objective differences between genres of spell literature concerned with specific goals (curing toothaches) and focused on specific deities, on the one hand, and purportedly comprehensive doctrinal-ritual systems offering a wide-ranging and organized ritual program, on the other.

However, in order to destabilize the clear binary between “proto-*tantra*” and “mature *tantra*,” while also recognizing the need to categorize and “make sense” of data, this chapter will also investigate the compilation of the *Dhāraṇīsaṃgraha* as an intermediary “compendium” stage in the development of Esoteric literature, between the more specialized spell and *dhāraṇī* manuals, and the comprehensive ritual systems of the mid-Tang. In this way, we will be able to self-consciously examine the development of the “Secret Piṭaka” as a broader category throughout Chinese history, without falling into the trap of *zōmitsu* vs. *junmitsu* (or proto- vs. true *tantra*), nor will we reify this “Esoteric” literature as somehow distinct from Mahāyāna Buddhism as a whole. Ultimately, I would like to suggest that this approach or general orientation will better aid us in recognizing the place of Pure Land within these three (or more) basic phases of “Esoteric” literature.

Chinese Mahāyāna as “Esoteric” Buddhism

The Exo/Esoteric 顯密 (C. *xianmi*, J. *kenmitsu*) dichotomy, said to be so central to “Esoteric Buddhism,” is articulated in various ways across Mahāyāna Buddhist literature, which differentiates the apparent or accommodated teachings from the inherent or absolute teachings. Ultimately, following McBride, I would like to suggest that the exo/esoteric polemical dichotomy may not just be *like* the Mahā/Hīnayāna (greater and lesser) dichotomy, but these two ways of signaling difference across the world of Buddhist literature may in fact be the same thing.³⁵⁵ It should here be noted that Wedemeyer has recently made similar observations about the nature of Mahāyāna Buddhism and Esoteric Buddhism, positing that we view Esoteric Buddhism not as a kind of Buddhism distinct from the Mahāyāna, but as a discourse internal to the Mahāyāna itself. That similar observations have been made about the Indian and Chinese Buddhist context may reveal something important about Mahāyāna Buddhism more broadly.

Sharf and McBride have scrutinized the *Mahāprajñāpāramitā-śāstra* 大智度論 (T. 1509)³⁵⁶ (hereafter, *Dazhidulun*), perhaps the most important Mahāyāna compendium in early Chinese Buddhism, for its use of the exo/esoteric distinction.³⁵⁷ McBride notes that in the *Dazhidulun*, the term “exoteric” 現示/顯示 (C. *xianshi*, J. *kenshi*) refers simply to the *śrāvaka* 聲聞 (C. *shengwen*, J. *shōmon*) and *pratyekabuddha* 緣覺 (C. *yuanxue*, J. *engaku*) vehicle, while the term “esoteric” 祕密 (C. *mimi*, J. *himitsu*) refers to the Mahāyāna path of the bodhisattva 菩

³⁵⁵ McBride, “Is there Really, ‘Esoteric’ Buddhism?,” 332.

³⁵⁶ T. 1509, C. *Dazhidulun*, J. *Daichidoron*.

³⁵⁷ Sharf, *Coming to Terms*, 267; McBride “Is there Really, ‘Esoteric’ Buddhism?,” 332-333; The *Dazhidulun* is attributed to Nāgārjuna, but it is possible that at least some of it was composed in China by Kumarajiva (344-413) with his scribe Sengrui (352-436). See Chou Po-kan, “The Translation of the *Dazhidulun*: Buddhist Evolution in China in the Early Fifth Century,” (Ph.D. dissertation, University of Chicago, 2000). Cited in McBride, “Is there Really ‘Esoteric Buddhism?,”” 333, ft. 13.

薩 (*C. pusa*, *J. bosatsu*),³⁵⁸ which is characterized by the attainment of “thaumaturgic powers putatively acquired as a by-product of the cultivation of meditative absorption.”³⁵⁹ According to McBride, before the supposed introduction of “Esoteric” Buddhism, “...for three hundred years the polemical heuristic device known as the esoteric teaching or esoteric dharma had been employed regularly by Buddhist exegetes to promote the superiority of the advanced Mahāyāna teaching....the *Buddhāvataṃsaka*, *Lotus*, and *Nirvāṇa Sūtras* were held to embody the esoteric teaching.”³⁶⁰ In other words, early Chinese Buddhists recognized particular sūtras, or the Mahāyāna as such, as presenting an “Esoteric” Buddhism.

McBride’s conclusion regarding the existence and extent of an “Esoteric” Buddhism states: “Is there really ‘Esoteric’ Buddhism? There are two possible answers: 1) Yes, it is the advanced teachings of Mahāyāna Buddhism, and 2) No, it just means the advanced teachings of Mahāyāna Buddhism.”³⁶¹ McBride’s critique of the category of Esoteric Buddhism draws heavily upon Sharf’s observation that “the fundamental ingredients of *Tantra*—belief in the ritual efficacy of sacred incantations and gesture, the ritual veneration of icons and the invocation of deities, the pursuit of *siddhi*, and the notion that buddhahood can be visited here and now—were the common heritage of virtually all traditions of Chinese Buddhist, whether elite or popular, monastic or lay.”³⁶² Based on this, Sharf ultimately questions the utility of the term “*Tantra*” in reference to the Chinese context.³⁶³

In order to more clearly delineate what “*Tantra*” means, McBride draws upon Schopen’s definition of *Tantra*, and argues for a limitation of the term in China to the ritual orchestration of

³⁵⁸ T. 1509, 25.84c-85a.

³⁵⁹ McBride, “Is there Really ‘Esoteric Buddhism?’” 334.

³⁶⁰ McBride, “Is there Really ‘Esoteric Buddhism?’” 348; On this topic see also: Sørensen, “Working Definition,” 157-67.

³⁶¹ McBride, “Is there Really ‘Esoteric Buddhism?’” 356.

³⁶² Sharf, *Coming to Terms*, 278.

³⁶³ Sharf, *Coming to Terms*, 267.

mudra, mantra and mandala “under the auspices of a master to produce enlightenment immediately. A broad definition...makes it hard to distinguish from mainstream Sinitic Mahāyāna.”³⁶⁴

Dalton’s recent examination of Tibetan tantric doxography responds to this peculiar situation in Chinese Buddhist studies in a way that may be instructive here:

Sharf argues that *tantra* as a distinct class of teachings never existed in China, and that it is better understood as a product of Japanese and western imaginations. Sharf’s arguments should at least be considered by all scholars of Buddhist *tantra*. We must keep in mind, for example, the ubiquity of ritual practice, from healing rites and divination to oral recitation and visualization techniques, throughout ‘non-tantric’ Buddhism. That said however, it is clear that in India anyway, by the mid-eighth century at least, Buddhists were distinguishing the new tantric literary themes and ritual trends from those of the earlier sūtras. The absence of such distinctions in China may be related to the fact that China, as has been noted by many other scholars, did not receive the Mahāyoga *tantras* until well after they emerged in India and Tibet.... Thus Chinese Buddhists seem to have experienced a break in their transmission of Indian tantric Buddhism around the early eighth century, just at the moment when tantric Buddhism was developing its own distinct identity in India.³⁶⁵

Dalton’s comments are situated in the context of critiquing the prevalence of the “four-fold” tantric schemata assumed to be normative in the Tibetan context, which has often been read into the tantric literature of Indian and Tibet (and China and Japan, to some extent). While it is certainly the case that South Asian and Himalayan Buddhist cultures developed a more extensive commentarial literature on the *tantras*, I would argue that Dalton, Sharf, Schopen, McBride, and others, seem to rely on too clear a distinction between the “Indo-Tibetan” environment and the East Asian environment, on the one hand, and the conceptual integrity and autonomy of “Mahāyāna” and “Tantric Buddhism,” on the other hand. Moreover, their emphasis on critiquing the distorting effect that *some* (arguably outdated) Japanese scholarship has had on our knowledge about East Asian reception of the *tantras* and *dhāraṇī* literature has led to an implicit assumption that Indian, Tibet, and Japan experienced “*Tantra*” as a coherent category distinct

³⁶⁴ McBride, “The Mysteries of Body, Speech, and Mind,” 355.

³⁶⁵ Jacob Dalton, “A Crisis of Doxography: how Tibetans Organized *Tantra* During the 8th-12th Centuries,” *Journal of International Association of Buddhist Studies* 28.1 (2005): 117-118, ft. 8.

from other Buddhist traditions. I would argue that this hinders our ability to appreciate the insights that the Chinese Buddhist canon might offer to the study of “Tantric Buddhism” more generally, and generally overestimates the coherence of the exo/esoteric dichotomy in the Japanese context.

Wedemeyer’s examination of the history of scholarship on *Tantra*, and the “early” emergence of Tantric Buddhist literature may be productively applied to critique this clear distinction between “earlier” Mahāyāna and “later” Tantric Buddhism. *Tantra*, as such, appears to be a rather amorphous category, both in the modern academy and pre-modern Buddhist polemical contexts. While it is certainly the case that we should study Chinese Buddhists on their own terms, over-emphasis on difference can lead to a reverse essentialism that over-corrects for a problem arising from the inherent ambiguity of a given context (however that “context” might be defined).

The claim that China did not receive *Tantra* is problematic on a number of fronts, not the least of which is the evidence that our earliest available and datable “tantric” texts are preserved only in Chinese.³⁶⁶ By recognizing on the one hand, that “*Tantra*” as an objectively identifiable meta-category of analysis may not be particularly useful in most context, and on the other hand, by recognizing the situated-ness of “Vajrayāna/Esoteric” discursive practices as a dimension of Mahāyāna Buddhism in general (as outlined in the previous chapter), we might move the discussion forward.

³⁶⁶ Sørensen, “Working Definition,” 155.

Why “Esoteric?”

Scholars of East Asian Buddhism seem to prefer the term “Esoteric Buddhism” when discussing the reception of tantric texts and Vajrayāna discourse. Others employ terms like East Asian “Tantrism,” or in the case of Sharf, argue that there is no “*Tantra*” in China because *Tantra* functioned as an identifiable category only in India, Tibet, and Japan. Orzech and McBride have noted certain problems with the term “Esoteric Buddhism” as an analytical category, noting that the term has its origins in the writings of Sinnett and the Theosophists.³⁶⁷ Similarly, both have noted the prevalence of “esoteric” discourse across the Chinese Buddhist literary history. However, while McBride uses this evidence as reason to reject the term entirely, scholars such as Orzech and Sørensen have chosen it as the “perfect” term.

The use of the term Esoteric Buddhism has been complicated by the diversity of terms used in South and East Asian contexts, as well as the strategies scholars have used to cope with that diversity. Some scholars influenced by Japanese scholarship, have differentiated between Mantrayāna (ostensibly the “original” term for Shingon) and Vajrayāna, insisting that the Mantrayāna is an earlier phase associated with the *Mahāvairocana-sūtra* and *Sarvatathāgata-tattvasaṃgrahaṃ nāmamahāyāna-sūtra*, while the Vajrayāna is later and associated with “left-

³⁶⁷ A.P. Sinnett, *Esoteric Buddhism* (Boston: Houghton Mifflin, 1884); cited in Orzech, “The ‘Great Teaching of Yoga,’” 39. While it is perhaps beyond the scope of this dissertation, I suspect that the way scholars have come to use the term “Esoteric” originates with the Theosophists, and that there is a direct link between early Theosophical uses of the term and its use in modern and contemporary scholarship on Japanese Buddhism (probably beginning with Beatrice Suzuki?). For example, using Google’s Ngram for “Esoteric Buddhism,” we can see that the term certainly originates with the Theosophists, and slowly scholarship on Japanese Buddhism seems to have appropriated the term as a convenient translation of “*mikkyō*.” I would even go so far as to suggest that perhaps the current use of the term *mikkyō* is actually a Theosophy-inspired “back translation.” I hope to delve into this matter more deeply in the future. While there are some scholars who regard “Esoteric Buddhism” as a perfectly acceptable (if not perfect) term, there are others who regard it as an intellectually incoherent term that is not worthy of further consideration. Frankly, I disagree with both, as I would argue that this is a productive area of archaeological inquiry. https://books.google.com/ngrams/graph?content=Esoteric+Buddhism&year_start=1800&year_end=2000&corpus=15&smoothing=3&share&direct_url=t1%3B%2CEsoteric+Buddhism%3B%2Cc0 Include date of access.

hand” sexual elements.³⁶⁸ This, however, is an anachronistic interpretation based on a creative rereading of Shingon School orthodoxy in the light of critiques of *Tantra/Vajrayāna* in Western scholarship. Orzech has noted that the term Mantra-yāna is quite rare in the East Asian corpus, while the term Vajrayāna is quite common in some Chinese context, especially in the works of Amoghavajra and Vajrabodhi, and other works associated with the *Sarvatathāgata-tattvasaṃgrahaṃ nāmamahāyāna-sūtra*. Vajrabodhi and Amoghavajra describe their teachings “as the most advanced Buddhist teaching available and actually describe these teachings as Vajrayāna. But the evidence from their writings suggests that they saw the ‘Yoga’ not as an exclusive ‘sect’ or ‘school’ but as *a special dispensation within the Mahāyāna* [italics added for emphasis].”³⁶⁹ Similar observations have been made by Tibetologists, including Newman, Lopez, and Hopkins, who suggest that the term Vajrayāna in Tibetan Buddhism represents but one side of the dyad of sutras and *tantras*, or the *pāramitā* (path of the “perfections”) and mantra paths.³⁷⁰ In both contexts, the “Vajrayāna” is not fundamentally apart from normative Mahāyāna, nor is it simply a “supplement” or “extension”; it is rather the purportedly highest teaching of the Buddhas, attainable at the pinnacle of the bodhisattva path.

Regarding the proper terminology for the East Asian contexts, Orzech has argued for the importance of recognizing the diverse range of traditions typically subsumed under the label “Esoteric Buddhism,” generally regarded as the appropriate term for “*Tantra*” in East Asia.³⁷¹

- “Mantra-yāna” 眞言乘 (C. *zhenyansheng*, J. *shingonjō*), or mantra vehicle, actually appears very infrequently in the East Asian context.

³⁶⁸ John R. Newman, “The Outer Wheel of Time: Vajrayāna Buddhist Cosmology in the Kālacakra *Tantra*,” (PhD diss., University of Wisconsin, 1987), 16, ft. 2.

³⁶⁹ Orzech, “The ‘Great Teaching of Yoga,’” 68.

³⁷⁰ Newman, “The Outer Wheel of Time,” 20-23.

³⁷¹ Orzech, “The ‘Great Teaching of Yoga,’” 47-52.

- Mantra-nāya 眞言藏 (C. *zhenyanzang*, J. *shingonzō*), in Sanskrit, *mantra piṭaka*, or mantra repository, is a term commonly used in the works of Śubhakaśiṃha 善無畏 (637-735)³⁷² and Yixing 一行 (684-727).³⁷³
- *Zhenyanzong* 眞言宗 (J. *Shingonshū*), despite serving as the characters for the name of the contemporary Japanese Shingon School, is practically unheard of in Chinese sources, but the term *Zenyanjiao* 眞言教 (J. *shingonkyō*), meaning mantra teachings, is quite common across lineages and textual traditions (also often appearing alongside terms like gate 門 or dharma 法, which may also indicate ritual manuals).
- Vajrayāna 金剛乘 (C. *jingansheng*, J. *kongōjō*), despite the erroneous assumption of its inherence to Tibetan Buddhism, is actually found in a number of texts, especially those associated with Vajrabodhi 金剛智 (671-741)³⁷⁴ and Amoghavajra, the *Vajraśekhara-sūtra* 金剛頂經,³⁷⁵ and Yixing’s commentary on the Mahāvairocana-sūtra, the *Dapiluzhena chengfo jingshu* 大毘盧遮那成佛經疏 (T. 1796).³⁷⁶ Later, the term was also employed by Dānapāla 施護 (fl. 970s)³⁷⁷ and Dharmabhadra 法賢 (d. 1001),³⁷⁸ and continued to be used in Japan up till the present. Moreover, while as a rule it may be

³⁷² C. Shanwewei, J. Zenmui.

³⁷³ J. Ichigyō.

³⁷⁴ C. Jinganzhi, J. Kongōchi.

³⁷⁵ The so-called “Vajraśekhara-sūtra” is a common abbreviation, or “back translation” of the Japanese abbreviation *Kongōchōkyō* 金剛頂經, for the *Sarva-tathāgata-tattva-saṃgrahaṃ nāma mahāyāna-sūtra*, an abbreviated form of which was translated into Chinese by Vajrabodhi as the *Jingangding yujia zhong luechu niansong jing* 金剛頂瑜伽中略出念誦經 (T. 866) (J. *Kongōchō yuga chūryakujutsu nenju kyō*), and by Amoghavajra, his student, as *Jingangding yiqierulai zhenshishe dacheng xianzheng dajiaowangjing* 金剛頂一切如來眞實攝大乘現證大教王經 (T. 865) (J. *Kongōchō issainyorai shinjitsushō daijō genshō daikyōōkyō*). A longer, more “complete” version is attributed to Dānapāla 施護 as *Yiqierulai zhenshishe dasheng xianzheng sanmei dajiaowang jing* 一切如來眞實攝大乘現證三昧大教王經 (T. 822) (J. *Issai nyorai shinjisshō daijō genshō zanmai daikyōō kyō*).

³⁷⁶ J. *Daibirushana jōbutsu kyōsho*.

³⁷⁷ C. Shihu, J. Segō.

³⁷⁸ C. Faxian, J. Hōken.

difficult to distinguish “Esoteric Buddhism” from Mahāyāna Buddhism, the ubiquity of the *Vajra* as a ritual implement and metaphor for Buddhist awakening is certainly worthy of note.

- Yoga 瑜伽 (C. *yuqie*, J. *yuga*) is often found in conjunction with the term Vajrayāna, and the works of Amoghavajra and Vajrabodhi.

While there remains considerable debate over which, if any, term is useful within and across the East Asian context, or across the East Asian and Indo-Tibetan divide, Astley-Kristensen has suggested that the “formal hair-splitting has some use: it draws our attention to the long process which is central to the foundation of Zhenyan in China, a process which is tied up with the broader framework of the progress of Buddhist civilization there, and which has consequences for how we view the role of the esoteric elements in the Buddhist tradition, as well as for how we regard this tradition as a religious reality in history and in society.”³⁷⁹ Furthermore, after noting similar problems with terms like *Tantra* and Esoteric, he argues, “In some ways we might be better off using the internal term ‘Vajrayāna,’ but again this causes problems since it did not appear until well after many of the things that we call esoteric had already existed for some time as integral parts of the tradition.”³⁸⁰ While this point is clearly worth considering, Orzech and McRae have argued for the analytical utility of the “anachronistic” application of a particular moniker (Esoteric Buddhism and Chan, respectively) to phenomena chronologically preceding more clearly articulated discourses, traditions, and institutions. In this way, scholars may make sense of the complicated lineages of descent and the bricolage nature of the construction of

³⁷⁹ Ian Astley-Kristensen, “Some Random Remarks on the History of Esoteric Buddhism in East Asia,” *Perspectives on Japan and Korea, Nordic Proceedings in Asian Studies* 1 (1991): 41.

³⁸⁰ Astley-Kristensen, “Esoteric Buddhism in East Asia,” 42.

historical identity.³⁸¹ However, though we find explicit references to the “Vajrayāna” in the works of Amoghavajra in the mid-Tang, it is perhaps not the most useful term when applied to traditions that preceded his career, such as the “tantric” works of Atikūṭa, or the “proto-tantric” genres of *dhāraṇī* literature that eventually came to figure prominently in the “unambiguously tantric” traditions of later centuries. Ultimately, I have chosen to employ the term “Esoteric” because its semantic range appears to match the nebulous term “Secret Piṭaka” and the broader Mahāyāna exo/esoteric discourse.

Pure Land or Esoteric Buddhism? Why not both?

McBride has suggested that “all the popular buddhas and bodhisattvas, and many of the gods of the Mahāyāna pantheon, are potentially esoteric or possess esoteric attributes in some contexts...”³⁸² It is therefore surprising that so very little attention has been given to the importance of “Esoteric” manifestations of the Buddha Amitābha, arguably the most popular Buddha in Mahāyāna Buddhism.

Sørensen notes:

[A] comparison between Esoteric Buddhism and the Jingtū is especially poignant, since both share similarities in their historical development, their largely non-institutional character, and the ways in which they both related to the canonical Mahāyāna literature. They were similarly integrated and absorbed into other forms of Chinese Buddhism while influencing each other.³⁸³

One reason that scholars have not engaged Pure Land and Esoteric Buddhism together may originate from the overreliance on taxonomic approaches to the study of Buddhist traditions. Buddhist groups, texts, and people are categorized according to clearly delineated “kinds” of Buddhism, rather than on the diverse (and often contradictory) ways in which Buddhists have categorized themselves in both polemical and descriptive contexts. Another factor, noted in

³⁸¹ McRae, *Seeing Through Zen*, 14-17; cited in Orzech, “Great Teachings of Yoga,” 69.

³⁸² Richard D. McBride, II, “Popular Esoteric Deities and the Spread of their Cults,” EBTEA, 215.

³⁸³ Sørensen, “Working Definition,” 175.

particular by Sharf and Payne, is the influence of Japanese founder-centric “teleological” writing on Buddhism. Pure Land history and Esoteric Buddhist history have often been written from the perspectives of Hōnen 法然 (1133-1212) and Shinran 親鸞 (1173-1262), and Kūkai 空海 (774-835), respectively, and has tended to be built upon the architecture of their individual patriarchal lines. “Esoteric Pure Land” is here employed as a tool for creating a new approach to East Asian Buddhism that moves beyond such simplistic linear taxonomic models.

McBride has noted a few important texts that are useful for thinking about Mahāyāna Buddhist esoteric discourse functioned alongside the articulation of Pure Land concepts. He notes for example that Wōnhyo 元曉 (617-686),³⁸⁴ distinguishes between exoteric and esoteric meanings of the “ten recollections” 十念 (C. *shinian*, K. *simnyōm*, J. *jūnen*) of *buddhānusmṛti* 念佛 (C. *nianfo*, K. *yōmbul*, J. *nenbutsu*) in his *Yanggwōn muryangsu-kyōng chong’yo* 兩卷無量壽經宗要 (T. 1747).³⁸⁵ Jiakai 迦才 (f. 645)³⁸⁶ also distinguishes between exoteric and esoteric 隱顯 (C. *yinxian*, J. *inken*) Pure Land in his *Jingu lun* 淨土論 (T. 1963, 47.90b).³⁸⁷ Additionally, numerous *dhāraṇī* texts refer to *nenbutsu* practice (vocal and contemplative), as well as aspiration for Pure Land rebirth. The *Anatamukhasādhāka-dhāraṇī* (T. nos. 1009-1018),³⁸⁸ for example, mentions the **buddhānusmṛti-samādhi* 念佛三昧 as a central practice.³⁸⁹

³⁸⁴ C. Yuanxiao, J. Gangyō.

³⁸⁵ T. 1747, C. *Liangjuan wuliangshou jing zongyao*, J. *Ryōkan Muryōju kyōshūyō*; McBride, “Is there Really ‘Esoteric Buddhism?’” 345-346.

³⁸⁶ J. Kazai.

³⁸⁷ J. *Jōdoron*; McBride, “Is there Really ‘Esoteric Buddhism?’” 347, ft. 58.

³⁸⁸ These texts will be examined in greater detail below. Taishō 1009-1018 are as follows:

- T. 1009, *Chusheng wubianmen duoluonijing* 出生無邊門陀羅尼經 (J. *Shusse muhenmon daranikyō*), 1 fasc., attr. Amoghavajra.
- T. 1010, *Foshuo chusheng wubianmen duoluoni yigui* 佛說出生無邊門陀羅尼儀軌 (J. *Bussetsu shushō muhenmon daranikyō*), 1 fasc., attr. Amoghavajra.
- T. 1011, *Foshuo wulianmen weimi chijing* 佛說無量門微密持經 (J. *Bussetsu muryōmon mimitsujikyō*), 1 fasc., attr. Zhiqian.

McBride has even suggested that the Sinitic focus on *dhāraṇī* and mantra led to the popularity and ubiquity of *nianfo*.³⁹⁰ In this way, we might see *nianfo* as part of the general “esotericization” of Chinese Buddhist culture. It has been argued that in Sinology in general, there has been a neglect of the importance of spells and “magic” as a basic component of Chinese culture.³⁹¹ Given that *dhāraṇī* and Esoteric genres are often associated with rituals for this-worldly benefits, previous scholarship tended to dismiss these texts, as well as non-philosophical Buddhist and Daoist texts. Obviously, the supposed division between magic and religion, or between religion and philosophy, has been thoroughly deconstructed in recent years, but it has left an indelible mark upon Buddhist studies in the way scholars differentiate “Esoteric Buddhism” as a particular “kind” of Buddhism, rather than recognizing that many of the elements said to constitute this object of study are in fact germane to Mahāyāna Buddhism.

One way to approach “Esoteric Pure Land” would be to focus on contrarian examples of “this-worldly” Pure Land, and “other-worldly” Esoteric traditions. This approach, however, would do little to destabilize their reification into discrete “kinds” of Buddhism. Drawing upon

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- T. 1012, *Foshuo chusheng wulianmen chijing* 佛說出生無量門持經 (J. *Bussetsu shushhō muryōmon jikyō*), 1 fasc., attr. Buddhahadra 佛陀跋陀羅.
 - T. 1013, *Anantuo muqunihelituō jing* 阿難陀目佉尼呵離陀經 (J. *Ananda mokukyanikarida kyō*), 1 fasc., attr. Guṇabhadra 求那跋陀羅.
 - T. 1014, *Wuliangmen pomo tuoluonijing* 無量門破魔陀羅尼經 (J. *Muryōmon hama daranikyō*), 1 fasc., attr. Gongdezhi 功德直 and Xuanchang 玄暢.
 - T. 1015, *Foshuo anan tuomuquniheli tuolinnijing* 佛說阿難陀目佉尼呵離陀鄰尼經 (J. *Bussetsu ananda mokukyanikari darinnikyō*), 1 fasc., attr., Buddhaśānta 佛陀扇多.
 - T. 1016, *Shelifu tuoluonijing* 舍利弗陀羅尼經 (J. *Sharihotsu daranikyō*), 1 fasc., attr. Saṃghavarman 僧伽婆羅.
 - T. 1017, *Foshuo yixiang chusheng pusa jing* 佛說一向出生菩薩經 (J. *Bussetsu ikkō shushhō bosatsukyō*), 1 fasc., attr. Jñānagupta 闍那崛多.
 - T. 1018, *Chusheng wubianmen duoluoni jing* 出生無邊門陀羅尼經 (J. *Shushhō mhenmon daranikyō*), 1 fasc., attr. Zhiyan 智嚴.

³⁸⁹ C. *nianfo sanmei*, J. *nenbutsu sanmai*; McBride, “Popular Esoteric Deities,” 216.

³⁹⁰ McBride, “Esoteric Scriptures,” 222.

³⁹¹ Charles D. Orzech, “Seeing Chenyen Buddhism: Traditional Scholarship and the Vajrayāna in China,” *History of Religions* 29.2 (1989): 94-97; Terry Kleeman, “Chinese Religion: History of Study,” (1987, Re-written and updated) in *Encyclopedia of Religion*, 2nd edition, ed. Norman Girardot (Chicago: Macmillan Reference, 2005), 1629-40.

Orzech and Kloetzli's observations regarding the interplay between multiple Buddhist cosmological "systems" within the same conceptual space,³⁹² I suggest that "Esoteric" ritual systems are concerned not simply with the performance of magic, nor merely the attainment of Buddhahood in this world/body, but rather with collapsing the perceived gulf between Buddhas and ordinary beings. Orzech notes, "The realization of one's basic divinity is the realization of one's own enlightenment and the simultaneous purification of the world."³⁹³ By realizing the fundamental unity of Being/Buddha, ordinary beings are able to access all facets of the Buddhist universe, including the abilities to perform miracles, up to and including the attainment of Pure Land rebirth, and ultimately, awakening.

Periodization and Genre

Before moving on to examine the earliest phases of Esoteric Pure Land literature within the early introduction of *dhāraṇī* literature, let us briefly turn to a few recently proposed schema for organizing the various "phases" of Esoteric Buddhist literature between "India" and "China." Yoritomi Motohiro 頼富本宏, one of the leading scholars of Chinese Esoteric Buddhism in Japan, has provided a five-phase rubric for organizing its history. This rubric should be understood not to unfold sequentially, or hierarchically, but rather cumulatively:

- 1) Spells and *dhāraṇī*: As part of the early transmission of Buddhist writing into East Asia, compendia of spells, as well as individual *dhāraṇī* and spell texts, were disseminated

³⁹² Randolph Kloetzli, *Buddhist Cosmology* (Delhi: Motilal Banarsidass, 1983); Charles D. Orzech, "Cosmology in Action: Recursive Cosmology, Soteriology, and Authority in *Chen-yen* Buddhism with Special Reference to the Monk Pu-k'ung" (Ph.D., diss., University of Chicago, 1968); Orzech, "Seeing Chenyen," 99.

³⁹³ Orzech, "Seeing Chenyen," 100.

widely. In general, these texts outline a single ritual or spell, or devotion to a single object of devotion.³⁹⁴

- 2) Avalokiteśvara *nirmāṇa* 變化觀音³⁹⁵ (avatars of the Bodhisattva of compassion): This period is largely coextensive with the previous and later phase, reaching a crescendo in the early-Tang. These constitute a rather formidable genre by themselves, and have proven quite popular throughout Chinese and East Asian Buddhist history.³⁹⁶
- 3) Middle Period 中期 (Tang 唐, 618-906): Primarily associated with the great Tang “*mijiao*” founders, Vajrabodhi, Śubhakarasiṃha, Yixing, and Amoghavajra, this is the period that has received perhaps the bulk of attention from Japanese and Western scholars. This phase saw the promotion of *abhiṣeka*, systematic incorporation of the “three mysteries” 三密 (Ch. *sanmi*; J. *sanmitsu*), and rituals centered upon ritual consecration and construction of mandalas. Yoritomi divides this phase into three sub-phases:
 - a. Seeking the Teachings: During this period pilgrims were dispatched to India to acquire Buddhist texts and knowledge of Sanskrit.
 - b. Establishing the Teachings: During this period, foreign teachers began to establish teaching and ritual lineages at many major monastic centers.
 - c. Sustaining the Teachings: Tang emperors gave direct support and patronage to specialists in the Buddhist *tantras*. As a result, “tantric” lineages and texts began to exert an even stronger influence on the Chinese Buddhist world.

³⁹⁴ Paul F. Copp, “Voice, Dust Shadow, Stone: The Makings of Spells in Medieval Chinese Buddhism,” (PhD diss., Princeton University, 2005), 58. Copp notes that we should not regard the “Superlative Spell” as “esoteric,” but rather as an indication of the importance of *dhāraṇī* and other spells across Mahāyāna literature in general.

³⁹⁵ C. bianhua, J. henge.

³⁹⁶ Yoritomi, “Chūgoku mikkyō no nagare,” 19-21. Yoritomi lists all of the major *henge Kannon* texts, most of which will be examined below.

- 4) Later Period 後期 (Song 宋, 960-1279): This period experienced the broad dissemination of the “esoteric arts” characteristic of tantric literature and ritual throughout much of Chinese culture. This “esotericization” is commonly regarded as a feature of Chinese Buddhism from the Tang, Song, and onward.³⁹⁷
- 5) “Tibetan” Period:³⁹⁸ This period saw the introduction of Tibetan lamas into the courts of the Mongolian Yuan 元 dynasty (1271-1368), the Han Chinese Ming 明 dynasty (1368-1644), and the Manchurian Qing 清 dynasty (1644-1911). By this time, it has been suggested, Han Chinese Buddhism was already quite “esotericized,” and Tibetan Buddhism simply did not have a significant impact upon general Chinese Buddhism, beyond the court, until after the 1951 invasion of the PRC into Tibet.

This rubric more or less represents the standard narrative of the dissemination and development of “Esoteric” literature in Chinese Buddhist history, and as such, it will be employed as a framing device for this examination of “Esoteric Pure Land” thought. It is the aim of this chapter to reveal the diversity and ubiquity of Pure Land thought within all five phases of the dominant narrative. In other words, we will be using the mold to break the mold, revealing the limitations of the master narrative in order to allow neglected perspectives and traditions to emerge, i.e. “Esoteric Pure Land.”

More recently, Ōtsuka Nobuo’s 大塚伸夫 groundbreaking work on the earliest available evidence for “Esoteric” literature (drawing extensively upon texts preserved in Classical Chinese,

³⁹⁷ Orzech, “Seeing Chenyen,” 101-109.

³⁹⁸ Yoritomi here uses the term “Lamaism” ラマ教 (*rama kyō*), which is still commonly used among older Japanese scholars, though younger scholars, especially those aware of recent Western scholarship, have come to regard this term as impolite (to say the least). For an examination of the highly problematic history of the label “Lamaism,” see Donald S. Lopez, Jr., “‘Lamaism’ and the Disappearance of Tibet,” *Comparative Studies in Society and History* 38.1 (1996): 3-25.

as well as Tibetan and Sanskrit) has nuanced this chronology greatly.³⁹⁹ Of the many contributions that this new research has to offer is the dismantling of the notion that “*Tantra*” is somehow inherently late (6th-8th century).⁴⁰⁰

Whatever else Esoteric Buddhism may be (whether imagined as an anachronistic scholarly projection, or a confluences of discourses and practices constructed in relation to the *tantras*), “it” was instrumental to the transmission of Buddhism to China.⁴⁰¹ Ōtsuka shows the wealth of resources for the study of Esoteric Buddhism available in Chinese, drawing parallels between the available Tibetan and Sanskrit literature as well.⁴⁰² According to Ōtsuka, the development of “early tantric/esoteric literature” 初期密教 (*J. shoki mikkyō*) may be broken into three periods:

- 1) 3rd cent. to mid-5th cent., corresponding roughly to period of the Kushana Dynasty to the early Gupta, this is the era when tantric texts were formulated and compiled.⁴⁰³ Ōtsuka suggests that this phase of the development of tantric texts may reveal to us a stage in the development of Buddhism that predates the development of Mahāyāna as a distinctive form of Buddhism, and demonstrates the general “esotericization” of early Buddhism.⁴⁰⁴ Furthermore, he detects “*nenbutsu*”-type practices in Parts iii and iv (see note below) that

³⁹⁹ Ōtsuka Nobuo 大塚伸夫, “Shoki mikkyō no zentaizō: Shoki mikkyō no hōga kara tenkai, kakuritsu he 初期密教 経典の全体像：初期密教の萌芽から展開・確立へ,” in *Shoki mikkyō: shisō, shinkō, bunka* 初期密教：思想・信仰・文化, eds. Takahashi Hisao 高橋尚夫, et. al. (Tokyo: Shunjusha 春秋社, 2013), 5-21.

⁴⁰⁰ Christian K. Wedemeyer, “Tropes, Typologies, and Turnarounds: A Brief Genealogy of the Historiography of Tantric Buddhism,” *History of Religions* 40.3 (2001): 223-259.

⁴⁰¹ Yan Yaozhong 严耀中, *Hanzhuan Mijiao* 汉传密教 (Xuelin chubanshe 学林出版社, 2006), 2-3, 6.

⁴⁰² The article by Ōtsuka summarized in this section is a summary of his rather massive tome: *Indo shoki mikkyō seiritsu katei no kenkyū* インド初期密教成立過程の研究 (Tokyo: Shunjusha 春秋社, 2013).

⁴⁰³ Ōtsuka, “Shoki mikkyō,” 6-11

⁴⁰⁴ Ōtsuka, “Shoki mikkyō,” 8.

resemble the image construction and recollection so prevalent in meditation and Pure Land sutras.⁴⁰⁵

- a. *Dhāraṇī* texts⁴⁰⁶
 - b. Protection Spells⁴⁰⁷
- 2) 5th cent. to mid-6th cent., from the late-Gupta period, characterized by protection spells, *dhāraṇī*, and mudra-mantra-mandala based systems. This group contains texts centered upon rituals for Buddha images and “mandalic” representations of the primary object of devotion. We see here various categories of *dhāraṇī* and spells, mudras, *abhiṣeka*, and *homa* fire rituals, and rituals for the construction of images and mandalas for beings with many arms and heads. Ōtsuka also notes that though we see a thorough integration of “Hindu” rituals, these texts are fundamentally rooted in Mahāyāna thought and the path of the bodhisattva.⁴⁰⁸

⁴⁰⁵ Ōtsuka, “Shoki mikkyō,” 9-10.

⁴⁰⁶ Important early *dhāraṇī* texts include: *Foshuo wulianmen weimi chijing* 佛說無量門微密持經 (T. 1011.19.680), Zhiqian 支謙 (fl. 223-253; J. Shiken) (*S. Anātmakhasādhāka-dhāraṇī*, J. *Bussetsu muryōmon mimitsuikyō*); *Foshuo chiju shenzhoujing* 佛說持句神呪經 (T. 1351.21.864), Zhiqian (J. *Bussetsu jiku jinju kyō*); *Foshuo huaqi tuoluoji shenzhou jing* 佛說華積陀羅尼神呪經 (T. 1356.21.874), Zhi Qian (J. *Bussetsu keshaku darani jinjūkyō*); *Dafangdeng tuoluoni jing* 大方等陀羅尼經 (T. 1339.21.641), Fazhong 法衆 (J. Hōshu) (J. *Daihōdō darani kyō*); *QingGuanshiyin Pusa xiaofuhai tuoluoni zhoujing* 請觀世音菩薩消伏毒害陀羅尼呪經 (T. 1043.20.34), *Nandi 難提 (early-5th cent.; C. Nanti, J. Nandai) (J. *Shōkanzeon bosatsu shōbukudokugai daranikyō*); *Shiyimian guanshiyan shenzhou jing* 十一面觀世音神呪經 (T. 1070.20.149), Yaśogupta 耶舍崛多 (late-6th cent.; C. Yeshejueduo, J. Yashakutta) (*S. Ekādaśamukha-dhāraṇī*, J. *Jūichimen kanzeon shinju kyō*).

⁴⁰⁷ *Dajinse kongquewang zhoujing* 大金色孔雀王呪經 (T. 986.19.477), Śrīmitra (J. *Daikonjiki kujakuōjūkyō*); *Foshuo moniluoanjaning* 佛說摩尼羅宣經, 1 fasc., (T. 1393), Tanwulan 曇無蘭 (late-4th cent.; J. Donmuran) (J. *Bussetsu maniradan kyō*); *Foshuo xuanshi futuosuoshuo shenzhoujing* 佛說玄師闍陀所說神呪經 (T. 1378A.21.901), Tanwulan (J. *Bussetsu genshi batta jinjūkyō*); *Foshuo tante luomayoushujing* 佛說檀特羅麻油述經 (T. 1391.21.908), Tanwulan (J. *Bussetsu dantoku ramayujutsu kyō*); *Foshuo guanyaowang yaoshang erpusa jing* 佛說觀藥王藥上二菩薩經 (T. 1161.20.660), Kālyāśas 量良耶舍 (early 5th cent.; C. Jianglianggyeshe, J. Kyōryōyasha) (*S. Bhaiṣajyarāja-bhaiṣajya-samudgata-sūtra*, J. *Bussetsu kanyakuōyakuō nibosatsu kyō*); *Dajiyi shenzhoujing* 大吉義神呪經 (T. 1335), Tanyao 曇曜 (5th cent.; J. Donyō) (J. *Daikitsugi shinjūkyō*).

⁴⁰⁸ Ōtsuka, “Shoki mikkyō,” 11-13; *Mulimantuoluozhoujing* 牟梨曼陀羅呪經, 1 fasc., (T. 1007.19.657) (J. *Murimandara jūkyō*); *Xukongzangpusa wenqifo tuoluonizhoujing* 虛空藏菩薩諸問七佛陀羅尼呪經 (T. 1333.21.561), (J. *Kokūzōbosatsu shomon shichibutsu daranikyō*); *Dafangdeng dayunjing qingyupin diliushisi* 大方等大雲經請兩品第六十四, 1 fasc., (T. 992.19.500), Jñānayaśas 闍那耶舍 (6th cent.; C. Shenayeshe, J. Shanayasha) (J. *Daihōdō daiun kyō shōbon dairokujūshi*); *Dayunjing qingyupin diliushisi* 大雲經請兩品第六十四 (T.

3) Late-6th cent. to early 7th cent., the end of the Gupta period into the post-Gupta period.

This included an emphasis on *siddhi* for the accomplishment of wishes and powers, as well as *abhiṣeka* and the further development of mandalas and ritual images. In addition to a focus on *dhāraṇī* and other attributes found in the previous groups, this group also focuses upon rapid attainment of Buddhahood.⁴⁰⁹

- a. *Hṛdaya*: These texts contain spells that directly convey the inner meaning of a text, or the power of a Buddha, or deity. Texts, ii-iv contain mandalic images.⁴¹⁰
- b. New protection spells: These texts relate to the Peacock King, *Mahāmayūrī* 孔雀王⁴¹¹ line of texts, and contain numerous militant images, including the *vajra*.⁴¹²
- c. Avalokiteśvara texts: In addition to their emphasis on the Bodhisattva of Compassion, texts in this class also include coordinated mudra-mantra-mandala-based ritual practices.⁴¹³

993.19.506), Jñānayaśas (J. *Daiunkyō shōubon dairokujūshi*); *Dayunlun qinyujing* 大雲輪請雨經, 2 fasc., (T. 991.19.493) Narendrayaśas 那連提耶舍 (517-589; C. Naliantiyeshe, J. Narenteyasha) (J. *Daiunrin shōukyō*); *Bukong juansuo zhuojing* 不空羈索呪經 (T. 1093), Jñānagupta 闍那崛多 (523-600; C. Shenajueduo, J. Janakutta) (S. *Amoghapāśa-hṛdaya*, J. *Fukūkenjaku shukyō*); *Rulai fangbian shanqiao zhoujing* 如來方便善巧呪經 (T. 1334.21.565) Jñānagupta (J. *Nyorai hōben engyō jukyō*); *Foshuo shierfoming shenzhou jiaoliangongde chuzhang miezuijing* 佛說十二佛名神呪校量功德除障滅罪經 (T. 1348.21.860), Jñānagupta (J. *Bussetsu jūnibutsu myōjin jukyōryō kudoku joshō metsuzai kyō*).

⁴⁰⁹ Ōtsuka, “Shoki Mikkyō,” 13-20.

⁴¹⁰ *Zhufoxintuoluoni jing* 諸佛心陀羅尼經 (T. 918.19.01), Xuanzang (J. *Shobutsu shindarani kyō*); *Chishi tuoluonijing* 持世陀羅尼經 (T. 1162.20.666), Xuanzang (S. *Vasudhārā-dhāraṇī*, J. *Jisedarani kyō*); *Foshuo qijuzhi fomuxin dazhunti tuoluonijing* 佛說七俱胝佛母心大准提陀羅尼經 (T. 1077.20.185), Divākara (S. *Cundīdevī-dhāraṇī*, J. *Bussetsu shichi kutei butsumoshin daijuntei darani kyō*); *Wugoujing guangda tuoluonijing* 無垢淨光陀羅尼經 (T. 1024.19.717), Mitraśānta (S. *Rāsmivimalaviśuddhaprabhā-dhāraṇī*, J. *Mukujōkō daidaranikyō*).

⁴¹¹ C. Kongqiao wang, J. Kushakuō.

⁴¹² *Foshuo suiqiu jide dazizai tuoluoni shenzhoujing* 佛說隨求即得大自在陀羅尼神呪經 (T. 1154.20.637), Mañicinta (J. *Bussetsu zuigusokutokudaijizaidarani jinshukyō*); *Dafangguang pusazangjing zhong wenshushiligenben yizi tuoluonijing* 大方廣菩薩藏經中文殊師利根本一字陀羅尼經 (T. 1181), Manicinta (J. *Daihōkō bosatsu zōkyōchū monjushiri konpon ichiji daranikyō*).

⁴¹³ *Qianyanqianbi Guanshiyin Pusa tuoluoni shenzhoujing* 千眼千臂觀世音菩薩陀羅尼神呪經 (T. 1057.20.83), Zhitong 智通 (?- 653; Chitsū) (J. *Sengensenbi kanzeonbosatsu darani shinju kyō*); *Guanzizai pusa suixinzhoujing* 觀自在菩薩隨心呪經 (T. 1103.20.457), Zhitong (J. *Kanjizaibosatsu zuishinshu kyō*); *Guanshiyin Pusa mimizang ruyilun tuoluoni shenzhoujing* 觀世音菩薩祕密藏如意輪陀羅尼神呪經 (T. 1082.20.197), Śikṣānanda (J. *Kanzeonbosatsu himitsuzō nyirin darani shinjukyō*); *Bukongjuansuo shenbian zhenyan jing* 不空羈索神變真言經

- d. Uṣṇīṣa 佛頂 (C. *foding*, J. *butchō*).⁴¹⁴
- e. Vinaya 禁戒.⁴¹⁵
- f. *Abhiṣeka* 灌頂系.⁴¹⁶

Just as with Yoritomi’s periodization, there is both a cumulative effect, as well as a tendency toward systematization. As discussed above, this “systematicity” should not be read as implying a hierarchical development. Rather, it simply indicates that as Buddhists sought to master this growing body of literature, they endeavored to impose order on the vast array of texts and practices they encountered. The *panjiao* teaching classification systems developed by early Chinese Buddhist thinkers like Zhiyi may be viewed as part of this effort. In the case of “Esoteric” literature, scholars have indicated that this “systematization” occurred in India simultaneously, and somewhat before, the development of similar systems (*tantras*) in East Asia.

Next, I will examine the first “phase” in the development of East Asian Esoteric literature: the reception and use of Buddhist spell and *dhāraṇī* texts as part of the transmission of Indian and Central Asian traditions and texts to the Sino-sphere.

(T. 1092.20.227), Bodhiruci 菩提流志 (d. 727; C. Putiliuzhi, J. Bodairushi) (S. *Amoghapāśa-kalparāja*, J. *Fukūkenjaku jinpen shingon kyō*).

⁴¹⁴ *Foding zunsheng tuoluoni jing* 佛頂尊勝陀羅尼經 (T. 968.19.353), attr. Du Xingkai 杜行顛 (S. *Uṣṇīṣavijayā-dhāraṇī*, J. *Bucchō sonshō daranikyō*); *Wufoding sanmei tuoluoni jing* 五佛頂三昧陀羅尼經 (T. 952.19.263) Bodhiruci (J. *Gobutsu sanmai darani kyō*).

⁴¹⁵ *Supohutongzhiqingwen jing* 蘇婆呼童子請經 (T. 895.18.719), Śubhakarasiṃha (J. *Sobakodōjishōmon kyō*); *Suxidijieluo jing* 蘇悉地羯囉經 (T. 893.18.603), Śubhakarasiṃha (J. *Soshitsuji kyarakyō*).

⁴¹⁶ *Ruilingye jing* 蕤呬耶經 (T. 897.18.760), Amoghavajra (J. *Suikiya kyō*).

Chapter II

Part II

The Mysteries of Speech in Chinese Buddhism: *Dhāraṇī*, Spells, and the “Mizang”

Ritual speech acts are said to be among the most powerful tools, or spiritual technologies, available to Buddhists for bridging the perceived gap between Buddhas and ordinary beings. Moreover, *dhāraṇī* and mantras were among the most useful resources available to Central and South Asian Buddhists when they encountered Chinese spell craft, and endeavored to find parallels to their own Buddhist technologies of ritual speech. It appears that in some sense, to speak the words of a Buddha, or to speak the name of a Buddha (or both), places the speaker in a complex relationship with that Buddha. Paul Copp’s work on the “Superlative Spell of the Buddha’s Crown,” or “Superlative Spell,” *Uṣṇīṣavijaya-dhāraṇī* 佛頂尊勝陀羅尼⁴¹⁷ has been extremely instructive on this topic, and has illuminated many of the common misconceptions about *dhāraṇī* and the “mystery of speech” in Chinese Buddhist culture.

Copp notes that “*dhāraṇī* literature” is not a genre unto itself, but is rather composed of multiple distinct genres, including ritual and spell manuals and even sūtra-like narratives which prominently feature a *dhāraṇī* or spell.⁴¹⁸ *Dhāraṇī* are unique to Buddhist texts, while mantras find their origin in Vedic literature.⁴¹⁹ McBride notes that scholarship on *dhāraṇī* can generally be divided into two categories: 1) scholars who follow Lamotte, Nattier, and Braarvig in suggesting that *dhāraṇī* are primarily mnemonic in function, and 2) those who follow Tucci and Waddell, who hold that *dhāraṇī* represent an early stage leading to *Tantra* (proto-*tantra*).⁴²⁰ First, contra Lamotte and Nattier, Copp has persuasively argued that *dhāraṇī* and spells are more

⁴¹⁷ C. Foding *duoluoni*, J. *Butchō darani*.

⁴¹⁸ Paul F. Copp, “Dhāraṇī Scriptures,” EBTEA, 176.

⁴¹⁹ Copp, “Voice, Dust, Shadow, Stone,” 12.

⁴²⁰ Richard D. McBride, II, “Dhāraṇī and Spells in Medieval Sinitic Buddhism,” *Journal of the International Association of Buddhist Studies* 28.1 (2005): 86.

correctly understood (according to their application in context) as protective technologies, or vectors conveying the whole meaning (and perhaps power) of a sūtra in one phrase, or as an assumed accomplishment attained along the bodhisattva path. Moreover, in East Asia, terms like mantra, *dhāraṇī*, and *zhou* (often translated as “spell”) are often used interchangeably. Nattier tries to clarify this “error,” presumably basing her differentiation on Indian precedent. However, Copp suggests that this conflation is in fact based on Chinese Buddhists’ accurate reading of the Indian context wherein these terms were commonly conflated, and therefore should not be considered a Chinese “misunderstanding” of the terms.⁴²¹

Copp notes that while *dhāraṇī* largely function like/as mantra, in a deeper sense, their meaning of “to grasp” 總持 (C. *zongchi*, J. *sōji*) seems to have been applied across a vast semantic range:

[T]he word “*dhāraṇī*” (like the word “dharma”) is derived from the Sankrit root √dhr, “to support” or “to grasp.” The derived term seems to have originally referred to the capacity to maintain one’s “hold” of things such as scriptures (i.e. they strengthen one’s memory), of beneficial power (i.e. they improve one’s fate, or karmic-roots) or of one’s own self-composure, as well as to one’s “grasp” (in the sense of “understanding of” or “knack for”) things ranging from Buddhist doctrines to spells.⁴²²

One of Copp’s most important contributions to this ongoing dialogue is that *dhāraṇī* and spells were not simply “sonic” entities.⁴²³ While the spoken nature of vocal ritual technologies is the focus of this dissertation, Copp draws our attention to the importance of the written form of *dhāraṇī* and spells, and how the physicality of the spell itself is said to contain great power.⁴²⁴

Togano Shōun, like Tucci, and others, has suggested that the *dhāraṇī* and spell literature that accompanied the introduction of Mahāyāna literature into China prepared the Chinese for

⁴²¹ Copp, “Voice, Dust, Shadow, Stone,” 13-14.

⁴²² Copp, “Voice, Dust, Shadow, Stone,” 9.

⁴²³ Copp, “Voice, Dust, Shadow, Stone,” 19.

⁴²⁴ Copp, “Voice, Dust, Shadow, Stone,” 20.

the mature, orthodox, Tantrism of Śubhakarasiṃha and Vajrabodhi.⁴²⁵ In this sense, these texts are somehow “proto-tantric.” While there is good reason to be skeptical of the tendency to label *dhāraṇī* literature as somehow “proto-tantric,” it appears that the systematization of *dhāraṇī* manuals may have led to the later popularity and demand for *tantras* in both India and China. In other words, it is an error to say that *dhāraṇī* are inherently tantric, or inherently non-tantric.

While *dhāraṇī* are not uniquely tantric, they do indicate the character of the religio-philosophic milieu in which both tantric and proto-Pure Land Buddhism were developing. This milieu is one in which there was a positive valuation of the religious efficacy of language that stands in stark contrast to the romantic presumptions that language is a hindrance. This latter forms a consistent part of contemporary Western religious culture and the modernist representations of Buddhism within that religious culture. Rather than a suspicion of language, medieval Indian religions, including Buddhism, are heir to the Vedic conceptions of language as metaphysically foundational and religiously central.⁴²⁶

Debate over whether the *dhāraṇī*-piṭaka and the text translated by the three Great Tang *Ācārya* represent a cohesive “esoteric corpus,” often hinges upon whether or not earlier phases of the tradition should or should not be included under the umbrella of the “Esoteric,” and whether or not other phases of Buddhist history are properly “*Tantric*.”

One way to resolve this issue is to follow Copp, Sharf, McBride, and Morrell in looking to the Buddhist historian Zanning 贊寧 (919-1001), who describes the history of the transmission of *dhāraṇī* texts as the beginning of the “Transmission of the Secret Store” 傳密藏 (*Chuan mizang*), or Secret Piṭaka.⁴²⁷ Zanning’s history demonstrates that *dhāraṇī* practice came to be associated with the Tang *Ācāryas* that scholars have labeled with the term Esoteric Buddhism.

⁴²⁵ Toganoo Shōun 桐尾祥雲, *Himitsu Bukkyōshi* 秘密佛教史 (Kōyasan 高野山: Kōyasan daigaku shuppanbu 高野山大学出版部, 1933, reprint, 1982), 87.

⁴²⁶ Richard K. Payne, “Aparamitāyus: ‘Tantra’ and ‘Pure Land’ in Late Medieval Indian Buddhism?,” *Pacific World* (3rd series) 9 (2007): 290. See also: Richard K. Payne, “The Cult of Arya AparAmitāyus: Proto-Pure Land Buddhism in the Context of Indian Mahayana,” *The Pure Land, Journal of Pure Land Buddhism*, New Series 13-14 (1997): 19-36.

⁴²⁷ Copp, “Voice, Dust, Shadow, Stone,” 52, 132-145; citing: *Da Song sengshi lüe* 大宋僧史略. ZT no. 2126, 54:240c.

Copp notes that there is nothing inherently “Tantric” or “Esoteric” about the term *mi*,⁴²⁸ and establishes that “*mizang*” is in many cases simply used as a way of giving praise to one’s own textual line.⁴²⁹

However, it is not entirely clear what is meant by “*Tantric*” here, many scholars seem to assume that this is a natural, easily identifiable, category emerging from within Buddhist texts. Therefore the debate about the “tantricity” of *dhāraṇī* is somewhat off base. To declare *dhāraṇī* as inherently Mahāyāna (non-tantric) or inherently Tantric (not *just* Mahāyāna) implies that we have a clear definition for these terms. We do not. Therefore, statements declaring the Mahāyāna normativity and the non-tantric nature of *dhāraṇī* are largely beside the point. What scholars have identified as “Esoteric” discourse employs a polemical claim to the highest truth and the deepest secret, and this discursive framework circulated in China in the Tang period (as a normative Mahāyāna discourse), and because vocal ritual technologies (such as mantra, *dhāraṇī*, *hṛdaya*, *paritta*, *vidyā*, etc.⁴³⁰) are defining characteristics of discourse about the *tantras*, any examination of Esoteric discourse (which is primarily concerned with the *tantras*) must seek to account for the place of *dhāraṇī* and spell literature in relation to those later developments in Chinese Buddhist history. Therefore, Zanning’s account may in fact provide us with a basis upon which we might discern a broad sense of continuity between the diversity of *dhāraṇī* and spell literature, and the tantric systems of the Tang.

⁴²⁸ Copp, “Voice, Dust, Shadow, Stone,” 144; McBride, “Is there Really ‘Esoteric Buddhism?’”

⁴²⁹ Copp, “Voice, Dust, Shadow, Stone,” 36, 141.

⁴³⁰ “Mantras constitute the oldest class of spells in Indic cultures. They were taken into Buddhist practice, along with much else of traditional Indian religious culture, and often conflated with *dhāraṇīs*. Parittas are Buddhist words of power found in South East Asian traditions. *Hṛdaya* and *vidyā* are specialized, and more narrowly contextually based, terms for Buddhist spells in Mahāyāna Buddhism.” Copp, “Voice, Dust, Shadow, Stone,” 7; Copp, “*Dhāraṇī* Scriptures,” EBTEA, 176-180.

Later Han 後漢 (25 – 220) (aka, Eastern Han 東漢)

Scholars speculate that Buddhism arrived in China during the middle of the Han dynasty (206 BCE – 220 CE). Luoyang and Pengcheng were the first major monastic centers during the Han. Early Buddhism would have been a “scattered” foreign religion found among various families and communities associated with trade on the Silk Road.⁴³¹ According to Togano, the introduction of visualization and spell texts during this period helped to lay the ground work for later “Esoteric” developments. For example, he notes the introduction of the **Pratyutpanna-buddha-sammukhāvasthita-samādhi-sūtra* 般舟三昧經 (T. 418)⁴³² (hereafter, *Samādhi Sūtra*),⁴³³ as the beginning of the “proto-Tantric” phase. This text is attributed to Lokakṣema 支婁迦讖 (fl. 2nd century),⁴³⁴ a prolific early translator of Buddhist texts from Western India who arrived in Luoyang 洛陽 in 150. Lokakṣema’s *Samādhi Sūtra* promotes a form of Amitābha centered “buddha recollection.” Through the cultivation of this *samādhi* practice one is said to encounter a Buddha of the present who is currently teaching.

It is especially interesting to note that several scholars have also regarded this text as a “proto-Pure Land” sūtra, because the Buddha encountered in this text is Amitābha. Through this form of buddha-recollection, one not only brings about a vision of a Buddha, but in some sense, one produces a ritual environment in which two worlds collide. While experiencing this vision of a Buddha, one is in his presence, and thus, *in* the Pure Land. Two-worlds collide in order to

⁴³¹ E. Zürcher, *The Buddhist Conquest of China: The Spread and Adaptation of Buddhism in Early Medieval China* (Leiden: Brill, 1959, reprint 2007), 23.

⁴³² C. *Banzhousanmei jing*; J. *Hanjusanmai kyō*.

⁴³³ Togano Shōun 桐尾祥雲, *Himitsu bukkyō shi* 秘密佛教史, vol. 1 (Kyoto: 臨川書店, 1982), 81. For further discussions of the relevance of this text to both “Tantric” and “Pure Land” Buddhism, see: Sharf, *Coming to Terms*, 315; Donald S. Lopez, Jr., *Elaborations on Emptiness*, 129, ft. 27, citing: Paul Harrison, “Buddhānusmṛti in the Pratyutpanna-buddha-sammukhāvasthita-samādhi-sūtra,” *Journal of Indian Philosophy* 6 (1978): 35-57; and Janet Gyatso, “Commemoration and Identification in Buddhānusmṛti,” in Janet Gyatso, ed. *In the Mirror of Memory: Reflections on Mindfulness and Remembrance in Indian and Tibetan Buddhism* (Albany: State University of New York Press, 1992), 215-38.

⁴³⁴ C. Zhi Luojiachen, J. Shi Rukashin.

render both as “empty.” However, the “emptiness” of this vision is not meant to imply that it is not really *real*, because the vision perceived is a sign of future rebirth in his land. Rather (as noted in the previous chapter), this vision serves as an experiential wedge meant to loosen one’s grip on this supposedly real world of ordinary cognition and perception.⁴³⁵

The *Samādhi Sūtra* also makes explicit reference to the practice of *dhāraṇī* for the attainment of rebirth in the Pure Land. Here, as elsewhere, *dhāraṇī*, like the attainment of the various powers of a Buddha and rebirth in Pure Lands, form part of the bodhisattva career.⁴³⁶ One could argue, however, that this important “early” Mahāyāna text confounds such simplistic taxonomic classifications between Pure Land and Esoteric Buddhisms because it predates even the pre-modern Buddhist attempt at this kind of bibliographic classification.

Zurcher notes that Lokakṣema also translated an early version of the *Aṣṭasāhasrikā-prajñāpāramitā-sūtra* 道行般若經 (T. 224),⁴³⁷ and *Prajñāpāramitā* (“perfection of wisdom”) literature was particularly well received among the Chinese gentry class in the South, especially within indigenous elite “esoteric” philosophical circles that practiced Xuanxue 玄學 (*J. gengaku*) or “Dark Learning.” Chinese intelligentsia were especially receptive to the “Esoteric” doctrine of the *Prajñāpāramitā* via Xuanxue, which could be seen as an indigenous intellectual analogue to the exo/esoteric discourse prevalent throughout Mahāyāna texts.

⁴³⁵ 菩薩於是問國土聞阿彌陀佛。數數念。用是念故。見阿彌陀佛。見佛已從問。當持何等法生阿彌陀佛國。爾時 画像阿彌陀佛。語是菩薩言。欲來生我國者。常念我數數。常當守念。莫有休息。如是得來生我國。佛言。是菩薩用是念佛故。當得生阿彌陀佛國。(T. 418, 1.905b09-b14).

⁴³⁶ 不來亦不去。生死如影之分。便所想識如空。於法中無想。莫不歸仰者。一切平等無有異。於經中悉知。心不可計。一切諸刹心不著無所適念。出於諸佛刹。無所復罣礙。悉入諸陀憐尼門。於諸經中聞一知萬。諸佛所說經悉能受持。侍諸佛悉得諸佛力。悉得佛威神。勇猛無所難。行步如猛師子無所畏。於諸國土無不用 (T. 418, 13.903c17-24)

⁴³⁷ T. 224, C. *Daoxing bore jing*, J. *Dōgyō hannya kyō*.

Lokakṣema also translated the *Sukhāvativyūha-sūtra* 佛說無量清淨平等覺經 (T. 361),⁴³⁸ and the *Akṣobhavyūha-sūtra* 阿閼佛國經 (T. 313),⁴³⁹ two of the most important “Pure Land” texts. As this case shows, depending on the predilection of the scholar, a single monk could be simultaneously the transmitter of “Pure Land Buddhism” or “Tantric Buddhism” into China. Based on this I would like to suggest that “Mahāyāna” Buddhism is by its very nature a composite entity, and Buddhist practice and thought in the premodern world was broadly articulated in a way that, when properly understood, confounds our attempts to essentialize Buddhists as belonging to one “kind” of Buddhism, or the other.

Three Kingdoms Period 三國 (220 – 280)

The decline of the Han began in 184-189 with the rebellions of the Yellow Turbans, a Daoist group among many forces that began to rebel against Han rule. As the Han began to crumble, through both internal and external pressures, China entered into a period of disunity and strife. Somewhat ironically, this domestic fracturing led to a flourishing of Buddhist thought and translations. In 190, Dong Zhuo 董卓 sacked Luoyang, and moved the emperor to Chang’an. With this, the Luoyang Buddhist communities scattered, though some persevered under the Wei dynasty, established by Cao Cao 曹操 (155-220). Liu Bei 劉備 (162-222) took over western China, present day Sichuan, and founded the kingdom of Shu, later declaring himself emperor of Han. Sun Quan 孫權 became the “emperor” of Wu to the east, and established his capital in Jianye 建業 (Nanjing).⁴⁴⁰

⁴³⁸ T. 361, C. *Foshuo wuliang qingjing pingdeng juejing*, J. *Bussetsu muryōshōjō byōdō kakyō*.

⁴³⁹ T. 313, C. *Achufoguoqing*, J. *Ashuku bukkokkyō*.

⁴⁴⁰ Zurcher, *Buddhist Conquest*, 43.

One of the most important monks from this period was Zhi Qian 支謙 (fl. 223-253)⁴⁴¹ a Central Asian Yuezhi (often identified as Tocharian).⁴⁴² After the fall of Luoyang, he moved to Jianye, and became the most prolific translator in the kingdom of Wu 吳 (222-280) during the Three Kingdoms Period. Zhi Qian was the lay disciple of Zhi Liang 支亮, an Indo-Scythian disciple of Lokakṣema. Zhi Qian’s translation of the *Śūraṅgama-samādhi-sūtra* 首楞嚴三昧經 (T. 642)⁴⁴³ is likely derived from Lokakṣema’s teachings.⁴⁴⁴ Like Lokakṣema, Zhi Qian has been regarded as a transmitter of both “Pure Land Buddhism” and early “Esoteric” texts. Zhi Qian is famous for his translation of the *Vimalakīrti-nirdeśa-sūtra* 佛說維摩詰經 (T. 474).⁴⁴⁵ While this text is often lauded by contemporary Buddhists and scholars for its literary and non-dualist philosophical content, it is also replete with Pure Land imagery and content, and could arguably be classified as a “Pure Land” sūtra. Zhi Qian was, further, the first translator of the *Sukhāvativyūha-sūtra* 佛說阿彌陀三耶三佛薩樓佛檀過度人道經 (T. 362),⁴⁴⁶ and as a result he is commonly listed as one of the “transmitters” of Pure Land Buddhism. In addition, Zhi Qian also transmitted the earliest recorded *dhāraṇī* texts, the *Anantamukha-dhāraṇī-sūtra* 佛說無量門微密持經 (T. 1011)⁴⁴⁷ and *Foshuo huaji tuoluoji shenzhou jing* 佛說華積陀羅尼神呪經 (T. 1356),⁴⁴⁸ both notable for their emphasis on *nianfo* oriented practices and the attainment of Pure Land rebirth.⁴⁴⁹

⁴⁴¹ J. Shiken.

⁴⁴² Yoritomi, “Chūgoku mikkyō no nagare,” 17.

⁴⁴³ C. Shoulengyan sanmei jing, J. Shuryōgon sanmei kyō.

⁴⁴⁴ Zürcher, *Buddhist Conquest*, 36

⁴⁴⁵ C. Foshuo weimojie jing, J. Bussetsu yuimakitsu kyō.

⁴⁴⁶ T. 362, C. Foshuo Amituo sanyesanfo saloufotan guodurendao jing, J. Bussetsu Amida sanyasanbutsu sarubutsudan kadoindō kyō; Zürcher, *Buddhist Conquest*, 50.

⁴⁴⁷ C. Foshuo wuliangmen weimichi jing, J. Bussetsu muryōmon mimitsuji kyō; Paul F. Copp, “Dhāraṇī Scriptures,” EBTEA, 178.

⁴⁴⁸ J. Bussetsu keshaku darani jinshukyō.

⁴⁴⁹ Yan, *Hanzhuan Mijiao*, 6, 116-117.

Eastern Jin 東晉 (317-420) and Sixteen Kingdoms

After the tumultuous Three Kingdoms period, China was once again briefly unified under the Jin Dynasty (265-420), founded by Sima Yan in Luoyang. Sima Yan had been a general under the Wei, but after a period of internal struggle, overtook the Wei dynasty and eventually Wu. Though the early years of the Western Jin were prosperous, after the reign of Emperor Wu (265-290), court infighting and the encroachment of Xiongnu forces from the northwest frontier led to the fall of the dynasty and plunged the land into a new period of disunity. The Eastern Jin (317-420) was based primarily in Jianye, which was renamed Jiankang 建康.⁴⁵⁰ Chinese elites had come to congregate in the southern capital, and various strains of Chinese philosophical thought (including Buddhism) began to thrive. Xuanxue was especially important in the South, and it was in this intellectual context that the “gentry” Buddhism of the South developed. Buddhism appears to have thrived at court in part because of the perceived harmony between Buddhist “emptiness” philosophy and Xuanxue. Lay Buddhism for the cultured elites led to the spread of Buddhism through this period.⁴⁵¹ From this period, as well, we see an increase in the production of Pure Land texts, and many of which have been noted for their “Esoteric” orientation.⁴⁵²

After the fall of Luoyang in 311, Fotudeng 佛圖澄 (? – 348),⁴⁵³ an important early spell master, established himself in the Northern kingdom of Later Zhao (319-351). Fotudeng’s most famous disciples were the Maitreyan devotee Daoan 道安 (312/14 - 385), and Lushan Huiyuan 廬山慧遠 (334-416), a famous devotee of Amitābha. It is interesting to note that the two

⁴⁵⁰ Zurcher, *Buddhist Conquest*, 57-61.

⁴⁵¹ Zurcher, *Buddhist Conquest*, 73, 86-92, 93-97.

⁴⁵² Yan, *Hanzhuan Mijiao*, 118.

⁴⁵³ C. aka, Fotucheng; J. Buttochō; Chou, “Tantrism in China,” 242-3.

“founders” of the two streams of Pure Land devotion in Chinese Buddhism studied under a master of the “esoteric” arts.

While Fotuteng was in the North, an important *dhāraṇī* master in the South was Śrīmitra 帛戶梨蜜多羅,⁴⁵⁴ a Kucuan monk who came to Luoyang in 307. He translated the *Foshuo guanding qiwan erqian shenwang hubiqiu zhoujing* 佛說灌頂七萬二千神王護比丘呪經 (T. 1331),⁴⁵⁵ which contains numerous references to Pure Lands, Buddha contemplation, rebirth in Pure Lands, and Wuliangshou 無量壽. In addition to specifying rebirth in the Pure Land of the Western direction,⁴⁵⁶ there is a lengthy discussion of paths to rebirth in the Pure Lands of the ten directions.⁴⁵⁷

In 399, Sun En from the West marshaled his armies to attack the Jin capital while the general Huan Xuan was battling an uprising in the provinces. While Sun En’s forces were engaged with Liu Laozhi’s forces (another Jin general) Huan Xuan moved to “protect” the emperor and staged a coup d’état. While his reign did not last long, Huan Xuan enacted antagonistic policies directed at the sangha. Huiyuan famously rebuffed these attacks ca. 404,⁴⁵⁸ in his famous entitled, “Monks will not revere Kings 沙門不敬王者,”⁴⁵⁹ wherein Huiyuan argued that monks maintain a unique social position and are not subject to the laws of man.

Huiyuan is especially famous for his assembly of a Pure Land society in 402, wherein he and 123 of his disciples gathered together and practiced the *nianfo sanmei*, and made a pact to aid each other in the attainment of Pure Land rebirth. The earliest communal rite before a statue

⁴⁵⁴ C. Bo Shilimiduoluo; J. Haku Shirimittara Chou; Chou, “Tantrism in China,” 243.

⁴⁵⁵ J. Bussetsu kanjō shichiman nisen jinnō gobiku shukyō. Toganoo, *Himitsu bukkyōshi*, 82, notes the importance of this “kanjō” text in the development of Chinese Vajrayāna.

⁴⁵⁶ T. 1331, 507c04-c13.

⁴⁵⁷ T. 1331, 0529a04 - 0529c09; 0530a18 0534a11.

⁴⁵⁸ Zürcher, *Buddhist Conquest*, 154-157.

⁴⁵⁹ C. Lidaisanbao ji, J. Rekidaisanbō ki 歷代三寶紀 (T. 2034, 73a02).

of Amitābha was conducted by Zhi Dun in the Eastern Jin, who was also known as a Zhuangzi specialist.⁴⁶⁰ Huiyuan's society was not primarily monastic, but was instead composed of many lay followers. Huiyuan was originally trained in the Chinese classics, and there is evidence that his establishment of this "alpine society" was in no small part influenced by the goal of seeking immortals in mountains.⁴⁶¹ However, this goal was not without its Buddhist dimensions.

According to the *Lushanji* 廬山記 (T. 2095),⁴⁶² Huiyuan purportedly had a vision of an immortal with one thousand eyes. Some scholars speculate that this is a reference to the "esoteric" manifestation of the Bodhisattva of Compassion.⁴⁶³

Huiyuan's community also reputedly practiced the *dhāraṇī* for rebirth in the Pure Land, *Bayiqie yezhang genben desheng jingtu shenzhou* 拔一切業障根本得生淨土神呪 (T. 368),⁴⁶⁴ translated by Gunabhadra. Also, in Huiyuan's commentary on the *Contemplation Sūtra*, *Guanwuliangshou jingyishu* 觀無量壽經義疏 (T. 1749),⁴⁶⁵ he mentions the practice and attainment of *dhāraṇī* in the Pure Land.⁴⁶⁶ This theme recurs throughout such "Esoteric Pure Land" texts.

Northern Liang 北涼 (397-439)

In the Xiongnu dynasty, the Northern Liang (397-439), which was eventually overthrown by the Northern Wei in 439, we find the first Buddhist cave temples. Such paintings in Buddhist caves seem to have functioned as immersive environments wherein one could experience the

⁴⁶⁰ Zurcher, *Buddhist Conquest*, 128-129, 194-195.

⁴⁶¹ Zurcher, *Buddhist Conquest*, 204-239.

⁴⁶² T. 2095, J. *Rosanki*.

⁴⁶³ Yan, *Hanzhuan Mijiao*, 118.

⁴⁶⁴ J. *Batsuissai gosshō konpontokushō jōdojinju*.

⁴⁶⁵ J. *Kanmuryōju kyōgisho*.

⁴⁶⁶ 即得往生結明修益。上來明因。第二因成往生之中此人精進彌陀如來與觀音等彼來迎此。行者見已歡喜已下此往生彼。第三生彼得益之中事別有三。一生彼國見佛聞法得無生忍。二遍事諸佛從之受之受記。三還本國得陀羅尼總持之門。(T. 1749, 37.184c29-185a05).

Pure Land here in this world. One of the most important monks of this period was Dharmakṣema 曇無讖 (385-433),⁴⁶⁷ a monk from Central India who brought many texts to the northern capital. Among these was the *Dafengdeng wuxiang jing* 大方等無想經 (T. 387),⁴⁶⁸ which Toganoō believes to represent a more developed approach to *dhāraṇī*, orienting their practice in relation to vinaya 戒, meditation 定, and compassion 慧.⁴⁶⁹ Dharmakṣema's *Karuṇā-puṇḍarīka-sūtra* 悲華經 (T. 157)⁴⁷⁰ professes that the *dhāraṇī* it contains possesses the same power as the sūtra itself, a claim commonly made for *dhāraṇī*.⁴⁷¹ This text, moreover, contains *jātaka* tales of both Śākyamuni and Amitābha, and ultimately promotes a Śākyamuni-centered approach to Pure Land aspiration.

McBride has examined Dharmakṣema's translation of the *Mahāparinirvāṇa-sūtra* 大般涅槃經 (T. 374),⁴⁷² which refers to the true teachings of the Mahāyāna as “Esoteric.”⁴⁷³ Here again we have an important and prolific Mahāyāna thinker and translator, one of the figures who laid the groundwork for the later development of Chinese Buddhism who promotes a vision of the Mahāyāna as “esoteric,” a systematic approach to *dhāraṇī* and meditation, and concern for Pure Land rebirth permeates all of the texts noted above.⁴⁷⁴

Another important monk from the Northern Liang period was Fazhong 法衆 (J. Hōshū), a monk from Turfan, who ca. 400-411., translated the *Dafangdeng tuoluoni jing* 大方等陀羅尼經

⁴⁶⁷ C. Tan Wuchen, J. Don Musen.

⁴⁶⁸ J. Daihōdō musō kyō.

⁴⁶⁹ Toganoō, *Himitsu bukkyō shi*, 82; Chou, “Tantrism in China,” 243.

⁴⁷⁰ C. Beihua jing, J. Hike kyō.

⁴⁷¹ Copp, “Voice, Dust, Shadow, Stone,” 242.

⁴⁷² C. Dabanniepan jing, J. Daihatsu nehanyō.

⁴⁷³ McBride, “Is there Really, ‘Esoteric’ Buddhism?” 337.

⁴⁷⁴ T. 1331, 645b22 - 654c14.

(T. 1339),⁴⁷⁵ which is a dhāraṇī text describing various techniques for rebirth in Sukhāvātī, and refers to the Buddha Amitāyus throughout.⁴⁷⁶

Liu Song 劉宋 (420 - 479)

After Huan Xuan overtook the Jin, he was succeeded by Liu Yu 劉裕, who took advantage of the political instability of the North to extend his military reach, establishing the Liu Song. Liu Yu was originally a commander under Jin general Liu Laozhi 劉牢之 of the Jin. The culture of the Jin and the Liu Song dynasties were largely continuous with the successive Southern dynasties centered on the former Jianye capital.

At this time, the Central Asian monk Kālayaśas 曇良耶舍⁴⁷⁷ taught in Nanjing ca. 424. He is known as the translator of the *Guanwuliangshuo jing* 觀無量壽經 (T. 365),⁴⁷⁸ also known as the “Contemplation Sūtra,” one of the famous Three Pure Land Sūtras of the Japanese Pure Land tradition, and one of the most important sūtras in the East Asian tradition, more broadly conceived. Scholars are generally in agreement that this text is a Central Asian apocryphon. Along with the *Samādhi Sūtra* and other contemplation sūtras, this text promotes a form of practice reminiscent of “tantric” *sādhana*-style visualization exercises said to bring about encounter and unification with a Buddha.

Kālayaśas also translated the *Bhaiṣajyarāja-bhaiṣajya-samudgata-sūtra* 佛說觀藥王藥上二菩薩經 (T. 1161),⁴⁷⁹ which describes the two Bodhisattvas, Bhaiṣajya-rāja 藥王菩薩 and Bhaiṣajyasamudgata 藥上菩薩. It claims that they aid beings in the attainment of rebirth in Pure

⁴⁷⁵ J. *Daihōdō darani kyō*.

⁴⁷⁶ T. 1339, 645b22 - 654c14.

⁴⁷⁷ C. Jiangliangyeshe; J. Kyōryōyasha.

⁴⁷⁸ J. *Kanmuryōjukyō*.

⁴⁷⁹ T. 1161, C. *Foshuo guan yaowang yaoshang erpusa jing*, J. *Bussetsu kanyakuō yakujōnibosatsukyō*.

Land by teaching them powerful *dhāraṇī* and spells, and it promotes the “*dhāraṇī* gate” as particularly efficacious for Pure Land rebirth.⁴⁸⁰

As noted above, Guṇabhadra 求那跋陀羅 (394-468),⁴⁸¹ also from Central India, transmitted the *Bayiqie yezhang genben desheng jingtu shenzhou*, an early instance of the Rebirth Spell, *wangshengzhou* 往生呪 (T. 368, 352a12 – 352a13).⁴⁸² This *dhāraṇī* in particular seems to have circulated widely; it was practiced even on Mt. Lu among Huiyuan’s community, and was popularized at the Tang court by Amoghavajra. This *dhāraṇī* is examined in greater detail below.⁴⁸³

Zhiyan 智嚴 (J. Chigon) was a Chinese monk from Liangzhou 涼州 (contemporary Gansu). In 394, he traveled to Kashmir, and after three years returned to China with Buddhabhadra 佛陀跋陀羅.⁴⁸⁴ Zhiyan was active as a translator in Chang’an ca. 427, and produced the *Lotus Samādhi Sūtra* 法華三昧經 (T. 269),⁴⁸⁵ and *Anantamukha-dhāraṇī* 出生無邊門陀羅尼經 (T. 1018),⁴⁸⁶ both of which contain numerous references to practices leading to Pure Land rebirth. Buddhabhadra later associated with both Kumārajīva and Lushan Huiyuan, and is known as the translator of the *Mahāparinirvāṇa-sūtra* and the *Tathāgatagarbha-sūtra* 大方等如來藏經 (T. 666).⁴⁸⁷ McBride notes that his translation of the *Bodhisattva-bhūmi* 菩薩地持經 (T. 1581)⁴⁸⁸ ca. 414-421, employs the exo/esoteric dichotomy in order to rank the

⁴⁸⁰ T. 1161, 661b17 - 663c29.

⁴⁸¹ C. Qiunabatuoluo; J. Gunabaddara.

⁴⁸² J. *ōjōju*, aka *Amituo genben duoluoni* 阿弥陀根本陀羅尼 (J. *Amida konpon daranī*); Yan, *Hanzhuan Mijiao*, 119.

⁴⁸³ Toganoo, *Himitsu bukkyōshi*, 85-86.

⁴⁸⁴ C. Fotuobatuoluo; J. Buddabaddara.

⁴⁸⁵ C. *Fahua sanmei jing*, J. *Hokke sanmai kyō*.

⁴⁸⁶ C. *Chusheng wubianmen tuoluoni jing*, J. *Shusshō muhenmon daranikyō*.

⁴⁸⁷ C. *Dafangdeng rulaizang jing*, J. *Daihōdō nyorai zōkyō*.

⁴⁸⁸ C. *Pusa diji jing*, J. *Bosatsu jijikyō*.

Mahāyāna teachings themselves.⁴⁸⁹ He was also an early translator of one of the major “Pure Land” sūtras, *Larger Sukhāvativyūha* 佛說無量壽經 (T. 360).⁴⁹⁰ He is known as well for his translations of the *Guanfo sanmei hai jing* 觀佛三昧海經 (T. 643),⁴⁹¹ and the *Avataṃsaka-sūtra* 華嚴經 (T. 278),⁴⁹² both of which have been regarded by some scholars as either “proto-Pure Land” or “proto-tantric” in orientation.

“Transformations” of Avalokiteśvara *Dhāraṇī* Literature⁴⁹³

One of the most important genres of Buddhist literature to be imported during the period of disunity was the “transformations of Avalokiteśvara” 變化觀世音 (C. *bianhua Guanshiyin*, J. *henge kanzeon*) literature, which promoted the worship of various manifestations of Avalokiteśvara. Some scholars have viewed this as a new phase, a new “layer” in the development of Chinese Esoteric Buddhism.⁴⁹⁴ Yoritomi suggests that this literature may have also laid the groundwork for establishing the popularity of the Bodhisattva of Compassion, and likely helped the *Lotus Sūtra* grow in importance and stature in Chinese Buddhism, simply because it too contains a chapter on the miraculous powers of Avalokiteśvara.⁴⁹⁵ This literature is

⁴⁸⁹ McBride, “Is there Really, ‘Esoteric’ Buddhism?,” 337.

⁴⁹⁰ C. *Foshuo wuliangshou jing*, J. *Bussetsu Muryōju kyō*.

⁴⁹¹ C. *Guanfo sanmei hai jing*, J. *Kanbutsu sanmai kai kyō*; Sharf notes that *sādhana* style practice, often lauded as a defining characteristic of Tantric practice, is common among many important early Chinese Buddhist texts, including: T. 643, T. 365, T. 277, and others. Sharf, *Coming to Terms*, 263-4, ft. 6, pp. 337-338. This text was translated by Yamabe Nobuyoshi, “The Sutra on the Ocean-like Samadhi of the Visualization of the Buddha: The Interfusion of the Chinese and Indian Cultures in Central Asia as Reflected in a Fifth Century Apocryphal Sūtra” (Ph.D., diss., Yale University, 1999).

⁴⁹² C. *Huayan jing*, J. *Kegon kyō*.

⁴⁹³ Sakuma Ruriko 佐久間留理子, “Henge Kannon kyōten 變化觀音經典,” in *Shoki mikkyō: shisō, shinkō, bunka* 初期密教：思想・信仰・文化, eds. Takahashi Hisao 高橋尚夫, et. al. (Tokyo: Shunjusha 春秋者, 2013), 77-89; Ōtsuka Nobuo 大塚伸夫, “Fukūkensaku jinpen shingon kyō no jumon: Tayōna jumonkeитай ga mirareru kyōten 不空羂索神變真言經の呪文：多様な呪文形態が見られる經典,” in *Shoki mikkyō: shisō, shinkō, bunka* 初期密教：思想・信仰・文化, eds. Takahashi Hisao 高橋尚夫, et. al. (Tokyo: Shunjusha 春秋者, 2013), 121-133.

⁴⁹⁴ Yoritomi, “Chūgoku mikkyō no nagare,” 19. Yoritomi also includes a list of the major texts in this genre, pp. 19-21.

⁴⁹⁵ Yoritomi, “Chūgoku mikkyō no nagare,” 22.

notable for its significant emphasis on the attainment of rebirth in the Pure Land Sukhāvātī. Throughout Mahāyāna Buddhist literature, Avalokiteśvara is closely associated with Amitābha and the Sukhāvātī mythos. Yan has suggested that it was the “Esoteric Pure Land” features of the literature associated with Avalokiteśvara in particular that helped grow the cult of this bodhisattva.⁴⁹⁶ Here we will note a few of the most important pre-Tang examples, though it was only in the Tang dynasty that these texts were most influential.

*Nandi 難提⁴⁹⁷ was active in the Eastern Jin ca. 419. He translated the *Qing Guanshiyin Pusa xiaofuhai tuoluoni zhoujing* 請觀世音菩薩消伏毒害陀羅尼呪經 (T. 1043).⁴⁹⁸ This text contains the “Six-syllable spell” (S. *saḍāsarī-vidyā*), the now famous “*oṃ maṇi padme hūṃ*,” and it describes many different manifestations of Avalokiteśvara. This text examines the salvific role of Avalokiteśvara in particular as a savior who can deliver beings from *samsāra* and into Sukhāvātī.⁴⁹⁹

Another important text in this “transformations” genre includes the *Amoghapāśa-hṛdaya* 不空羈索呪經 (T. 1093)⁵⁰⁰ text attributed to Jñānagupta 闍那崛多 (523-600),⁵⁰¹ a prolific monk from Gandhāra. In addition to describing rebirth in Sukhāvātī through the power of Amoghapāśa,⁵⁰² a popular “Esoteric” emanation of Avalokiteśvara who uses a lasso and other implements to catch wayward sentient beings, this early text employs terms now commonplace in Pure Land literature, such as buddha-mindfulness, rebirth, etc. Amoghapāśa *dhāraṇī* texts may be thought of as an especially popular sub-genre of the “transformations” literature. Pure Land

⁴⁹⁶ Yan, *Hanzhuan Mijiao*, 130.

⁴⁹⁷ C. Nanti, J. Nandai.

⁴⁹⁸ T. 1043, *Shōkanzeon bosatsu shōbukudokugai daranikyō*.

⁴⁹⁹ T. 1043, 34b11-34c21.

⁵⁰⁰ T. 1093, C. *Bukong juansuo zhoujing*, J. *Fukūkenjaku shukyō*.

⁵⁰¹ C. Shenajueduo, J. Janakutta.

⁵⁰² T. 1093, 399a13-400b09.

concepts and practices feature quite prominently in most versions (See Bodhiruci and Amoghavajra below).⁵⁰³

Another important early *dhāraṇī* text attributed to Jñānagupta, the *Dharmolkadhāraṇī-sūtra* 大法炬陀羅尼經 (T. 1340),⁵⁰⁴ holds that through the practice of *dhāraṇī*, one is able to attain birth in any Pure Land one desires.⁵⁰⁵ The promise of the ability to travel freely through the various Pure Lands of the “Buddha-verse,” a goal attainable by all high ranking Bodhisattvas, will feature broadly across the more “developed” forms of *dhāraṇī* and Esoteric literature.

The *Ekādaśamukha-dhāraṇī* 十一面觀世音神咒經 (T. 1070),⁵⁰⁶ translated by Yaśogupta 耶舍崛多,⁵⁰⁷ a collaborator with Jñānagupta in Chang’an from 561-578, includes a spell dedicated to the Eleven-faced emanation of the Bodhisattva of Compassion that specifically extols the benefit of attaining post-mortem rebirth in Sukhāvātī.⁵⁰⁸ Here in this early example, there is no sense in which the “esoteric” arts are seen in tension with the goal of Pure Land rebirth. Rather, as we have seen, and will continue to see, aspiration for Pure Land rebirth is one of the important (and largely overlooked) common features of *dhāraṇī*, spell, and “Esoteric” traditions.

Bhagavaddharma 伽梵達摩,⁵⁰⁹ from Western India, was active in China from the Yonghui reign years 永徽 (650 – 656) of the early Tang Dynasty. He translated a number of important *dhāraṇī* texts extolling the virtues of the Thousand-hand, Thousand-eyed, Avalokiteśvara. As with other texts in this genre, Pure Land elements suffuse these texts. For

⁵⁰³ Yan, *Hanzhuan Mijiao*, 119.

⁵⁰⁴ T. 1340, C. *Dafaju tuoluonijing*, J. *Daihōko daranikyō*.

⁵⁰⁵ T. 1340, 713a03-714c09.

⁵⁰⁶ T. 1070, C. *Shiyimian guanshiyin shenzhou jing*, J. *Bussetsu jūichimenkanzeon shinjukyō*.

⁵⁰⁷ C. Yeshejueduo; J. Yashakutta.

⁵⁰⁸ 命終之後生無量壽國 (T. 1070, 149a17 – 150a07).

⁵⁰⁹ C. Qiefandamuo, J. Gabondaruma.

example, the *Qianshou qianyan Guanshiyin Pusa zhibing heyao jing* 千手千眼觀世音菩薩治病合藥經 (T. 1059)⁵¹⁰ holds that one travels to Sukhāvātī on a jeweled chariot, and attains birth in that land within a lotus blossom, whereupon Buddhahood is attained.⁵¹¹ According to the *Qianshou qianyan Guanshiyin pusa guang dayuanman wuai dabeixin tuoluonijing* 千手千眼觀世音菩薩廣大圓滿無礙大悲心陀羅尼經 (T. 1060),⁵¹² through Buddha contemplation, one is able to attain rebirth in the Pure Land of the Buddha Amitābha in a lotus blossom, unsullied by birth in a womb.⁵¹³ This *dhāraṇī* is also said to possess such power that if one chants it diligently, and bathes in a river, then one will be able to baptize beings in that river; the water will be infused with the power of the *dhāraṇī* and purify their sins, and bestow upon them Pure Land rebirth.⁵¹⁴

*Maṇi(*Ratna?)-cinta 寶思惟 (? – 721)⁵¹⁵ arrived in the Tang capital at Luoyang in 694. He translated a number of important *dhāraṇī* texts, including other important *Amoghapāśa-dhāraṇī* texts, the *Bukong juansuo tuoluoni zizai wangshoujing* 不空羈索陀羅尼自在王呪經 (T. 1097),⁵¹⁶ as well as other *dhāraṇī* texts that promote the act of casting off the body and attaining rebirth in Sukhāvātī, *Datuoluoni mofa zhong yizixinzhoujing* 大陀羅尼末法中一字心呪經 (T. 956).⁵¹⁷ Another interesting text among his output promotes the *dhāraṇī* of Cintāmaṇi, or “wish granting jewel,” Avalokiteśvara. The *Guanshiyin Pusa ruyi moni tuoluoni jing* 觀世音菩薩如意

⁵¹⁰ T. 1059, J. *Senjusengen kanzeonbosatsu jibyōgōyaku kyō*.

⁵¹¹ 無邊樂乘寶雲車速令往生安樂世界蓮華化生成佛 (T. 1059, 105b18 – 105b23).

⁵¹² T. 1060, J. *Senjusengen kanzeonbosatsu kōdaienmanmuge daihishin daranikyō*.

⁵¹³ 得轉生他方淨土蓮華化生不受胎身濕卵之身 (T. 1060, 108c27 – 110a01).

⁵¹⁴ Copp, “Voice, Dust, Shadow, Stone,” 223; Citing: *Qianshou qianyan Guanshiyin Pusa guangda yuanman wu'ai dabeixin tuoluoni jing*, 千手千眼觀世音菩薩廣大圓滿無礙大悲心陀羅尼經 (T. 1060, 20.109a).

⁵¹⁵ C. Baosiwei, J. Hōshiyui.

⁵¹⁶ T. 1097, *Fukūkenjaku darani jizaiō kyō*.

⁵¹⁷ T. 956, J. *Daidarani mappōchū ichiji shinjūkyō*; 捨此身得生西方極樂世界 (T. 956, 317a22 – 320a10).

摩尼陀羅尼經 (T. 1083)⁵¹⁸ contains descriptions of visions of the bodhisattva assemblies in Sukhāvātī, along with encounters with Amitāyus in Sukhāvātī and Avalokiteśvara in Potalaka.⁵¹⁹

Northern Wei 北魏 (386-534)/Eastern Wei 東魏 (534-550)

Tanluan 曇鸞 (467-543),⁵²⁰ who is commonly regarded as one of the first Pure Land Patriarchs,⁵²¹ was active during the Eastern Wei 東魏 (386(534)-550), a Sinicized Xianbei state to the North, formerly allied with the Jin. During the Wei dynasty, as noted above, we see the first cave temples devoted to Pure Land rebirth. It appears that even in cases in which the Buddha image was that of Maitreya or Śākyamuni, aspiration for Pure Land rebirth was of chief concern.⁵²² Tanluan's primary doctrinal contribution was his division of the whole of Mahāyāna Buddhism into an easy path and a difficult path. This way of thinking about Buddhism was already evident in the form of exo/esoteric Buddhist discourse, as discussed above. Tanluan held that through "easy practice," that is, by relying on the power of the Buddha Amitābha, one could attain awakening in his Pure Land. In contrast, Tanluan regarded the practices said to lead one along the (lengthy) bodhisattva path as the "difficult path." By relying on the Buddha, one could attain the stage of non-retrogression in the Pure Land; while there, one could study the most advanced forms of Buddhism, and attain the highest level of awakening, all under the tutelage of a Buddha. Just as earlier and later thinkers regarded the "esoteric" teaching (which is to say,

⁵¹⁸ T. 1083, J. *Kanzeonbosatsu nyoi mani daranikyō*.

⁵¹⁹ 見西方無量壽佛極樂世界及菩薩會補特勒伽山中觀世音菩薩宮殿。其身清淨貴人供養衆人樂見罪障蓋纏無不清淨所生之處得宿命智蓮華化生一切妙具皆自寶思惟譯 (T. 1083, 200b29 – 201a05).

⁵²⁰ J. Donran.

⁵²¹ See discussion in Kenneth K. Tanaka, *The Dawn of Chinese Pure Land Buddhist Doctrine: Chin-ying Huiyuan's Commentary on the Visualization Sūtra* (Albany: State University of New York, 1996), 17-19; Stanley Weinstein, *Buddhism under the Tang* (Cambridge: Cambridge University Press, 1987), 69-71.

⁵²² Tanaka, *Dawn of Chinese Pure Land*, 17; Weinstein, *Buddhism under the Tang*, 69.

whichever teaching they regarded as best) as the fastest way to Buddhahood, Tanluan's "easy" path could be seen as a superlative path to awakening.

According to traditional accounts, Tanluan fell ill and while pursuing practices for life extension, he is purported to have studied under the great Daoist master Tao Hongjing 陶弘景 (456–536). While cultivating these "Esoteric" arts, Tanluan eventually encountered Bodhiruci, and took refuge in the Pure Land path. The attainment of birth in a Pure Land was most certainly seen as consonant with the "Daoist" goals of prolonging life. As with Tibetan Pure Land practice, rebirth in Sukhāvātī is associated with life extension, and thus is not a strictly "post-mortem" destination.

Tanluan continued to use his knowledge of Chinese "spellcraft" to preach the Pure Land doctrine, however, it appears that he regarded the *nianfo* as a distinct ritual technology. For example, in one famous example, he explains, "...the efficacy of reciting the name of Amitābha by citing a spell from the [Baopuzi], a [Daoist] text, for curing edema and an incantation for protecting soldiers on the battle field. Also, after noting the common use of quince moxibustion to cure sprains, he remarks that everyone is aware that the sprain can also be cured simply by reciting the name 'quince.'"⁵²³ In other words, while clearly presenting the recitation of the name of Amitābha as qualitatively different from, and superior to spells, Tanluan's purported "conversion" should be viewed in this broader context, wherein vocal ritual technologies were regarded as particularly efficacious for tapping into the power of the Buddha.⁵²⁴

⁵²³ Tanaka, *Dawn of Chinese Pure Land*, 18, citing: T. 2060.50.470-35.

⁵²⁴ DDB provides a useful list of works for further study of Tanluan: Roger J. Corless, "T'an-luan: Taoist Sage and Buddhist Bodhisattva," in *Buddhist and Taoist Practice in Medieval Chinese Society*, ed. David W. Chappell (Honolulu: University of Hawai'i Press, 1987), 36-48; Roger J. Corless, "T'an-luan: The First Systematizer of Pure Land Buddhism," in *The Pure Land Tradition: History and Development*, ed. James Foard, Michael Solomon and Richard K. Payne (Berkeley: University of California, 1996), 107-137; Roger Corless, "T'an-luan's Canticles to Amita Buddha," *Pure Land*, n.s. 6 (1989): 262-278; Roger Corless, "Tsan A-mi-t'o fo chi. (2): Canticles to Amita Buddha," *Pure Land*, n.s. 7 (1990): 124-137; Michibata Ryōshū 道端良秀, "Donran to Dōkyō to no kankei (曇鸞と道教との關係)," in *Tōyō bunka ronshū* (Tokyo: Waseda University Press, 1969), 1001-1020; Roger Corless, "T'an-

Sui 隋 (581-618) and Tang 唐 (618-907)

In 550, the Northern Qi (550-577) overtook the Northern Wei, and in 577, the Northern Zhou (557-581) conquered the Northern Qi, and its capital was placed in Chang'an. Emperor Wu of Zhou (r. 561-577) appears to have been suspicious of Buddhism, and suppressed Buddhism severely in 574, and when he conquered Qi, this affected Buddhism negatively throughout the North.⁵²⁵ In 580, the general Yang Jian established the Sui dynasty by seizing power after the emperor died. In 589, he conquered the southern Jin dynasty, and with this move, the Sui dynasty had unified China again. The Sui is often compared to the Qin dynasty (221-206 BCE). Both Qin and Sui lasted for only a few decades, but in that short time, each established policies throughout a unified China that greatly benefitted the following dynasties—the Han and Tang, respectively, which were both looked upon as “Golden Ages” in Chinese history.

To a certain extent, Sui and Tang can be viewed as largely contiguous, and many of the forms of Buddhist practice that flourished during the preceding periods of disunity flourished further during this time. Here we will briefly examine several important Sui-Tang figures who developed often overlapping perspectives on (1) the exo/esoteric dimensions of the Mahāyāna, (2) the cultivation of *dhāraṇī* and other “vocal ritual technologies,” and (3) aspiration for Pure Land rebirth.

During this period, Jingying Huiyuan 淨影慧遠 (523-592)⁵²⁶ engaged in a famous debate with Emperor Wu, in which he threatened that Wu's persecution of Buddhism would result in his rebirth in hell.⁵²⁷ Jingying Huiyuan was a scholar of the *Daśabhūmikasūtra-śāstra* 十地經論 (T.

luan's Commentary on the Pure Land Discourse: An Annotated Translation and Soteriological Analysis of the Wang-sheng-lun chu (T 1819),” (PhD dissertation, University of Wisconsin, 1973); Hsiao Ching-fen, “The Life and Teachings of T'an-luan,” (PhD dissertation, Princeton Theological Seminary, 1967).

⁵²⁵ Kenneth S. Chen: *Buddhism in China, A Historical Survey* (Princeton: Princeton University Press, 1964), 190.

⁵²⁶ J. Jōyō Eon.

⁵²⁷ Tanaka, *Dawn of Chinese Pure Land*, 24.

1522).⁵²⁸ Like Tanluan, he was an important early Pure Land thinker who was also interested in the “Esoteric” arts. McBride has pointed out that Huiyuan (not to be confused with Lushan Huiyuan) employed the eso/exoteric dichotomy in his commentary on the *Vimalakīrtinirdeśa-sūtra*, *Weimo yiji* 維摩義記 (T. 1776).⁵²⁹ It appears that by this time, Buddhist scholars found the eso/exo- dichotomy (itself a *panjiao* of sorts) to be “a useful heuristic device....to evaluate the respective merit of the competing systems of Buddhism.”⁵³⁰ This included *dhāraṇī* literature as well. Huiyuan wrote an important early Chinese compendium on Mahāyāna Buddhism called *Dasheng yizhang* 大乘義章 (T. 1851)⁵³¹ in which he draws upon Dharmakṣema’s *dhāraṇī* taxonomy from his *Pusadichi jing* 菩薩地持經 (T. 1581),⁵³² in which mantra is classified as a kind of *dhāraṇī*, and both are regarded as fundamental to the bodhisattva path. McBride notes that, following Huiyuan’s example, many later Chinese Buddhist thinkers also employed Dharmakṣema’s taxonomy.⁵³³

Jingying Huiyuan is also known especially for his commentary on the Contemplation sūtra, the *Guan wuliangshou jing yishu* 觀無量壽經義疏 (T. 1749).⁵³⁴ In this commentary, he suggests that the *Contemplation Sūtra*’s teaching should be viewed as a “sudden teaching,” along with the *Sukhāvātīvyūha-sūtra*, the *Śrīmālādevī-sūtra* 勝鬘經 (T. 353),⁵³⁵ and *Vimalakīrti* (and the *Daśabhūmika* to some extent).⁵³⁶ Clearly, for Jingying Huiyuan, like Tanluan (and Daochuo,

⁵²⁸ T. 1522, C. *Shidi jinglun*, J. *Juji kyō ron*.

⁵²⁹ T. 1776, J. *Yuimagiki*.

⁵³⁰ McBride, “Is there Really ‘Esoteric Buddhism?’” 339; McBride inquires into how Jingying Huiyuan (523-592), Daoshi (ca. 596-683), and Amoghavajra (705-774) employed *dhāraṇī* in order to see if they understood themselves and *dhāraṇī* as belonging to a “Tantric” tradition. He concludes that they did not. McBride, “*Dhāraṇī* and Spells,” 85-86.

⁵³¹ T. 1851, J. *Daijō gishō*.

⁵³² T. 1581, J. *Bosatsujijikyō*.

⁵³³ McBride, “*Dhāraṇī* and Spells,” 96-98.

⁵³⁴ T. 1749, J. *Kanmuryōjūkyō gisho*; Tanaka, *Dawn of Chinese Pure Land*, 115-197.

⁵³⁵ T. 353, C. *Shengman jing*, J. *Shōman gyō*.

⁵³⁶ Tanaka, *Dawn of Chinese Pure Land*, 56.

as we will see) the Pure Land path was regarded as a superlative “esoteric” path for traversing the bodhisattva path more efficiently.

One of the most significant thinkers in East Asia Buddhist history lived during this time: Tiantai Zhiyi 天台智顓 (538-597).⁵³⁷ Zhiyi was not the first Buddhist to seek to impose a comprehensive sense of order on the grand diversity of Buddhist literature and ritual, but he has perhaps been the most significant. As we have seen elsewhere, it may very well be the case that Mahāyāna Buddhism itself developed out of this need to establish a framework by which to understand Buddhist diversity. For this task, Zhiyi employed the Lotus Sūtra’s concept of an Eka-yāna 一乘 (C. *yicheng*, J. *ichijō*), “One Vehicle.” In his commentaries on the Lotus Sūtra, *Miaofa lianhua jing wenju* 妙法蓮華經文句 (T. 1718)⁵³⁸ and on the *Vimalakīrti-sūtra*, *Weimojing xuanshu* 維摩經玄疏 (T. 1777),⁵³⁹ Zhiyi also employed the eso/exoteric dichotomy to rank Buddhist teachings.⁵⁴⁰ McBride notes, “Zhiyi’s explanation of ‘esoteric teaching’ is inextricably tied to his understanding of the chronological classification of sūtras, and yet it still refers directly to the advanced teachings of the Mahāyāna.”⁵⁴¹

Zhiyi emphasized various forms of meditation and Madhyamaka thought. Drawing upon the *Samādhi Sūtra*, he also developed a form of buddha-recollection which used the Buddha Amitābha to engage the non-duality of Buddhas and beings. In the *Mohezhi guan* 摩訶止觀 (T.

⁵³⁷ J. Tendai Chigi.

⁵³⁸ T. 1718, J. *Myōhōrengekyō mongu*.

⁵³⁹ T. 1777, J. *Yuimakyōgensho*.

⁵⁴⁰ See Leon Hurvitz, *Chih-I 智顓 (538-597): An Introduction to the Life and Ideas of a Chinese Buddhist Monk*, *Melanges chinois et bouddhiques* (Bruxelles: l’Institut Belge des Hautes Études Chinoises, 1962); Cited in McBride, “Is there Really ‘Esoteric Buddhism,?’” 340-341, ft. 33.

⁵⁴¹ McBride, “Is there Really ‘Esoteric Buddhism,?’” 342.

1911),⁵⁴² Zhiyi discusses *dhāraṇī* as a path to perceiving Buddha lands,⁵⁴³ and claimed the ability of *samādhi* and *dhāraṇī* practice to purify the senses upon entry into the “Secret Piṭaka.”⁵⁴⁴

Here it will be sufficient to note that just as Zhiyi employed a *panjiao* system for evaluating levels of profundity in the Mahāyāna corpus, later Buddhists working with the *tantras* also endeavored to demonstrate that their texts represented the highest teaching of the Buddha. This is perhaps one reason why Japanese Tendai thinkers so readily employed Zhiyi as an early advocate of the “Esoteric” teachings as revealed by the Lotus Sūtra.

Daochuo 道綽 (562-645)⁵⁴⁵ is credited with the establishment of the idea that in the era of the decline of the dharma 末法 (*C. mofa*, *J. mappō*), the “path of sages” is fundamentally inferior to the Pure Land path. During a period of decline, Daochuo contended, one must rely upon the power of Amitābha to attain Buddhahood in the Pure Land. Weinstein suggested that this perspective may be Daochuo’s reaction to his experience of the period of disunity in China.⁵⁴⁶ Like Tanluan, Daochuo also appears to have possessed a keen knowledge of the culture and practice of Chinese spells and *dhāraṇīs*. Some scholars have suggested that Daochuo viewed the vocal recitation of the name of Amitābha was fundamentally similar to a spell. However, recent research by Michael Conway has revealed that Daochuo recognizes the vocal recitation of the *nianfo* as occupying a superlative place above, and apart from, other common spells.⁵⁴⁷

⁵⁴² T. 1911, *J. Makashikan*.

⁵⁴³ T. 1911.46.25c23-5.

⁵⁴⁴ T. 1911.46.128c26-29.

⁵⁴⁵ J. Dōshaku.

⁵⁴⁶ Weinstein, *Buddhism under the Tang*, 70-72.

⁵⁴⁷ Michael Conway, “A Transformative Expression: The Role of the Name of Amituo Buddha in Daochuo’s Soteriology.” Unpublished paper, presented at the 16th Biennial Conference of the *International Association of Shin Buddhist Studies*, University of British Columbia, Vancouver, May, 31st – June 2nd.

In Daochuo's *Anleji* 安樂集 (T. 1958),⁵⁴⁸ he presents the story of Mañjuśrī Bodhisattva's 文殊菩薩⁵⁴⁹ entry into the bodhisattva path via Pure Land rebirth as recounted in the *Guanfo sanmei jing* 觀佛三昧海經 (T. 643).⁵⁵⁰ In this story, Mañjuśrī is describing his past lives wherein he met a Buddha while he was still a child, and attained rebirth in the Pure Land. Upon his entry into the bodhisattva path, he cultivated the *nianfo sanmei* and countless *dhāraṇī*.⁵⁵¹ Via this story, Daochuo explains that for ordinary beings 凡夫 (C. *fanfu*, J. *bonbu*), Pure Land rebirth is the most effective way to attain awakening. Even though the being that would become Mañjuśrī began the path as a child, he nonetheless became a great bodhisattva.⁵⁵²

In another interesting passage, while explaining the difficulty of Buddhist practice, Daochuo explains the “easy” path of Pure Land rebirth. This path is said to be easy because, within a single lifetime, whether short or long, one is able to attain rebirth in a Pure Land, wherein the attainment of Buddhahood is much easier. Among his seven different proof texts, Daochuo includes a reference to the *Aparimitāyur-jñānaḥṛdaya-dhāraṇī* 阿彌陀鼓音聲王陀羅尼經 (T. 370),⁵⁵³ an extremely important *dhāraṇī* text said to aid beings in Pure Land rebirth.⁵⁵⁴

Xuanzang 玄奘 (602-664)⁵⁵⁵ is arguably the most important and famous Chinese monk to travel to India in search of Buddhist scriptures; his journey is recorded in the *Da Tang xiyu ji* 大唐西域記 (T. 2087),⁵⁵⁶ which has often used by scholars of Indian Buddhism to reconstruct

⁵⁴⁸ T. 1958, *Anrakushū*.

⁵⁴⁹ C. Wenshu pusa, J. Monju bosatsu.

⁵⁵⁰ T. 643, *Kanbutsu sanmai kai kyō*; Yamabe, Nobuyoshi, “The Sutra on the Ocean-Like Samādhi of the Visualization of the Buddha: The Interfusion of the Chinese and Indian Cultures in Central Asia as Reflected in a Fifth Century Apocryphal Sūtra” (PhD. Diss, Yale University, 1999).

⁵⁵¹ T. 1958, 6c16-18.

⁵⁵² Conway, personal communication, 6/10/14.

⁵⁵³ T. 370, *C. Emituo gu yinsheng wang tuoluoni jing*, J. *Amida ku onjō ō darani kyō*.

⁵⁵⁴ T. 1958, 16c29-a04.

⁵⁵⁵ J. Genjō.

⁵⁵⁶ T. 2087, *Dai Tō saiiki ki*.

certain features of the South Asian Buddhist environment.⁵⁵⁷ While most famous as the systematizer of Yogācāra 法相 (C. Faxiang, J. Hossō) studies in China, Xuanzang also translated texts in many different areas of Buddhist learning, including many *dhāraṇī* texts. In his in his *Yogācāra-bhūmi* 瑜伽師地論 (T. 1579)⁵⁵⁸ distinguishes between esoteric and exoteric upāya.⁵⁵⁹ Xuanzang is also well known as a devotee of the Bodhisattva/Buddha-to-be Maitreya 弥勒菩薩,⁵⁶⁰ and as an aspirant for rebirth in the “Pure Land” of the Tuṣita heaven 兜率天.⁵⁶¹ Xuanzang’s form of Maitreya devotion was especially influential upon the development of Japanese Buddhism.⁵⁶² One important *dhāraṇī* text for rebirth in Tuṣita is the *Baming pumi tuoluoni jing* 八名普密陀羅尼經 (T. 1365).⁵⁶³ Xuanzang also translated a number of important Avalokiteśvara *dhāraṇī* texts promoting post-mortem rebirth in the Pure Land of Sukhāvātī. His translation of the Eleven-faced Avalokiteśvara spell, *Shiyimian shenzhouxinjing* 十一面神呪心經 (T. 1071)⁵⁶⁴ discusses the attainment of rebirth in Sukhāvātī,⁵⁶⁵ and his Amoghapaśa spell, *Bukongjuansuo shenzhouxin jing* 不空羈索神呪心經 (T. 1094),⁵⁶⁶ declares its efficacy in the attainment of rebirth in the Pure Lands of all Buddhas.⁵⁶⁷ In addition to texts dedicated to Maitreya and Amitābha, Xuanzang also translated a text promoting rebirth in the Pure Land of Abhirati with Akṣobhya (whose name is here translated as the Unmovable Tathāgata 不動如

⁵⁵⁷ Yoritomi notes that in this text, Xuanzang witnesses the worship of Tārā among Buddhists in India, “Chūgoku mikkyō no nagare,” 22.

⁵⁵⁸ T. 1579, C. *Yujia shidi lun*, J. *Yuga shiji ron*.

⁵⁵⁹ McBride, “Is there Really ‘Esoteric Buddhism?’” 337-338, ft. 27.

⁵⁶⁰ C. Mile Pusa, J. Miroku Bosatsu.

⁵⁶¹ C. Doushuo Tian, J. Tosotsu ten.

⁵⁶² See Chapter III, Parts II-IV.

⁵⁶³ T. 1365, J. *Hachimyōhumitsu daranikyō*; T. 1365, 883c27 – 884a07.

⁵⁶⁴ T. 1071, J. *Bussetsu jūichimenkanzeon shinjūkyō*.

⁵⁶⁵ 得生極樂世界 (T. 1071, 152b14-152c22).

⁵⁶⁶ T. 1094, J. *Fukūkenjakujinshushingyō*.

⁵⁶⁷ 捨命已隨願往生諸佛淨國 (T. 1094, 403b05-403c03).

來),⁵⁶⁸ the *Bajikunantuoluoni jing* 拔濟苦難陀羅尼經 (T. 1395).⁵⁶⁹ Even this small sampling of the *dhāraṇī* and sūtra translations produced by Xuanzang reveals a great diversity in the nature of Pure Land aspiration in the Buddhist literature of 6th and 7th century India.

Another important translator during the Sui was Zhitong 智通 (?- 653),⁵⁷⁰ who translated several important new “transformation” *dhāraṇī* texts dedicated to various avatars of Avalokiteśvara. As with the earlier texts of this genre of *dhāraṇī* literature, aspiration for Pure Land rebirth is featured prominently. The *Sahasrāvartā-dhāraṇī* 千轉陀羅尼觀世音菩薩呪 (T. 1035)⁵⁷¹ states that through the practice of this *dhāraṇī*, one can attain rebirth in all the Pure Lands one desires,⁵⁷² and it discusses Pure Lands at some length. Toganoo notes that this *dhāraṇī* circulated very widely, and that it promoted the ideas of purifying one’s karma, fulfilling wishes, and deathbed aspiration for post-mortem rebirth in the Pure Land.⁵⁷³ The *Qingjing Guanshiyin Puxian tuoluonijing* 清淨觀世音普賢陀羅尼經 (T. 1038)⁵⁷⁴ states that one may attain rebirth in the Pure Lands of the ten directions, see all Buddhas, and learn the Dharma from them.⁵⁷⁵ Through the power of the *Qianyanqianbi Guanshiyin Pusaa tuoluoni shenzhoujing* 千眼千臂觀世音菩薩陀羅尼神呪經 (T. 1057A, T. 1057B),⁵⁷⁶ one may attain rebirth in the Pure

⁵⁶⁸ C. Budong Rulai, J. Fudō Nyorai.

⁵⁶⁹ T. 1395, J. *Bassai kunan daranikyō*; T. 1395, 912c04 – 912c12.

⁵⁷⁰ J. Chitsū.

⁵⁷¹ T. 1035, C. *Qianzhuān tuoluoni guanshiyinpusa zhou*, J. *Senten darani kanzeonbosatsu ju*.

⁵⁷² 欲生諸佛淨土 (T. 1035, 18a01 – 18a28).

⁵⁷³ Toganoo, *Himitsu bukkyōshi*, 86.

⁵⁷⁴ T. 1038, J. *Shōjō kanzeon fugen daranikyō*.

⁵⁷⁵ 往生十方淨土見一切諸佛聞說正法 (T. 1038, 22b08 – 22b27).

⁵⁷⁶ T. 1057A, T. 1057B, J. *Sengensenbi kanzeonbosatsu darani shinju kyō*; Toganoo, *Himitsu bukkyō shi*, 84, notes this text in particular as providing a variety of benefits that came to characterize not only Chinese Vajrayāna literature, but Chinese Buddhist literature in general: 速得成仏、除災招福、滅罪印

Lands of the ten directions,⁵⁷⁷ and will be forever separated from rebirth in the three evil realms (hell, hungry ghost, and animal realms), and will attain rebirth in the Pure Land of Amitābha.⁵⁷⁸

The *Guanzizai pusa suixinzhoujing* 觀自在菩薩隨心呪經 (T. 1103)⁵⁷⁹ a more detailed approach to harnessing the power of Avalokiteśvara via coordinated use of mudras and mantras specifically oriented towards post-mortem rebirth in the Pure Land.⁵⁸⁰ In this text, it states that upon entry into Sukhāvātī, one may meet face to face with Avalokiteśvara,⁵⁸¹ who resides in Sukhāvātī, and receive instruction in *dhāraṇī* practice for the benefit of all Beings.⁵⁸² This text proposes a means by which one might seek instruction in Buddhist practice at the feet of Avalokiteśvara and Amitābha.

Bodhiruci 菩提流志 (d. 727)⁵⁸³ was an important Indian monk who was invited by Tang Gaozong in 663, but arrived in 693, and served at the court of Wu Zetian 則天武后 (628-705, r. 684-704). He is well known for his translation of the *Ratnamegha-sūtra* 大寶積經 (T. 310),⁵⁸⁴ the *Adhyardhaśatikā prajñāpāramitā-sūtra* 實相般若波羅蜜經 (T. 240),⁵⁸⁵ and assisted Śikṣānanda in the translation of the *Avataṃsaka-sūtra*.⁵⁸⁶ Multiple *dhāraṇī* texts are attributed to Bodhiruci, many of which contain references to Pure Land aspiration. For example,

⁵⁷⁷ 往生十方淨土 (T. 1057a, 85b19 – 85b25; T. 1057B, 92a01 – 92a05).

⁵⁷⁸ 永離三塗即得往生阿彌陀佛國如來 (T. 1057A, 88a06 – 88a11; T. 1057B 94c01 – 94 c06).

⁵⁷⁹ T. 1103, J. *Kanjizaibosatsu zuishinshu kyō*.

⁵⁸⁰ 誦根本真言作此印時為彼一切諸衆生等臨命終時作此法印一心誦真言隨欲樂生何佛國土隨意往生 (T. 1103, 466a19-466a22); Togano, *Himitsu bukkyō shi*, 84, also notes that this text includes contemplation of a particular object of devotion, *honzonkan* 本尊觀, as well as different form of bija contemplation: *jirinkan* 字輪觀, *shujikan* 種子觀.

⁵⁸¹ 命終生無量壽國面見觀世音菩薩 (T. 1103, 461b09 – 461b16).

⁵⁸² 如是我聞一時薄伽梵住極樂世界爾時觀世音菩薩摩訶薩往詣佛所白佛言世尊我有隨心自在心王陀羅尼能為未來一切衆生作大利益 (T. 1103, 463b06 – 463b23).

⁵⁸³ C. Putiliuzhi, J. Bodairushi.

⁵⁸⁴ T. 310, C. *Dabaojijing*, J. *Daihōshakukyō*. This text was partially translated into English: C. Chang, *A Treasury of Mahāyāna Sūtras: Selections from the Mahāratnakūta Sūtra* (University Park, Pa.: Pennsylvania State University Press, 1983).

⁵⁸⁵ T. 240, C. *Shixiang borebolomi jing*, J. *Jissō hanyaharamitsu kyō*.

⁵⁸⁶ T. 279, Śikṣānanda 實叉難陀, PDBS (Princeton Dictionary of Buddhist Studies), 133-134.

Qianshouqianyan Guanshiyin Pusa laotuoluonishen jing 千手千眼觀世音菩薩姥陀羅尼身經 (T. 1058)⁵⁸⁷ describes the attainment of rebirth in the Pure Lands of the ten directions,⁵⁸⁸ and specifies that upon rebirth in the Pure Land of Amitābha, one will not receive a female form.⁵⁸⁹ Similarly, the *Cakravartīcintāmaṇi* 如意輪陀羅尼經 (T. 1080)⁵⁹⁰ describes posthumous rebirth in Sukhāvātī from a lotus blossom,⁵⁹¹ which, as we will see below, carries with it the implication that to be “lotus-born” implies a birth freed from contact with a female body. This male-centric description of rebirth presents the male body as the desirable generic default, here associated with purity and spirituality, a feature of Indian religion to which the Chinese audience would have been receptive.

One of his most important translations was the *Amoghapāśa-kalparāja* 不空羂索神變真言經 (T. 1092),⁵⁹² an extremely important and popular versions of the *Amoghapaśa dhāraṇī*. The Pure Land benefits of devotion to Amoghapāśa include visions of infinite Buddhas and Pure Lands,⁵⁹³ life extension; seeing the assembly of Bodhisattvas gathered before Amitābha;⁵⁹⁴ casting off this womb-born body;⁵⁹⁵ rebirth in a lotus blossom and attainment of the stage of non-returner;⁵⁹⁶ rebirth in the Pure Lands of various Buddhas via lotus blossom,⁵⁹⁷ ultimately the attainment of full liberation.⁵⁹⁸ Another Amoghapāśa text, *Bukongjuansuo zhouxinjing* 不空羂索

⁵⁸⁷ T. 1058, J. *Senjusengenkanzeon bosatsu mō darani shinkyō*.

⁵⁸⁸ T. 1058, 98c07 – 98c13.

⁵⁸⁹ 不受女身隨得往生阿彌陀佛國 (T. 1058, 102a01 – 102a07).

⁵⁹⁰ T. 1080, C. *Ruyilun tuoluonijing*, J. *Nyoirin daranikyō*.

⁵⁹¹ 命終當得往生西方極樂刹土蓮花化生 (T. 1080, 190c24 – 190c25; 193b17 – 194a13).

⁵⁹² T. 1092, C. *Bukongjuansuo shenbian zhenyan jing*, J. *Fukūkenjaku jinben shingonkyō*.

⁵⁹³ T. 1092, 390c04 – 391c28),

⁵⁹⁴ 壽命長遠見於淨土一切諸佛菩薩摩訶薩衆阿彌陀佛前 (T. 1092, 264a23 – 265a29).

⁵⁹⁵ Copp, “Voice, Shadow, Dust, Stone,” 66 (citing T. 970, 361a).

⁵⁹⁶ 往西方淨土蓮華受生住不退地 (T. 1092, 393a22 – 393c27).

⁵⁹⁷ 臨命終時願生佛刹隨願往生諸佛淨刹蓮華化生 (T. 1092, 228b23 -228c28).

⁵⁹⁸ 胎身捨此生已直往西方極樂國土住受上品蓮花化生...乃至阿耨多羅三藐三菩提 (T. 253a28 – 254c12).

呪心經 (T. 1095),⁵⁹⁹ discusses *nianfo* practice, *wangsheng*, Amitābha, and post-mortem Pure Land rebirth in the Pure Land of whatever Buddha one desires.⁶⁰⁰ He also translated texts dedicated to Mañjuśrī, *Foshuo wenshushili fabaozang tuoluoni jing* 佛說文殊師利法寶藏陀羅尼經 (T. 1185A),⁶⁰¹ and *Wenshushili baozang tuoluoni jing* 文殊師利寶藏陀羅尼經 (T. 1185B),⁶⁰² both of which discuss employing the assistance of Mañjuśrī to attain Pure Land rebirth.⁶⁰³

Uṣṇīṣa Texts: From the Crown of Amitābha

Yoritomi notes that from the second half of the 7th century *Uṣṇīṣavijayā-dhāraṇī* texts proliferated along with the Avalokiteśvara *dhāraṇī* texts. He suggests that this may indicate a similar efflorescence in India around the second half of the 6th century.⁶⁰⁴ The *uṣṇīṣa* texts promote *dhāraṇī* said to bestow upon the practitioner the powers of the top of the Buddha’s head. In many Mahāyāna sūtras this protuberance is said to emit light, and possess a great number of other powers. It is important here not to overlook the polemical claim inherent in the name of these texts. By promoting a *dhāraṇī* coming from the top of the Buddha, the holiest place on a Buddha’s very body, the text is claiming access to the highest level of Buddhist power. Though not necessarily “Esoteric,” the metaphorical implication is similar to the claim made in “Esoteric” systems to the highest vehicle powered by the words of a Buddha. In the case of the *uṣṇīṣa*, the words come not from the Buddha’s mouth, necessarily, but from the top of his head. It should also be noted that in addition to the ubiquity of Pure Land imagery and aspiration across this

⁵⁹⁹ T. 1095, J. *Fukūkenjakushushingyō*.

⁶⁰⁰ 命終已隨願往生諸佛淨土 (T. 1095, 406a24 – 407b23).

⁶⁰¹ T. 1185A, J. *Bussetsu monjushiri hōhōzō daranikyō*.

⁶⁰² T. 1185B, J. *Monjushiri hōzō daranikyō*.

⁶⁰³ T. 1185A, 795b04 – 795c02; T. 1185B, 802c19 – 803b03.

⁶⁰⁴ Yoritomi, “Chūgoku mikkyō no nagare,” 21.

genre of *dhāraṇī* literature, the Buddha whose crown these *dhāraṇī* are said to come is often the Buddha Amitābha, a fact that is surprisingly enough unnoticed in much of the literature on *uṣṇīsa dhāraṇī*. Yan notes that *uṣṇīsa* literature is especially concerned with Pure Land rebirth.⁶⁰⁵

Buddhapāla (aka, Buddhapālita) 佛陀波利⁶⁰⁶ arrived in China in 676, and was a scholar of Madhyamaka. Legend has it that while practicing in Wutaishan 五台山, he encountered an immortal 仙人 (C. *xianren*, J. *sennin*) who compelled him to travel to India to acquire the *Uṣṇīsavijayā-dhāraṇī*.⁶⁰⁷ His translation, *Foding zunsheng tuoluoni jing* 佛頂尊勝陀羅尼經 (T. 967),⁶⁰⁸ states that upon the attainment of rebirth, one will have the ability to wander broadly throughout the Pure Lands of all Buddhas.⁶⁰⁹ Moreover, it is stated that upon rebirth in the land of peace, one will not acquire a body that is the product of a womb, but rather a miraculous body produced from a lotus blossom.⁶¹⁰

Divākara 地婆訶羅⁶¹¹ was a monk from Central India who was active during the late 7th century. He translated two *uṣṇīsa* texts, *Foding zuisheng tuoluoni jing* 佛頂最勝陀羅尼經 (T. 969),⁶¹² and *Zuisheng foding tuoluoni jingchuyezhang zhoujing* 最勝佛頂陀羅尼淨除業障呪經 (T. 970).⁶¹³ The former, references rebirth in Sukhāvātī, and states that after this life, one will be born in Sukhāvātī in a lotus blossom.⁶¹⁴ The later, states that through practicing this *dhāraṇī*, at

⁶⁰⁵ Yan, *Hanzhuan Mijiao*, 120.

⁶⁰⁶ C. Fotuoboli, J. Buddahari.

⁶⁰⁷ Toganoo, *Himitsu Bukkyōshi*, 86.

⁶⁰⁸ T. 967, J. *Bucchō sonshō daranikyō*.

⁶⁰⁹ 得往生種種微妙諸佛刹土 (T. 0967, 351c22 – 352a11).

⁶¹⁰ 得往生寂靜世界從此身已後更不受胞胎之身所生之處蓮華 (T. 967, 351c11-351c15).

⁶¹¹ C. Dipoheluo, J. Jibakara.

⁶¹² T. 969, J. *Bucchō saishō daranikyō*.

⁶¹³ T. 970, J. *Saishō buccchō darani jōjo gosshō shukyō*.

⁶¹⁴ 壽命往極樂國蓮華化生 (T. 0969, 356c09 – 357a10).

the end of one's life one may attain rebirth in the Pure Lands of various Buddhas,⁶¹⁵ and ultimately attain Buddhahood.⁶¹⁶ Copp notes that the benefits of this *dhāraṇī* are not merely “other worldly,” but rather it is said that if one empowers a stupa with this *dhāraṇī*, it will infuse the wind with the power of Buddha and when that wind touches passersby, they will attain rebirth the Pure Land or one of the heavens.⁶¹⁷

Du Xingkai 杜行顓, was active during the reign of Tang Gaozong 唐高宗 (Yifeng era 儀鳳, 676-679), and translated *Foding zunsheng duoluoni jing* 佛頂尊勝陀羅尼經 (T. 967, 968).⁶¹⁸ Like others in this genre, this text promises the attainment of post mortem rebirth in Sukhāvātī, as well as the ability to visit all Buddha fields.⁶¹⁹

Yijing 義淨 (635-713)⁶²⁰ was a Chinese monk who traveled to India in 671 to acquire Buddhist texts.⁶²¹ Returning in 695, he collaborated with Śikṣānanda in the production of the *Avataṃsaka sūtra*. His record of his time in India, the *Nanhai jigui neifa zhuan* 南海寄歸內法傳 (T. 2125)⁶²² and the *Datang xiyu qiufa gaoseng zhuan* 大唐西域求法高僧傳 (T. 2066),⁶²³ are important sources revealing the state of Indian Buddhism at this time. Among his many important texts are a number of *dhāraṇī* texts promising rebirth in Sukhāvātī. Yijing's translation of the *Foshuo yiqie gonde zhuangyanwang jing* 佛說一切功德莊嚴王經 (T. 1374)⁶²⁴ claims that

⁶¹⁵ 終時念此陀羅尼者即得往生諸佛國土 (T. 970, 359a12 – 359b05).

⁶¹⁶ 諸佛淨土乃至成就無上菩提 (T. 0970, 360a08 – 360a12).

⁶¹⁷ Copp, “Voice, Shadow, Dust, Stone,” 214; Citing, T. 970, 360b05-07.

⁶¹⁸ T. 967, J. *Bucchō sonshō daranikyō*; T. 968, *Bucchō sonshō daranikyō*.

⁶¹⁹ 命終之後生極樂國若常念持此陀羅尼命終之後生諸淨土從一佛國至一佛國一切佛刹 (T. 968, 354b19 – 354c17).

⁶²⁰ J. Gijō.

⁶²¹ Chou, “Tantrism in China,” 245, notes that when Yijing studied at Nalanda, he procured a copy of the Ta k'ung-ch'ueh-chou-wang ching (Great Peacock Spell Kṅg Sūtra)- which, “...with its appendix on methods for making altars and painting images, is a well-developed text of the tantric school. It is in this sūtra that the *dhāraṇī* is first deified and called a *vidyārāja*.”

⁶²² J. *Nankai kiki naihō den*.

⁶²³ J. *Daitō saiki guhō kōsō den*.

⁶²⁴ T. 1374, J. *Bussetsu issai kudoku shōgonōkyō*.

one will attain birth in the Land of Bliss and quickly attain *bodhi*,⁶²⁵ see all Buddhas, attain rebirth in Pure Lands, and extend one's life,⁶²⁶ and attain rebirth in limitless Pure Lands of the ten directions.⁶²⁷ His translation of the *Foshuo zhuangyanwang tuoluoni zhoujing* 佛說莊嚴王陀羅尼呪經 (T. 1375)⁶²⁸ also describes the attainment of rebirth in Sukhāvātī through *dhāraṇī* practice.⁶²⁹ Most important among these, however, was Yijing's translation of the *Foshuo foding zunsheng tuoluoni jing* 佛說佛頂尊勝陀羅尼經 (T. 971).⁶³⁰ Throughout this text there are numerous references to Pure Land rebirth. As with other texts of this genre, through the power of this *dhāraṇī*, one will encounter all the Buddhas of all the Pure Lands, and all heavenly abodes.⁶³¹ Also, one will also attain rebirth and liberation in the Pure Land of Akṣobhya, Abhirati 妙喜世界 (C. Miaoxi shijie, J. Myōki sekai), and upon casting off this body, one will never again acquire a body born of a womb, but will instead be born from a lotus blossom.⁶³² This point is reiterated later, but this time Sukhāvātī is specified, as is the extension of life and the attainment of rebirth in all Buddha lands.⁶³³

⁶²⁵ 安樂世界速趣菩提 (T. 1374, 891b27 – 891c14)

⁶²⁶ 見諸如來樂生淨土...無病延壽 (T. 1374, 892b08 – 892c08)

⁶²⁷ 無量十方淨土極樂世界 (T. 1374, 893b13 – 893b21)

⁶²⁸ T. 1375, C. *Foshuo zhuangyanwang tuoluoni jing*, J. *Bussetsu shōgonō darani jukyō*.

⁶²⁹ T. 1375, 895a11 – 895c18.

⁶³⁰ T. 971, J. *Bussetsu bucchō sonshō daranikyō*.

⁶³¹ 諸佛淨土及諸天宮一切菩薩甚深行願隨意遊入悉無障礙 (T. 971, 362a29 - 0362b26).

⁶³² 得解脫即得往生妙喜世界盡此身已後更不受胞胎之身所在之處蓮花化生 (T. 971, 363b29 - 0363c14).

⁶³³ 世間殊勝供養捨身往生極樂世界若常誦念復增壽命受諸快樂捨此身已即得往生種種微妙諸佛刹土常與諸佛俱會一處一切如來常為演說微妙之法一切諸佛授菩提 (T. 971, 363c15 - 363c26).

Chapter II

Part III

Early Tantric Systems under the Tang

Yoritomi notes that from the mid-Tang, there developed a new phase in the history of Chinese Esoteric Buddhism. In particular, he and others like Orzech, Davidson, and Copp have noted a level of coherent systematization via initiations into lineages, secret transmission, a special pantheon of new deities, and the employment of the three mysteries as an organizing rubric appearing in the Sino-sphere that may be indicative of similar developments in South Asia.⁶³⁴ On the one hand, it is clear that the tantric systems introduced by the monks regarded as the founders of Esoteric Buddhism in China do indeed constitute a new phase in the development of Chinese Buddhism literature, in that they represent true “systems” of Buddhist ritual and power. It is this rhetoric of power that differentiates this phase most clearly. Prior to this phase, there is arguably a more “other-power” orientation, employing *dhāraṇī* and spells to tap into the power of the Buddhas. With this new phase, though, the practitioner *becomes* the Buddha and wields their power over the universe. However, this observation should not suggest that there is not a high degree of coherence and continuity between the early transmission of *dhāraṇī* literature, and the more organized systems of mid- to late-Tang Buddhism.

One of the most important tantric systems of this time in both India and China was undoubtedly the *Dhāraṇīsaṃgraha-sūtra* translated by Atikūṭa, a monk from Central India who arrived in Chang’an ca. 652.⁶³⁵ In Chang’an he resided at Ci’en Monastery 慈恩寺, and later established altars at Huiji Monastery 慧日寺. This massive text was said to represent only, “...a

⁶³⁴ Yoritomi, “Chūgoku mikkyō no nagare,” 23.

⁶³⁵ Chou, “Tantrism in China,” 244.

portion of a larger Vajramahāmaṇḍa Scripture, a small portion of the great Dhāraṇī-piṭaka.”⁶³⁶

Nonetheless, the *Dhāraṇīsamgraha-sūtra* came to be an extremely influential text, spawning many ritual traditions in both China and Japan.

The composite nature of this text allows scholars to see an intermediate stage between the specialized single ritual, *dhāraṇī*, spell texts, which were often oriented around a single object of devotion, incantation, or ritual, and the comprehensive *tantric* systems introduced in the Tang.⁶³⁷ Though eventually “eclipsed” by the *Mahāvairocanasūtra* translated by Śubhakarasiṃha, which was itself eventually eclipsed by the *Vajrasekhara* traditions of Vajrabodhi and Amoghavajra, this early text presents a vast array of *dhāraṇī* and other ritual forms organized around, “*abhiṣeka*, *homa*, mantra, and so on in the creation of a mandala/altar and the investiture of a disciple with royal symbols. In contrast to typical *dhāraṇī* texts, the disciple is enjoined here to utmost secrecy (T. 901.18:795a2–14).”⁶³⁸

Of particular interest for this project is the *Dhāraṇīsamgraha*’s inclusion of a fairly long section devoted to rituals associated with Amitābha and rebirth in Sukhāvātī. A comprehensive analysis of the Pure Land ideas and practices found in the *Dhāraṇīsamgraha-sūtra* could easily form the basis of a book length study unto itself, and is beyond the scope of this dissertation. For now, we will simply mention a few recurring themes, noting how and in what contexts Amitābha and/or the Pure Land(s) are mentioned. The inclusion of Pure Land-oriented practice is not an example of the “syncretism” of Pure Land and “Esoteric” Buddhism. Rather, these texts presuppose a readership already familiar with the myriad Pure Lands of the ten directions, and mentions various Buddhas and Bodhisattvas that are said to aid beings in the attainment of Pure

⁶³⁶ Orzech, “Esoteric Buddhism in the Tang,” 268.

⁶³⁷ Orzech, “Esoteric Buddhism in the Tang,” 268-269.

⁶³⁸ Orzech, “Esoteric Buddhism in the Tang,” 269.

Land rebirth such as Śākyamuni, Avalokiteśvara, and Vajragarbha Bodhisattva 金剛藏菩薩.⁶³⁹

The *Dhāraṇīsamgraha* may, therefore, be of some use in understanding the place of Pure Land devotion in India around this time.

Beginning with fascicle four,⁶⁴⁰ the text includes a lengthy section on the various rituals associated with the many emanations of Avalokiteśvara, reminiscent of the “Transformation Avalokiteśvara” genre of *dhāraṇī* texts. In particular, in this and many other contexts, Avalokiteśvara is shown promoting rituals and other practices that lead to rebirth in Sukhāvātī after death.⁶⁴¹ This should not be surprising, after all, because the standard iconography of Avalokiteśvara represents this bodhisattva with a statue Amitābha in his crown. In a multi-headed emanation, there are correspondingly many emanations of Amitābha accompanying him.⁶⁴²

The section on Amitābha begins as if it were an independent sūtra: “Thus have I heard. At one time the Buddha was in Potalaka [the Pure Land of Avalokiteśvara], also known as [the mountain] island in the sea, and in attendance were a great number of arhats numbering 1500.”⁶⁴³ The Bodhisattvas Avalokiteśvara and Mahāsthāmaprāpta Bodhisattva 大勢至菩薩⁶⁴⁴ and countless other Bodhisattvas, devas, and other beings were in attendance. Amitābha’s interlocutor is Avalokiteśvara, who proceeds to ask the Buddha which methods are most appropriate for that attainment of rebirth in the Pure Land.⁶⁴⁵ The Buddha responds by stating

⁶³⁹ C. Jingangzang Pusa, J. Kongōzō Bosatsu; T. 901, 788c23-28, 837a27-28, 892b29 –c01, 893a24-25.

⁶⁴⁰ T. 901, 812b12.

⁶⁴¹ T. 901, 813a01-02, 814a06, 823a06-823b13, 823c16-17, 826b24-27, 828a02-a05.

⁶⁴² T. 901, 824b09-18.

⁶⁴³ 如是我聞。一時佛在補陀落伽山中此云海島也與大阿羅漢衆一千五百人俱 (T. 901, 800a04-05).

⁶⁴⁴ C. Dazhizhi Pusa, J. Daiseishi Bosatsu.

⁶⁴⁵ 苾芻/苾芻尼/優婆塞/優婆夷/一切衆生 (T. 901, 800a10-12).

that that there are many mudras, mantras, rituals that may aid a being in the pursuit of rebirth in Sukhāvātī, which he then goes on to explain.⁶⁴⁶

For example, the Great Heart Mudra of Amitābha 阿彌陀佛大心印 leads to Pure Land rebirth immediately when it is considered, and it extinguishes the four grave sins of monks and nuns and the five unnatural sins.⁶⁴⁷ The Mudra of Amitābha that Annihilates Sin 阿彌陀佛滅罪印 is said to assist in effectively employing meditation to purify ones karma and past sins.⁶⁴⁸ The Seated Meditation Mudra of Amitābha 阿彌陀坐禪印 aids in the recovery of illness.⁶⁴⁹ The Mudra of the Uṣṇīṣa of Amitābha 阿彌陀佛頂印 is said to cure sickness when accompanied by Buddha contemplation,⁶⁵⁰ while the Amitābha Chakra Mudra 阿彌陀佛輪印 is said to aid in the purification of sins and sickness when accompanied by Buddha contemplation and spells, and the use of prayer beads 數珠 (S. *mālā*, C. *shuzhu*, J. *juzu*) made of gold, silver, copper, or crystal.⁶⁵¹ The Mudra Ritual of Amitābha that Cures Sickness 阿彌陀佛療病法印 will protect one from sickness and all manner of harmful demons and spirits.⁶⁵²

Toward the end of this long description of rites associated with the Buddha Amitābha, there are instructions for how to make rosaries of various materials such as gold or jewels that will be especially efficacious in one's practice.⁶⁵³ At the end of this section it is stated that this *dhāraṇī*, mudra, and spell program is merely an abbreviation, because within the teachings of

⁶⁴⁶ T. 901, 790a17, 797c18, 824a18-25, 857b11-14.

⁶⁴⁷ 隨意往生阿彌陀佛國.... 滅恒沙四重五逆之罪 (T. 901, 801b01-10).

⁶⁴⁸ T. 901, 801b23-c06.

⁶⁴⁹ T. 901, 801b14-22.

⁶⁵⁰ T. 901, 802b04-11.

⁶⁵¹ T. 901, 802b12-c13.

⁶⁵² T. 901, 802c14-19.

⁶⁵³ T. 901, 802c20-803b07.

Amitābha there are 84,000 dharma gates, and that these ritual practices will lead to limitless merit.⁶⁵⁴

Amitābha is not the only being that may assist in Pure Land rebirth. In addition to the various emanations of Avalokiteśvara, such as the Eleven-headed Avalokiteśvara,⁶⁵⁵ both Mañjuśrī,⁶⁵⁶ and Mahāsthāmaprāpta may also be of assistance.⁶⁵⁷ In all of these cases, specific *dhāraṇī*, mantras, and mudras are applied not only for the attainment of Pure Land rebirth after death,⁶⁵⁸ but for this-worldly benefits as well. These rituals are said to strengthen the mind, turning one into a cosmic virtuoso of sorts, able to attain rebirth in all the Pure Lands of the ten directions upon merely thinking it.⁶⁵⁹ The five sins 五逆 (C. *wuni*, J. *gogyaku*),⁶⁶⁰ and in fact all sins, may be expunged by cultivating various ritual altars, and daily practice of the *dhāraṇī* of Acalanātha 不動明王,⁶⁶¹ Amitāyus, etc., and ultimately, these practice are said to lead one to rebirth in the Pure Land of the Buddha Amitāyus.⁶⁶²

In no sense is it implied that here Pure Land Buddhism is being “combined” with “Esoteric Buddhism. The goal of rebirth in Sukhāvātī is seen as a goal traversing the Parāmitā-yāna and the Mantra-teachings, a stop-over along the road to Nirvana.

爾時世尊正在大會。說般若波羅蜜。及說是真言法利益方便。能令一切人非人等。聞此陀羅尼者。悉發無上菩提之心。迴向十方諸佛國土。當得阿耨多羅三藐三菩提。At that time the World Honored One, in the great assembly, preached teachings such as the Perfection of Wisdom, up to and including the upāya and benefits of the Mantra-dharma, which is able to cause all humans and non-humans to hear this *dhāraṇī*, to attain completely the unsurpassed *bodhi*-mind,

⁶⁵⁴ T. 901, 803b07-10.

⁶⁵⁵ T. 901, 801c18-c23.

⁶⁵⁶ T. 901, 801c12-c17.

⁶⁵⁷ T. 901, 801c24-802b01.

⁶⁵⁸ 命終之後生阿彌陀佛國 (T. 901, 802a29).

⁶⁵⁹ 十方淨土隨意往生 (T. 901, 805a10-11, 806b09-10, 811c06).

⁶⁶⁰ To kill an arhat, to kill one’s mother, to kill one’s father, to injure a Buddha, to cause schism in the Buddhist community.

⁶⁶¹ C. Budong mingwang, J. Fudō myōō.

⁶⁶² T. 901, 812a22-26.

and to come and go to all the [Pure] Buddha Lands of the Ten Direction, and to attain perfect and complete enlightenment.⁶⁶³

In this way, rebirth in the Pure Land is a vehicle for transformation, and not simply a destination.

Following the career of Atikūṭa, a number of Indian *ācāryas* 阿闍梨 (*C. asheli, J. ajari*) came to China promoting texts and systems even more important in scope and influence. While the *Dhāraṇīsamgraha* might be considered a compendium of systems, texts like the *Mahāvairocana* and *Vajraśekhara* may be seen as more coherent, streamlined, approaches to the attainment of awakening. However, these new texts still contain many of the same features as the *Dhāraṇīsamgraha*; like the *Lotus Sūtra* and the *Avataṃsaka-sūtra*, they bear the marks of their own stages of composition and expansion. As with the stages outlined above, the goal of post-mortem rebirth in the Pure Land Sukhāvātī remains a constant in them as well.

Śubhakarasiṃha and the “Mantra-nāya”

Śubhakarasiṃha is regarded as the first Great Tang Ācārya and as a patriarch of Esoteric Buddhism in the Japanese Shingon tradition. According to the classic hagiography, born a prince in Central India, during a period of great political unrest he was forced to take up arms against his brothers in a succession dispute. Though victorious, he abdicated and became a monk. During his travels, he acquired numerous texts and became an accomplished master of *dhāraṇī* and meditation. He eventually studied under Dharmagupta, and mastered *dhāraṇī*,⁶⁶⁴ yoga,⁶⁶⁵ and the three mysteries. Śubhakarasiṃha later met the bodhisattva Avalokiteśvara and the arhat Mahākāśyapa under Mt. Kukkuṭapāda. Later a divine being implored him to travel to China to teach in the land guarded by Mañjuśrī. He arrived in Chang’an in 716, whereupon he translated

⁶⁶³ T. 901, 808c03-06.

⁶⁶⁴ Chou, “Tantrism in China,” 256, ft. 27.

⁶⁶⁵ Chou, “Tantrism in China,” 256, ft. 28. Yoga here means joining one’s mind to the object of devotion, see: MD, 2201a.

a great number of texts and ritual manuals previously unseen in China. Upon his death, he was entombed at Longmen, and his grave apparently became a popular pilgrimage site.⁶⁶⁶

It is interesting here that Zanning's biography includes this encounter with the first Indian patriarch of the Chan tradition. Some scholars have speculated that in fact, the Esoteric lineages of the Tang established a fascination with lineage that later led to the Chan emphasis of the mind-to-mind transmission between master and disciple. Moreover, Orzech has suggested that the rise of Chan may be attributed to an indigenous reaction against the popularity of the decidedly "Indian" traditions of the Tang ācāryas.⁶⁶⁷

Śubhakarasiṃha was one of the most prolific translators of texts associated with what scholars now call Esoteric Buddhism. Along with Vajrabodhi, scholars regard his arrival in China as inaugurating a new phase in Chinese Esoteric Buddhism. In particular, if we look to the *Mahāvairocana-sūtra*, then we see a kind of scripture different from the more "specialized" forms of *dhāraṇī* and mantra ritual manuals, which had accompanied the transmission of Buddhism into China. However, while we can see that the organization of the text is more systematic and coherent than the *Dhāraṇīsaṃgraha* of Atikūṭa, there are nevertheless remarkable similarities between the two texts. Most notably, both bear distinctive features of synthetic compilation, a feature which may inform us as to how *dhāraṇī* and mantra traditions were being organized and deployed in South Asia. The *Mahāvairocana-sūtra* seems to represent a comprehensive approach to the Buddhist universe, organized around the Cosmic Buddha, Mahāvairocana, in the Akaniṣṭhāh 色究竟天⁶⁶⁸ heaven, before whom all Buddhas learn the "three mysteries" and attain awakening, including Śākyamuni Buddha. The *Mahāvairocana-*

⁶⁶⁶ Chou, "Tantrism in China," 250-272; T. 50.714b1-716a17.

⁶⁶⁷ Orzech, "Esoteric Buddhism under the Song: An Overview," 422; Orzech, "Translation of *Tantras* and Other Esoteric Buddhist Scriptures," EBTEA, 446-447; See also McRae's discussion in, *Seeing Through Zen*, 70-71.

⁶⁶⁸ C. Sejiujing tian, J. Shiki kikyō ten.

sūtra claims to present the “sudden” path by which all beings may attain corporeal awakening in this very body, just like Śākyamuni. Orzech has suggested that it was precisely this organizational comprehensiveness that seems to have won out over more amorphous collections like the *Dhāraṇīsaṃgraha-sūtra*.⁶⁶⁹

That Buddhahood could be attained here and now for those with superior capacities does not necessarily mean that awakening in the Pure Land was not a desirable goal. The Buddha Amitābha is one of the five Buddhas of the mandala described in the *Mahāvairocana-sūtra*, and he appears throughout the text. Moreover, just as with ordinary Mahāyāna texts, the *Mahāvairocana-sūtra* describes the attainment of rebirth in particular Pure Lands up to and including the Pure Lands of the ten directions simply as a matter of course. In other words, Amitābha and Sukhāvātī are features presumed by this textual tradition.

Other texts associated with Śubhakarasiṃha notable for their Pure Land content, include the *Suxidijieluo jing* 蘇悉地羯羅經 (T. 893)⁶⁷⁰ and a ritual text, the *Suxidijieluogongyangfa* 蘇悉地羯羅供養法 (T. 894),⁶⁷¹ which mentions mantras for purification of the body and the attainment of a Pure Land.⁶⁷² *Supohutongzhiqingwen jing* 蘇婆呼童子請經 (T. 895)⁶⁷³ makes numerous references to Pure Lands. *Foding zunshengxin podizhuan yezhang chusanjie mimisanshen fogou sanzong xidi zhenyan yigui* 佛頂尊勝心破地獄轉業障出三界祕密三身佛果三種悉地真言儀軌 (T. 906)⁶⁷⁴ contains numerous references to Amitābha, Pure Lands, rebirth, as well as post-mortem rebirth, and discusses the attainments of beings in those lands.⁶⁷⁵

⁶⁶⁹ Orzech, “Esoteric Buddhism in the Tang,” 276.

⁶⁷⁰ T. 893, J. *Soshitsuji kyarakyō*.

⁶⁷¹ T. 894, J. *Soshitsuji kyarakuyōbō*.

⁶⁷² 淨身故先取淨土 (T. 894, 706b20 – 706b21).

⁶⁷³ T. 895, J. *Sobakodōjishōmonkyō*.

⁶⁷⁴ T. 906, J. *Bucchō sonshō shinhajigoku tengosshōshutsusangai himitsusanjinbukka sanshushiji shingon giki*.

⁶⁷⁵ 定命終必隨願往生十方淨土 (T. 906, 913c18 – 914b11).

The *Zunshengfoding xiuyu jiafa yigui* 尊勝佛頂脩瑜伽法儀軌 (T. 973)⁶⁷⁶ includes mantras for deliverance from unfortunate realms of rebirth, purification of sins, and the attainment of Pure Land rebirth.⁶⁷⁷ In the *Qijuzhidubufa* 七俱胝獨部法 (T. 1079),⁶⁷⁸ one is said to attain rebirth in the Pure Lands of the four directions.⁶⁷⁹ Rituals concerning devotion to the Bodhisattva Maitreya are presented in the *Cishipusa lüexiuyu'e niansong fa* 慈氏菩薩略修愈誡念誦法 (T. 1141),⁶⁸⁰ which includes many references to rebirth in the ten Pure Lands of the ten directions,⁶⁸¹ and rebirth in Tuṣita heaven.⁶⁸² The *Dizangpusa yigui* 地藏菩薩儀軌 (T. 1158)⁶⁸³ is dedicated to the Bodhisattva of the Netherworld, Kṣitigarbha, and presents rituals for the purification of sins of the dead and the attainment of rebirth in Sukhāvātī.⁶⁸⁴

Śubhakarasiṃha's most famous disciple, and the co-translator of the *Mahāvairocana-sūtra*, was Yixing 一行 (683-787)⁶⁸⁵ an important scholar, engineer, astronomer, mathematician, and Buddhist thinker in his own right. As a polymath, he sought to attain a high level of expertise in all available fields of knowledge, including Daoism, Northern Zen, Tiantai, etc. Therefore, we might regard his participation in the “Mantra-nāya” teachings of Śubhakarasiṃha not as evidence of his “conversion” to a new “kind” of Buddhism, but rather as his pursuit of a newly available area of specialized Buddhist knowledge.

Figures like Yixing are therefore important for grasping the interdependence of the various Buddhist traditions. Yixing made a lasting impact upon East Asian Buddhism through

⁶⁷⁶ T. 973, J. *Sonshō bucchō shūyuga hōgiki*.

⁶⁷⁷ T. 0973, 374a02 – 374a04.

⁶⁷⁸ T. 1179, J. *Shichikuteidokubuhō*.

⁶⁷⁹ 不轉肉身...往四方淨土 (T. 1079, 187c17 – 188a01).

⁶⁸⁰ T. 1141, J. *Jishibosatsuryakushū yuganenuhō*.

⁶⁸¹ T. 1141, 592c21 – 592c23.

⁶⁸² T. 1141, 600x10.

⁶⁸³ T. 1158, J. *Jizō bosatsu giki*.

⁶⁸⁴ T. 1158, 652b12 – 652c02.

⁶⁸⁵ J. Ichigyō.

his commentary on the *Mahāvairocana-sūtra*, the *Dapiluzhenachengfo jingshu* 大毘盧遮那成佛經疏 (T. 1796),⁶⁸⁶ which is particularly focused on the concept of attaining Buddhahood in this body 卽身成佛 (*C. jishen chengfo*, *J. sokushin jōbutsu*), and provides precedence for the dual cultivation of the *Mahāvairocana* and *Vajrasekhara*.⁶⁸⁷

Yixing's commentary on the *Mahāvairocana-sūtra* also contains many references to Pure Land rebirth. For example, we see a discussion about the bodhisattva's vow to cultivate Pure Land adornments,⁶⁸⁸ and a famous passage about Śākyamuni's eternal life span and his cultivation of a Pure Land.⁶⁸⁹ This passage about Śākyamuni is quoted in many of the Japanese sub-commentaries on this text. Yijing discusses the "esoteric" *nianfo sanmei*,⁶⁹⁰ and presents a comprehensive vision of the Buddhist universe, describing it as the Buddha Land of Secret Adornment 密嚴佛土法界.⁶⁹¹ Like the *Mahāvairocana-sūtra*, Yijing regards the ability to visit the various Pure Lands of the ten directions as one of the many attainments made possible through "this secret teaching of the Mahāyāna 此大乘祕教."⁶⁹²

Vajrayāna in East Asia: The Great Teachings of Yoga

Beginning with the monk Vajrabodhi, the *dhāraṇī* and mantra traditions, esoteric/exoteric discourse, claims to a superlative path, and tantric literature are framed in terms explicitly labelled as "Vajrayāna," the Lightning Vehicle. Vajrabodhi was a Brahman from South India who converted to Buddhism at sixteen, and studied at Nālandā. Later, in West India, he learned

⁶⁸⁶ T. 1796, *J. Daibirushanajobutsu kyōsho*.

⁶⁸⁷ Yoritomi, "Chūgoku mikkyō no nagare," 30-31.

⁶⁸⁸ T. 1796, 579a07-0593a25.

⁶⁸⁹ 得此心時即知釋迦牟尼淨土不毀見佛壽量長遠本地之身與上行等 (T. 1796, 0593b06-0605b23).

⁶⁹⁰ T. 1796, 688a23-690b12.

⁶⁹¹ C. Miyan fotu fajie, *J. Mitsugon butsudo hokkai*; T. 1796, 663b27-0667a13.

⁶⁹² T. 1796, 627b10-0628a26.

the yoga of the three mysteries, and *dhāraṇī*. While traveling in Sri Lanka, he learned of Buddhism's flourishing in China, whereupon he boarded a vessel and took the southern sea route there. In 719, he arrived in Canton and by imperial order was lodged at 慈恩寺, and several others. At each temple he stayed at he established mandalic altars and conducted *abhiṣeka* rituals. When the emperor's daughter fell ill, Vajrabodhi performed an exorcism using children as mediums who went as emissaries to King Yama. The spirit of the daughter returned for a short while, and after this event, it is said that the Emperor Xuanzang, who was a patron of Daoism, came to have faith in Vajrabodhi. Upon Vajrabodhi's death, his disciple, Amoghavajra, convinced the emperor to grant him the title Great Tipiṭaka Master and Expounder of the Teachings 大弘教三藏.⁶⁹³

Vajrabodhi is notable for his translation of the *Vajraśekhara*, supposedly part of a much longer work, which he learned from Nāgabodhi, purportedly an 800 year-old disciple of Nāgārjuna.⁶⁹⁴ As do the *Mahāvairocana-sūtra* produced by Yixing and Śubhakarasiṃha, this text makes references to Amitābha and the Pure Lands of infinite Buddhas throughout. In the *Vajraśekhara* and the *Mahāvairocana-sūtra*, Pure Land rebirth as a primary soteriological goal is not given the highest priority, but the rapid attainment of Bodhisattva powers via the *tantras* is said to allow one to travel freely throughout the Pure Lands of the ten directions. Therefore, specifying or placing particular emphasis on one individual Pure Land may have seemed superfluous.

In any case, other texts attributed to Vajrabodhi include clear references to rebirth in the Pure Land. For example a text dedicated to Cundā, *Foshuo qijuzhifomu Zhuntidaming tuoluoni*

⁶⁹³ Chou, "Tantrism in China," 273-84; T. 50.711b6-712a22.

⁶⁹⁴ Chou, "Tantrism in China," 281.

jing 佛說七俱胝佛母准提大明陀羅尼經 (T. 1075)⁶⁹⁵ clearly describes Pure Land rebirth as a significant goal,⁶⁹⁶ and the *Wuda xukongzangpusa suji dashenyan mimi shijing* 五大虛空藏菩薩速疾大神驗祕密式經 (T. 1149),⁶⁹⁷ which is dedicated to the worship of the Bodhisattva Ākāśagarbha, includes references to saving sentient beings from hell, and delivering them to Sukhāvātī.⁶⁹⁸ Vajrabodhi further composed *Yaoshirulai guanxing yigui fa* 藥師如來觀行儀軌法 (T. 923),⁶⁹⁹ a ritual manual dedicated to the Medicine Buddha, in which the attainment of Pure Land rebirth is discussed several times.⁷⁰⁰

Amoghavajra: Vajrayāna as the Highest Vehicle 最上乘 at Court

Vajrabodhi's most famous disciple was Amoghavajra, an Indo-Sogdian, who moved to China as a child. Under Vajrabodhi's tutelage, Amoghavajra mastered the *Vajraśekhara* and a number of other tantras. After his master's death, Amoghavajra set out for the southern seas, travelling around the Malay Peninsula. It is said that he encountered many difficulties and bad weather, but thanks to the powers he had gained through his austerities, his voyage continued without incident. Making his way to Sri Lanka, Amoghavajra collected texts covering a variety of mudra-mantra-mandala ritual systems. In 756 he returned to the Tang capital, and lodged at Daxingshansi 大興善寺 from 758-9, where he performed *abhiṣeka* and *homa* for the emperor. Amoghavajra received imperial sponsorship to establish a Mañjuśrī Hall on Mt. Wutai, a site also associated with Piṇḍola, the arhat known for his mastery of the "esoteric" arts. Amoghavajra is said to have placed particular emphasis on the importance of *dhāraṇī*. He was revered for

⁶⁹⁵ T. 1075, J. *Bussetsu shichikutei butsumojundai daimyō daranikyō*.

⁶⁹⁶ T. 1075, 174c07 – 174c12; 175a09 – 175b10.

⁶⁹⁷ T. 1149, J. *Godai kokūzōbosatsu sokushitsu daijinken himitsushiki kyō*.

⁶⁹⁸ 一切衆生地獄苦極樂往生 (T. 1149, 607c22 -608b28).

⁶⁹⁹ T. 923, J. *Yakushi nyorai kangyō giki hō*.

⁷⁰⁰ T. 923, 26a02 – 26a04; 27b19 – 27c08; 28a25 – 28c25.

having conquered/converted a great snake living in the mountains, and for having successfully prayed for rain on numerous occasions. During the battle against An Lushan 安祿山, at the behest of the emperor, Amoghavajra employed the *Renwang-jing* 仁王經 (T. 246)⁷⁰¹ to send a spirit army to defeat the opponents of the Tang, Tibetan armies from the West.⁷⁰² Zanning notes that there was a lineage of three persons—Vajrabodhi, Amoghavajra, and Huilang 慧朗—but that after that, the lineages proliferated (and thus, implicitly degraded).⁷⁰³ This final point is particularly interesting because, while many scholars have used Zanning to argue for an “Esoteric School,” this last point seems to refer to the general dissemination of Amoghavajra’s “yoga” throughout Chinese Buddhism.

Yoritomi suggests that the career of Amoghavajra represents a new stage in the development of Esoteric Buddhism. For Yixing, who was ethnically Chinese, “Esoteric Buddhism” was an object of knowledge for acquisition. For Amoghavajra, who was arguably bi-cultural, “*mijiao*” was “in his bones,” as he had studied it as a young boy, and his fluency in Chinese language and culture allowed him to convey more fully not only the meaning of “Esoteric” texts through his translations, but also to bring that meaning to life as someone who could walk between the worlds of Indian and Chinese traditions.⁷⁰⁴ Figures like Amoghavajra should complicate our notions of the so-called “Sinification” of Chinese Buddhism.

Amoghavajra is notable for his application of Vajrayāna technologies to aiding emperors in attaining Pure Land rebirth.⁷⁰⁵ One of the most important “Esoteric Pure Land” texts in East Asia is a ritual manual dedicated to Amitāyus, the *Wuliang rulai guanxing gongyang yigui* 無量

⁷⁰¹ J. Nin’ō gyō.

⁷⁰² This story though often repeated, however, was called into question by Matsumoto Bunzaburō 松本文三郎, “Tōbatsu bishamon kō 兜跋毘沙門攷,” *Tōhō gakuhō* 東方學報 10 (1939): 12-21, See Chou, “Tantrism in China,” 305, ft. 103, for a summary of Matsumoto’s argument.

⁷⁰³ Chou, “Tantrism in China,” 284-307; T. 50.712a24-714a20.

⁷⁰⁴ Yoritomi, “Chūgoku mikkyō no nagare,” 30-32.

⁷⁰⁵ Yan, *Hanzhuan Mijiao*, 121.

壽如來觀行供養儀軌 (T. 930).⁷⁰⁶ In Japan, ever since Kūkai established his Vajrayāna ritual lineage he received under Huiguo, this text has been central to the Shingon tradition, and the Fundamental Dhāraṇī of Amitāyus 無量壽如來根本陀羅尼 contained therein may still be heard in Shingon and Tendai temples today.⁷⁰⁷

Ārya Amitābha nāma dhāraṇī
 Namō ratna-trayāya,
 Namaḥ āryāmitābhāyā,
 Tathāgatāyārḥate samyak-saṃbuddhāya, tad yathā,
 Oṃ amṛte amṛtodbhave amṛta-saṃbhave amṛta-garbhe,
 Amṛta-siddhe amṛta-teje amṛta-vikrānte,
 Amṛta-vikrānta-gāmine amṛta-gagana-kīrti-kare,
 Amṛta-duṇḍubhi-svare sarvārtha-sādhane,
 Sarva-karma-kleśa-kṣayaṃ-kare svāhā.⁷⁰⁸

無量壽如來根本陀羅尼
 曩謨 囉怛曩 怛囉夜耶
 曩莫 阿哩野弭路婆耶
 怛他藥路夜囉賀帝 三藐三沒馱耶 怛儂也他
 唵 阿蜜嚩帝 阿蜜嚩妬納婆吠微閉 阿蜜嚩多三婆吠 阿蜜嚩多藥陸
 阿蜜嚩多悉 阿蜜嚩多帝際 阿蜜嚩多尾訖憐帝
 阿蜜嚩多尾訖憐多 誡弭寧 阿蜜嚩多誡曩吉底迦嚩
 阿蜜嚩多嫩努批娑嚩嚩 薩縛囉他 娑馱寧
 薩縛 羯磨 訖禮捨 乞灑孕 迦 娑縛賀

As noted in Chapter I, the term “*amṛta-*,” which appears several times in the *dhāraṇī* above, and the mantra below, is a term used in the *Rg Veda* that has no objective connection to Amitābha, but the common association between *amṛta* and the elixir of eternal life has linked the term with the name “Amitāyus,” which is often translated as “Limitless Life,” with the concept *mahāsukha*

⁷⁰⁶ T. 930, J. *Muryōju nyorai kengyō kuyō giki*.

⁷⁰⁷ C. Wuliang rulai genben tuoluoni, J. Muryōju nyorai konpon darani; T. 930, 19.71b01-18. See also: Ōmori Gijō 大森義成, *Jisshu Shingonshū no mikkyō to shugyō* 実修真言宗の密教と修行 (Tokyo: Gakken Paburishingu 学研パブリッシング, 2010), 113-114, notes that the Fundamental Dhāraṇī one of the most important rituals among the Jūhachido training rituals for Shingon and Tendai and other mikkyō monks. Ōmori also notes that the *Darani jikkyō* states the power of this dhāraṇī and others to purify evil karma and lead to rebirth in the highest levels of the Pure Land. This esoteric dhāraṇī is said to compare to the regular nenbutsu in the same way that the the light of the moon and the sun compare to a candle at night, and that practicing both is equal to the virtue of the great ocean and Mt. Meru. It is interesting to note that this work by Ōmori is a popular Shingon publication, and is likely an excellent indication of the importance of Pure Land oriented dhāraṇī, mantra, and nenbutsu practice in the contemporary Shingon tradition.

⁷⁰⁸ Sasaki Daiju 佐々木大樹, “San darani 三陀羅尼,” in *Shoki mikkyō: shisō, shinkō, bunka* 初期密教：思想・信仰・文化, eds. Takahashi Hisao 高橋尚夫, et. al. (Tokyo: Shunjusha 春秋者, 2013), 173.

大安樂 (C. *daanle*, J. *daianraku*), which may refer in particular to the ultimate bliss attained through the practices found in the *tantras*.⁷⁰⁹ Several versions circulated in China, T. 366, 368, and 1185a, are noticeably shorter, while T. 930 contains the version used in the Shingon School today. It is this version that claims that one who chants this *dhāraṇī* 1000 times will gain rebirth in the highest level of the Pure Land.⁷¹⁰ This text is also the source for the Heart Mantra of Amitāyus 無量壽如來心真言⁷¹¹: *Oṃ amṛta tejhara hūṃ* 唵阿蜜嚩多帝 唵賀囉吽 (T. 930, 72b07 – 72b07).

The *dhāraṇī* and mantra presented in this text⁷¹² allow the practitioner to gain a vision of the Pure Land of Amitāyus in his assembly of Bodhisattvas, hear limitless sūtras, and at the end of one's life with an unperturbed mind, through this *samādhi*, quickly attain birth in the Pure Land in a lotus blossom, born at the stage of a bodhisattva.⁷¹³ This text and other Pure Land *dhāraṇī* texts describe a seven-jeweled chariot ride to Sukhāvātī.⁷¹⁴ At the end of one's life, one will certainly attain rebirth in Sukhāvātī,⁷¹⁵ reach the highest grade of the Pure Land as a bodhisattva,⁷¹⁶ and in Sukhāvātī, one will see the Buddha, hear the dharma, and quickly attain the highest level of *bodhi*.⁷¹⁷ This ritual text follows a fairly standard tantric model of

⁷⁰⁹ Sasaki, “San darani” 175.

⁷¹⁰ Sasaki, “San darani,” 175.

⁷¹¹ C. Wuliangshuo rulai xinzhenyan, J. Muryōju nyorai shinshingon.

⁷¹² Sasaki, “San darani,” 166-177. This *dhāraṇī* is found in a number of texts in different forms. Sasaki lists ten source texts, seven in Chinese, and three in Tibetan. Sasaki, “San darani,” 174-175

1) T. 366, 346b-348b; 2) T. 368, 351c-352a; 3) T. 901, 800a-803b; 4) T. 930, 67b-72b; 5) T. 934, 80a-b; 6) T. 978, 407b-409c; T. 1185a, 791b-797c; 8) 『Deruge 版西藏大藏經』東北目錄 no. 595, Pha 237b4-242a6 cf. 東北目錄 no. 594, no.596; 9) 『Deruge 版西藏大藏經』東北目錄 no. 677, Ba 222b1-222b6 cf. 東北目錄 no. 864; 10) 『Deruge 版西藏大藏經』東北目錄 no. 679, Ba 223a1-223a5 cf. 東北目錄 no. 851.

⁷¹³ 於定中見極樂世界無量壽如來在大菩薩衆會聞說無量契經臨命終時心不散亂三昧現前剎那迅速則生彼土蓮花化生證菩薩位 (T. 930, 69b09 – 69b12).

⁷¹⁴ 七寶莊嚴車輅往彼極樂世界 (T. 930, 69b17 – 69b20).

⁷¹⁵ 終決定得生極樂世界 (T. 930, 72b12 – 72b14)

⁷¹⁶ 生極樂世界上品上生證菩薩位 (T. 930, 71b19 – 71b28),

⁷¹⁷ 得生極樂世界見佛聞法速證無上菩提 (T. 930, 72a01 – 72a12).

constructing and purifying a ritual space, inviting a Buddha, attaining union with him, and sending him back to his Pure Land.

Like the *Samādhi Sūtra*, this ritual is not indicative of “Pure Land” devotion, but rather a generic template into which one might insert any Buddha, bodhisattva, god, etc. However, an interesting feature of this text is its extensive utilization of imagery drawn from the *Contemplation Sūtra*, either a Central Asian or Chinese apocryphal text. Orzech has suggested that this text was composed by Amoghavajra as a way of appropriating the Pure Land piety of the Chinese as a vehicle for transmitting tantric texts. While it is likely that this text was not based strictly on an Indian original, it should be clear by now that there would have been no need to add “Pure Land” elements to a “tantric” text.

A number of texts composed and translated by Amoghavajra (or attributed to him) that deal with Pure Land rebirth in significant ways. One example is, *Jiupin wangsheng amituosanmodiji tuoluonijing* 九品往生阿彌陀三摩地集陀羅尼經 (T. 0933),⁷¹⁸ which describes *dhāraṇī* for the nine levels of rebirth in the Pure Land. Next, the *Putichang suoshuo yizi dinglun wangjing* 菩提場所說一字頂輪王經 (T. 950)⁷¹⁹ contains mantras and empowerments, or *adhiṣṭhāna*, for Pure Land rebirth,⁷²⁰ and *Yizi qite foding jing* 一字奇特佛頂經 (T. 0953)⁷²¹ describes rebirth in Sukhāvātī and encountering Amitāyus.⁷²² A text dedicated to the *cintāmaṇi*, or wish fulfilling gem, *Ruyibaozhu zhuanlun mimixianshenchengfo jinglun zhouwangjing* 如意寶珠轉輪祕密現身成佛金輪呪王經 (T. 961)⁷²³ describes rebirth in the Pure

⁷¹⁸ T. 933, *Kuhon ōjō amida sanmaji shū daranikyō*.

⁷¹⁹ T. 950, C. *Putichang suoshuo yizidinglun wangjing*, J. *Bodai jōsho setsu ichiji chōrin ōkyō*.

⁷²⁰ 眞言加持於淨土 (T. 950, 201b05 – 201b18).

⁷²¹ T. 953, J. *Ichiji kitoku bucchōkyō*.

⁷²² 往極樂世界見無量壽如來 (T. 953, 305a18 – 305c02).

⁷²³ T. 961, J. *Nyoihōshu tenrin himitsu genshin jōbutsu kinrin shūōkyō*.

Land of Amitāyus,⁷²⁴ the casting off of the body, birth in the highest level of the Pure Land on a Lotus dais, coursing through the ten directions of the Vajra World Assembly, and worship at the feet of Mahāvairocana.⁷²⁵

Dhāraṇī texts dedicated to the Buddha's relics, such as *Baoxidi chengfo tuoluonijing* 寶悉地成佛陀羅尼經 (T. 962),⁷²⁶ also promise to grant post-mortem Pure Land rebirth and the attainment of the level of Dharmakāya,⁷²⁷ and in accordance with one's vow, the ability to travel to all Pure Lands of the ten directions, and hear the Buddhas preach.⁷²⁸

Again, *Aliduoluo tuoluoni alulijing* 阿唎多羅陀羅尼阿嚕力經 (T. 1039)⁷²⁹ contains numerous references to Pure Land practice, and implores practitioners to cast off their bodies, to attain Rebirth in Sukhāvātī, and attain Buddhahood rapidly.⁷³⁰

There are, further, many texts promoting the worship of Avalokiteśvara attributed to Amoghavajra. As we have seen, Avalokiteśvara was regarded as a savior par excellence in Esoteric and *dhāraṇī* literature, and one of his/her many roles is to aid beings in attaining rebirth in Sukhāvātī and/or the Pure Lands of the ten directions was one of the most prominent. *Jin'gang kongbu jihui fangguang guiyi Guanzizai pusa sanshi zuisheng xinmingwangjing* 金剛恐怖集會方廣儀軌觀自在菩薩三世最勝心明王經 (T. 1033),⁷³¹ and *Guanzizai pusa shuo puxian tuoluonijing* 觀自在菩薩說普賢陀羅尼經 (T. 1037)⁷³² explicitly discuss post-mortem rebirth in

⁷²⁴ 得往生無量壽佛極樂國土 (T. 961, 333c14 – 334a07),

⁷²⁵ 捨此身已往生西方安樂國土上品蓮臺證得無生不空王三摩地遊歷十方金剛界會禮拜承仕大日如來 (T. 961, 334a09 – 334a18).

⁷²⁶ T. 962, J. *Hōshicchijōbutsu daranikyō*.

⁷²⁷ 捨生死發往生意當得往生速證法身之位, (T. 962, 335b18 – 336b02),

⁷²⁸ 更隨志願亦得往生十方淨土見佛聞法 (T. 962, 336c24 – 337a19).

⁷²⁹ T. 1039, J. *Aritara darani aroriki kyō*.

⁷³⁰ T. 1039, 23c19 – 30b17.

⁷³¹ T. 1033, J. *Kongō kuhu shūe hōkō kigi kanjizaibosatsu sanze saishōshin myōōgyō*.

⁷³² T. 1037, J. *Kanjizaibosatsu setsu fugen daranikyō*.

the Pure Land.⁷³³ *Guanzizai pusa xinzhenyuan yiyin niansong fa* 觀自在菩薩心真言一印念誦法 (T. 1041)⁷³⁴ describes travel to the Pure Lands of the ten directions and quickly attain the highest level of *bodhi*.⁷³⁵ *Guanzizai pusa dabeizhiyin zhoubian fajie liyi zhongshengxunzhenrufa* 觀自在菩薩大悲智印周遍法界利益衆生薰真如法 (T. 1042)⁷³⁶ provides instructions to “yoga practitioners” who aspire for rebirth in Sukhāvātī in order to benefit other beings,⁷³⁷ and it teaches post-mortem rebirth in the highest grade of Sukhāvātī.⁷³⁸ *Jin ’gangding yujia qianshou qianyan Guanzizai pusa xiuxing yiguijing* 金剛頂瑜伽千手千眼觀自在菩薩修行儀軌經 (T. 1056)⁷³⁹ makes prolific reference to Amitāyus and Sukhāvātī, stating that at the end of one’s life, the object of devotion will appear to guide one to the Pure Land, where one will be born in the womb of a lotus as a bodhisattva of the highest grade, and then rapidly attain the highest awakening.⁷⁴⁰ *Qianshou qianyan Guanshiyin pusa dabeixin tuoluoni* 千手千眼觀世音菩薩大悲心陀羅尼 (T. 1064)⁷⁴¹ states that by the power of this *dhāraṇī*, one will attain birth in whatever Pure Land one has vowed to attain birth in. In this sūtra, Amitāyus proclaims additional vows regarding his own attainment of awakening, similar to what we see in the *Longer Sukhāvātīvyuha-sūtra*. For example, he mentions that if beings who practice this *dhāraṇī* fall into the three evil realms, he will not attain awakening. He also states that beings who practice this

⁷³³ 命終生極樂世界 (T. 1033, 10b28 – 10c10); 此命終當生淨妙佛剎 (T. 1037, 21a06 – 21a17).

⁷³⁴ T. 1041, J. *Kanjizaibosatsu shinshingon ichiin nenjuhō*.

⁷³⁵ 往十方淨土歷事諸佛速成無上菩提 (T. 1041, 33a08 – 33a12).

⁷³⁶ T. 1042, J. *Kanjizaibosatsu daihichiin shūhen hokkai ryakushujō kun shinnyo hō*.

⁷³⁷ 修瑜伽人欲生西方極樂世界利益衆生 (T. 1042, 33a27 – 33b10),

⁷³⁸ 命終之後當得極樂上品之生 (T. 1042, 34a23 – 34a26).

⁷³⁹ T. 1056, J. *Kongōchō yuga senjusengen kanjizaibosatsu shugyō gikikyō*.

⁷⁴⁰ 臨命終時本尊現前將往極樂世界蓮華胎中上品上生證菩薩位受無上菩提記 (T. 1056, 82a01 – 82a23); See also T. 1056, 74c07–c08, for a discussion of Amitābha’s *uṣṇīṣa*.

⁷⁴¹ T. 1064, J. *Senjusengen kanzeonbosatsu daihishin darani*.

dhāraṇī will attain birth in any Pure Land they desire, or else he will not attain awakening.⁷⁴²

Shiyimian Guanzizai pusa xinmiyan niansong yiguijing 十一面觀自在菩薩心密言念誦儀軌經

(T. 1069)⁷⁴³ describes mantras for post-mortem rebirth in Sukhāvātī,⁷⁴⁴ and includes a

visualization of a seven-jeweled chariot, ridden by Mahāsthāmaprāpta, Amitāyus, and

Avalokiteśvara that will escort one to the Pure Land.⁷⁴⁵ A text dedicated to Hayagrīva, a wrathful

Horse headed manifestation of Avalokiteśvara 馬頭觀音,⁷⁴⁶ *Shenheyehelifu daweinuwang lichen*

dashen yangongyang niansong yigui fapin 聖賀野紇哩縛大威怒王立成大神驗供養念誦儀軌

法品 (T. 1072A)⁷⁴⁷ presents vows for Pure Land rebirth, and promises salvation from the three

evil realms and certain rebirth in Sukhāvātī.⁷⁴⁸

Ekajatā-dhāraṇī 佛說一髻尊陀羅尼經 (T. 1110)⁷⁴⁹ mentions post mortem rebirth in the

realm of Amitāyus.⁷⁵⁰ *Pubianguangming qingjing chicheng ruyibaoyin xinwunenbsheng*

damingwang dasuiqiutuoluonijing 普遍光明清淨熾盛如意寶印心無能勝大明王大隨求陀羅

尼經 (T. 1153)⁷⁵¹ contains numerous references to Sukhāvātī, *nianfo*, and Pure Land rebirth, and

states that one whose life has come to an end will certainly attain birth in Sukhāvātī.⁷⁵²

⁷⁴² 欲生何等佛土隨願皆得往生復白佛言世尊若諸衆生誦持大悲神呪墮三惡道者我誓不成正覺誦持大悲神呪者若不生諸佛國者我誓不成正覺 (T. 115c23 – 116b12). This is a fairly interested section that deserves further investigation.

⁷⁴³ T. 1069, J. *Jūichimen kanjizaibosatsu shinmitsugon nenju gikikyō*.

⁷⁴⁴ 命終四者從此世界得生極樂國土 (T. 1069, 140a01 – 140b27),

⁷⁴⁵ 七寶車輅至於極樂世界想請無量壽如來昇七寶車中央無量壽如來坐左大勢至右邊觀自在 (T. 1069, 144c06 – 144c12).

⁷⁴⁶ C. Matou Guanyin, J. Mezu Kannon.

⁷⁴⁷ T. 1072A, J. *Shōgayakiriba daiinuōryūjō daijinken kuyō nenju gikihōbon*.

⁷⁴⁸ 不墮三惡道決定往生諸佛國土 (T. 1072A, 169b14 – 169c07).

⁷⁴⁹ T. 1110, C. *Foshuoyijizun tuoluonijing*, J. *Bussetsu shusshō muhenmon daranikyō*.

⁷⁵⁰ 命終之後生無量壽國 (T. 1110, 484c11 – 485a21).

⁷⁵¹ T. 1153, J. *Fuhenkōmyō shōjō shijō nyoishō inshin munōshō daimyōō daizuigu daranikyō*.

⁷⁵² 善趣欲生極樂國 (T. 1153, 625b01 – 626a14).

Jin 'gangding yujia zuisheng mimi chengfo suiqiujide shenbian jiachi chengjiu tuoluoni yigui 金剛頂瑜伽最勝祕密成佛隨求即得神變加持成就陀羅尼儀軌 (T. 1155)⁷⁵³ describes post-mortem birth in the highest level of Sukhāvātī via the attainment of the *nianfo samādhi* through the cultivation of the three mysteries and other “secret” rites.⁷⁵⁴ Here we have one of the first explicit references to what one might call “*himitsu nenbutsu*” practice for the purposes of the attainment of post-mortem Pure Land rebirth. This text also outlines practice for transforming hell into the Pure Land,⁷⁵⁵ and later states that upon attaining birth in the land of tranquility, one will be born in a lotus blossom, not from a womb.⁷⁵⁶

The *Dacheng yujia jin 'gangxinghai manshushili qianbiqianbo dajiaowangjing* 大乘瑜伽金剛性海曼殊室利千臂千鉢大教王經 (T. 1177A)⁷⁵⁷ makes numerous references to the “Pure Land path” (or gate 門), Buddha and *bija* contemplation, and rebirth in Sukhāvātī. The Pure Land Gate is one gate among five as outlined by Śākyamuni.⁷⁵⁸ This “Pure Land Gate” is described as step four of five in the mandala.

Amoghavajra is regarded as perhaps the greatest of the Tang *ācāryas*, and his career has received the extensive coverage in English language and Japanese scholarship. And yet, the goal of rebirth in the Pure Land has been all but overlooked in this scholarship. The very notion that the Great Teachings of Yoga would not always-already accomplish for the practitioner Pure

⁷⁵³ T. 1155, J. *Kongōchō yuga saishō himitsujōbutsu zuigusokutoku jinpen kaji jōju daranigiki*.

⁷⁵⁴ 修三密門證念佛三昧得生淨土...祕密法 (T. 1155, 644b25 – 644c29).

⁷⁵⁵ 地獄變成淨土 (T. 1155, 647b09 – 648a18).

⁷⁵⁶ 得往生寂淨世界從此身已後更不受胞胎之身所生之處蓮華化生 (T. 1155, 649a13 – 649b09).

⁷⁵⁷ T. 1177A, J. *Daijō yuga kongōshōkai manjushiri senpisenpotsu daikyōōgyō* – See fasc. 7 and 8 for the Pure Land gate chapters (DZD, 331).

⁷⁵⁸ 一者無生門。二者無動門。三者平等門。四者淨土門。五者解脫門。(T.1177A, 724c24 - 724c25)

四者牟尼世尊說入左字觀本淨妙行義。是觀自在王如來說。為往昔千百億降伏瞋根。無量壽無忍自在佛說。是佛成道時。此佛因地作菩薩時。如來與說此左字觀。修入妙觀理趣淨土門(T. 726a07 - 726a11); 何次第得入淨土門一者入左字觀本淨妙行義觀自在王如來說妙觀理趣淨土門就此門中說有二品一者先演不思議法界聖道如來真如法藏自在聖智(No. 1177A, 757a07 – 757a13); Also consult the following section: T. 1177A, 728b04 - 753a18.

Land rebirth, as well as Buddhahood and rainmaking, simply would not have occurred to Amoghavajra. The highest goal of Mahāyāna Buddhism is the attainment of *anuttarā-samyak-saṃbodhi* 阿耨多羅三藐三菩提. Along the way to this goal, throughout virtually all major and minor Mahāyāna texts, the Bodhisattva attains rebirth in the Pure Lands of the ten directions, and the purification of their area of influence also results in the creation of a “Pure Land.” The *dhāraṇī* gate and the Secret Piṭaka (which at times were considered the same things) purport to lead beings to this and many other goals more quickly than could other forms of Buddhist practice.

Chapter II

Part IV

After Amoghavajra: The Esotericization of Chinese Buddhism

As Yan has argued, from the Song period on, Chinese Buddhism can be characterized as possessing three main features: Chan meditation, Esoteric rituals, and the aspiration for Pure Land rebirth as a ubiquitous soteriological goal, and from the Five Dynasties and into the Song (and as this chapter suggests, possibly even earlier) “Esoteric Pure Land” permeated the Chinese Buddhist tradition.⁷⁵⁹ As we will see from Chapters 4-6, these developments had a far ranging effect upon the greater East Asian Buddhist world, and each are reflected in the teachings of Dōhan in 12-13th century Japan. In China, after Amoghavajra, Zanning tells us, the “Esoteric” teaching degraded, and while it was practiced widely, no great masters emerged.⁷⁶⁰ Nevertheless, not only may we speak about the general “esotericization” of Chinese Buddhism, but we may

⁷⁵⁹ Yan, *Hanzhuan Mijiao*, 121-123.

⁷⁶⁰ Orzech, “Esoteric Buddhism under the Song: An Overview,” 421-424.

even go so far as to label “Esoteric Pure Land” as a significant dimension of the broader Mahāyāna Chinese Buddhist worldview.

One of the dominant features of this dimension of East Asian Mahāyāna Buddhism is the engagement with the tension between the “self/other” dichotomy as pertaining to the relationship between Buddhas and deluded beings. *Dhāraṇī* and mantra are not simply “self-power” technologies whereby beings seek to control their own destinies, but the chanting of these technologies of the mystery of speech could also be considered an act of faith. This is because these powerful words are not our words; they are the words of the Buddha. These words straddle two worlds, and the power of the Buddhas render them effective.⁷⁶¹

In 982, Emperor Taizong (r. 976-997) of the Northern Song established a new translation bureau that produced many of new texts, including many *tantras*.⁷⁶² Among these include the *Hevajra-tantra* 佛說大悲空智金剛大教王儀軌經 (T. 892),⁷⁶³ translated by the Indian monk Dharmarakṣa 法護 (?-1058),⁷⁶⁴ and the *Mañjuśrīmulakalpa* 大方廣菩薩藏文殊師利根本儀軌經 (T. 1191),⁷⁶⁵ translated by Tianxizai 天息災 (?- 1000),⁷⁶⁶ a monk from Kashmir active in China through the end of the 9th century. The *Mañjuśrīmulakalpa* makes numerous references to Pure Lands, emphasizing Sukhāvātī in particular, and discusses *wangsheng*, *nianfo*, Amitāyus, and Amitābha. Individual chapters from this text circulated independently.⁷⁶⁷ Tianxizai also

⁷⁶¹ Yan, *Hanzhuan Mijiao*, 120.

⁷⁶² Orzech, “Esoteric Buddhism under the Song,” 426. See also, Yoritomi, “Chūgoku mikkyō no nagare,” 34. Yoritomi suggests that when the Japanese monk Chōnen and Jōjin transmitted these texts.

⁷⁶³ T. 892, *C. Foshuodabeikongzhi jingang dajiaowang yiguijing*, *J. Bussetsu daihikūchi kongō daikyōō gikikyō*.

⁷⁶⁴ C. Fahu, *J. Hōgo*.

⁷⁶⁵ T. 1191, *C. Dafanguang pusazang wenshushili genben yiguijing*, *Daihōkōbosatsu monjushiri konpon gikikyō*.

⁷⁶⁶ C. Tianxizai, *J. Tensokusai*.

⁷⁶⁷ T. 1181, 大方廣菩薩藏經中文殊師利根本一字陀羅尼經, *C. Dafanguang pusazangjing zhong wenshushiligenben yizi tuoluonijing*, *J. Daihōkō bosatsu zōkyōchū monjushiri konpon ichiji daranikyō*, 1 fasc., corresponds to Chapter 9. DZD, 332; T. 1182, 曼殊師利菩薩咒藏中一字咒王經, *C. Manshushilipusa zhouzangzhong yizi zhouwangjing*, *J. Manjushiribosatsu juzōchū ichijijuōkyō*, 1 fasc., is an alternate version of T. 1181. (DZD, 332); T. 1215, 大乘方廣曼殊室利菩薩華嚴本教閻曼德迦忿怒王真言大威德儀軌品, *C. Dacheng fanguang manshushilipusa huayan benjiao yanman dejiafennuwang zhenyan daweideyiguipin*, *J. Daijō hōkō*

collaborated with Dānapāla and Fatian on the translation of the *Kāraṇḍavyūha* 佛說大乘莊嚴寶王經 (T. 1050)⁷⁶⁸ which states that in addition to the rapid attainment of rebirth, one is also able to witness Amitāyus preaching the Dharma in the Pure Land.⁷⁶⁹

Other important texts translated in this new bureau was the full translation of the *Sarvatathāgata-tattvasaṃgrahaṃ nāmamahāyāna-sūtra* 佛說一切如來真實攝大乘現證三昧大教王經 (T. 882),⁷⁷⁰ and the *Guhyasamāja-tantra* 佛說一切如來金剛三業最上祕密大教王經 (T. 0885),⁷⁷¹ both translated by Dānapāla.

Another important translator from this period was Dharmabhadra 法賢 (? – 1001)⁷⁷² from Nālandā who translated the *Foshuo yujia dajiaowang jing* 佛說瑜伽大教王經 (T. 890),⁷⁷³ which mentions Amitāyus and the delights of the Pure Land.⁷⁷⁴ The *Foshuo wuliang gongde tuoluoni jing* 佛說無量功德陀羅尼經 (T. 0934)⁷⁷⁵ presents *dhāraṇī* for the attainment of visions of Amitāyus.⁷⁷⁶ Another version of this text was translated by Dharmadeva 法天,⁷⁷⁷ also from Nālandā, active in China from 973-981: the *Aparimitāyur-mahāyānasūtra* 佛說大乘聖無量壽決

manjushiribosatsu kegon pongyō enman tokkyahunnuō shingon daiitokugikihon, 1 fasc., corresponds to Chapter 50 of the Sanskrit version (Āryamañjuśrīmūlakalpa) and to Chapter 33 of the Tibetan version held at Otani University (No. 162). One theory attributes this text to Amoghavajra. DZD, 339; T. 1216, 大方廣曼殊室利童真菩薩華嚴本教讚闍曼德迦忿怒王真言阿毘遮嚕迦儀軌品, C. *Dafanguang manshushili tongzhenpusa huayanbenjiaozhanyan mandejiafenmuwang zhenyan apizhelujia yigui pin*, J. *Daihōkōmanjushiri dōshinbosatsu kegonhongyōsan enmantokkyahunnuō shingon abisharokya giki hon*, 1 fasc., corresponds to Chapter 51 of the Sanskrit, and Chapter 34-35. Attr. Amoghavajra. DZD, 339; T. 1276, 文殊師利菩薩根本大教王經金翅鳥王品, C. *Wenshushilipusa genben dajiaowang jing jinchiniaowang pin*, J. *Monjushiribosatsu konpon daikyōō kyō konjichōō bon*, 1 fasc., variant text of T. 1191. DZD, 351.

⁷⁶⁸ T. 1050, C. *Foshuo dacheng zhuangyan baowang jing*, J. *Bussetsu daijōshōgon hōō kyō*.

⁷⁶⁹ 速得往生極樂世界面見無量壽如來聽聞妙法 (T. 1050, 50b05 – 51a29; 53a14- 53a28)

⁷⁷⁰ T. 882, C. *Foshuo yiqierulai zhenshi shedashengxianzheng sanmei jiaowangjing*, J. *Bussetsu issainyorai shinjitsu shōdaijō genshōzanmai daikyōōkyō*.

⁷⁷¹ T. 885, C. *Foshuo yiqierulai jingang sanye zuishang mimi dajiaowangjing*, J. *Bussetsu issainyorai kongōsangō saijōhimitsu daikyōōkyō*.

⁷⁷² C. Faxian, J. Hōken.

⁷⁷³ T. 890, J. *Bussetsu yuga daikyōō kyō*.

⁷⁷⁴ T. 890, 582b05-582b10.

⁷⁷⁵ T. 934, J. *Bussetsu muryōkudoku daranikyō*.

⁷⁷⁶ 得見無量壽佛 (T. 934, 80a27 – 80b07).

⁷⁷⁷ C. Fatian; J. Hōten.

定光明王如來陀羅尼經 (T. 937).⁷⁷⁸ He also translated the *Samāyoga-tantra* 佛說一切佛攝相應大教王經聖觀自在菩薩念誦儀軌 (T. 1051),⁷⁷⁹ which describes the attainment of the body, speech, and mind of Amitāyus,⁷⁸⁰ as well as post-mortem rebirth in Sukhāvātī.⁷⁸¹ There were many other “unambiguously” tantric texts translated at this time, most of which employ the idea of the Pure Land as both concrete soteriological goal as well as object of contemplation. It is highly likely that these “two” were not necessarily regarded as separate.

In the *Dazhong Xiangfu fabao lu* 大中祥符法寶錄⁷⁸² catalogue of texts (1013), Esoteric texts are assigned to a new category, the Secret Division of the Mahāyāna Corpus 大乘經藏秘密部.⁷⁸³ Even at this late date, by which “*Tantra*” had purportedly emerged as a distinct “kind” of Buddhism in India, in China, this distinction is treated as a bibliographic category falling well within the umbrella of the Mahāyāna.

Orzech, Keyworth, and others, have noted that this period lacks a clearly defined lineage of “Esoteric” masters, however, the rituals, images, and texts commonly associated with Esoteric Buddhism pervaded the Chinese Buddhist world, especially Sichuan.⁷⁸⁴ The most obvious example of an “Esoteric Pure Land” ritual that has permeated Chinese Buddhism is the *Foshuo jiuba yankou egui tuoluoni jing* 佛說救拔餓口餓鬼陀羅尼經 (T. 1313).⁷⁸⁵ This text was

⁷⁷⁸ T. 937, C. *Foshuodacheng shengwuliangshou jue ding guangmingwang rulai tuoluonijing*, J. Bussetsu daijō *shōmuryōju ketsujō kōmyō nyorai daranikyō*.

⁷⁷⁹ T. 1051, C. *Foshuo yiqie foshe xiangying dajiaowangjing shengguanizai pusa niansong yigui*, J. Bussetsu issai *butsu jōsōō daikyōōgyō shōkanjizaibosatsu nenjugiki*.

⁷⁸⁰ 得具足極樂世界無量壽佛身口意 (T. 1051, 65a10 – 65b01).

⁷⁸¹ 快樂命終之後當得生於極樂世界 (T. 1051, 65b27 – 65c03).

⁷⁸² Orzech, “Esoteric Buddhism under the Song,” 426; Comp. Zhao Anren 趙安仁 (958–1018) in the *Zhonghua da zang jing* 中華大藏經 (ZDJ) 73: 414–523.

⁷⁸³ Orzech, “Esoteric Buddhism under the Song,” 426. Citing ZDJ 73:420.

⁷⁸⁴ Orzech, “Esoteric Buddhism under the Song,” 427–430; Keyworth, “Esotericization,” 516; George A. Keyworth, “The Esotericization of Chinese Buddhist Practice,” EBTEA, 516–519

⁷⁸⁵ T. 1313, C. *Foshuo jiubayankou egui tuoluonijing*, J. Bussetsu kubatsuenku *gaki daranikyō*.

transmitted in the Tang by Amoghavajra (an earlier translation by Śikṣānanda, T. 1314⁷⁸⁶ also exists). During the Song, Tiantai ritual specialists greatly popularized this text.⁷⁸⁷

Orzech has translated this text, and examined the ritual structure of other versions, T. 1319⁷⁸⁸ and T. 1320.⁷⁸⁹ It should come as no surprise that one of the most important Esoteric traditions to survive down to the present is concerned in particular with the procurement of Pure Land rebirth for its intended object, the Hungry Ghosts 餓鬼 (C. *egui*, J. *gaki*).

Chapter II

Conclusion

This chapter examined the prevalence of Pure Land cosmology, thought, and aspiration within the Chinese Buddhist “Esoteric” literary corpus, or the Secret Piṭaka. The debate over what exactly constitutes this corpus has gone on for well over one thousand years, meaning that the matter will not be settled here. Rather, I suggest that one way of thinking about “Esoteric Buddhism” is to recognize it as an expression of a discourse fundamental to Mahāyāna Buddhism, as one manifestation of the broader effort toward establishing a superlative path—the most efficient path to Buddhahood—and not as an East Asian variant of a separate and objectively identifiable “Tantric Buddhism.”

An exhaustive study of these many texts compiled in this chapter is beyond the scope of this dissertation, but the resources amassed in this chapter should be of use in explaining the Pure Land history of “Esoteric Buddhism,” or the Esoteric history of “Pure Land Buddhism.” From

⁷⁸⁶ T. 1314, C. *Foshuo jiumianran egui tuoluoni shenzhoujing*; J. *Bussekkumennen gaki darani shinshukyō*.

⁷⁸⁷ Hun Y. Lye, “Song Tiantai Ghost-Feeding Rituals,” EBTEA, 521-524; Orzech, “Seeing Zhenyan,” 101-109, describes, Hungry ghost rituals found in T. 1319 and T. 1320, noting in particular the rituals utility for delivering the hungry ghosts to heavens and/or Pure Lands.

⁷⁸⁸ T. 1319, C. *Yujia jiyao yankou shishiqijiao anantuo zhuyou*, J. *Yuga shūyō enkusejikikyō ananda enyu*.

⁷⁸⁹ T. 1320, C. *Yujia jiyao yankoushishi yi*, J. *Yuga shūyō enkusejiki gi*.

the early *dhāraṇī* literature and the early “proto-” and tantric systems of the Tang, from the Song translation of the texts that came to be regarded as the major tantras of the Indo-Tibetan tradition, to the Hungry Ghost Burning Mouth ritual, aspiration for rebirth in Sukhāvātī has been, at least, a cosmological and soteriological presupposition. In many cases, Pure Land rebirth emerges as one of the dominant concerns for “Esoteric” literature in East Asia, however “Esoteric” might be defined.

This chapter serves as a basis for placing the following chapter concerning Japanese “Esoteric” discourse, within a broader East Asian Mahāyāna conversation. Japanese Buddhism is often studied as an object unto itself, divorced from its broader regional context; in some cases, the Japanese context has even been projected onto the Chinese context. Rather than employ Japanese developments as a litmus test for evaluating the rest of Buddhism, the intention here is first to establish what features of Japanese Esoteric discourse and Pure Land aspiration may be found in common with the Chinese tradition. As will the following chapter will show, 8th to 12th century Japanese developments may in fact be seen as largely contiguous with the ideas and practices outlined here.

CHAPTER III

EARLY JAPANESE “ESOTERIC PURE LAND”

Introduction

Within the “Mahā/Vajrayāna” ritual and doctrinal world of the greater East Asian cultural sphere, the goal of rebirth in the Buddha Amitābha’s 阿彌陀如來⁷⁹⁰ Pure Land Sukhāvātī 極樂淨土 (C. *Jile jingtu*, J. *gokuraku jōdo*), or in the Bodhisattva Maitreya’s 彌勒菩薩⁷⁹¹ Tuṣita heaven 兜率天 (C. Doushuo Tian, J. Tosotsu Ten), has remained prominent.⁷⁹² Throughout the early history of Buddhism in Japan (6th -12th centuries), many of the ritual technologies for rebirth in a Pure Land were the same ones most often labeled by scholars as “Esoteric.” However, the importance of Pure Land thought in the development of Esoteric Buddhist thought and practice in Japan has been largely ignored or misunderstood. This chapter will examine the prominence and diversity of “Esoteric Pure Land” 密教淨土教 (C. *mijiao jingtujiao*, J. *mikkyō jōdokyō*)⁷⁹³ in the early history of Japanese Buddhism as a site for the articulation and

⁷⁹⁰ C. Amituo Rulai, J. Amida Nyorai.

⁷⁹¹ C. Mile Pusa, J. Miroku Bosatsu.

⁷⁹² See Chapter I, Introduction and Part III, and Chapter II, Introduction and Part I, for an examination of the idea of “Mahā/Vajrayāna” as a heuristic strategy for rethinking the purported divide between Mahāyāna Buddhism and Vajrayāna Buddhism as discrete objects of academic inquiry.

⁷⁹³ For reasons addressed in the Introduction, and Chapters I and II, the term “Esoteric Pure Land” and the Sino-Japanese equivalent, 密教淨土教 (C. *mijiao jingtu*, J. *mikkyō jōdokyō*), may catch some scholars off guard. According to many scholars, “Pure Land” is inherently oriented toward post-mortem salvation in the Pure Land of a Buddha, and “Esoteric” Buddhism is inherently oriented toward the attainment of Buddhahood in this world. However, this is an anachronistic over simplification that this dissertation seeks to address. *Mikkyō jōdokyō* is an neo-logism of my own creation. See: Tomabechi Seiichi 苦米地誠一, *Heianki shingonmikkyō no kenkyū: Heianki*

contestation of orthodoxy and identity formation, and it will survey a wide range of primary and secondary sources to lay the ground work for the examination of Dōhan's thought in Chapters IV - VI.

The academic study of Japanese Buddhist history remains to this day defined by the contemporary sectarian landscape of early-modern and modern Japan. In the early 17th century, the Tokugawa Shōgun 徳川將軍 decreed that all temples and subjects must be affiliated with a particular, and clearly defined, sectarian institution, and that these institutions must establish and maintain set orthodoxy positions and refrain from mixing with or critiquing the positions of other groups. This policy led to an emphasis on founder worship and the designation of orthodox textual interpretations for canonical texts. Later, during the late-19th and early-20th centuries, Japanese Buddhist seminaries were transformed into European style universities, adapted to the Western model for the academic study of Buddhism. These developments resulted in the creation of distinct and clearly defined areas of study. As products of this highly influential hybrid model, contemporary scholars in Japan and the Anglophone world have been socialized into artificially constructed disciplinary regimes. As a result, something like “Esoteric Pure Land” rarely even registers on the radar of most scholars.⁷⁹⁴

Scholarship on Japanese Esoteric Buddhism, often referred to as *mikkyō* 密教, has tended to focus upon the life and doctrine of Kōbō-Daishi Kūkai 弘法大師空海 (774 - 835), often regarded as the transmitter of a new “kind” of Buddhism and the founder of a new school of Japanese Buddhism, the Shingon School 眞言宗. As a result, scholars interested in “Esoteric Buddhism,” almost inevitably use Kūkai as the *telos* for all teachings and practices that preceded

no shingonmikkyō to mikkyōjōdokyō 平安期真言密教の研究: 平安期の真言教学と密教浄土教, vol. 2 (Tokyo: Nonburu sha ノンブル社, 2008).

⁷⁹⁴ For more on this issue, see the Introduction to this dissertation, as well as Chapter I, especially Parts II and III, and Chapter V, Part I.

him, and employ his *sokushin jōbutsu* 卽身成佛 concept, said to indicate the immanentist attainment of “Buddhahood in this very body,” as the litmus test to measure whether or not a given practice or idea is “pure-esotericism” 純密 (J. *junmitsu*) or “miscellaneous esotericism” 雜密 (J. *zōmitsu*).⁷⁹⁵

Likewise, scholars of Pure Land Buddhism have tended to orient the study of Pure Lands around the doctrinal writings of either Hōnen 法然 (1133-1212) or Shinran 親鸞 (1173-1263), the “founders” of the Jōdoshū 淨土宗 and Jōdo Shinshū 淨土真宗 traditions, respectively. As a result, the diversity of Pure Land perspectives in premodern Japanese and East Asian Buddhism, particularly those contemporary to and following the careers of the Pure Land founders, has been neglected. This is even more so the case with texts and institutions said to be “Esoteric” in nature. In other words, in order to better understand the development of Pure Land thought in Japan, and the Esoteric ritual lineages and discourses that dominated that environment, we must move beyond “sectarian consciousness” 宗派意識 (J. *shūha ishiki*) as the dominant organizing rubric in the study of Japanese Buddhism. In order to chart the early development of “Esoteric Pure Land” in Japan, we will first establish that for early Buddhists in Japan “Esoteric Buddhism”⁷⁹⁶

⁷⁹⁵ See Chapter II, Introduction and Part I.

⁷⁹⁶ The basic definition for “Esoteric Buddhism” as used in this dissertation was explained in the previous chapters. Rather than denoting a Japanese version of a trans-historical “Tantrism,” Esoteric Buddhism is here employed as an umbrella term to signify the tendency within the construction of Mahāyāna discursive and polemical positions to differentiate between high/low, big/small, rapid/gradual, easy/difficult, superlative/common, and hidden/revealed (esoteric and exoteric), as expressed through the ritual theory and discourse derived from tantric ritual systems. The term “Esoteric” is here used to create a space for engaging the complex discursive positions constructed in relation to diverse genres of Mahāyāna *dhāraṇī* and *tantra* literature and ritual culture. As such, the term here basically means “Mahā/Vajrayāna,” indicating a Mahāyāna sub-discourse built around the tantras (and related Mahāyāna ritual texts), a non-dualist theory of the efficacy of ritual speech acts, the image of the *vajra* as a symbol for the immutable bodhi-mind fundamental as to all existence, and, of course, closely guarded secret ritual lineages.

and “Pure Land Buddhism”⁷⁹⁷ were understood as coterminous features (or dimensions) of a highly diverse and multifaceted cosmopolitan Mahāyāna culture.

The term *kenmitsu* (literally meaning “exoteric/esoteric,” or “revealed/secret”)⁷⁹⁸ was popularized by Kuroda Toshio 黒田俊雄 (1926-1993) as a way to describe the interconnected environment of medieval Japanese religion and politics. According to Kuroda, the *kenmitsu taisei* 顯密體制, or exo/esoteric system, was an elite discourse that permeated Japanese Buddhism in which *mitsu* or “secret” ritual lineages based in the study of the tantras, and *ken* or “revealed,” doctrinal lineages functioned together as a fluid yet hierarchically oriented “orthodoxy.” My contribution to this ongoing conversation will be addressed in Chapters IV – VI; however, I will briefly contend that in order for the conversation to move forward, we must stop treating Japan like an “island nation,” and recognize that the *kenmitsu* discourse was crafted in dialogue with “Mahā/Vajrayāna” Buddhist texts and traditions on the continent from the very inception of the Japanese Buddhist tradition.⁷⁹⁹ In other words, Kuroda’s theory may be

⁷⁹⁷ The basic definition for “Pure Land” was also explained in the previous chapters. This term is not to be confused with, nor limited to, the Pure Land traditions that evolved on Hieizan, or those stemming from the teaching career of Hōnen or Shinran. Rather, this term is here used to think broadly about Mahāyāna cosmology (the “Buddha-verse” is filled with innumerable realms, each presided over by a Buddha) and soteriology (along the bodhisattva path one is able to study under Buddhas in innumerable “purified” realms, thus attaining Buddhahood faster).

⁷⁹⁸ The term “*kenmitsu*,” though common in medieval Japan as a way of denoting the dialectic between accommodated and essential, basic and advanced, provisionally true and ultimately true, or perhaps “exoteric and esoteric,” was made popular as a way of talking about medieval Japanese religion as a coherent system by Kuroda Toshio in the 1970s. For Kuroda, the term has a highly political meaning. The *kenmitsu* system existed to legitimate rulership, and did not breakdown until the institutions of *kenmitsu* system began to lose power during the unstable 14th and 15th century. This issue will be examined in greater detail below in this chapter, and will be one of the main points of contention for Chapters IV-VI. Kuroda Toshio 黒田俊雄, *Nihon chūsei no kokka to shūkyō* 日本中世の国家と宗教 (Tokyo: Iwanami shoten 岩波書店, 1975); *Nihon chūsei shakai to shūkyō* 日本中世社会と宗教 (Tokyo: Iwanami shoten, 1990); *Kenmitsu taisei ron* 顯密体制論 (Kyoto: Hōzōkan, 1994); James C. Dobbins, ed. *Japanese Journal of Religious Studies, Special Issue: Kuroda Toshio and his Scholarship* (1996); Richard K. Payne, ed., *Re-Visioning “Kamakura” Buddhism* (Honolulu: University of Hawaii Press, 1998).

⁷⁹⁹ Islands are surrounded by water, which, rather than representing a barrier to the outside world, acted like a highway. The more research is done in material culture the more evident it becomes that “officially” recognized contact was but the tip of the iceberg! Moreover, Japan was not a “nation” until the modern period, and yet the diversity of premodern culture has been streamlined in order to fit into a nationalist narrative. The call to examine the *kenmitsu* system in the broader East Asian context has recently been articulated by Kamikawa Michio 上川通夫, *Nihon chūsei Bukkyō to Higashi Ajia sekai* 日本中世仏教と東アジア世界 (Tokyo: Hanawa Shobō 塙書房, 2012).

employed to suggest, as scholars of Tibetan, Indian, and Chinese Buddhism have suggested, that the traditions often subsumed under the rubric of Esoteric/Tantric Buddhism was likely never understood as a thing unto itself, as a “kind” of Buddhism, but was rather a Mahāyāna polemical sub-discourse used by Buddhists to draw upon and critique other Mahāyāna strategies and technologies. In other words, the *kenmitsu* concept, when read within its broader East Asian context might be productively reimagined as similar to the “Mahā/Vajrayāna” concept discussed in the previous chapters.

Many scholars have followed the lead of Inoue Mitsusada 井上光貞 in arguing that beginning in the 10th century, “Pure Land Buddhism” emerged as a reformation movement in protest against the decadent and elitist “Esoteric Buddhism” of the period. These scholars argue that political and social unrest caused by the collapse of the *shōen* 莊園 provincial estate land and tax administration and management system, and the 9th to 10th century rise of the warrior class, lead aristocrats and commoners alike to reject the aristocratic and elitist ritualism of the “Esoteric” schools (Shingon and Tendai) in favor of a more egalitarian and other-worldly oriented “Pure Land Buddhism.” This meta-narrative was critiqued by Kuroda and Hayami Tasuku 速水侑 from the 1970s, and by Kakehashi Nobuaki 梯信暁 and Tomabechi Seiichi 苫米地誠一 more recently. Drawing upon their work, and others, this chapter will argue that it is no mere coincidence that the so-called “Pure Land schools” developed out of an “esotericized” (*mikkyōka* 密教化) Hieizan. These scholars have demonstrated that whatever else this “Pure Land Buddhism” was, it was also deeply dependent upon, and participatory in, the broader

Vajrayāna ritual culture that had evolved in Japan over the course of Japanese Buddhist history.⁸⁰⁰

In the construction of “Pure Land” as an object of study, we cannot assume a devotional style that is focused on the Buddha Amitābha or the Pure Land Sukhāvātī, nor can we assume the centrality of the incantation of the six syllable “*Namu Amida Butsu* 南無阿彌陀佛,” nor can we dismiss the use of this chant when it is used for thaumaturgical or “magical” 呪術 (*C. zhoushu*, *J. jujutsu*) purposes. Rather, we must scrutinize each context itself as the ultimate arbiter of what “Pure Land” might entail. In other words, rather than imposing a category from the outside, categories must be designed in dialogue with particular contexts. Similarly, in the case of “Esoteric Buddhism,” we cannot assume that polemical or apologetic heuristic devices, such as the distinction between pure and miscellaneous, or the distinction between esoteric and exoteric, maintain inherent descriptive or interpretive value for all contexts—but neither should we dismiss such distinctions outright simply because they originate in the works of a great Buddhist thinker or in the minds of later interpreters of a tradition.⁸⁰¹ Aside from a few elite monks, very few Buddhists would have ever explicitly seen themselves as *doing* Esoteric or Pure Land Buddhism as things unto themselves. Rather, in times of need, Buddhists typically turned to ritual specialists as professionals, not only proficient in a broad range of areas of doctrinal specialization, but also versed in ritual traditions regarded as the highest technologies of their day.

⁸⁰⁰ Inoue Mitsusada 井上光貞, *Nihon jōdokyō seiritsushi no kenkyū* 日本浄土教成立史の研究 (Tokyo: Yamakawa Shuppansha, 1956); Kuroda, *Shūkyō to Kokka*; Hayami Tasuku 速水侑, *Jōdo shinkō ron* 浄土信仰論 (Tokyo: Yūzankaku Shuppan 雄山閣出版, 1978); Kakehashi Nobuaki 梯信暁, *Jōdokyō shisōshi: Indo, Chūgoku, Chōsen, Nihon* 浄土教思想史：インド・中国・朝鮮・日本 (Kyoto: Hōzōkan, 2012), which is a textbook on the history of Pure Land thought up to Shinran, based on his earlier work, *Nara, Heianki jōdokyō tenkairon* 奈良・平安期浄土教展開論 (Kyoto: Hōzōkan, 2008).

⁸⁰¹ Tomabechi Seiichi 苜米地 誠一, “Nara jidai no mikkyō kyōten 奈良時代の密教経典,” in *Shoki mikkyō—shisō, shinkō, bunka* 初期密教——思想・信仰・文化, ed. Takahashi Hisao 高橋尚夫, et. al. (東京, Shunjusha 春秋社 2013), 293-296.

This chapter, covering roughly the 6th to 12th centuries, is divided into four parts. Part I investigates early Japanese Buddhist (6th to 9th cent.) engagement with different genres of Mahāyāna literature, especially those presenting rituals for exerting control over “this” world and the “next.” This section will examine the spells, images, *dhāraṇī*, texts, ritual professionals (orthodox and otherwise) employed by the rulers of the early Yamato 大和 state, and the founding of the major Buddhist monasteries, focusing in particular on Tōdaiji 東大寺 and the Daibutsu 大佛 (“Great Buddha”).⁸⁰² This section investigates the early configuration of the concept of “Pure Lands,” political and/or postmortem, and the ritual technologies now conventionally referred to as *komikkyō* 古密教, or “old Esoteric Buddhism.”⁸⁰³

Part II reconsiders the nature of Kūkai’s contribution to Japanese Buddhism, and seeks to contextualize him both within his particular Nara institutional context and broader Sinitic cultural context. Certainly, when Kūkai returned from almost two years of study in China in 806, he introduced to Japan a theory of ritual speech and performance that relied heavily upon genres of Mahāyāna literature known as *giki* 儀軌 (Skt. *kalpa, tantra, vidhi*), which had been underrepresented in Japan before his career. However, recent scholarship on Kūkai and Esoteric Buddhism in East Asia suggests that Kūkai’s systematic and comprehensive approach to the Buddhadharma should be read not as the founding of a “school,” nor the introduction of a new

⁸⁰² Joan R. Piggott, *The Emergence of Japanese Kingship* (Stanford: Stanford University Press, 1997); Herman Ooms, *Imperial Politics and Symbolics In Ancient Japan: The Tenmu Dynasty, 650-800* (Honolulu: University of Hawai’i Press, 2009); Michael Como, *Shōtoku: Ethnicity, Ritual, and Violence In the Japanese Buddhist Tradition* (Oxford: Oxford University Press, 2008), and *Weaving and Binding: Immigrant Gods and Female Immortals in Ancient Japan* (Honolulu: University of Hawai’i Press, 2009); Allan G. Grapard, *The Protocol of the Gods: A Study of the Kasuga Cult In Japanese History* (Berkeley: University of California Press, 1992); Dorothy C. Wong, and Eric M. Field, *Hōryūji Reconsidered* (Newcastle, UK: Cambridge Scholars Publishing, 2008); Nemoto, Seiji 根本誠二, *Nara jidai no sōryo to shakai* 奈良時代の僧侶と社会 (Tokyo: Yūzankaku 雄山閣, 1999), *Tenpyōki no sōryo to tennō: sōdōkyō shiron* 天平期の僧侶と天皇: 僧道鏡試論 (Tokyo: Iwata Shoin 岩田書院, 2003), *Nara Bukkyō to Mikkyō* 奈良仏教と密教 (Tokyo: Koshi Shoin 高志書院, 2011).

⁸⁰³ *Komikkyō: Nihon Mikkyō No Taidō: Tokubetsuten* 古密教: 日本密教の胎動: 特別展 (Nara 奈良: Nara Kokuritsu Hakubutsukan 奈良国立博物館, 2005); Nakano Satoshi 中野聡, *Nara jidai no Amida nyoraizō to jōdo shinkō* 奈良時代の阿弥陀如来像と浄土信仰 (Tokyo: Bensei Shuppan 勉誠出版, 2013).

“kind” of Buddhism,⁸⁰⁴ but rather, as the development of a new *jiaoxiang panjiao* 教相判釋 (J. *kyōsō hanjaku*), commonly abbreviated as *panjiao*. This interpretive polemical rubric (*panjiao*) was based in part on *dhāraṇī* and spell literature already existing in Japan, the introduction of new genres of ritual manuals (*tantras*, etc.), as well as upon a sophisticated theory of ritual language that draws upon the Mahāyāna “exo/esoteric” dialectic found throughout the broader South and East Asian Buddhist world. This section also presents early “Esoteric Pure Land” literature attributed to Kūkai and the various theories concerning Kūkai’s entry into eternal samādhi *and/or/as* Pure Land rebirth atop Kōyasan 高野山.⁸⁰⁵

Part III, investigates the rise of Hieizan 比叡山 as the dominant force in early Japanese religious and political history.⁸⁰⁶ This section investigates Saichō’s 最澄 (767-822) efforts to establish Hieizan as an independent institution, free from Nara hegemony, and argues that following the development of “Taimitsu 台密” (Tendai *mikkyō* 天台密教) by Ennin 圓仁 (794-864), Enchin 圓珍 (814-891), Annen’s 安然 (841-902?), and Ryōgen’s 良源 (912-985) successful establishment of Hieizan as the dominant Buddhist power in Japan, “Esoteric Pure Land” emerged as a dominant feature of premodern Japanese religion. Following this, this section also considers the emergence of “Pure Land Buddhism” and *hongaku* 本覺 “original

⁸⁰⁴ Ryūichi Abe, *The Weaving of Mantra: Kūkai and the Construction of Esoteric Buddhist Discourse* (New York: Columbia University Press, 1999).

⁸⁰⁵ Gorai Shigeru 五来重, *Kōyasan to Shingon Mikkyō no kenkyū* 高野山と真言密教の研究 (Tokyo: Meicho Shuppan 名著出版, 1976); Wada Shūjō 和田秀乘, *Kōyasan shinkō no keisei to tenkai* 高野山信仰の形成と展開 (Kyoto: Hōzōkan 法蔵館, 1997); Shirai Yūko 白井優子, *Kūkai densetsu no keisei to Kōyasan: nyūjō densetsu no keisei to Kōyasan nōkotsu no hassei* 空海伝説の形成と高野山: 入定伝説の形成と高野山納骨の発生 (Tokyo: Dōseisha 同成社, 1986), and *Inseiki Kōyasan to Kūkai nyūjō densetsu* 院政期高野山と空海入定伝説 (Tokyo: Dōseisha, 2002); Hyōtani Kazuko 俵谷和子, *Kōyasan shinkō to kenmon shinshi: Kōbō daishi nyūjō densetsu wo chūshin ni* 高野山信仰と権門貴紳: 弘法大師入定伝説を中心に (Tokyo: Iwata Shoin, 2010); 村上弘子, 高野山信仰の成立と展開 (Tokyo: Yūzankaku 雄山閣, 2009).

⁸⁰⁶ Paul Groner, *Saichō: The Establishment of the Japanese Tendai School* (Honolulu: University of Hawai‘i Press, 2000), and *Ryōgen and Mount Hiei: Japanese Tendai in the Tenth Century* (Honolulu: University of Hawai‘i Press, 2002); Jinhua Chen, *Legend and Legitimation: The Formation of Tendai Esoteric Buddhism In Japan* (Bruxelles: Institut belge des hautes études chinoises, 2009).

enlightenment” discourse through an examination of the works of other prominent Heizan monks versed in *kenmitsu* ritual and doctrine: Senkan 千觀 (918-983), Zenyu 禪瑜 (913?-990), Genshin 源信 (942-1017), and Ryōnin 良忍 (1073-1132).⁸⁰⁷

Part IV, builds upon parts I-III by proposing that the simultaneous (re)emergence of “Kūkai studies”⁸⁰⁸ 空海學 and the rise of Kōyasan as a major pilgrimage center⁸⁰⁹ depended upon the confluence of efforts by “Esoteric Pure Land” thinkers in Nara, Heizan, and Heian-kyō Buddhist temples, such as Eikan 永觀 (1033-111) and Chingai 珍海 (1091-1152), Jōyo 定譽 (958 - 1047), Ninkai 仁海 (951-1046), Saisen 濟暹 (1025-1115), and Jippan/Jitsuhan 實範 (?-1144), and so on. Next, this section then focuses on the life and thought of Kakuban 覺鑊 (1095-1143), tracking his meteoric rise through the ranks of Kōyasan’s monastic hierarchy in the context of Insei period 院政期, and his “*himitsu nenbutsu* 祕密念佛” (“secret” Buddha contemplation) thought. Ultimately, this chapter is designed to pursue the various threads throughout the Nara and Heian period that laid the foundation from which Dōhan’s medieval Kōyasan “Esoteric Pure Land” culture emerged.

⁸⁰⁷ On the development of *mikkyō* in the Heizan lineages, I relied upon: Mizukami Fumiyoshi 水上文義, *Taimitsu shisō keisei no kenkyū* 台密思想形成の研究 (Tokyo: Shunjūsha 春秋社, 2008); Misaki Ryōshū 三崎良周, *Taimitsu no Kenkyū* 台密の研究 (Tokyo: Sōbunsha 創文社, 1988); Ōkubo Ryōshun 大久保良峻, *Taimitsu kyōgaku no kenkyū* 台密教学の研究 (Kyoto: Hōzōkan, 2004). For the development of *hongaku* thought, I focused on Ōkubo Ryōshun, *Tendai kyōgaku to hongaku shisō* 天台教学と本覚思想 (Kyoto: Hōzōkan, 1998); Jacqueline I. Stone, *Original Enlightenment and the Transformation of Medieval Japanese Buddhism* (Honolulu: University of Hawai’i Press, 1999). Regarding the development of Heizan Pure Land thought, I drew upon: Satō, Tetsuei 佐藤哲英, *Eizan Jōdokyō no kenkyū* 叡山浄土教の研究 (Kyōto-shi: Hyakkaen 百華苑, 1979); Nara Hiromoto 奈良弘元, *Shoki Eizan Jōdokyō no kenkyū* 初期叡山浄土教の研究 (Tokyo: Shunjūsha, 2002).

⁸⁰⁸ Abe Ryūichi, “From Kūkai to Kakuban: A Study of Shingon Buddhist Dharma Transmission” (PhD, diss., Columbia University, 1991).

⁸⁰⁹ William Londo, “The Other Mountain: The Mt. Kōya Temple Complex in the Heian Era” (PhD, diss., University of Michigan, 2004); Ethan Lindsay, “Pilgrimage to the Sacred Traces of Kōyasan: Place and Devotion in Late Heian Japan,” (PhD, diss., Princeton University, 2012); Donald Drummond, “Negotiating Influence: the Pilgrimage Diary of Monastic Imperial Prince Kakuhō,” (PhD, diss., Graduate Theological Union, 2007).

Chapter III

Part I

Buddhism in the Nara Capital: Ritual Power and the Next World

It has been suggested that Yamato state (the name of one of the early states on the archipelago we now call “Japan”) centralization was in part prompted by the rise of the Sui-Tang 隋唐 (581-618, and 618-907, respectively), and subsequent the fall of Paekche 百濟 in 660.⁸¹⁰ Beginning perhaps in the mid-6th century, Paekche emissaries began sending Buddha statues and Buddhist texts as a means of establishing ties with powerful chieftains and kinship groups inhabiting the archipelago. By this point, continental modes of material and intellectual culture had perhaps already been trickling in for quite some time, but with the expansion and collapse of regimes on the continent, that process accelerated.⁸¹¹ Many scholars now consider the dates of the purported introduction of Buddhism, 538 or 592, represent the official acknowledgement of practices that had been going on for some time among recently immigrated kinship groups, and perhaps others as well.

Herman Ooms and Michael Como have examined the various political and military events that led to the establishment of Buddhism as a state religion. While this process is usually described as the introduction of a “foreign” religion confronting a “native” religion, we should keep in mind that many of the so-called “indigenous” traditions against which Buddhism is often contrasted also seem to have been relatively recently imported.⁸¹² For example, the defeat of the Mononobe 物部 clan by the Soga 蘇我 clan in 587 should not be viewed as a “pro-Shintō”

⁸¹⁰ Abe, *Weaving*, 27.

⁸¹¹ Dates for the introduction of Buddhism are highly speculative. See: Yoshida Kazuhiko, “Religion in the Classical Period,” in *Nanzan Guide to Japanese Religions*, ed. Paul L. Swanson and Clark Chilson (Honolulu: University of Hawaii Press, 2006), 145-146.

⁸¹² Herman Ooms, *Imperial Politics and Symbolics in Ancient Japan: The Tenmu Dynasty, 650-800* (Honolulu: University of Hawai’i Press, 2009); Michael Como, *Weaving and Binding: Immigrant Gods and Female Immortals in Ancient Japan* (Honolulu: University of Hawai’i Press, 2009).

Mononobe versus a “pro-Buddhist” (and thus “pro-foreign”) Soga. Rather, when viewed in the context of similar political conflagrations from this period, these clans appear as only two rival groups *both* employing recently imported forms of ritual knowledge to vie for position at court. The early promotion of Buddhism must be viewed in the context of the struggle for power of different families over and against one another at the center of Yamato state formation, not a nativist culture trying to survive in the face of foreign encroachment.

The individual usually credited as having truly established Buddhism in Japan is Shōtoku Taishi 聖德太子 (574-622).⁸¹³ Shōtoku was installed as the regent of Empress Suiko 推古天皇 (554-628; r. 592-628), after Soga no Umako 蘇我馬子 (551-626) assassinated Emperor Sushun 崇峻天皇 (520-592; r. 588-592) in 592. Until quite recently, Shōtoku was also conventionally regarded as the author of three of the most important early Japanese commentaries on Buddhist texts: *Hokke gisho* 法華義疏 (T. 2187), *Yuimagyō gisho* 維摩經義疏 (T. 2186), and *Shōmangyō gisho* 勝鬘經義疏 (T. 2185). While Shōtoku’s authorship is now doubted by scholars, there is no doubt about the popularity of these commentaries, as they which were cited by the great Sanron/Pure Land scholar Chikō 智光 (? - ca. 776), and others.

These commentaries clearly demonstrate that Nara Buddhist intellectuals maintained a high degree of cultural fluency in Mahāyāna thought and had a particular affinity for Pure Lands as desirable locations for future rebirth. According to Inagaki, the “Shōtoku” portrayed in these commentaries believed that, “sentient beings have their own land of reward and retribution, whereas Buddhas dwell in no fixed lands; Bodhisattvas above the seventh stage are the same as Buddhas in that they have no abode. But Buddhas and those Bodhisattvas can manifest lands by

⁸¹³ Michael Como, *Shōtoku: Ethnicity, Ritual and Violence in the Japanese Buddhist Tradition* (Oxford: Oxford University Press, 2008); Kevin G. Carr, *Plotting the Prince: Shōtoku Cults and the Mapping of Medieval Japanese Buddhism* (Honolulu: University of Hawai’i Press, 2012).

their supernatural powers in order to save sentient beings.”⁸¹⁴ As a result, for a long time scholars held that surely Shōtoku would have been an aspirant for Pure Land rebirth, and the Jōdo Shinshū School still ranks him among the Japanese Pure Land patriarchs.

However, over the last several decades, a new scholarly consensus has established: Shōtoku was likely not an aspirant for Pure Land rebirth as it he has traditionally been understood. Many scholars contend that belief in the afterlife in the 6th and 7th centuries likely drew upon earlier pre-Buddhist (possibly “Daoist”) conceptions of a spirit world.⁸¹⁵ The consensus among Japanese scholars seems to be that rather than individual aspiration for rebirth in the Pure Land of Amitābha, a prominent feature of Japanese Buddhism from the 10th century, early sources seem to reveal instead that aristocrats invested in statues and temples for the purpose of pacifying the spirits of ancestors and quelling the spirits of recently dispatched rivals. The Pure Land was seen as such an attractive location for their rebirth, that there would be no reason for these spirits to return and bother the living. Accordingly, rituals were designed to care for the dead, both friend and foe. Sending beings to the Pure Land was seen as a deliberate strategy to maintain order in this world. At this time, the boundary between this world and “that” world was believed to be quite permeable. Pure Land oriented rituals then served as a way to render the boundary more substantial. This way of conceiving of pursuing rebirth in the Pure Land through the cultivation and transference of merit is referred to as *tsuizen jōdo* 追善淨土 (“Pure Land [rebirth through] pursuing the good”), and it is often derided in secondary academic literature as an inauthentic form of Pure Land practice that demonstrates a lack of engagement with “true” Mahāyāna thought. However, the term *tsuizen* signifies the cultivation of good roots

⁸¹⁴ Hisao Inagaki, *The Three Pure Land Sutras: A Study and Translation from Chinese* (Kyoto: Nagata Bunshōdo, 1995), 141.

⁸¹⁵ Perhaps the most useful English language source on early Pure Land in Japan, which nicely summarizes and synthesizes current and past scholarship on this topic, is: Robert F. Rhodes, “The Beginnings of Pure Land Buddhism in Japan: From its Introduction through the Nara Period,” *Japanese Religions* 31.1 (2006): 1-22.

for the establishment of connections with Buddhas and Bodhisattvas and fortunate future rebirths, a practice fundamental to Mahāyāna Buddhism *in practice*.⁸¹⁶ Much of the scholarship on this period is obsessed with finding Pure Land thought resembling the Pure Land thought of later ages—the Kamakura period (1195-1333), in particular. Because these scholars assume that later “faith-focused” Japanese Pure Land Buddhists represents a more complete revelation of the true Mahāyāna, the centrality of *jujutsu* 呪術, or “spellcraft,” Pure Land activity in Nara and Heian religion is regarded unfavorably.

Unlike the situation described in these accusations, even at this early period there existed a deep engagement with a variety of Mahāyāna literary sub-genres. Some of these sub-genre’s focus on the nature of the Pure Land, while others focus on the mastery of spells, but often both are of concern. *Tsuizen* devotion in fact represents a fairly sophisticated and accurate understanding of the Mahāyāna understanding of spells, incantations, and other ritualized speech acts in Mahāyāna literature.

The first references to a Japanese monk who preached the Pure Land concern the monk Eon 惠隱 (early 7th cent.). Eon was an early Japanese scholar of Madhyamaka 三論 (C. Sanlun, J. Sanron), possibly of Chinese descent.⁸¹⁷ In 608, he accompanied the diplomat Ono no Imoko 小野妹子 (late-6th – early-7th cent.) to China, where he stayed for over 30 years. Upon his return, around 639, he was invited to the imperial palace to deliver the first lecture on Buddhism recorded in Japanese history.

The weight of this obligation must have weighed heavily upon Eon’s mind. After such a long period of study in China, he must have had at his disposal a vast corpus of Buddhist texts

⁸¹⁶ Hayami, *Jōdoshinkōron*, 60-66.

⁸¹⁷ Inagaki, *Pure Land Sutras*, 143; MBD, 264b.

from which to lecture. He chose the *Sukhāvātīvyūha-sūtra* 無量壽經 (T. 360).⁸¹⁸ This choice might suggest that the intended audience was already “fluent” in Buddhist matters to a certain extent, or that they already knew of the Pure Land as a soteriological goal and cosmological reality. In 652, Eon was asked to deliver the same lecture again, but this time his audience included over 1000 monks. Such a large number suggests that along with *tsuizen jōdo* thought, we also see a rather broad diffusion of knowledge and interest in the Pure Land Sukhāvātī and the Buddha Amitābha.

The Pure Land and Spellcraft

The *Nihonshoki* 日本書紀, *Shōsōin monjo* 正倉院文書, *Shoku nihongi* 續日本紀, and the *Nihon Ryōiki* 日本靈異記 record that in addition to the standard Mahāyāna texts often associated with the introduction of Buddhism to Japan, so-called “Esoteric” texts and *dhāraṇī* 陀羅尼 (C. *tuoluoni*, J. *darani*) literature also constituted major areas of interest for early Buddhist scholars and ritualists in Japan. Nor was this happenstance: These texts were intentionally imported and sought after by monks in Japan well over a century before Kūkai introduced his Esoteric Buddhist ritual system.⁸¹⁹

Beghi has noted that many of the most important early Japanese Buddhist thinkers were also interested in the texts and rituals that contemporary scholars often label as “Esoteric” or “proto-Esoteric.” Indeed, given the complexity of Chinese engagement with spell, *dhāraṇī*, and tantric literature, it should come as no surprise that the monastics who first established the key areas of specialized knowledge, all of whom were attentive to developments on the continent,

⁸¹⁸ C. *Wuliangshou jing*, J. *Muryōjūkyō*.

⁸¹⁹ Beghi, “The Dissemination of Esoteric Scriptures in Eighth Century Japan,” EBTEA, 661, 675-681; James L. Ford, “Exploring the Esoteric In Nara Buddhism,” 777.

would also have taken interest in what some scholars might regard as the Esoteric corpus. After all, *dhāraṇī* and “Esoteric” texts were already rather broadly diffused in the Chinese Buddhist world by the 7th and 8th centuries.⁸²⁰

In 660, a monk named Dōshō 道昭/道照 (629–700), often regarded as the transmitter of Yogācāra 法相 (C. Faxiang, J. Hossō) to Japan at Gangōji 元興寺 (the ancestral temple of the Soga clan), returned from China with a large number of texts. Among them was the *Vajramaṇḍa-dhāraṇī* 金剛場陀羅尼經 (T. 1345),⁸²¹ translated by Jñānagupta 闍那崛多 (561–592).⁸²² Dōshō had studied under Xuanzang 玄奘 (602–664)⁸²³ and Kuiji 窺基 (632–682)⁸²⁴ for seven years. As mentioned in the previous chapter, Xuanzang was also one of the most important transmitters of Indian Buddhist texts in Chinese Buddhist history, many of which were *dhāraṇī* and spell texts. Xuanzang was also a major proponent of devotion to Maitreya,⁸²⁵ and as a result of the efforts of Dōshō and others, Japanese Yogācāra scholars have long been associated with this particular form of “Pure Land” devotion.

At this time, monks freely studied under a number of teachers. Though many would eventually specialize in one area of learning, they continued to draw upon a catholic range of Buddhist teachings.⁸²⁶ Dōshō is also recorded as having studied Chan 禪 (J. Zen) under Huiman 慧滿 (7th cent.),⁸²⁷ himself recorded as a disciple of Huike 慧可 (487–593),⁸²⁸ the purported second Chinese patriarch of Chan.

⁸²⁰ Beghi, “Dissemination of Esoteric Scriptures,” 663.

⁸²¹ T. 1345, C. *Jingangchang tuoluonijing*, J. *Kongōjōdaraniyō*.

⁸²² C. Shenajueduo, J. Janakutta; Beghi, “Dissemination of Esoteric Scriptures,” 661.

⁸²³ J. Genjō.

⁸²⁴ J. Kiki. Often abbreviated to Ki.

⁸²⁵ For the various texts depicting early Amida-centric Pure Land thought in Nara period sources, see: *Nara, Shoki Jōdokyō*, 4–13; For evidence regard the mutual devotion to Amitābha and Maitreya, see: *Nara, Shoki Jōdokyō*, 14–20.

⁸²⁶ MBD, 3876b.

⁸²⁷ J. Eman.

⁸²⁸ J. Eka.

Like other Buddhist monks of his time, Dōshō built roads, bridges, and promoted the practice of cremation, and spread the use of spells. Dōshō is also significant in the history of Japanese Buddhism because of the miraculous events said to have surrounded his death. His disciples recorded a luminous presence that moved through the temple of his demise in a westerly direction, thus signifying rebirth in the Pure Land. This seems to indicate that even at this early date, Buddhist monks in Japan were already attentive to the aspiration for rebirth, and the signs that accompany that rebirth.⁸²⁹

Meditation, Purity, and Magic: The Struggle between Official and Unofficial Monks

During the Nara period, a special class of monks known as *kanbyō zenshi* 看病禪師 were employed by members of the court and the imperial family to care for aging, sick, dying, or deceased individuals. The term *zenshi* 禪師 (C. *chanshi*) has since the Kamakura period 鎌倉時代 (1185-1333) come to refer to one who is accomplished in seated meditation 座禪 (C. *zuochan*, J. *zazen*), but this earlier use of the term has an entirely different connotation. “Zen” here refers less to the act of “meditation” than to the *jñāna/dhyāna*, or states of deep consciousness, described in South Asian meditation/yoga and cosmology. In order to attain final enlightenment, one must master the states of deep trance. Because the acquisition of supernormal powers has often been associated with the mastery of deep meditative states, South and East Asian masters of *samādhi* and meditation have often been employed as ritual specialists. In early Japan this was very much the case, as these “zenshi” were often associated with medical arts and were employed to look after the sick. Important “zenshi” included Hōei 法榮 (8th cent.) who looked after Emperor Shōmu 聖武天皇 (701-756; r. 724-749), and Dōkyō 道鏡 (?-722; who was

⁸²⁹ Inagaki, *Pure Land Sutras*, 143-144.

technically a Dharma Master 法師 (C. *fashi*, J. *hōshi*), and who looked after Empress Shōtoku 稱徳天皇 (718-770; r. 749-758 (as Kōken 孝謙), r. 764-770).⁸³⁰

Also essential for understanding this period are the “unofficial” spell masters, the most prominent examples being Gyōki 行基 (668–749) and En no Gyōja 役行者 (c. 7th-8th cent.). Gyōki was a “self-ordained monk” 私度僧 (J. *shidosō*) known to have been a spell master and Pure Land preacher. He is therefore commonly looked upon as either a “proto-Pure Land” or “proto-Esoteric” figure in traditional scholarship. Of course, these labels would have likely made little sense to monks like Gyōki. In 685 he officially entered the Yakushiji 藥師寺 temple in Nara. The cult of the Medicine Buddha 藥師如來,⁸³¹ the primary image at this temple, seems to have centered upon spells and rituals to cure sickness and suffering in this life, and to provide peace for the deceased, in the Pure Lands of the Medicine Buddha or Amitābha.⁸³² Gyōki is known to have studied Yogācāra under Dōshō, but later traveled to various areas in Japan, devoting himself to social work, cremation, and the establishment of temples, which led to him being regarded as a “*bosatsu*” 菩薩 (S. *bodhisattva*, C. *pusa*), an official imperial title, while still alive.

From 717, the government began to issue official proscriptions against preaching to the laity. This was done in particular to prohibit the spread of unorthodox teachers who were seen to pose a threat to social and political stability. It appears that the court had grown worried about the powers that came with the cultivation of the “Esoteric” meditative arts in the mountains. That power, it was feared, could be used to destabilize the government’s monopoly of power. Gyōki

⁸³⁰ Hayami Tasuku, *Jujutsu shūkyō no sekai, mikkyō shuhō no rekishi* 呪術宗教の世界：密教修法の歴史 (Tokyo: Hanawa shinsho はなわ新書, 1987 [reprint, 2007]), 29-31; Beghi, “Dissemination of Esoteric Scriptures,” 668; Nemoto, *Nara Bukkyō to Mikkyō*, 15-22.

⁸³¹ S. Bhaiṣajya-guru, C. Yaoshi Rulai.

⁸³² Nemoto, *Nara Bukkyō to Mikkyō*, 83, 91.

was eventually co-opted by the state, and associated with Gangōji and the fundraising that went to aid in the establishment of the Daibutsu in 752.

The repeated issuing of these and similar laws throughout this period should indicate to us that despite official prohibition, unorthodox Buddhist activities had begun to spread among the populace, and that teachers like Gyōki continued to proliferate, though less indirect evidence for their activities is indeed scarce. Gyōki continued to build numerous Buddhist centers and temples, and carried out a number of other construction projects, while teaching commoners and aristocrats alike. According to Inagaki, Gyōki was also known to have preached the *nenbutsu* 念佛 to commoners.⁸³³ The “*nenbutsu*” that Gyōki would have taught at this time was intended primarily for the pacification of (potentially) wrathful spirits. The *nenbutsu* as a technology of spellcraft was a defining characteristic of Gyōki’s “Pure Land” thought and practice, and may be seen as an early instance of a dimension of Japanese Pure Land practice that exists up to today.

The other major important unorthodox ritual master from this period was En no Gyōja, an infamous mountain ascetic and folk hero who established his hermitage in the Katsuragi mountains. Scholars have referred to these mountain practitioners as *sanrin gyōja* 山林行者, or an ascetic of the mountains and forests, En no Gyōja naturally attracted the envy and suspicion of the powerful elites. His practices constituted a form of Buddhism common at this time, in which local traditions, Buddhist rituals and spells, and “Daoist” “magic,” blended freely. Whether En no Gyōja was a “Buddhist” or not is debatable, but the Shūgendō 修驗道 tradition regards him as their founder.⁸³⁴ His exile in 699 for the performance of unauthorized austerities suggests the distrust the government’s distrust for unorthodox practitioners of the “Esoteric” arts.

⁸³³ Inagaki, *Pure Land Sutras*, 145-146.

⁸³⁴ On Shūgendō, see the recent dissertation by, Caleb Carter, “Producing Place, Tradition and the Gods: Mt. Togakushi, Thirteenth through Mid-Nineteenth Centuries” (PhD, diss., University of California, Los Angeles, 2014).

One of the most important figures to assist in the establishment state-monastic regulations over unorthodox Buddhist activity was the monk Dōji 道慈 (675–744),⁸³⁵ who in 718 returned to Japan after studying Madhyamaka in Tang China for eighteen years. In Chang’an 長安 Dōji studied under Yuankang 元康, who is said to have initiated him into the “inner most secrets” 祕奧 of Chinese Madhyamaka.⁸³⁶ Dōji also transmitted the *Kokūzōbosatsu shomon shichibutsu daranikyō* 虛空藏菩薩諸問七佛陀羅尼呪經 (T. 1333)⁸³⁷ and the *gumonjihō* 求聞持法, the ritual that later purportedly inspired Kūkai to seek out the “Esoteric” teaching in China. It is said that Dōji also studied under Śubhakarasiṃha 善無畏 (637–735), but some scholars doubt this claim.⁸³⁸

After taking up residence at Daianji 大安寺 in Yamato, Dōji promoted so-called “nation protecting” Buddhism through the *Sūtra for Benevolent King* 仁王般若經 (T. 245)⁸³⁹ and the *Suvarṇaprabhāsa-sūtra* 金光明最勝王經 (T. 665).⁸⁴⁰ These sutras are often described as “proto-tantric,” because of their complex, politically oriented-cosmology, and their focus on “this-worldly” benefits. It should be noted that these and other sutras at the center of political life are also full of references to Pure Lands and to the potential for rebirth in them. The promise of “purification” of the realm and the creation of the king as a universal monarch that is found in many Mahāyāna sutras was of great interest to the Japanese Emperor Shōmu.

⁸³⁵ Como, *Shōtoku*, 140.

⁸³⁶ MBD, 3871c-3872a. The term *hitsugi* is similar in connotation to the term *mikkyō*. See Chapter II, Introduction and Part I.

⁸³⁷ C. *Xukongzangpusa wenqifo tuoluonizhoujing*.

⁸³⁸ Beghi, “Dissemination of Esoteric Scriptures,” 661.

⁸³⁹ T. 235, C. *Renwang jing*, J. *Nin’ō gyō*.

⁸⁴⁰ T. 665, C. *Jinguangming zuisheng wanging*, J. *Konkōmyō saishō ōkyō*.

Emperor Shōmu and the Creation of (Mahā)Vairocana’s Buddha Land

In 741, Tōdaiji 東大寺 was established as the administrative center for the provincial monasteries 國分寺 (J. *kokubunji*) and convents 國分尼寺 (J. *kokubunniji*). Though often associated with the *Avataṃsaka-sūtra* 華嚴經⁸⁴¹ tradition, Tōdaiji was a major center for Buddhist learning including Madhyamaka, Yogācāra, and Vinaya—and eventually Shingon and Tendai as well. Tōdaiji was established by Emperor Shōmu and the Empress Kōmyō 光明 (701–760), both prolific patrons of Buddhist activity who, in an age of great political and social instability and famine, endeavored to employ the power of the Buddhas to pacify the realm. While historiography on this period tends to favor Shōmu, Kōmyō should be viewed as a significant contributor to the early development of Buddhism in her own right. As will be examined below, she in particular seems to have favored what we might here refer to as “Esoteric Pure Land” ritual technologies.

Shōmu charged the monk Rōben (Ryōben) 良辯 (689-773) with the construction of Tōdaiji, and it was Rōben who convinced the emperor to employ the *Avataṃsaka-sūtra* and its vision of an interconnected Buddhist cosmos populated with interpenetrating Pure Buddha Lands, as the basis for Tōdaiji activities. Rōben is regarded as the Japanese founder of the *Avataṃsaka* tradition, which he studied under the Sillan monk Simsang 審祥 (?-742), a direct disciple of Fazang 法藏 (643-712). Fazang is regarded as the founder/systematizer of the East Asian *Avataṃsaka-sūtra* exegetical tradition which, though hardly a “school,” later came to influence the development of East Asian Buddhist thought significantly.

⁸⁴¹ T. 278, 279, 293, C. *Huayan jing*, J. *Kegonkyō*.

In addition to his *Avataṃsaka* studies, Rōben also sought out a number of important early Esoteric texts including the *Amoghapāśa-dhāraṇī* 不空羂索神呪心經 (T. 1093)⁸⁴² and the *Dhāraṇīsamgraha-sūtra* 陀羅尼集經 (T. 901),⁸⁴³ both of which were examined in Chapter II. Those interests might result from the influence of his teacher. They were two of the most important and widely most utilized “Esoteric Pure Land” texts in Chinese and Japanese history.

At the Tōdaiji Lotus Hall 法華堂 (J. Hokkedō) Rōben installed images of Amoghapāśa Avalokiteśvara 不空羂索菩薩⁸⁴⁴ and Vajrasattva 金剛薩埵,⁸⁴⁵ and at Tōshōdaiji 唐招提寺 he built statues of the Thousand-hand Avalokiteśvara 千手觀音⁸⁴⁶ and Mahāvairocana, all of which are still extant and popular objects of devotion.⁸⁴⁷

In 752, Shōmu marked the completion of the Tōdaiji complex and the construction of the Daibutsu by performing the eye-opening ceremony that is said to empower Buddha statues with the power of a Buddha. Assisting in this ritual was the monk Bodhisena 菩提僊那 (704–760),⁸⁴⁸ an important (possibly) Indian master who transmitted a number of major “Esoteric” texts to China and Japan. Bodhisena was brought to Japan by Daoxuan 道璿 (702–760) in 736, and seems to have been very possibly the only Indian master to teach in Japan. Texts transmitted by Daoxuan and Bodhisena included Vajrabodhi’s earlier version of the *Vajraśekhara-sūtra*, the *Mahāvairocanā-sūtra*, and the *Sussiddhikāra* 蘇悉地羯羅經 (T. 893).⁸⁴⁹

⁸⁴² T. 1093-1095, C. *Bukong juanshuo zhouxing jing*, J. *Fukū kenjaku jushinkyō*.

⁸⁴³ T. 901, C. *Tuoluoni jijing*, J. *Darani jikkyō*.

⁸⁴⁴ C. *Bukong juanshuo pusa*, J. *Fukū kenjaku bosatsu*.

⁸⁴⁵ C. *Jingang satuo*, J. *Kongōsatta*.

⁸⁴⁶ C. *Qianshou Guanyin*, J. *Senshu Kannon*.

⁸⁴⁷ MBD, 5022c.

⁸⁴⁸ C. *Putixianna*, J. *Bodaisenna*.

⁸⁴⁹ Beghi, “Dissemination of Esoteric Scriptures,” 662. See Chapter II, Introduction, and Part II, regarding the reception of these two texts in East Asia.

The establishment of the *Avataṃsaka-sūtra* and its vision of an interconnected cosmos was central Shōmu and Rōben’s aspiration to employ Buddhism to unify the realm. Scholars are at times puzzled by the *Avataṃsaka-sūtra*, and they commonly refer to certain features of the text as either “proto-tantric” or “proto-Pure Land.” Indeed, many of the elements commonly employed in polythetic strategies for defining tantra over and against “normative” Mahāyāna are well represented in the *Avataṃsaka-sūtra*; even a cursory reading reveals the ubiquity of Pure Lands. Like some tantric texts, the *Avataṃsaka* is a massive compendium of texts linked together by repetition of tropes and imagery presenting a grand, almost “psychedelic,” vision of the Buddhist cosmos, and it bears the marks of synthetic composition and heterogeneous compilation. However, unlike the *tantras*, rituals and spells are not the chief object of the *sūtra*’s exposition.

The Buddha Vairocana 毘盧舍那佛⁸⁵⁰ is the main object of devotion in this text, and is taken to be a kind of cosmic Śākyamuni, or lord of the infinite Pure Lands said to populate the infinite universe. He is similar in both name and function to Mahāvairocana, who is the main object of devotion in the *Mahāvairocana-sūtra*, one of the cornerstones of Kūkai’s Vajrayāna system. Kūkai apparently regarded the *Avataṃsaka-sūtra* very highly, suggesting that the doctrinal system derived from this text provided a clear picture of the greater Mahāyāna vision of reality, but that it lacked the ritual component essential for rendering that reality concrete. In fact, once Kūkai established his *abhiṣeka* 灌頂 (C. *guanding*, J. *kanjō*) platform at Tōdaiji, Vairocana *became* Mahāvairocana!⁸⁵¹ However, rather than use Kūkai’s polemic claim to “Esoteric” revelation as a descriptive litmus test for other sutras, we can take a broader view, one more appropriate to the Tōdaiji context, and recognize that the so-called “tantric” elements in the

⁸⁵⁰ C. Pilushena, J. Birushana.

⁸⁵¹ Abe, *Weaving*, 374.

Avataṃsaka-sūtra are all simply elements of the default Mahāyāna worldview. In other words, comprehensive Mahāyāna systems bear family resemblances to one another because they all draw upon the same broader literary context to establish claims about what *really* happened when Śākyamuni attained awakening.

With the completion of Tōdaiji and the Great Buddha, the light of Vairocana, was understood to shine throughout the land, illuminating and purifying the world with the enlightened rule of the emperor as a universal monarch at the center of a cosmic mandalic Pure Land. Tōdaiji was the administrative center of the *kokubunji*, and it served to unify the realm both administratively and symbolically, effectively making Japan a “Pure Land.” In that same year, the first Amitābha Hall 阿彌陀堂 (J. Amida-dō) was established at Tōdaiji as well. In 761, empress Kōmyō died. All of the provincial temples and major state temples were ordered to construct Pure Land tableaux 淨土變相圖 (J. *jōdohensōzu*), or two-dimensional depictions of the Pure Land to be used in meditation or for teaching unlettered laity. In addition, Amitābha was established as the primary object of devotion 本尊 (J. *honzon*) of all of the Kokubunniji nunneries throughout the realm, thus further unifying Buddhist practice throughout the realm. The following year, an Amitābha Pure Land Hall was established at Hokkeji, a temple established by Kōmyō as the head temple of the Kokubunniji system.⁸⁵² Buddhist women were not only early pioneers in the establishment of Pure Land faith as a major feature of Japanese Buddhism, but up through the medieval period, also a primary audience and object of “conversion” for Pure Land preachers.

⁸⁵² Nakano, *Narajidai no Amida nyorai zō*, examines in great detail the role played by the powerful women of the Nara period in establishing Pure Land faith and Amitābha devotion as a national phenomenon. After having read his book I would argue that in order to truly understand the history of Pure Land Buddhism, the central role of women cannot be ignored. This is an area I hope to explore in greater detail in the future.

Kōmyō and *Dhāraṇī* Texts

Beginning in 741, Empress Kōmyō revitalized the scriptorium (Shakyōjo 寫經所) and bestowed handwritten copies of the Buddhist canon upon important temples throughout the country.⁸⁵³ Records of the texts procured and disseminated at this time demonstrate that so-called “Esoteric” texts were understood to function within a general Mahāyāna frame work, not as a separate category. Beghi notes that texts translated by, Jñānagupta 闍那崛多 (523-600),⁸⁵⁴ Śikṣānanda 実叉難陀 (fl. ca. late 7th cent.),⁸⁵⁵ Bodhiruci 菩提流志 (d. 727),⁸⁵⁶ Śubhakarasiṃha 善無畏 (637-735),⁸⁵⁷ Vajrabodhi 金剛智 (671–741),⁸⁵⁸ and Amoghavajra 不空 (705–774)⁸⁵⁹ were known in Japan at this time, and that the more systematic and more doctrinally coherent (i.e., so-called “*junmitsu*”) sūtras were not merely imported, but were also read and circulated. This is demonstrated by the requests made by Tōdaiji in 722 to the palace for a copy of the *Mahāvairocana-sūtra*.⁸⁶⁰ Moreover, statues and halls dedicated to so-called “Esoteric” deities such as, Ekādaśamukha Avalokiteśvara 十一面觀音⁸⁶¹, Sahasra-bhuja sahasra-netra Avalokiteśvara 千手千眼觀音,⁸⁶² or Amoghapāśa Avalokiteśvara were also constructed at various temples.⁸⁶³

Dhāraṇī texts were especially important and popular at this time. According to ordination and training documents, novice monks were required to memorize various sūtras and *dhāraṇī*.

⁸⁵³ Beghi, “Dissemination of Esoteric Scriptures,” 663.

⁸⁵⁴ C. Shenajueduo, J. Janakutta.

⁸⁵⁵ Ch. Shichanantuo; Jp. Jisshananda

⁸⁵⁶ C. Putiliuzhi, J. Bodairushi.

⁸⁵⁷ C. Shanwuwei, J. Zemu.

⁸⁵⁸ C. Jingangzhi, J. Kongōchi.

⁸⁵⁹ C. Bukong, J. Fukū.

⁸⁶⁰ Beghi, “Dissemination of Esoteric Scriptures,” 666.

⁸⁶¹ C. Shiyimian Guanyin, J. Juichimen Kannon.

⁸⁶² C. Qianshou qianyan Guanyin, J. Senju sengen Kannon.

⁸⁶³ Beghi, “Dissemination of Esoteric Scriptures,” 663.

Some of the most popular were the *Uṣṇīṣavijayā-dhāraṇī* 佛頂尊勝陀羅尼經 (T. 967),⁸⁶⁴ *Avalokiteśvara-ekādaśamukha-dhāraṇī* 十一面神呪心經 (T. 1071),⁸⁶⁵ both of which have significant Pure Land content, and *Adhyartha-śatikā-prajñāpāramitā sūtra* 金剛頂瑜伽理趣般若經 (aka, *Rishukyō* 理趣經, T. 241).⁸⁶⁶ Other important *dhāraṇī* texts known to have circulated around the major temples at Nara and the palace include the *Ṣaṅmukhī-dhāraṇī* 六門陀羅尼經 (T. 1360),⁸⁶⁷ *Abhiṣeka Sūtra* 佛說灌頂經 (T. 1331),⁸⁶⁸ and the *Cundīdevī-dhāraṇī* 七俱胝佛母心大准提陀羅尼經 (T. 1077),⁸⁶⁹ and the *Mahābala-dhāraṇī-sūtra* 大威德陀羅尼經 (T. 1341),⁸⁷⁰ *Dafajutuoluonijing* 大法炬陀羅尼經 (T. 1340).⁸⁷¹

Kōmyō herself seems to have been especially fascinated with the *Dhāraṇīsaṃgraha-sūtra*. As examined in some detail in the previous chapter, this *dhāraṇī* compendium contains extensive Pure Land content, including various rituals concerning proper performance of mudras, mantras, and mandalas. Not only was this text important in India and China at this time, but, Beghi notes, that many rituals in Japan were derived from this text and that we could perhaps regard it as one of the most important texts for this period.⁸⁷²

⁸⁶⁴ T. 967, C. *Foding zunsheng tuoluonijing*, J. *Bucchō sonshō daranikyō*.

⁸⁶⁵ T. 1071, C. *Shiyimian shenzhouxinjing*, J. *Jūichimen shinjushinkyō*.

⁸⁶⁶ T. 241, C. *Jingangding yujia liqubanruojing*, J. *Kongōchō yuga risshu hanyakyō*; Beghi, “Dissemination of Estoeric Scriptures,” 665-666.

⁸⁶⁷ T. 1360, C. *Liumentuoluonijing*, J. *Rokumondaranikyō*.

⁸⁶⁸ T. 1331, (full title) 佛說灌頂七萬二千神王護比丘咒經, C. *Foshuo guanding qiwanerqian shenwang hubiqiuzhoujing*, J. *Bussetsu kanjō shichiman nisen shinnō gobiku jukyō*.

⁸⁶⁹ T. 1077, C. *Qijuzhi fomusuoshuo Zhunti tuoluonijing*, J. *Shichi kutei butsumojosetsu Junde darani kyō*.

⁸⁷⁰ T. 1341, C. *Daweide tuoluonijing*, J. *Daiitoku daranikyō*.

⁸⁷¹ T. 1340, J. *Daihōju daranikyō*; Beghi, “Dissemination of Estoeric Scriptures,” 665-666.

⁸⁷² Beghi, “Dissemination of Estoeric Scriptures,” 663.

Empress Shōtoku and the “Dōkyō Incident”

In 749, Emperor Shōmu and Empress Kōmyō abdicated and entered the cloister. Their daughter reigned as Empress Kōken (718-770; r. 749-758). In 758, Kōken abdicated and entered the Hokkeji nunnery in 762. She was succeeded by Emperor Junnin (r. 758-764), but turbulence at court forced Kōken to retake the throne from Junnin in 764, reigning as Empress Shōtoku until 770.⁸⁷³ The monk Dōkyō (?-772) was Empress Shōtoku’s adviser and ritualist who, much to the concern of other factions at court, remained at her side throughout her reign and received the highest court rank: *hōō* 法王, or Dharma King.

In 770, Empress Shōtoku built *dhāraṇī* stupas throughout the realm at the Ten Great Temples⁸⁷⁴ in the aftermath of the Fujiwara no Nakamaro rebellion. Fujiwara no Nakamaro (706-764) had been a high ranking official who received numerous titles and honors under the previous emperor. However, his disdain for the Kōken-Dōkyō regime led to an outbreak of violence in 764 during which he and his family were slaughtered. Buddhist technology and power was employed in particular to pacify the spirits of slain enemies, and dispatch them to the Pure Land. The establishment of these stupas was no exception.

The *dhāraṇī* encased in these stupas was the *Raśmivimalaviśuddhaprabhā-dhāraṇī* 無垢淨光陀羅尼經 (T. 1024),⁸⁷⁵ originally translated in China by the Tocharian monk Mitraśānta 彌陀山⁸⁷⁶ who also co-translated the *Laṅkāvatāra-sūtra* 入楞伽經 (T. 762)⁸⁷⁷ with Śikṣānanda.

This *dhāraṇī* was likely chosen for several reasons. First, it is said to aid in the extension of life,

⁸⁷³ Abe, *Weaving*, 21.

⁸⁷⁴ Daianji 大安寺, Gangōji 元興寺, Kōfukuji 興福寺, Yakushiji 藥師寺, Tōdaiji 東大寺, Saidaiji 西大寺, Hōryūji 法隆寺, Kōfukuji 弘福寺 (Kawara-dera 川原寺), Shitennōji 四天王寺, and Sōfukuji 崇福寺.

⁸⁷⁵ T. 1024, Ch. *Wugoujingguang daduoluoni jing*; Jp. *Mukujōkō daidaranikyō*.

⁸⁷⁶ Ch. Mituoshan; Jp. Midasan.

⁸⁷⁷ T. 762, Ch. *Rulengqie jing*; Jp. *Nyūrōgakyō*.

rebirth in Sukhāvātī, Tuṣita, and Abhirati 妙喜,⁸⁷⁸ the Pure Land of the Buddha Akṣobhya 阿閼如来.⁸⁷⁹ It purifies all sins, and prevents falling into hell. By aiding its enemies in their attainment of Pure Land rebirth, the Kōken regime worked to ensure that the spirits of the dead would not return to wreak havoc on the living. Second, the placement of these stupas sent a message of a unified consciousness and rule. Major temples were not simply “religious” sites of devotion, but were organs of state and demonstrations of the extent of the government’s reach and power. Organizing all major temples in a single devotional act also projected a sense of control and success over potential foes.⁸⁸⁰

In addition, this text was important in Heian and Kamakura periods, as both Kūkai and Ennin are recorded as having imported new versions of the text.⁸⁸¹ By the end of the Heian period, it came to be associated with rituals concerning Amitābha, as well as the *Muryōju konpon dhāraṇī* 無量壽根本陀羅尼, examined in the previous chapter.⁸⁸²

Dōkyō was known for his assiduous ascetic practices in the Katsuragi Mountains 葛木山. Like Gyōki and En no Gyōja, he too was regarded as a potential source of power and danger. Dōkyō performed “secret rites” for the health of the Shōtoku Empress at Saidaiji 西大寺. However, when the rites for Kōken failed, factions opposing the Shōtoku-Dōkyō administration banished him, and spread rumors that his black magic had killed the empress. Dōkyō died in 772.

Abe contends that much of the backlash against the Shōtoku-Dōkyō administration came from its patronage of the priestly elite, which resulted in the neglect of other important economic

⁸⁷⁸ C. Miaki, J. Myōki.

⁸⁷⁹ C. Achu rulai, J. Ashuku nyorai.

⁸⁸⁰ Katsuura Noriko 勝浦令子, “Higashi Ajia no ‘Mukujōkō daidaranikyō’ juyō to hyakumantō 東アジアの『無垢浄光大陀羅尼經』受容と百万塔,” in *Nara-Heian Bukkyō no tenkai* 奈良・平安仏教の展開, ed. Hayami Tasuku 速水侑 (Tokyo: Yoshikawa kōbunkan 吉川弘文館, 2006), 2-31.

⁸⁸¹ Katsuura, “Mukujōkō daidaranikyō,” 24.

⁸⁸² Katsuura, “Mukujōkō daidaranikyō,” 8; citing the *Kakuzenshō* 覺禪鈔 DNBZ 54:93-96.

and political interests at court. Dōkyō appointed many of his loyal followers to high posts in the sangha (and thus imperial) administration. In fact, Dōkyō almost became the emperor himself, but various factions at court that had been negatively affected by Dōkyō and Shōtoku's favoritism toward factions based in Nara resisted and exiled him.⁸⁸³ Much like the Soga-Mononobe struggle, we should recognize that rivaling factions had competing local interests, and these local interests often had their own ideas about how the state should function.

Our knowledge about Dōkyō, of course, comes to us from the faction that won. One of the more popular rumors suggested that Dōkyō's "Esoteric" initiations given to the empress were sexual in nature. Others simply argued that he was the best example of the danger posed by impure, unrestrained Buddhist activity. As opportunistic factions vied for power in the aftermath of the Dōkyō "incident," the capital moved several times. It has been suggested that the eventual relocation of the capital to Heian-kyō in 794 was influenced by the Emperor Kanmu's 桓武天皇 (737-806, r. 773-781) desire to strengthen his own position against these factions, but also by his efforts to invest his authority in new Buddhist practitioners who would use the powers they had gained in their ascetic practice for the benefit of the state.

Other important monks associated with the early reception of "Esoteric" texts and rituals in Japan include Genbō 玄昉 (? – 746), a Yogācāra scholar who assisted with the construction of the Daibutsu, and Zenju 善珠 (723-797), a scholar-monk of Kōfukuji 興福寺, and student of Genbō. In 735, Genbō returned to Japan after having studied in China. He had received the purple robe from Emperor Xuanzong 玄宗 (685–762),⁸⁸⁴ and is known to have been an aspirant for Pure Land rebirth in Tuṣita, who practiced numerous *dhāraṇī* with that goal in mind. Most of the scholarship on Zenju has emphasized his commentaries on the Pure Land sutras, noting his

⁸⁸³ Abe, *Weaving*, 22.

⁸⁸⁴ Beghi, "Dissemination of Esoteric Scriptures," 662.

debt to Mahāyāna thinkers on the Korean peninsula.⁸⁸⁵ However, Zenju was also an important “Esoteric” Buddhist thinker from Nara, along with his close associate, Nyohō 如寶 (? – 815).⁸⁸⁶ Nyohō received the precepts from Ganjin at Tōdaiji’s precept platform in 754, and he studied at Yakushiji and Tōshōdaiji, both temples containing images associated with Esoteric Buddhist rituals. Nyohō was also quite close to both Zenju and Kūkai as well.

Though Kūkai is commonly regarded as the monk who is responsible for the establishment of Esoteric discourse and ritual in Japan, there is ample evidence for a much broader and older context within which the “Esoteric” first functioned in Japan. This section has presented only some of that evidence. The following section will build upon the research presented above to reevaluate the place of Kūkai’s legacy in the transmission of Esoteric Buddhist culture, and the establishment of Pure Land practice as a major feature of Japanese Buddhism.

Chapter III

Part II

Kūkai, Kenmitsu Discourse, and the Founding of Kōyasan

In the early 9th century, having relocated the government to Heian-kyō (present day Kyoto), the emperor also resumed diplomatic missions to China. These two moves signaled a reinvestment in operating the Japanese state on the model of Tang China. The new Heian-kyō capital was modeled on the Tang capital at Chang’an, and the monks dispatched to China were given the task of aligning Japanese Buddhist practice more closely to recent developments in China. Two of the most famous monks in Japanese Buddhist history were part of the same

⁸⁸⁵ Kakehashi, *Jōdokyō shisōshi*, 72-73.

⁸⁸⁶ Nemoto, *Nara Bukkyō to Mikkyō*.

government sponsored mission to China in 804, Kūkai and Saichō. Kūkai had been a student in the Confucian state academy, but dropped out to become a self-ordained monk. Saichō, too, purportedly disillusioned with Nara monastic culture, had previously retreated to Hieizan, which was positioned just to the northeast of the future Heian-kyō capital, established in 794.

As in previous eras, the state valued such assiduous solitary meditators, who were believed to possess the power necessary to successfully perform state rituals, but who also lacked the taint of political power. Hayami has suggested that after the Dōkyō Incident, court elites increasingly feared the power of unorthodox and corrupted spell masters. As “dropouts,” Saichō and Kūkai were possibly seen as embodying the ideal of the pure monk. The emperor sought out monks who kept the precepts, who had acquired the powers associated with ascetic practice in the wilderness, and who maintained the purity the court so desired.⁸⁸⁷

Kūkai and Saichō alike journeyed to China in search of the highest teaching of the Mahāyāna. All Mahāyāna systems claim to present the Buddha’s true (“mysterious”) intent 密意 (C. *miyi*, J. *mitsui*). East Asian Buddhist thinkers read broadly across various genres of texts and often specialized particular texts (*Lotus*, *Avatamsaka*, etc.) and practices (meditation, *dhāraṇī*, doctrinal study, precepts, etc.) which were used to construct all-inclusive hierarchical systems known as *panjiao* capable of adapting to the occasional influx of new materials, either homegrown or imported. In the early Tang period, Indian ritual specialists such as Śubhakarasiṃha and Vajrabodhi introduced important Indian ritual systems (*tantras*) which feature prominently *dhāraṇī*, mantra, and mandalic imagery. The polemical claims made by these monks should be read in their broader Mahāyāna ritual and apologetic context, rather than reify them as embodying a fundamentally distinct “kind” of Buddhism.

⁸⁸⁷ Hayami, *Jujutsu shūkyō*, 41-50.

One of the terms used to subsume Śubhakarasiṃha and Vajrabodhi, as well as their respective disciples, Yijing and Amoghavajra, under a single Buddhological umbrella term is “*mikkyō/mijiao*” or the “secret teachings.” However, as demonstrated in the previous chapter, many scholars now recognize that many of the rituals, texts, and discursive positions often labelled as “Esoteric” had permeated South and East Asian Buddhism for some time, and the term “*mikkyō*” as well may be found throughout Mahāyāna literature as a polemical designation (not a descriptive one) meaning the secret or the best or the highest teachings of the Mahāyāna. In some cases, it may simply be a synonym for the Mahāyāna itself.⁸⁸⁸ *Mikkyō* is, therefore, a slippery term indeed.

Discussion of “*mikkyō*” in Japan is often centered upon Kūkai. Indeed, the contemporary Shingon School has established the popular image of Kūkai as a founder who was responsible for introducing Esoteric/Vajrayāna/Tantra to Japan. In order to fully understand how Esoteric discursive positions were retroactively constructed in Japan, we must first return Kūkai to his context, and appreciate the dual role played by Tendai and Shingon Buddhist traditions in the co-construction of “Mahā/Vajrayāna” discourse in Japan of the 9th -12th centuries.

Kūkai’s Exo/Esoteric Buddhism

Upon his arrival in China, Kūkai trained in Chang’an, a city at the eastern terminus of the Silk Road, connected to various trade networks stretching all the way to Rome, Central Asia, and South Asia, and at that time the center of the cosmopolitan East Asian Buddhist world. Kūkai was able to learn from the Qinglongsi 青龍寺 (J. Seiryūji/Shōryūji) master Huiguo 惠果 (746-806),⁸⁸⁹ who was instrumental in providing Kūkai with access to many newly imported Indian

⁸⁸⁸ See Chapter I, Introduction and Part I.

⁸⁸⁹ J. Keika.

Buddhist texts, as well as ritual paraphernalia that had not yet been introduced to Japan such as the Indian *homa* 護摩 (C. *humo*, J. *homa*) fire ritual altar. Kūkai claimed that just before his master's death, Huiguo conveyed to his new disciple the deepest secrets of the “Esoteric” teachings so that he could transmit them to Japan.

Upon his return to Japan, Kūkai languished in obscurity for the first few years after his return, unable to teach what he had learned in China. However, once the emperor and other elites learned of the unique approach to Buddhist ritual that Kūkai's system provided, Kūkai quickly rose in prominence. Kūkai promoted a *panjiao* (the term he often used was *kyōhan* 教判) based in the dialogic engagement between the hidden, or mysterious teachings (*mikkyō*) of the Buddha, and the apparent or surface level teachings (*kengyō*), accommodated to the various capacities of sentient beings. Discourse on the relationship between “*ken*” and “*mitsu*” featured prominently in Kūkai's early works, and in medieval Japan ultimately came to dominate Japanese ritual and doctrinal polemics, leading to a diverse and highly fluid semi-orthodox system referred to by Kuroda and his followers as the exo/esoteric system (*kenmitsu seido*).

Mikkyō is often translated as “Esoteric Buddhism,” a term that connotes a limited range of influence or access. In fact, however, the teachings and practices often associated with “*mikkyō*” functioned, in some sense, as the fundamental ritual logic for imperial consecration rituals, the sacralization of the Japanese language and landscape, the emergence of “Shintō” ritual and discourse in the fourteenth century, and the semiotics around which ritual and the transmission of knowledge were facilitated in medieval culture. In a sense, Japanese *mikkyō* may simply be regarded as an integrated (yet hierarchical) Mahāyāna Buddhist discourse for the

transmission of knowledge and power, or a practical technology employed in politics, economics, science, art, and literature.⁸⁹⁰

Traditionally, scholars have tended to imagine Kūkai as having started a new “sect,” or as having transmitted a new kind of Buddhism to the archipelago. However, in order to truly appreciate the nature of Kūkai’s contribution to the establishment of “Esoteric” ritual discourse in Japanese Buddhism, we must view his career in its particular and broader context. In order to do this, I will build upon Abe’s three basic theses about Kūkai: First, that Kūkai worked within and through the Nara institutions; second, that Kūkai’s success derived from his successful integration of *abhiṣeka* rituals into the court and the major institutions in Nara and Heian-kyō; and third, that Kūkai created not a “school,” but rather new, dichotomous discourse and theory of ritual language.⁸⁹¹

Kūkai described his teaching as the Vajrayāna 金剛乘 (J. *kongōjō*), the Highest Vehicle 最上乘 (J. *saijōjō*), the Secret Piṭaka 祕密藏 (J. *himitsuzō*), or the Mantra Piṭaka 眞言藏 (J. *shingonzō*). He tended to use the terms *zō* 藏 (S. *piṭaka*, “treasury”) or *jō* 乘 (S. *-yāna*, “vehicle”), and rarely employed the term “*shū*” 宗. Perhaps this decision reflects his effort to establish the legitimacy of his teachings as *a new way of thinking about* (existing) Buddhism and Buddhist ritual, rather than as simply yet another area of study. To have framed *mikkyō* as a *shū* would have established (which is to say, lowered) his teachings on the same level as the Nara disciplines of Madhyamaka, Yogācāra, *Avatamsaka*, etc. As part of this effort, Kūkai emphasized the complementarity of what he labeled as “exoteric” (essentially all forms of

⁸⁹⁰ Abe, *Weaving*, 1-2.

⁸⁹¹ Abe, *Weaving*, 386-388, These three theses were employed in service of Abe’s broader point that Kūkai’s Esoteric ritual discourse provided the Nara ecclesiastical elites with the tools necessary to emerge from beneath the heel of the Confucian *ritsuryō* state, and function autonomously, thus manufacturing, circulating, and controlling their own cultural capital.

Buddhism not yet charged/activated with his ritual theory) and the “esoteric,” a latent quality which, once recognized/activated, renders ritual effective, and the ritualist powerful.⁸⁹² In other words, for Kūkai, Esoteric Buddhism was not a different *kind* of Buddhism, but the essence of Buddhism as understood from the perspective of the Buddha(s).

Let us consider the *Daioshō hōi Heianjō taijōtennō kanjōmon* 大和尚奉爲平安城太上天皇灌頂文 (T. 2461), in which Kūkai presents a five-fold taxonomy of teachings: sūtra, vinaya, abhidharma, *prajñāpāramitā*, and *dhāraṇī*.⁸⁹³ Here, the *dhāraṇī-piṭaka* is placed at the end, perhaps implying a hierarchical orientation. A few lines down, Kūkai provides an eight-fold taxonomy,⁸⁹⁴ which assigns the “secret Vajrayāna 祕密金剛乘,” the highest position above the three Hīnayāna and four Mahāyāna positions. It is also important to note the way that Kūkai positions the Esoteric Buddhism as related to, but not simply analogous to, the *dhāraṇī-piṭaka*. Here in Kūkai’s works, later in Dōhan’s, and in the previous chapter’s examination of the history of the Secret Piṭaka, there is a certain ambiguity between the *darani-zō* and the *kongōjō*.

At the request of Emperor Junna 淳和天皇 (785-840; r. 810-823) Kūkai wrote the *Himitsu mandara jūjushinron* 祕密曼荼羅十住心論 (T. 2425) in which he lays out ten levels of beings’ capacities for comprehending the Dharma.⁸⁹⁵

- 1) 異生羝羊心, the mind like a worldly sheep, a mind that is consumed with desires and lust
- 2) 愚童持齋心, the mind like a dim witted child (Confucians and materialist-nihilist philosophies)
- 3) 嬰童無畏心, the mind like a smart child (Daoists and Brahmins)
- 4) 唯蘊無我心, the (non-Mahāyāna, *śrāvaka*) mind that apprehends the nature of the aggregates and the notion of no-self

⁸⁹² Abe, *Weaving*, 191-194

⁸⁹³ 大分爲五。一蘇多覽藏。二毘那藏。三阿毘達磨藏。四般若藏。五總持藏。(T. 2461, 78.3a8-9).

⁸⁹⁴ 依佛說經判有五種別。至菩薩說人師談其流有八。一律宗。二俱舍宗。三成實宗。四法相宗。五三論宗。六天台。七花嚴。八真言。初三謂之小乘。次四謂之大乘。後一祕密金剛乘也。(T. 2461, 78.3a24-29).

⁸⁹⁵ The list may be found here: T. 245, 303c29-304a05. Following this, there is a lengthy explanation of all ten.

- 5) 拔業因種心, the (non-Mahāyāna, *pratyekabuddha*) mind that has eliminated the causes of karma
- 6) 他緣大乘心, the Mahāyāna mind apprehending the interdependence of all beings, the mind of compassion, *Yogācāra*
- 7) 覺心不生心, the mind that apprehends that Mind is non-arising, emptiness/wisdom, *Madhyamaka*
- 8) 一道無爲心, the mind that apprehends the One Vehicle, Tiantai (Lotus/*Madhyamaka*)
- 9) 極無自性心, the mind that is beyond the extremes of self-nature (*Avatamsaka-sūtra*)
- 10) 祕密莊嚴心, the mind of mysterious adornment, teachings of the Mahāvairocana Buddha, Buddhism from the perspective of Buddhas

While it may seem at first glance that this ten-stage hierarchically organized presentation of the diversity of the Buddhist world is simply a way to present Kūkai's own teachings as the highest of the high, when read in the context of Kūkai's other (and later) works and actions, Kūkai appears to be making a much more subtle move.⁸⁹⁶ This hierarchical orientation of the ten-stages is certainly part of Kūkai's polemic, but this is not the whole story. Kūkai clearly differentiates between the shallow and the deep levels of understanding of the Buddhist teachings, just like other Mahāyāna thinkers before him. However, through the mantra path, he claims, one is able to reveal even the surface level interpretation to possess the deepest mysteries of the Mahāyāna.⁸⁹⁷ And as Abe has suggested, it was Kūkai's ability to locate his "secret" teaching *within* the established practices that preceded him that led to the successful integration of his ritual program *through* normative Mahāyāna Buddhism and the Nara Buddhist establishment.

Kūkai proposed a path to direct participation in the power of the Buddhas through the ritual orchestration of the three mysteries of body, speech, and mind via mudra, mantra, and

⁸⁹⁶ This point has been made more recently by Thomas Eijō Dreitlein in his examination of Kūkai's commentaries on exoteric sūtras. See: Thomas Eijō Dreitlein, "An Annotated Translation of Kūkai's *Secret Key to the Heart Sūtra*," *Kōyasan daigaku mikkyō bunka kenkyūsho kiyō* 高野山大学密教文化研究所紀要 24 (2011): 1-3.

⁸⁹⁷ 然此乘有二種義。謂淺略深祕是也。以多名句說一義理此即淺略。一一言名具無量義即是眞言深祕。初顯淺略次明深祕。初淺略者。大日尊告祕密主言。復次祕密主大乘行。(T. 2425, 77.337a24-28).

mandalic contemplative exercises. Through Kūkai's system, the already manifest unity of signifier and signified was enacted through art and speech. Mandalas, mudras, and mantras were not merely symbols, but their performance was inherently enlightened activity.⁸⁹⁸

Other features of Kūkai's ritual program included initiation, or *abhiṣeka* 灌頂 (C. *guanding*, J. *kanjō*), and empowerments, or *adhiṣṭhāna* 加持 (C. *jiachi*, J. *kaji*). Many of the deities, *dhāraṇī*, mantra, and other practices systematized by Kūkai already existed in Nara, but the *giki* were newly imported by Kūkai.⁸⁹⁹ *Giki* were ritual manuals that drew upon *dhāraṇī*, mantra, and spell genres of Buddhist ritual text. Kūkai held that the correct performance of these rites required initiation/consecration, and empowerment from a qualified teacher. Kūkai argued that unless monks were properly initiated into the language of mantra and *dhāraṇī*, the recitation of texts for the protection of state would be like "...reading a medical textbook to someone who was ill."⁹⁰⁰

Kūkai actively employed Nara ritual culture to his advantage, arguing that his *shingon* theory was latent in Nara *dhāraṇī*.⁹⁰¹ Kūkai defined mantra as a subclass of *dhāraṇī*, each of whose syllables conveys the truth. Abe notes, "Mantras show that *dhāraṇī* are not devoid of meaning but, on the contrary, saturated with it. It is through their semantic superabundance that Kūkai attempted to explain why *dhāraṇī* were impregnated with the power to condense the meaning of scriptures, to protect chanters, or to bring about supernatural effects."⁹⁰² In other words, while simultaneously establishing a preliminary division between *ken* and *mitsu* (and to

⁸⁹⁸ Cynthia J. Bogel, *With a Single Glance, Buddhist Icon and Early Mikkyō Vision* (Seattle: University of Washington Press, 2009), 5-8.

⁸⁹⁹ Abe, *Weaving*, 125-126.

⁹⁰⁰ Abe, *Weaving*, 58.

⁹⁰¹ Abe, *Weaving*, 271.

⁹⁰² Abe, *Weaving*, 6.

some extent between miscellany and pure *mikkyō*), Kūkai also played upon the common concern for mastery of the Secret Piṭaka.

Kūkai and the Nara Clergy

Kūkai’s main disciples were all members of the Nara clergy. In fact, becoming a *shingonja* 眞言者 (a practitioner or mantra) merely required the acquisition of lineage via *abhiṣeka*—something that any elite monk could gain—and clergy affiliated with the temples on and around Hieizan and the Nara could join this “loosely organized club.”⁹⁰³ In 816, Kūkai initiated the Daianji monk Gonsō 勤操 (758–827), a prominent Nara scholar-monk. Following Kūkai, many “Nara monks” integrated *mikkyō* into their basic monastic regimens. Enmyō 圓明 (d. 851) and Dōshō 道昌 (789-875) studied *mikkyō* and *Prajñāpāramitā* literature and Madhyamaka. *Avataṃsaka-sūtra* specialists employed the idea of “interpenetration” to approach *mikkyō*. The Kōfukuji *bettō* (highest government administrative post in temples) Jōshō 定照 (906-983) studied Yogācāra and *mikkyō*. The Gangōji monk Shōbō 聖寶 (832-909) studied Madhyamaka, *Avataṃsaka* exegesis, *Prajñāpāramitā*, and *mikkyō* at Tōdaiji. The Kōfukuji monk Shinkō 真皎 (934-1004) studied Yogācāra and *mikkyō*.⁹⁰⁴

In fact, Nara clergy remained dominant players in all areas of Buddhist learning not merely throughout the 8th century, but also through the 9th century and beyond. In a sense, Kūkai could also practically be considered a “Nara” monk himself. His career began in Nara, and most of his activities revolved around (or were directly connected to) Nara clergy and institutions.⁹⁰⁵ As the above examples show, Kūkai should be regarded as a participant in a Buddhist culture

⁹⁰³ Abe, *Weaving*, 46.

⁹⁰⁴ Ford, “Exploring the Esoteric in Nara Buddhism,” EBTEA, 781-782.

⁹⁰⁵ Abe, *Weaving*, 404.

that does not easily fit into dichotomies based on the reification of facile divisions—not between “Nara” vs. “Heian Buddhism,” nor “Mahāyāna” vs. “Vajrayāna/Tantrism/Esoteric Buddhism,” nor even “Chinese” vs. “Japanese Buddhism.”

By the end of his life, Kūkai had become one of the most important monks in the realm.⁹⁰⁶ Emperor Saga 嵯峨天皇 (785-842, r. 809-823) bestowed upon Kūkai Kōyasan in 816, and Tōji in Kyoto in 822, as centers for him to train monks in his ritual system. That same year, Kūkai constructed the *abhiṣeka* hall at Tōdaiji, “the central monastic complex of the Nara Buddhist community.”⁹⁰⁷ In 827, he was put in charge of the *sōgō* 僧綱 (the main imperial office overseeing monastic affairs) and began performing many important rites for the imperial court. In 834, Kūkai established the *Mishuhō* 御修法 in the court’s annual ritual calendar. In 835, just before he died, Kūkai was able to establish Shingon-in 真言院, the first temple inside the imperial palace. In this way, practitioners of the mantra path 真言行人 (J. *shingon gyōnin*) began to populate the Heian-kyō capital as well as the former Nara capital.

The Founding of Kōyasan: Establishing a Pure Land in this Realm

Kūkai believed that a long period of dedicated meditation and study was essential to maintaining the integrity and potency of Esoteric ritual practice. He established Kōyasan as a retreat center in which monks could work full-time on ritual and meditation without the (very lucrative) hustle and bustle of the capital breaking their concentration. It is said that Kūkai selected Kōyasan (literally “high mountain plain”) because it is surrounded by eight peaks resembling the eight-petaled lotus 八葉蓮華 (J. *hachiyō rengo*) of the Womb Realm Mandala 胎

⁹⁰⁶ Abe, *Weaving*, 13.

⁹⁰⁷ Abe, *Weaving*, 10.

蔵界曼荼羅 (J. Taizōkai mandara).⁹⁰⁸ As Kūkai was nearing the end of his life, he desired to spend his last days in meditation atop Kōyasan. Though often distracted from this goal, continuously called back to the capital to perform rituals, he was eventually able to spend his final days meditating on the mountain, where he passed away in 835. Though Kūkai died before he was able to see Kōyasan emerge as a key center of Buddhist power and devotion, his disciple Shinzen 眞然 (804-891) established a temple on the site where Kongōbuji 金剛峰寺 now stands.

William Londo has noted that the generally accepted impression that Kōyasan could be considered the Shingon alternative, or equivalent, to the Tendai tradition's Hieizan is a mistaken comparison.⁹⁰⁹ Almost immediately after Kōyasan was established, the mountain temple complex began to decline in popularity, and practically “dropped off the map.” It is possible that it was precisely this marginality that later allowed Kōyasan to emerge as an important site for *nenbutsu* practice and Pure Land aspiration.

It is often noted that after Kūkai's passing he did not leave a single heir to the “Shingon School.”⁹¹⁰ This “discontinuity” appears far less troubling when we keep in mind that Kūkai had established his ritual systems by integrating them across, and expressing them through, the Nara Buddhist establishment. In effect, Tōdaiji and Kōfukuji in Nara both became “Shingon” training centers, as did Tōji, Takaosanji 高尾山寺, and Ninnaji 仁和寺 in the Heian-kyō capital. Hieizan too became a major “Shingon” center very early on. One result of this plurality is that no single

⁹⁰⁸ See the Kōyasan Museum exhibition description from 1995, “Kōyasan to jōdo 高野山と浄土.” Kōya is regarded as a site from which one may access the Pure Lands of various Buddhas. Kōya-san was seen as a 3-D mandala, and Kūkai's tomb to the East being the Pure Land of Maitreya. The eight peaks of Mt. Kōya were said to correspond to the eight petals of the Womb Mandala 高野蓮華曼荼羅, including the realms of four buddhas and four bodhisattvas. The area between the Daimon 大門 and the Garan 伽藍 representing the Pure Land of Amida, on the West side. From Kongobuji Temple 金剛峯寺 to the Ichi no hashi 一の橋 bridge of the Okuno-in 奥の院 represented the Pure Land of Fugen Bosatsu 普賢菩薩. From Ichi no hashi 一の橋 to 御廟橋 is the Pure Land of Kannon Bosatsu 觀音菩薩. From 御廟橋 to Kūkai's tomb 大師廟 is the Pure Land of Maitreya Bosatsu 弥勒菩薩.

<http://www.reihokan.or.jp/tenrankai/exhibition/kikaku/jyodoten.htm>.

⁹⁰⁹ Londo, “The Other Mountain,” 32.

⁹¹⁰ Londo, “The Other Mountain,” 62.

institution could finally claim to authority over all the others, meaning that “Shingon/*mikkyō*” was not regarded as a singular entity with a set “orthodoxy.” Indeed, as Ryūichi Abe has contended, the establishment of a “school” was not Kūkai’s primary aim.⁹¹¹ It is therefore questionable to what extent we can imagine a “Shingon School,” as such, to have existed immediately after Kūkai’s perishing or, for that matter, throughout most of Japanese Buddhist history.

In contrast to the Shingon training centers of Nara, Kyoto, and Hieizan, Kōyasan suffered from financial problems almost immediately after its founding. In addition to its considerable distance from the capital, a turbulent relationship with Tōji became another factor leading to the eventual fall of Kōyasan in the 10th century. After Kūkai, Tōji was overseen by the monk Jichie 實慧 (786-847), who was followed by Shinzei 眞濟 (800-860). After Shinzei became the abbot of Tōji, he asked the court to allot to Tōji the yearly ordinands 年分度者 (*J. nenbundosha*) originally designated for Kōyasan.⁹¹² Perhaps already aware of the intractable marginality of Kōyasan, Shinzei may have felt that the quota of yearly ordinands would be put to better use within the capital. However, when Shinzen became the abbot of both Tōji and Kongōbuji, he was able to re-delegate the ordinands to Kōyasan.⁹¹³ It appears that while Shinzen was abbot, he wanted to work to promote Kōyasan as a key site for Shingon training, rather than as a mere subsidiary of Tōji. As Londo notes, Shinzen was able to acquire the title of *zasu* 座主 for the abbot of Kōyasan, which would signal an (at least nominally) equal status with the *zasu* of Hieizan.⁹¹⁴

⁹¹¹ Abe, *Weaving of Mantra*, 46-47.

⁹¹² At this time, the “temple” Kongōbuji was rather a mega-complex of temples, hermitages, pavilions, libraries, and dormitories, so at this time the word “Kongōbuji” was essentially synonymous with “Kōyasan.”

⁹¹³ Londo, “The Other Mountain,” 63.

⁹¹⁴ Londo, “The Other Mountain,” 64.

A very active preacher, Shinzen worked to promote Kōyasan as a devotional site where emperors and aristocrats could seek Pure Land rebirth. In 883, he led Emperor Yōzei 陽成天皇 (869-948, r. 876-884) to Kōyasan to pray to the Bodhisattva Maitreya for salvation in the Tuṣita heaven. By this time, popular belief in Tuṣita had become widespread, and it is possible that Kūkai himself promoted this form of post-mortem “Pure Land” aspiration, though this point is debatable.⁹¹⁵ Due to the efforts of Kūkai’s immediate disciples, and those in his early lineages, Kōyasan came to be seen as a portal to various Pure Lands, and even as a Pure Land unto itself.

In the late-Heian and Kamakura periods in particular, but even shortly after Kūkai’s death, devotion to him as a bodhisattva savior figure spread throughout elite and common circles.⁹¹⁶ Kūkai’s body was entombed upon the mountain, but soon after his death, his early disciples came to believe that rather than dying in the traditional sense, Kūkai had entered into an eternal *samādhi* in order to await the descent of the future Buddha Maitreya (The “Dragonflower Assembly,” *Longhua hui* 龍華會) into our world. It is often assumed that Kūkai’s slogan, *sokushin jōbutsu* “the attainment of Buddhahood in this very body,” presupposes an immanentist theory of salvation. In fact, Kūkai’s “applied” Esoteric theory worked to envelop all Buddhist traditions, and seems to have often been articulated through faith in “Pure Land” rebirth.

In 877, in order to boost the prestige of Kōyasan further, Shinzen relocated the *Sanjūchō sasshi* 三十帖冊子 [*Thirty Volume Scripture*], a collection of works written by Kūkai, to the mountain. By investing Kōyasan with these texts, he hoped to promote the mountain as a site for scholarship and ritual practice. However, he may have inadvertently set a ticking time bomb on the mountain. In 912, a row over the *Thirty Volume Scripture* emerged between Tōji and

⁹¹⁵ Hayami, *Miroku shinkō*, 91-94.

⁹¹⁶ Londo, “The Other Mountain,” 97.

Kōyasan. Tōji's abbot Kangen 觀賢 (853-925) demanded that Mukū 無空 (d. 916), the abbot of Kōyasan, return the texts immediately to Tōji, claiming that Tōji was the rightful owner. Mukū refused to return the texts even when the court sided with Kangen. In protest against Tōji's inappropriate exercise of power (thanks to the work of Shinzen, Kōyasan at this time was not necessarily under Tōji's authority) Mukū abandoned the mountain in 916, and took up residence in Yamashiro 山城. Eventually, in solidarity with Mukū, all of the priests left the mountain to join their abbot. In 919, Kangen, under the court's authority, reclaimed the texts and "returned" them to Tōji.⁹¹⁷ "Since the *Thirty-volume Scripture* incident, it became an established rule that Tōji's abbot in Kyōto was appointed to the abbotship of Mt. Kōya. The office of *kengyō* 檢校, 'inspector general,' of Kongōbuji represented the highest administrative post occupied by the resident priest of Mt. Kōya."⁹¹⁸

Mukū is remembered for his miraculous Pure Land rebirth in the *Kōya ōjōden* 高野往生傳.⁹¹⁹ Mountains have often been regarded as liminal spaces ideal, for the cultivation of meditative powers and the purification of sins. Kōyasan in particular seems to have attracted various practitioners aspiring for Pure Land rebirth. While Mukū's retirement may have led to further decline in the mountain's institutional infrastructure, stories about his, and other's rebirth in the Pure Land there, would, in some sense, eventually lead to its revival.

Despite the best efforts of Shinzen to establish Kōyasan's institutional independence, from the early 10th century, lack of funds and lack of interest led to only sporadic renovations. Finally in 952, the area around the Oku-no-in 奥ノ院 Mausoleum burned down.⁹²⁰ In that same

⁹¹⁷ Abe, "From Kūkai to Kakuban," 269-270.

⁹¹⁸ Abe, "From Kūkai to Kakuban," 308.

⁹¹⁹ ZJZ 6.

⁹²⁰ Londo, "The Other Mountain," 66.

year, Kankū 寛空 (884-972), the abbot of Tōji, dispatched Gashin 雅真 (d. 999) to rebuild the area, a task which he finished within six months. Unfortunately, another devastating fire struck the mountain in 994 destroying almost the entire complex. This time, Gashin was less successful in locating the funds necessary to rebuild.

Other problems added to the damage inflicted by fires and lack of funds. In 998, when the court appointed the governor of Kii Province 紀伊国 (present day Wakayama Prefecture 和歌山県), Ōe no Kagemasa 大江景理, to oversee the rebuilding of Kōyasan. It appears that he instead embezzled the funds and land provided him, thus hampering the revitalization efforts even further. Finally, Gashin died in 999, the renovation incomplete. Though other monks endeavored to continue the rebuilding effort, they lacked the funds, inspiration, and man power to rebuild the mountain. Kōyasan was nearly a memory.⁹²¹

Londo notes that while Emperor Uda 宇多天皇 (867-931, r. 887-897) did make a pilgrimage to Kōyasan in 900,⁹²² very few trips were taken to the mountain by people of much importance for over a century until Fujiwara no Michinaga's 藤原道長 (966-1028) pilgrimage in 1023. In other words, between 900 and 1023, Kōyasan had nearly “fallen off the map.” It would only reemerge as an important pilgrimage site after the mid-11th century,⁹²³ nearly two-hundred years after its founding.

The Pure Land in Kūkai's Works

As discussed above, Pure Land rebirth was a major concern within the *dhāraṇī* culture of Nara. Statues depicting the various manifestations of Avalokiteśvara populated the halls of Nara

⁹²¹ Londo, “The Other Mountain,” 70.

⁹²² Londo, “The Other Mountain,” 65, f. 29.

⁹²³ William Londo, “The 11th Century Revival of Mt. Kōya: Its Genesis as a Popular Religious Shrine,” *Japanese Religions* 27.1 (2002): 10-40.

and Heian-kyō temples. Amitābha, the Medicine Buddha, Śākyamuni, and Maitreya were popular objects of devotion associated with Pure Land rebirth. While these developments are widely recognized, Kūkai’s impact upon these areas of Buddhist practice has been all but ignored in the secondary literature. It is certainly not the case that Kūkai and the first generations of his disciples ignored the idea of Pure Land rebirth. Rather, the problem is that when scholars seek to address Kūkai and Esoteric Buddhism in Japan, they are often following a set academic agenda that predetermines what is and is not subject to discussion. Here I will examine a few examples of Kūkai’s views on Pure Land(s).

Apart from the “Pure Land” cult that evolved around the tomb of Kūkai on Kōyasan, Kūkai’s own works make numerous references to purified Buddha Lands in a way similar to Amoghavajra, who is regarded by some as the essential Chinese “Esoteric Buddhist” thinker.⁹²⁴ According to both Amoghavajra and Kūkai, mastery of tantric ritual lead to rapid progress along the bodhisattva path, which by definition includes not only the acquisition of a Pure Land, but also the ability to travel to all Pure Lands of the ten directions. This ability represents a basic feature of the bodhisattva path. Esoteric approaches to the bodhisattva path were all encompassing. They include everything, albeit systematized around mudra-mantra-mandala coordinated ritual activities where in the bodhisattva stages are collapsed into a single moment. The attainment of awakening and simultaneous rebirth in all Buddha Lands from within this Buddha Land (no doubt, drawing upon the *Avataṃsaka-sūtra*) is something that Kūkai seems to take for granted as a feature of Mahā/Vajrayāna cosmology and soteriology.

⁹²⁴ Geoffrey Goble, “Chinese Esoteric Buddhism: Amoghavajra and the Tang Ruling Elite” (PhD, diss., Stanford University, 2012).

In the *Hokkekyō kaidai* 法華經開題 (T. 2190),⁹²⁵ a commentary on the *Lotus Sūtra* attributed to Kūkai, we find numerous references to Sukhāvātī and rebirth. In addition to pointing to the contemplation of the Sanskrit letter “A” as the one true Ekayāna 一乘,⁹²⁶ this text also contains a particularly interesting Avalokiteśvara Pure Land/Lotus Sūtra visualization ritual which is centered upon Amitābha’s seed-syllable, *hrīḥ*.⁹²⁷ This passage presents “*hrīḥ* syllable contemplation” as a direct path to the attainment of Pure Land rebirth.

Whether or not Kūkai in fact wrote this text, as with the texts attributed to Amoghavajra in the previous chapter, it certainly appears that whoever wrote it saw its teachings on the Pure Land as coherent within the Esoteric system. Indeed, Pure Lands as a feature of Buddhist cosmology (as detailed in the previous two chapters) are ubiquitous throughout the Esoteric corpus of South and East Asia upon which Kūkai drew. Pure Land rebirth was a normative goal within the Esoteric corpus, in India and China (and later Tibet), and though it does not seem to feature prominently in Kūkai’s writings, there is no reason to reject the attribution to him of references to Pure Land rebirth out of hand as inherently spurious. Moreover, that this text, and texts like it, present an unambiguously “Esoteric Pure Land” perspective should indicate to us that Kūkai’s early disciples and lineage holders did not regard “Pure Land” and “Esoteric” as

⁹²⁵ BKD 10:18; For a translation of the *Jūen shōkai* version of this text, very similar in content, see the recent translation by Thomas Eijō Dreitlein, “An Annotated Translation of Kūkai’s *Hokkekyō kaidai* (*Jūen shōkai*),” *Kōyasan daigaku rosō* 高野山大学論叢 50 (2015): 1-41.

⁹²⁶ T. 2190, 174c01-04.

⁹²⁷ 今眞言宗意。據金剛頂經。舉人名妙法蓮華者。乃觀自在如來密號也。此佛名無量壽。淨妙國土現阿彌陀佛身。五濁世界號觀自在菩薩。此菩薩名曰一切法平等觀自在智印。若聞此名。讀誦思惟設住欲。猶如華蓮客塵不染。疾證無上正等菩提。故觀自在菩薩手持蓮華。觀一切衆生身中如來藏性自性清淨。此菩薩以 *hrīḥ* 字爲種子。此字 *ha, ra, i, aḥ* 以四字。合爲一字之 *hrīḥ* 字。名爲懺悔義。若具慚心不爲一切惡。即具一切無漏善法故。蓮華部名法部。此字加持力故。極樂世界水鳥樹木皆演法音。若人持此 *hrīḥ* 字念誦。能除一切災禍疾病。命終後極樂淨土上品蓮臺。法華經廣略無邊義皆含藏上 *hrīḥ* 字。故念持此字門誦受一部法華經功德。此法華經於法 *hrīḥ* 字於三摩地八葉蓮花於人觀自在王如來也。(T. 2190, 183a29-b15). This text corresponds to the 開示茲大乘經 version of the *Hokke kaidai* in the *Teihon Kōbōdaishi zenshū* 定本弘法大師全集 (TKZ) 4:155-168. The equivalent passage may be found on pages 159-160. For an explanation of the Esoteric Pure Land content of this text, and an explanation of the title of the *Lotus Sūtra* and the samadhi of Avalokiteśvara, see pages, 456-461.

separate approaches to awakening. In one sense, they may both be regarded as potential “sudden” or “easy” paths to awakening (as opposed to “gradual” or “difficult” ones).

Kūkai is also said to have authored the *Muryōju nyorai sakuhō shidai* 無量壽如來供養作法次代,⁹²⁸ a ritual commentary on Amoghavajra’s *Wuliang rulai guanxing gongyang yigui* 無量壽如來觀行供養儀軌 (T. 930),⁹²⁹ in which Amoghavajra draws upon the *Contemplation Sūtra* 觀無量壽經 (T. 365)⁹³⁰ and the *Avatamsaka-sūtra* to present a simple contemplation ritual focused on Amitābha, Sukhāvātī, and Avalokiteśvara. Amoghavajra’s short “Esoteric Pure Land” text was transmitted to Japan multiple times by Kūkai, Saichō, Ekū 惠空, and Enchin. It is cited in Kakuban’s *Gorin kuji myō himitsu shaku* 五輪九字明祕密釋 (T. 2514), Genshin’s *Ōjōyōshū* 往生要集 (T. 2682), and Eikan’s *Sanji nenbutsu kanmonshiki* 三時念佛觀門式. It further served as a source text for the *Tendai Amidahō sanbusaku* 天台阿彌陀法三部作,⁹³¹ and it remains one of the most important rituals transmitted within Japanese Esoteric lineages today. Whether or not Kūkai actually wrote the commentary attributed to him, the text it is based on is extremely important for the development of Japanese Buddhism, and remains in use in Tendai and Shingon ordination and training.

According to the ritual commentary attributed to Kūkai,⁹³² following the preliminary invocations and purifying mantras, the mantra practitioner is enjoined to envision the lapis lazuli

⁹²⁸ *Kōbō Daishi zenshū* 弘法大師全集, ed. Sofū Sen’yōkai 祖風宣揚會 (Tokyo: Yoshikawa Kōbunkan 吉川弘文館, 1910), 2:495–521. BKDJ 10:445, 447, 448. See Chapter II, Part III and IV, regarding of Amoghavajra’s “Vajrayāna Pure Land” works.

⁹²⁹ T. 930, J. *Muryōju nyorai kengyō kuyō giki*.

⁹³⁰ T. 365, C. *Guan wulianshou jing*, J. *Kanmuryōju kyō*.

⁹³¹ Nakamikado Keikyō 中御門敬教, “Muryōju nyorai kengyō kuyō giki 無量壽如來觀行供養儀軌,” *Jōdokyōtenseki mokuroku* 浄土教典籍目録 (Kyoto: Bukkyō daigaku sōgō kenkyūjo 仏教大学総合研究所, 2011), 27-28.

⁹³² The following description is an updated, revised, and expanded version of a section of a paper I published in the *Pacific World Journal*: Aaron P. Proffitt, “Nenbutsu Mandala Visualization in Dōhan’s *Himitsu nenbutsu shō*: An

ocean of Sukhāvātī. From this ocean emerges a Sanskrit seed syllable written in the Siddham script (an ancient script for writing South Asian languages in use during the early transmission of Buddhist texts into East Asia, and preserved in Japan today) the luminous crimson syllable *hrīḥ*, which, like the Buddha Amitābha is said to illuminate all of the Buddha Lands of the ten directions. The syllable transforms into Avalokiteśvara, and finally Amitābha. Upon Amitābha's chest is a moon disc with the Amitābha mantra inscribed in Siddham letters: *Oṃ amṛta teje hara hūṃ* (J. *on amirita teje kara un*). Beginning with “*oṃ*” written in the center, the mantra wraps around the moon disc. The *shingonja* then envisions the same moon disc upon his or her own chest. Amitābha then begins to chant the mantra, projecting the moon disc out of his mouth and into the meditator's head. The *shingonja* then reciprocates, shooting the moon disc from his head into the feet of Amitābha. Scholars of Tibetan Buddhism will note the similarities between this ritual and the popular *phowa* practice.⁹³³

Kūkai then encourages the mantra practitioner to envision the features of the Pure Land as described in the *Contemplation Sūtra*, wherein the Buddha's light is said to illuminate the Pure Lands of the ten directions. This rite is said to purify one of all forms of illness and suffering, and to purify one's sins similar to the popular repentance rituals often associated with Amitābha. Moreover, at the end of one's life one will certainly attain rebirth in the highest level of the Pure Land of Bliss. However, the Pure Land is also realized to be empty, as the *shingonja* realizes that they maintain a non-dual union with the Buddha. All dharmas are empty, and the mind of awakening is originally non-arising and pure.

Investigation into Medieval Japanese Vajrayāna Pure Land,” *Pacific World: Journal of the Institute of Buddhist Studies* (Third Series) 15 (2013): 155-157.

⁹³³ Patrul Rinpoche, *The Words of my Perfect Teacher: A Complete Translation of a Classic Introduction to Tibetan Buddhism* (San Francisco: HarperCollins Publishers, 1994), 351-366.

Of particular interest here is the notion that the chanting of the mantra itself, as initiated by Amitābha, is the conduit by which these benefits, including the attainment of post-mortem rebirth in the Pure Land, are in fact realized. For Kūkai, as well as for other “Esoteric” thinkers after him, mantra technologies are said to be powerful precisely because they are the words of the Buddha, and are therefore an “other-power.”⁹³⁴

References to Pure Lands, Buddha Lands, and the world spheres of the ten directions are ubiquitous throughout Kūkai’s magnum opus, the *Ten Stages of Mind*, mentioned above.⁹³⁵ Written at the request of Emperor Junna, this text served, in some sense, as Kūkai’s final word on “Esoteric” doctrinal orthodoxy. That this text contains references to Pure Lands should not be the least bit surprising. The “point” of this text is basically to demonstrate to the emperor not only the place of Esoteric Buddhism in the ritual life of an emperor, but also the place of all other Buddhist traditions *within* Esoteric Buddhism, and the place of Esoteric Buddhism with all other Buddhist traditions. Given that Pure Lands are a ubiquitous feature of Mahāyāna literature, and a dominant soteriological goal for lay and monastic Buddhists throughout the history of East Asian Buddhism, and a common goal throughout the Mahā/Vajrayāna corpus, it would be surprising if they did not appear in some form or another.

In conclusion, as noted above, that “Esoteric” ritual discourse which came to dominate Japanese religious life may in some respect be attributed to Kūkai. However, while Kūkai may have “turned the wheel” of the teachings, as it were, it was the cosmopolitan Nara monks that preceded him, and the architects of the Hieizan Taimitsu lineages following him that kept it rolling. Kūkai helped cement the very idea of an “Esoteric” approach to Buddhist practice at court and the highest ranking temples in Japan, and he even introduced unknown genres of

⁹³⁴ See Chapter II, Part I.

⁹³⁵ T. 2425.317b17; 338a13-14; 351b03-06, etc.

Mahāyāna literature that became extremely popular. But, like the site of his grave on Kōyasan, Kūkai’s doctrinal writings quickly fell into disuse within a generation or two after his passing. In the following section I will examine the growth of Hieizan Esoteric lineages and Pure Land practices because just as these lineages came to dominate early-medieval religion, 11th and 12th century “Kūkai Studies” revivalists and Kōyasan pilgrims and fundraisers worked to (re)establish Kūkai’s legacy as a center of gravity within Japanese Esoteric thought and practice.⁹³⁶ The goal of attaining rebirth in a Pure Land shaped one of the main areas of concern for these revivalist scholar-monks.

Chapter III

Part III

Saichō and Hieizan

The contemporary Tendai School looks to Saichō as its founder. Similarly, scholars of Pure Land and Esoteric Buddhism look to him as an early “systematizer” of those traditions as well. In order to understand the place of Esoteric and Pure Land Buddhism in Saichō’s thought, and thus their position in the development of an independent Hieizan institution, we must first look to Saichō’s universal “Ekayāna” Tendai system. Saichō was ordained at Tōdaiji in 785, and studied the *Avatamsaka-sūtra* under Gyōhyō 行表 (722-797), and also studied Vinaya, the *Brahma Net Sūtra* 梵網經 (T. 1484),⁹³⁷ *Lotus Sūtra*, Madhyamaka, Yogācāra, etc. (Each of these areas of expertise would prove useful in his later career.⁹³⁸) Early on, Saichō’s reputation as an earnest and disciplined monk reached the emperor, as Saichō had with some luck established his

⁹³⁶ Abe, “Kūkai to Kakuban,” 301-302.

⁹³⁷ T. 1484, C. *Fanwang jing*, J. *Bonmō kyō*.

⁹³⁸ Groner, *Saichō*, 24.

hermitage in the mountains just to the northeast of the place where the new capital would be built. Kanmu enlisted Saichō as an ally, perhaps due to Saichō's relative marginality in relation the competing factions in Nara (though this point should not be overstated), and became Saichō's patron. The emperor rebuilt Saichō's humble shack in 788, and along with numerous elite monks from Nara, attended a service held there in 794.

In 804, Saichō was sent to China as part of the same envoy with Kūkai traveled. Whereas Kūkai studied in Chang'an and stayed for almost two years, Saichō traveled to Tiantaishan 天台 [山]. In the Tiantai mountain region, lineages had been developing around Zhiyi's 智顓 (538-597)⁹³⁹ *Lotus Sūtra panjiao* doctrinal classificatory system. In this *panjiao* the *Lotus* was argued to represent the "Esoteric" teaching revealed by Śākyamuni to his more accomplished disciples, that all beings will ultimately embark on the Bodhisattva path and thus attain awakening. Zhiyi's system, and later Saichō's, can be understood as a theory of universal salvation within which all Buddhist systems find their place.

In East Asia, *panjiao* systems that centered upon particular sutras and/or commentaries proliferated. These systems, which should not be understood as a "sectarian" entities, employed the teachings present in one text (or group of texts) to orient all other texts, thus serving as universalizing rubrics. Zhiyi employed the *Lotus*, while other thinkers employed the *Nirvana Sūtra* or the *Avatamsaka*. In one sense, we may understand all of these *panjiao* systems as various strategies for "making sense" of the diversity of Buddhist teachings available within the East Asian cultural sphere,⁹⁴⁰ strategies allowing students of that system to distinguish between the revealed (*ken*) and inner/hidden (*himitsu*) teaching. Zhiyi's use of the concept of the

⁹³⁹ J. Chigi.

⁹⁴⁰ Stone, *Original Enlightenment*, 14-15. Stone presents Peter Gregory's argument that *panjiao* claims to universality served hermeneutic, sectarian, and soteriological means.

“Esoteric,”⁹⁴¹ though preceding Kūkai’s *kenmitsu* (exo/esoteric) thought, was never the less drawing upon the same tension between the revealed and the hidden within Mahāyāna literary culture, and thus provided a basis from which Japanese Tendai monks might successfully deploy Kūkai’s *kenmitsu* within/alongside the Tendai doctrinal framework.

Unlike Kūkai, Saichō seems to have employed a more confrontational approach to establishing the credibility of his teachings in the eyes of the Nara monastic elites. As he began to teach the Tendai doctrine that he had learned in China, the Nara monk Tokuitsu 徳一 (781?-842?), a Yogācāra scholar at Kōfukuji and Tōdaiji, engaged Saichō in a famous debate on the doctrine of Buddha-nature, the correct interpretation of the *Lotus Sūtra*, and the differentiation between “provisional” and “true” teachings. Discord between Saichō and Tokuitsu may suggest that Saichō established his “school” apart from of the Nara establishment. And indeed, one of the distinguishing characteristics of Saichō and the Hieizan establishment is its (eventual) relative institutional autonomy from Nara based temple networks, but this point is easy to overstate. According Saichō’s Hieizan curriculum, monks were expected to remain on the mountain continuously for twelve years of study. However, as was common in the shared *kengaku* 兼學, or “dual-study,” culture of Buddhist learning, students frequently engaged in the study of many different traditions, staying with a teacher for only a few years, then moving on. As a result, Saichō frequently lamented that many of his students went on go to study elsewhere.⁹⁴² He was not necessarily proposing that students not study in Nara; rather, he was arguing that they should follow the Tendai program first, so that they not be hindered by the “Hīnayāna” ordinations in Nara.⁹⁴³

⁹⁴¹ Misaki, *Taimitsu*, 26-55.

⁹⁴² Groner, *Saichō*, 126.

⁹⁴³ Groner, *Saichō*, 204-205.

Indeed, the relationship between Hieizan, Heian-kyō and Nara based temples remained quite fluid. In later centuries, it remained acceptable for monks to descend the mountain to study with other teachers. Also, monks were allowed to descend the mountain in order to carry out rituals for the dead and dying members of noble families. In this way, the obligation to save sentient beings (and, of course, acquire patronage) took priority over maintaining a cloistered training regime.⁹⁴⁴

Beginning in 805, Saichō petitioned the court to level the playing field regarding the number of yearly ordinands each of the areas of specialization (that is, “schools”) were allowed. At that time, five yearly ordinands were able to specialize in Madhyamaka and Yogācāra. Saichō argued that these should be each reduced to three, and two ordinands each should be trained in *Avatamsaka*, *Lotus*, or *Vinaya*.⁹⁴⁵ In addition to establishing more yearly ordinands for his Hieizan-based tradition, Saichō sought administrative independence from Nara. Saichō wanted to be able to ordain monks without the approval of a faraway (and often hostile) administrative bureaucracy. Monks on Hieizan were to be trained, ordained, and authorized locally.⁹⁴⁶

Saichō died before Hieizan attained institutional independence. Therefore, it was left up to his disciples to establish the Hieizan ordination platform, and the legitimacy of Hieizan’s autonomy, problems which Groner suggests may have led to Hieizan factionalism.⁹⁴⁷

Pure Land Contemplation and Esoteric Ritual in the Tendai Curriculum

Saichō’s Tendai curriculum included two basic tracks: (1) the *Shikangō* 止觀業, or the meditative/doctrinal study of Zhiyi’s *Mohezhi guan* 摩訶止觀 (T. 1911),⁹⁴⁸ and (2) the *Shanagō*

⁹⁴⁴ Groner, *Ryōgen*, 59-60.

⁹⁴⁵ Groner, *Saichō*, 68-69.

⁹⁴⁶ Groner, *Saichō*, 137, 145.

⁹⁴⁷ Groner, *Saichō*, 267.

遮那業, the study of the rituals associated with the *Mahāvairocana-sūtra*.⁹⁴⁹ Zhiyi's

Mohezhi-guan drew upon the **Pratyutpanna-buddha-saṃmukhāvasthita-samādhi-sūtra* 般舟三昧經 (T. 416-19)⁹⁵⁰ (hereafter, *Samādhi Sūtra*) in the construction of a four-fold contemplative practice that focuses the mind on the Buddha Amitābha. The *jōgyō sanmai* 常行三昧 (C. *changxing sanmei*), or constant practice *samādhi*, as cultivated on Hieizan was part of Saichō's early teaching and is conventionally regarded to as the beginning of Japanese Pure Land practice.⁹⁵¹

Aspiration for visions of a Buddha through *samādhi* practice, and the aspiration for Pure Land rebirth, formed but nodes in the net of the Mahāyāna, a net that Zhiyi, and later Saichō, aspired to encompass. Saichō's engagement with Amitābha contemplation laid the ground work for later developments in Japanese Pure Land, but as outlined above (and in the previous two chapters), Tendai lineages were not the only source for Pure Land thought and practice. Rather, Saichō's Tendai system was designed to respond to the needs of the Japanese Buddhist environment, wherein (just like the rest of the Mahāyāna world) spellcraft and ritual performance were of utmost importance for attaining Pure Land rebirth. One form of practice known as *yama no nenbutsu* 山の念仏, or mountain nenbutsu, grew out of the *jōgyō sanmai* practice, on the one hand, but also seems to have developed out of the earlier thaumaturgical Pure Land practices associated with Gyōki and others.

Though based in the teachings of Zhiyi and the thought of other masters from the Tiantai mountain region, Saichō's "Tendai" tradition must be understood in relation to the "Esoteric" ritual culture of the late-8th and early-9th centuries (which he helped establish) and Kūkai's

⁹⁴⁸ T. 1911, C. *Mohezhi-guan*, J. *Makashikan*.

⁹⁴⁹ Groner, *Saichō*, 70-71, 121.

⁹⁵⁰ T. 416-419, C. *Banzhou sanmei jing*, J. *Hanju zanmai kyō*.

⁹⁵¹ Nara, *Shoki Jōdokyō*, 34-36, 65-66.

construction of “*ken/mitsu*” discourse. Moreover, as is the case for Kūkai, we must keep in mind the intertwined Nara based lineages rooted in major landholding institutions wherein the competition for patronage could at times be quite fierce. Therefore, the early establishment of Tendai as an institutionally “independent” entity should be understood in the context of Nara-Heian Buddhist politics and the competition for mastery of the latest ritual traditions from the continent.

Saichō was in fact the first monk to perform the *abhiṣeka* ritual initiation for the emperor and the court. As Kūkai had done in Chang’an, Saichō studied under Chinese masters who had received initiation into “Esoteric” ritual lineages on Tiantaishan. Saichō returned to Japan before Kūkai, and thus had achieved a “head start” in establishing his authority over the newly imported ritual systems that had come to proliferate in the Tang dynasty. However, once Kūkai’s more extensive training and massive collection of texts and ritual implements became known, Saichō’s qualifications were dismissed as second-tier. For a time, Saichō and Kūkai maintained cordial relations, as Saichō and several of his disciples received *abhiṣeka* initiations from Kūkai. However, when Saichō asked Kūkai for copies of more advanced ritual texts, Kūkai demanded that Saichō first become his student. Saichō’s refusal seems to have led to the split between the two. Regardless, there continued to be considerable overlap and interchange between “Shingon” and “Tendai” “Esoteric” practice and scholarship.

The terms Taimitsu 台密 and Tōmitsu 東密 have been used to differentiate Saichō and Kūkai’s “Esoteric” lineages, however, this is arguably an anachronistic division designed by Kokan Shiren 虎関師鍊 (1278-1346), a monk and historian from Tōfukuji 東福寺 in a history of Buddhism in Japan, entitled *Genkō shakusho* 元亨釋書, written in 1322. By that time, Tendai

and Shingon factions had achieved a higher level of independence.⁹⁵² Before this time, the terms “*shingon*” and “*mikkyō*” were used interchangeably to refer to elite forms of ritual and practice, and “Tendai” and “Shingon” lineages were not absolutely distinct from the Nara establishment, nor from each other, as lineages between temples tended to overlap and/or compete with each other for patronage and resources.

Hieizan based “Esoteric” lineages and their historical domination of the Japanese Buddhist environment have largely been ignored. Dolce notes that in part, this is due to the successful monopolization of “*mikkyō*” scholarship (traditional and modern) by Japanese Shingon scholar-priests.⁹⁵³ She further points out that scholars who have devoted their attention to Tendai have tended to focus on the so-called “exoteric” dimensions of the Tiantai/Tendai tradition, such as the *Mohezhi-guan* and the intellectual tradition of Zhiyi.⁹⁵⁴ For example, Ennin is known for his diary recounting this voyage to China; Jien is known for his Buddhist history, the *Gukanshō* 愚管抄;⁹⁵⁵ and Eisai/Yōsai 榮西 (1141-1215), regarded in the Heian period as the originator of a Taimitsu lineage, the Yōjō-ryū 葉上流, is primarily remembered as a Kamakura Zen founder.⁹⁵⁶ As a result, the extensive Taimitsu⁹⁵⁷ corpus has been rather neglected in comparison with the Shingon School.

⁹⁵² Lucia Dolce, “Taimitsu: The Esoteric Buddhism of the Tendai School,” EBTEA, 745.

⁹⁵³ Dolce, “Taimitsu,” 749.

⁹⁵⁴ Dolce, “Taimitsu,” 749.

⁹⁵⁵ NKBT (*Nihon koten bungaku taikai* 日本古典文学大系), 86.

⁹⁵⁶ Dolce, “Taimitsu,” 748-9; See also, Dolce and Shinya Mano, “Yōsai and Esoteric Buddhism,” EBTEA, 827-834

⁹⁵⁷ Dolce notes, “The following works traditionally have been considered to represent the Taimitsu canon: Ennin’s *Commentary to Jinggangding jing* 金剛頂大教王經疏 (T. 2223) and *Commentary to Suxidi jing* 蘇悉地羯羅經略疏 (T. 2227); Enchin’s *Daibirushanakyō shiki* 大毘盧遮那經指歸 (T. 2212a); Annen’s *Kyōjiki* (T. 2396, *Shingonshūkyōjiki* 真言宗教時義) and *Bodaishingishō* (T. 2397, *Taizōkongō bodaishingi ryaku mondōshō* 胎藏金剛菩提心義略問答抄); the oral transmissions on the three major sūtras attributed to Ennin, the *Taizōkai kyōshinki* 胎藏界虛心記 (T. 2385), the *Kongōkai jōchiki* 金剛界淨地記 (T. 2386), and the *Soshitsuji myōshindai* 妙心大 (T. 2387); the ritual exegeses attributed to Annen, the *Taizōkai taijuki* (T. 2390, the *Taizōkai daihō taijuki* 胎藏界大法對受記), the *Kongōkai taijuki* (T. 2391, the *Kongōkai daihō taijuki* 金剛界大法對受記), and the *Soshitsuji taijuki*

Before moving on to examine the important contributions made by Taimitsu thinkers to the development of Japanese Pure Land thought, it would be instructive to note that we should be hesitant to view “Tendai” or “Hieizan” as signifying a singular entity.⁹⁵⁸ “Tendai” on Hieizan was not a homogenous monolith, but was broken into competing temples with diverse administrative responsibilities and conflicting lineage loyalties. Therefore, it is difficult to view “Tendai” from Saichō’s time onward as a single sectarian organization with a unified hierarchical or institutional structure.

Rather, as Saichō’s immediate disciples participated in a broader Buddhist world of local competing institutions, political factions, and administrative centers (just as Saichō and Kūkai had done), we should rather view Hieizan as a developing “center of gravity” within the Buddhist world of the time, wherein the lineages that claimed descent from Saichō competed for supremacy. In the medieval context, “Taimitsu” referred to Jimon (temple branch) and Sanmon (mountain branch) Tendai traditions, each of which maintained its own lineages, practices, doctrines, and founders.⁹⁵⁹ In other words, it might be better to think of the term Taimitsu as a geographic designation, much like the terms Tiantai in China. Rather than signifying a sectarian distinction, these terms might be taken as referring to localized lineage affiliations with particular institutions. Keeping this in mind, will help us to avoid an anachronistic sectarian reification of Tendai and Shingon autonomy in favor of a more grounded understanding of lineages as tied specific places and groups.

蘇悉地對受記 (T. 2392); Annen’s catalogue of esoteric material, the *Hakke hiroku* 八家秘録; and the medieval ritual collections *Shijūjōketsu* and *Asabashō*.” Dolce, “Taimitsu,” 751-752.

⁹⁵⁸ Dolce, “Taimitsu,” 745.

⁹⁵⁹ Dolce, “Taimitsu,” 744.

“Taimitsu”

After Saichō, Ennin is regarded as the second great “Taimitsu” thinker.⁹⁶⁰ Ennin was one of the most important transmitters of “Esoteric” continental ritual culture in Japanese history, and is also commonly regarded as one of the most important systematizers of Pure Land doctrine on Hieizan. But Ennin may well be one of the clearest examples of what I would refer to as an “Esoteric Pure Land” thinker in early Japanese history. Ennin’s mastery of “Esoteric” ritual far surpassed both Kūkai and Saichō, but because he was not regarded as a “founder,” his contribution is often neglected.

Ennin began his career as Saichō’s student, studying Tendai doctrine, and received *denbō kanjō* 傳法灌頂, the Dharma transmission *abhiṣeka*. Ennin became the third abbot (*zasu*) of Hieizan, and came to be regarded as the founder of the Tendai Sanmon lineage 天台宗山門派 situated in the Yokawa 横川 district of the mountain. Ennin also purportedly initiated the cult of Fudōmyōō 不動明王 (S. Ācalanathā-vidyārāja), a deity often regarded as one of the defining characteristics of Japanese Esoteric Buddhism.⁹⁶¹

In 835, Ennin travelled to Tang China.⁹⁶² He had hoped to travel to Wutaishan 五台山, but was denied official permission. So, it was fortuitous that when he initially intended to return to Japan, unfavorable weather conditions forced him to turn back. At this time he was able to travel to Wutaishan, where he would study the *Mohezhi guan*, and receive 37 fascicles of Tiantai doctrinal commentaries. Wutaishan is regarded as the site of Mañjuśrī’s Pure Land. It was here that Ennin purportedly learned the five-tone Wutai style of chanting the nenbutsu, a form of practice that became very popular on Hieizan.

⁹⁶⁰ Dolce, “Taimitsu,” 744-767.

⁹⁶¹ Dolce, “Taimitsu,” 748.

⁹⁶² Ennin’s travel diary was translated in: Edwin O. Reishauer, *Ennin’s Diary, The Record of a Pilgrimage to China in Search of the Law* (New York: Ronald Press Co., 1955).

Ennin was able to continue his studies at various temples in Chang'an, acquiring many ritual implements, images, and ritual manuals that had not yet been transmitted to Japan. Ennin also acquired the *Susiddhikāra*, which would come to form one of the three most important texts for the "Taimitsu" tradition. Whereas Kūkai's lineage came to promote the *Mahāvairocana* and *Vajraśekhara* systems, together with the Vajra and Womb World Mandalas, Tendai tradition added a third component based on the *Sussiddhikāra*, which is attributed to Ennin.⁹⁶³ This tripartite system would eventually be incorporated into both Tōmitsu and Taimitsu lineages.

In 842, Emperor Wuzong 武宗 (814–846; r. 840–846) initiated his infamous persecution of Buddhism, an eventuality that forced Ennin's premature return to Japan. Upon his return to Japan, he performed the *kanjō* ritual on Hieizan in 849, and became the *zasu* of Hieizan in 854. As *zasu*, Ennin would perform many rituals for the imperial family and courtly elite.

Back in Japan, Ennin developed a unique approach to the Mahāyāna division between *kengyō* and *mikkyō*. For Ennin, the *kengyō* included Yogācāra and Madhyamaka, and other schools of doctrinal study that rely on the Three Vehicles model. The *mikkyō*, on the one hand, was divided into *rimitsu* 理密 and *jirigumitsu* 事理俱密. The *rimitsu*, or *mikkyō* in principle, included the *Lotus*, *Nirvana*, and *Avataṃsaka* sūtras, and others of that nature. These appear to be the sutras that present the Ekayāna perspective, the grand vision of the Mahāyāna, as well as the doctrine of the unity of nirvana and *samsāra*, etc., but which lack the ritual component necessary for rendering this vision complete. By contrast, the *jirigumitsu* included the *Mahāvairocana* and *Vajraśekhara* texts, which also present the Ekayāna vision, and which include extensive ritual procedures and commentaries to render the teachings concrete. Whereas

⁹⁶³ Groner, *Saichō*, 70-71.

Saichō regarded the *Lotus* and *Mahāvairocana* to be presenting the same Ekayāna vision, Ennin elaborated on Saichō’s assessment, emphasizing the importance of ritual.⁹⁶⁴

Ennin came to be associated with the so-called *yama nenbutsu* 山念仏, or “mountain *nenbutsu*,” which is often described by scholars as leading to the ascetic *nenbutsu* practices of figures like Kōya 空也 (aka, Kūya, 903-972), who was a lineage descendant of Ennin. *Yama nenbutsu* is connected to “market place *nenbutsu*” 市念仏, as official and unofficial monks who specialized in *nenbutsu* chanting would often come down from the mountains to chant the *nenbutsu* in the presence of the common people.⁹⁶⁵ The popular understanding of the inherent power of ritual speech, as mantra, as spell, as a vehicle for transformation and the purification of karma, led the *nenbutsu* in particular to emerge as a site for the articulation of a diverse range of doctrinal innovations, many of which were pioneered by Hieizan thinkers at a time when “Esoteric” lineages and practices flourished.

Other important “Esoteric Pure Land” thinkers influenced by Ennin include Henjō 遍昭 (816?-890), who focused on the *Amida sanmai* 阿彌陀三昧; Sōō 相応 (831-918); and Zōmyō 增命 (843-927), a disciple of Enchin who painted images of the Pure Land in the Western Pagoda area. Enshō 円昌 (880-964), the 15th *zasu* of Hieizan is also known to have conferred the precepts upon Kūya, and his *raigō* 来迎 deathbed vision was made famous by Yoshishige Yasutane’s 慶滋保胤 (933-1002) *Nihon ōjō gokuraku ki* 日本往生極樂記.⁹⁶⁶

Ennin is believed to have promoted the *jōgyō sanmai* and to have established the Jōgyōsanmai Hall. Stories about Ennin’s successful attainment of Pure Land rebirth later circulated, intimating that he died chanting the Amitābha Dhāraṇī (See Chapter II) while holding

⁹⁶⁴ Toganoo Shōun 桐尾祥雲, *Himitsu bukkyōshi* 秘密仏教史 (Rokyo: Ryūbunkan, 1981 [orig. 1933]), 225-227.

⁹⁶⁵ Inagaki, *The Three Pure Land Sutras*, 152-154.

⁹⁶⁶ NKBT 7; Kakehashi, *Jōdokyō shisōshi*, 84-85.

the Amitābha mudra—body, speech, and mind orchestrated for the attainment of personal salvation in the Pure Land of the Buddha Amitābha.⁹⁶⁷ While there is some doubt concerning Ennin’s own Pure Land practices—there is considerable evidence that many of the practices attributed to him predate his career—never the less, Hieizan based practices such as the *fudan nenbutsu* 不断念仏 (uninterrupted nenbutsu) spread to Tōmine 遠峰 in Yamato, and other temples in Kyōto,⁹⁶⁸ and eventually Kōyasan. Like Kūkai, Saichō, and other masters, Ennin came to be regarded by some as a Pure Land patriarch.

Following Ennin, the next great “Taimitsu” thinker was Enchin, the 5th *zasu* of Enryakuji. While Ennin is generally (and retrospectively) associated with the Sanmon, or mountain based lineage, Enchin is regarded as the “founder” of the Jimon, or off mountain “temple” based lineage. Also, Ennin is associated with the Eastern Pagoda, while Enchin’s lineage is associated with the Western Pagoda. The Jimon lineage came to be based in Miidera 三井寺 (or Onjōji 園城寺) off the shore of Lake Biwa 琵琶湖. Though historically smaller, Onjōji seems to have produced especially influential “Esoteric” thinkers and ritualists. Kumano and Yoshino cults

⁹⁶⁷ Inagaki, *The Three Pure Land Sutras*, 151-152; Asai Jōkai 浅井成海, “Jikaku daishi Ennin no Jōdokyō 慈覚大師円仁の浄土教,” *Ryūkoku daigaku ronshū* 龍谷大学論集 455 (2000): 1-25.

⁹⁶⁸ Kakehashi, *Jōdokyō shisōshi*, 85. Ennin is credited with establishing the *goe nenbutsu* 五会念仏, and is associated with the *yama no nenbutsu*, *fudan nenbutsu*, etc. However, there is no direct surviving evidence that demonstrates these began with him. (Nara, “Shoki Jōdokyō,” 43, 65-66, 76). Ennin’s reputation as a Pure Land aspirant is also up for debate. Though many references to his miraculous rebirth may be found in texts associated with him, (Nara, “Shoki Jōdokyō,” 47) and it seems that his disciples and early compilers of his biographies regarded him as an Amitābha devotee aspiring for Pure Land rebirth, but there is a danger in regarding him as a “Pure Land aspirant” similar to the communities we find around Hōnen. However, we should also keep in mind that we cannot dismiss all evidence for Pure Land thought simply because it does not fit into a predetermined rubric. By constructing an overly narrow rubric for what counts as “Pure Land” we render ourselves blind to the subtlety with which Pure Land ideas present themselves in the careers of Taimitsu theorists. (Nara, “Shoki Jōdokyō,” 47-62.) It is possible that further investigation may well reveal that, in line with much of the evidence from the East Asian Esoteric corpus) that we find that the Pure Land was employed as a place where one would be reborn and continue to practice.

were important branches of the Jimon faction. Altogether, Jimon, Sanmon, and Tōji were major lineages in competition in the capital.⁹⁶⁹

In 828, Enchin ascended Hieizan and studied under Gishin 義真 (781-833), the *zasu* at the time. He studied the *Shanagō* and *Shikangō* before travelling to China in 851. In China he studied *Mohezhiquan* doctrine and meditation on Tiantaishan 天台山. Later, in Chang'an, he received initiations at Qinglongsi, the temple at which Kūkai studied. Enchin drew upon Ennin's *kenmitsu* vision, but emphasized the subordinate position of the Lotus, and further emphasized the importance of ritual in his *Dainichikyō shiki* 大日經指歸.⁹⁷⁰

Enchin makes numerous references to the attainment of rebirth in the Pure Land Sukhāvātī in his major work on Esoteric Buddhism, *Nyūshingonmon nyūnyojitsukenkōenhokke ryakugi* 入真言門入如實見講演法華略儀 (T. 2192, 196c17-202b10). In the *Jubosatsukaigi* 授菩薩戒儀 (T. 2378, 629b28-629c19) Enchin describes rebirth in the Pure Land in terms common to the East Asian Mahā/Vajrayāna corpus; the “casting off of the body” 捨此身; the attainment of rebirth in the realm Sukhāvātī 生極樂界; the attainment of full awakening upon hearing the Buddha Amitābha preach the Dharma 彌陀佛前聽聞正法悟; and the attainment of the power to travel throughout the Pure Lands of the ten directions to pay homage to all the Buddhas therein 無生忍具大神通遊歷十方供養諸佛, and always to hear the perfect Dharma of the highest Mahāyāna 常聞無上大乘正法. All this suggests that Enchin and Ennin; were participants in a broader “Mahā/Vajrayāna” culture within which the concept of the Pure Land was regarded as one important phase of the Bodhisattva path.

⁹⁶⁹ Dolce, “Taimitsu,” 745-746.

⁹⁷⁰ Togano, *Himitsu bukkyōshi*, 228.

The next major Taimitsu thinker was Godai'in Annen 五大院安然 (841-902?), a monk from the same family as Saichō, and a student of Ennin. Though Annen never studied in China, through his substantial contributions to Japanese Esoteric Buddhism scholarship, he is often ranked alongside those who did. After Ennin and Enchin, Annen is regarded as one of the founders of the Taimitsu tradition, being especially influential in medieval Tō- and Taimitsu lineages. Annen further elaborated on the ideas of Ennin and Enchin by arguing for a five-fold doctrinal division (yet another *panjiao*) in his *Taizō kongo bodaishingi ryaku mondō shō* 胎藏金剛菩提心義略問答鈔 (T. 2397). Here, drawing upon Zhiyi's system, Annen developed his own *panjiao* of the Five Periods and Five Teachings. First he divides the Buddhist teachings into those that believe in the three vehicles 三乘 (J. *sanjō*: *zō* 藏, *tsū* 通, *betsu* 別), and those that accept the one vehicle, or *eka-yāna* 一乘 (*en* 圓 and *mitsu* 密).⁹⁷¹ Annen seems to have regarded Shingon as superior to Tendai by itself, whereas Ennin and Saichō saw them more closely aligned. Under the heading of the “Perfect Teaching,” Annen included both the *Lotus*, *Avatamsaka*, and others that present a comprehensive Mahāyāna worldview, however, like others before him, he regarded Shingon as providing a more embodied and concrete manifestation of that ultimate reality.

Annen also disagreed with Kūkai's assessment that the *Avatamsaka* was superior to the *Lotus*, and he positioned Tendai just below Shingon in his own version of the *Ten Stages of Mind*. Annen believed that from the perspective of ultimate reality, all Buddhas are one Buddha, all Buddha lands are one Buddha land, and that all teachings fit within a universal *mikkyō* rubric.⁹⁷² Building upon key features of both Saichō and Kūkai's competing visions of Esoteric Buddhism,

⁹⁷¹ Toganoo, *Himitsu bukkyōshi*, 228-230.

⁹⁷² Ōkubo Ryōshun 大久保良峻, “Godai'in Annen no kokudokan 五大院安然の国土観,” *Nihon Bukkyō gakukai nenpō* 日本仏教学会年報 58 (1993): 155-170.

Annen argued that the *panjiao* evolutionary/hierarchical divisions may be ultimately collapsed on the basis of the mutually-interpenetrating perspective of *shingon*. In this sense, like Kūkai, Annen’s “*shingon shū*” sought to encompass and unify all Buddhism.⁹⁷³

In the *Shingonshū kyōjigi* 眞言宗教時義 (T. 2396), Annen employed the term “Shingonshū” as a label for his teachings, and referred to himself as a Shingon-shū monk. This usage demonstrates the fluidity of the concept of “*shingon*” as well as of the term “*shū*.” That a Hieizan monk could lay claim to the term “*shingon-shū*” should give scholars of Japanese Esoteric Buddhism pause, as it clearly demonstrates that during Annen’s time, the concept possessed a much broader range than it does today. Annen’s legacy, too, reached beyond sectarian categories, and it is perhaps for this reason that his impact has been overshadowed by those historical figures who nicely fit into sectarian teleologies.⁹⁷⁴

Ryōgen and the Aristocratization of the Sangha

Depending on one’s perspective, Ryōgen 良源 (912-985) is either the hero of Tendai history, or the school’s greatest villain. Ryōgen, like many elite monks, was a master of both Tendai doctrine and Esoteric ritual, and he seems to have promoted this dual learning in his training of disciples, many of which would go on to be both important “Taimitsu” thinkers as well as major systematizers of the forms of Buddhist practice scholars would go on to describe as “Pure Land Buddhism.” Ryōgen’s rise to power led to a major schism in the Japanese Tendai tradition between the Jimon and Sanmon lineages. From this point on, the descendants of Ennin

⁹⁷³ However, Dolce and Mano state that this proposal was more of a prescriptive ideal, not actually an achievement of early Hieizan *mikkyō*, and that in Annen’s time *mikkyō* was regarded as the highest teaching, with the Lotus as an abbreviated teaching, *ryakusetsu*. Dolce and Mano, “Godai’in Annen,” 770-3.

⁹⁷⁴ Dolce and Mano, “Godai’in Annen.”

and Enchin would remain functionally autonomous.⁹⁷⁵ However, Ryōgen's career also marked the establishment of Hieizan as the dominant Buddhist institution in Japan.

Before Ryōgen took office, the mountain had experienced significant financial trouble. In 823, the year after Saichō's death, Hieizanji was renamed Enryakuji. Officially granting this mountain temple its own imperially recognized name meant that monks did not have to be affiliated with Nara temples, as they had up to this point.⁹⁷⁶ However, "official" freedom from Nara and the *sōgō* also meant that the monks on Hieizan were in a precarious financial position as they were somewhat at a disadvantage in the patronage network.⁹⁷⁷ Many of Saichō's students were Kōfukuji monks, and since Kōfukuji was the Fujiwara family temple, Saichō was able to establish important patronage relations with Fujiwara officials.⁹⁷⁸ Lay patrons were essential in this early period for overseeing monastic infrastructure, the training of monks, resolving disputes, and helping proposals get through court channels more smoothly.⁹⁷⁹

Ryōgen developed a strong relationship with Fujiwara no Morosuke 藤原師輔 (908-960), and would eventually tonsure Morosuke's son, Jinzen 尋禪 (943-990), who became the *zasu* of Hieizan.⁹⁸⁰ This move by Ryōgen set in motion a trend by which the sons of elite families came to dominate the highest ranks of major temples. In this way, families competing with each other at court came to participate in the competition between monastic lineages. This is a fairly interesting (or unfortunate) development when one considers the degree of social mobility that monasteries had previously provided those from the lower classes up to this period. Stone notes that from 782 to 990, 97% of the monastic population came from the commoner class, from 991-

⁹⁷⁵ Dolce, "Taimitsu," 745.

⁹⁷⁶ Groner, *Saichō*, 269.

⁹⁷⁷ Groner, *Saichō*, 281-282.

⁹⁷⁸ Groner, *Saichō*, 164.

⁹⁷⁹ Groner, *Saichō*, 269-270.

⁹⁸⁰ Groner, *Ryōgen*, 81-84.

1069, 52%; and, from 1070-1190, 10%. Early on, becoming a monk was one way of transcending the station of one's birth, but from Ryōgen's time onward, temple succession became one more arena wherein aristocrats competed with one another for power.⁹⁸¹ Indeed, to a large degree, this had always been one function of temples as institutions since Buddhism first arrived on the archipelago.⁹⁸² But after Ryōgen, a new system emerged:

From Shirakawa [1053-1129] on, retired emperors placed imperial princes as ranking abbots at the Enryakuji, Onjōji, and other major temple-shrine complexes in an effort to gain some control over these institutions and their armed forces. The first *hōshinnō* at the Enryakuji was Saiun, son of Emperor Horikawa, appointed *zasu* in 1156 by Retired Emperor Goshirakawa. From the Insei of Retired Emperor Toba (retired 1129-1156), virtually all *zasu* were imperial princes.⁹⁸³

It seems obvious that at this time, Buddhist centers came to acquire land and power on par with noble families and the court. Often enough, though, these powerful monasteries were in fact run (or came to be run) by powerful elite families, or by retired emperors themselves. In this environment ritual lineages continued to proliferate as a common ritual culture, and Hieizan, with its proximity to the capital and close familial and political connections with the imperial family and the aristocracy eventually came to dominate that environment.

While elite families employed major temples to aid in their mastery over this world, they also endeavored to draw upon the power of elite ritual specialists to help them control their fates in the Afterlife. From the 10th century, obtaining deathbed visions of one's impending future rebirth in the Pure Land came to be one of the primary preoccupations of Japanese Buddhist practice. To a significant degree, the difference between rebirth in the Pure Land at the last moment of death (J. *ōjō*) and the attainment of corporeal awakening (J. *sokushin jōbutsu*) came to be blurred. Given the close relationship between the sangha and the aristocracy, it was common for a priest to accompany one in the last moments for assistance in the transition that

⁹⁸¹ Stone, *Original Enlightenment*, 112.

⁹⁸² Stone, *Original Enlightenment*, 111-112.

⁹⁸³ Stone, *Original Enlightenment*, 112.

death represented. Visualization practices drawn from Pure Land and Esoteric texts were important for deathbed practice.⁹⁸⁴

It is often assumed that contemplative *nenbutsu* practice was the initial dominant trend and that vocal recitation grew later under the influence of the *Ōjōyōshū*. However, Kakehashi contends that Ryōgen’s Pure Land thought and the impact he had on Senkan and Zenyū reveals that the vocal *nenbutsu* and aspiration for rebirth were both of prime importance, especially for the aristocracy, amongst whom Ryōgen actively promoted devotion to Amitābha.⁹⁸⁵

Drawing upon the *Contemplation Sūtra*, Ryōgen crafted his *Gokuraku jōdo kuhon ōjōgi* 極樂淨土九品往生義.⁹⁸⁶ This text examines the different levels of rebirth in the Pure Land, and the practices and aspirations that lead to that attainment. Included among the nine grades is the lowest level of the low, into which even the wicked and evil may be born. Indeed, we find here, as in the works of Ryōgen’s doctrinal descendants a theory of Pure Land rebirth that approaches a theory of universal salvation, wherein those at the lowest stage may nevertheless attain rebirth in the Pure Land.

Heizan and “Pure Land Buddhism”

First developed in the 6th century, *tsuizen* Pure Land teachings continued to attract interest. From the 10th century, a diverse range of practices evolved alongside and out of the traditional *jōgyō sanmai*, one of the cornerstones of the *Shanagō* curriculum. Nara Hiromoto 奈良弘元 has suggested that monks atop far away mountains eventually came to cultivate practices

⁹⁸⁴ Jacqueline I. Stone, “The Secret Art of Dying: Esoteric Deathbed Practices in Heian Japan,” in *The Buddhist Dead: Practices, Discourses, Representations*, ed., Bryan J. Cuevas and Jacqueline I. Stone (Honolulu: University of Hawai’i Press, 2007), 134-174.

⁹⁸⁵ Kakehashi, *Jōdokyō shisōshi*, 86-87, 90-93.

⁹⁸⁶ JZ (*Jōdoshū zensho* 淨土宗全書) 15.

first pioneered on Hieizan, including the *fudan nenbutsu* and *yama no nenbutsu* (which may refer to different versions of the same thing), the *Nijūgo sanmai e* 二十五三昧会, and evening repentance rituals 阿彌陀懺法 (J. *Amida senbō*) centered upon Amitābha.⁹⁸⁷ All of these practices were especially popular on Kōyasan.⁹⁸⁸

However, should these practices be considered the early phase of a distinctive “Pure Land Buddhism?” Like Inoue and others, Nara argues for a narrow definition of Pure Land Buddhism is necessary to render it an intelligible object of academic inquiry. Nara defines Pure Land Buddhism as the aspiration of a faithful devotee for individual salvation in the Pure Land, and clearly differentiates between earlier forms of practice and the meditative/ascetic traditions that developed on Hieizan.⁹⁸⁹ While the argument could be made that this kind of analytical utility is important for constructing an object of study, I would suggest that such narrow definitions lend themselves all too easily to teleological reification of lines of descent and “influence.”

In any event, it seems clear that 10th century Hieizan monks had their collective fingers on the pulse of the Buddhist world, and continued along with their rivals and colleagues in Nara and the Heian-kyō to employ “Esoteric” technologies for the attainment of goals in this world and the next. The monk Genshin is usually credited as having consolidated the various threads of the Tendai Pure Land tradition and as having articulated something like a “Pure Land Buddhism” that became popular amongst elites and commoners alike. However, there were other thinkers at this time (and before) who also contributed to the systematization of Japanese Pure Land thought, and again, they also seem to have cultivated their ideas in the context of Esoteric ritual training and doctrinal expertise.

⁹⁸⁷ Nara, *Shoki Jōdokyō*, 105-115.

⁹⁸⁸ Nara, *Shoki Jōdokyō*, 103-115, 243.

⁹⁸⁹ Nara, *Shoki Jōdokyō*, 13-14.

Senkan (918-983) was an important *kenmitsu* thinker who not only preached rebirth in the Pure Land of Amitābha, but who also employed “Esoteric” ritual technologies to pray for rain. Senkan is believed to have chanted the *nenbutsu* ten times at the moment of death, an event that influenced later deathbed practices.⁹⁹⁰ Trained in various practices, Senkan seems to have regarded Pure Land practice as a component of the Bodhisattvas striving for awakening.⁹⁹¹ While some scholars have characterized him as promoting a “self-power” approach to Pure Land, that is not entirely appropriate because, as he also promoted the idea that even the most ignorant beings may attain awakening through the power of the Buddha.⁹⁹² Senkan’s *Jūgan hosshin ki* 十願發心記⁹⁹³ promoted the idea that even ignorant beings have the ability to attain salvation in the lowest of the Nine Grades. Senkan also composed the *Amida wasan* 阿彌陀和讚, purportedly for the purpose of teaching commoners about the Pure Land.⁹⁹⁴

Another important early 10 century Pure Land thinker was Zenyu 禪瑜 (913?-990), the author of the *Amida shinjūgi* 阿彌陀新十疑.⁹⁹⁵ Zenyu drew upon Ryōgen and Shandao 善導 (613-681)⁹⁹⁶ and likely had a profound influence on the development of Genshin’s thought.⁹⁹⁷ Like Senkan, Zenyu emphasized the power of even one recitation of the name of the Buddha. He also regarded the “secret speech” 密語 (*J. mitsugo*) of the Tathāgata as the cause for rebirth in the Nine Stages in the Pure Land.⁹⁹⁸ A single recitation of the name, he claimed, may purify all sins and make rebirth possible.⁹⁹⁹ Zenyu represented a stream of thought found especially in

⁹⁹⁰ Inagaki, *Three Pure Land Sutras*, 154.

⁹⁹¹ Nara, *Shoki Jōdokyō*, 273-274.

⁹⁹² Nara, *Shoki Jōdokyō*, 288-289.

⁹⁹³ Satō, *Eizan jōdokyō*, vol. 2.

⁹⁹⁴ Nara, *Shoki Jōdokyō*, 274-288; Kakehashi, *Jōdokyō shisōshi*, 94-96.

⁹⁹⁵ Satō, *Eizan jōdokyō*, vol. 2.

⁹⁹⁶ J. Zendō.

⁹⁹⁷ Nara, *Shoki Jōdokyō*, 293.

⁹⁹⁸ Nara, *Shoki Jōdokyō*, 297.

⁹⁹⁹ Nara, *Shoki Jōdokyō*, 303; Kakehashi, *Jōdokyō shisōshi*, 96-99.

Esoteric ritual texts wherein the power of speech itself is said to originate from the power of the Buddhas, and it is thus a power in which beings are able to participate.

Genshin is regarded by many as the first true “Pure Land Buddhist.” In some circles, his *Ōjōyōshū* (T. 2682) is credited with having established the aspiration for rebirth in a Pure Land as a ubiquitous goal among aristocrats and commoners alike. However, many of the ideas commonly attributed to Genshin, such as the possibility that even the most ignorant beings could attain salvation, the vocal recitation of the name, etc., were already to some extent present in other traditions.¹⁰⁰⁰ As Ryōgen’s disciple, Genshin studied both Tendai doctrine and *mikkyō* ritual, and he drew upon Ryōgen’s Pure Land thought in particular.¹⁰⁰¹ Like Ryōgen, Genshin seems to have regarded Buddha contemplation as superior to the simple recitation of the name of the Buddha by itself. While Genshin was a well-known disciple of Ryōgen, some scholars have suggested that Genshin retired to Yokawa 横川| out of protest against the aristocratization of the sangha. Regardless, Genshin’s work was highly influential in aristocratic circles, and it is known that Fujiwara no Michinaga, among many others, read the *Ōjōyōshū*. While the *Ōjōyōshū* is usually understood to present the “normative” of the Pure Land Buddhist tradition (*kengyō*, not *mikkyō*), in fact, Genshin’s presentation of the goal of post-mortem rebirth in the Pure Land of Amitābha is constructed with the assumption that “*ken*” and “*mitsu*” perspectives formed the basis for a common ritual system, and on the level of principle (*ri* 理, or fundamental truth) they are unified.¹⁰⁰²

However, according to the opening passage of the *Ōjōyōshū*, because the world is in the age of *mappō* 末法 (C. *mofa*)—the latter days of the Law (Dharma)—progress in the manifold

¹⁰⁰⁰ Nara, *Shoki Jōdokyō*, 331-337.

¹⁰⁰¹ Inagaki, *Three Pure Land Sutras*, 158-163.

¹⁰⁰² 顯密教門其理是同 (T. 2682, 47a12).

kenmitsu teachings and rituals available to the Buddhist practitioner has become extremely difficult.¹⁰⁰³ Therefore, all should aspire for rebirth in the Pure Land, wherein it is easier to progress along the Bodhisattva path via *ken* and *mitsu* practice.

While the vocal and meditative recitation/contemplation of the name of Amitābha is the main object of Genshin's inquiry, he also discusses the basis by which various other practices are also conducive for rebirth in the Pure Land. For example he lists numerous mantra and *dhāraṇī* texts that were widely recognized for their potency in aiding beings in the attainment of Pure Land rebirth,¹⁰⁰⁴ and Genshin notes that within the Mahāyāna (which is composed of *ken* and *mitsu*) there are numerous mantra and *dhāraṇī* for the attainment of Pure Land rebirth.¹⁰⁰⁵ Genshin also notes the great potential found even (if not especially) in the earliest stages of the Buddhist path.¹⁰⁰⁶

Genshin's broader impact upon Tendai Pure Land thought seems to have stemmed from his involvement in the *nenbutsu kessha* 念佛結社 at Shuryōgon-in 首楞嚴院, which drew upon the long Hieizan tradition of the *fudan nenbutsu*. As noted above, these groups often had connections to unofficial monks and practitioners of spell arts. In 988, Genshin conducted the *Yokawa Shuryōgon-in nijūgo sanmai shiki* 橫川首楞嚴院二十五三昧式 (T. 2723). Later tradition regarded Genshin as the founder of this group of twenty-five *nenbutsu* practitioners, but it appears that he simply integrated himself into an existing community of Pure Land

¹⁰⁰³ T. 2682, 33a06-08.

¹⁰⁰⁴ 法華經藥王品。四十華嚴經普賢願。目連所問經。三千佛名經。無字寶篋經。千手陀羅尼經。十一面經。不安羂索。如意輪。隨求尊勝。無垢淨光光明。阿彌陀等。諸顯密教中。專勸極樂不可稱計。故偏願求。(T. 2682, 46b19-23).

¹⁰⁰⁵ 初別明諸經文。次總結諸業第一明諸經者。四十華嚴經普賢願。三千佛名經。無字寶篋經。法華經等諸大乘經。隨求尊勝。無垢淨光。如意輪。阿嚕力迦。不空羂索。光明阿彌陀。及龍樹所感往生淨土等呪。此等顯密諸大乘中。皆以受持讀誦等爲往生極樂業也。(T. 2682, 77b24-c01).

¹⁰⁰⁶ 其三止觀引祕密藏經已云。初菩提心已能除重重十惡。況第二第三第四菩提心耶(T. 2682, 51c25-26)

aspirants.¹⁰⁰⁷ According to the *Yokawa Shuryōgon-in nijūgosanmai kishō* 横川首楞嚴院二十五三昧起請 (T. 2724), attributed to Genshin, we see the *nenbutsu* described in connection with the *Kōmyō Shingon* 光明真言, or the Mantra of Light, a popular ritual used for the purification of sins and rebirth in the Pure Land.¹⁰⁰⁸ It appears that for Genshin, the *nenbutsu* and the *Kōmyō Shingon* were but two possible technologies by which the practitioner could bridge the gap between the realm of the Buddhas and the karma-bound realm of sentient beings.

After Genshin, other important Pure Land theorists from this period include Kakukei 覺慶 (928–1014), Kakuun 覺運 (953-1007), Kakuchō 覺超 (960-1034),¹⁰⁰⁹ and Kōgei 皇慶 (977-1049).¹⁰¹⁰ Each of these figures deserves an individual study, but for now it will be sufficient to say that like Genshin, they were initiated into the *mikkyō* lineages, and wrote many important texts discussing the nature of Pure Land rebirth.

Hongaku Pure Land and Secret Oral Transmission Literature

Tendai Pure Land thought was also foundational for the development of secret oral transmission literature, or *kuden* 口傳. Japanese Tendai doctrine developed a distinctive *hongaku* 本覺 “original enlightenment” theory wherein all beings are recognized as fundamentally

¹⁰⁰⁷ *Nijūgo-zanmai-e* likely began before Genshin’s involvement, even though he is traditionally regarded as the founder. See: Nara, *Shoki Jōdokyō*, 117-148.

¹⁰⁰⁸ 一。可念佛結願次誦光明真言加持土砂事右如來說曰。若有衆生具造十惡五逆四重諸罪。墮諸惡道。以此真言加持土砂一百八遍。散亡者尸骸。或散墓上。彼亡者若地獄若餓鬼若修羅若傍生中。以一切如來大灌頂真言加持砂立力。則得光明身。及除諸罪報往生極樂蓮花化生(云云)我等罪障多積。生處猶疑。仍以一匣之土砂永置佛前之檀場。念佛結願之次。導師別發五大願。諸賢各住三密觀誦真言。此如說加持。結衆之中。若有逝者。若以此砂必置其屍。彼具諸罪者。既脫苦。矧不造五逆乎。散尸骸者。猶得功。矧常誦百遍乎。(T. 2724, 878c20- 879a04).

¹⁰⁰⁹ Kakuchō is associated with the Kawa-ryū, and his works were influential across many lineages, Taimitsu and Tōmitsu. Dolce, “Taimitsu,” 747.

¹⁰¹⁰ Kōgei is associated with the Tani-ryū 谷流. Dolce notes that the division between Kawa and Tani lineages is, like the Tōmitsu Ono and Hirosawa division, a retrospective construct of later ages (Dolce, “Taimitsu,” 747). Ryogen, Genshin, Kakuun, Kakucho were associated with the *mikkyō* lineages of Kawa-ryū, which was rivaled by Kōgei at Eastern Pagoda.

always-already awakened (“originally awakened” would be a more literal translation). The ideas that scholars regard as expressing *hongaku* thought developed in tandem with, and certainly often overlap with (but are not necessarily synonymous with) Japanese Esoteric Buddhism and ritual culture. In addition, Jacqueline Stone has also noted that some of the earliest *hongaku* literature is focused on the Pure Land and the Buddha Amitābha, and many of these texts are attributed to Genshin.¹⁰¹¹

What would eventually become *hongaku* took Zhiyi’s thought as its basis, but was also created in part by Kūkai’s non-dual Mahāyāna theories from his commentary on the *Shimoheyenlun*,¹⁰¹² wherein he employs both *Avatamsaka* and Esoteric theories of interdependence and non-differentiation to argue for an all-inclusive Mahāyāna. Taking these various strands as its foundation, *hongaku* thought seems to have evolved organically. Continental precedent for *hongaku* thought arose as an extension of what we might call “non-dual” Mahāyāna thought. In particular, the *Avatamsaka*, *Vimalakīrti Sūtra*, *Benevolent King Sūtra*, *Vajra-samādhi Sūtra*, and the confluence of Tathāgatagarbha, Madhyamaka, and Yogācāra theories converged in a variety of *panjiao* systems to produce a broader context in which the relationship between “provisional” and “true” teachings, and between phenomena (*shi* 事) and principle (*li* 理), was collapsed.¹⁰¹³ Zhiyi argued that *li* and *shi* maintain neither a vertical nor horizontal relationship. Rather, they are mutually interpenetrating, and non-dual. He made a

¹⁰¹¹ Stone, *Original Enlightenment*, 34-35, 190-191.

¹⁰¹² Jacqueline Stone, “Medieval Tendai *Hongaku* Thought and the New Kamakura Buddhism,” *Japanese Journal of Religious Studies* 22.1-2 (1995): 18-19. Nakamura Honnen 中村本然 has investigated Kūkai’s contributions to *hongaku* thought: Nakamura Masafumi 中村正文 (Honnen), “Shakumakaenron niokeru huni makaenhō ni tsuite – kenge to mike no chūshakusho no hikaku wo chūshin toshite 『釈摩訶衍論』における不二摩訶衍法 不二摩訶衍法について – 顯家と密家の註釈疏の比較を中心として,” *Mikkyōgaku kenkyū* 密教学研究 15 (1983): 129-144.

¹⁰¹³ Stone, *Original Enlightenment*, 5-7.

similar argument regarding essence 體 (C. *ti*, J. *tai*) and function 用 (C. *yong*, J. *yō*), and nature 性 (C. *xing*, J. *shō*) and form, or aspect 相 (C. *xiang*, J. *sō*).¹⁰¹⁴

As oral transmission had emerged as a common mode of transmitting specialized knowledge,¹⁰¹⁵ *hongaku* doctrinal thought was transmitted through *kuden* literature throughout many lineages. Jaqueline Stone argues that several features of *hongaku kuden* exerted a significant influence upon early-medieval (post-11th century) Japanese Buddhism, more broadly. These influences may be summarized as follows:

- First, as with earlier “non-dual” Mahāyāna, the relationship between conventional and ultimate realities was re-imagined, and in some sense collapsed.
- Second, the traditional (gradual) basis for practice was undermined through the recognition that if Buddhas and sentient beings are non-dual, then practice itself is an instantiation of awakening (sudden), thus “cause” and “effect” are collapsed.
- Third, a “mandalic reconceptualization” of reality, wherein beings of differing capacities were recognized *as they are* (in their current form, from their current position) to possess the capacity for awakening. As a result many different forms of practice were promoted depending on capacity: contemplation of suchness or emptiness, sutra, *nenbutsu* or mantra chanting, dedication of effort, etc.
- Fourth, traditional goals of practice, such as rebirth in Sukhāvātī or Tuṣita, or the descent of Amitābha or Maitreya at the moment of death, while logically collapsing the boundaries between “this” world and “that” world, were nevertheless understood to maintain their objective/external reality. The seemingly external nature of Buddhas

¹⁰¹⁴ Stone, *Original Enlightenment*, 7-10.

¹⁰¹⁵ Stone, *Original Enlightenment*, 101, 109, 150, etc.

and Bodhisattvas as agents in the world was allowed to stand in productive tension with the idea that that they are expressions of one's own reality. Thus, dualist and non-dualist perspectives functioned together in a broader system.

In other words, *hongaku* reinterpreted and integrated the whole of the Mahāyāna tradition into a unified non-dual paradigm.¹⁰¹⁶ Many of these concepts were developed in close dialogue with the Esoteric ritual corpus, especially those associated with Annen and Amoghavajra, but did not necessarily overlap.¹⁰¹⁷ These issues will be explored in further detail in Chapter V, Part I.

Stone notes that scholars typically have dismissed the importance of *kuden* because *hongaku* thought seems to deny the importance of Buddhist practice. However, in response to this criticism, she notes, “One reason why many medieval *kuden* texts do not give detailed instructions for practice is that they are not ritual or meditation manuals but are instead concerned primarily with doctrinal interpretation; thus there is no particular reason why they should explicate practice.”¹⁰¹⁸ In other words, whereas discussions of ritual and meditative practice were more prevalent in *giki*, the *kuden* records were more concerned with a deeper understanding of doctrinal matters. It simply was not their “role” to comment on practice, but rather to reimagine why practice “worked.” We might therefore think of the development of a “*kenmitsu kuden*” culture wherein ritual and doctrinal theories were transmitted separately, but still as part of a dynamic and diverse early medieval system.

Ryōnin (1073-1132) was one of the most important “*hongaku*/Esoteric Pure Land” thinkers, and his approach to the Buddhist path is illustrative of the Tendai contribution to 11th and 12th century Japanese Buddhism. Ryōnin is regarded as the founder of the Yūzū nenbutsu 融

¹⁰¹⁶ Stone, *Original Enlightenment*, 215-217, *passim*.

¹⁰¹⁷ Kakehashi, *Jōdokyō shisōshi*, 114.

¹⁰¹⁸ Stone, *Original Enlightenment*, 217.

通念佛 tradition, and the revitalizer/systematizer of the Tendai science of chanting 天台聲明 (J. *Tendai shōmyō*). He is also connected with growth of *nenbutsu hijiri* and the Tendai lineages centered at Onjōji and Ōhara.

Ryōnin became a monk at the age of 12 on Hieizan, and studied both *Mohezhi-guan* and *Mahāvairocana-sūtra* curricula. With the monks of the Eastern Pagoda, he practiced the *jōgyō sanmai* and the *fudan nenbutsu*. Like Gyōki and Kūya before him, Ryōnin is associated with the ecstatic singing of the fundraising *hijiri*, and like his predecessors straddles the divide between official and unofficial monks. In 1117, at the age of 45, while practicing the *nenbutsu samādhi*, he received a vision in which Amida spoke to him, saying “One person, all people, all people, one person; one practice, all practices, all practices, one practice 一人一切人、一切人一人、一行一切行、一切行一行.”¹⁰¹⁹ This now famous line clearly draws upon the Annen and the “three realms in a single thought moment” concept outlined by Zhiyi.¹⁰²⁰

Ranging from Ryōnin to Ryōgen, then many different kinds of religious professionals in this early medieval era were involved with the secret oral transmission of Esoteric Buddhism and Original Enlightenment ritual and doctrinal knowledge (*hongaku-kenmitsu-kengaku-kuden* 本覺・顯密・兼學・口傳). The dynamic environment of their creation and sustenance was woven throughout various institutions and regions, within which Hieizan loomed large. The reemergence of Kōyasan and Kūkai studies, to be examined in the next section, must be understood in this context.

¹⁰¹⁹ Kakehashi, *Jōdokyō shisōshi*, 116.

¹⁰²⁰ Kakehashi, *Jōdokyō shisōshi*, 117.

Chapter III

Part IV

“Esoteric Pure Land” in the Southern Capital and Southern Mountain

Perhaps in response to the growth and dominance of Hieizan based institutions, or perhaps through participation in the broader (*mikkyō-hongaku-kuden-kengaku-kenmitsu*) culture of the early-medieval period, the institutions of Nara and Heian-kyō became increasingly intertwined and developed a variety of strategies to remain competitive in this new environment. In the section that follows, I will examine the thought of key “Esoteric Pure Land” thinkers in Nara and Heian-kyō, as well as the role that “Esoteric Pure Land” thought played in the revival of Kūkai studies, the cult of Kōbō Daishi, and the emergence of Kōyasan as a major site of devotion and scholarship.

“Esoteric Pure Land” in Nara

One early notable example of Nara based “Esoteric Pure Land” activity is the *Shōkai mandara* 清海曼荼羅, named after Shōkai 清海 (? – 1017), a Yogācāra scholar at Kōfukuji and Chōshōji 超昇寺.¹⁰²¹ In addition to organizing large *nenbutsu* assemblies at the temples where he resided, Shōkai is also known to have employed images of the Pure Land in his worship of the Kongōkai and Taizōkai mandala. Alongside the *Taima mandara* 當麻曼荼羅, and the *Chikō mandara* 智光曼荼羅, the *Shōkai mandara* is one of the most famous *hensōzu* 變相圖,¹⁰²²

¹⁰²¹ Inagaki, *Three Pure Land Sutras*, 165-166; Mochizuki, 2557a.

¹⁰²² Regarding the Chinese context for these Pure Land images, see: Wu Hung, “What is Bianxiang?—On the Relationship between Dunhang Art and Dunhang Literature,” *Harvard Journal of Asiatic Studies* 52.1 (1992): 111-192.

painted two-dimensional depictions of the Pure Land, in Japanese history.¹⁰²³ These Pure Land “*mandara*” have served a variety of purposes in East Asian Buddhist history. In some cases, images may be used to teach the unlettered laity. In other cases, such as the paintings and statuary in the Dunhuang and Longmen caves, these depictions serve as an immersive environment wherein one seemingly experiences the Pure Land in this world. These concrete encounters with the Buddhas may impart to lay and monks alike the idea that this world is not so far removed from that other world. In other cases, worshipping these images may serve to purify past karma, and aid Buddhists in establishing ties (J. *kechien* 結縁) with Buddhas or Bodhisattvas. We as scholars might differentiate between *hensōzu* and mandala, but as the use of the term *mandara* demonstrates, the example of Shōkai might suggest to us that such distinctions may not always be useful in the study of Buddhism in practice.

Another important Nara based “Pure Land Buddhist” theorist was the monk Eikan, who referred to himself as “Eikan of the Nenbutsu-shū 念佛宗永觀.”¹⁰²⁴ Inagaki notes that Eikan promoted the recitative nenbutsu as a particularly effective method to attain Pure Land rebirth.¹⁰²⁵ While Eikan is often studied from a Pure Land sectarian perspective as a predecessor to Hōnen and Shinran, his career unfolded as part of the broader *kengaku* and *kenmitsu* context, and Esoteric thought (as well as Madhyamaka and Yogacara) played an important role in his perspective on the Pure Land.

Eikan began his career under the tutelage of Jinkan 深觀 (1001-1050) at Zenrinji 禪林寺 in Heian-kyō in 1043. Jinkan would later serve as *zasu* of Kōyasan and *chōja* 長者 (the Tōji rank equivalent to *zasu*) of Tōji, respectively. At this time, Zenrinji in Heian-kyō was a *bettō* of

¹⁰²³ Nara kokuritsu hakabutsukan 奈良国立博物館, ed. *Jōdo mandara—gokuraku jōdo to raigō no roman—浄土曼荼羅—極楽浄土と来迎のロマン—* (Nara: Nara kokuritsu hakabutsukan, 1983).

¹⁰²⁴ 往生拾因念佛宗永觀集 (T. 2683, 91a04-05).

¹⁰²⁵ Inagaki, *Three Pure Land Sutras*, 166-168.

Tōdaiji in Nara. Eikan also studied *mikkyō* under Jingaku Hōshinnō 深覺法親王 (955-1043), a former student of Jinkan, who retired to the Muryōju-in 無量壽院 on Kōyasan. Pure Land oriented practices appear to have been part of his *mikkyō* training. Esoteric ritual training had already been systematically integrated across Nara lineages as the *kenmitsu* culture flourished in early medieval Japan. Eikan studied Pure Land under Chōyo 重譽 (d. ca. 1139-1143) at Kōmyōsan 光明山 in Yamato, a *bessho* 別所 of Tōdaiji's Tōnan-in 東南院, and from this period on he was known as a Madhyamaka-Pure Land scholar. At the age of 40 he moved to Zenrinji, where he lectured on Pure Land rebirth. In 1079, composed the *Ōjō kōshiki* 往生講式 (T. 2725).¹⁰²⁶

Perhaps his most famous work is the *Ōjōjūin* 往生拾因 (T. 2683). In this text, he examines ten ways in which the simple practice of the nenbutsu may lead to meritorious rebirth,¹⁰²⁷ and explains that this practice has ten causes.¹⁰²⁸ Additional practices for Pure Land rebirth include the *Senjukannonsetsuenman darani* 千手觀音說圓滿陀羅尼 (T. 1060, or 1061).¹⁰²⁹ He was also a practitioner of the *Uṣṇīṣa dhāraṇī*, and discusses the rituals for Pure Land rebirth in the *Dhāraṇīsaṃgraha-sūtra*'s as well.¹⁰³⁰ In addition to various *dhāraṇī*, Eikan notes that the *myōgō* 名號, the name, of Amitābha contains within it the virtues of the great *dhāraṇī*.¹⁰³¹

After discussing the various facets of mantra, *shikan*, Madhyamaka, and Yogacara, Eikan states that, the *nenbutsushū* is the highest path because it is appropriate for monks and laity alike. In fact, Eikan argues, in the Pure Land Gate, all are one, there is no high or low, and therefore,

¹⁰²⁶ Mochizuki, 251c-252a.

¹⁰²⁷ T. 2683, 91b07-b12.

¹⁰²⁸念佛一行開爲十因....一廣大善根故 二衆罪消滅故三宿緣深厚故 四光明攝取故五聖衆護持故 六極樂化主故七三業相應故 八三昧發得故九法身同體故 十隨順本願故 (T. 2683, 91b07-12).

¹⁰²⁹ T. 2683, 92a01.

¹⁰³⁰ T. 2683, 95b10-14.

¹⁰³¹ 彌陀名號殆過大陀羅尼之德 (T. 2683.92a03)

given the karmic predicament of most, and the difficulties inherent in the philosophical schools, why would one not practice the nenbutsu?¹⁰³² Eikan seems to have been a pioneer exponent of the idea that the Pure Land path was a vocation unto itself. However, since his understanding of Pure Land practice unfolded comfortably within the orthodoxy of his time, perhaps an “Esoteric-Sanron-Pure Land” perspective, this suggestion was met with no resistance at this time.

Another important Nara based “Esoteric Pure Land” thinker was the famous painter Chingai. Like Eikan before him, and Hōnen after him, Chingai promoted the recitative *nenbutsu* for those of lower capacities. Like Eikan, and unlike Hōnen, he emphasized the importance of *bodhicitta* 菩提心 (J. *bodaishin*), and perhaps saw the nenbutsu as a way to give rise to the mind that seeks enlightenment. At Tōdaiji’s Tōnan-in 東南院 he studied Madhyamaka, Yogācāra, and Logic 因明 (J. *inmyō*), and at the Sanbō-in 三寶院 at Daigoji 醍醐寺, he studied *mikkyō* under Jōkai 定海 (1074-1149). In addition to being a famous painter, Chingai composed numerous works on a wide variety of topics spanning the world of Mahāyāna scholasticism.¹⁰³³

In the *Ketsujō ōjōshū* 決定往生集 (T. 2684), Chingai discusses a variety of practices and paths that lead to rebirth in the Pure Land. Like Eikan before him, Chingai seems to have regarded Pure Land as an important area of disciplinary specialization, referring to the *jōkyō no*

¹⁰³² 夫以衆生無始輪迴諸趣。諸佛更出濟度無量。恨漏諸佛之利益猶爲生死凡夫。適值釋尊之遺法。盍勵出離之聖行。一生空暮再會何日。眞言止觀之行道幽易迷。三論法相之教理奧難悟。不勇猛精進者何修之。不聰明利智者誰學之。朝家簡定賜其賞。學徒競望增其欲。暗三密行忝登遍照之位。飾毀戒質誤居持律之職。實世間之假名智者之所厭也。今至念佛宗者所行佛號。不妨行住坐臥。所期極樂。不簡道俗貴賤。衆生罪重一念能滅。彌陀願深十念往生。公家不賞自離名位之欲。壇那不祈亦無虛受之罪。況南北諸宗互諍權實之教。西方一家觸無方便之門。(T. 2683, 102a12-25).

¹⁰³³ Chingai was a well-known painter in the late-Heian period, and seems to have provided the ritual images required in Vajrayāna ritual manuals. At the request of Jōkai 定海, he drew the *Benevolent Kings Sūtra* ritual mandala for the avoidance of disaster 仁王經法息災曼荼羅 and the Mandala of the Five directions 五方曼荼羅. At Kakujū’s request, he drew Vajra-World Mandala Mahāvairocana statue 金剛界大日如來像, and for Kanjin 寬信 he drew the Fundamental Mandala of the Lotus Pavilion 法華堂根本曼荼羅. While the works just mentioned did not survive, it is said that Chingai’s drawing served as the basis for the Twelve Devas 十二天 of Toganoo Kōzanji 桐尾高山寺 and the Twin Ganeśa 雙身歡喜天 at Tōji 東寺. (Mochizuki, 3624c-3625a)

shū 淨教之宗.¹⁰³⁴ However, he does not appear to have regarded it as in any sense distinct from the *dhāraṇī* and mantra “Esoteric” path. Moreover, when placing this work in the broader context of Chingai’s intellectual life, we can suggest that his Pure Land thought fit within a broadly conceived *kenmitsu* Mahāyāna intellectual enterprise.

For example, as was common in the late Heian period, Chingai drew upon texts that take for granted the difficulty of attaining Buddhahood in this world. Kakehashi notes that for Chingai, assurance of rebirth in the Pure Land can be realized at the moment of *shinjin* 信心, known as the mind of true entrusting.¹⁰³⁵ Chingai suggests that it may be difficult or impossible to attain Buddhahood in this world, but that in the Pure Land one is able to practice *dhāraṇī* to accelerate one’s progress along the path. Again, the purpose of Pure Land rebirth is established in relation to the cultivation and mastery of *dhāraṇī*.¹⁰³⁶

Chingai discusses various paths to Pure Land rebirth, including meditative practice with a statue of Amitābha; taking refuge in the *Lotus Sūtra* and other Mahāyāna sūtras, and the Amitābha spell 彌陀之呪 (*J. mida no ju*) and the Pure Land rebirth spell, purportedly preached by Nāgārjuna, found among the Mahāyāna corpus of spells.¹⁰³⁷ Chingai also mentions Wōnhyo’s 元曉 (617–686)¹⁰³⁸ description of “charging” sand with the power of the *Kōmyō Shingon* mantra as a way of purifying ones past karma.¹⁰³⁹ On the basis of these and other passages in the context of Chingai’s prolific scholastic output, we can suggest that for Chingai, Pure Land and Esoteric Buddhism were simply facets of the broader Mahāyāna tradition, representing resources to be drawn upon in one’s pursuit of salvation.

¹⁰³⁴ T. 2684, 102b29.

¹⁰³⁵ Kakehashi, *Jōdokyō shisōshi*, 121.

¹⁰³⁶ 依三昧門陀羅尼門速得菩提 (T. 2684, 107c04-10).

¹⁰³⁷ 大乘神呪 (T. 2684.110c16-22).

¹⁰³⁸ J. Gangyō.

¹⁰³⁹ 元曉云。以光明真言呪彼土沙 (T. 2684, 114c13).

Having established a few notable examples of the thinkers most characteristic of the Nara stream of “Esoteric Pure Land” thought, we will now turn to the “revival” movements that led to the establishment of the Kōyasan stream thought, which may to some extent be considered as arising from the confluence of Nara, Heian-kyō, and Hieizan “streams.”

Kūkai Studies Revivals and the Rebuilding of Kōyasan

Beginning in the 11th century, lineages based in Nara and the Heian-kyō capital began to resurrect the image of Kūkai as a center of gravity around which an Esoteric Buddhist “orthodoxy” could be reoriented.¹⁰⁴⁰ These events are commonly discussed as “revival” movements, as if after Kūkai, the Shingon School had fallen on hard times and needed to be revived.

The reality is, of course, far more complicated. The research surveyed in the previous sections suggested that by the 11th century, Hieizan had come to dominate the intellectual and ritual environment of Japan. Factors contributing to this situation include, first, Saichō’s efforts to create an independent Hieizan institutional and educational system in close proximity to the Heian-kyō capital; second, the ongoing successful importation and systematization of Esoteric ritual paraphernalia and ritual texts by figures like Ennin, Enchin, and Annen in the 9th century; and third, Ryōgen’s successful “aristocratization” of the sangha in the 10th century. In this section, I propose that perhaps in response to the rise of Hieizan, Nara and Heian based institutions endeavored to reintegrate Kūkai’s doctrinal writings as a “center of gravity” in the developing Esoteric orthodoxy/orthopraxy, and revive Kōyasan as a site of pilgrimage and devotion. While it is difficult, and maybe impossible, to *prove* that this explanation accounts for

¹⁰⁴⁰ For reasons to be examined in Chapter IV, Part III, Shingon “orthodoxy” (in terms of an exclusivistic, institutional, and enforceable identity) did not emerge until the Muromachi at the earliest, but was more likely articulated from the mid Tokugawa period.

the increase in interest in Kūkai during in this period, it is nonetheless clear that “Esoteric Pure Land” thought and practice was central to this revival effort.

To think of the events to be discussed here as efforts for a “revival” is problematic, not the least of which because Kūkai’s teachings were functioned as a *panjiao* polemical strategy for introducing Indian and Chinese ritual practices and doctrines into the Nara and Heian-kyō Buddhist establishment, not the founding of a new school of Buddhism. The works of the so-called Kūkai-gaku revivalists all shared several important characteristics. First, the environment out of which they sought to craft a Kūkai-centric Esoteric orthodoxy was so wholly dominated by Hieizan that they could not afford to neglect Tendai doctrine and ritual theory. Second, by the time of the “revival,” both the correct performance of “Esoteric” rituals and the aspiration for rebirth in Sukhāvātī had emerged as the dominant concerns common to elites and commoners alike. As a result, the revivalists needed to respond to these requirements. From the 10th and 11th century, “Esoteric Pure Land” had become fundamental to *kenmitsu* culture. Some of the most important “revivalists” included Shōshin 性信 (1005-1085) of Ninnaji,¹⁰⁴¹ his student Saisen 濟暹 (1025-1115), as well as Kyōjin 教尋 (d. 1141),¹⁰⁴² Jōson 定尊 (ca. 1118),¹⁰⁴³ Jitsuhan, and Kakuban.¹⁰⁴⁴ This section will focus on Saisen, Jitsuhan, and Kakuban.

Saisen and the Mitsugon Jōdo

Saisen was a Ninnaji monk and a student of Shōshin, from whom he received *denbō kanjō* in 1084. Saisen was well known for his scholarly achievements, the most significant of which was the editing of the *Zoku henjōhokki shōryōshū hoketsu shō* 統遍照発揮性靈集補闕抄

¹⁰⁴¹ MD 1168.

¹⁰⁴² MD 299.

¹⁰⁴³ MD 1180.

¹⁰⁴⁴ Abe, “Kūkai to Kakuban,” 301-304, 317-320.

(3 fasc.), a section from Kūkai’s *Henjōhokki shōryōshū* 遍照發揮性靈集 (10 fasc.) which had previously been lost.¹⁰⁴⁵ Saisen also wrote a number of important works systematizing the thought of Kūkai. For example, building upon Kūkai’s commentary on the *Shimoheyanlun*, Saisen composed “sub-sub-commentaries,” including *Shakumakaenron ketsugihanan eshakushō* 釋摩訶衍論決疑破難會釋抄 (T. 2286), *Shakumakaenron ryūgi bunryakushaku* 釋摩訶衍論立義分略釋 (T. 2287), and *Shakumakaenron kenhisshō* 釈摩訶衍論顯秘鈔 (10 fasc.). These and other works, including the *Dainichikyō jūshinbon shoshiki* 大日經住心品疏私記, established Saisen as an early authority in “Kūkai studies.”¹⁰⁴⁶

In addition to his promotion of the study of Kūkai’s doctrinal works, and the study of Siddham, Saisen is particularly important for his articulation of the *Mitsugon jōdo* concept, or the “Pure Land of Mystical Adornment.”¹⁰⁴⁷ The *Mitsugon jōdo* is essentially the “Pure Land” of Mahāvairocana, and would become an influential idea in later Shingon thought. However, because Mahāvairocana is not a Buddha in the traditional sense, the *Mitsugon* is not a Pure Land in the traditional sense. Rather, just as Mahāvairocana could be understood as an anthropomorphized Dharmakāya—the “Buddha” of/as all of reality and the sum total of all Buddhas, Bodhisattva, and ultimately, all beings—his “Pure Land” as well may be seen as a totalizing construct, representing the sum total of all Pure Lands. To attain rebirth in the *Mitsugon Jōdo*, in some sense, corresponds to the normative Mahāyāna goal of attaining rebirth

¹⁰⁴⁵ NKBT 71; TKDZ 8.

¹⁰⁴⁶ Horiuchi Noriyuki 堀内規之, *Saisen kyōgaku no kenkyū: Inseiki shingonmikkyō no shomondai* 濟暹教学の研究: 院政期真言密教の諸問題 (Tokyo: Nonbun Nōbun, 2009). I would like to thank Matthew McMullen (PhD Candidate in Buddhist Studies at the University of California-Berkeley) for this reference. My knowledge of the early history of Kūkai studies, and Esoteric Buddhism in general, has benefitted greatly from ongoing dialogue with McMullen. Readers interested in the role Saisen played in the early history of Japanese Esoteric Buddhism, should consult his forthcoming dissertation.

¹⁰⁴⁷ Horiuchi, *Saisen*, 307-345, esp. 328-330.

in the Pure Lands of the ten directions, though functioning as a rearticulation of that goal in an evolving Mahāvairocana-centric system articulated by Kūkai, and later Annen.

However, the *Mitsugon* possesses an omni-centric immanentist nuance that may perhaps be seen as an amplification of the idea that along the Bodhisattva path one acquires the ability to travel to all of the Pure Lands of the ten directions. According to *Mitsugon* thinkers, in this very moment, in this very place, this very body, all levels of the Cosmic Buddha's awakening, and all Buddha Lands are fundamentally present and attainable.

Through the efforts of Saisen and others, the *Mitsugon* concept emerged as a “generalized goal” for some medieval “Esoteric” thinkers, encompassing, but not necessarily replacing, Sukhāvāṭī as the default post-mortem destination.¹⁰⁴⁸ On the one hand, this may be seen as a Mahāvairocana-centric approach to the more general question of the Pure Land, but it is also an elaboration on well-established constructs whereby universalistic “eka-yāna” polemical strategies were employed in early Mahāyāna sūtra literature.

Jitsuhan and the Letter ‘A’

Whereas Saisen was based in Heian-kyō, Jitsuhan was a Nara based Vinaya revivalist, who was also important for the reestablishment of Kūkai studies, and “Esoteric Pure Land.” Jitsuhan studied Yogācāra at Kōfukuji, received initiation into ritual lineages at Daigoji, and in the Yokawa district of Hieizan, he studied Tendai as well. Jitsuhan employed Madhyamaka and Tendai ideas in his development of “Esoteric Pure Land” deathbed practice in the *Byōchū shugyō ki* 病中修行記.¹⁰⁴⁹

¹⁰⁴⁸ T. 2215, 817a04-b06.

¹⁰⁴⁹ SAZ 2. This text was quoted at some length in Dōhan's *Himitsu nenbutsu shō*, and will be examined in more detail in Chapter VI. Regarding a recently discovered early manuscript, see: Satō Mona 佐藤もな, “*Jitsuhan*

Jitsuhan's *Ajigi* 阿字義 (T. 2438) was also important for medieval Shingon theorists. The Sanskrit letter 'A,' written in the Siddham script, symbolizes the originally un-born/non-arising 本不生 (J. *honpushō*) nature of things. It is the fundamental origin of all things, yet, that "origin" is a non-origin. Jitsuhan's writing was widely cited in later times, and appears to have been extremely influential upon later thinkers such as Kakuban and Dōhan.

Rebuilding a Mountain: Kōyasan Revivalists and "Esoteric Pure Land"

The end of the 11th century marked a turning of the tide for Kōyasan. In Japan, the year 1052, was believed to have marked the beginning of the final age, *mappō*. In response to this event, and continued economic, political, and environmental problems, more and more aristocrats and emperors came to take interest in how Buddhist ritual technologies might aid in their attainment of rebirth into the Pure Land of a Buddha or Bodhisattva.

Gishin Shōnin Jōyo 祈親上人定譽 (958 - 1047) (hereafter Jōyo) was one of the most important contributors to the effort to revitalize Kōyasan. Jōyo was a fundraising monk 勸進僧 (J. *kanjinsō*) associated with Kōfukuji, and a *jigyōsha* 持經者, a member of a class of monks hired by the laity for their sūtra recitation abilities to heal the sick, casting out demons, and aid beings in the attainment of better future rebirth, etc. Jōyo was a scholar of Yogācāra and Esoteric Buddhism, a devotee of the Lotus Sūtra, and, like his Yogācāra predecessors Xuanzang and Dōshō, Jōyo was also an aspirant for rebirth in Maitreya's Tuṣita Paradise. So, not only was Jōyo's Maitreya connection not without precedent, but indeed, it is possible (and indeed likely)

'Byōchū shugyō ki' no shinshutsu shahon ni tsuite 実範『病中修行記』の新出写本について," *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 56.2 (2008): 521-525.

that Joyō's interest in Kōyasan may have derived in part from Kūkai's own Maitreya devotion and Kōyasan's reputation as a practice site conducive for rebirth in Tuṣita.¹⁰⁵⁰

Jōyo belonged to a class of monks not strictly bound to their home institution. Interestingly enough, despite having lost official recognition by the tenth century, *jikyōsha* seem to have grown in influence among the populace.¹⁰⁵¹ It appears that there was a continuum that ranged between high ranking monks with official titles to the wandering peripatetic ascetics of legend. Monks like Jōyo should be approached in this way, with full recognition that major institutions were not bound to their "ivory towers," as it were.

Jōyo's interest in Kōyasan was purportedly inspired by a vision. One night, while Jōyo was residing in Hasedera Temple, around the age of sixty, he had a dream in which a figure (possibly Kūkai) took him on a journey to a mountain in the southwest, and showed him the unfortunate state of the temple there. In this vision, Jōyo cleared the mountain, and established a stūpa. In order to ask for guidance in completing this task, he performed a ritual dedicated to the massive, 30-foot tall image of Avalokiteśvara enshrined at Hasedera. This resulted in a second vision in which Avalokiteśvara revealed to Jōyo his place in Tuṣita if he completed his mission to revitalize Kōyasan.¹⁰⁵²

In 1016, Jōyo began his efforts to raise funds to rebuild Kōyasan,¹⁰⁵³ which was then under the jurisdiction of the Kōya mandokoro 高野政所 office located at a temple at the base of the mountain named Jison-in 慈尊院. Londo notes that it appears, however, that while this office assisted and supported Jōyo's efforts, it was unable to provide sufficient funding.¹⁰⁵⁴ However,

¹⁰⁵⁰ Londo notes that Jōshō (906-983), the *bettō* of Kōfukuji from 970, and the *chōja* of Tōji, was an important Maitreya, Lotus, Shingon practitioner. Londo, "The Other Mountain," 86-87.

¹⁰⁵¹ Londo, "The Other Mountain," 89-90.

¹⁰⁵² Londo, "The Other Mountain," 96.

¹⁰⁵³ Londo, "The Other Mountain," 99-100.

¹⁰⁵⁴ Londo, "The Other Mountain," 102-103.

because Jōyo was uniquely positioned to draw upon both official and non-official channels for support, this lack of institutional support posed no major obstacle. On the one hand, he had studied at top ranking institutions and was able to draw upon his connections in that world. On the other hand, his lifetime as a *jikyōsha* connected him with a far more diverse and dynamic network of fundraisers who were able to simultaneously tap into the devotion of the ordinary commoner.¹⁰⁵⁵ Jōyo's efforts to promote Kōyasan seem to have been met with enthusiasm by the high and low of society, as devotion to Kūkai had been spreading throughout the populace in the region. Using this two-pronged approach, Jōyo was within only a few years able to rebuild the infrastructure necessary to repopulate the mountain with priests engaged in rituals for state protection, meditation, and other activities.

Ninkai and Kūkai Revivalists in the Heian Capital

Following in the Ninnaji tradition of Shōshin and Saisen, Ninkai appears to have cultivated a strong interest in the revival of Kūkai studies, and to have responded favorably to Jōyo's efforts. Ninkai was one of the most powerful monks in the capital at this time, in part due to his prowess in rainmaking and divination. Ninkai had attempted to start a Kōyasan revival ten years before Jōyo, but he had been unsuccessful.¹⁰⁵⁶ It therefore seems that that once he realized that Jōyo's efforts were actually working, he added his own efforts to the revival.

Ninkai was a well-known court "wizard," of sorts, and had gained fame as a ritualist and mountain ascetic. It is reasonable to suppose, then, that with his clout at court and as a practitioner of the Esoteric arts, Ninkai would have been able to draw upon a range of interested

¹⁰⁵⁵ Londo, "The Other Mountain," 109, notes that there is sparse evidence for how exactly Jōyo funded his construction projects, and that the claim that he used kanjin fundraising may be a merely circumstantial claim, though still the most likely.

¹⁰⁵⁶ Londo, "The Other Mountain," 120-121.

parties in his efforts to support Jōyo's work. Ninkai is commonly credited as having inspired Fujiwara no Michinaga to travel to the mountain in 1023. Though it remains unclear precisely who led Michinaga to Kōyasan, from this period on, the Fujiwaras and other aristocrats regarded the mountain as an important site for pilgrimage.¹⁰⁵⁷ It is well known that Michinaga was particularly devoted to the Buddha Amitābha, but his catholic devotion to Maitreya and Avalokiteśvara was characteristic of his time. Michinaga was aware of Kūkai's connection to Maitreya, and he took the opportunity to pay homage to Kūkai as a bodhisattva on Kōyasan. Michinaga's daughter Fujiwara no Shōshi 藤原彰子 (988-1074) became a nun on Kōyasan in 1026, and she received the title Jōtōmon-in 上東門院.

Thanks to the efforts of Jōyo and Ninkai, along with others such as Meizan 明算 (1021-1106),¹⁰⁵⁸ Yuihan 由維範 (1011-1106),¹⁰⁵⁹ and Ryōzen 良禪 (1048-1139),¹⁰⁶⁰ Kōyasan was brought back from the brink of destruction and neglect, and fully reanimated. Moreover, with the assistance of Fujiwaras and emperors, not only did Kōyasan reemerge as a dominant center of Buddhist devotion and practice, but the Kii region as a whole experienced renewed economic vitality.

Kakuban: Between Court and Kōyasan

In the wake of the growing popularity of Kōyasan, in 1088, Emperor Shirakawa 白河上皇 (1053-1129; r. 1073-1087) ascended the mountain, and began the work of rebuilding the Great Stupa 大塔. As Kōyasan reemerged as one of the most important religious sites in Japan, it

¹⁰⁵⁷ Londo, "The Other Mountain," 122.

¹⁰⁵⁸ MD 2150.

¹⁰⁵⁹ MD 2190.

¹⁰⁶⁰ MD 2281.

also came to be a site for the contestation of influence and prestige between the capital and regional seats of power. Kōyasan's positionality should be viewed in the context of the broader struggle at court to control the provinces, which, by this time, were beginning to slip into the hands of regional warlords.

The history of Kōyasan is largely a history of the contestation of center and periphery. Even today, travel to Kōyasan from any of the major urban centers of Kansai takes several hours by train. In the 11th and 12th centuries, it would have taken weeks. This is precisely what Kūkai intended: to establish a site where monks could practice their meditation and cultivation free from the constraints he had begun to feel in his life as a successful bureaucrat and court ritualist. Other temples established by Kūkai, especially Tōji, often contested Kōyasan's autonomy, and with the revival of the temple largely completed by a joint effort by various Nara and Heian-kyō institutions, that contestation only intensified. This is the context in which Kakuban, regarded by the Shingon School as the second founder after Kūkai, began his career.

When Kakuban was a young monk he pursued many different areas of study (*shū* 宗) at many different temples, as was common at the time. In 1107, Kakuban entered into the Jōju-in temple, administered by the monk Kanjo 寛助 (1057-1125), within the Ninnaji complex. Van der Veere notes that Kanjo was a student of Shōshin, and that both of these monks were part of a movement to revitalize the study of Kūkai's doctrinal writings and the *denbōe* ritual, and that under their tutelage Kakuban was well positioned to exert considerable influence upon the development of Kūkai's Shingon thought.¹⁰⁶¹

Kakuban also studied *Avatamsaka* and *Madhyamaka* at Tōdaiji, and *Yogācāra* at Kōfukuji. Perhaps based on the connection established between Kōyasan and Kōfukuji by Jōyo,

¹⁰⁶¹ Hendrik van der Veere, *A Study into the Thought of Kōgyo Daishi Kakuban* (Leiden: Hotei Publishing, 2000), 21.

Kakuban eventually decided to train on Kōyasan. However, toward the end of his time at Kōfukuji, traditional biographies of Kakuban report that the Kasuga shrine deity 春日明神 appeared to him and begged him not to abandon his Yogācāra teachings while he studied on Kōyasan.¹⁰⁶² The training regime established by Kūkai presupposes a period of time studying either Yogācāra or Madhyamaka. Kakuban was not exceptional in this regard.

Kakuban received initiation into the Hirosawa lineage through Jōkai 定海 (1074-1149) of Daigoji's Sanbō-in, and Genkaku 賢覺 (1080-1156) of Daigoji's Rishō-in 理性院, and the Ono lineage through Kanjin 寛信 of Kanjūji 勧修寺. In addition to these two major "Tōmitsu" lineages, Kakuban received *abhiṣeka* from Kakuyū 覺猷 (1053-1140) of Miidera, which is regarded as a Taimitsu lineage.¹⁰⁶³ Therefore, in Kakuban, one of the most important "Shingon" monks, the great reviver of "Kūkai studies"¹⁰⁶⁴ and the *denbōe kanjō* on Kōyasan, we see a vision of "*mikkyō*" that is more complicated than contemporary sectarian narrative necessarily impart. Kakuban's educational experience appears to be a microcosm of the forces that led to the revival of Kōyasan. Kōyasan and Kakuban both represent the confluence of Nara, Hieizan, and Heian-kyō based lineages.

In 1115, Kakuban ascended Kōyasan, where he received still further important initiations, and grew to become a prolific author. In 1130, with the help of Emperor Toba 鳥羽天皇 (1103-1156; r. 1107-1123), Kakuban established the Daidenbō-in 大傳法院 on Kōyasan. There he revived the *denbōe*, or Dharma Transmission ritual, which Abe notes was an act that revitalized a key component of Kūkai's vision of what his "Shingon Mikkyō" system truly entailed: placing

¹⁰⁶² Hendrik van der Veer, *Kakuban Shōnin: The Life and Works of Kōgyō Daishi* (Tokyo: Nippan Media Inc., 1992), 57.

¹⁰⁶³ MD 225-227.

¹⁰⁶⁴ Abe, "Kūkai to Kakuban," 311.

the *shingonja* in direct contact with the preaching of the Dharmakāya itself. Abe’s analysis of this event establishes that the *denbōe* ritually reenacts the founding event of Mahāvairocana’s preaching. Through the ritualized recreation of this event, Dharma transmission displaces the seeming gulf in history between this founding act, and the initiate. Esoteric literature is meant to be performed, not merely studied. The primal event described in the sūtras is meant to be enacted through the rituals described. However—and Abe suggests this is a defining feature of Kūkai’s *mikkyō* tradition—in each instance of the transmission, the event is fully recreated, not as a facsimile, but as a full recreation of the founding event of Mahāvairocana’s preaching.¹⁰⁶⁵ Abe contends that Dharma transmission writ large signifies Buddhism’s ability to transmit “diachronically”¹⁰⁶⁶ the ultimate (Dharma) to the conditioned (saṃsāra-bound sentient beings). With each transmission, that of Śākyamuni to his first disciples, and Mahāvairocana to Vajrasattva, the forms may change but the content of awakening never changes. In other words, with each transmission, nothing is left out. Manifestations of the Dharma in the form of sutras, physical relics, the teachings of those who have awakened to the Dharma, and the various practices said to lead to this realization all have the potential to lead beings to this same realization. In fact, according to Kūkai’s traditional interpreters, not only are there limitless Dharma gates, but the Dharmakāya itself has the capacity to teach beings through all of them,¹⁰⁶⁷ as all of them.

In 1134, the emperor made Kakuban *zasu* of Denbō-in and *inshu* of Kongōbuji.¹⁰⁶⁸

Through Kakuban’s successful and highly popular ritual performances, and academic reputation, he ascended the ranks of the Kōyasan ecclesiastical hierarchy with the help of Emperor Toba.

¹⁰⁶⁵ Abe, “Kukai to Kakuban,” 261.

¹⁰⁶⁶ Abe, “Kukai to Kakuban,” 6.

¹⁰⁶⁷ Abe, *Weaving*, 136, 182, 214-219.

¹⁰⁶⁸ Van der Veer, *Kōgyō Daishi*, 39.

However, his atypical rise to power met with resentment and suspicion from conservative factions, and Kakuban was forced to relinquish his post in 1135. The favor Kakuban received from the emperor seems to have led to violent factionalism on the mountain. In 1140, the Kongōbuji temple sent priests to attack the Denbō-in, burn down the temples, and kill Kakuban. During the night of the attack on Denbō-in, while the raiders were looking for Kakuban, it is said that Fudō magically transfigured Kakuban so that when the raiders happened upon the room where Kakuban was meditating, they only saw two statues of Fudō.¹⁰⁶⁹

Even before this incident, Kakuban's disciples had already come to see a strong affinity between Kakuban and Fudō-myōō. This relationship was so strong, and Kakuban so accomplished, that at night when Kakuban would enter into *samādhi*, it is said that students witnessed the Fudō statue climb down from its pedestal and bow to Kakuban. These stories convey the delicate “Madhyamaka-esque” tension between Fudō as a separate agent in the world, and the non-dual “always-already” present unity of the practitioner and the object of devotion.

After the attack on Kakuban's life, he established the Negoroji 根來寺 with over seven-hundreds of his loyal followers.¹⁰⁷⁰ Indeed, Kakuban was an outsider, and had attained his position with the help of Emperor Toba. However, Kakuban was also a highly prolific and learned scholar, and his ascent through the ranks may be regarded as a rare example of meritocratic social mobility, exceptional in an era in which power was typically acquired through

¹⁰⁶⁹ Van der Veere, *Kakuban Shōnin*, 155-157; Van der Veere, *Kōgyō Daishi*, 42. For a full account of the textual sources on this event and the arousal of hostilities against Kakuban, see Van der Veere, *Kōgyō Daishi*, 39-43.

¹⁰⁷⁰ In 1288, the Daidenbō-in monk Raiyū 賴瑜 relocated the Daidenbō-in and Mitsugon-in monks to Negoroji. This community came to regard Kakuban as their “founder,” and have since imbued Kakuban with the status as a second Shingon founder, the founder of the “new school” *Shingi-ha* 新義派 of Shingon. Shingi monks following Raiyū promoted the doctrine of *kajishinsetsu* 加持身説 doctrine (preaching of the Dharmakāya occurs through accommodated forms, *nirmāṇakāya*), while the “old school,” referred to as Kōgi purportedly supported the *honchishinsetsu* 本地身説 (Dharmakāya itself preaches). The Shingi doctrine was attributed to Kakuban, but this is largely an anachronistic projection. See: Matthew D. McMullen, “Raiyū and Shingi Shingon Sectarian History” (MA Thesis, University of Hawaii at Manoa, 2008).

family ties alone. It should also be noted that most versions of Kakuban's life come down to us through the accounts of his faithful followers, so the conservative faction on the mountain is depicted quite negatively.

Kakuban and the Secret Nenbutsu: Amitābha and/or/as Mahāvairocana

Before Kakuban's untimely death in 1143, he had already left a lasting impact upon the scholastic and ritual traditions of Kōyasan. Of particular interest to this project is Kakuban's contribution to Kōyasan's unique *nenbutsu* culture, which will be examined in greater detail in the following chapter. Scholars have noted three distinct, but often overlapping, streams of nenbutsu thought and practice: Nara, Hieizan, and Kōyasan.¹⁰⁷¹ Here I suggest a different view. I propose three geographic/lineage based "Esoteric Pure Land" streams: Nara Tōmitsu (Kōfukuji, Tōdaiji, etc.), Heian-kyō Tō/Taimitsu (Zenrinji, Ninnaji, Daigoji, Byōdō-in, etc.), and Hieizan Taimitsu (Enryakuji, Onjōji, etc.). What scholars have referred to as the Kōyasan stream should be viewed in the 11th and 12th centuries as a confluence of all three streams, and not as a distinct stream unto itself (though for the purposes of provisional analytical distinctions, it may be useful to regard it as a distinct area of inquiry).

Kōyasan had been a site for devotion to Kūkai, envisioned as a bodhisattva either in close contact with, or as an emanation of, Maitreya. Wandering ascetics (Kūkai being an early example) had long used Kōyasan as a site for their practices, and as *nenbutsu* practice continued to grow in popularity, Kōyasan became an extremely popular site for the various forms of *nenbutsu* developed on Hieizan (*yama no nenbutsu*, *fudan nenbutsu*, *jōgyō sanmai*, etc.) discussed above. As monks like Kakuban endeavored to reintegrate Kūkai's doctrinal works into the diverse and heterogeneous Kōyasan "Esoteric Pure Land" culture, the negotiation of an

¹⁰⁷¹ Kakehashi, *Jōdokyō shisōshi*, 118-131.

“orthodox” position on *nenbutsu* emerged as a potent area for contestation and dialogue across differences in class and religious vocation.

Scholars argue that Kakuban’s engagement with Kōyasan Pure Land thought arose in response to the religious diversity of the early medieval *hijiri* culture, wherein peripatetic ascetics gathered at various centers on the mountain to aspire for Pure Land rebirth, often with the assistance of Kūkai. Kakuban’s *Gorin kujimyō himitsu shaku* 五輪九字明祕密釋 (T. 2514) employs Chinese theories of the five viscera 五臟 (C. *wuzang*, J. *gozō*)¹⁰⁷² and Indian theories of the *gorin* 五輪 (C. *wulun*), or *chakras*,¹⁰⁷³ and so on, to explicate the meaning of the Amitābha mantra: *om a mṛ ta te se ha ra hūṃ* (J. *on a miri ta te ze ka ra un*). In this way, Kakuban presents the Buddha and ordinary beings as abiding in a complex non-dual relationship that may be understood by an inquiry into the very building blocks of reality and the human body.¹⁰⁷⁴ Jacqueline Stone has argued that Kakuban’s writings on Pure Land establish a productive tension between devotee and object of devotion, without necessarily defaulting to either a dualist or absolute non-dualist position.¹⁰⁷⁵ In other words, the idea Amitābha and the Pure Land abide “within” does not preclude their existence “without.” As will be discussed in Chapters IV-VI, this appears to be a major feature of “Esoteric Pure Land” more broadly speaking, and is not an innovation within Kakuban’s work.

¹⁰⁷² The five organs in traditional Chinese medical theory include: heart 心, lungs 肺, liver 肝, kidneys 腎 and spleen 脾.

¹⁰⁷³ T. 2514, 13a17. This may denote the elements of earth 地, water 水, fire 火, wind 風, and ether 空; or the traditional *cakras* top of the head 頂輪, the face 面輪, heart 胸輪, stomach 腹輪, and knees 膝輪; and the correspondence of both.

¹⁰⁷⁴ This text has been translated into English several times: Van der Veere, *Kōgyō Daishi Kakuban*; and Kūkai, and Kakuban. *Shingon Texts : On the Differences Between the Exoteric and Esoteric Teachings, the Meaning of Becoming a Buddha In This Very Body, the Meanings of Sound, Sign, and Reality, the Meanings of the Word Hūṃ, the Precious Key to the Secret Treasury*. Berkeley, Calif.: Numata Center for Buddhist Translation and Research, 2004.

¹⁰⁷⁵ Stone, “The Secret Art of Dying,” 162.

In the *Amida hisshaku* 阿彌陀祕釋 (T. 2522), a shorter text, comprising only a single page of the Taishō canon, Kakuban presents multiple interpretations of the name of Amitābha, arguing ultimately that Amitābha is but a facet, an aspect, of the Cosmic Buddha, Mahāvairocana. This text has been translated into English language several times.¹⁰⁷⁶

One of the most interesting features of this text is its portrayal of tension between this world and the Pure Land. While Kakuban does argue that the aspiration for Pure Land rebirth as an objective reality apart from one's own being is foolish, he does not necessarily negate the existence of the Pure Land itself. Rather, he optimistically presents the goal of rebirth as immanently attainable. According to Kakuban, seeking rebirth in a faraway Pure Land is unnecessary. In the *Gorinkuji*, the nature of embodied reality itself is so infused with the light of the Buddha (of which the light "Amitābha/Amitāyus" is but one refraction) that rebirth may be achieved via this very body. While working to establish a renewed interest in the works of Kūkai, Kakuban also engaged the tension between Pure Land rebirth and *sokushin jōbutsu*. While certainly blurring the lines supposedly dividing these "two," the tension between this world vs. the Pure Land is never fully resolved in his works. Kakuban's writings on Pure Land drew upon scholar-monks such as Amoghavajra, Kūkai, Annen and other Taimitsu thinkers, Chingai, Eikan, Jitsuhan and other Nara based thinkers, Saisen and other Heian-kyō thinkers, and was extremely significant for the work of many later thinkers, including Dōhan and Raiyū.

¹⁰⁷⁶ Hisao Inagaki, "The Esoteric Meaning of Amida, *Amida Hishaku* by Kakuban," *KK*, 1104-1095; James H. Sanford, "Amida's Secret Life: Kakuban's *Amida hishaku*," in *Approaching the Land of Bliss*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 2004), 120-138; Van der Veere, *Kōgyo Daishi*, 111-114. I have also completed my own translation, but due to space restrictions, it has not been included in this dissertation, though I hope to publish it at a later date.

Scholar often credit Kakuban with having “syncretized” Pure Land Buddhism and Esoteric Buddhism.¹⁰⁷⁷ These scholars suggest that Kakuban’s so-called *himitsu nenbutsu* 秘密念仏, or “secret (Esoteric) *nenbutsu*” emerged as he blended together Pure Land Buddhism (a “kind” of Buddhism recently emerging in the 10th century in which the faithful aspire for post-mortem rebirth in the Pure Land of a Buddha), and Shingon Buddhism (a “kind” of Buddhism transmitted/founded by Kūkai and systematized as the Shingon School in which the attainment of Buddhahood in this very body is the ultimate goal). Some scholars of this persuasion believe that Kakuban was responding to the formation of a (pre-Hōnen) Pure Land “movement.”¹⁰⁷⁸

Other scholars, however, have suggested that Kakuban did not so much blend two unlike things but as articulate the orthodox Shingon Buddhist stance on Pure Land rebirth: that the Pure Land is this very body and mind, and that Amitābha is part of our very reality. These scholars argue that Kakuban’s views on the *nenbutsu* should be viewed essentially as the orthodox “Esoteric” position on the *nenbutsu*.¹⁰⁷⁹ This view has emerged as the most common response to Kakuban, Dōhan, and others, and it is not entirely without merit, as it recognizes the importance of Pure Land within Shingon thought and practice, and nuances our understanding of the relationship between Pure Land and Shingon Buddhisms.

However, up to this point, this dissertation has examined compelling evidence that fundamentally undermines both approaches. First, Shingon Buddhism was not a “kind” of Buddhism distinct from Pure Land Buddhism, but rather, the Mahā/Vajrayāna ritual culture from which Kūkai crafted his *panjiao* always-already included countless references to “Esoteric” technologies appropriate for attaining rebirth in the Pure Land. Moreover, while Kūkai’s early

¹⁰⁷⁷ See Chapter IV, Introduction.

¹⁰⁷⁸ James H. Sanford, “Breath of Life: The Esoteric Nenbutsu,” in *Tantric Buddhism in East Asia*, ed. Richard K. Payne (Boston: Wisdom Publications, 2006), 167.

¹⁰⁷⁹ Van der Veere, *Kōgyō Daishi*, 62. For more on Van der Veere’s discussion of Kakuban’s positions on Amida, see *Kōgyō Daishi*, 57-64; 107-124; 219-222.

works certainly argued for a more clearly defined division between *ken* and *mitsu*, he never established a set institution tasked with enforcing orthodoxy. Rather, Kūkai ultimately employed the existing *dhāraṇī* ritual culture to articulate his position, and this culture always-already included Pure Land thought and practice. In other words, whatever “Shingon” (Tōmitsu, Taimitsu, Kōmitsu, Zōmitsu, and even Junmitsu) might have meant at any given time, there was considerable diversity, and within that diversity, there flourished a variety of perspectives on the Pure Land.

Second, once “Exo/Esoteric Buddhism,” or *kenmitsu* thought, emerged as the dominant ritual paradigm in Japan, numerous Nara, Heian-kyō, and especially Hieizan, Buddhist thinkers articulated Pure Land rebirth as a goal attainable through the use of Esoteric ritual technologies. It might be argued that with Genshin, and later thinkers like Chingai and Eikan, we see a more clearly demarcated “Pure Land Buddhist” vocation within that “system,” but that new mode of practice and identity articulation was never established in contradistinction to the culture within which it emerged. In other words, however “Pure Land Buddhism” might have been conceived at this time, “Esoteric” ritual was how that idea was concretely enacted in the world. Ritual practice was said to bridge the gap between this world and the next, revealing that distinction to be provisional (“exoteric”) at best.

Chapter III

Conclusion

Building upon Chapters I and II, this chapter has argued that “Esoteric Pure Land” is a useful heuristic for rethinking how Esoteric Buddhism and Pure Land Buddhism functioned, not as two distinct “kinds” of Buddhism, but as features of a broader engagement with the

heterogeneous cosmopolitan Mahā/Vajrayāna ritual culture of the 7th to 12th centuries. In order to lay the groundwork for Parts II and III of this dissertation, this chapter has investigated the place of the Pure Land within the early importation of “(proto-) Esoteric” *dhāraṇī* and spell culture, Kūkai’s *kenmitsu* discourse and ritual systems, the establishment and dominance of the Hieizan Tendai tradition, and the later emergence of Kōyasan and Kūkai studies as a center of gravity in Japanese Esoteric Buddhism. Having established the “always-already” coterminous nature of Pure Land and Esoteric Buddhism (“Esoteric Pure Land”) in East Asia, in the following chapters, I will investigate the life and thought of the medieval Kōyasan scholar-monk Dōhan, thus shedding light on an extremely important, but underrepresented, perspective on medieval Japanese religion.

PART II:
CHAPTER IV
DŌHAN AND MEDIEVAL KŌYASAN PURE LAND CULTURE

Introduction

Dōhan 道範 (1179-1252) was most likely born in 1179¹⁰⁸⁰ in Izumi *kuni* 和泉國, in present day southeastern Osaka. Though his lay name is not known, his style was Kakuhonbō 覺本房. Dōhan was an influential systematizer of the doctrinal and ritual works of Kūkai 空海 (774-835) and Kakuban 覺鑊 (1095-1143), and his broad erudition led him to influence the development of Zen and Pure Land thought as well. As a result, he was regarded by pre-modern chroniclers as one of the most important thinkers in the history of Kōyasan 高野山.¹⁰⁸¹ While

¹⁰⁸⁰ Based on the *Dōhan nikka rinjū higi, Jike Shōchiin, Kōsō gōjō Shōchiin Dōhan den*, Nakamura contends that Dōhan's dates were most likely 1179-1252. See Nakamura, "Dōhan no seibotsunen nitsuite 道範の生没年について," 2-3.

¹⁰⁸¹ According to MD, 549a, Dōhan is regarded as one of the "eight great ones" (*hachitetsu* 八傑) of Kamakura period Kōyasan, along with Hōsshō 法性 (d. 1245), and others. See also: MBD, 4612b. Primary sources pertinent to Dōhan's biography may be found listed in Nakamura Honnen's 中村本然 discussion of Dōhan's life and death dates, "Dōhan no seibotsunen nitsuite 道範の生没年について," on the blog for the Kōyasan daigaku Mikkyō bunka kenkyūjo 高野山大学密教文化研究所, from December 15th, 2011, accessed, May 17th, 2012, <http://www.koyasan-u.ac.jp/mikkyobunka/blog/diary.cgi?field=9>. See also: Satō Mona 佐藤 もな, "Dōhan ni kansuru kisoteki kenkyū denki shiryō wo chūshin toshite 道範に関する基礎的研究 伝記史料を中心として," *Bukkyō bunka kenkyū ronshū* 仏教文化研究論集 7 (2003): 85-95 (L); and Yamaguchi Shikyo 山口史恭, "Dōhan cho Himitsu nenbutsu shō no hihan taishō nitsuite 道範著『秘密念仏鈔』の批判対象について," *Buzankyōgaku taikaikyō* 豊山教学大会紀要 30 (2002): 81-122, especially 81-82, and footnote 1, 115-116; and Matsuzaki Keisui 松崎恵水, *Heian mikkyō no kenkyū: Kōgyō Daishi Kakuban wo chūshin toshite* 平安密教の研究：興教大師覺鑊を中心として (Tokyo: Yoshikawa Kōbunkan 吉川弘文館, 2002), 739-752, 785-790.

The main pre-modern sources include: *Azuma no kuni kōsōden* 東国高僧伝, fasc. 9, DNBZ 104; *Hōkōin sekifuki* 宝光院析負記, *Kongōbuji shoinke sekihushū* 金剛峰寺諸院家析負輯, fasc. 1, ZSZ 34; *Jike Shōchiin* 寺家

Dōhan was active, high-ranking monastics affiliated with Kōyasan successfully established key alliances with powerful families and monasteries in the old capitals in Kyoto and Nara, as well as the newly established warrior government in the eastern city of Kamakura.¹⁰⁸² Acquisition of patronage was a fraught endeavor, often leading to armed conflict between competing factions. As a result of his participation in one such conflagration, Dōhan spent a period of time in exile, just like many of the great “founders” associated with the Kamakura period.¹⁰⁸³ Through the study of Dōhan and his political and ritual environment, his exile and much lauded return to the Kōyasan mountain monastery he once called home, scholars may come to better understand the emergence of Kōyasan as a key “center of gravity” in Japanese religion, and Kūkai devotion as a major feature of the Shingon School. Moreover, by investigating the vibrant “Esoteric Pure Land” culture of Kōyasan as but a single node in a much broader net of ritual traditions, we will see the

正智院, *Kii zokufūdoki* 紀伊統風土記, fasc. 4, ZSZ 37; *Kitamuroin rekidai keifūsshi* 北室院歷代系譜写, *Kongōbuji shoinke sekihushū* 金剛峰寺諸院家析負輯, fasc. 10, ZSZ 34; *Kongōchō mujōshū dendōroku zokuhen* 金剛頂無上正宗伝燈広録続編, fasc. 6, ZSZ 33; *Kōsō gōjō Shōchiin Dōhan den* 高僧行状正智院道範伝, *Kii zokufūdōki* 紀伊統風土記, fasc. 10, ZSZ 39; *Honchō kōsōden* 本朝高僧伝, fasc. 14, DNBZ 102; *Kōya shunjū hennen shūroku* 高野春秋編年輯録, fasc. 8, DNBZ 131, KS; *Mikkyō bunka kenkyūjo seikyō chōsa han* 密教文化研究所聖教調査班, “*Kōyasan Shinnōin seikyō monjo chōsa gaiyō ichifu, shiryō kaishō Dōhan nikka rinjū higi* 高野山親王院聖教文書調査概要一付 史料紹介道範日課臨終秘儀,” *Kōyasan Daigaku Mikkyō bunka kenkyūjo kiyō* 高野山大学密教文化研究所紀要 16, (2003): 79-92. *Nanzan chūin shingon hihōshoso denpu* 南山中院真言秘法諸祖伝譜, fasc. 2, ZSZ 32; *Shōchiin ruiyō senshi meibo* 正智院累葉先師名簿, in *Kongōbuji shoinke sekihushū* 金剛峰寺諸院家析負輯, fasc. 1, ZSZ 34; *Yahō meitokuden* 野峯名徳伝, fasc. 2, DNBZ 106.

¹⁰⁸² Throughout Dōhan’s life monks on Kōyasan were either dispatched to Kamakura or the capital, or consulted by monks in Kamakura regarding the proper performance of rituals. KS, fasc. 7, 8, and 9. In 1215 (Kenpo 5), Dōhan’s teacher Kakukai traveled to the capital, and Jōgyō 貞暁 (1186-1231) traveled to Kamakura. Monks like Jōgyō not only helped establish strong ties between Kōyasan and the elites in the Kamakura government, but also worked to promote devotion to the Buddha Amitābha atop Kōyasan. See, KS, 137-140.

Members of the Minamoto 源 clan and the Hōjō 北条 clan in particular appears to have been especially interested in Kōyasan, See: KS, fasc. 7-8. Hōjō Masako 北条政子 (1186-1231), for example, took tonsure under Jōgyō and dedicated a stupa to her late husband, Minamoto Yoritomo 源頼朝 (1147-1199), the founder of the Kamakura samurai government, on Kōyasan in 1211 at the Zenjō-in 禅定院, which was later renamed Kongōsanmai-in 金剛三昧院 in 1219. This temple was later presided over by Gyōyū, a student of Zen and a disciple of Dōhan, who will be examined in greater detail below. See: MD, 690.

¹⁰⁸³ Hōnen 法然 (1133-1212) the founder of the Jōdoshū 浄土宗 was exiled to Sanuki 讃岐 (present day Kagawa Prefecture 香川県) in 1207, while Shinran 親鸞 (1173-1263) was exiled to Echigo 越後 (present day Niigata 新潟). Nichiren 日蓮 (1222-1282), the founder of the Nichiren-shū 日蓮宗, was exiled to Sado Island 佐渡, off the coast of Niigata. Dōhan’s relationship to the “Kamakura Founders” will be considered in greater detail in the following chapter.

diversity of medieval Japanese approaches to embodying the “mystery of speech” (*kumitsu* 口密, *gomitsu* 語密) as a technology for bridging the gap between this world and the realm of the Buddhas.

This presentation of Dōhan and “Esoteric Pure Land” both benefits from and departs significantly from traditional scholarship on Dōhan and the Shingon tradition.¹⁰⁸⁴ This scholarship has tended to emphasize either the normative Shingon view of Dōhan’s Pure Land thought as essentially a reiteration of Kūkai’s doctrinal positions. In other cases, scholars inspired by later sectarian polemical writing have emphasized Dōhan’s relationship to the later heterodox Tachikawa-ryū 立川流, a Shingon lineage that purportedly promoted a form of sexual yoga as a vehicle for rebirth in the Pure Land.¹⁰⁸⁵ That Dōhan may be viewed as either orthodox or heterodox should indicate to us the fluidity of orthodoxy as an ever-changing construct, as

¹⁰⁸⁴ For traditional scholarship on Dōhan, see: Ueda Shinjō 上田進城, “Hairiū no Ajari Dōhan 配流の阿闍梨道範,” *Misshū gakuhō* 密宗学報 161 (1912): 617-642; Hasuzawa Jojun 蓮沢浄淳, “Kakkai sonshi no monka 覚海尊師の門下,” *Mikkyō bunka* 密教研究 10 (1922): 151-166, 167-228; Ōyama Kōjun 大山公淳, “Dōhan daitoku no Kōya hiji 道範大徳の高野秘事,” *Mikkyō bunka* 11 (1923): 116-135; Toganoo Shōun 桐尾祥雲, *Nihon Mikkyō gakudōshi* 日本密教学道史 (Wakayama 和歌山: Kōyasan Daigaku Shuppanbu 高野山大学出版部, 1942).

What little scholarship on Dōhan in English largely draws upon, Kushida Ryōkō 櫛田良洪, “Himitsu *nenbutsu* shisō no bokkō 秘密念仏思想の勃興,” *Taishō daigaku kenkyū kiyō tsūgō* 大正大学研究紀要 通号 48 (1963): 43-80, which may also be found in Kushida’s classic study, *Shingon mikkyō seiritsu katei no kenkyū* 真言密教成立過程の研究 (Tokyo: Sankibō Busshorin 山喜房佛書林, 1965), 181-232. See for example: James H. Sanford, “Breath of Life: The Esoteric *Nenbutsu*,” in *Esoteric Buddhism in Japan* (1994), repr. in *Tantric Buddhism in East Asia*, ed. Richard K. Payne (Somerville, MA: Wisdom Publications, 2006), 161-189; George Tanabe, “Kōyasan in the Countryside: The Rise of Shingon in the Kamakura Period,” in *Revisioning “Kamakura” Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 43-54; and, Jacqueline Stone, “The Secret Art of Dying, Esoteric Deathbed Practices in Heian Japan,” in *The Buddhist Dead: Practices, Discourses, Representations*, ed. Bryan J. Cuevas and Jacqueline I. Stone (Honolulu: University of Hawaii Press, 2007a), 134-174.

¹⁰⁸⁵ For scholarship that connects Dōhan to the Tachikawa-ryū, see: Kōda Yūun 甲田宥晔, “Dōhan ajari no jagi-sōden nit suite 道範阿闍梨の邪義相伝について,” *Mikkyōgaku kaihō* 密教学会報 19/20 (1981a): 36-47(L); “Chūin-ryū no jaryū wo tsutaeta hitobito 中院流の邪流を伝えた人々,” *Mikkyōbunka* 密教文化 135 (1981b): 19-37. See also:

Nobumi Iyanaga, “Secrecy, Sex and Apocrypha: Remarks on Some Paradoxical Phenomena,” in *The Culture of Secrecy in Japanese Religion*, ed. Bernard Scheid and Mark Teeuwen (London and New York: Routledge, 2006), 204-228; “Tachikawa-ryū,” in *Esoteric Buddhism and the Tantras in East Asia*, ed. Charles D. Orzech, Henrik H. Sørensen, Richard K. Payne (Leiden: Brill, 2001), 803-814. Though interest in Dōhan’s thought flourished in the 13th and 14th centuries, as well as 17th and 18th centuries, it is possible that Dōhan’s appropriation by Tachikawa-ryū proponents may have been a major factor contributing to his contemporary obscurity. This issue will be considered in greater detail in the following chapters.

well as the complexity and breadth of Dōhan’s thought. Scholars of Shingon history (whether ordained members of the Shingon clergy or not) generally focus on Kūkai’s doctrine of “attaining Buddhahood in this very body” 即身成佛 (*sokushin jōbutsu*), and it is often assumed that this has been the main focus of Buddhist practice on Kōyasan. This chapter will build upon the research presented in the previous chapters to demonstrate that for Dōhan, whatever else the “Shingon” may have entailed, it also always-already included a deep engagement with Pure Land oriented thought and ritual practice, and dual-devotion to Kūkai and the Buddha Amitābha 阿彌陀如來 (C. Amituo Rulai, J. Amida Nyorai)¹⁰⁸⁶ were prominent (and fluid) features of religious life on Kōyasan.

This chapter is divided into four parts. Part I provides a sketch of Dōhan’s early life and education, noting in particular the prominent place of Pure Land thought and practice in virtually every stage of his “Shingon” education. This section draws upon recent work by several scholars who have been investigating Dōhan’s place in medieval Japan, making the case for Dōhan as a significant and unfairly overlooked contributor to the vitality of medieval Japanese Buddhism and Kōyasan Shingon. Nakamura Honnen 中村本然,¹⁰⁸⁷ a Shingon priest and professor at

¹⁰⁸⁶ While it has become somewhat standard to refer to this Buddha in English by the moniker Amida or Amitābha, this Buddha has been known by numerous names. Amida in Japanese and Amituo in Chinese are abbreviated shorthand terms used to encompass both Amitābha 無量光 (C. Wulianguang, J. Muryōju), meaning Limitless Light, and Amitāyus 無量壽 (C. Wuliangshou, J. Muryōju), meaning Limitless Life. See Chapter I, Part II, for more on this issue. For a critical look at this issue, see: Jan Nattier, “The Names Amitābha/Amitāyus in Early Chinese Buddhist Translations,” *Sokadaigaku Kokusai bukkyōgaku kōdō kenkyūjo nenpō* 創価大学国際仏教学高等研究所年報 10 (2006): 359-394.

¹⁰⁸⁷ For an examination of Dōhan’s Pure Land ideas in the *Himitsu nenbutsu shō* in the larger context of his other doctrinal writings, see: Nakamura Honnen 中村本然, “Dōhan no Jōdōkan 道範の浄土観,” *Kōyasan daigaku ronsō* 高野山大学論叢 29 (1994): 149-202. Other works by Nakamura examine individual texts written by Dōhan, see: “Dōhan ki Shoshintonkakushō nitsuite 道範記『初心頓覚抄』について,” in *Yamasaki Yasuhiro kyōju koki kinen ronbunshū: Mikkyō to shobunka no kōryū* 山崎泰広教授古稀記念論文集: 密教と諸文化の交流, ed. Yamasaki Taikō kyōju kokikinen ronbunshū kankōkai 山崎泰広教授古稀記念論文集刊行会 (Kyoto 京都: Nagata bunshōdō 永田文昌堂, 1998), 151-184; “Shōji jissō gi shō (Dōhan ki) ni tokareru nyogi gensetsu nitsuite—sono ichi, Shaku makaen ron to Kūkai no chosaku ni miru nyogi gensetsu wo chūshin toshite—『声字実相義抄』(道範記)に説かれる如義言説について—その一『釈摩訶衍論』と空海の著作にみる如義言説を中心として—,” *Mikkyō*

Kōyasan University, is the leading authority on Dōhan's doctrinal thought, and has written numerous articles examining Dōhan's doctrinal works. Professor Nakamura's work has examined the diversity of Pure Land practices and devotion in medieval Kōyasan, and through his work on Dōhan's many contributions to medieval Shingon thought, one is lead to believe that perhaps, Dōhan was in fact the great "Kamakura thinker" of the Kōyasan Shingon tradition.

Other scholars who have begun to carve out a niche for "Dōhan studies" include Satō Mona 佐藤もな,¹⁰⁸⁸ who has written several articles approaching Dōhan's *Himitsu nenbutsu shō* from an intellectual-historical and text-critical perspective. Satō has also explored the problems confronting any reconstruction of Dōhan's biography by noting the conflicting and incomplete information in the available biographical resources. Also, Ōshika Shinō 大鹿真央¹⁰⁸⁹ has

bunka 密教文化 203(1999): 1-20. "Dōhanki Bodaishinron dangi ki ni tsuite 道範記『菩提心論談義記』について," in *Mandara no shosō to bunka: Yoritomi Motohiro hakase kanreki kinen ronbunshū* マンダラの諸相と文化: 頼富本宏博士還暦記念論文集, ed. Yoritomi Motohiro hakushi kanreki kinen ronbunshū kankōkai (Kyoto: 京都: Hōzōkan, 2005), 395-430; "Dōhansen Kongōchō kyō kaidai kanchū ni tsuite 道範撰『金剛頂経開題勘註』について." *Mikkyō bunka kenkyūjo kiyō* 密教文化研究所紀要 21 (2008a): 29-52; "Sentaku hongan *nenbutsushū* ni tokareru gogyaku jūzai nit suite 『選択本願念仏集』に説かれる五逆重罪について," *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 116 (2008b): 129-136(R); "Shingon kyōgaku ni okeru shōshikan 真言教学における生死観," *Nihon Bukkyōgaku nenpō* 日本仏教学会年報 75 (2010): 169-184(R).

¹⁰⁸⁸ Satō meticulously outlines key events in Dōhan's life, and demonstrates that in many cases precise dating of even key events in his life are impossible to know because of conflicts in the primary sources in, Satō, Mona 佐藤もな, "Dōhan ni kansuru kisoteki kenkyū." Other works by Satō include: "Dōhan cho *Himitsu nenbutsu shō* inyō bunken shutten chūki 道範著『秘密念仏抄』引用文献出典注記," *Bukkyō bunka kenkyū ronshū* 仏教文化研究論集 4 (2000): 130-141(L); "Dōhan no himitsu *nenbutsu shisō* myōgokan wo chūshin toshite 道範の秘密念仏思想名号観を中心として," *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 49.2 (2001): 108-110; "Chūsei Shingonshū niokeru jōdo shisō kaishaku: Dōhan *Himitsu nenbutsu shō* wo megutte 中世真言宗における浄土思想解釈道範『秘密念仏抄』をめぐる," *Indo tetsugaku Bukkyōgaku kenkyū* インド哲学仏教学研究 9 (2002a): 80-92; "Shingon kyōgaku niokeru jōdo kan, Dōhan no baai 真言教学における浄土観道範の場合," *Shūkyō kenkyū* 宗教研究 331.75-4 (2002b): 214-215; "Dōhan cho Jōshō in kansuru ichikōsatsu Tōji Kanchiin shōzōhon wo chūshin toshite 道範著『貞心抄』に関する一考察 東寺観智院所蔵本を中心として," *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 102.51-2 (2003): 131-133; "Dōhan no kyōshugi ni tsuite 道範の教主義について," *Nihon Bukkyō sōgō kenkyū* 日本仏教総合研究 5 (2006): 67-78(R).

¹⁰⁸⁹ Ōshika Shinō 大鹿真央, "Chūsei Tōmitsu kyōgaku ni okeru sankōdan kaishaku: Dōhan ni okeru daisankōdan kaishaku wo chūshin ni 中世東密教学における三劫段解釈: 道範における第三劫段解釈を中心に," *Indogaku Bukkyōgaku kenkyū* 印度學佛教學研究 60.1 (2011): 115-118. "Tōmitsu ni okeru shochisokugyokusetsu no tenkai 東密における初地即極説の展開," *Tōyō no shisō to shūkyō* 東洋の思想と宗教 29 (2012a): 71-89; "Chūsei Tōmitsu kyōgaku ni okeru shohōmyōdō no hensen: daihachi jushin to no kankei wo chūshin ni 中世東密教学における初法明道の変遷: 第八住心との関係を中心に," *Indogaku Bukkyōgaku kenkyū* 印度學佛教學研究 61.1

examined Dōhan's work in the broader context of medieval Shingon thought, noting in particular the many important intellectual currents in the early-medieval Tōmitsu Shingon monastic scholarship.

Building upon the work of these scholars, this chapter will closely examine key features of the ritual environment in which Dōhan trained. By placing his thought in its material context, I demonstrate that Dōhan's doctrinal interest in Pure Land thought developed out of a Shingon practice environment that featured prominently Pure Land oriented ritual, and a ubiquitous devotion to images of the Buddha Amitābha. In the case of Dōhan, doctrine developed out of the material reality, and not necessarily the other way around. By examining the various threads composing Dōhan and his early educational context, this section will seek to undermine the idea of Dōhan the individual as a singular entity and the depiction of Shingon as a tradition based in a univocal doctrinal perspective.

Part II investigates the diversity of so-called *hijiri* lineages atop Kōyasan. While recent scholarship has significantly nuanced our understanding of the diversity of the many groups often anachronistically grouped under the label "*hijiri*," the lineages of wandering and settled ascetics that populated Kōyasan were major contributors to the fundraising and proselytizing efforts of the growing temple complex, and helped establish important ties with other major temples in Heian-kyō and Nara. This section will note that, like Kōyasan itself, it is precisely the marginality of *hijiri* that led to their initial success.

From the 11th to 14th century, there was a thriving "spiritual economy" made all the more vibrant by the tensions that developed from the interaction of different kinds of ordained and semi-ordained religious professions who all flocked to Kōyasan. However, beginning in the late-

(2012b): 40-43; "Chūsei Tōmitsu kyōgaku ni okeru shukuzen kaishaku no tenkai: Dōhan no shukuzen kaishaku wo chūshin ni 中世東密教学における宿善解釈の展開：道範の宿善解釈を中心に," *Chizan gakuho* 智山學報 63 (2014): 131-149.

medieval period (14th to 16th century) several edicts issued by the central monastic administration on the mountain sought to curtail non-sanctioned activities. Scholars have noted that the formation of discourses of exclusion and belonging in the construction of Kōyasan as an institution entity often came to focus on debates on the nature of Pure Land practice.

Part III examines Dōhan's rise and fall within the highly politicized monastic hierarchy of Kōyasan, and considers his time in exile in Sanuki 讃岐 (present day Kagawa Prefecture 香川県, on the island of Shikoku 四国) through an examination of his diary-travelogue, the *Nankai rurō ki* 南海流浪記.¹⁰⁹⁰ Dōhan's diary reveals that while suffering through seven years in his own personal *saṃsāra*, he ached for a return to the monastic "Pure Land" of Kōyasan. In some sense, Dōhan's separation from Kōyasan mirrors the medieval awareness of the gulf between sentient beings and the Pure Land. While Dōhan at times preached the immanence of the Pure Land within the corporeal body, his dual devotion to Amitābha and Kūkai might lead one to imagine that Dōhan's aspiration for a return journey to Kōyasan paralleled the longing felt by medieval Japanese Buddhists striving for rebirth in the Pure Land.

Dōhan's travelogue records his sadness and longing for the place where he spent his youth, and in this way problematizes the simplistic and often repeated assumption that men's diaries typically did not convey emotion. Dōhan also composed poetry in this diary and his journey parallels in some ways the well-known poet-monk Saigyō 西行 (1118-1190), whose peripatetic activities also led him to spend time on Kōyasan as well as Shikoku. Finally, this section will also consider Dōhan's efforts to articulate an "orthodox" Shingon identity through pilgrimage to various sites in Sanuki associated with Kūkai's birth and early life.

¹⁰⁹⁰ Dōhan 道範, "Nankai rurōki 南海流浪記," in *Gunsho ruijū* 群書類従, ed. Haniwa Hokinoichi 塙保己一, vol. 18, (Tokyo: Zoku Gunsho Ruijū Kanseikai 続群書類従完成会, 1959-60), 468-476.

Part IV describes Dōhan’s triumphant return to Kōyasan, where he spent the remainder of his days performing rituals and composing treatises on various topics. This section will also provide a discussion of Dōhan’s impact upon later Kōyasan and Shingon Buddhist thought, and consider medieval Japanese debate culture and the political nature of the mastery of doctrine. While it has been argued that the study of doctrine is of limited use in understanding what happened “on-the-ground,” this section argues for a contextual reading of the importance of simultaneous master of multiple areas of study 兼學 (*J. kengaku*).

Chapter IV

Part I

Dōhan’s Early Education and the Pure Land within Kamakura Shingon

Dōhan, like Kakuban, is often said to have “syncretized” Pure Land and Esoteric Buddhism. In this section, I will further undermine this essentialist understanding by emphasizing the heterogeneous, composite, nature of each institution where Dōhan trained (noting the connections that each temple had to other institutions, as well as the diverse range of training options open to monks at these temples), as well as the place of “Pure Land” thought and practice at each location. For example, Shōchi-in 正智院, Hōkō-in 寶光院, Zenrinji 禪林寺, and Ninnaji 仁和寺, all have as their *honzon* 本尊 (main objects of devotion) the Buddha Amitābha. Additionally, monks at Daigoji 醍醐寺 and Keō-in 華王院 focused their intellectual and ritual energies on the Pure Land. In other words, at each stage of Dōhan’s “Shingon” education he would have had the opportunity to witness diverse forms of Pure Land practice.

As was common among elite monastics of in early-medieval Japan, Dōhan was broadly educated, and his later work demonstrates his proficiency in Tendai 天台 doctrine, Shingon

ritual, *Avataṃsaka-sūtra* 華嚴經 (T. 278, 279) exegesis,¹⁰⁹¹ as well as Madhyamaka 三論 (J. Sanron), and Yogācāra 法相 (J. Hossō) thought. In contemporary Japanese Buddhism, when one becomes a monk (or a scholar), one tends to remain in a single doctrinal-ritual lineage (or “sect”) throughout ones career, but in premodern Japan it was common to study the whole spectrum of Buddhist thought. This is known as *shoshū kengaku* 諸宗兼學, or the simultaneous study of all *shū*. While the term *shū* has often been translated as “sect” in contemporary scholarship, in premodern contexts the term meant something closer to field of study, lineage, disciplinary specialty, etc.¹⁰⁹² Though it may appear that Dōhan trained at “Shingon” institutions (Kōyasan, Daigoji, Ninnaji, Zenrinji), in fact, each of these temples was a site for the whole range of Buddhist study, with particular lineages emphasized over others as political currents changed. In other words, though Dōhan was a great scholar of the works of Kūkai, and studied at many famous temples with strong Shingon training regimes, we must be mindful of how the term Shingon is used in reference to the medieval period, as it had a different connotation than is necessarily implied by contemporary usage.

¹⁰⁹¹ C. Huayan jing, J. Kegon kyō.

¹⁰⁹² The emerging consensus on the various problems arising from the term *shū* has been conveniently summarized in Jimmy Yu, “Revisiting the Notion of *Zong*: Contextualizing the Dharma Drum Lineage of Modern Chan Buddhism,” *Chung-Hwa Buddhist Journal* 26 (2013): 113-151. Of the sources Yu lists, I would regard the following as the most foundational, see for example: T. Griffith Foulk, “The Ch’an Tsung in Medieval China: School, Lineage, or What?” *The Pacific World, New Series*, 8 (1992): 18-31; John McRae, “Buddhism, Schools of: Chinese Buddhism,” in *Encyclopedia of Religion*, ed. Lindsay Jones, et al. (Detroit, MI: Macmillan, 2005), 1235-41; Stanley Weinstein, “Schools of Chinese Buddhism,” in *The Encyclopaedia of Religion*, ed. Mircea Eliade et al. (New York, London: Collier Macmillan, 1987), 2:482-487; cited in Yu, 116 (notes, 2-3). Regarding the early development of sectarianism as the defining characteristic of Japanese Buddhist institutional and intellectual development, see: Jacqueline Stone, *Original Enlightenment and the Transformation of Medieval Japanese Buddhism* (Honolulu: University of Hawaii Press, 1999), 217-33; cited in Yu, 117 (note 9).

Myōnin of Shōchi-in

Most sources indicate that Dōhan began his monastic career at the age of fourteen (ca. 1193) under the tutelage of Myōnin 明任 (1148–1229) of Shōchi-in, under whom he also later completed his ritual training in 1216.¹⁰⁹³ In the Shōchi-in temple’s storehouse there are many texts written by and attributed to Dōhan, and to this day the temple is closely associated with Dōhan.¹⁰⁹⁴ For example, during the Obon お盆 festival in August, Shōchi-in lines the walls of the *hondō* 本堂 (main sanctuary) with memorial portraits of all past abbots. While on a research trip to Japan in the summer of 2012, I had the privilege of looking at the portrait of Dōhan by candle light. According to this portrait, purportedly based on his student’s description, Dōhan was tall, with a round face, strong jaw and neckline, with a thick brow, and a long rounded nose.

Among the many famous images and texts extant at Shōchi-in, many important images of the Buddha Amitābha and texts regarding Pure Land oriented practices remain. One of the most remarkable of these resources is a Kamakura period image of *Guharishoku Amida nyorai* 紅頗梨色阿彌陀如來, or “Crimson Crystal Body Amitābha Tathāgata.”¹⁰⁹⁵ This depiction of Amitābha may appear to be stereotypically “tantric” to the contemporary observer. This image exhibits bright crimson skin, a luxurious golden crown similar to Mahāvairocana 大日如來,¹⁰⁹⁶ and is engulfed in flames like a wrathful deity. Another important Shōchi-in image from this time is an Amitābha image with his two attendant Bodhisattvas Avalokiteśvara 觀音菩薩¹⁰⁹⁷ and

¹⁰⁹³ Myōnin, MD, 2121.

¹⁰⁹⁴ There are numerous collections of resources preserved at Shōchi-in, and references to Dōhan may be found throughout. Yamamoto Nobuyoshi 山本信吉, ed. *Shōchiin monjo* 正智院文書, (Tokyo: Yoshikawa Kōbunkan 吉川弘文館, 2004). More research into these and other resources will reveal additional areas of future inquiry regarding Dōhan and medieval Kōyasan.

¹⁰⁹⁵ *Hari* (Skt. *spatīka*) is one of the seven precious jewels. See Tomabechi Seiichi 苦米地誠一, “Guhari shoku Amidazō wo megutte 紅頗梨色阿彌陀像をめぐって,” *Chizan gakuhō* 智山学報 44 (1995): 53-79.

¹⁰⁹⁶ C. Dari Rulai, J. Dainichi Nyorai.

¹⁰⁹⁷ C. Guanyin Pusa, J. Kannon Bosatsu.

Mahāsthāmaprāpta 大勢至菩薩¹⁰⁹⁸ by Kaikei 快慶 (dates unknown). Because Amitābha has traditionally been the *honzon* of Shōchi-in, Dōhan would have likely taken tonsure before a statue of Amitābha.

Throughout his career, Myōnin ordained many students, and while serving as the 47th *zasu* of Kōyasan in 1225 (Karoku 嘉祿 1), and the 39th *kengyō* 檢校 in 1226 (Karoku 2), he traveled to the capital on numerous occasions as part of his duties.¹⁰⁹⁹ Indeed, while we are correct to regard Kōyasan as in some sense at the margins of medieval court culture, perhaps it is precisely this “marginality” that led to its popularity as a place of retreat among the aristocracy. Kōyasan’s “liminal” positionality (neither center nor periphery) allowed it to benefit from a constant flow of pilgrims from various stations in society.

Early-medieval Japanese Buddhists regarded Kōyasan as a paradise on earth, the Pure Land in our midst. As the Kyoto based emperor and aristocracy came to lose control of the country, beginning in the 10th century, and increasing somewhat in the late-12th to early-13th centuries, numerous battles ensued throughout the realm, which eventually led to the establishment of the Kamakura regime, led by Minamoto Yoritomo 源頼朝 (1147-1199). Elites on both sides of the Heian/Kamakura temporal and geographic divide regarded Kōyasan as a potential refuge from the instability that was (purportedly) so characteristic of that era. And as Heian-kyō and Kamakura emerged in what has been called a system of “dual-rule,” Kōyasan monks seemed especially adept at adapting quickly to this shifting geography.

Various elites came to Kōyasan in the search for salvation. Warriors seeking absolution, and aristocrats aspiring to flee the “burning house” of *saṃsāra*, sought solace in Kōyasan’s peaks. For this reason, Kōyasan emerged as a key site where practices oriented toward

¹⁰⁹⁸ C. Dashizhi Pusa, J. Daiseishi Bosatsu.

¹⁰⁹⁹ KS, 135-148.

purification of karma and rebirth in the Pure Land thrived. Through the 11th and 15th centuries, various emperors, such as Emperor Shirakawa 白河天皇 (1053-1129) and Emperor Toba 鳥羽天皇 (1103-1156) traveled to the mountain on pilgrimage. Poets such as Saigyō 西行 (1118-1190), courtiers such as Fujiwara no Michinaga 藤原道長 (966-1028) and Fujiwara Yorimichi 藤原頼通 (992-1074), warriors such as Saitō Takiyori 齋藤時頼 (dates unknown), Kumagai Naozane 熊谷直実 (1141-1208), Ashikaga Yoshimitsu 足利義満 (1358-1408), and Ashikaga Takauji 足利尊氏 (1305-1358), seemingly disaffected by their warrior lifestyle, came to the mountain seeking absolution. In fact, Taira no Kiyomori 平清盛 (1118-1181) assisted in the rebuilding of the Great Stupa 大塔, and Minamoto Yoritomo's wife Hōjō Masako 北条政子 (1157-1225), prayed for the repose of her husband by dedicating a stupa on Kōyasan. Famous priests such as Myōhen 明遍 (1142-1224) and Chōgen 重源 (1121-1206) developed a deep reverence for Kōyasan and participated in the growing *hijiri* 聖 ascetic culture. The gravity of Kōyasan was so strong that it drew in Buddhists from a variety of backgrounds, and once in orbit, they established Kōyasan as a center for Buddhist learning and devotion. It was in this flourishing environment that Dōhan's early education took place.

Jikken of Daigoji

Given the frequency with which Myōnin and other monks traveled between Kōyasan and the capital, it is difficult to assess how much of Dōhan's education actually took place on Kōyasan, and how much took place in the capital. As Satō has suggested, documents yet to be discovered in temple archives throughout Japan may yet hold the key to piecing together the

chronology of the major events of Dōhan's life.¹¹⁰⁰ For example, it is known that Dōhan studied with Jikken 實賢 (1176–1249) of Daigoji, but until recently, the exact date and location of that interaction was unknown.¹¹⁰¹

However, a document recently found in the Daigoji archive by Brian Ruppert in 2014 gives the date 1193 (Kenkyū 建久 4) for Dōhan's reception of the oral transmission of Jikken's Sanbō-in 三宝院 lineage, the principle lineage at Daigoji.¹¹⁰² If Dōhan was born in 1179 as Nakamura has suggested then he would have been around 14 in 1193 (not much younger than Jikken himself). Therefore, it appears that soon upon receiving *tokudo* from Myōnin, Dōhan then traveled from Kōyasan to Daigoji to continue his studies.

Daigoji was founded by Shōbō 聖寶 (Rigen Daishi 理源大師, 832-909) in 874. Shōbō is regarded as the patriarch of the Ono-ryū 小野流¹¹⁰³ lineage of the Shingon tradition, which developed alongside, in competition with, and in dialogue with the Hirosawa-ryū 廣澤流.¹¹⁰⁴ It should be noted that just like the problematic term *shū*, lineage, or *ryū*, is often constructed retroactively as later groups seek to differentiate themselves from their neighbors as the stakes for patronage grow higher. Just as the so-called “Shingon-shū” remained a fluid signifier until

¹¹⁰⁰ Satō, “Kisoteki kenkyū,” 86-87.

¹¹⁰¹ Daigoji MBD 4:3218-3222; Jikken, also pronounced “Jitsugen” MD, 983-984; Premodern textual resources for Jikken's life include the *Dentōkōroku* 伝燈広録, fasc. 2, ZSZ 33; *Honchō kōsōden*, fasc. 54, DNBZ, 103; *Kechimyaku ruishūki* 血脈類聚記 fasc. 10, SZ 39; *Shoshū shōshoroku* 諸宗章疎録, fasc. 3, DNBZ 95; *Tōji chōja honin* 東寺長者補任, fasc. 3, ZGRJ 2; Taira Masayuki 平雅行, “Kamakura chūki ni okeru Kamakura Shingon-ha no sōryo—Ryōyu, Kōhō, Jitsugen 鎌倉中期における鎌倉真言派の僧侶--良瑜・光宝・実賢,” *Machikaneyama ronsō* 待兼山論叢 43 (2009): 1-27; Kobayashi Naoki 小林直樹, “Muju to Kongōōin sōzu Jitsugen 無住と金剛王院僧正実賢,” *Bungakushi kenkyū* 文学史研究 49 (2009): 55-64.

¹¹⁰² *Daigoji monjo* 醍醐寺文書 144.3.1 Title: 秘鈔団 十一団. 建久四年六月廿日、於三宝院伝受了、合点八道範受実賢ニ口決云々本ハ裏付也云々、一校了、花押〔(憲深)〕. I would like to thank Brian Ruppert for this reference. Personal communication, 8/31/14.

¹¹⁰³ Ono-ryū, MD, 188-190. While Shōbō is traditionally regarded as the Ono-ryū patriarch, it is likely that the idea of the Ono-ryū was established later by Ninkai 仁海 (950s-1046) in response to the growth of the Hirosawa-ryū 廣澤流.

¹¹⁰⁴ Hirosawa-ryū, MD, 1891. Yakushin 益信 (827-906) is taken as its founder, a third generation descendent from Kūkai's lineage.

the Tokugawa period (and even after), terms like Hirosawa and Ono lineage in fact encompassed many heterogeneous competing sub-lineages.

Shōbō began his career in Nara, where he studied the *Avatamsaka-sūtra*, *Yogācāra*, and *Madhyamaka*. He established the Tōnan-in 東南院 at Tōdaiji, where he was especially known for his scholarship on *Madhyamaka*. After Shōbō, Tōdaiji and Daigoji would maintain close institutional relations, and even share abbots. As noted in the previous chapter, Kūkai and his immediate disciples established Shingon as a major area of study at the largest and most powerful temples in Nara, Heian-kyō, and on Hieizan.¹¹⁰⁵ In fact, it is now common to regard Kūkai’s “mantra teachings” not as a school unto itself, but rather as a ritual theory established throughout the curricula of major temple complexes. As a result, even into the medieval period, these Nara/Heian-kyō based institutions continued to compete and forge relationships with each other through ritual training and doctrinal scholarship.

Shōbō studied the *Ryōbu daihō* 兩部大法 (rituals for the dual-mandala system) under Shinzen 眞然 (804-891),¹¹⁰⁶ who was also the teacher of Mukū 無空 (? – 916), the famous abbot of Kōyasan and Pure Land aspirant.¹¹⁰⁷ Shōbō also studied under Shinga 眞雅 (801-879), from whom he received initiation into the *Muryōju hō* 無量壽法, a ritual invocation of Amitābha Buddha. Shinzen and Shinga were both disciples of Kūkai. We can see here that Shōbō’s Shingon education featured both mandala based practice as well as rituals centered upon the Buddha Amitābha as part of a broader Mahāyāna system. Shōbo also engaged in mountain based

¹¹⁰⁵ See Chapter III, Parts II and III.

¹¹⁰⁶ Shinzen (aka, Shinnen) was mentioned in the previous chapter as the monk who took Kūkai’s *Sanjūchō sasshi* 三十帳冊子 to Kōyasan in an effort to bolster the mountain’s prestige. His student Mukū resigned his post on Kōyasan in protest when Tōji gained imperial favor and demanded the return of Kūkai’s famous works. See Chapter III, Part III and IV.

¹¹⁰⁷ See Chapter III, Part IV.

ascetic activities at Kinbusen 金峯山 in Yamato 大和 (Nara Prefecture 奈良県), and he came to be regarded as an early Shugendō 修驗道 master.

Daigoji is built on Mt. Kasatori 笠取山 in what is now southeastern Kyōto, and takes its name from the Emperor Daigo 醍醐天皇 (885-930; r. 897-930) who entered the cloister and was buried there in 930. As a major temple associated with the imperial family, Daigoji monks specialized in a variety of fields. It appears that under the influence of Shōbō's legacy, Daigoji was especially well known as a center for Sanron and mountain based activities. At Daigoji, many different areas of Buddhist scholarship flourished, as did devotional traditions to many different Buddhist deities commonly associated with Pure Land rebirth. For example, Daigoji's *honzon* is the Medicine Buddha 藥師如來¹¹⁰⁸ who is worshiped not only for his this-worldly medicinal prowess, but also for rebirth into his Eastern Pure Land of Lapis Lazuli, as well as Sukhāvātī, the Western Pure Land of Amitābha. Shōbō installed images of so-called “esoteric” emanations of Kannon, the Cintāmaṇi-cakra Avalokiteśvara 如意輪觀音,¹¹⁰⁹ and Cundī Avalokiteśvara 准胝觀音,¹¹¹⁰ which remain popular objects of pilgrimage and devotion today. Avalokiteśvara and her many “Esoteric” emanations have often been employed for the attainment of Pure Land rebirth, and across genres of Esoteric literature, Avalokiteśvara is often associated with the Buddha Amitābha (See Chapter II, Part II).

¹¹⁰⁸ Skt. Bhāiṣajyaguru-tathāgata, C. Yaoshi Rulai, J. Yakushi Nyorai.

¹¹⁰⁹ C. Ruyilun Guanyin, J. Nyoirin Kannon.

¹¹¹⁰ C. Zhunzhi Guanyin, J. Juntei Kannon; These are two of the six (or seven) classical emanations of Kannon, each of which is said to be working for the salvation of beings in each of the six realms (J. rokudō). These include: Āryāvalokiteśvara 聖觀音 (C. Sheng Guanyin, J. Shō kannon) protects beings in hell, Thousand Armed Avalokiteśvara 千手觀音 (C. Qianshou Guanyin, J. Senju Kannon) protects beings in the hungry ghost realm, Hayagrīva Avalokiteśvara 馬頭觀音 (C. Matou Guanyin, J. Batō Kannon) protects beings in the animal realm, Eleven-faced Avalokiteśvara 十一面觀音 (C. Shiyimian Guanyin, J. Jūichimen Kannon) protects beings in the asura realm, Cundī Avalokiteśvara 准胝觀音 (C. Zhunzhi Guanyin, J. Junde Kannon) and Amoghapāśa Avalokiteśvara 不空羂索觀音 (C. Bukongjuansuo Guanyin, J. Fukūkenjaku Kannon) protect beings in the human realm, and Cintāmaṇi-cakra Avalokiteśvara 如意輪觀音 (C. Ruyilun Guanyin, J. Nyo'irin Kannon) protects beings in the heavenly realms. According to MBD 5:5055, there is considerable variation depending on lineage or text.

The building dedicated to Cundī Avalokiteśvara currently houses many diverse Buddhas, Bodhisattvas, and gods from China, Korea, and Japan. Behind the two foot tall Cundī image stands a statue of Amitābha built in the Heian period that reaches almost to the ceiling. Here, and throughout East Asian Buddhism, the Buddha Amitābha looms large. This particular ritual environment at contemporary Daigoji mirrors in some respect the ritual environment of Japanese religion. While Avalokiteśvara and many other beings hold a place of prominence, the Buddha Amitābha and the Pure Land ideal are always in the background.

Jikken received the *denbō kanjō* from Seiken 勝賢 (1138-1196),¹¹¹¹ the *zasu* of Daigoji, at Sanbō-in in 1196 (Kenkyū 7),¹¹¹² and from Kenkai 賢海 (1162-1237, MD, 462) at Kongō-in 金剛王院 in 1200 (Shōji 正治 2).¹¹¹³ Jikken also studied Yogācāra with monks from Kōfukuji 興福寺, and studied on Kōyasan for a time.¹¹¹⁴ Jikken was appointed to the position of *zasu* of Daigoji in 1236.¹¹¹⁵

From Jikken, Dōhan received the Sanbō-in lineage. Sanbō-in is a major Daigoji sub-lineage and institution that is regarded as the seat of the Ono lineage and the Daigoji Shugendō tradition. The *honzon* of Sanbō-in is Maitreya, which was constructed by Kaikei in 1192 (Kenkyū 建久 3). Like Kōyasan, Sanbō-in attracted ascetics aspiring for rebirth in the “Pure Land” of Maitreya.¹¹¹⁶ One of the principle goals for mountain ascetics has been the attainment

¹¹¹¹ MD, 1328-29; Toward the end of his life, Seiken appears to have been particularly interested in Amitābha devotion, as it is recorded that he performed Amitābha rituals and installed Amitābha statues at numerous temples where he resided. From Seiken’s ritual activity, it appears that Daigoji may be an especially productive area of inquiry regarding Pure Land practice. See also: 伝燈広録中; 本朝高僧伝 54; Shingonden 6; 血脈類聚記 6; 諸宗章疎録 ge

¹¹¹² SN, 237.

¹¹¹³ SN, 242.

¹¹¹⁴ MD, 983.

¹¹¹⁵ SN, 279.

¹¹¹⁶ Though the Tuṣita heaven in which Maitreya currently abides as a bodhisattva is technically a “heaven,” because Maitreya is *almost* a Buddha, and Buddhas live in Pure Lands, Tuṣita has often been regarded as a Pure Land. See

of Pure Land rebirth. In the following section we will examine the lineages of Kōyasan *hijiri* who aspired for rebirth in the Pure Land of Sukhāvātī. That Daigoji was also a thriving center for *hijiri* activity may indicate that during the time that Dōhan may have spent at Daigoji, he would have had the opportunity to at least witness both “popular” *hijiri* and “elite” monastic activities concerned with Pure Land rebirth.

Jikken also studied under Jōhen 靜遍 (1166-1224) of Zenrinji, a monk who would later possibly serve as the inspiration for Dōhan’s Pure Land writings. One of the central concepts in Dōhan’s *Himitsu nenbutsu shō* is the notion that the “vital breath” or “breath of life” (*myōsoku* 命息) possessed by all beings is in fact itself the compassionate activity of the great Cosmic Buddha Mahāvairocana in the world. According to this idea, the very life breath of beings is said to itself be an expression of Buddha’s compassion. For Dōhan, the activity of the Buddha Amitābha was identified with this life force. Kameyama Takahiko 亀山隆彦 has recently traced this idea back to the Daigoji Sanbō-in lineage.¹¹¹⁷ It is therefore possible that this was the transmission that Dōhan received from Jikken, as well as Jōhen.

The early systematizers of this teaching included Jitsuun 實運 (1105-1160), Shōken, and Seigen 成賢 (1162-1231). Nakamura and Kameyama have examined its development in the *Shūkotsushō* 宗骨抄 (SZ 22) by Kenjin 憲深 (1159–1263). In this way, Dōhan of Kōyasan became well known for delving into an idea he initially encountered at the Sanbō-in of Daigoji.

Chapter III, Part II, and Hayami Tasuku 速水侑, *Miroku shinkō—mō hitotsu jōdo shinkō* 弥勒信仰—もう一つの浄土信仰 (Tokyo: Hyōronsha 評論社, 1971).

¹¹¹⁷ Kameyama Takahiko 亀山隆彦, “Chūsei Shingonshū ni okeru myōsoku shisō no tenkai—Shūkotsushō wo chūshin ni 中世真言宗における命息思想の展開--『宗骨抄』を中心に,” *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 59 (2011): 651-654. For recent examinations of Dōhan’s views on the “breath of life,” see; Sanford, “Breath of Life,” and Nakamura, “Shingon kyōgaku ni okeru shōshikan.” This concept in particular will be examined in more detail in Chapter VI of this dissertation.

Shukaku of Ninnaji

Dōhan is also said to have studied under Shukaku Hōshinō 守覺法親王 (1150-1202) of Ninnaji 仁和寺.¹¹¹⁸ Shukaku conferred upon Dōhan initiation into the Hirosawa-ryū, and the secret teachings of *yoga* 瑜伽 (J. *yūga*), which is another name for *mikkyō*.¹¹¹⁹ Shukaku resided on Kōyasan in 1177, a few years before Dōhan was born, and thereafter conducted numerous rituals in Heian-kyō. It seems possible that if Shukaku maintained close relations with Kōyasan monks or periodically returned to the mountain, Dōhan could have studied under Shukaku on the mountain, but it is also possible that Shukaku only spent a short time on Kōyasan and later returned to the capital, where he was a very well-known and powerful ritual master.

Ninnaji is also known as Omuro Ninnaji 御室仁和寺. The title *omuro* signifies that this temple is connected with the imperial family. Temples where members of the imperial family resided were known as *monzeki* 門跡. Ninnaji was founded by Emperor Uda 宇多法皇 (867-931; r. 887-897), and until 1869, sons of the imperial household dominated the abbacy. Due to space restrictions it is not possible to provide a full description of the close relationship between temples with strong Shingon lineages and the imperial family (though this would indeed make for a fascinating future project), but our discussion of Shukaku brings an important issue to light.

¹¹¹⁸ Shukaku, MBD, 3:2428; For a concise introduction to Shukaku, see also: Brian Ruppert, “Dharma Prince Shukaku and the Esoteric Buddhist Culture of Sacred Works (Shōgyō) in Medieval Japan,” EBTEA, 794-800; Ninnaji Konbyōshi Kozōshi Kenkyūkai 仁和寺紺表紙小双紙研究会, ed. *Shukaku hosshinnō no girei sekai: Ninnajizō konbyōshi kozōshi no kenkyū* 守覺法親王の儀礼世界：仁和寺蔵紺表紙小双紙の研究, 2 vol. (Tokyo: Benseisha 勉誠社, 1995); Tsuchiya Megumi 土谷恵, “Chusei shoki no Ninnaji omuro 中世初期の仁和寺御室,” *Nihon rekikishi* 日本歴史 451 (1985): 46-63; Abe Yasurō 阿部泰郎, “Shukaku hosshinnō to inseiki no bukkyō bunka 守覺法親王と院政期の仏教文化,” in *Inseiki no Bukkyō* 院政期の仏教, ed. Hayami Tasuku 速水侑 (Tokyo: Yoshikawa kōbunkan, 1998), 118-142; Abe Yasurō and Yamasaki Makoto 山崎誠, eds., *Shukaku hosshinnō to Ninnaji goryū no bunkenteki kenkyū, ronbunhen* 守覺法親王と仁和寺御流の文献学的研究, 論文編. 2 vols. (Tokyo: Benseisha, 1998);

¹¹¹⁹ NBJT 6888, MD 1666, etc., suggest that Dōhan did indeed study in Kyoto at various locations, as does the *Honchō kōsōden* and *Yahō meitokuden*. However, the *Honchō kōsōden* states that Dōhan studied under Kakuō 覚法 (1091-1153) of Ninnaji, however, Kakuō passed away 26 years before Dōhan was born. This mistake has been repeated by several scholars who have not read all of the resources against one another. The *Yahō meitokuden* is regarded as the most authoritative, and earliest, record and it correctly lists Shukaku.

Emperors, empresses, and princes like Shukaku, and many aristocrats, had by this time come to participate more fully in monastic administration. The monastic lifestyle had become a path dominated by the successful and powerful. As Stone, Groner, and others have noted, from the Nara period until the mid-Heian period, the monastic vocation was one of the few avenues for social mobility within Japanese society.¹¹²⁰ This, however, had changed drastically by the end of the Heian period as high ecclesiastical office came to be dominated by aristocrats such as Shukaku.

The *honzon* of Ninnaji is the Buddha Amitābha, which is placed in the main hall, or Golden Hall (*kondō* 金堂). Next to this building is a smaller hall dedicated to Kūkai. It should be clear by now that it is quite easy to establish a broad standing precedence for the simultaneous, mutually inclusive devotion to Kūkai and the rigorous study of his ritual lineages, and the aspiration for rebirth in Amitābha's Pure Land. This will be examined in greater detail in the following section.

Like Kōyasan and Daigoji, Ninnaji's geographical position made it a natural place for mountain based practitioners to congregate. This may in part be attributed to the monk Ninkai (仁海 (951/955-1036), who was examined in some detail in the previous chapter, a well-known ritual master and wonder-worker who was especially proficient at rain-making. Through Ninkai's efforts, Ninnaji was established as a major center for Shingon ritual practice, much of which must have taken place before an image of the Buddha Amitābha.

It seems possible that Dōhan began his monastic career on Kōyasan under Myōnin, then traveled to Kyoto to study under (or alongside) Jikken at Daigoji and Shukaku at Ninnaji, after which he returned to Kōyasan in 1202. Shukaku, Jōhen, Jikken, as well as Jikken's teachers

¹¹²⁰ Stone, *Original Enlightenment*, 110-111.

Shōken and Seigen, all interacted with one another on the mountain, and Ninnaji, Daigoji, and Kōyasan lineages were deeply intertwined. Whether or not Dōhan studied in the capital and Kōyasan, or Kōyasan alone, he would have received roughly the same broad education.

Lineage charts from Ono-lineage sources indicate that Dōhan also studied under Sonnin 尊任 (dates unknown) of Zuishin-in 随心院, but almost nothing is known about him.¹¹²¹ The principle image of worship at Zuishin-in is the Cintāmaṇi-cakra-Avalokiteśvara 如意輪觀音,¹¹²² another important Esoteric emanation of the Bodhisattva of Compassion. Also held at Zuishin-in is a statue of the Buddha Amitābha dating from the Heian period.

Kenchō of Hōkō-in

In 1202 (Kennin 建仁 2), Shukaku died, and Dōhan entered the Hōkō-in of Kōyasan. At the Hōkō-in, Dōhan studied under Kenchō 兼澄 (? - 1202), who, like Dōhan, was from Izumi and began his career at Shōchi-in.¹¹²³ Kenchō was also in the same cohort as Dōhan's teacher Myōnin.¹¹²⁴ Therefore it is perhaps reasonable to speculate that because Kenchō and Myōnin would have had comparable educations, Dōhan would have studied similar things under their tutelage (before an image of the Buddha Amitābha at both places). At Hōkō-in, Kenchō is known to have emphasized purification of the karmas for the purposes of Pure Land rebirth, and according to Nakamura, at Hōkō-in Dōhan is said to have studied so hard that he often forgot to sleep or eat.¹¹²⁵

¹¹²¹ Zuishin-in, MD, 1317.

¹¹²² C. Ruyilun Kuanyin, J. Nyoirin Kannon.

¹¹²³ Kenchō, MD, 481.

¹¹²⁴ *Yahō meitokuden*, fasc. 1, DNBZ 106.

¹¹²⁵ Nakamura Honnen, *Shingon mikkyō ni okeru anjinron* 真言密教における安心論 (Wakayama Prefecture: Kōyasan University, 2003), 215; *Yahō meitokuden*, fasc. 2, DNBZ 106.

However, Kenchō passed away the same year that Dōhan arrived. In other words, after departing from Ninnaji after the passing of his teacher Shukaku, Dōhan’s new teacher passed as well. In one year, at two temples with Amitābha as the *honzon* Dōhan may have witnessed two funerals for high-ranking monks. This is pure speculation, but I would like to suggest that this series of events, as well as Dōhan’s many interactions with Amitābha as the *honzon* of the temples where he trained, may have inspired Dōhan to pursue his Shingon course of study with a particular Pure Land orientation for the rest of his career. Shortly after Kenchō’s passing, Dōhan took over leadership at Hōkō-in, and later in life, after having spent seven years in exile, Dōhan would return to the Hōkō-in. Clearly, Dōhan had developed an affinity for this place.

Chū-in Lineage Initiation

In 1216 (Kenpō 建保 4) Dōhan received the *gusoku kanjō* 具足灌頂¹¹²⁶ from Myōnin, the same monk under whom Dōhan had taken tonsure.¹¹²⁷ Under Myōnin’s tutelage, Dōhan was initiated into the Chūin-ryū 中院流, one of the principle ritual lineages of the medieval period, and the central lineage of Kōyasan. The monk Meizan 明算 (1021-1106) is regarded as both the founder of the Chūin-ryū,¹¹²⁸ and a key figure in the 11th century revitalization of the dilapidated Kōyasan monastic training center. Meizan’s Chūin-ryū may in some sense be seen as an attempt to establish an orthodox lineage as the center of Kōyasan’s heterogeneous (or “unorthodox” according to some) ritual community.¹¹²⁹ The *honzon* of the Chūin-ryū is the Buddha Mahāvairocana, whereas other lineages may take Avalokiteśvara, or Śākyamuni as their *honzon*.

¹¹²⁶ Satō, “Kisō,” 88.

¹¹²⁷ KS, 136.

¹¹²⁸ Meizan, MDB 2150.

¹¹²⁹ Gorai, *Kōya hijiri*, 117.

Dōhan's initiation under Myōnin would have included the *shido kegyō* 四度加行,¹¹³⁰ a fourfold preparatory ritual regimen that allows a monk to take the *denbō kanjō* 傳法灌頂,¹¹³¹ wherein one attains the rank of *ācārya* 阿闍梨, a title that signifies that a student has completed their training and is now certified to teach others.¹¹³² To this day, the *shido kegyō*, is an important basic component of the Shingon School monastic curriculum.

The first of four stages of the *shido kegyō* is an eighteen step preparatory ritual known as the *jūhachi dōhō* 十八道法.¹¹³³ Following mastery of these rituals, the student is then initiated into the Vajra Realm Mandala, *Kongōkai hō* 金剛界法.¹¹³⁴ Next the student is initiated into what is often termed the Matrix, or Womb, Realm Mandala, *Taizōkai hō* 胎藏界法.¹¹³⁵ Sharf has noted that mandala are not merely “visualization” guides, but are themselves living deities just like other Buddha images, and they are understood to be both reservoirs of power and actors in the world.¹¹³⁶ Finally, the student is instructed in the fire ritual, *goma hō* 護摩法.¹¹³⁷ This fire ritual may be traced back to ancient India, and is regarded as one of the defining characteristics of tantric practice. Through this process the student purifies their three sources of karmic action 三業 produced of the body, speech, and mind. In this way, the student is prepared to realize the three mysteries 三密 of the Buddhas via mudra (body), mantra (speech), and mandalic practice

¹¹³⁰ *Shido kegyō*, MD, 1010-1011; MBD 2:1969-1970; Richard K. Payne, “The Fourfold Training in Japanese Esoteric Buddhism,” EBTEA, 1024-1028; Robert H. Sharf, “Thinking through Shingon Ritual,” *Journal of the International Association of Buddhist Studies* 26, no. 1 (2003), pp. 59-86.

¹¹³¹ *Denbō kanjō*, MD, 1639-1640.

¹¹³² Upon completion of the basic level of training, one is permitted to receive more secret initiations. In addition to the *denpō kanjō*, after successful completion of the *shido* one may receive initiation into the *kokaku kanjō* 許可灌頂, MD, 561-562, and *jumyō kanjō* 受明灌頂, MD, 1098.

¹¹³³ *Jūhachidō hō*, MD, 889-892.

¹¹³⁴ *Kongōkai hō*, MD, 668.

¹¹³⁵ *Taizōkai hō*, MD, 1489.

¹¹³⁶ Robert H. Sharf and Elizabeth Horton Sharf, eds. *Living Images: Japanese Buddhist Icons In Context* (Stanford, Calif.: Stanford University Press, 2001).

¹¹³⁷ *Goma*, MD, 638-645.

(mind). As the student is initiated into the lineage, they discover their tutelary *honzon* from the mandala, as well as a secret mudra and mantra that the student may use to invoke the powers of that being.

Historically, in preparation for this four-fold ritual curriculum, monks typically first studied either Yogācāra or Madhyamaka for several years. The four-fold *mikkyō* initiation ritual is predicated upon a monk having mastered a broad curriculum of doctrinal study. Medieval Japanese Buddhist learning was based on a *kengaku* style of learning in which monks would spend their years of training, travelling to learn at the feet of many different teachers. Monks who acquired these lineages were not understood to have crossed over to another tradition, but on the contrary, were viewed as having gained mastery of a new ritual technology that would make more effective agents for wielding Buddhist power in the world.

Kakkai of the Keōin: This World as the Pure Land

Perhaps Dōhan's most famous teacher on Kōyasan was Kakkai 覺海 (aka. Kakukai, or Nanshōbō 南勝房) (1142–1223) at the Keōin 華王院, the 45th zasu of Kongōbuji in 1216 (建保4年).¹¹³⁸ Thanks to the scholarship of Robert Morrell and George Tanabe, Kakkai's immanentist Pure Land thought is not unknown in English language scholarship on Shingon Buddhism.¹¹³⁹ Kakkai has in some sense come to be regarded as the default spokesperson for the Shingon perspective on Pure Land rebirth. There were in fact a number of competing Pure Land perspectives within Shingon lineages, and Kakkai seems to have assumed a rather hardline, absolute non-dualist position, arguing that that this body-mind is itself the Pure Land, and that

¹¹³⁸ Also pronounced Kakukai, MD, 215.

¹¹³⁹ On Kakukai, see: NKBT 83; Robert Morrell, "Shingon's Kakukai on the Immanence of the Pure Land," *Japanese Journal of Religious Studies* 11/2-3 (1984): 195-220; and George Tanabe, "Kōyasan in the Countryside: The Rise of Shingon in the Kamakura Period," in *Re-visioning "Kamakura" Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 43-54.

seeking rebirth in the Pure Land as a post-mortem destination should not be a major goal. Instead, Kakkai promoted concentration on the “Pure Land of Mystical Splendor” 密嚴淨土 (*J. mitsugon jōdo*), an idea promoted by Annen, Saisen, and Kakuban.¹¹⁴⁰

The *mitsugon* concept signifies a unified vision of Buddhist cosmologies wherein all realms (including all Pure Lands) interpenetrate, are ultimately collapsible, and are all constituted by/as Mahāvairocana Buddha. There is nothing outside of “it,” and this enlightened realm is understood to be fundamentally identical with this seemingly defiled realm. Kakkai seems to have promoted a rather narrow interpretation, or a one sided interpretation in which the resolution of the polarity between “this” world and “that” world is absolute. They are fundamentally one. Other thinkers such as Kakuban and Dōhan, according to Jacqueline Stone, took a more nuanced view, and allowed the polarity to stand without being fully collapsed.¹¹⁴¹ In Chapter VI, I will examine Dōhan’s position on this matter and note that for Dōhan, somewhat in contrast to Kakkai, the “difference” between this world and the realm(s) of the Buddha(s) is not necessarily wholly collapsed, and a certain “creative tension” allows both realities to stand without necessarily resolving. In fact, it truly seems that this emphasis on difference (allowing two realities to stand without necessarily being resolved) is essential for understanding Dōhan’s view on the Pure Land.

The concept of the interdependence, if not full interpenetration, of this realm and the Pure Lands of Mitsugon, Sukhāvātī, Tuṣita, and so on, was for Kakkai based in, among other things, Kūkai’s notion of the non-duality of the “six elements” (*rokudai* 六大). According to this theory, the realm of the Buddhas is not composed of fundamentally different “stuff” than the realm of

¹¹⁴⁰ The *mitsugon* concept is examined in greater detail in the previous chapter, Chapter III, Parts II (Kūkai), III (Annen), and IV (Saisen and Kakuban).

¹¹⁴¹ Jacqueline Stone, “The Secret Art of Dying: Esoteric Deathbed Practices in Heian Japan,” in *The Buddhist Dead: Practices Discourses, Representations*, ed. Bryan J. Cuevas and Jacqueline I. Stone (Honolulu: University of Hawaii Press, 2007), 155-162.

beings. Rather, the realm of beings emanates from the realm of the Buddhas, they are not separate, but rather, they are “non-dual.” According to Kūkai’s *Sokushin jōbutsu gi* 卽身成佛義 (T. 2428), the six elements (earth 地, water 水, fire 火, wind 風, space 空, and consciousness 識) are understood to be corporeally, fundamentally, non-dual with the Dharma-body 法身 (S. *dharmakāya*, C. *fashen*, J. *hosshin*), or ultimate reality. Moreover, both Buddhas and sentient beings are composed of these same elements, but ordinary beings are unaware of the nature of their corporeal union with (or, participation in) this reality. This is the nature of delusion.

While this idea is not absent from general Mahāyāna doctrine, Kūkai’s emphasis on the “effability” of ultimate reality was distinctive. Whereas most other Mahāyāna thinkers viewed the ultimate truth as necessarily ineffable,¹¹⁴² Kūkai emphasized the ritual arena as a place for the orchestrated performance/realization of Buddhahood.

It is known that under Kakkai, Dōhan studied this *rokudai funimon shisō* 六大不二門思想, or “six elements, nondualist thought.”¹¹⁴³ The monk Chōgaku 長覺 (1340-1416) of Muryōju-in 無量壽院 (a temple associated with Dōhan in later life, and the place where he was later buried) studied in Dōhan’s *rokudai funi* lineage, and helped to establish it as the dominant position in the Muromachi period.¹¹⁴⁴

¹¹⁴² Ryūichi Abe, *The Weaving of Mantra: Kūkai and the Construction of Esoteric Buddhist Discourse* (New York: Columbia University Press, 1999), 148-150, 199-220, etc.

¹¹⁴³ *Rokudai*, MD, 2320-2325; *Funi*, MD, 1958-1960)

¹¹⁴⁴ MD, 1602. Thomas Conlan, *From Sovereign to Symbol: An Age of Ritual Determinism in Fourteenth-Century Japan* (Oxford: Oxford University Press, 2011), has argued that Shingon emerged as the dominant politico-religious tradition during the Muromachi period. It would therefore be of great benefit to inquire further into the development of doctrinal and ritual lineages from Dōhan’s time to see how the groundwork for this development was laid by his generation. One problem in Conlan’s presentation, which has been addressed in both the previous chapter, and will be noted again below, is the problem of what exactly “Shingon” entailed. As Brian Ruppert notes in his review of Conlan’s book, in *Japanese Journal of Religious Studies* 40.2 (2013): 391 (note 6), “...Shingon was much less centralized than Tendai, which had only a bifurcation between Enryakuji and Onjōji and was within the capital area. The great monasteries of Shingon were more dispersed geographically than those of Tendai, and more numerous—Ninnaji, Tōji, Daigoji, Kongōbuji, and Negoroji, to name those most significant.”

In autumn of 1221 (Jōkyū 承久 2), Tōji sent Buddha relics to be installed at the Okuno-in. They were received by Kakukai, who retired from his post after winter that year.¹¹⁴⁵ Kakukai passed away in 1223 (Jōō 貞應 2). Due to his attainment of *siddhi*, or miraculous powers, his disciples believed him to have attained rebirth in heaven, and a non-dual realization of union with the Cosmic Buddha.¹¹⁴⁶

Dōhan and Jōhen of Zenrinji: This World *and* the Pure Land

Sometime around 1221, Dōhan forged an important relationship with the famous Zenrinji monk Jōhen.¹¹⁴⁷ Jōhen was the son of Taira no Yorimori 平頼盛 (1133-1186), who was the son of Taira no Tadayori 平忠盛 (1096-1153), who was also the father of Taira no Kiyomori 平清盛

¹¹⁴⁵ KS, 141.

¹¹⁴⁶ KS, 144.

¹¹⁴⁷ Jōhen, MD, 1195.

Ōshika Shinō, “Shukuzen,” “Shochi soku gyoku setsu,” and “Sankōdan kaishaku;” Matsuzaki Keisui 松崎恵水, “Kakuban to Jōhen no Jōdo ōjō shisō 覚鑿と静遍の浄土往生思想,” *Buzan gakuhō* 豊山学報 53 (2010): 1-18; Satō Mona 佐藤もな, “Dōhan no kyōjūgi;” Nasu Kazuo 那須一雄, “Myōhen kyōgaku to Jōhen kyōgaku 明遍教学と静遍教学,” *Shūkyō kenkyū* 宗教研究 363 (2010): 359-360(R); “Hōnen to sono monka ni okeru ‘senju’ ‘zasshu’ rikai—tokuni Ryūkan, Shōkū, Jōhen nit suite 法然とその門下における「専修・雑修」理解--特に隆寛・証空・静遍について,” *Shinshū kenkyū* 真宗研究 52 (2008): 42-62; “Jōhen to Hōnen Jōdokyō 静遍と法然浄土教,” *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 106 (2005): 80-85; Ito Shigeki 伊藤茂樹, “Jōhen no shūkyō katsudō 静遍の宗教活動,” *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 117 (2009): 55-59(R); “Jōhen no shōgai nitsuite 静遍の生涯について,” *Jōdokyō kenkyū* 浄土宗学研究 34 (2008): 93-94(R); Kumata Junshō 熊田順正, “Jōhen ‘Zoku sentaku mongi yōshō’ ni okeru Amida no bussnin butsudokan nit suite 静遍『続撰択文義要鈔』における阿弥陀仏の仏身仏土観について,” *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 106 (2005): 86-89; “Jōhen kyōgaku no tokusei nit suite—shoshi o hihan wo tooshite 静遍教学の特異性について--諸師の批判を通して,” *Tōyōgaku kenkyū* 東洋学研究 (2008): 97-121; “Jōhen Jōdokyō ni mieru shichi hachi kushiki setsu nit suite kōsatsu 静遍浄土教に見える七八九識説についての考察,” *Bukkyōgaku* 仏教学 48 (2006): 69-92; “Tōkoku no genshi Shinshū kyōdan e no himitsu nenbutsu shisō no eikyō nit suite 東国の原始真宗教団への秘密念仏思想の影響について,” *Ryūkyō kyōgaku* 竜谷教学 (2004): 9-25; Nakamura Honnen 中村本然, “Zenrinji Jōhen no sōmokuhihō jōbutsu nit suite 禅林寺静遍の草木非情成仏説について,” *Nihon Bukkyōgakkai nenpō* 日本仏教学会年報 68 (2003): 281-304; Nakamura Shōbun 中村正文 (pre-ordination name of Nakamura Honnen), “Jōhen sōzu no shinkō no ichi sokumen nit suite 静遍僧都の信仰の一側面について,” *Mikkyō gakkai hō* 密教学会報 31 (1992): 1-49; “Zenrinji Jōhen no teishōshita kyōgaku nit suite 禅林寺静遍の提唱した教学について,” *Kōyasan daigaku ronsō* 高野山大学論叢 26 (1991): 73-97; Ishida Mitsuyuki 石田充之, “Mikkyōkei Jōdo ganshōsha Jōhen sōzu no Jōdokyō tachiba 密教系浄土願生者静遍僧都の浄土教的立場,” *Ryūkyō daigaku ronshū* 龍谷大学論集 336 (1949): 36-62.

(1118-1181), the famous warrior aristocrat.¹¹⁴⁸ Jōhen studied under the Daigoji *zasu* Shōken (one of Jikken’s teachers, and a Pure Land aspirant) who initiated him into the Ono-ryū, and Ninryū 仁隆 (1144-1205) of Ninnaji from whom he received initiation into the Hirosawa-ryū. After the death of Shōken, Jōhen studied under Gedatsu Shōnin Jōkei 解脱上人貞慶 (1155-1213), the famous Kōfukuji 興福寺 monk.¹¹⁴⁹

Zenrinji was founded by Shinshō 眞紹 (797–873), one of Kūkai’s main early disciples. Shinshō began his career in Nara, studying at Daianji and Tōdaiji, and later studied under Jichie 實惠 (786-847), another important disciple of Kūkai. Traditional Shingon historiography regards Shinshō as the third Shingon patriarch.¹¹⁵⁰ Zenrinji was also an especially important site for the development of early-medieval Pure Land thought, and can provide valuable insight into the fluid range of Pure Land cultivation.

As examined in the previous chapter, according to Igarashi,¹¹⁵¹ the “three streams” of Japanese Pure Land thought (Mt. Hiei, Shingon, and Nara) are present within the Zenrinji lineages. However, there is little upon which we can clearly differentiate the Shingon and Nara streams from one another, as the main “Shingon” temples (Daigoji, Tōji, Ninnaji, Zenrinji, Kōyasan, and others) were intimately tied to, and at times explicitly subordinate to, institutions in Nara such as Tōdaiji and Kōfukuji. Moreover, though Hieizan lineages were dominant during the early-medieval period, Tendai was not a monolithic entity, but was rather composed of a

¹¹⁴⁸ Taira no Kiyomori 平清盛 (1118-1181) was the first warrior to establish a high rank at court, and in many ways laid the ground work for the emergence dual-rule between warrior elites in Kamakura and the imperial family in Kyoto. Kiyomori and the struggle between the Taira and Minamoto clans was immortalized in the Tale of the Heike, *Heike monogatari* 平家物語, NKBT 32-33, SNKBT 44-45.

¹¹⁴⁹ Nakamura, *Shingon mikkyō niokeru anjinron*, 211-215; Igarashi Takayuki 五十嵐隆幸, *Seizan Jōdokyō no kiban to tenkai* 西山浄土教の基盤と展開 (Kyoto: 思文閣, 2010), 52-67. Jōkei has received more attention in English in recent years. See: James Ford, *Jōkei and Buddhist Devotion in Early Medieval Japan* (Oxford: Oxford University Press, 2006); “Competing with Amida: A Study and Translation of Jōkei’s *Miroku Koshiki*,” *Monumenta Nipponica* 60.1 (2005): 43-79.

¹¹⁵⁰ *Shinshō*, MD, 1284

¹¹⁵¹ Igarashi, *Seizan Jōdokyō*, 52-55.

porous amalgam of competing doctrinal and ritual lineages and sub-lineages, many of which drew upon and interacted with the “Tōmitsu” Shingon lineages of Nara, the capital, and Kōyasan.¹¹⁵²

For example, the well-known Nara Pure Land aspirants Eikan 永觀 (1033-1111) and Chingai 珍海 (1091-1152) were important teachers at Zenrinji,¹¹⁵³ and helped to deepen connections with Tōdaiji and the Nara Buddhist establishment. Genshin’s student Yoshishige no Yasutane 慶滋保胤 (933-1002), the famous poet and author of the *Nihon ōjō gokuraku ki* 日本往生極樂記, studied in the Zenrinji *kangakue* 勸學會, a common type of lay religious educational association in which the *nenbutsu* recitation was emphasized, thus helping to establish the connection with Hieizan.

In the Kamakura period, Zenrinji was affiliated with Tōdaiji, a Nara based temple, but later on it eventually became a Jōdoshū temple (which were often technically administered by Hieizan based “Tendai” institutions). In any event, while many dictionaries and other sources refer to Zenrinji as a “Shingon” temple, the situation was actually far more complicated.¹¹⁵⁴ Additionally, Kakuban’s thought, itself drawing upon Tendai, Nara, Heian-kyō, and Kōyasan based lineages, greatly influenced Jōhen.

¹¹⁵² Before the 14th century, the “Shingon” tradition was largely expressed within the curricula of major temples in Nara (Tōdaiji, Kōfukuji, etc.) and Kyoto (Ninnaji, Tōji, Enryakuji, etc.). For more on this issue see: Abe, *Weaving of Mantra*, 375-376. For more information on the rise of the institutional consolidation of the Shingon tradition around Mt. Kōya, the teachings of Kūkai, and Kūkai as an object of worship, see: Ryūichi Abe, “From Kūkai to Kakuban: A Study of Shingon Dharma Transmission” (PhD diss., Columbia University, 1991). Regarding the considerable overlap between Taimitsu and Tōmitsu (or Tendai and Shingon) during the Heian period, see the recent dissertation by Kagiwada Seiko 鍵和田聖子, “Tōmitsu to Taimitsu no sōgo eikyō kara mita juyō to kensan no tenkai 東密と台密の相互影響から見た受容と研鑽の展開” (PhD diss., Ryūkoku University, 2014).

¹¹⁵³ The importance of Vajrayāna in the Pure Land writings of Eikan and Chingai was examined in greater detail in Chapter III, Part IV.

¹¹⁵⁴ Refer reader to Kengaku and pre-Tokugawa temple affiliation discussion in Chapter on Shingon and Pure Land in Japan (Chapter 3).

It is known that Jōhen acquired a copy of Hōnen's *Senchaku hongan nenbutsu shū* 選擇本願念佛集 (T. 2608), probably from Hōnen's disciple Ryūkan 隆寛 (1148-1227) in 1218,¹¹⁵⁵ and wrote his own commentary on the text, entitled *Zoku senchaku mongi yōshō* 續選擇文義要鈔.¹¹⁵⁶ Jōhen was profoundly impressed by Hōnen's thought, and rather than view his commentary on the *Senchakushū* as a critique of Hōnen, we should rather view it as a "continuation" (*zoku*) or elaboration on ideas within Hōnen's thought that Jōhen found compelling. In fact, Jōhen was so impressed with Hōnen's thought that even though he never met Hōnen in person, after reading the *Senchakushū* he made a pilgrimage to Hōnen's grave, and upon his arrival, he paid obeisance to Hōnen's memory and changed his name to Shin'en 心圓.¹¹⁵⁷

Jōhen also appears to have spent a considerable amount of time with Hōnen's other famous disciples. In addition to Ryūkan, Jōhen had particular affinities with Shōku 證空 (1177-1247) (who is often regarded as the most "Esoteric" of Hōnen's disciples), and may have even known of Shinran 親鸞 (1173-1262), though there is no evidence that they ever met. In any case, Zenrinji is based in a part of Kyōto known to have been frequented by Hōnen's major disciples. Whether or not they ever met one another, both Jōhen and Shinran would have known many of the same people, and were certainly participants in a thriving Pure Land intellectual and ritual culture in the Higashiyama 東山 area of eastern Heian-kyō. Finally, once Jōhen retired to

¹¹⁵⁵ Yamaguchi, "Dōhan cho Himitsu *nenbutsu shō*," 102-3.

¹¹⁵⁶ Jōhen, *Zoku Senchaku mongi yōshō* 續選擇文義要鈔 (Tokyo: Kokusho Kankōkai, 1984).

¹¹⁵⁷ Nasu, "Jōhen to Hōnen," 561.

Kōyasan, he also interacted with Myōhen 明遍 (1142-1224), another important disciple of Hōnen.¹¹⁵⁸

Dōhan is known to have accompanied Jōhen to Ninnaji where he recorded Jōhen's lectures on Kūkai's *Benkenmitsu nikyōron* 辯顯密二教論 (T. 2427), commonly known as *Nikyōron*, in a text entitled *Nikyōron tekagami shō* 二教論手鏡抄.¹¹⁵⁹ Jōhen also drew upon Kakuban, and other interpreters of the works of Kūkai, and even wrote a work summarizing the basics of the "Esoteric School" in the *Hishū* 祕宗文義要.¹¹⁶⁰ While many scholars who work on Jōhen state that his perspective on Pure Land was fundamentally "Shingon" in orientation, I would caution us from essentializing Jōhen's identity in this way. Zenrinji was a site where numerous lineages converged, and Jōhen's own thought appears to reflect this fluidity. Through this dissertation I have endeavored to demonstrate that a more nuanced appreciation of the diversity of Buddhist thought allows us to look beyond the tendency to anachronistically relegate premodern Buddhist identities to the sectarian categories that currently comprise the Japanese Buddhist landscape.

In the summer of 1221 (Jōkyū 3), the same year as the Jōkyū War, Jōhen ascended Kōyasan, visited the Okuno-in, and resided at Byōdoshin-in 平等心院 (or possibly the Shaka-in 釋迦院).¹¹⁶¹ In autumn of that same year, Dharma Prince Dōjo 道助法親王 (1196-1249), who would study under Dōhan in 1224, established the Kōdai-in 光台院 on Kōyasan for the practice of the *nenbutsu samādhi* 念佛三昧.¹¹⁶² Myōhen, who is regarded as the founder of the

¹¹⁵⁸ Nasu, "Jōhen to Hōnen," 560-565.

¹¹⁵⁹ ZSZ 18; Yamaguchi, "Dōhan cho Himitsu nenbutsu shō," 103.

¹¹⁶⁰ SZ 22.

¹¹⁶¹ KS, 143.

¹¹⁶² KS, 141.

Rengesanmai-in 蓮華三昧院 lineage, also took up residence on Kōyasan that year as well. It appears that there was something of an exodus from the capital at this time in response to the unrest following the Jōkyū War.

Jōhen passed away in 1223, the same year that Dōhan's teacher Kakkai passed away. Again, Dōhan lost two important teachers in the same year, just as in 1202 when Shukaku and Kenchō passed. When we take into account the fact that Dōhan composed the *Himitsu nenbutsu shō* the very next year, which is coincidentally the same year that Shinran is said to have produced a version of the *Kyōgyōshinshō* 教行信證 (T. 2646), we can certainly speculate that having so many of his teachers, all of whom were keenly interested in the Pure Land, die so close to one another twice in his life, would have had an impact upon his growing interest in Pure Land thought.

Jōhen, Kakkai, Kenchō, Jikken, and Myōnin each contributed to Dōhan's early education in diverse ways. Myōnin led him to practice in the Chūin-ryū ritual lineage, the lineage established by Meizan, a pioneer in the movement of seeking Pure Land rebirth on Kōyasan. Under Jikken at Daigoji Sanbō-in lineage, a powerful Kyoto based lineage with deep connections to Nara's Tōdaiji, Dōhan learned of the "mystery of breath," the idea that Amitābha is the life-breath of beings leading them to awakening. It is possible that under Kenchō and Kakkai, Dōhan studied two very different perspectives on Pure Land, one more oriented toward the purification of karma for post-mortem Pure Land rebirth, and one emphasizing the immanence of the Pure Land within ordinary reality. Finally, from Jōhen, Dōhan encountered a perspective on Pure Land that allowed both immanentist and post-mortem conceptions of the Pure Land to stand together as one system. As examined previous chapters of this dissertation, this perspective is not uncommon throughout East Asian Mahāyāna history. While continuing to develop his own

approach to Pure Land thought, Dōhan drew upon these many influences and made a name for himself as a prolific scholar of the doctrinal and ritual texts to Kūkai, many of which will be examined in the following chapter.

Like Kakuban and Kakkai before him, scholars have speculated that Dōhan may be understood as in some sense responding to the so-called *hijiri* lineages that proliferated on Kōyasan. The following section will present a brief overview of the main lineages of ascetic wanderers, noting the importance of Pure Land thought and practice among these lineages, as a way to paint a broader picture of the flourishing environment in which Dōhan pursued his studies.

Chapter IV

Part II

Hijiri and Kōyasan Pure Land Culture

Long before Dōhan's career, Kōyasan had been developing a unique and diverse Pure Land culture of its own. The beginnings of Kōyasan's own "Esoteric Pure Land" culture was addressed in the previous chapter along with its connection to the 11th century rise of Kūkai studies as a major concern in Japanese Esoteric thought. This section will examine the major sites for Pure Land practice and the official and unofficial lineages that further established Kōyasan as a key site for Pure Land aspirants to congregate. Shortly after its founding, Kōyasan's significant distance from the capital became an almost insurmountable obstacle, and the mountain fell into ruin and disuse. However, beginning with Jōyō Kishin in the early 11th century, Kōyasan was rehabilitated around the cult of Kūkai's mausoleum.¹¹⁶³ When Jōyō first ascended the mountain, he found that there were numerous groups practicing around the Okuno-

¹¹⁶³ William Londo, "The 11th Century Revival of Mt. Kōya: Its Genesis as a Popular Religious Site," *Japanese Religions* 27.1 (2002): 19-40; "The Other Mountain: Mt. Kōya and Popular Religion in Eleventh Century Japan" (PhD diss., University of Michigan, 2004). See also Chapter III, Part III and IV.

in.¹¹⁶⁴ In spite of, or perhaps because of, the withdrawal of official support, hermits and ascetics had taken up residence on the mountain, and to the best of their abilities were maintaining key facilities. In ancient sources and contemporary scholarship, these unofficial monks are often grouped under the umbrella term *hijiri*.

Hijiri, are somewhat of a mystery to modern scholars, and it appears that to pre-modern Japanese Buddhists they were both a potential source of irritation and reverence. While on the one hand, establishment Buddhism often employed *hijiri* for fundraising and proselytizing, on the other hand, however, due to their unorthodox practices and influence among commoners, *hijiri* were looked upon with suspicion. The term *hijiri* has often functioned as a catch-all category for practices and lineages not otherwise specified. Londo has noted that the term *hijiri* is one of the most problematic terms used (and misused) in the study of Japanese religion. Indeed, the various groups often subsumed under this label include troubadours, sūtra chanters (*jikyōsha* like Jōyo), “mountain wizards,” hermits, and renunciants of various kinds.¹¹⁶⁵ It is therefore with caution and a sense of prudence that we proceed to sketch briefly the *Kōya hijiri* 高野聖 tradition.¹¹⁶⁶

Scholars of the medieval period have identified many different kinds of *hijiri*. For example, the *nenbutsu hijiri* 念佛聖 preached rebirth in the Pure Land through reliance upon the *nenbutsu*, likely in addition to other ecstatic or thaumaturgical rites and incantations. Closely related were the *Amida hijiri* 阿彌陀聖, who preached sole reliance on the Buddha Amitābha and took the whole name or merely a single character of the name of the Buddha into their own name. There were also *kanjin hijiri* 勧進聖, who were usually more closely related to and

¹¹⁶⁴ Gorai Shigeru 五来重, *Kōya hijiri* 高野聖 (Tokyo: Kadokawa bunko 角川文庫, 1975. Reprint, 2011), 110.

¹¹⁶⁵ Londo, “The Other Mountain,” 151-172.

¹¹⁶⁶ For more information on the complicated reality often obscured by the term *hijiri* see: Christof Klein, “Hermits and Ascetics in Ancient Japan: The Concept of Hijiri Reconsidered,” *Japanese Religions* 22.2 (1997): 1-46.

employed by temple offices for the purpose of “*kanjin*,” or fund raising. *Yugyō hijiri* 遊行聖 wondered widely around the country, living a largely peripatetic lifestyle. Somewhat in contrast to the *ichi hijiri* 市聖 who concentrated their efforts on merchants and commoners in the marketplace. While these “types” are commonly listed, it should be noted that they were by no means mutually exclusive categories. Gorai Shigeru’s seminal study on the *hijiri* of Kōyasan,¹¹⁶⁷ though regarded by contemporary scholars as somewhat outdated in terms of methodology and deployment of the term “*hijiri*,” remains a wealth of information, and is the most useful overview of the diverse groups that settled on Kōyasan in pursuit of Pure Land rebirth. What follows is a brief overview of Gorai’s presentation of the main *hijiri* lineages.

Kyōkai and Odawara

After Jōyō’s successful revitalization efforts,¹¹⁶⁸ Gorai suggests that the earliest major *hijiri* group was founded by Kyōkai 教懷 (1001-1093) in the Odawara 小田原 area of Kōyasan in 1073. Kyōkai’s practices were centered upon the Buddha Amitābha and various “Esoteric Pure Land” technologies. For example, in addition to the *Kongō* and *Taizōkai* mandalas, he practiced the *Amida hō* 阿彌陀法, *Uṣṇīṣavijayā-dhāraṇī* 尊勝陀羅尼, the *Amida shingon* 阿彌陀真言, and others. Through cultivating a relationship with Emperor Shirakawa, who made pilgrimage to the mountain in 1088 and 1091, Kyōkai was able to greatly expand the facilities and landholdings of Kōyasan temples. Moreover, Kyōkai’s relationship with the emperor allowed his group to assume a particularly influential role.¹¹⁶⁹

¹¹⁶⁷ Gorai Shigeru 五来重, *Kōya hijiri* 高野聖 (Tokyo: Kadokawa bunko 角川文庫, 1975. Reprint, 2011).

¹¹⁶⁸ Gorai, *Kōya hijiri*, 104-116.

¹¹⁶⁹ Gorai, *Kōya hijiri*, 12, 117-127.

After Kyōkai, Kakuban established the Mitsugon-in 密嚴院 as a *nenbutsu* practice site to which *hijiri* flocked. It has long been thought that the primary audience for Kakuban's Pure Land writings were the *hijiri* around the Mitsugon-in. Moreover, groups in and around the Ōjō-in dani 往生院谷 region of Kōyasan regarded Kakuban as the founder of their lineage. Around 1114, Kakuban began to interact with Aba Shōnin Shōren 阿波上人青蓮 (ca. 1114). Shōren traveled around Kumano 熊野 and later settled in the Bessho 別所 of Kōyasan, and took up lodging at the Ōjō-in at Henshōkō-in. Shōren's disciples were especially prevalent in the Kayadō 萱堂 associated with Kakuban's Mitsugon-in.¹¹⁷⁰ Later, Kakuban's student Kenkai 兼海 (1107-1155) established Kakkō-in 覺皇院 as a *nenbutsu* practice site.¹¹⁷¹ Gorai has suggested that like Kyōkai's Odawara *hijiri*, groups associated with Kakuban were hermits and ascetics who employed Pure Land practices for thaumaturgical ends as well as the purification of karma.¹¹⁷²

Butsugon and Mitsugon-in

Butsugon bō Shōshin 佛嚴房聖心 (late-12th-early-13th cent.) may in some sense be regarded as the inheritor of Kakuban's "*himitsu nenbutsu*" lineage, and stands between Kakuban and Dōhan both chronologically and intellectually. Alongside Kenkai and Daijō bō Shōin 大乘房證印 (1105-1187), Butsugon was a descendent of Kakuban's Negoroji Denbō-in. After Kakuban's rapid rise through the monastic ranks, he fled Kōyasan and established the Denbō-in on Mt. Negoro. While many of Kakuban's loyal disciples followed him to Negoro, latter Butsugon worked to reestablish ties with Kōyasan, taking up residence at Mitsugon-in. Butsugon

¹¹⁷⁰ Gorai, *Kōya hijiri*, 128-138.

¹¹⁷¹ Gorai, *Kōya hijiri*, 16.

¹¹⁷² Gorai, *Kōya hijiri*, 123-124.

studied under Kyōjin 教尋 (?-1141), who is mentioned in the *Kōyasan ōjōden* 高野山往生傳. Butsugon wrote the *Jūnen gokuraku iōshū* 十念極樂易往集 at the behest of Go-Shirakawa 後白河法皇 (1127-1192) around 1176. This was an important treatise on the “ten thought moments” said to be essential for rebirth in the Pure Land. This text promotes the Mitsugon Pure Land as but another name for Sukhāvātī. Wada notes that the final section entitled *Ichigo taiyō rinjū mon* 一期大要臨終門, is virtually identical to Kakuban’s *Ichigo taiyō himitsu shū* 一期大要祕密集, suggesting that Kakuban’s “Esoteric Pure Land” writings continued to circulate after his death.¹¹⁷³ Further study of Butsugon may help fill in the gap between Kakuban and Dōhan’s Kōyasan “Esoteric Pure Land” thought.

Kumagai Naozane and Samurai Hijiri

The end of the 12th century was an increasingly tumultuous time, and as a result, many elite monks and aristocrats took solace in Buddhist practice on Kōyasan, aspiring to leave this defiled realm for the Pure Land. As well, warriors disaffected with the violence that was spreading across the country made the journey to the mountain as well. One of the most famous examples is Kumagai Naozane 熊谷直実 (1141-1208).¹¹⁷⁴ Kumagai studied the *nenbutsu* under Hōnen, and according to the *Kōya shunju*, established a stupa in his honor near the Okuno-in, the tomb of Kūkai.¹¹⁷⁵ Today a temple on Kōyasan named Kumagaiji is dedicated to Kumagai Naozane, whose monastic name was Rensei 蓮生. At this temple, in addition to a large statue of the Buddha Amitābha, an even larger statue of Hōnen takes the central position as the temple’s

¹¹⁷³ Wada Shūjō 和多秀乘, “Jūnen gokuraku iōshū nit suite 十念極樂易往集について,” *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 63 (1983): 1-10.

¹¹⁷⁴ Gorai, *Kōya hijiri*, 174-194.

¹¹⁷⁵ KS, 134.

honzon. To the right of Hōnen are the major “patriarchs” of the Japanese Pure Land tradition including Shinran, Ippen, and Rennyō as well as Shinran’s wife, Eshinni. There remains much work to be done on the ways in which Kōyasan’s medieval Pure Land culture was repackaged and molded in response to the growth of Jōdo and Jōdoshinshū traditions.

Chōgen and Tōdaiji

Tōdaiji was burned down by Taira no Shigehira 平重衡 (1157-1185) during the Genpei wars from 1180-1185. Revitalization efforts were spearheaded by a monk named Chōgen 重源 (1121-1206), who spent some time practicing austerities on Kōyasan. Chōgen is a rather famous example of a much broader *kanjin hijiri* layer of the Buddhist clergy similar to Jōyō and others. Chōgen first took ordination at the Daigoji, and later interacted with Hōnen. Though initially a critic of Hōnen, Chōgen came to practice the *senju nenbutsu* 専修念佛, or exclusive practice *nenbutsu*. Gorai suggests that with Chōgen, and later Myōhen, a new phase of Hōnen inspired *nenbutsu* practice grew in popularity on Kōyasan.¹¹⁷⁶

Myōhen and Rengesanmai-in

Like Kumagai Naozane, Jōhen, and others, the monk Myōhen,¹¹⁷⁷ seems to have been one of many elite monastics who sought solace on Kōyasan, fleeing the embattled capital. In 1185, Myōhen ascended the mountain to worship an image of Kūkai at the Okuno-in. Myōhen had studied Madhyamaka and Shingon, and after reading the *Senchakushū*, came to greatly revere Hōnen. According to one tradition, Myōhen had initially been a critic of Hōnen, but upon reading the *Senchakushū*, he had a dream in which he witnessed Hōnen feeding the starving

¹¹⁷⁶ Gorai, *Kōya hijiri*, 220-248.

¹¹⁷⁷ MBD 5:4801; Gorai, *Kōya hijiri*, 249-281.

beggars outside the city gates. At that moment, Myōhen purportedly came to realize the importance of Hōnen’s teachings. Myōhen appears to have interacted with Jōhen, so it is possible that he was part of the same social circles as Dōhan. Myōhen entered Rengesanmai-in 蓮花三昧院 and pursued practices aimed at the attainment of Pure Land rebirth. Following Myōhen, the Rengesanmai-in emerged as a major center for *hijiri* activity, and exerted significant influence upon surrounding lineages and institutions.

Kakushin and “Esoteric” Zen

Alongside Pure Land practice (and in many cases *as* Pure Land practice), Zen meditation flourished on Kōyasan. There are some on Kōyasan today who believe that Kūkai actually traveled to China to study Zen.¹¹⁷⁸ Shinji Kakushin 心地覺心 (aka, Muhon Kakushin 無本覺心, or Hottō Kokushi 法燈國師) (1207-1298) was an important student of Zen who received the Bodhisattva precepts 菩薩戒 (*J. bosatsukai*) from Dōgen and was associated with the Kayadō lineage of the Mitsugon-in.¹¹⁷⁹ Kakushin ascended Kōyasan in 1225 (Karoku 1), having previously studied at Tōdaiji 東大寺 in Nara. On Kōyasan Kakushin studied Esoteric ritual under Dōhan,¹¹⁸⁰ and Zen under Gyōyū 行勇 (1163-1241) at the Zenjō-in 禪定院 of Kongōsanmai-in 金剛三昧院.

¹¹⁷⁸ This was related to me by a Shingon priest on Kōyasan as an explanation for why he taught *zazen* at his temple. I hope to pursue the origin of this account further. Another priest told me that it is well known on Kōyasan that from the Tokugawa period, Sōjiji 總持寺 Sōtōshū Zen monks would regularly conduct *zazen* retreats on Kōyasan.

Despite the supposed solidification of sectarian boundaries in the Tokugawa period, there is evidence that some amount of trans-sectarian dialogue prevailed, especially in marginal locales such as Kōyasan. However, after WWII, conservative Sōtōshū monks supposedly discontinued practice on Kōyasan. This is not the least bit surprising as the largely sectarian nature of scholarship on the history of Shingon and Zen has led to a rather narrow depiction of history. More research into Dōhan’s interaction with Zen monks in the Kamakura period will likely lead to further revelations about Kōyasan’s tran-sectarian history.

¹¹⁷⁹ Gorai, *Kōya hijiri*, 282-299.

¹¹⁸⁰ KS, 145.

Gyōyū was a senior disciple of Eisai and was instrumental in establishing the Kongōsanmai-in with the patronage of Hōjō Masako. Gyōyū studied on Kōyasan for nine years and also received secret initiations from Dōhan.¹¹⁸¹ Gyōyū continued his ritual studies under a monk named Kakubutsu 覺佛 of the Denbō-in. Gyōyū later travelled to Kamakura in 1241 (Ninji 仁治 2).¹¹⁸² Early Kamakura Zen was an integral part of the Kōyasan environment, and its proponents contributed both to the vibrant “Esoteric Pure Land” culture.

Jishū and Kōyasan

Alongside Kayadō and the Rengesanmai-in, the Senju-in dani 千手院谷 lineages associated with Ippen’s 一遍 (1234-1289) Jishū 時宗 were especially influential in early-medieval Kōyasan.¹¹⁸³ Ippen practiced a form of ecstatic, some have said “shamanic,” *nenbutsu* known as *odori nenbutsu* 踊念佛, or “dancing *nenbutsu*.” While Ippen is often studied within the same “Pure Land Buddhism” rubric as Hōnen and Shinran, he was arguably more closely aligned to the Shingon and Tendai perspectives on the Pure Land. Moreover, Ippen also received *inka* 印可, or official recognition of Zen awakening, from Kakushin, Dōhan’s former disciple.

Ippen is well known as a distributor of *fuda* 札 (slips of paper or silk) inscribed with the *nenbutsu* as a way of helping ordinary people establish connections with the Buddha Amitābha. It is possible that this popular practice that Ippen became so famous for may have been part of the common culture of the area around Kumano and Kōyasan. According to Gorai, it is known that during the Kamakura period, *nenbutsu fuda* purportedly written in Kūkai’s hand were distributed as being particularly efficacious for the attainment of Pure Land rebirth. In other

¹¹⁸¹ KS, 139.

¹¹⁸² KS, 153.

¹¹⁸³ Gorai, *Kōya hijiri*, 300-314

words, the Kūkai of Kamakura period Kōyasan was also regarded as a *nenbutsu* preacher in some circles,¹¹⁸⁴ and it is possible that this feature of Kōyasan's *nenbutsu* culture contributed to the early development of Jishū as the largest Pure Land tradition in late-medieval Japan.

Hijiri Suppression

The Kamakura Kōyasan *hijiri* lineages with which Dōhan certainly had some interaction, accomplished three key tasks: raising the funds necessary to rehabilitate Kōyasan's institutional infrastructure, establishing Kōyasan as a major regional center of devotion and a "this-worldly" Pure Land, and promoting the practice of the *nenbutsu* as a major form of practice on the mountain. However, beginning in the 14th century, the central bureaucracy established a three tier hierarchy, with scholar-monks 學侶 (J. *gakuryō*) on top, orthodox practitioners 行人 (J. *gyōnin*) second, and the miscellaneous *hijiri* (*nenbutsu* practitioners) on the bottom, which resulted in the reorganization of Kōyasan culture.

In particular, monks like Yūkai 宥快 (1345-1416) and Chōkaku began to enforce a Kūkai-centered Shingon orthodoxy upon the heterogeneous Kōyasan environment, thus reigning in the disruptive ecstatic activities of some *hijiri* bands. In 1413, an edict entitled *Kōyasan gobanshū ichimi keijō* 高野山五番衆一味契狀,¹¹⁸⁵ banned certain activities associated with *nenbutsu* practice, such as loud communal chanting, ecstatic dancing, and so on. Later, a similar edict was issued in 1606 in which the Tokugawa Shōgun ordered all *hijiri* bands to officially affiliate with either Jishū or Kōyasan Shingonshū via sectarian initiations or ordination. Gorai

¹¹⁸⁴ Gorai, *Kōya hijiri*, 83-84.

¹¹⁸⁵ Yamakage Kazuo 山陰加春夫, *Chūsei Kōya kyōdan soshiki shōkō* 中世高野山教団組織小考," *Kōyasan daigaku ronsō* 高野山大学論叢 19 (1984): 1-21.

notes that after this point, references to *hijiri* seem to have been removed from the historical record in order to produce the illusion of homogeneity.¹¹⁸⁶

The nature of these edicts reveals a few things: First, continued efforts to suppress *hijiri* may indicate that these bans were only marginally successful (at first). Second, that late-medieval and Tokugawa period Shingon was so closely related to Jishū Pure Land that monastics could easily choose between them. This should indicate to us the “Shingon” qualities of medieval Pure Land practice, as well as the importance of “Pure Land” practice within Shingon. Through this brief presentation of the most influential monastic, semi-monastic, and lay organizations in early-medieval Kōyasan, this section has endeavored to convey the centrality of Pure Land thought and practice in the environment preceding and surrounding Dōhan’s career.

Chapter IV

Part III

Dōhan in Exile

In 1234 (Bunryaku 文曆 1) Dōhan took up residence in the lecture hall, *hōen* 法筵, of Shōchi-in. In 1237 (Katei 嘉禎 3), assuming the position of *shugyō* 執行, or head administrator, of Kongōbuji. The *shugyō* was responsible for the management of the temple complex as a whole, and at this time Kongōbuji was virtually synonymous with the whole of Kōyasan itself. Despite this administrative role, Dōhan maintained an active ritual and scholarly agenda. According to the *Nanzan denpu*, in 1239, Dōhan lectured on the *Bodaishinron* at the request of

¹¹⁸⁶ Gorai, *Kōya hijiri*, 23-24, 84.

Dōjo Hōshinnō of Ninnaji, and wrote the *Bodaishinron dangiki* 菩提心論談義記.¹¹⁸⁷ In 1240 (Ninji 仁治 1), Dōhan composed the *Hizōhōyaku mondanshō* 秘藏宝鑰問談鈔 (2 fasc.) and erected a stupa at Muryōju-in.¹¹⁸⁸

The life of high ranking monks was not all paperwork and study, there were serious stakes at hand in the management of a major temple complex like Kōyasan. At this time, along with the aristocratic and warrior classes, the elite class of monastics to which Dōhan belonged represented what is often referred to as the *kenmon* 権門, or gates of power. As temples endeavored to gain and balance power with the other two legs of the *kenmon* tri-pod, serious competition within and between different factions and lineages often led to violence. In 1242 (Ninji 3, 11th month, 18th day) Dōhan was called to Rokuhara 六波羅 as part of an investigation into recent unrest on the mountain. While the details are somewhat difficult to pin down, and because Dōhan's own journal is one of the main sources on this incident, it is with a healthy dose of skepticism that we now examine the lead up to Dōhan's exile and expulsion from Kōyasan.

Conflict with the Denbō-in

At the beginning of the year 1243 (Kangen 寛元 1), a monk named Myōken 明賢, who had been appointed the role of *zasu* in 1240 (Ninji 仁治 1), was appointed to the dual role of *kengyō* and *shugyō*, and by the end of the month, outright fighting had erupted between Denbōin

¹¹⁸⁷ Satō, “Kisoteki kenkyū,” 88; ND (*Nihon Daizōkyō* 日本大藏經), 24 (1916 edition), 47 (1975 edition); Variant titles: *Bodaishinron shitta shō* 菩提心論質多抄, *Shitta shō* 質多抄. BKD 9:427d-428a; Nakamura, “Dōhan ki Bodaishinron dangiki.”

¹¹⁸⁸ Kaneoka Shūyū 金岡秀友, ed., *Toganoo korekushon kenmitsu tenseki monjoshūsei 5 (kyōsōhen 5)* 桐尾コレクション 顯密典籍文書集成 5 (教相篇 5) (Tokyo: Heika shuppansha 平河出版社, 1981).

and Kongōbuji, wherein Denbōin was burned down.¹¹⁸⁹ The next month, Kongōbuji monks and Denbōin monks pursued suits against one another at Rokuhara 六波羅. In autumn of that same year, Myōgen was forced to step down, and replaced by Keigen 慶源. Shortly thereafter (ninth month, fifth day), Dōhan and a large number of senior monastics were exiled from the mountain.¹¹⁹⁰

According to Dōhan's own account, one night the Denbō-in mysteriously caught fire. Dōhan contended that there was no wrong doing on his part, nor on the part of the Kongōbuji faction. Dōhan claimed that the real culprit was lightning, or "fire that naturally erupted from the sky 天火自然出."¹¹⁹¹ Dōhan also notes that the Denbō-in had long overstepped their position as a subordinate temple within the Kōyasan order, perhaps implying that the fire was a form of karmic retribution. Dōhan further laments that the evil of the Denbō-in faction was so profound that the officials tasked with hearing the case were confused by their wicked rhetoric, and that his people were unjustly implicated. Nevertheless, as a result of the conflict, Dōhan was banished, or *zairyū* 罪流, to Sanuki.¹¹⁹²

¹¹⁸⁹ According to the *Nankai rurōki*, Myōken was subsequently exiled to Chikuzen kuni 筑前国 in present day western Fukuoka-ken 福岡県.

¹¹⁹⁰ KS, 154; Hosshō 法性 (?–1245) was another scholar-monk who studied under Myōnin and Kakkai, and like Dōhan, is regarded as one of the greatest monks in Kōyasan history. He established the Hosshō-in 法性院 (later renamed Hosshō 宝性院). Also like Dōhan, he was exiled in the Daidenbōin conflagration to Izumo 出雲 (Izumo, present day Shimane Prefecture 島根県), where he died.

¹¹⁹¹ Dōhan 道範, "Nankai rurōki 南海流浪記," 468.

¹¹⁹² In addition to Dōhan's account of these events, trial, and exile, another account may be found in the *Henmyōin Daishi Myōjin gotakusenki* 遍明院大師明神御託宣記, which is reconstructed in, Abe Yasurō 阿部泰郎, *Chūsei Kōyasan engi no kenkyū* 中世高野山縁起の研究 (Gangōji Bunkasai Kenkyūjo 元興寺文化財研究所, 1982), 104-112; cited in, Elizabeth N. Tinsley, "Notes on the Authorship and Dating of the 13th Century Henmyōin Daishi Myōjin Go Takusen Ki (attributed to Dōhan)," *Indogaku bukkyōgaku* 印度学仏教学 58 (2010): 168-171. Tinsley note that though attributed to Dōhan, it is more likely that this was composed by Kakuson 覺尊, who received the oracle from Kōyamyōjin 高野明神 in 1251 (Kenchō 3). KS, 159.

Nankai rurōki 南海流浪記¹¹⁹³

Starting in 1243 (Kangen 寛元 1) Dōhan's travelogue records his time in exile. While this alone would make Dōhan's diary worthy of note, the text itself is quite interesting as a piece of literature. The *Nankai rurōki* is a mixed *kana-kanbun zuihitsu* 仮名漢文隨筆, or *wakan konkōbun* 和漢混交文. In other words, it is a running diary, written with a mix of Chinese and Japanese prose, with sentences that may begin or end in either language. In addition, the text is peppered with Classical Chinese poetry, *kanshi* 漢詩, and Classical Japanese poetry, or *waka* 和歌. While the text is quite short, it fills in many important details about Dōhan's time in exile, and is one of the most important sources for the study of his life.¹¹⁹⁴

After the initial *kanbun* introduction, wherein Dōhan recounts the details of the court case resulting in his exile, the *Rurōki* relates the various places that Dōhan stayed, following the Yodo river 淀川, and lodging near Kanzaki bridge 神崎橋, in present day Osaka, and other places. Scholars of the history of Sanuki prefecture prize this diary as an important source on medieval geography and Buddhist culture on the island, as Dōhan continually notes the distance travelled between each place he visits.¹¹⁹⁵

The poetry in particular seems to convey some features of Dōhan's interiority and personal reflections on his time "abroad." It is often assumed that diaries written by men tend to be less concerned with conveying feeling and emotion. Therefore it is often the diaries of women

¹¹⁹³ Dōhan, "Nankai," 468a.

¹¹⁹⁴ See Satō, "Kisō," 90, for a complete list of places visited by Dōhan.

¹¹⁹⁵ Tanaka Kenji 田中 健二, "Komonjo kaitoku kōza, Kamakura jidai no ryūjin no nikki, 'Nankai rurōki' ni miru Sanuki no sugata 古文書解読講座 鎌倉時代の流人の日記「南海流浪記」に見る讃岐の姿, *Kagawa kenritsu monjokan kiyō* 香川県立文書館紀要, 15 (2011): 1-13. Based on Tanaka's observations, it is important to consider the *Nankai* in the context of other Kamakura period diaries, and Japanese *zuihitsu* literary and diary culture in general.

that we look to for emotional content and depth. This surprising feature of Dōhan's diary was in fact not uncommon for Kamakura period travel diaries.

In the *Rurō ki*, Dōhan employs poetry to mark key events in his seven years in Shikoku.

For example, the first poem expresses Dōhan's lament at leaving the court:

都をは	Oh, the capital!
霞の余所に	To the mists of this faraway place,
かへり見て	I look back.
いつち行らん	Where am I going?
淀の川なみ	--the waves of Yodo River. ¹¹⁹⁶

This is a standard literary convention that can be seen in virtually all literary tales in which the protagonist leaves the capital, whether under exile, or for leisure.

Later on, while on the boat to Awaji 淡路, Dōhan is informed that from that particular juncture, the peak of Kōyasan may be seen. Dōhan was certainly aware that for someone of advanced age such as himself, the likelihood of dying while in exile was fairly high. In other words, this point in the journey would not merely be the last time on this particular trip that Dōhan would see Kōyasan, but it may well have been the last time in his life that he would get to see Kōyasan at all.

When he first arrived in Sanuki, Dōhan resided with a local lord who expressed sympathy for his predicament. The *Rurōki* intimates that the *shugo* of Sanuki, the Miura family 三浦氏, was not in the capital at that time of Dōhan's trial, so Dōhan's care was overseen by members of the Naganuma family 長沼氏 at the behest of the Miuras.¹¹⁹⁷ It was common at this time that when "exiled," such high ranking monks as Dōhan were not simply thrown out on the street, but rather, wealthy patrons oversaw their travel arrangements and lodging needs enroute.

¹¹⁹⁶ Dōhan, "Nankai," 468b.

¹¹⁹⁷ Tanaka, "Nankai," 1.

The flow of events as recorded by Dōhan are punctuated by numerous miraculous encounters and ecstatic visions produced by long ritual performances. Scholars of previous generations might have edited out these “magical” or “mystical” episodes, preferring instead to focus on deep philosophical concepts or historical facts. Thankfully, by now, the pendulum has swung in the other direction such that miraculous events are valued for what they might tell us about the beliefs and practices of a particular time, and are understood to be at least as important as detailed explanations of titles or patronage networks.¹¹⁹⁸ To strip away Dōhan’s reported magical events in search of an exclusively “historical” recounting of events would be to rewrite the story according to modernist criterion not shared by the subject. Clearly, for Dōhan, erudite scholarship, visionary encounters with the “mystical realm,” and ritual proficiency were all interwoven in the tapestry of his life. To neglect any single component would greatly hinder our understanding of Dōhan’s activity. In this treatment of Dōhan’s diary, I hope to render explicit the content that Dōhan seems to have wanted to share with the reader.

For example, toward the beginning of his travels through Sanuki, Dōhan encounters a strange rock formation. When he goes to investigate, suddenly a voice appears out of the mist.

Dōhan states:

即繪嶋ノ明神詣シテ法施法樂。 Thereupon I paid obeisance to the Ejima Myōjin, and gave a Dharma teaching so that he may rejoice in the Dharma (*hosse hōraku* 法施法樂).¹¹⁹⁹

Not only was it common for monks to teach local gods (*kami*), but Dōhan was especially well known for his engagement with the protector deity of Kōyasan, Kōya Myōjin 高野明神.

Certainly, one of the defining features of Buddhism across Asia (and now the world) is a willingness to engage in dialogue with gods. Buddhists have interacted with all varieties of deity

¹¹⁹⁸ John Kieschnick, *Eminent Monk: Buddhist Ideals in Medieval Chinese Hagiography* (Honolulu: University of Hawaii Press), 65; Juliane Schober, ed. *Sacred Biographies in the Buddhist Traditions of South and Southeast Asia* (Honolulu: University of Hawaii, 1997), 3, 12.

¹¹⁹⁹ Dōhan, “Nankai,” 469a.

wherever they go.¹²⁰⁰ Once a monk interacts with a god, that being is seemingly integrated into a Buddhist cosmic vision, the mandala. For Dōhan, the gods of the Japanese islands were clearly beings in need of Buddhist teaching, if not themselves Buddhist divinities destined to lead beings to the Dharma.¹²⁰¹

That Dōhan composes *waka* is also worthy of note due to the close connection between *waka* and mantra.¹²⁰² Arguably, one of Kūkai’s greatest contribution to the early Japanese Buddhist tradition was his mantra based theory of ritual efficacy. Kimbrough suggests that early-medieval Buddhist poetics was so influenced by Buddhist thought that, in some cases, we might understand *waka* as *dhāraṇī*.¹²⁰³ *Dhāraṇī* differ from mantra in that they are usually longer, but these two vocal-ritual technologies are similar in many ways, and it appears that Dōhan did not clearly differentiate between them. In general, both *dhāraṇī* and mantra are regarded as a distillation of a larger texts or body of knowledge, and accordingly, they are also understood to be quite powerful. Indeed, just like *dhāraṇī*, poems are often used in prose works to supplement, enhance, or simply summarize events. In the medieval context, *waka*, *renga* 連歌 (linked-verse poems), *dhāraṇī*, and mantra were all used as social and ritual “technologies,” employed to

¹²⁰⁰ Robert DeCaroli, *Haunting the Buddha: Indian Popular Religion and the Formation of Buddhism* (Oxford: Oxford University Press, 2004). One may also consult the *Buddhacarita*, in which the Buddha encounters and engages local and common deities worshipped at the time. If indeed it was considered normal for the Buddha to engage the gods in his own time, it should be of no surprise that monks in Japan would feel compelled to engage local deities as well. Aśvaghosa, *Buddhacarita: In Praise of Buddha’s Acts* (Berkeley: Numata Center for Buddhist Translation and Research, 2009).

¹²⁰¹ Dōhan discusses the the role of Amaterasu 天照 as a vehicle for Mahāvairocana to preach to the divine land of Nippon (Japan). See, *Shōshin tongaku shō* 初心頓覺鈔 (3 fasc.), SZ 22. See also: Tanaka Hisao 田中久夫, “Dōhan no ‘Shoshin tonkaku shō’ ni tsuite 道範の「初心頓覺鈔」について,” *Nihonrekishi* 日本歴史 172 (1962): 87-89.

¹²⁰² Abe, *Weaving*, 2, 390-392. Abe notes the importance of the poet-priest Saigyō 西行 (1118-1190) regarding mantra and *waka* as closely related verbal technologies sanctifying the Japanese spoken language itself. Additionally, Dōhan mentions Saigyō in the Nankai. Clearly, this is an issue that required more investigation.

¹²⁰³ R. Keller Kimbrough, “Reading the Miraculous Powers of Japanese Poetry: Spells, Truth Acts, and a Medieval Buddhist Poetics of the Supernatural,” *Japanese Journal of Religious Studies* 32/1 (2005): 4.

effect change in the world. When it is said that poems may have so much power as to pacify a demon, or in Dōhan's case, teach a god, this is not a euphemism.¹²⁰⁴

The sacralization of *waka* in fact arose as Japanese Buddhists came to view Japan as a Buddhist realm unto itself, and the Japanese language as a tool for accessing Buddhist power. Kūkai for example viewed all of existence as an emanation of the primordial speech act of Mahāvairocana, and therefore, even the speech of a seemingly peripheral country like Japan could fully express the essence of the Dharma. Monks such as Nichiren 日蓮 (1222-1282) and Saichō 最澄 (767-822) argued that the people of Japan themselves were especially well suited to receive the Dharma. Kūkai and Annen 安然 (841-915?) argued that even the islands and mountains themselves were embodiments of the mandala. Dōhan and Raiyū 賴瑜 (1226-1304), among others, are known to have argued that even the trees and grasses possessed the potential to become Buddhas 草木成仏 (J. *sōmoku jōbutsu*).

Dōhan eventually took up residence at Zentsūji temple 善通寺 in 1244 (year two of Kangen 寛元), a temple built at the birth place of Kūkai. Snatched as he was from his great mountain, Dōhan yearned for the peaks of Kōyasan. We can see throughout the *Rurōki* that Dōhan was able to make the best of a difficult situation, as he frequently visited sites associated with Kūkai's life on Shikoku. To this day, statues carved by Dōhan at these sites may still be viewed. In addition to his pilgrimage style wandering, he also lectured and taught at Zentsūji. Sources record the names of several disciples, and frequently state that Dōhan was known for preaching to the common people. A short Dharma-lecture about A-character meditation, *ajikan* 阿字觀, entitled *Dōhan shōsoku* 道範消息, survives to this day, and has been translated into

¹²⁰⁴ Kimbrough, "Reading the Miraculous," 11.

English by Pol van den Broucke.¹²⁰⁵ This is the first text written by Dōhan that has been translated into English. Like Kakuban, Dōhan’s works on this form of meditation are frequently quoted in premodern and contemporary *ajikan* meditation guides.

Yamamoto notes that in 1248, Dōhan constructed a statue of Kūkai at the request of a monk at the Zentsūji temple.¹²⁰⁶ While he was banished from Kōyasan, the place of Kūkai’s eternal meditation, he seems to have coursed deeply in the place of Kūkai’s birth. At this time, the Shingon tradition was not a clearly defined sectarian institutional entity. Rather, Shingon was composed of many different lineages spread over many different institutions, some associated with Kūkai or his direct disciples, some not. Unlike today, Kūkai was not necessarily the assumed center of the tradition, and therefore we cannot, simply reduce Dōhan’s efforts to simple sectarian interest in a founder. Rather, perhaps we might speculate that these efforts to track the life of Kūkai on Shikoku, the construction of statues of Kūkai, and his deeply engaged study of Kūkai’s works may have been Dōhan’s way of reclaiming his identity as a Kōyasan monk. Kōyasan was peripheral, but Shikoku was even more peripheral. Kōyasan was the place of Kūkai’s death, but Zentsuji was the place of his birth. Was Dōhan seeking to reclaim his Kōyasan identity at Zentsuji via engagement with Kūkai’s biography? If we may take this to be the case, then we may also perhaps recognize Dōhan as one more figure central to the emergence of Kūkai as the primary force of gravity within something called the Shingon tradition.

Today, one of the fundamental practices of both lay and monastic Shingon adherents is the chanting of the *myōgō* 名號 of Kūkai; “*Namu Daishi Henjō Kongō* 南無大師遍照金剛.” While there have been many different versions of this chant, the earliest recorded instance of the

¹²⁰⁵ Van den Broucke, and Miyasaka- Ajikan

¹²⁰⁶ Yamamoto, 349.

version currently used today first appears in Dōhan's *Himitsu nenbutsu shō*.¹²⁰⁷ Should we take it as merely a coincidence that many of the great architects of the Shingon tradition (Ninkai, Saisen, Jippan, Kakuban, Dōhan, etc.) were keenly interested in the Buddha Amitābha as a central object of worship? Should it come as a surprise that the *myōgō* of Kūkai was perhaps derived from the *nenbutsu* of Amitābha? Probably not. Rather, we should recognize the importance of Kūkai and Amitābha as closely related cultic objects, and that objects of veneration may occupy the same space, conceptual as well as spatial. Therefore, we can construct a model for our understanding of Japanese Buddhism in which a monk like Dōhan might build a statue of Kūkai at the behest of a student, and then proceed to perform a fifty-day long fire ritual for the Buddha Amitābha, *Amida goma* 阿彌陀護摩.¹²⁰⁸ Just as the *Himitsu nenbutsu shō* is a site for the *kengaku* simultaneous cultivation of Kūkai and Amitābha worship, the life of Dōhan provides ample evidence that Amitābha and Kūkai often came to inhabit the same space in the medieval period.

Chapter IV

Part IV

Dōhan's Return to Kōyasan

In 1245 (Kangen 3), Dōhan's former associate, the monk Shōso 尚祚 (d. 1245),¹²⁰⁹ experienced a peaceful death with the mantra of Amitābha on his lips, his hands in the Amitābha mudra, contemplating the statue of Amitābha. Dōhan's former student Dōjo is also recorded as

¹²⁰⁷ William Londo, trans., Hinonishi Shinjō, "The Appearance and Evolution of the Hōgō of Kōbō Daishi," *Japanese Religions* 27.1 (2002) 1-18.

¹²⁰⁸ Dōhan, "Nankai," 472b-473a. Amitābha centered rituals have been an important feature of the Shingon ritual program since the time of Kūkai in Japan, and Amoghavajra in China. See Chapter III, Part II, and Chapter II, Part III, respectively.

¹²⁰⁹ Shōso, MD, 1179; KS, 155. Like Dōhan, Shōso was regarded as one of the "eight greats" (*hachiketsu*) of Kōyasan.

having attained rebirth in the Pure Land while residing at Kōdai-in, also chanting and contemplating a statue of Amitābha.¹²¹⁰

That same year, while still in exile, Dōhan recorded the names of his Zentsūji students in Sanuki who received the *kanjō* initiation from him: Nōhen Hōshinbō 能遍法信房, Shōen 清圓, Ryūben 隆辯, and Yūnin 祐仁.¹²¹¹ In 1249, (Kenchō 建長 1) the monks who had been banished were allowed to return to the mountain. Hosshō had passed away while in exile, but Dōhan was able to return, taking up residence at Hōkō-in in the 8th month, 17th day. Soon after Dōhan's arrival he established a Mieidō 御影堂, or portrait hall, and enshrined an image of Kūkai. In the 10th month of that year, Dōhan resumed regular performance of initiation ceremonies at Shōchi-in on behalf of a monk named Zenkaibō 禪戒房. In the 12th month he performed the *denbō kanjō* at the Kanjō-in 灌頂院 at the request of Kenjō 賢貞, and that same year, Dōhan's former student Kakushin traveled to Song China.¹²¹²

In 1250 (Kenchō 2, summer, 5th month, 23rd day), Dōhan conferred the *ryōbu kanjō* to students at Shōchi-in.¹²¹³ In the winter (11th month, 8th day), Dōhan performed the *ryōbu kanjō* at Shōchi-in for Myōchō Sonshinbō 明澄尊信房. In 1251 (Kenchō 3, 11th month, 13th day), Dōhan and several other monks are mentioned in an 80 article long proclamation made by the *Kōya myōjin*, as recorded by a monk named Kakuson 覺尊 at Henmyō-in 遍明院.¹²¹⁴

1252 (Kenchō 4, summer, Fifth month, 22nd, or 25th day), Dōhan passed away peacefully at the Hōkō-in 寶光院, the temple where he had resided since his return to the mountain. He was

¹²¹⁰ KS, 157.

¹²¹¹ KS, 155; Sato, "Kisoteki," 89.

¹²¹² KS, 157.

¹²¹³ KS, 157, Satō, "Kisoteki kenkyū," 89.

¹²¹⁴ KS, 159; Elisabeth Tinsley, "Jūsan seiki Kōyasan no den Dōhan cho 'Henmyō-in daishi myōjin go takusen ki' no kōzō to seisaku katei ni tsuite 13 世紀高野山の伝道範著『遍明院大師明神御託宣記』の構造と制作過程について," *Indogaku bukkyōgaku kenkyū* 印度学仏教学研究 53.3 (2010): 1284-1287.

75 years old at the time of his death.¹²¹⁵ One of the last things Dōhan did before he died was edit a manuscript attributed to Kūkai. This text, an edition of the *Avataṃsaka-sūtra*,¹²¹⁶ was completed in the fifth month of Kenchō 4 (1252), the same month that Dōhan died.

In the colophon of this text, Dōhan mentions Kūkai's eternal meditation and his waiting for the descent of Maitreya from the Tuṣita heaven, a topic he addresses numerous times in his writing. The *Avataṃsaka* is chiefly concerned with a synthetic vision unifying the whole of Buddhist cosmology, and playing into the sudden/gradual tension of the bodhisattva path. This same tension appears to have influenced Dōhan's engagement with *nenbutsu* thought and practice.

Regarding Dōhan's own death-bed practice, Yamaguchi notes that while there is no clear evidence for Dōhan's explicit aspiration for rebirth in the Pure Land, there is one account in which it states that Dōhan died in seated meditation in deep contemplation and chanting a mantra.¹²¹⁷ Is it reasonable to suspect that this final practice, like so many other moments of Dōhan's life, was centered upon the Buddha Amitābha? Dōhan's grave was located at Muryōju-in 無量壽院.¹²¹⁸ As discussed above, along with Shōchi-in and Hōkō-in, this temple's lineage appears to have been especially influenced by Dōhan's intellectual and ritual legacy.

¹²¹⁵ KS, 159.

¹²¹⁶ *Dainihon komonjo*, *Koyasan bunsho* 2:289-290; cited by Sato, "Kisoteki kenkyū, 93.

¹²¹⁷ *Dendōkōroku*, fasc. 6, ZSZ 33:387-8; cited in Yamaguchi, "Dōhan cho," 115, 122; See also Yamamoto (1998) which contains an account of Dōhan's last days as recorded by his disciple Ryōshō 良昭, as well as the last fascicle of the HNS; cited in, Sato, "Kiso teki kenkyū," 87.

¹²¹⁸ Muryōju-in, MD, 2147, notes that after Chōkaku at Muryōju-in, and Yūkai at Hosshō-in (the former temple of Hosshō 法性), established a strong *kyōgaku* 教学 (doctrinal studies) relationship between Muryōju-in and Hosshō, the two were officially renamed in Taishō 2 as Hōju-in 寶寿院.

Chapter IV

Conclusion

In his day, Dōhan was an extremely prolific and well-known writer, a teacher of many monks, as well as a high-ranking and able monastic administrator, and yet many of the key events in his life are difficult to pin-down. As this degree of “fluidity” is sometimes unavoidable in the reconstruction of the lives of historical figures who lived so far in the past, rather than vesting all value in the specifics of detail, emphasis has been placed rather on examining the context within which Dōhan developed his approach to “Esoteric Pure Land” Buddhist doctrine and ritual practice. For example, while we know the names of many of Dōhan’s teachers on Kōyasan and in Kyoto, we do not have a clear picture of when or where exactly he studied with them. Dōhan’s travelogue is one of the few windows into his life and personal thoughts, and through it we are able to gain some insight into his personality and interests, even if the exact chronology will likely forever remain tenuous. Therefore, we must “pull the camera lens back” so that the contours of Dōhan’s life may come into sharper relief.

One of the key points that have arisen from the examination of Dōhan’s early years, is that it is impossible to assert from whom he acquired his interest in Pure Land thought. Many scholars have suggested that his interests were derived from encounters with Hōnen’s Pure Land doctrine via Jōhen, but enough evidence has been provided by now to suggest that Dōhan’s early educational environment was always-already well enmeshed in a diverse soteriological environment that favored devotion to, and ritual engagement with, the Buddha Amitābha, and aspiration for rebirth in the Pure Land Sukhāvātī.

Another key feature of Dōhan’s monastic upbringing was the diversity of doctrines and rituals he had the opportunity to learn and practice. This *kengaku* style of simultaneous study

starkly contrasts with the contemporary Japanese Buddhist environment, as contemporary scholars and practitioners have tended to assume the immutability of contemporary sectarian identities as an organizational heuristic for examining pre-modern monks, institutions, and doctrines. Dōhan's dual engagement with Kūkai and Amitābha represents a form of devotion and practice that, despite being quite common within the Shingon School of the medieval period, is not necessarily recognized or affirmed within the contemporary sect-based rubric.

It is important not only to be critical of received traditional wisdom, but it is also essential to turn the skeptical lens of the scholar on idea and practices that arise within the academy. By taking a new look at the life of Dōhan, and those like him, we may open new and surprising avenues for inquiry that may be useful in nuancing our approach to premodern Buddhist culture (perhaps allowing us to reimagine contemporary Buddhist culture in the process). What is the purpose of religious biography? Moreover, what is the purpose of engaging religious biography and autobiography in the context of academic non-sectarian writing? To study the life of an individual presumes that an "individual," in the form of a singular being, exists. One might argue that this is not necessarily a worthwhile premise.

Many of the life stories transmitted down to the present must be reconstructed from various sources written hundreds of years after the event or life in question, and even then, it is rare that a clear picture emerges. Rather, it appears that in some cases all a scholar or a traditional biographer has to work with is a synthetic view, a composite, an unstable image of an historical individual. In the case of Dōhan, by whom many doctrinal works written in his own hand have survived to the present, comparatively little has survived that can be used to fill in his life story. As a result, the approach used in this chapter has been to fill in the detail of his context, thus painting in "negative space." In response to a situation like this, many scholars may throw

their hands up in despair, choosing instead to merely outline every single contradiction, and take comfort in the realm of positivist social history and philology.

We cannot begin from a position that assumes that there exists a singular individual “Dōhan” to which one can attain unmediated access. Rather, each source upon which one might draw should be seen as one of many attempts to construct a singularity, which is by its very nature fleeting. Certainly, even in a person’s own lifetime, they may be understood in a variety of ways. The individual, the Great Man,¹²¹⁹ fetishized in post-Enlightenment historical writing, is composite at every turn. Individuality is composed through the development of relationships, encounters with teachers and mentors, choices made throughout one’s life, random events, and other local influences. An individual is a composite being even to those around them, and certainly to those who write years, generations, or centuries later. Therefore, one may find it especially appropriate in the context of Buddhist studies to acknowledge individuality as a kaleidoscopic, ephemeral, reality that cannot be perfectly grasped any more than can a handful of sand or water. However, that the individual is “empty” does not mean that the individual does not exist, nor that rigorous attention to detail is not essential.

Now, to say that unmediated access is not a realistic possibility is not to say that academic writing is *just* story telling. Rather, the context within which academic writing takes place is one in which everything that one writes is subject to scrutiny. Indeed, this is one of the merits of the academic mode of writing. The scrutiny and rigor to which academic writing is subjected renders it useful to many different audiences, and, at least in theory, comparatively free of bias. At the very least, this is the ideal after which we strive. Buddhist Studies academic writing may be useful to scholars in disciplines such as Religious Studies, East Asian Area

¹²¹⁹ John McRae, *Seeing Through Zen: Encounter, Transformation, and Genealogy in Chinese Chan Buddhism* (Los Angeles: University of California Press, 2004), 9-11, 156 (note 10); *The Northern School and the Formation of Early Ch'an Buddhism* (Honolulu: University of Hawaii Press, 1987), 7-8, 252-53.

Studies, Art History, and other areas of Buddhist Studies. In addition, people participating in the modern day descendants of the traditions under investigation may be able to gain a different perspective than that presented in popular religious literature. As a scholar, one must recognize that these different groups, scholars, religious (both, neither) may read one's work for different reasons, and each may take away different meanings.

However, often enough the privileged position of academics allows one to exert control over their object of study. This becomes particularly problematic when the object of study is religious activity, which (if we may make an overgeneralization) tends towards the ineffable, or at the very least, the ancient, and thus unverifiable by traditional historical standards. The necessary resolution of academic writing needs to include careful and respectful handling of sources and subjects, seeking objectivity where it can be found, acknowledging when it cannot, and recognizing one's own positionality and limitations. With these simple ideals as guidelines, one might argue, conscientious and rigorous scholarship that transcends mere story telling can be achieved. This is my goal in my pursuit of Dōhan as a partner in historical dialogue, and an object of academic inquiry.

CHAPTER V

DŌHAN AND “KAMAKURA BUDDHISM”

Introduction

Building upon the biography presented in the previous chapter, in this chapter I will approach Dōhan 道範 (1179-1252) as a “Kamakura Buddhist” thinker, and seek to lay a foundation for “Dōhan studies” as a new and vital area of academic inquiry. In particular, the study of Dōhan’s thought will provide new insights into the state of “Kūkai studies 空海學,” the study of the doctrinal works of Kūkai 空海 (774-835), in the early-medieval period, the relationship between *hongaku* 本學 doctrinal thought and *mikkyō* 密教 ritual practice, and the importance of Pure Land thought and practice in medieval “Esoteric Buddhism.” In the previous chapter, through an investigation into Dōhan’s educational and ritual environment, I demonstrated that Pure Land thought and ritual were “always-already” pervasive features of the heterogeneous religio-political life of Kōyasan 高野山 and medieval Shingon 真言, and that centuries after Dōhan’s death the construction and contestation of Shingon was an ongoing enterprise. Furthermore, despite the wealth of scholarship on the Kamakura period in general, as well as scholarship on Esoteric Buddhism in Insei period 院政期 (1086-1192) and mid to late-medieval periods (14th to early-17th cent.), both the history of Kōyasan and early-medieval Esoteric traditions (the context of Dōhan’s life) remain largely unexplored in English or Japanese. In order to lay the groundwork for bridging this gap, this chapter will “pull the camera back,” as

it were, from Dōhan's immediate environment to examine Dōhan's broader *oeuvre* in the context of "Kamakura Buddhism" 鎌倉佛教 (J. *Kamakura Bukkyō*).

The Kamakura Period 鎌倉時代 (1185-1333) saw the advent of dual-rulership on the archipelago, with the aristocracy and imperial family living in Heian-kyō 平安京 (present day Kyoto), providing "symbolic capital" necessary for the legitimation of rule, while the warrior-bureaucrats (usually described in English as "samurai" サムライ・侍, but perhaps more correctly as *bushi* 武士¹²²⁰) in the eastern city of Kamakura controlled the administration of taxes, lawsuits, and military matters.¹²²¹ The Buddhism of this period is usually depicted from the point of view of the so-called Kamakura founders: the Pure Land Schools, including Hōnen's 法然 (1133-1212) Jōdo-shū 浄土宗, Shinran's 親鸞 (1173-1263) Jōdo Shinshū 浄土真宗, and Ippen's 一遍 (1239-1289) Ji-shū 時宗; the Zen Schools, including Eisai's 榮西 (1141-1215) Rinzai-shū 臨濟宗, and Dōgen's 道元 (1200-1253) Sōtō-shū 曹洞宗; and the Lotus School of Nichiren 日蓮 (1222-1282), known as Hokke-shū 法華宗 or Nichiren-shū 日蓮宗. To some extent, this is to be expected. After all, the modern day descendants of the communities established by these figures constitute the largest sectarian institutions in Japan, and thus, have exerted significant influence upon the historiography of this period. However, as is now commonly argued, casting late-12th - early-13th century Japanese Buddhism around the ideas and practice of monks who in their own time were regarded as heretical and marginal has produced a myopic view of history, whereby one person or tradition is examined in great detail, and everything else blurs out of focus.

¹²²⁰ Recently, while speaking with a scholar of medieval history, they stated that they now consider "samurai" to be an English language word, and prefers the term *bushi* instead when writing about medieval warrior culture.

¹²²¹ Jeffrey P. Mass, *Yoritomo and the Founding of the First Bakufu: The Origins of Dual Government In Japan* (Stanford, Calif.: Stanford University Press, 1999).

Kamakura Buddhism, or rather, the received image of Kamakura Buddhism, has in some sense served as a dominant center of gravity within the academic study of East Asian Buddhism. In fact, it is often the case that in textbooks and lectures, as well as cursory overviews in monographs on related topics, otherwise critically minded scholars will habitually reiterate uncritically the key points around which this image has been constructed: Kamakura Buddhism, we are told, emerged on the fringes of the dominant Buddhist institutions, which had grown decadent and out of touch with the “common man.” As part of a revivalist critique of the oppressive social structure, revolutionary (proto-democratic?) “New Buddhist” 新佛教 (J. *shin-bukkyō*) thinkers established new forms of Buddhism more in tune with the needs of ordinary Japanese. Incidentally, we are also often told that this was the era, in which Buddhism in Japan became truly “Japanese.” Over the last several decades, however, new scholarship has helped to re-center the debates in the field around lineages and institutions who actually dominated and shaped the early-medieval politico-religious environment, the so-called “Old Buddhism” 舊佛教 (J. *kyū-bukkyō*), noting that the “New Schools” only emerged as key players on the national stage in the mid- and late-medieval period. This scholarship has demonstrated that whatever else “Kamakura Buddhism” may have entailed, it was most certainly crafted by the monks working in the major landholding institutions in Nara 奈良, Heian-kyō 平安京 (present day Kyoto), and Hieizan 比叡山.

The neglect of Nara based institutions and thinkers has improved significantly. For example, James Ford’s investigation into the life and thought of Jōkei 貞慶 (1155–1213)¹²²²

¹²²² James L. Ford, “Competing With Amida: A Study and Translation of Jōkei’s Miroku kōshiki,” *Monumenta Nipponica* 60.1 (2005): 43-79; *Jōkei and Buddhist Devotion in Early Medieval Japan* (Oxford: Oxford University Press, 2006a); “Buddhist Ceremonials (kōshiki) and the Ideological Discourse of Established Buddhism in Early Medieval Japan,” in *Discourse and Ideology in Medieval Japanese Buddhism*, eds., Richard K. Payne and Taigen Daniel Leighton (New York: RoutledgeCurzon, 2006b), 97-125; “Jōkei and Kannon: Defending Buddhist Pluralism

reveals that elite monks participated in what we might think of as “eclectic” devotion to a variety of Buddhas and Bodhisattvas. Furthermore, his study reveals the importance of Pure Land thought and practice and the mastery of Esoteric rituals as basic features of ritual life that functioned in close proximity to other areas of concern: Yogācāra 法相 (C. Faxiang, J. Hossō), Madhyamaka 三論 (C. Sanlun, J. Sanron), *Avatamsaka* studies 華嚴 (C. Huayan, J. Kegon), and so on. Similarly, dissertations by Mikael Bauer and David Quinter have further refined our understanding of how elite Nara institutions and revival movements influenced the Kamakura period.¹²²³ Mark Unno and George Tanabe’s work on Myōe 明惠 (1173–1232)¹²²⁴ has revealed the close relationship between the study of the *Avatamsaka-sūtra* and “Esoteric Pure Land” ritual. As well, John Rosenfield’s recent work on Chōgen 重源 (1121-1206),¹²²⁵ and Mark Blum’s work on Gyōnen 凝然 (1240-1321),¹²²⁶ reveal the heterogeneity of Nara Buddhist culture and the importance of Pure Land therein. Janet Goodwin’s work on patronage networks has demonstrated the close relationship between the major institutions and the diverse economic and religious worlds of the early medieval period.¹²²⁷ Other scholarship by Grapard, Meeks,

in Medieval Japan,” *The Eastern Buddhist* 39.1 (2008): 11-28; “Exploring the Esoteric in Nara Buddhism,” EBTEA, 776-793.

¹²²³ David Quinter, “The Shingon Ritsu School and the Mañjuśrī cult in the Kamakura Period: From Eison to Monkan” (PhD diss., Stanford University, 2006); Mikael Bauer, “The Power of Ritual: An Integrated History of Medieval Kōfukuji” (PhD diss., Harvard University, 2011).

¹²²⁴ Hayao Kawai, and Mark Unno, *The Buddhist Priest Myōe: A Life of Dreams* (Venice: Lapis Press, 1992); George J. Tanabe, *Myōe the Dreamkeeper: Fantasy and Knowledge in Early Kamakura Buddhism* (Cambridge: Council on East Asian Studies, Harvard University, 1992); Unno, Mark “As Appropriate: Myōe Kōben and the Problem of the Vinaya In Early Kamakura Buddhism,” (PhD, diss., Stanford University, 1994), and *Shingon Refractions: Myōe and the Mantra of Light* (Somerville, MA: Wisdom Publications, 2004).

¹²²⁵ John M. Rosenfield, *Portraits of Chōgen: The Transformation of Buddhist Art In Early Medieval Japan* (Leiden: Brill, 2011).

¹²²⁶ Gyōnen, and Gishin, *The Essentials of the Vinaya Tradition* (Berkeley: Numata Center for Buddhist Translation and Research, 1995); Gyōnen, and Saichō, *The Essentials of the Eight Traditions* (Berkeley: Numata Center for Buddhist Translation and Research, 1994); Mark L. Blum, *The Origins and Development of Pure Land Buddhism: A Study and Translation of Gyōnen's Jōdo Hōmon Genrushō* (New York: Oxford University Press, 2002).

¹²²⁷ Janet Goodwin, *Alms and Vagabonds: Buddhist Temples and Popular Pilgrimage in Medieval Japan* (Honolulu: University of Hawai’I Press, 1994).

Adolphson, etc., has further revealed the institutional vitality and devotional diversity of this period.¹²²⁸

There has also been much work on the institutional basis for Buddhism at this time, revealing that instead of a decadent tradition in decline, the “Old School” institutions against which the “New School” Kamakura reformers were reacting, in fact, remained active and quite vital. However, in response to this emerging consensus, scholars such as Ford, Stone, and Quinter have noted that the shift away from individuals to institutions, as part of the shift from “New” to “Old,” has left unchallenged the assertion that “Old” schools are reducible to elitist institution, and that they were in fact out of touch with ordinary people. Moreover, Quinter also notes the dangers posed by simply studying the “Old School” institutions, which may ultimately allow the sectarian framework for the study of premodern Japanese religion to remain unchallenged.¹²²⁹

...whether from Marxist orientations, postmodern methodologies, Protestant influences, or a distinctively American emphasis on pioneers and individualism—the ‘new,’ reform,’ ‘heterodox,’ and ‘anti-establishment’ classifications of Buddhist schools continue to lend themselves to positive valuations and their counterparts to negative valuations.¹²³⁰

Quinter notes as well that this “Old School” institution-centric perspective introduces new problems of its own, and this emerging consensus in some sense allows the Old/New divide to stand unchallenged. Quinter’s examination of Eison 叡尊 (1201-1290) and his Shingon-risshū lineage 眞言律宗 (including Nishō Ryōkan 忍性良觀 (1217-1303), Shinkū 信空 (1229-1316), and Monkan 文觀 (1278-1357) demonstrates that the emerging academic consensus will

¹²²⁸ Allan Grapard, *The Protocol of the Gods A Study of the Kasuga Cult in Japanese History* (Berkeley, University of California Press, 1992); Lori Meeks, *Hokkeji and the Reemergence of Female Monastic Orders in Premodern Japan* (Honolulu: University of Hawai’i Press, 2010); Mikael Adolphson, *The Gates of Power: Monks, Courtiers, and Warriors in Premodern Japan* (Honolulu: University of Hawai’i Press, 2000).

¹²²⁹ Quinter, “Shingon Risshū,” 31.

¹²³⁰ Quinter, “Shingon Risshū,” 30.

continue to require adjustment as new information is brought to light.¹²³¹ Quinter further undermines the Old/New dichotomy, for example, by examining an “old” school that is also a “new” school, and actively involved in social welfare and popular preaching.¹²³² Having benefitted greatly from Quinter’s summaries of existing scholarship, and groundbreaking work opening up new areas of inquiry, this project on Dōhan seeks as well to employ an “Old School” thinker who is teaching on a “New School” practice, to move beyond and further undermine the supposed Old/New divide. Moreover, this examination of Dōhan’s thought endeavors to present him as a non-essentialized agent in a complex heterogeneous environment, and not merely as a member of a faceless “Old School” institution, nor simply as a charismatic genius standing apart from his intellectual or institutional context.

Furthermore, while the call for more attention to “Old School” institutions has shifted scholarly attention in important directions, Tanabe notes that both Kōyasan and medieval Esoteric Buddhism have been unfairly neglected. Kōyasan was a vibrant outpost where elites and commoners alike, monastics, non-monastics, and “semi-monastics,” as well, gathered to pursue Buddhist practice. Despite the dearth of scholarship in English or Japanese, during the early medieval period, Kōyasan continued to gain adherents and land. Kōyasan of the early-medieval period was not simply an “Old School” institution, but was in fact continuing to build upon the successes of the 11th and 12th century revitalization movements, and may in some sense even be considered a “New School” unto itself.

Moreover, as discussed in the previous chapter, Kōyasan administrators executed a dynamic response to the emergence of dual-rule. Records from this time reveal that monks were dispatched on a regular basis to perform rituals in both the Heian-kyō and Kamakura capitals.

¹²³¹ Quinter, “Shingon Risshū,” 10.

¹²³² Quinter, “Shingon Risshū,” 29-30.

Tanabe also notes that regardless of social or economic position, “Esoteric” Buddhist ritual performance was well attended by people from various social stations,¹²³³ and as Abe has shown, by the medieval period, *mikkyō* had emerged as the dominant mode for the transmission of knowledge in Japan.¹²³⁴ This institutional and intellectual vitality extended beyond the realm of elite ritual specialists, and included a vibrant spiritual economy. In this way, the study of Dōhan may help shed light on these neglected and potent areas of study.

This chapter is divided into two parts. Part I examines current debates in the field of early-medieval Japanese religious studies. However, rather than simply rehearsing the now common Pre-/Post-Kuroda narrative that has become so common, this section will emphasize key issues that have emerged in recent scholarship that have inspired the formation of this particular project. In this way, I hope to acknowledge my debt to previous scholarship as well as show how this project has been specifically tailored to respond to issues in the field. Part I outlines a two-pronged approach to Dōhan as a “Kamakura” thinker: First, by focusing on specific sites and networks, rather than simply on institutional machinations, scholars may achieve a more dynamic engagement with the flow of ideas and practices over time. Second, rather than simply focusing on a single individual as an isolated entity, this study of Dōhan will employ his thought as a starting point for thinking about broader trends in the Kamakura period. This study of Dōhan and Kamakura Buddhism seeks to follow Brian Ruppert and James Dobbins by focusing on place, practice, and discourses of legitimation, thus moving beyond both the deterministic study of faceless institutions and essentialist study of charismatic individuals.¹²³⁵

¹²³³ George J. Tanabe, “Kōyasan in the Countryside: The Rise of Shingon in the Kamakura Period,” in *Re-visioning “Kamakura Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 43.

¹²³⁴ Ryūichi Abe, *The Weaving of Mantra: Kūkai and the Construction of Esoteric Buddhist Discourse* (New York: Columbia University Press, 1999), 16.

¹²³⁵ Brian Ruppert, *Jewel in the Ashes: Buddha Relics and Power in Early Medieval Japan* (Cambridge: Harvard University Press, 2000), 12-13; James Dobbins, “Envisioning Kamakura Buddhism,” in *Re-visioning “Kamakura Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 28-38.

Next, this section considers the relationship between the *hongaku* and *kenmitsu* doctrinal and ritual context of the early-medieval world, thus establishing a framework by which to place Dōhan and other Kōyasan and Shingon thinkers in dialogue with those thinkers commonly assumed to represent “Kamakura Buddhism.” Building upon Stone’s argument for a “shared paradigm” (See: Chapter III, Part III) for medieval religion, this section will consider in particular the importance of “Esoteric” thought and practice as a feature of the medieval Buddhist world.

Part II will examine Dōhan’s major works, and focus in particular upon the social and intellectual context within which his writing functioned. There are several key themes that emerge consistently throughout Dōhan’s corpus: First, Kūkai studies had emerged as an important topic of interest, and certainly by the Kamakura period had emerged as a major site for dialogue, forging ties between Kōyasan, Daigoji, Ninnaji, and other major temple complexes. Second, Dōhan’s mastery of this area of doctrinal and ritual study was very much in demand, and his extant works reveal that he often marshalled his mastery of various fields of knowledge at the behest of numerous elite monks, some with ties to the imperial family. Dōhan did not compose his works in isolation, but often wrote for lectures, debates, and to promote the study and practice of the Shingon path. Third, based on this examination of Dōhan’s thought I will demonstrate that Dōhan’s works reveal that early-medieval “Shingon” monks participated deeply in Stone’s “shared paradigm.” In this way, this section will open up new ways to explore Dōhan’s “Esoteric Pure Land” thought that move beyond the purported division between Old and New Schools, Heian and Kamakura Buddhism, and even “Exoteric” and “Esoteric” Buddhisms as discrete spheres of activity.

This chapter is intended as a bridge between the previous chapter and the following chapter. While Chapter IV focused on Dōhan’s historical and ritual context, and Chapter VI will focus in particular upon Dōhan’s Pure Land thought through a close reading and philosophical analysis of various issues present in the *Himitsu nenbutsu shō* 祕密念佛抄, this chapter, Chapter V, focuses on Dōhan’s broader intellectual context. It is hoped that this chapter will provide the necessary context for establishing why Dōhan’s “Esoteric” Pure Land 密教淨土教 (J. *mikkyō jōdokyō*) thought was both a unique reaction to his time, but also constructed in dialogue with broader themes from the period.

Chapter V

Part I

“Re-visioning” Early Medieval Religion

It is well known by now that that until the mid-1960s, in Japanese scholarship, “Kamakura Buddhism” was virtually synonymous with the reform movements of the Pure Land, Zen, and Nichiren schools. Earlier scholarship established the European Reformation as a dominant interpretive model for understanding developments in Japanese religion, wherein charismatic founders critiqued the established institutions. Moreover, scholars tended to frame the “Old School” vs. “New School” divide in terms of decadent faceless elitist institutions vs. pure individualistic proto-democratic egalitarian reformers. Moreover, Old Buddhism was associated with Chinese and Indian “magic” and “superstition,”¹²³⁶ whereas the medieval

¹²³⁶ Regarding the role of defining “superstition” and magic in relation to religion and spirituality, see: Jason Ananda Josephson, “Taming Demons: The Anti-Superstition Campaign and the Invention of Religion in Japan (1853-1920)” (PhD diss., Stanford University, 2006), and *The Invention of Religion in Japan* (Chicago: The University of Chicago Press, 2012).

reformation movements were said to be more modern and rational.¹²³⁷ Scholars who built upon this foundational model included Ienaga Saburō 家永三郎, Inoue Mitsusada 井上光貞, and in the United States, Joseph Kitagawa, Alicia and Daigan Matsunaga, and so on. Ford notes that even today, this remains a prevalent and easy way to present Kamakura Buddhism.¹²³⁸

Building upon scholars who had become dissatisfied with this meta-narrative, from the mid-1970s, Kuroda Toshio 黒田俊雄 demonstrated that the Kamakura period was largely dominated by those traditions and institutions that had previously been known as the “Old Schools.” Whatever else “Kamakura Buddhism” might have been, it was fundamentally rooted in the so-called Nara and Heian schools.¹²³⁹ In particular, Kuroda promoted two foundational concepts, the *kenmitsu taisei* 顯密體制 and the *kenmon taisei* 權門體制. First, the *kenmitsu taisei*, or “exo-esoteric system,” was said to be the doctrinal and ritual foundation upon which temple complexes at the elite level of society forged relationships and competed with one another. The *kenmon taisei*, or “gates of power,” were constituted by three power-blocs, the temples, warriors, and courtiers. The *kenmitsu* and *kenmon* systems were mutually influential and depended upon one another for legitimation, as Buddhist and secular law grew mutually dependent, *ōbō buppō sōi* 王法佛法相依. Kuroda Toshio reframed the Old/New dichotomy in terms of orthodox *kenmitsu-kenmon* Buddhism vs. marginal heterodox 異端派 (*J. itanha*) traditions.¹²⁴⁰

Beginning in the 1980s, and reaching something of a crescendo in the mid-to-late-1990s, Anglophone scholars of East Asian Buddhism began producing a number of articles,

¹²³⁷ Jacqueline I. Stone, *Original Enlightenment and the Transformation of Medieval Japanese Buddhism* (Honolulu: University of Hawai'i, 1999), 58-60.

¹²³⁸ James Ford, *Jōkei and Buddhist Devotion in Early Medieval Japan* (New York: Oxford University Press, 2006), 186-187.

¹²³⁹ Abe, *Weaving of Mantra*, 404-406.

¹²⁴⁰ Stone, *Original Enlightenment*, 61.

monographs, journal volumes, and edited volumes that endeavored not only to bring Anglophone scholarship up to date with recent developments and debates within Japanese scholarship, but also ultimately established Kuroda's *kenmitsu taisei* as a new foundational paradigm in the field of premodern Japanese religious studies.¹²⁴¹ Almost twenty years later, James Ford notes that today there are two basic approaches to the study of Kamakura Buddhism: First, the “founder-centered” approach which implicitly or explicitly draws upon the pre-Kuroda sectarian reformer model, and second, the Kuroda-centered socio-historical approach.¹²⁴²

While still acknowledging that there remains considerable utility in Kuroda's theory, various Anglophone and Japanese scholars have leveled critiques or amendments. For example, Abe offers three critiques of Kuroda: First, Kuroda did not critically evaluate the categories “Exoteric” or “Esoteric,” and seems to have regarded them as inherent objective categories. I would also argue that most scholars who have critiqued Kuroda on this issue have not gone far enough in their own reevaluation of these categories. This issue will be explored in greater detail below. Second, while Kuroda focuses on *mikkyō*, he simply seems to have regarded *hongaku* as a kind of Tendai 天台 *mikkyō* discourse. Certainly, we may regard *hongaku* thought as a development within an “esotericized” Tendai environment, however, as Sueki, Abe, and Stone point out, *hongaku* is not simply reducible to *mikkyō*. Third, Abe notes that *mikkyō* was especially important in the Nara schools, and while Tendai reform resulted in the “new schools,” *mikkyō* based reform movements were expressed through/as the Nara schools.¹²⁴³

¹²⁴¹ Ryūichi Abe, “Post-script,” *The Weaving of Mantra: Kūkai and the Construction of Esoteric Buddhist Discourse*, (New York: Columbia University Press, 1999); James C. Dobbins, “Envisioning Kamakura Buddhism,” *Supplement to the May 1991 Issue of the Japanese Religions Bulletin: New Perspectives on Kamakura Buddhism*: 1-11; James H. Ford, “In Search of a Lost Reformation: A Reconsideration of Kamakura Buddhism,” *JJRS* 7.4 (1980): 261-91; Neil McMullin, “Historical and Historiographical Issues in the Study of Pre-Modern Japanese Religions,” *JJRS* 16.1 (1989): 3-40; Richard K. Payne, ed., *Re-Visioning “Kamakura” Buddhism* (Honolulu: University of Hawaii Press, 1998), and so on.

¹²⁴² Ford, *Jōkei*, 185-186.

¹²⁴³ Abe, *Weaving of Mantra*, 424-426.

Stone, followed by Ford and Quinter, have also summarized recent responses to Kuroda. Taira Masayuki 平雅行 has noted that the *kenmitsu* “system” was not an institutionally unified force, and should therefore not be regarded as somehow representative of the third leg of a *kenmon taisei* tri-pod power bloc. Rather, as Kuroda would likely agree, the *kenmitsu* system worked in the service of established power, and was not distinct from it.¹²⁴⁴ Sueki Fumihiko 末木文美士 in particular has emphasizes *hongaku* as a Buddhist discourse distinct from *mikkyō*. Sueki critiques Kuroda’s use of the term *mikkyō*, suggesting that his use was overly vague, and that by implication, Kuroda was reducing *kenmitsu* to *mikkyō* as such.¹²⁴⁵ Quinter notes that Sasaki Kaoru 佐々木馨 proposes distinctions between establishment Buddhism 體制佛教 (J. *taisei Bukkyō*), anti-establishment Buddhism 反體制佛教 (J. *han-taisei Bukkyō*), and trans-establishment Buddhism 超體制佛教 (J. *chō-taisei Bukkyō*). Quinter suggests that we might look to monks like Saigyō 西行 (1118-1190), Chōgen, and Ippen as representatives of *chō-taisei Bukkyō*.¹²⁴⁶ Matsuo Kenji 松尾剛次, in a similar vein, establishes a dichotomy between reclusive monks 遁世僧 (J. *tonseisō*) and official monks 管僧 (J. *kansō*), using this division as a new way to analyze developments throughout Japanese Buddhist history.¹²⁴⁷ An especially interesting effort toward nuancing the *kenmitsu* dichotomy has been offered by Ōtsuka Norihiro 大塚紀弘,

¹²⁴⁴ Quinter, “Shingon risshū,” 19-20, citing: Taira Masayuki, “Kuroda Toshio and the *Kenmitsu Taisei* Theory” *Japanese Journal of Religious Studies* 23.3-4 (1996): 427-448; See also: Ford, *Jōkei*, 193; Stone, *Original Enlightenment*, 62.

¹²⁴⁵ Quinter, “Shingon risshū,” 20-21, citing: Sueki Fumihiko, “A Reexamination of the *Kenmitsu Taisei* Theory,” *Japanese Journal of Religious Studies* 23.3-4 (1996): 449-466.

¹²⁴⁶ Quinter, “Shingon risshū,” 21, citing: Sasaki Kaoru 佐々木馨, “Chūsei kokka no shūkyō kōzō: taisei bukkyō to taiseigai bukkyō no sōkoku 中世国家の宗教構造—体制仏教と体制外仏教の相剋 (Tokyo: Yoshikawa Kōbunkan, 1988).

¹²⁴⁷ Quinter, “Shingon risshū,” 21-22, citing: Matsuo Kenji 松尾剛次, “What is Kamakura New Buddhism? Official Monks and Reclusive Monks,” *Japanese Journal of Religious Studies* 24.1-2 (1997): 179-189.

who suggests that it would be more appropriate to view the Kamakura period as a Zen-Kyō-Ritsu 禪教律 (Meditation, Teaching, Precepts) system instead.¹²⁴⁸

Despite these many developments, Ford has suggested, like Stone and Quinter, that many later interpreters have often over-emphasized institutionalism to the expense of other dimensions of the medieval world. Furthermore, many Marxist historians have cultivated an especially “anti-religion” bias far beyond Kuroda’s general critique of religion as working in service of power. Meanwhile, others may be simply appropriating certain features of Kuroda’s argument while reverting back to an “Old vs. New” dichotomy. Ford suggests that Taira and Matsuo are particularly guilty of this.¹²⁴⁹

Having carefully considered the critiques of Kuroda, I have yet to find an objection that identifies a fatal flaw in his theory, and so I continue to draw upon Kuroda, making clarifications and adjustments as the particular context I am studying requires. For example, Kuroda argued that rather than viewing Pure Land Buddhism as a reaction against Esoteric Buddhism, scholars should regard “Esoteric Pure Land” Buddhism as a fundamental feature of mid- to late-Heian religion. Drawing upon Kuroda’s views on these developments,¹²⁵⁰ and Ruppert and Ford’s suggestion that Kamakura developments should be understood as an extension of developments emerging in the mid-Heian period,¹²⁵¹ when scholars consider the pervasive Esoteric spell culture within which early-medieval *nenbutsu* practices developed, the Esoteric *nenbutsu* thought of Dōhan and those like him should be understood not simply as an “Esoteric” approach to *nenbutsu*, but as *kenmitsu nenbutsu*. In other words, Pure Land oriented practice were common

¹²⁴⁸ Quinter, “Shingon risshū,” 22, citing: Ōtsuka Norihiro 大塚紀弘, “Chūsei ‘zenritsu’ Bukkyō to ‘zenkyōritsu’ jūshūkan 中世「禅律」仏教と「禅教律」十宗観,” *Shigaku zasshi* 史学雑誌 112.9 (2003): 1477-1512. See also: Ōtsuka’s monograph, *Chūsei zenritsu bukkyōron* 中世禅律仏教論 (Tokyo: Yamakawa shuppansha, 2009).

¹²⁴⁹ Ford, *Jōkei*, 187-190.

¹²⁵⁰ Kuroda Toshio 黒田俊雄, *Nihon chūsei no kokka to shūkyō* 日本中世の国家と宗教 (Tokyo: Iwanami Shōten, 1975 [repr. 2007]), 436-441, see also, 280-299.

¹²⁵¹ Ruppert, *Jewel in the Ashes*, 14-15, cited in: Ford, ft. 45, p. 257.

across the medieval *kenmitsu* culture, and should be viewed in that context, and not as something inherently separate from it.¹²⁵²

In order to establish a framework within which to understand “Esoteric Pure Land” in the Kamakura period, features of that environment that have been looked at as if they were disconnected must be looked at together, and other features that have been assumed to follow from one another must be teased apart. Kuroda further suggests that Shin Buddhist (Jōdo Shinshū) dominance of the scholarship on the Kamakura period has divorced Pure Land from Esoteric Buddhism, which was a dominant feature of the environment within which it developed. By connecting *nenbutsu* with non-esoteric Tendai, Kuroda suggests, Shin historiography has been able to erase *mikkyō* from Pure Land history.¹²⁵³ James Dobbins has argued as well that through the close study of the letters of Eshinni, the wife of Shinran, scholars are better able to appreciate the place of the early Pure Land Buddhist traditions within the broader *kenmitsu* culture.¹²⁵⁴ Ultimately, by looking beyond the Old/New divide, we may be able to perceive a broader conversation within which “Esoteric Pure Land” is not the exception, but perhaps in some cases, the rule.

Stone and Ford suggest that one way to move beyond assumptions about Old/New Schools, is to look toward features shared in common across traditions in the Kamakura period. Stone has identified several characteristics arising from *hongaku* doctrinal discourse that may be viewed as a “shared paradigm” for early-medieval religion. As this shared paradigm was examined in some detail in Chapter III, Part III, of this dissertation, I will briefly summarize the key points for the reader’s convenience: First, the relationship between practice and awakening

¹²⁵² Kuroda, *Kokka to shūkyō*, 440, 482. This way of thinking about normative Kamakura *nenbutsu*, as *kenmitsu nenbutsu*, was also recently confirmed for me by a conversation with Taira Masayuki.

¹²⁵³ Kuroda, *Kokka to shūkyō*, 436-437.

¹²⁵⁴ James Dobbins, *Letters of the Nun Eshinni* (Honolulu: University of Hawai’i, 2004), 106-155.

was conceived as “nonlinear.” As unenlightened beings and Buddhas were understood to abide in a fundamentally non-dual relationship, the cause and effect relationship assumed between practice and the achievement of awakening is collapsed. Second, it was widely believed that a “single condition,” such as a single moment of faith or the recitation of a mantra, was all that was required to render this inherent potential for awakening a reality. Third, this single condition was understood to be “all-inclusive,” and contain within it the whole of the Buddhist path. Rather than requiring three kalpas of strenuous practice, Buddhahood could be achieved here and now. Finally, within this framework, one’s evil karma was “non-obstructing,” as the inseparability of nirvana and samsara was read in a radical way, the wickedness of beings was no longer seen as an impediment to the attainment of awakening.¹²⁵⁵ As will be seen in Part II, Dōhan’s works clearly share all of the characteristics that Stone has identified.

How might we understand *kenmitsu* ritual and *hongaku* doctrine within this “shared paradigm?” Scholars should view them as overlapping discursive strategies common across the Kamakura Buddhist world to greater or lesser degrees depending on context. Moreover, given the prevalence of *hongaku* thought in Dōhan’s work, it appears that the *kenmitsu* system for Dōhan was a *kenmitsu-hongaku* system, wherein the dominant traditions of Nara and Hieizan each influenced the broader environment in overlapping but ultimately different ways. In this way I can confirm Ford’s suggestion that Stone’s “shared paradigm” likely extended to Shingon and Nara circles, and was not limited to “Tendai” traditions (Old or New).¹²⁵⁶ I would also say that Kōyasan and Dōhan’s thought seem to rest somewhere in the middle of these two worlds, and it is therefore important to consider both in the evaluation of Dōhan’s thought. In other

¹²⁵⁵ Stone, *Original Enlightenment*, 61-62, 228-236; Ford, *Jōkei*, 187-190.

¹²⁵⁶ Ford, *Jōkei*, 198-199.

words, Kōyasan thinkers like Dōhan seem to have stood between, and drawn upon Hieizan, Nara, and Heian-kyō spheres of influence.

In order for the conversation to move forward, I would suggest that two things need to happen: First, scholars should actively read Kuroda. One gets the impression that despite the fact that scholars regularly reference Kuroda, he is not read closely. I have found that Kuroda's scholarship remains quite relevant to contemporary debates in the field, and that in his footnotes he reveals a more sophisticated knowledge of Mahāyāna doctrine than he is usually given credit for. Second, scholars should not hesitate to branch out and draw upon other scholars, some Kuroda's contemporaries, who also established compelling ways to study the Kamakura period in their own way, without simply reacting to Kuroda. In particular, in addition to the work of Abe, Sueki, Stone, Ford, Ruppert, Payne, and Dobbins, I have been especially intrigued by the work of Tanaka Hisao 田中久夫. Tanaka, like Dobbins, has suggested that in order to move beyond sectarian and Old/New school models, scholars should emphasize place, regionalism, and specific cultic centers.

In addition to the perseverance of the Old/New dichotomy, the still pervasive sectarian rubric in the field prevents scholars from thinking dynamically about the heterogeneous medieval environment. In order to undermine the sectarian bias in the study of medieval religion, we must look to the complex machinations of Tokugawa and Meiji Japan that led to the development of the contemporary sectarian framework. As discussed elsewhere in this dissertation, schools as discrete hierarchical institutions, as they are commonly understood, is a Tokugawa period construct that is not particularly helpful for understanding the highly fluid early-medieval period.¹²⁵⁷

¹²⁵⁷ Dobbins, "Envisioning," 25.

For example, Abe notes that in 1611 the Tokugawa government designated Kōyasan, Ninnaji 仁和寺, Jingoji 神護寺, Tōji 東寺, and Daigoji 醍醐寺 as “Shingon-shū” 眞言宗 head temples, and required certain temples to submit to their authority. As discussed in the previous chapter, this arose as a result of factional strife on the mountain between the elite scholar monks and meditators, as well as the “unorthodox” bands of *nenbutsu* practitioners in Kōyasan. Following the early Tokugawa edicts, monks were suddenly required to affiliate with a particular organizations, and propagate only the teachings defined by their particular hierarchical sectarian organization. Abe notes that this sectarian discourse was systemic and served as the basis for Meiji era 明治時代 (1868-1912) Buddhist studies as an academic field, often housed in the modern version of Tokugawa-establishment sectarian seminaries.¹²⁵⁸

However, it is easy to overstate this situation, as the Tokugawa period still possessed a diverse and fluid religious culture alongside the new institutional infrastructure. The medieval period should be characterized, like the Heian and Nara periods, as a time of fluid interaction and contestation between cultic centers, temple networks, itinerant preachers, and elite and common devotion and participation, while the Tokugawa period should be understood as establishing a hierarchical systematic pyramidization of institutions, with official affiliations and bureaucracy as an additional layer. On the one hand, this completely altered the way business was done, but at the same time still allowed for a degree of fluidity between the letter of the law and its actual execution.

In any case, Dobbins suggests that rather than think of the medieval period in terms of school or sect, which are largely a Tokugawa and later Meiji construct, we should focus on cultic

¹²⁵⁸ Abe, *Weaving of Mantra*, 409-416.

centers. Grapard and Moerman have made similar points.¹²⁵⁹ For example, Dobbins notes that perhaps rather than focus on sectarian entities, scholars would benefit from researching cultic centers such as Chion'in 知恩院 (associated with Jōdo-shū), Honganji 本願寺 (associated with Jōdo Shinshū), Shōjōkōji 清浄光寺 (associated with Jishū), Eiheiiji 永平寺 and Sōjiji 總持寺 (associated with Sōtō-shū), Daitokuji 大徳寺 (associated with Rinzai-shū), Minobusan 身延山 (associated with Nichiren-shū). As locations commonly associated with the “New School,” these institutions also maintained complex relationships with the “Old Schools.” In focusing on a particular place, we have the opportunity to examine the complex relationships between temples as sites for the flow of ideas and practices. Furthermore, cultic centers had varying degrees of power and influence depending on such concrete things as landholding and political support, where the priests took tonsure, to whom they paid taxes (or who paid taxes to them), who were their important patrons, etc.. For example, Dobbins notes that as Shinshū emerged as an active movement, it continued to have a complex relationship with Tendai institutions, “throughout most of the medieval period the Honganji of the Shinshū was linked to the Shōren'in, one of the *monzeki* temples of Mt. Hiei”¹²⁶⁰ Shōren'in 青蓮院 was the landlord stepping in on Honganji's behalf in legal disputes, and the place where many Shinshū priests received tonsure, while others took tonsure in Nara temples.¹²⁶¹ In this way the Shin “New School” was concretely tied to the “Old School” in important way that fundamentally undermine our ability to separate them out as inherently distinct. However, Dobbins notes that emphasis on the local may lead to deterministic institutional social histories that neglect to include the more abstract dimensions, such as charismatic ritual professionals, popular lore, word of mouth, compelling doctrine, auspicious

¹²⁵⁹ In addition to Dobbins (1998) and Grapard (1992), see: Max Moerman, *Localizing Paradise: Kumano Pilgrimage and the Religious Landscape of Premodern Japan* (Cambridge: Harvard University Press, 2005).

¹²⁶⁰ Dobbins, “Envisioning,” 31.

¹²⁶¹ Dobbins, “Envisioning,” 29-31.

relic or other object, popularity of pilgrimages and other practice, and stories concerning the efficacy of engaging deeply with the story of a community ancestor or founder.¹²⁶² As the study of Dōhan will illustrate, the association between Kōyasan, Kūkai, and *mikkyō* ritual abided in a fluid relationship, and Dōhan’s “Shingon” identity articulated in specific localized terms. In this way, as noted earlier in this dissertation, rather than describe Dōhan as a “Shingon monk,” I have come to view Dōhan as a “Kōyasan scholar-monk,” setting aside the more common designation because of its potentially anachronistic connotations.

Tanaka Hisao’s approach to the Kamakura period has received, as far as I can tell, very little attention from Anglophone scholars, and I think that some of his strategies for nuancing the Kamakura period are highly instructive. In his 1980 publication, *Kamakura Bukkyō* 鎌倉仏教, Tanaka sought to fundamentally undermine the sectarian rubric for the study of Kamakura Buddhism, and his method for doing so employed an interesting and innovative strategy. First, he changes the names of the objects of study so as to seemingly destabilize the reader’s expectations. For example, rather than referring to the “Tendai School” 天台宗, an abstract, monolithic, and sectarian designation, he refers to Hokurei 北嶺, meaning “the Northern Peak.” Here he refers to the location where, various distinct lineages of scholar-monks studied, among many other things, the works of the Tendai tradition (itself a place name referring to the Tiantai mountain range in China). Instead of the “Nara Schools,” he refers to Nanto 南都, the “Southern Capital.” Instead of Kōyasan, he refers to Nanzan 南山, the “Southern Mountain.” In this way, place takes precedent over doctrine as a way of demonstrating that each location actually contained a diverse range of traditions and areas of study and practice. Furthermore, when he discusses doctrine and practices, he again performs something of a “bait and switch.” For

¹²⁶² Dobbins, “Envisioning,” 29-37; Ford, *Jōkei*, 202-203.

example, in his chapter on *Shingon mikkyō*, he discusses Zen, the Southern Capital, and Pure Land, and so on. In other words, by first using a term associated with a particular sectarian division, and then reinscribing or redefining the object of study, he encourages the reader to focus on these locations and labels as sites for the flow of ideas and practices. The “Northern Peak,” “Southern Capital,” and “Southern Mountain,” saw the whole range of Buddhist practices, and are not reducible to Tendai, Shingon, or Sanron or Hossō sectarian or doctrinal identities. Similarly, “Zen” is not reducible to the biography of Dōgen or Eisai, but rather, the monks who contributed to the vitality of Zen in the early medieval period came from a variety of backgrounds, and brought their extensive *kengaku* and *kenmitsu* educational experiences to bear in their participation in the construction of what we look back upon and label “Zen.”¹²⁶³

In the sections that follow, I will endeavor to employ similar strategies to nuance what we might mean by Zen, or Pure Land, or Shingon in the Kamakura period. By looking at something familiar in a new way, we might be able to productively engage with the aspects of our object of study that are unfamiliar to us. In other words, studying something new in the same old way, ultimately produces nothing new, whereas studying something more familiar in a new way, may end up producing results that could not have been anticipated.

Unifying Paradigms: *Hongaku* and *Mikkyō*

Dōhan has typically been examined within the confines of contemporary Shingon School sectarian orthodoxy and historiography. The regimentation of belief and practice that we see in the contemporary articulation of sectarian identity today, simply had not yet occurred in Dōhan’s time. Therefore, there is considerable utility in reconsidering the textual horizons of Dōhan’s

¹²⁶³ Tanaka Hisao 田中久夫, *Kamakura Bukkyō* 鎌倉仏教 (Kyōiku sha, 1980 [repr., Kōdansha gakujutsu bunko, 2009]), 13-20.

thought, and rather than simply comparing his thought to other approved “Shingon” thinkers of his time, it would be heuristically useful to examine his thought in relation to his more famous and prominent (unorthodox and orthodox) contemporaries. In order to accomplish this goal, first I will here examine scholarship on *hongaku* and *mikkyō* doctrinal and ritual discourse as overlapping features of the early medieval world shared in common across institutions and lineages (“Old,” “New,” and so on).

Issues to be examined in this section will draw upon the framework established in Chapter III. First, *mikkyō* should not be regarded as a “kind” of Buddhism separate from a *kengyō* 顯教 “kind” of Buddhism, but rather, *kenmitsu* should be regarded as a dialogic (and perhaps dialectical) paradigm and common ritual language that is not simply reducible to the Shingon or Tendai Schools. Second, *hongaku kuden* thought and literature exerted influence far beyond the Tendai School, and as Stone has noted, served as a shared paradigm across the so-called Old School/New School divide. In this section I will emphasize as well the fact that many of Stone’s observations about the Tendai and Pure Land traditions, for example, could easily apply to Dōhan. While many of Dōhan’s extant works may be focused upon Kūkai’s interpretation of *mikkyō*, many important *kuden* are attributed to Dōhan, and though Dōhan regarded scholars of Zhiyi’s Tendai doctrine as doctrinal “literalists” (*kengyō*), his Buddhist identity clearly developed in relation to the dominant Tendai tradition. Furthermore, in addition to *hongaku* thought derived from the Tendai tradition, Dōhan appears to have been one of the medieval thinkers to promote Kūkai’s non-dual *hongaku* thought. This will be examined in Part II in more detail. Therefore, Dōhan’s thought appears to be a microcosm of the broader Kamakura world, and like Kōyasan itself, encompasses Lotus, Zen, Pure Land, and Esoteric perspectives as part of a broader cultural context.

Hongaku as Shared Paradigm

It is often noted that the “Kamakura reformers” studied in the Tendai tradition of Hieizan. As a result, there has been an ongoing inquiry into what exactly about the Tendai tradition inspired or compelled these reformers into action. Stone identifies three common theories on the relationship between Tendai hongaku thought and the New Kamakura Buddhist schools.¹²⁶⁴ According to the first theory, the “Tendai as matrix” theory, the Kamakura reformers took the *hongaku* worldview for granted. However, Stone notes that some Meiji era scholars regarded the hermeneutical fluidity of the Tendai *kanjin* and *kuden* style of reading (which may be said to favor more “mystically” inclined revelations rather than linear argumentation) as proof of a profound and pervasive academic laziness and decline.¹²⁶⁵ As a result, many scholars influenced by modernist linear logic, have come to dismiss early-medieval texts as unsystematic and uninteresting. This style of writing is pervasive through Dōhan’s works, and could be one factor contributing to his neglect. Theory two may be defined as the “radical break” theory. According to this theory, the Kamakura reformers developed fundamentally different systems designed to revitalize the Buddhist tradition. However, this theory seems to draw inspiration from the early-modern movement towards the systematization and editing of texts associated with the doctrine of the founders. This seems to have led to a prioritization of the thought of founders over other factors in their environment. For example, Stone notes that Nichiren-shū and Sōtō-shū scholars have drawn upon the writings of Nichiren and Dōgen, respectively, to demonstrate that they fundamentally rejected *hongaku* thought.¹²⁶⁶ Theory three regards *hongaku* as a fundamentally anti-Buddhist heresy that not only undermines the impetus for Buddhist practice, but actually serves as an affront to basic human morality. The Kamakura reformers, according to this theory,

¹²⁶⁴ Stone, *Original Enlightenment*, 63.

¹²⁶⁵ Stone, *Original Enlightenment*, 63-65.

¹²⁶⁶ Stone, *Original Enlightenment*, 66-73.

endeavored to reorient Buddhism to its true roots. Stone also suggests that Kuroda, Taira Masayuki, and Satō Hiroo 佐藤弘夫 fall into this camp to some extent, by arguing that *hongaku* thought fundamentally supported the oppressive status quo and devalued monastic precepts.¹²⁶⁷ Stone regards all three theories as flawed in some sense. For example, she argues that *hongaku* is not a denial of practice, nor as an uncritical world affirmation and support of status quo. Moreover, she notes that all of these theories presuppose the qualitative superiority of the “New Schools,” and the idea that they were more in touch with the common people.

Another theory about the relationship between *hongaku* thought and Kamakura Buddhism, which Stone terms the “dialectical emergence” theory, was first promoted by Tamura Yoshirō 田村芳朗, and it appears that this theory (with some reservations) is favored by Stone and some other scholars of early medieval religion. According to this theory, *hongaku* antecedents are clearly detectable across the East Asian Buddhist world, and the Kamakura reformers developed novel approaches through a “dialectical” engagement with different features of the broader *hongaku* culture. For example, Hōnen’s thought proposed a dualistic perspective on Buddhism (this world *is not* the Pure Land), but does not ultimately reject the “non-dual” relationship between the Buddha Amitābha and the practitioner of *nenbutsu*.¹²⁶⁸ After Hōnen, Shinran based his thought in the dualistic perspective of ordinary beings to argue for a fundamentally non-dual reality between the Buddha and *bonbu* 凡夫 (foolish beings). Shinran’s “non-duality” is in fact grounded not in a conscious critique of *hongaku*, as such, but rather in his existential conception of human nature as dependent upon an illusory (though not absolutely insurmountable) duality.¹²⁶⁹ Dōgen argument for the unity of practice and realization, and

¹²⁶⁷ Stone, *Original Enlightenment*, 85.

¹²⁶⁸ Stone, *Original Enlightenment*, 84-86.

¹²⁶⁹ Stone, *Original Enlightenment*, 87-88.

Nichiren’s argument that the power of the Lotus may transform this world into a Pure Land (or aid beings to perceive the Pure Land that is this world), clearly drawn upon the *hongaku* perspective. Ultimately, Tamura regarded Tendai *hongaku* nonduality as the “thesis,” Hōnen’s radical embrace of duality as the anti-thesis, and Shinran, Dōgen, and Nichiren as the “synthesis.”¹²⁷⁰ It seems that Stone prefers Tamura’s approach, with some reservation, and seeks to improve upon it.¹²⁷¹ For example, Stone argues that the *kenmitsu taisei* theory may hinder our understanding of the relationship between *hongaku* and *mikkyō* and the relationship of the thought of thinkers such as Hōnen and Dōgen to that broader context. In other words, while the *kenmitsu taisei ron* has helped shift focus to the powerful institutions during the early-Kamakura period, it has inadvertently “contributed to the picture of the two [Old and New Schools] as standing in opposition.”¹²⁷²

Stone notes that *hongaku kuden* thought should be understood as one aspect of the context out of which medieval doctrinal innovations evolved. Stone notes that *hongaku* theorists and the Kamakura founders, “...may be seen as participating in the articulation of an emerging paradigm of Buddhist liberation.”¹²⁷³ First, the linear progression of the path found in traditional Buddhist thought was collapsed to a single moment (One Moment). This can be seen in the thought of Kōsai 幸西 (1163-1247) and Shinran, disciples of Hōnen who emphasized a single moment of faith; while Dōgen referred to an eternal now wherein cultivation and “result” were collapsed; Nichiren argued that Buddhahood was achieved the moment the Lotus was embraced.

Second, the “new paradigm” emphasized that awakening was achieved through a single act (One Practice). Shinran and Hōnen emphasized the *nenbutsu*, Dōgen *zazen* 坐禪 (C.

¹²⁷⁰ Stone, *Original Enlightenment*, 89-92.

¹²⁷¹ Stone, *Original Enlightenment*, 92.

¹²⁷² Stone, *Original Enlightenment*, 85.

¹²⁷³ Stone, *Original Enlightenment*, 229.

zuochan), Nichiren the *daimoku* 題目 (meaning “title,” and referring to the title of the *Lotus Sūtra: Namu myōhō rengekyō* 南無妙法蓮華經, also pronounced: *Namyōhō rengekyō*). Not only was this soteriologically reassuring in a turbulent historical period, but this emphasis could also be viewed as having political significance, as there could be no mediation between the act of awakening, and the attainment of awakening.

Third, the first stage of engagement with the Dharma was taken to be wholly inclusive of the attainment of Buddhahood, to “...encompass the entire path.”¹²⁷⁴ Within the *hongaku* paradigm, the problem of “bad karma” is neutralized. The single-practice/single-condition was promoted as being so effective, that the traditional prerequisite for attainment, namely purity, was relinquished in favor of a theory of immediate (always-already present) salvation.¹²⁷⁵ However, this point is often taken to mean that the Kamakura period founders responded to popular dissatisfaction with normative Buddhist practice which, we are told, was out of touch with common people. This could not have been further from the truth, as even (if not especially) the major temples developed their own simple practices, of which the new schools may be seen as an extension.¹²⁷⁶

In addition to *hongaku* thought, *mikkyō* practice was another fundamental and ubiquitous feature of the medieval religious world. However, this essential component has been neglected because it has been assumed to be a “kind” of “Heian” Buddhism. As established in Chapter III, *mikkyō* discourse emerged as a new channel to the continent. The idea that there existed a ritual modality of superior efficacy gave those at the political center license to fund expeditions to the

¹²⁷⁴ Stone, *Original Enlightenment*, 232.

¹²⁷⁵ Stone, *Original Enlightenment*, 229-233.

¹²⁷⁶ On popular practice in the so-called “old” schools, see: George J. Tanabe, “Kōyasan in the Countryside: The Rise of Shingon in the Kamakura Period,” in *Re-Visioning “Kamakura” Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 43-54; and Mark Unno, *Shingon Refractions: Myōe and the Mantra of Light* (Somerville, MA: Wisdom Publications, 2004).

continent in search of this “new” mode. Power brokers on the archipelago did not conceive of “Japan” as an isolated nation, but rather as the eastern side of the Sino-sphere. For them, the water surrounding the islands was a highway, not a barrier. Therefore, we may perhaps understand the construction of *mikkyō* discourse as an imperative for further interaction with monks on the continent. The goal was to become more culturally proficient, and these Buddhist “rhetorics of immediacy”¹²⁷⁷ not only conveyed power in a traditional Buddhist sense, but Buddhism was also a vehicle for cultural advancement and prestige.

This *mikkyō* culture has been argued by later interpreters to have been fundamentally elitist and out of touch with the needs of commoners. It is often claimed that the New Schools developed out of a perceived need for a Buddhism that could touch the hearts and minds of the Japanese more effectively. It is commonly implied that during the Kamakura period, the “old” Heian schools were on the decline, and that they were too foreign (Chinese), elitist, and out of touch with the lives of the average person.

However, a number of problems with this view have been noted by more recent studies. First, as Tanabe has noted, Kōyasan *mikkyō* was thriving during the Kamakura period. As Quinter, Ford, and Unno have shown, Nara based traditions employed various strategies in teaching, and *mikkyō* was a prominent feature of that effort. Similarly, as will be examined below, the so-called “new school” thinkers as well drew upon a variety of technologies that have commonly been associated with *mikkyō*.

Second, the claim that *mikkyō* was not applicable or relatable because of its foreignness is simply a modernist ethno-nationalist fantasy that has no bearing upon how the inhabitants of the archipelago would have understood themselves. Abe notes that *mikkyō* lineages stemming from

¹²⁷⁷ Bernard Faure, *The Rhetoric of Immediacy: A Cultural Critique of Chan/Zen Buddhism* (Princeton: Princeton University Press, 1991).

Kūkai and others, were highly innovative and original contributions to the Buddhist traditions on the archipelago. New schools continued this process of innovation and localization, and the emergence of “Shintō” in the medieval period may be directly tied to the flourishing of *mikkyō* ritual practice, both within established Buddhist institutions and without. The development of an autonomous Shintō in later ages may well be a testament to the continued growth and popularity of *mikkyō* discourse and ritual activity among the general populace. Abe notes that the periodization scheme that has led to the misconception that *mikkyō* belongs to a “kind” of Buddhism known as “Heian Buddhism,” was partly created as a strategy to render Shintō independent from Buddhism, and the emperor’s spiritual authority as emanating from Shintō, not, as it had since the 7th century, from Buddhism.¹²⁷⁸

Third, in reconsidering the place of *mikkyō* in the early-medieval period, I find that Kuroda Toshio’s *kenmitsu* theory has been critiqued in some rather unhelpful ways. I would rather suggest that scholars look to what Kuroda was actually describing, rather than continuing to argue about whether or not he described “it” exhaustively or precisely. I would like to say at the outset that I find Kuroda’s theory highly compelling, as it is based in a close reading of contemporary “secular” and “religious” documents from the medieval period, as well as an attentive awareness on how Mahāyāna Buddhism functioned in East Asia. What I mean by this is that through close readings of texts conveying not only what Buddhists were saying, but what they were actually *doing*, Kuroda seems to have stumbled upon something that scholars have really only begun to arrive upon in the last ten years or so: the way “Tantric/Vajrayāna/Esoteric Buddhism” has been conceptualized (roots to branches) relies upon a taxonomic and essentialist decontextualized reading of Buddhist practice divorced from political, economic, ritual, and so-called popular cultural contexts.

¹²⁷⁸ Abe, *Weaving of Mantra*, 1-20, 16, and 399-416.

I would argue that the main problem with Kuroda's theory (and perhaps this was not his intent) is that it has yet to be fully explained in terms of the broader East Asian or Mahāyāna Buddhist context. Various scholars have focused in on micro-contexts or particular texts to point out exceptions or examples of Kuroda's theory, but few have taken a step back to attempt to paint a broader picture. For example, *kenmitsu* Buddhist thought is not uniquely "Japanese." By all accounts, Japanese thinkers in the early-medieval period likely saw themselves as participating in a broader East Asian Mahāyāna Buddhist culture, wherein the idea of revealed and secret levels of engagement with the Buddhist Law was a sophisticated, and assumed, rhetorical-polemical (and political) strategy for dealing with the inherent diversity of the Mahāyāna literary tradition.

It is possible that the reason scholars have been unable to find an alternative to Kuroda is that Kuroda identified a facet of medieval "Japanese" religion that extends far beyond what we now imagine as constitutive of "Japan." When scholars regard the *kenmitsu* system as a fundamentally "Japanese" invention, they are cutting off the potential for dialogue across provisional academic boundaries that may well help us find solutions to problems we have not even identified yet. The reason Kuroda was not "exact" in his definition of the *kenmitsu* system, nor his definition of *mikkyō* is that, as has been established by Part I (Chapters I-III) of this dissertation, "*mikkyō*" is not a coherent concept or term that can be used to designate one thing. Whether reading pre-modern Buddhist scholastic writing, contemporary "secular" scholarship, modernist sectarian scholarship, or colonial era Buddhist studies scholarship, the contours imagined for "Esoteric/Tantric/Vajrayāna" Buddhism have been formulated in a variety of contradictory and incoherent ways. Scholars cannot be exact in their definition because the "thing" we are looking at is not "a" "thing," but rather resembles some-"thing" closer to goal

posts that shift depending on one’s perspective. Medieval Japanese, and premodern East Asian Buddhists also used terms like exo/esoteric or other terms associated with “Esoteric Buddhism” in a variety of ways, many of which are not mutually intelligible. In all cases, we are witnessing (and to some sense participating in) the refraction of refractions of refractions. There is no “Esoteric Buddhism” apart from “Exoteric Buddhism,” and neither is a marker for a “kind” of Buddhism, but is rather a classical Mahāyāna way of framing polemical engagement: exo/esoteric, Maha-/Hina-, sudden/gradual, self-/other-power, easy/difficult, and so on.¹²⁷⁹ *Kenmitsu* should therefore be treated as a fluid discourse tied to specific power relations and not a “thing” that can be more clearly defined or not.

In other words, as established in Chapters II and III, *kenmitsu* strategies may be found throughout East Asian Mahāyāna literature. The term “Esoteric Buddhism” is in some sense redundant because Mahāyāna Buddhism *is Esoteric*. In East Asia, developers of the various *panjiao* systems employed particular texts to orient all other texts to claim a privileged access to the “big (Maha-) picture” or the “inside (secret) scoop.” Scholars of the *Avatamsaka* claimed that their text presented the unadulterated, unedited, vision of reality that Śākyamuni encountered under the Bodhi tree before he “accommodated” the teachings to the needs of his audience. Scholars of the *Mahāparinirvāṇa-sūtra* 大般涅槃經 (T. 374)¹²⁸⁰ claimed that their text represented the “last word,” as it were, as this text purported to be the Buddha’s final teaching wherein he revealed the essential truth of Buddha-nature. The *Saddharma-puṇḍarīka-sūtra* 妙法蓮華經 (T 262)¹²⁸¹ was used by Buddhists, most notably in the Tiantai mountain region of China, to argue for a unified “One Vehicle” 一乘 (Skt. *ekayāna*, C. *yisheng*, J. *ichijō*), wherein all

¹²⁷⁹ Ford, *Jōkei*, 202.

¹²⁸⁰ T. 374, C. *Niepan jing*, J. *Nehan gyō*.

¹²⁸¹ T. 262, C. *Miaofa lianhua jing*, J. *Myōhō renga kyō*.

Buddhist paths ultimately converged on the eons long bodhisattva path to full Buddhahood. Later, the architects of the Chan mythistory, claimed special access to the deepest truth via the mind-to-mind transmission passed from teacher to disciple all the way back to Śākyamuni himself, bypassing the scholastic theories just outlined. In this way, even without the introduction of the so-called “Esoteric” tradition, Indo-Sino-Japanese Buddhism was always-already infused with a rhetorical inclination toward the dynamic dialogical construction of orthodoxy and heresy around the idea of special insider access and/or a unified perspective. As will be examined below, the Zen and Pure Land “new school” drew upon both the Esoteric Mahayana perspective outlined above, as well as the ritual traditions more commonly associated with *mikkyō*, as such.

The Pure Land Schools

The Pure Land schools, often referred to as Pure Land Buddhism, look to the charismatic Hieizan monk Hōnen as founder. While Stone has noted features of Hōnen and Shinran’s thought that may be read in dialogue with the *hongaku* culture, by looking to Hōnen and his disciples, we may also see how *mikkyō* discourse also fit into the early Jōdo-shū (which should not necessarily be regarded as fundamentally separate from Tendai administratively or culturally.) As noted in Chapter I, Part II, of this dissertation, it is useful to differentiate between “Pure Land Buddhism,” as such, and Pure Land as a ubiquitous feature of Mahāyāna cosmology and soteriology. Far too often, Pure Land Buddhist sectarian orthodoxy has subsumed the latter within this former, but here, a conscious effort has been made to emphasize the place of Pure Land thought and ritual in the *kenmitsu* Buddhist culture of early-medieval Japan and East Asia. According to traditional historiography, the Pure Land schools endeavored to give solace to the downtrodden masses by preaching an essentially egalitarian Buddhism open to women as well as

men, unlike the male dominated abstruse “Esoteric” schools based in and around Nara and Heian. Traditionally, scholars have emphasized Hōnen’s rejection of all forms of practice other than the *nenbutsu*, but as noted above, Hōnen may also be productively studied within the *hongaku kuden* and *kenmitsu* culture of his time. To some extent, it might be appropriate to imagine Hōnen’s early community as a self-selected group of monastics for whom, among the many possible vocations across the *kenmitsu*- Tendai curriculum, the Pure Land path seemed most efficacious.

In the *Senchaku hongan nenbutsu shū* 選擇本願念佛集 (T. 2608, hereafter *Senchakushū*), Hōnen endeavors to both establish precedence for his proposed Pure Land *shū*, while also arguing for the *nenbutsu* as not merely a basic form of Buddhist practice, but as the fundamental logic behind Buddhist practice. Therein, Hōnen draws an explicit comparison with the *kenmitsu* dichotomy of Kūkai. In a sense, for Hōnen, it would seem, the Pure Land path is the “*mikkyō*,” or secret and essential teaching of the Buddha.¹²⁸² Furthermore, in the *Kurodani Shōnin gotōroku* 黒谷上人語燈録 (T. 2611), Hōnen notes the dichotomy between *jun* 純 and *zō* 雜 in the mandalic traditions of medieval Hieizan, and suggests that Shandao’s 善導 (613-681)¹²⁸³ understanding of the Pure Land path may be regarded similarly.¹²⁸⁴ Later, Hōnen describes the Pure Land aspiration among Lotus and Mantra scholars, who, through rigorous practice, claim to be able to attain Buddhahood in this very body, but often aspire for rebirth in the Pure Land.¹²⁸⁵ In the *Shūi Kurodani Shōnin gotōroku* 拾遺黒谷上人語燈録 (T. 2612) Hōnen notes that among the exo/esoteric traditions, the high and low born, monastics and non-monastics, the aspiration

¹²⁸² T. 2608, 83.1c06-09. This observation of Hōnen’s in fact situates Kūkai’s claim within its broader context. See Chapter II on the pervasiveness of exo/esoteric discourse across East Asian Mahāyāna Buddhism.

¹²⁸³ J. Zendō.

¹²⁸⁴ T. 2611, 83.111c15-21, and so on.

¹²⁸⁵ T. 2611, 83.205b07-16.

for rebirth in the Pure Land of Amitābha is extremely widespread.¹²⁸⁶ As explored in Chapter II, the “easy path” of the Pure Land was often articulated in terms quite similar to the sudden/gradual or exo/esoteric distinctions made by some thinkers.

Hōnen’s disciples as well may be productively examined in relation to their *kenmitsu* Kamakura context. Shōkū 證空 (1177-1247) is regarded as the founder of the Seizan-ha 西山派 branch of Jōdoshū. The Seizan-ha is often anecdotally regarded as perhaps the closest in outlook to its parent Tendai tradition, and emphasizes *mikkyō* ritual and doctrine as part of its basic practice. Benchō 辯長 (1162-1238) is regarded as the founder the Chinzei-ha 鎮西派. This branch of the Jōdoshū emphasized the attainment of rebirth via various practices, *shugyō ōjō* 諸行往生, including “Esoteric” ritual practice, a concept first promoted by Genshin 源信 (942-1017) in his *Ōjōyōshū* 往生要集 (T. 2682), and examined in detail in Chapters II and III of this dissertation. Chōsai 長西 (1184-1266) who is the patriarch of the Kuhonji lineage 九品寺 promoted the *shogyō hongan gi* 諸行本願義, the notion that the salvific power of the Buddha Amitābha may be accessed through various practices. According to this theory, the object of the primal vow is not simply the mechanism of the *nenbutsu*, but the benefits of Amitābha’s vow to liberate all beings may be accessed through a variety of actions. (Dōhan in contrast seems to have emphasized the vocal act as the primary object of the primal vow.)

Kōsai (1163-1247) promoted the idea of once-calling *nenbutsu*, *ichinengi* 一念義, the idea that a single sincere utterance of the *nenbutsu* was sufficient to lead to rebirth. This perspective has notable parallels to the *ichimitsu* perspective of Kakuban, and later Dōhan. Meanwhile, Ryūkan 隆寛 (1148-1228) who founded the Chōrakuji lineage 長樂寺 of the

¹²⁸⁶ T. 83.240a04-06.

Jōdoshū, emphasized the *tanengi* 多念義 doctrine, a lifestyle centered on the continual recitation of the *nenbutsu*. According to this model, the *nenbutsu* takes on the form of a constant practice that, perhaps as Hōnen intended, eventually becomes the basis for all Buddhist practice. This notion draws upon the Tendai *fudan nenbutsu* 不斷念佛, or ceaseless *nenbutsu*, practice that had by this time spread to all mountain monastic centers (See Chapter III, Part III). Genchi 源智 (1183-1239) is remembered as the reviver of the Chion-in in 1234, which had been burned down by hostile Hieizan monks in 1227. As discussed in the previous chapter, Ryūkan and Genchi were important partners in dialogue with the “Esoteric” thinker Jōhen 靜遍 (1166-1224), who was possibly one of Dōhan’s main teachers.

Though likely marginal at the time, Hōnen’s most famous disciple has come to be Shinran who is regarded as the founder of Jōdoshinshū. It appears that Shinran emphasized the Other Power aspect of *nenbutsu* recitation, arguing that the event of the recitation of the *nenbutsu* was not strictly a willed act, as such, but rather, the activity of the Buddha Amitābha within/through/as sentient beings mind of awakening. As will be examined in the following chapter, this idea bears some similarities to Dōhan’s interpretation of the *himitsu nenbutsu* 祕密念佛, a concept which itself appears to traverse the Tendai-Shingon divide. Moreover, the idea that a mantra or the *nenbutsu* (between which Shinran appears to have distinguished) functions because of an “other power” draws upon the notion that these powerful words are the words of the Buddha, and not the words of ordinary beings. As was examined in Chapter II, this has a long precedent throughout East Asian history.

As examined in the previous chapter, Hōnen’s less well known disciples such as Myōhen 明遍 (1142-1224) and Rensei/Kumagai no Naozane 熊谷直實 (1141-1207), and Ippen’s Jishū all have important and interesting connections to the Kōyasan Shingon *mikkyō* tradition.

The Zen Schools

During the 12-13th centuries, missions to China grew in number, and Song-style Chan/Zen emerged as a major force in Japanese Buddhism led by Eisai and Dōgen, regarded as the founders of Rinzai and Sōtō Zen, respectively. This newly imported and reformulated Zen doctrine, we are told, purported to perfect the path of direct pointing to the mind of the Buddha via the arts and meditation, bypassing the decadent ritualism and scholasticism of the “Old” schools. Zen Buddhism is likely one of the most widely studied and researched dimensions of the East Asian Mahāyāna world, and yet, the role of *mikkyō* in the early establishment of Zen has largely been ignored.

In addition to Eisai and Dōgen, other important medieval Japanese Zen masters may be shown to have drawn upon the pervasive *mikkyō* culture of their time, such as Enni Ben'en 圓爾辯圓 (1202–1280), and Mujū Ichien 無守一圓 (1226-1312), as well as Shinchi Kakushin 心地覺心 (1207-1298), and Keizan Jōkin 瑩山紹瑾 (1264-1325). However, following the popularizing efforts of D. T. Suzuki, and others, a very narrow version of “Zen” has been packaged for consumption by the international modernist audience. This version of Zen is largely devoid of ritual, soteriology, cosmology, or anything else that might not fit in with secular capitalist society. This version of Zen is greatly at odds with the religion as lived by premodern and contemporary Buddhists. It is to this “other side”¹²⁸⁷ of Zen that demonstrates the prevalent role of *mikkyō* in the early transmission of Japanese Zen, and the largely unknown connection Dōhan had to this growing movement.

There is considerable debate amongst sectarian and non-sectarian scholars alike regarding the relationship between Zen and Esoteric Buddhism during the early reception of Song-style

¹²⁸⁷ Duncan Williams, *The Other Side of Zen: A Social History of Sōtō Zen Buddhism in Tokugawa Japan* (Princeton: Princeton University Press, 2009).

Chinese Chan lineages in early Kamakura Japan. As William Bodiford has noted, some scholars have distinguished between pure and mixed Zen (*junsui zen* vs. *kenshu zen* 兼修禪, or *mikkyō zen* 密教禪), but contends that these are modern analytical categories.¹²⁸⁸ Zen and Shingon priests often interacted with one another and borrowed from one another. Bodiford notes as well that in the medieval period they would often criticize each other for lack of rigor or breadth of knowledge or lack of efficacy in their opponent's *dhāraṇī* practices.¹²⁸⁹ It appears, then, that while there was a clearly some sense of opposition, the importance of *dhāraṇī* ritual proficiency was a major shared area of concern.

Bodiford notes that if rituals for this-worldly benefits are a defining feature of Esoteric Buddhism, then Zen “has become one type of esoteric Buddhism.” In addition to talismans and charms, some Zen temples also perform homa rituals and hungry ghost feeding rituals (which culminate in deliverance to the Pure Land) that are nearly identical to those in Tendai or Shingon temples,¹²⁹⁰ and early Japanese Zen practitioners often boasted greater ritual thaumaturgical prowess than their contemporary ritual competitors.¹²⁹¹

Zen transmission rituals in Japan borrowed heavily from the broader Esoteric culture of secret transmission and a certain “shared body of esoteric lore,” such as the *Kōmyō Shingon* 光明眞言, which both Dōhan and Myōe promoted as well, among many others. Bodiford suggests that the prominence of “developed” Esoteric Buddhist elements in Zen could lead one to consider it an Esoteric rival to Japanese Esotericism, or as a participant in a larger Esoteric

¹²⁸⁸ William M. Bodiford, “Zen and Esoteric Buddhism,” EBTEA, 924-935.

¹²⁸⁹ Bodiford, “Zen and Esoteric Buddhism,” 930.

¹²⁹⁰ Bodiford, “Zen and Esoteric Buddhism,” 930-933.

¹²⁹¹ Bodiford, “Zen and Esoteric Buddhism,” 930, citing: William M. Bodiford, *Sōtō Zen in Medieval Japan* (Honolulu: University of Hawai'i Press, 1993), 111-121, 173-179.

Mahāyāna tradition.¹²⁹² As noted in Chapter II, Orzech has made a similar argument about the development of post-Tang Chan Rinzai as well.

Eisai as Mikkyō Ritual Master

In Chapter III, I noted that Lucia Dolce has argued for the reexamination of Taimitsu 台密 (Tendai *mikkyō*) masters who have largely only been studied for their “exoteric” works. Building upon Dolce, Mano suggests, for example, that it does a great disservice to merely regard Eisai as only the founder of Rinzai Zen. This received image appears to have been created after the fact to serve specific institutional interests that were at odds with Esoteric Buddhism, as such.¹²⁹³ In Eisai’s numerous writings on unambiguously “Esoteric” topics (mandalas, the Mantra Gate 眞言門 (J. *shingonmon*), secret lineage 祕宗 (J. *hishū*), *Vajrśekhara-sūtra* 金剛頂經 (T. 374),¹²⁹⁴ and the visualization of mystical Sanskrit seed syllables 種子 (S. *bīja*, C. *zhongzi*, J. *shūji*) in one’s body, etc.) he draws extensively upon Annen 安然 (841-889?), the great “Taimitsu” Esoteric theorist.¹²⁹⁵ Following his example in some sense, later Rinzai thinkers as well drew upon *mikkyō* ritual technology. Eisai’s Zen lineage and *mikkyō* lineages appear as well to have overlapped considerably, as can be seen from the careers of Ben’en Enni, Mujū Ichien, and Gyōyū 行勇 (1163-1241) and Kakushin.¹²⁹⁶ As discussed in the previous chapter, both Gyōyū and Kakushin trained under Dōhan on Kōyasan.

While it is beyond the scope of this dissertation to provide a full account for the “Esoteric” nature of all Kamakura traditions. Other scholars have noted, for example, the importance of

¹²⁹² Bodiford, “Zen and Esoteric Buddhism,” 926-935.

¹²⁹³ Shinya Mano, “Yōsai and Esoteric Buddhism,” 827-828.

¹²⁹⁴ T. 874, abbreviated as: *Jingangding jing*, *Kongōchōkyō*.

¹²⁹⁵ Shinya Mano, “Yōsai and Esoteric Buddhism,” 828-830.

¹²⁹⁶ Shinya Mano, “Yōsai and Esoteric Buddhism,” 834.

Esoteric culture in the works of Nichiren,¹²⁹⁷ and in the previous chapter, I noted the importance of Kōyasan Esoteric practice and the cult of Kūkai in the early environment of Ippen's Jishū, and as noted above, other scholars have noted as well the importance of *mikkyō* in the works of major Nara thinkers of this period, including Chōgen, Jōkei, Myōe, and others. With this in mind, the following section will outline Dōhan's major extant works, noting not only the basic features of his scholarship, but demonstrating that he as well fits many of the basic features commonly said to define "Kamakura Buddhism."

Chapter V

Part II

Dōhan's Major Works

Just as the previous chapter established an historical and biographical context within which we might understand Dōhan's contributions to medieval Japanese Buddhism, this section is intended to paint the contours of Dōhan's thought, his academic agenda, whereby scholars might better appreciate how Pure Land thought fit within his broader oeuvre, and how his intellectual life fits into the Kamakura milieu. First and foremost, Dōhan was a scholar of Kūkai's major works. Today, scholars take for granted the idea that Mikkyō = Shingon = Kūkai. However, this is certainly a recent construct. As Chapters III illustrated, Kūkai's doctrinal writings and Kōyasan were all but forgotten until the 11th century, and throughout the Heian period, the most influential Esoteric ritual and doctrinal specialists were associated with Hieizan. Moreover, rather than founding a new school or sect, Kūkai's Shingon tradition was largely expressed through the established temples in Nara, Heian-kyō, and Hieizan. Hieizan continued to

¹²⁹⁷ Lucia Dolce, "Criticism and Appropriation: Ambiguities in Nichiren's Attitude Towards Esoteric Buddhism," *Japanese Journal of Religious Studies* 26.3-4 (1999): 349-82.

dominate the scene until the Warring States period 戰國時代 (1467-1603) when Oda Nobunaga 織田信長 (1534-1582) razed the mountain in 1571, ever since regulating Tendai to a significantly reduced stature in the Japanese Buddhist world. Because Kōyasan and other non-Tendai Shingon institutions survived this era, they have been able to write the history of *mikkyō* from a Kūkai centered perspective.

The institutional basis for Shingon Mikkyō was initiated as a trans-sectarian ritual technology within Nara and Hieizan institution and lineages. Chapter III suggested that later, perhaps in response to the rise of Hieizan, monks like Saisen 濟暹 (1025-1115), Kanjo 寛助 (1057-1125), and Kakuban 覺鑾 (1095-1143) laid the foundation for “Kūkai studies,” drawing upon a variety of other areas of Buddhist study such as Yogācāra, Madhyamaka, *Avatamsaka* studies, Pure Land, and Tendai to establish the legacy of Kūkai as a major center of gravity in *mikkyō* culture. In other words, *mikkyō* and *Shingon/shingon* were not necessarily reducible to Kūkai’s works, as it is often assumed today.

In the 12th century, the Japanese Buddhist landscape was devoid of “sects,” and was rather constituted by a heterogeneous, and at times highly contentious, institutional setting where different lineages employed the performance and mastery of ritual and doctrine across a broad range of fields of Buddhist knowledge. According to Abe, early-medieval Shingon:

...was a loose affiliation of monasteries, in which Shingon was one of several disciplines practiced. The Shingon Schools at these monasteries were connected through diverse master-disciple lineages, some based on doctrinal studies, others on ritual training, and yet others on the transmission of meditative secrets. The resultant primary-branch relationship between monasteries had no hierarchical structure and was fluid, to say the least.¹²⁹⁸

One of the most important things that Abe points out in the above quote is that “Shingon” was at this time articulated through particular places in a particular educational and ritual context. Abe

¹²⁹⁸ Abe, *Weaving of Mantra*, 412-413.

ultimately suggests that this diversity has been obscured by the standard sectarian narrative that focusses on drawing a straight line from the great founder to the contemporary institution, thus, masking the “sect’s recent origin.”¹²⁹⁹ Therefore, while we might recognize Daigoji, Tōji, Ninnaji, and Kōyasan as major “Shingon” institutions, their mutual participation in the construction of the legacy and legend of Kūkai must be understood in relation to the other Nara, Kyōto, and Hieizan based “Shingon” lineages with which they were connected.

The teachings of Kūkai, who was known by Dōhan’s time as Kōbō Daishi, featured prominently in Dōhan’s *mikkyō*. For example, Dōhan composed an important Kamakura period devotional commentary on the *Kōbō Daishi ryaku joshō* 弘法大師略頌鈔,¹³⁰⁰ an 18 verse poetic retelling of the major events in Kūkai’s life by Enmyō’s 圓明 (d. 851) (one of Kūkai’s ten major disciples). Beginning with Saisen of Ninnaji, a Kūkai centric vision of *mikkyō* began to emerge among lineages historically connected with Kūkai’s career, especially in Heian-kyō and Nara. As argued in the previous chapter, this was one significant contributing factor in the resurrection of Kōyasan as a major cultic site. As will become clear, from Saisen, Kakuban, and Dōhan’s careers, Ninnaji in particular figured prominently in this Kūkai centered Shingon movement, a fascinating issue that deserves more attention. Except for the career of Kakuban, who is now regarded as having reunited the doctrinal and ritual paths Kūkai established, very little attention has been paid to the period between the 9th and 14th century development of Shingon, and it seems that the nuances of what exactly “Shingon” entailed, and how “it” was constructed (or not) in relation to Kūkai during his time has thus far eluded critical inquiry. This is likely a result of

¹²⁹⁹ Abe, *Weaving of Mantra*, 413.

¹³⁰⁰ 1 fasc. (1234), Available editions include: printed editions produced from 1658 (Manji 万治 1); See also: Hase Hōshū 長谷宝秀, ed., *Kōbō Daishiden zenshū* 弘法大師伝全集 vols. 10, (Tokyo: Pitaka, 1977), Vol. 3; *Kōbō Daishi ryakujo* 弘法大師略頌 (治田七兵衛, 1658); *Kōbō Daishi ryaku joshō* 弘法大師略頌鈔 (Tokyo: Kōyasan shucchō sho 高野山出張所, 1882); and online: <http://kindai.ndl.go.jp/info:ndljp/pid/819290>; See also: *Kōdenryaku* 弘伝略頌鈔, BKD 2:355d; *Kōbō Daishi ryakuju narabini gyōjō ki* 弘法大師略頌並行状記, BKD 3:330; NBTD 164.

the “focus on the founders” approach that is still prevalent in the study of Japanese religion.

Dōhan’s era has likely received little attention because it is sandwiched between the careers of Kakuban and Raiyu 賴瑜 (1226-1304), both of whom are regarded as “founders” in their own way. Furthermore, Conlan has suggested that Shingon lineages dominated imperial ritual in the 14th century, and I would argue that this is another reason that Dōhan and “Shingon” monks of his time have received little attention. In this way, Dōhan and early-Kamakura Shingon are sandwiched between two major academic “centers of gravity.” The factors that created this lacuna are easy enough to see, but given the entrenched nature of academic fields of inquiry, may not be so easy to fill. Further inquiry into Dōhan’s environment will shed light not only on the machinations that preceded this rise in prominence of Shingon lineages, as well as the bricolage nature of the construction of orthodoxy that would smooth over the fact that Heian-Kamakura “Shingon” is not reducible to the contemporary Shingon School (which even today is a highly diverse entity), but may also allow *mikkyō* as a major feature of the Japanese Buddhist environment to reenter the conversation on the Kamakura period.

One of Dōhan’s most important students and patrons was Dōjo of Ninnaji. Because Dōjo and Dōhan’s relationship was examined in some detail in the previous chapter, I will mention only a few relevant details here briefly. Dōjo was an imperial prince, and as had increasingly become the custom, he was placed in charge of Ninnaji, one of the most powerful temples at the time. Dōjo later retired to Kōyasan where he purportedly experienced the auspicious signs associated with Pure Land rebirth (Chapter IV, Part IV). As identified in Chapters III and IV, Dōhan and Dōjo’s relationship reveals the importance of Ninnaji in the ongoing development of Kōyasan’s relationship with institutions in the capital, the development of Kūkai studies as a

major area of concern, and the growing prevalence of dual-devotion to Kūkai and Amitābha. Here I will focus on Dōjo’s interest in Kūkai studies.

Dōjo seems to have employed Dōhan on several occasions to instruct him and/or his students on the finer points of Kūkai’s doctrinal and ritual texts, as well as the texts upon which Kūkai drew inspiration in the establishment of his vision of Shingon *mikkyō*. The *Jōōshō* 貞応抄 (T. 2447),¹³⁰¹ sometimes pronounced *Teiōshō*, contains Dōhan’s answers to Dōjo’s inquiries about various matters pertaining to Shingon thought. Topics addressed include Buddha-body theory, exo/esoteric views of the five organs 五臟 (C. *wuzang*, J. *gozō*), sudden and gradual enlightenment, and the attainment of awakening in this body. In addition to these and other topics, Dōhan examines the nature of Pure Land rebirth quite extensively in this text, which appears to have been written one year after his composition of the *Himitsu nenbutsu shō*.

According to Dōhan, the *raigō* 來迎 that one experiences at the moment of death, the descent of Amitābha and his retinue from the Pure Land, is none other than the outer manifestation of *sokushin jōbutsu*. In other words, the mystical event of attaining Buddhahood, though occurring “in this body,” may be perceived and experienced in a variety of ways, including the vision of the Buddha’s descent from the Pure Land.¹³⁰² Dōhan draws extensively upon the thought of Jippan/Jitsuhan 實範 (d. 1144), Jōhen, Kakkai/Kakukai 覺海 (1142–1224), and Yūgen 融源 (1120-1218), a monk from Kakuban’s Daidenbō-in 大傳法院.

¹³⁰¹ 3 fasc., 1225 (貞応 4); T. 77:2447; A manuscript from 1303 (Kengen 乾元 2) is held at Kanshūji 勧修寺; BKD 8:88b; NBTD 386.

¹³⁰² Nakamura Honnen 中村本然, “Dōhan no Jōdōkan 道範の浄土観,” *Kōyasan daigaku ronsō* 高野山大学論叢 29 (1994): 149-202, esp. 201-202.

Another text composed at the request of Dōjo includes the *Yugikyō kuketsu* 瑜祇經口決,¹³⁰³ in which Dōhan recorded the teachings of Jikken/Jitsugen 實賢 (1176–1249), his associate from Daigoji, at Hosshōji 法性寺. This text also contains Dōhan’s own teachings as well. This text appears to have been widely used, splintered somewhat, and fragments appear to have circulated independently. This text also contains numerous quotes from Kūkai, Annen, Ennin 圓仁 (794–864), Ninkai 仁海 (951–1046), Jōhen, and others.

In the *Dainichi kyōsho joanshō* 大日經疏除暗鈔,¹³⁰⁴ Dōhan provides a sub-commentary on Yixing’s 一行 (638-727) *Darijing shu* 大日經疏 (T. 1796), the famous commentary on the *Mahāvairocana-sūtra* 大日經 (T. 848). Dōhan’s sub-commentary was quite influential in later generations and focuses on the first chapter of Yixing’s commentary, and contains a secret explication of the title of the *Mahāvairocana-sūtra*. Dōhan composed this work based on a lecture he gave at the request of Dōjo on Kōyasan. For this occasion, the Kōyasan *kengyō* (the top administrator or overseer) Shūzen 宗禪 gathered together a large assembly of students to hear Dōhan’s lectures on the topic. Dōhan was 47 at the time. As in Dōhan’s other works, the teachings of Jōhen and Kakkai feature prominently in this text.

¹³⁰³ 5 fasc., 1241 (Ninji 仁治 2) 1224 (Jōō 貞応 3), SZ 5; Alternate and abridged versions include: 地祇經伝授口伝、瑜祇秘密口伝抄, *Yoga sūtram* [ユギストラン] *kuketsu* 口決, * *Yugikyō kuden* 瑜祇口傳, 2 fasc., manuscript from 1650 (Keigan 慶安 3) held at Hōju-in 寶寿院, composed in 1218 (Kenpo 建保 6). There is also the *Yugikyō kuden* 瑜祇口傳 1224 (貞応 3), and so on. *Yoga sūtram kuden* [ユギストラン] 口傳, 2 fasc., Teihon, Manuscript edition from 1297 (Einin 永仁 5) from the archive of Shinbessho 眞別處, stored at Kōyasan University Library; ZSZ 7 (ZSZ 42:40), appears to be a portion of Dōhan’s five fascicle work; BKD 11:84a, NBTD 525c-d; MD 2206b-c; SZ 43:11.

¹³⁰⁴ 7 fasc., 1224 (Jōō 貞応 3), BT (*Bukkyō taikai* 仏教大系) 19; ZSZ 5:1-97, based on a manuscript held at Kōyasan University Library dating from 1752 (Hōreki 寶曆, year 2), and compared with an edition from the archives of Hōju-in, held at the Reihō-kan (the Kōyasan Museum). During the Edo period, because Kōyasan lacked a complete version, the monk Jōshin 浄信 from Jiganji 慈眼寺 temple in Awaji 淡路 travelled around Japan for several years to find a complete version, and finally found one at Jingoji 神護寺 in Yamashiro, Yamasaki 山城山崎; Variant titles: *Daisho joanshō* 大疏除暗鈔, *Jōanshō* 除暗鈔. BKD 5:287c; BKD 7:400c; NBTD 368b; MD 1516a; ZSZ 42:29-34; ZSZ 42:29-34 provides detailed a list of all of the subsections of this text.

The *Bodaishinron dangiki* 菩提心論談義記¹³⁰⁵ is Dōhan's commentary on Amoghavajra's *Jingangding yujia zhong fa anouduoluosanmiaosanputi xin lun* 金剛頂瑜伽中發阿耨多羅三藐三菩提心論 (T. 1665), commonly known in Japan as the *Bodaishinron* 菩提心論. This text was compiled at the request of Dōjo, and like many of Dōhan's other works, was composed in a question and answer format. In the context of medieval temple education, senior teachers would engage students in debate to test their knowledge, sometimes assuming an unorthodox view against which the student must do battle. These debates were recorded in a genre known as *dangi* 談義, and appears to have been one of Dōhan's preferred styles of composition.

The *Rishushaku hidenshō* 理趣秘傳鈔¹³⁰⁶ is Dōhan's commentary on the *Rishushakukyō* (T. 1003), and was composed at the request of Dōjo, shortly before Dōhan passed away. Here, Dōhan emphasizes Jōhen's notion that *ri-chi-ji* 理智事 (principle-wisdom-phenomena) are fundamentally non-dual, a concept that was extremely influential upon Dōhan's thought in general. According to this notion, the fundamental nature of reality (*ri*), the phenomena (*ji*) we perceive, and the wisdom (*chi*) necessary to penetrate these two are all three non-dual.

¹³⁰⁵ 2 fasc., 1240 (En'ō 延応 2), ND (*Nihon Daizōkyō* 日本大藏經), 24 (1916 edition), 47 (1975 edition); Printed editions available from 1723 (An'ei 安永 2) held at Ōtani and Ryūkoku universities; Variant titles: *Bodaishinron shitta shō* 菩提心論質多抄, *Shitta shō* 質多抄. BKD 9:427d-428a; Nakamura Honnen 中村本然. "Dōhan ki Bodaishinron dangiki ni tsuite 道範記『菩提心論談義記』について." In *Mandara no shoos to bunka: Yoritomi Motohiro hakushi kanshiki kinen ronbunshū* マンダラの諸相と文化: 頼富本宏博士還暦記念論文集, edited by Yoritomi Motohiro hakushi kanshiki kinen ronbunshū kankōka 頼富本宏博士還暦記念論文集刊行会, 395-430. Kyoto: Hōzōkan 法藏館, 2005.

¹³⁰⁶ 2 fasc., 1250; ND 17; BKD 11:192b; MD 2266c.

The *Shakumakaenron ōkyōshō* 釋摩訶衍論應教鈔 (T. 2288),¹³⁰⁷ was also composed by Dōhan at the request of Dōjo Hōshinnō, and follows a question answer format. Though only one fascicle survives, this work was originally composed of three fascicles. The teachings of Kakkai and Jōhen feature prominently in this sub-commentary on Kūkai’s sub-commentary on the *Shimoheyanlun* 釋摩訶衍論 (T. 1668).¹³⁰⁸ Kūkai’s sub-commentary, as noted in Chapter III, actually contains the first instance of the term *hongaku*, and therefore constitutes an important source for *hongaku* thought even though many scholars of *mikkyō* are completely unaware of Kūkai’s connection to the *Shimoheyanlun*. In any case, while Dōhan was certainly influenced by the general *hongaku kuden* culture of early medieval Japan, he was also influenced by Kūkai’s radical non-dualist (“*hongaku*”) Mahāyāna thought. Dōhan’s commentary on Kūkai’s text contains an interesting section on the 48 Vows of Amitābha, and reiterates the idea found in the *Himitsu nenbutsu shō* that the concept of *kimyō* 歸命 (taking refuge) may be understood as returning (*ki*) to life (*myō*). In other words, to take refuge in the Buddha Amitābha, is to return to the source of life.

The *Hizōhōyaku mondanshō* 秘藏寶鑰問談鈔¹³⁰⁹ is a compilation of Dōhan’s lectures on Kūkai’s *Hizōhōyaku* 秘藏寶鑰 (T. 2426), composed at the request of Dōjo Hōshinnō. This text is based on the notes taken by Shōnagon Risshi Bōshin 少納言律師房信, and has been held in high esteem by Shingon scholar-monks ever since.

¹³⁰⁷ 1 fasc. 1226 (Karoku 嘉祿 2), T. 2288; An edition from 1265 (Bunei 文永 2) is held at Hōju-in 寶寿院; and at Kōyasan University from 1849-50 (Kaei 嘉永 2-3), and 1889 (Meiji 22). Alternate titles include: *Shakuron ōkyōshō* 釈論應教抄, *Ōkyōshō* 應教抄. BKD 5:25b; MD 176c (*Ōkyōshō*).

¹³⁰⁸ T. 1668, *Shakumakaenron*.

¹³⁰⁹ 2 fasc., 1240 (Ninji 仁治 1); Manuscript edition from 1718 (Kyōho 享保 3) is held at Hōki-in 寶龜院; A manuscript edition from 1811 (Bunka 文化 8) is held at Kōyasan University, and another manuscript is held at Kyoto University; See also: Mori Shigeki 森重樹, ed., *Toganō korekushon kenmitsu tenseki monjo shūsei* 桐尾コレクション 顯密典籍文書集成, vol. 5 (Tokyo: Hirakawa shuppansha, 1981). BKD 9:110a; MD 1862a.

The *Kongōchōgyō kaidai kanchū* 金剛頂經開題勘註,¹³¹⁰ is Dōhan’s commentary on Kūkai’s *Kongōchōgyō kaidai* 金剛頂經開題 (T. 2221). While many scholars seem to assume that the *Mahāvairocana-sūtra* was more central to Kūkai’s thought, it appears that Kūkai and the later Shingon tradition have drawn extensively upon the *Kongōchōgyō*. Like Saisen before him, Dōhan appears to have drawn extensively upon both the *Kongōchōgyō* and the *Dainichikyō*.

Dōhan’s *Sokushin jōbutsugi kiki gaki* 卽身成佛義聞書¹³¹¹ is composed of three sections. The first two sections of this text contain Dōhan’s commentary and lecture notes on Kūkai’s *Sokushin jōbutsu gi* 卽身成佛義 (T. 2428). The third fascicle, however, contains a series of dialogues between Dōhan and several interlocutors. For example, Dōhan’s friend and fellow student under Kakkai, Hōsshō 寶性, responds to Dōhan’s questions. Later, Dōhan responds to the questions of Shinshō 真性, and later Genchō 源朝 responds to questions posed by Dōhan. According to the *Nihon Bukkyō tenseki daijiten*, this text is especially important for providing insight into the state of early medieval Kūkai studies and Shingon doctrinal thought, as each interlocutor offers their own unique perspective.¹³¹²

Dōhan’s *Shōji jissōgi shō* 聲字實相義抄,¹³¹³ contains Dōhan’s commentary on Kūkai’s *Shōjijissōgi* 聲字實相義 (T. 2429), which contains a presentation of Kūkai’s theory of language itself as possessing inherent power. This text is especially important for understanding Dōhan’s

¹³¹⁰ 1 fasc., ZSZ 7, based on a manuscript from 1841(Tenpō 天保 12), from Kōdai-in’s 光臺院 archive, and held at Kōyasan University; BKD 3:478b; ZSZ 42:37; Nakamura Honnen 中村本然, “Dōhan sen ‘Kongōchōkyō kaidai kanchū’ ni tsuite 道範撰『金剛頂經開題勘註』について,” *Kōyasan daigaku Mikkyō bunka kenkyūjo kiyō* 高野山大学密教文化研究所紀要 21 (2008): 29-52.

¹³¹¹ 3 fasc., ZSZ 17, is based on a manuscript edition in 2 fasc. from the archive of Kōdai-in 光臺院, and kept at Kōyasan University from 1728 (Kyōho 享保 13); Mori, *Toganō korekushon*; BKD 7:76d; ZSZ 42:68

¹³¹² NBTD, 342.

¹³¹³ 2 fasc., 1240, SZ 14; BKD 5:401b-d, MD 403b; SZ 43:61; Nakamura Honnen 中村本然, “‘Shōjijissōgi shō’ (Dōhan ki) ni tokareru nyogi gensetsu ni tsuite –sono ichi, ‘Shakumakaenron’ to Kūkai no chosa ni miru nyogi gensetsu wo chūshin to shite 『声字実相義抄』(道範記)に説かれる如義言説について--その1、『釈摩訶衍論』と空海の著作にみる如義言説を中心として,” *Mikkyō bunka* 密教文化 203 (1999): 1-20.

own theory of language and mantra, and the *nenbutsu* as a particularly potent vocal-ritual technology. This topic will be examined in greater detail in the following chapter.

Finally, Dōhan's *Nanzan hiku* 南山秘口,¹³¹⁴ may be viewed in connection to Dōhan's scholarship on Kūkai, as it presents Kōyasan as the abode of the savior figure Kōbō Daishi Kūkai, and Dōhan's view that Kōyasan itself is a Pure Land and/or a passage to the Pure Land. This text is important to consider alongside Dōhan's works on Kūkai because, as a Kōyasan monk, Dōhan's Kōbō Daishi *shinkō* 信仰 (often translated as “devotionalism”) was tied not only to doctrinal exegesis, but to the specific place of Kūkai's tomb as a mystical site unto itself.

Dōhan as Scribe: Jōhen and Kakkai's Shingon Thought

As noted in the previous chapter, and to be explored further in the following chapter, Dōhan's most influential teacher was likely Jōhen of Zenrinji, an important early-medieval interpreter of the works of Kūkai as well as a major devotee and commentator on the works of Hōnen. Several of the works attributed to Jōhen come down to us from Dōhan's compilations.

For example, the *Benkenmitsu nikyōron shukyō (tekagami) shō* 弁顕密二教論手鏡抄¹³¹⁵ is Dōhan's record of Jōhen's lectures at Shōrenge-in 勝蓮華院 on Kūkai's *Benkenmitsu nikyō*

¹³¹⁴ 1 fasc. ZSZ 41; ZSZ 42:198.

¹³¹⁵ 3 fasc., comp. 1223-1224 (Jōō 貞応 2-3). ZSZ (*Zoku Shingonshū zensho* 続真言宗全書) 18:273-323 is based on a manuscript entitled *Nikyōron shukyō shō* 二教論手鏡抄 from 1225 (Gennin 元仁 2) from Sanbō-in's 三寶院 archive, and held at Kōyasan University. This edition was compared with a manuscript from 1529 (Kyōroku 享禄 2) also from Sanbō-in's archive and held at Kōyasan University. A manuscript is held at Kyōto University from Ninnaji's 仁和寺 archives dating from 1272 (Bunei 文永 9), is entitled *Benkenmitsu nikyōron shukyō shō*. An edition printed between 1716-1736 (Kyōho 享保) is also known. BKD (*Bussho kaisetsu daijiten* 仏書解説大辞典) 9:377d, 8:299b; MD (*Mikkyō daijiten* 密教大辞典) 1978c; ZSZ 42:75; See also: Nakamura Honnen 中村本然, “Kenmitsu nikyōron tekagami shō ni tsuite, tokuni ‘Shakumakaenron’ kaishaku ni kansuru shomondai wo chūshin to shite 『顕密二教論手鏡抄』について特に『釈摩訶衍論』解釈に関する諸問題を中心として,” in *Bukkyō kyōri shisō no kenkyū: Satō Ryūken hakushi koki kinen ronbunshū* 仏教教理思想の研究：佐藤隆賢博士古稀記念論文集, ed. Satō Ryūken hakushi koki kinen ronbunshū kankōkai 佐藤隆賢博士古稀記念論文集刊行会, 333-263 (R) (Tokyo: 山喜房仏書林, 1998).

ron 辯顯密二教論 (T. 2427). The end of the text is composed of a dialogue between Dōhan and Jōhen over 69 points drawn from Kūkai’s work. The *Hizōki shō* 祕藏記鈔¹³¹⁶ is Dōhan’s record of Jōhen’s teachings on the *Hizōki* 祕藏記,¹³¹⁷ a 9th-10th century text attributed to Kūkai, and purportedly containing Kūkai’s record of Huiguo’s teachings and Huiguo’s account of the teachings of Amoghavajra. Jōhen/Dōhan’s summary covers various topics, including the Womb Realm Mandala, the three truths, seed syllable-wheel contemplation (this section has a large number of illustrations concerning the five elements, five Buddhas, and Chinese *wuxing*, and likely served as a base text for many of the concepts explored in the first fascicle of the *Himitsu nenbutsu shō*). There also appears to be some discussion of Yogācāra, Mahāvairocana’s relationship to the three mysteries, and the idea that the three Buddha bodies and the vast ocean of Pure Lands may be found within the practitioner’s own body.

Dōhan is also regarded as an important transmitter of the thought of Kakkai, one of his main teachers. The *Chō kaishō* 聽海抄,¹³¹⁸ is Dōhan’s record of the teachings of Kakkai. This text covers a variety of topics such as mantra practice, the meaning of the character A, the five Buddhas, etc. Most importantly, this text lays out what is known as “non-dualist six elements thought” which, as explained in the previous chapter, was through Dōhan’s Muryōju-in lineage highly influential in the Muromachi period. Though only two fascicles survive, this text may be especially important for understanding how Kūkai’s materialist philosophy (the notion that the

¹³¹⁶ 1 fasc. ZSZ 15:35-58, is based on a manuscript from 1774 (An’ei 安永 3) held at Ōtani University, which was compared with an edition from 1872 (Meiji 3) from Sakuraike-in 桜池院 on Kōyasan. Variant titles: *Hissō denshō* 非相伝抄, *Hissō denjushō* 非相伝受抄. BKD 9:106a; ZSZ 42:62.

¹³¹⁷ KDZ (*Kōbō Daishi zenshū* 弘法大師全集) 5.

¹³¹⁸ 2 fasc., Kanayama Maboku 金山穆韶, “Chōkaishō (Dōhan ajari ki) 聽海抄 (道範阿闍梨記),” *Mikkyō kenkyū* 密教研究 10 (1922): 167-228, reproduces the two remaining fascicles of this work, fascicles five and eight, both of which were preserved at Kongōsanmai-in and Shōchi-in. Alternate title: *Daishō chōkaishō* 大疏聽海抄 (BKD 7:264c). Further information on this edition may be found in: Kanayama, “*Chōkai shō ni tsuite* 聽海抄に就,” *Mikkyō kenkyū* 密教研究 10 (1922): 229-231.

physical elements that constitute all of reality are themselves Buddha) contributed to the medieval Shingon-Tendai notion of the Buddhahood of insentient beings.¹³¹⁹

Finally, the thought of Kakkai and Jōhen appear both explicitly and implicitly in the *Himitsu nenbutsu shō* 秘密念仏鈔,¹³²⁰ composed the same year that both of Dōhan's two most important teachers passed away. As will be explored in the following chapter, in this text Dōhan draws upon Tendai, Shingon, Yogācāra, Madhyamaka, and *Avatamsaka* thought to provide a synthetic view of the various perspectives on *nenbutsu* practice, the nature of the Buddha Amitābha and rebirth in the Pure Land (and/or/as the attainment of Buddhahood in this body). For a full description and detailed analysis see Chapter VI of this dissertation. For an annotated translation of the first fascicle, see Part III of this dissertation.

Teaching in Exile

In 1243, as a result of a conflagration between Kongōbuji and Denbō-in factions on Kōyasan, Dōhan was exiled from Kōyasan to Sanuki province. While in residence at Zentsūji, he continued to teach and conduct numerous rituals. Many of the events from his time in exile are recorded in the *Nankai rurōki* 南海流浪記.¹³²¹ In addition to the events described in Dōhan's journal, he also continued to compose scholarly treatises and commentaries while in exile.

¹³¹⁹ Fabio Rambelli, *Buddhist Materiality: A Cultural History of Objects in Japanese Buddhism* (Stanford: Stanford University Press, 2007).

¹³²⁰ 3 fasc., 1223 (貞応 2); DNBZ 70:51-82; ZJZ 15:79-110; SAZ 2:225-266; *Himitsushū nenbutsu shō* 秘密宗念佛鈔 (Kyoto: Nagata chōbee 永田長兵衛, 1686; *Himitsu shū nenbutsu shō* 秘密宗念仏鈔 (Rokudai shinhōsha insatsubu 六大新報社印刷部, 1907); *Himitsu nenbutsu shō kenkyūkai* 秘密念仏抄研究会. "Dōhan cho 'Himitsu nenbutsu shō' no kenkyū—honbun kōtei to kaki kudashi gochū 道範著 '秘密念仏抄' の研究--本文校訂と書き下し・語註." *Buzan gakuho* 豊山学報 39 (1996): 105-130. Printed editions from 1645 (正保 2) relatively widely available. BKD 9:119-120 (other relevant works through 117-120); NBD 446.

¹³²¹ KTBS 7, BKD 8:281c.

For example, the *Dainichi kyōsho henmyō shō* 大日經疏遍明鈔,¹³²² was composed by Dōhan following his exile while residing in Zentsūji, at the request of Zenkaku 禅閣 of Hosshōji. It is noted that this text is also a commentary on the initial section of Yixing’s commentary, but was written 22 years after the *Jōanshō*, and is almost four times longer. This text also features prominently the teachings of both Jōhen and Kakkai.

Many of Dōhan’s works were composed at an elite level, likely for the training of other elite scholar-monks like himself. However, his range of interests and teaching appear to have extended beyond this relatively small audience. The *Dōhan shōsoku* 道範消息,¹³²³ was composed by Dōhan while still in exile, and in contrast to most of Dōhan’s works, which are written in *kanbun*, this text is composed in vernacular Japanese. Though clearly addressed to someone who is an experienced meditator, it is written as if it were an introduction, or perhaps an elaboration, on Ajikan meditation.

It is not entirely clear to whom Dōhan addressed this letter. According to the colophon, Dōhan composed his letter in response to the request of someone referred to as Kōyasan Omuro-yō Ren’i 高野山御室葉蓮以. While it is not entirely clear who exactly Ren’i is, Van den Broucke notes that Miyasaka points out that the only Kōyasan Omuro still alive during Dōhan’s

¹³²² 21 fasc., 1245 (寛元 3), ZSZ 5:99-444 is based on a manuscript held at Kōyasan University dating from 1659 (Manji 萬治 2), which was compared with editions held at Kanazawa Bunko 金澤文庫 and Hōju-in 宝寿院. Other manuscripts are held at Ryūkyō and Ōtani universities. Variant titles: *Daibirushana jōbutsukyō henmyō shō* 大毘盧遮那成佛經疏遍明鈔, *Daisho henmyōshō* 大疏遍明鈔, *Henmyōshō* 遍明鈔, *Dainichikyō daisho henmyōshō* 大日經大疏遍明鈔. BKD 7:403c; NBTD 369c; MD 1517b; ZSZ 42:34-35.

¹³²³ NKBT (*Nihon koten bungaku taikei* 日本古典文学大系) 83:76-83 is based on a text held at Shōchi-in, entitled *Shōsoku Ajikan* 消息阿字觀, that was also compared with several other editions on Kōyasan (Van den Broucke, 66). ; *Shōsoku Ajikan* 消息阿字觀, in *Ajikan hiketsu shū* 阿字觀秘決集, ed. 雷密雲, 21-29 (Jōkō-in 定光院, 1912; reprint, 守山嘉門, 2010); printed in 1678 (Enhō 延寶 6). Early printed editions also available at Ōtani, Ryūkyō, and Taishō universities. This was the first text by Dōhan to be translated into English, see: Pol Van den Broucke, “Dōhan’s Letter on the Visualization of Syllable A,” *Shingi Shingon kyōgaku no kenkyū* 新義真言教学の研究 10 (2002): 65-87. (as *Shōsoku ajikan*) BKD 5:346d.

time in exile was Dōjo.¹³²⁴ However, I would question this attribution only because Dōhan had for almost thirty years had numerous interactions with Dōjo, and this text reads as if the meditator in question has only recently encountered the Ajikan meditation. According to Dōhan's explanation, the character A is ultimately all things. Good and evil, the Pure Land and samsara, and even Mahāvairocana are external functions of the character A. A passage describing the relationship between the waves out at sea, and those that arrive at the beach illustrates the originally non-arising mind of dharmas and the Dharma-realm as both cause and condition: Conditioned dharmas are of the Dharma-realm but of themselves are not equal to it, in the same way that the waves at the beach and the waves out at sea are of one substance, but one is not directly the cause or effect of the other.¹³²⁵

Dōhan also composed the *Gyōhō kanyō shō* 行法肝葉(* alternate, 要)鈔 (T. 2502),¹³²⁶ while in exile. The date of the first fascicle is unknown, but the middle fascicle contains the date 1244 (Kangen 寛元 2), and the third fascicle 1248 (Hōji 宝治 2). The first two fascicles contain Dōhan's secret oral transmissions and instructions on the key points of ritual practice, mudras, mantras, the adornments of the ritual arena, proper utilization of ritual implements, and so on. The third fascicle includes instructions on the Shingon fire ritual. This text was composed by Dōhan while still living in Sanuki, at the request of a monk named Shōnin Kanyū 上人勧誘 from Yataniji 彌谷寺 in Awaji. It is thought that this work was compiled by later disciples into a

¹³²⁴ Van den Broucke, "Dōhan's Letter," 65-66.

¹³²⁵ Van den Brouck, "Dōhan's Letter," 73-74.

¹³²⁶ 3 fasc., comp. ca. 1243-1249 (Kangen 寛元 to Hōji 宝治); SZ 23:147-178 is based on a Tokugawa printed edition, but the year is unknown. This was also compared with manuscripts from Kongōsanmai-in's archive, held at Kōyasan University from the Muromachi period. T. 78:2502 was also consulted. Other manuscripts are known at Kanchi-in 観智院 and Ishiyamadera 石山寺 dating from the Ashikaga period 足利 period. Printed are held at Ryūkoku, Tokugawa edition held at Kōyasan, Tokyo universities, etc. Other manuscripts at Ōtani and Kōyasan. BKD 2:302a, 12:144a; NBTD 124; MD 307b; SZ 43:161-162

single work. Edo period Shingon theorists, including Jōgōn 浄嚴 (1639-1702) held this text in high esteem.

Also, while residing in Zentsūji, the place of Kūkai's birth, Dōhan continued to study the works of Kūkai. His *Hannya shingyō hiken kaihō shō* 般若心經秘鍵開宝鈔¹³²⁷ is a commentary on Kūkai's Esoteric explication of the Heart Sūtra, *Hannya shingyō hiken ryakuchū* 般若心經秘鍵略註 (T. 2203B). Dōhan's commentary was likely composed as part of his lectures during his time in exile in Sanuki. This text also contains a joint presentation of the teachings of Jōhen and Kakkai, discussion of the *Jūjūshinron*, and the five wisdoms as manifested by Hannya Bosatsu 般若菩薩.

Simple Practice

Stone has noted that one of the defining characteristics of the Kamakura period was a general tendency toward simple practice. Dōhan was certainly a contributor to this general atmosphere. As noted above, he seems to have been quite interested in teaching Shingon practice to those who were not elite monastics. The *Shoshin tongaku shō* 初心頓覺鈔,¹³²⁸ for example, is another introduction to Shingon practice written in vernacular Japanese. As the title indicates, “*The Compendium on Sudden Enlightenment of the Beginners Mind*,” this text also contains some discussion of Zen. In the first fascicle, Dōhan addresses the identity of Mahāvairocana and

¹³²⁷ 2 fasc., 1247. ND 10 (1916 edition), 20 (1975 edition); printed edition from 1781 (Tenmei 天明 1) held at Taishō and Ryūkyō; Alternate titles: *Shingyō hiken kaihōshō* 心經秘鍵開宝鈔, *Hiken kaihōshō* 秘鍵開宝鈔, *Shingyō kaihōshō* 心經開宝鈔. BKD 9:73d; MD 1836a.

¹³²⁸ 3 fasc. SZ 22, based on an edition published in 1648 (Keian 慶安 2), held at Taishō University; BKD 5:246c; NBTD 298; MD 1226c; SZ 43:142; Tanaka Hisao 田中久夫, 道範の「初心頓覺鈔」について, 日本歴史 172 (1962): 87-89; Nakamura Honnen 中村本然, “Dōhan ki ‘Shoshintongaku shō’ ni tsuite 道範記『初心頓覺鈔』について,” in *Mikkyō to shobunka no kōryū: Yamasaki Taikō kyōju koki kinen ronbunshū* 密教と諸文化の交流：山崎泰広教授古稀記念論文集, ed. 山崎泰広教授古稀記念論文集刊行会, 151-184 (Kyoto: Bunkōdo, 1998).

Amaterasu, Amaterasu and Avalokiteśvara, Kōbō Daishi and Maitreya, Kūkai's *Jūjū shinron* 十住心論 (T. 2425), and Amitābha's Pure Land Sukhāvātī. In the middle fascicle he discusses the *Shōryōshū* 性靈集,¹³²⁹ and the Esoteric precepts. In the final fascicle, Dōhan discusses various issues pertinent to the differences between exoteric and esoteric approaches to Buddhism. He also states that the Shingon path is not limited to monks, but is a form of practice especially appropriate for laity as well. Furthermore, just as in the *Compendium*, he notes that in fact, the five great sins do not preclude one from attaining liberation. There are some who doubt the attribution of this text to Dōhan. In addition to simple practice, the non-obstruction of karma appears to have been another key feature of Kamakura popular preaching.

Another important simple practice text composed by Dōhan is his secret explication of the Mantra of Light, *Kōmyō shingon shijū shaku* 光明真言四重釈.¹³³⁰ While the date of composition is unknown, this four-fold exegetical strategy was a hallmark of Dōhan's thought, and this text could easily have been based on, or perhaps the predecessor, to his exegesis of the nenbutsu in the *Compendium*. According to the first level, the shallow or abbreviated interpretation, this mantra is said to reveal the manifold virtues of the two Buddhas Amitābha and Mahāvairocana. According to the second level, the deep level, Dōhan provides a reading of each of the 23 letters of the mantra.

Mantra of Light (Kōmyō Shingon, 光明真言)

Oṃ amogha vairocana mahāmudrā maṇipadma jvāla pravarttaya hūṃ

唵阿謨伽尾盧左曩摩訶母捺囉麼拏鉢納麼入嚩囉鉢囉鞞哆野吽

On abokya beiroshanō makabodara mani handoma jinbara harabaritaya un

The third level, the secret within the secret interpretation, reveals that this mantra encompasses the mantras of all of the five Buddhas. According to the fourth level, the deeper interpretation of

¹³²⁹ NKBT 71.

¹³³⁰ 1 fasc., SAZ 2:74-81; NBD 165; BKD 3:338c.

the secret within the secret, it is revealed that this mantra embraces the fundamental basis for the six elements, and accordingly encompasses infinite dharmas, all mantras, etc. This relatively short text is one of the many texts Dōhan wrote for beginners on the mantra path.

Dōhan was also involved in the Kamakura Zen movement, another “simple” practice growing in popularity during the Kamakura period. The *Kakua mondō shō* 覺阿問答鈔,¹³³¹ records Dōhan’s ritual and doctrinal instructions to Kakua’s 覺阿 (1143-?), a famous scholar of Zen, and Kakua’s questions. While Dōhan appears at times to have drawn upon Zen concepts, and meditation, he was also somewhat critical of it at times as well. Dōhan seems to have emphasized the “sudden enlightenment” thought of Zen, and as detailed in the previous chapter, had a number of students who went on to be important Kamakura Zen thinkers, however, Zen appears for Dōhan to have been in a subordinate position to *mikkyō* ritual practice.

Dōhan’s commentary and exegesis on Kūkai’s *Unjigi* 吽字義 (T. 2430), the *Unjigi shakukanchū shō* 吽字義釋勘註抄,¹³³² was compiled by Ryūgen 隆源 (1342-1426), purportedly based on texts left behind by Dōhan. This text appears to be one of many texts written by Dōhan for the edification of beginners to the Shingon path.

In the *Aun gōkan* 阿吽合觀,¹³³³ Dōhan presents a short explication of the Sanskrit characters A and UṆ as part of a deathbed ritual. Dōhan suggests that just as the body and mind are none other than Mahāvairocana, so too are the in and out breath none other than the

¹³³¹ 3 fasc. (1252), Mori, *Toganō korekushon*, vol. 1; There is also an edition held at Zentsūji 善通寺 (1663) that is available for viewing online: http://base1.nijl.ac.jp/iview/Frame.jsp?DB_ID=G0003917KTM&C_CODE=XSEI-00113; Other editions include a printed edition from 寬文 3 at Taishō, Ryūkyoku, Ōtani, and Kōyasan. BKD 2:63a; MD 212b

¹³³² 3 fasc., SZ 7; BKD 1:230a; NBDT 68.

¹³³³ Mitsuun 密雲, Moriyama Kamon 守山嘉門, ed. *Ajikan hiketsushū* 阿字觀秘決集. Jōkō-in 定光院, 1912 (reprint, Moriyama Kamon 守山嘉門, 2010), 19-20. Available online: <http://kindai.ndl.go.jp/info:ndljp/pid/819152/3>.

characters A and UṆ. Using A- UṆ as a dyad, Dōhan claims that they correspond to the Vajra and Womb World Mandalas. This section resembles Dōhan’s explanation of the three syllable (A-MI-TA) and the five-syllable (NAMU-A-MI-TA-BUḤ) *nenbutsu* in the *Compendium*. Moreover, after explaining the peace that will come upon one’s death bed from this practice, Dōhan suggests that A is in fact composed of three components, A, Ia, and Ua, and the UṆ is also composed of three elements, U, N, and M. These elements are said to represent the throat, tongue, and lips, the three bodies of the Buddha, the three divisions of the mandala (Buddha, Lotus, Vajra), etc. Here we see Dōhan employing his *santen* –triad strategy for organizing lists of three to “read in” (*eisegeisis*,¹³³⁴ as opposed to *exegesis*) a deeper meaning wherein different thought systems implicate and envelop each other.

Additionally, the *Dōhan nikka rinjū higi* 道範日課臨終秘儀¹³³⁵ describes Dōhan’s secret deathbed ritual, and *Rinjū yōshin ji* 臨終用心事¹³³⁶ describe deathbed rituals for Pure Land rebirth. As noted above, Dōhan regarded the Pure Land elements of the deathbed experience to be but one level of what actually happens in the last moment of life. This *Rinjū yōshin ji* is divided into three sections: rituals for times when one is so sick that one cannot sit up, when one is sick for a period of time and cannot clean one’s body or mouth, and for periods of extended sickness. This text appears to be quite similar to the last section of the *Himitsu nenbutsu shō*, as will be described in Part I of Chapter VI.

¹³³⁴ Stone, *Original Enlightenment*, 158.

¹³³⁵ *Mikkyō bunka kenkyūjo seikyō bunsho chosahan* 密教文化研究所聖教文書調査班, *Kōyasan shinnō seikyō bunsho chosa gaiyō—suke, shiryō kaishō* ‘Dōhan nikka rinjū higi 高野山親王院聖教文書調査概要--付、資料紹介『道範日課臨終秘儀』,’ *Kōyasan daigaku mikkyō bunka kenkyūjo kiyō* 高野山大学密教文化研究所紀要 16 (2003): 79-92.

¹³³⁶ 1 fasc., SAZ 2:792-795; printed edition available at Kyoto University; BKD 11:277c.

Chapter V

Conclusion

From this brief presentation of Dōhan's intellectual context and oeuvre, I have identified a few key themes that may serve as a basis for future study of Dōhan and 12th-13th century Shingon. First, Kūkai's major works were clearly being studied in great detail, and Dōhan's knowledge of this material was in high demand such that even in his time in exile he was asked to continue teaching and commenting on a variety of texts associated with Kūkai. Second, Dōhan was clearly interested in distilling his knowledge for popular consumption, and though many regarded the early-medieval period as *mappō* 末法 (C. *mofa*), the end of the Dharma, Dōhan clearly promoted a variety of techniques, from the Mantra of Light, to the *nenbutsu* and Zen meditation, as part of a training program that would render anxiety over *mappō* pointless. In the following chapter, I will focus on Dōhan's "Esoteric Pure Land" thought as presented in the *Himitsu nenbutsu shō*.

CHAPTER VI

MYSTERIES OF SPEECH AND BREATH

Introduction

Composed around 1223, The *Himitsu nenbutsu shō* 祕密念佛抄 (*Compendium on the Secret Contemplation of Buddha*) is comprised of three fascicles and provides a synthetic engagement with a diverse range of approaches to the practice of the *nenbutsu* 念佛 (C. *nianfo*), the relationship between this world and the Pure Land Sukhāvātī 極樂淨土 (C. *Jile jingtu*, J. Gokuraku jōdo), and the nature of the Buddha Amitābha 阿彌陀如來.¹³³⁷ This chapter is intended to serve as both a philosophical introduction to Dōhan’s Pure Land thought, and an introduction to the text as a whole. In this chapter I argue that Dōhan’s seemingly “post-modern”¹³³⁸ vision of the *nenbutsu* is not only a *himitsu* (or “Esoteric”) perspective, but is in fact

¹³³⁷ The names Amida Nyorai 阿彌陀如來 (C. Amituo Rulai) and other names Amitāyus Tathāgata 無量壽如來 (C. Muryōju Nyorai, J. Muryōju Nyorai) and Amitābha Tathāgata 無量光如來 (C. Wulianguang Rulai, J. Muryōkō Nyorai) are used interchangeably in East Asia, and are commonly referred to in English scholarship as simply Amitābha.

¹³³⁸ In suggesting that there is something “post-modern” about Dōhan’s perspective on the *nenbutsu*, I am making a conscientious and informed analogy, drawing upon the works of scholars like, Jin Y. Park, *Buddhism and Postmodernity: Zen, Huayan, and the Possibility of Buddhist Postmodern Ethics* (Lanham, MD: Lexington Books, 2008), and Donald S. Lopez, Jr., *Elaboration on Emptiness: Uses of the Heart Sūtra* (Princeton: Princeton University Press, 1998), both of whom present a compelling approach to the study of premodern Buddhist texts and traditions, wherein the Buddhist approach to difference, ambiguity, contradiction, and ethics is placed in meaningful dialogue with the post-modern “canon” of contemporary humanistic academia. Rather than simply making facile claims about the “post-modernity” of Buddhism, these scholars take seriously the ethical and philosophical contributions and challenges posed by premodern Buddhist scholars as voices relevant to the contemporary scholastic world.

a *kenmitsu nenbutsu* 顯密念佛, an approach to the *nenbutsu* that seeks to account for a diverse range of “revealed” and “hidden” meanings of the *nenbutsu*. Moreover, I argue that philosophical investigation into this “exo/esoteric” logic may establish an approach to engaging religious diversity and ethics that moves beyond the extremes of both universalism and exclusivism while also promoting dialogue and debate, allowing multiple and distinct perspectives to stand without being rejected or necessarily subsumed within a singular rubric.

Dōhan employed the *Compendium* to promote a vision of Mahāyāna Buddhist practice centered upon his conception of the mantra practitioner 眞言行人 (J. *shingon gyōnin*) and devotion to the cult of Kōbō Daishi 弘法大師信仰 (J. *Kōbō daishi shinkō*). In addition, Dōhan draws upon insights gained from examining the works of Shandao 善導 (613-681) and other Chinese Pure Land thinkers, Zhiyi 智顓 (538-597), Yuanzhao 元照 (1048-1116) and other Chinese Tiantai 天台 masters, Annen 安然 (841-915?) and other Japanese Tendai Mikkyō 天台密教 (aka, Taimitsu 台密) masters, Kakuban 覺鑠 (1095-1143), Jōhen 靜遍 (1165–1223), Jippan 實範 (d. 1144) and other Shingon Mikkyō 眞言密教 (aka, Tōmitsu 東密) masters. In this way, Dōhan’s engagement with the *nenbutsu* fundamentally confounds the sectarian taxonomic approach so common in the study of premodern East Asian Buddhism.

On the one hand, the *Compendium* affirms the perspective that all Buddhas are but expressions of the fundamental ultimate reality, the Dharmakāya 法身 (C. *fashen*, J. *hōsshin*), as represented and conceived anthropomorphically as the one universal Buddha Mahāvairocana 大日如來,¹³³⁹ and that all Buddha Lands are but dimensions of the Pure Land of Mahāvairocana, the *mitsugon jōdo* 密嚴淨土, or “Pure Land of Mystical Splendor.” On the other hand, beginning

¹³³⁹ C. Dari Rulai, J. Dainichi Nyorai.

with an exegesis of the three- and five-syllable *nenbutsu*-mantra *A-mi-ta* and *Namu-A-mi-ta-Buḥ* (which is constructed in a mandalic form) written in the Sanskrit script known as Siddham 悉曇 (J. *Shittan*), Dōhan goes on to locate the potency of *nenbutsu* as arising from the mystery of speech 口密 (J. *kumitsu*) as the very body-mind 色心 (J. *shikishin*) of sentient beings. Therein, the *nenbutsu* is understood to be the mystical union of the organs of speech (throat, tongue, lips = body), and breath (both physical breath and/as the so-called “breath of life” = mind).

Balancing the Shingon universalizing (or totalizing) vision of Buddhist practice with an emphasis on the impetus for awakening not in an elite *gnosis*, but in something inherent to the human condition (speech and breath). In other words, rather than simply replicating a common Buddhist interpretive strategy that subsumes (and thus negates) diversity in favor of a single unified vision of the Buddhist universe, the “secret” of Dōhan’s *nenbutsu* is the conceptualization of a discursive space wherein the binaries between buddha/being, awakening/illusion, self/other, and the Pure Land/*sahā* stand together in a productive tension. Based in this view, the heterogeneous perspectives on the efficacy of the *nenbutsu* are understood to stand *as they are*, all the while also abiding in a unified and interconnected relationship premised on one shared experience: life itself.

This chapter, the sixth and final chapter of this dissertation, is divided into four parts. Part I provides an analysis of the title of the text, and a basic summary of the key concepts presented in the *Compendium*. Part II analyzes key passages from the first fascicle of the *Compendium* to argue that Dōhan’s approach to the *nenbutsu* purposely subverts the reader’s expectations through a variety of exegetical strategies (comparison, conflation, inversion, “selective” quotation, etc.) to present a vision of the *nenbutsu* that, while promoting a particular polemical perspective, is nevertheless oriented toward a vision of Buddhist diversity that allows

multiple (perhaps irreconcilable) perspectives to stand together *as they are*. Building upon Part II, Part III presents an exploratory philosophical investigation into some of the possible implications of Dōhan’s thought, focusing in particular upon Dōhan’s use of the metaphorical relationship between speech and breath, the question of ethics and religious diversity, and Buddhist universalism and exclusivism. Part IV considers a number of possible avenues for future research, in particular, an “esoteric” reading of the thought of Shinran 親鸞(1173-1263) and the potential for further inquiry into the *Avataṃsaka-sūtra* 華嚴經 (T. 278),¹³⁴⁰ as a productive avenue for engaging “Esoteric Pure Land” dimensions of East Asian Buddhism.

Chapter VI

Part I

“The Compendium on the Secret Contemplation of Buddha”

Some scholars have viewed the *Compendium* as an example of “syncretism” between Esoteric Buddhism and Pure Land Buddhism, while others have viewed the text as merely an articulation of the Shingon School’s own orthodox view on *nenbutsu* practice. It is the view of this author, however, that both of these perspectives are too narrow. In fact, it should by now be clear that in Dōhan’s time, the various ordination and practice lineages were deeply interwoven and highly competitive in a politico-monastic culture wherein it was essential to master multiple areas 兼學 (J. *kengaku*) of ritual and doctrinal knowledge. In this “*kengaku-kenmitsu*” context, knowledge was passed down via secret oral transmissions 口傳 (J. *kuden*), wherein the human condition was revealed to possess an inherent awakening 本覺 (J. *hongaku*), and that even

¹³⁴⁰ T. 278, C. *Huayan jing*, J. *Kegon kyō*.

simple meditative or “Esoteric” rites could be employed to accrue this worldly benefits 現世利益 (J. *gense ryaku*), purify one’s karma, and attain rebirth in the Pure Land of a Buddha.

In this context, Esoteric Buddhism and Pure Land Buddhism functioned not as two “kinds” of Buddhism, but two often overlapping areas of concern within a kaleidoscopic Buddhist environment. Moreover, as demonstrated in Part I of this dissertation (Chapters I-III), Mahā/Vajrayāna Buddhist doctrinal and ritual systems always-already included Pure Land aspiration, and many Pure Land aspirants in East Asia sought the skills of those who had mastered “Esoteric” ritual knowledge. When the *Compendium* is read within this context, rather than from the contemporary taxonomic-sectarian perspective, it may be recognized as but one node in a broader Mahā/Vajrayāna net, revealing but one approach to the diversity of *nenbutsu* perspectives in early-medieval Japanese Buddhism.

There are several printed versions of the *Compendium*, but according to the *Nihon Bukkyō tenseki daijiten* 日本仏教典籍大辞典,¹³⁴¹ while it is not clear whether or not an original version is still in existence, manuscript versions 寫本 (J. *shahon*) may be found in the archives of Hōjō-in 寶城院 temple on Kōyasan dating from 1606 (Keichō 11), as well as printed editions 刊本 (J. *kanpon*) dating from 1645 (Shōhō 正保 2, *the first printed edition), 1686 (Jōkyō 貞享 3), and 1907 (Meiji 明治 40).

At present, the most authoritative edited *kanbun* 漢文, Classical Chinese, edition of the first fascicle is Takeuchi Kōzen 武内 孝善, “Dōhan cho, ‘Himitsu nenbutsu shō,’ honbun kōtei (ichi) 「道範著『秘密念仏抄』本文校訂(一)」,” *Kōyasan daigaku ronsō* 高野山大学論叢 20 (1985): 13-71, which was edited based on the Jimyō-in 持明院 edition, dating from the

¹³⁴¹ NBTD, 446.

Muromachi Period 室町時代 (1392-1573), 1548 (Tenmon 天文 17), and the Hōjō-in (1606) versions. This *kanbun* edition was used to produce a Classical Japanese (J. *kakikudashi* 書き下し) version by the *Himitsu nenbutsu shō kenkyūkai* 秘密念仏抄研究会, ed., “Dōhan cho ‘Himitsu nenbutsu shō’ no kenkyū—honbun kōtei to kaki kudashi gochū 道範著 ‘秘密念仏抄’ の研究--本文校訂と書き下し・語註.” *Buzan gakuho* 豊山学報 39 (1996): 105-131. Both Takeuchi and the Buzan-ha edition note the existence of a (partial?) early edition entitled *Amidajō* 阿彌陀帖 dating from 1391 (Meitoku 明德 2). However, this edition is identified by the Buzan-ha *Himitsu nenbutsu shō kenkyūkai* as belonging to Hōbodai-in 寶菩提院, while Takeuchi identifies it as being held at Tōji Kanchi-in 東寺觀智院. More investigation is required on this matter.

Other versions may be found at the Eizan bunko archive 叡山文庫, dating from 1616 (Genwa 元和 2). The *Kokusho sōmoku-roku* 国書総目録, vol. 6, indicates that numerous editions dating from early and mid-Tokugawa may be found in the archives of Ryūkyō University 龍谷大学, Ōtani University 大谷大学, Kōyasan University 高野山大学, Taishō University 大正大学, Tōyō University 東洋大学, etc. One possible future area of inquiry will be into the matter of why exactly so many versions of this text exist from this period.

More recently published versions may also be found in: *Dai Nippon Bukkyō zenshō* 大日本佛教全書 (DNBZ) 70:51-82, *Zoku jōdoshū zenshō* 續浄土宗全書 (ZJZ), 15:79-110, and *Shingonshū anjin zensho* 真言宗安心全書 (SAZ), 2:225-266. Among these, the SAZ edition has been recognized as most authoritative, as evidenced by its usage as the base text by the *Buzan-ha kenkyūkai*. For the translation that follows this chapter, I have employed the versions produced

by Takeuchi, the Buzan-ha, SAZ, and DNBZ/ZJZ (which appear to be very close, or identical), but have largely followed the SAZ. In the future, I hope that this work will form the basis for future investigation into the other variant manuscripts, which I hope to use to eventually produce a critical edition of the entire work, noting all variant portions and passages, of which there are far too many to be accounted for in the space allotted for this dissertation.

The *Compendium*'s three fascicles are divided into a number of subsections. Below I have provided brief descriptions of each subsection so that the reader may acquire a general picture of the work as a whole, before reading the translation of the first fascicle in Part III.¹³⁴² The *Compendium* is composed in a question/answer 問答 (*J. mondō*) format, with Dōhan engaging a hypothetical interlocutor. As the head of major temples on Kōyasan, it is possible that Dōhan employed this writing style in his work training students in debate contests on Kōyasan, and as examined in the previous chapter, many of his extant works were clearly composed for an educational context. Judging from the range of sources Dōhan draws upon, he was clearly well acquainted with the major texts now often associated with the Shingon tradition, as well as those of other systems including Tiantai/Tendai and *Avatamsaka*. It is reasonable to speculate that his students would have received a similarly broad education in addition to a quite possibly Amitābha centric focus upon the works of Kūkai and the practice of Esoteric ritual.

An Analysis of the Title

It is common in traditional Buddhist scriptural commentaries to begin by explaining the inner and outer meaning of the title of a text. This approach has been *adapted* here in order to exemplify the ways in which the subject and object of academic inquiry participate in a mutually

¹³⁴² SAZ 2:226-266.

influential conversation. The *Compendium* has been preserved in numerous manuscripts, some bearing the title *Himitsu nenbutsu shō* (Compendium on the Secret Buddha Contemplation) or, *Himitsu-shū nenbutsu shō* (Compendium on the Buddha Contemplation of the Secret Teaching/Lineage).¹³⁴³ By examining the semantic range of meanings present in these two titles, this introduction to the text will suggest that it is possible that Dōhan intended the title to inform the reader (the reader who is in on the “secret”) of the basic intent of the text: to reveal that even the purportedly “shallow,” or literalist, interpretation of the *nenbutsu* is itself an expression of the “deepest” interpretation, and that the initial stage of aspiration for Buddhahood is equal to the final attainment of liberation.

***Himitsu* 秘密**

Himitsu (C. *mimi*), often translated as “secret,” inner, hidden, profound, mysterious, etc., may be found throughout the East Asian Buddhist corpus as a translation of the Sanskrit term *guhya*, which may be taken to mean “to be covered or concealed or hidden or kept secret, concealable, private, secret, mysterious, mystical.”¹³⁴⁴ *Guhya* was translated into Chinese as internal 内, subtle 妙, deep or profound 深, dark 陰, inner 奧, secret 秘密, hidden 隱密, etc.¹³⁴⁵ As noted in Chapter II, there is nothing inherently Tantric, about the use of the term *himitsu*. For example, the *Lotus Sūtra* 妙法蓮華經 (T. 262), *Mahāparinirvāṇa-sūtra* 大般涅槃經 (T. 374),

¹³⁴³ SAZ edition uses the term *shū*. The Hō version is *Himitsushū nenbutsu shō*, but the Ji and Shō editions lack the term *shū*, Takeuchi, 106, ft. 1-2. I am following Takeuchi in using the title *Himitsu nenbutsu shō*.

¹³⁴⁴ “Guhya” Monier Williams Sanskrit-English Dictionary (2008 revision), last modified October 20, 2014, <http://www.sanskrit-lexicon.uni-koeln.de/index.html>.

¹³⁴⁵ BJ 431.

the *Dazhidulun* 大智度論 (T. 1509),¹³⁴⁶ and many other texts use the term *himitsu* consistently to indicate not only the general tendency within Buddhism to differentiate between superficial and profound teachings, but in many instances, *himitsu* is synonymous with the Mahāyāna itself, as the highest (“secret”) teaching of the Buddha. The *himitsu* is therefore the Dharma as understood from the perspective of Buddhas and high-ranking Bodhisattvas, and of course, those who claim to speak for the Buddhas. As a result, the term *himitsu* was commonly used to refer simply to the superiority and authority of one’s own lineage or exegetical tradition.¹³⁴⁷

The *Mikkyō Daijiten* 密教大辭典, the massive dictionary of the Shingon School, notes the prevalence of the term “*himitsu*” across Buddhist literature, but focuses on the ritual and doctrinal teachings of Kūkai. However, in listing Annen and Kūkai’s various definitions of *himitsu*, the compilers of this dictionary, like Dōhan himself, were seeking to argue for, on the one hand, a privileged position of access to the “secret” teachings, and on the other hand, acknowledging that *himitsu* discourse emerges within a broader exo/esoteric Mahāyāna discursive context. These two approaches are indeed not mutually exclusive.¹³⁴⁸ *Himitsu*, therefore, possesses a range of meanings, not simply reducible to one sectarian lineage or institution.

¹³⁴⁶ *Mochizuki Bukkyō daijiten* 望月仏教大辭典 (MBD), 4330: ...法華經第五如来寿量品「如来秘密神通力」.... 大般涅槃經大二「何等をか名づけて秘密の藏となす、猶ほ伊字の三点の如し」.... 大智度論第四「仏法に二在り、一には秘密、二には顕示なり。顕示の中に」.

¹³⁴⁷ This issue was explored in greater detail in Chapter II, Introduction and Part I. See also Chapter I, Part III, and Chapter III, Part II.

¹³⁴⁸ MD, 1868-1869.

Himitsu-shū 秘密宗

The term *himitsu-shū*,¹³⁴⁹ is a relatively common synonym for *mikkyō*, or “Esoteric” Buddhism. In an often cited line in Yixing’s 一行 (683-727) *Dapiluzhena chengfo jingshu* 大毘盧遮那成佛經疏 (T. 1796), the *mimizong* 秘密宗 is said to allow one to shorten the path to Buddhahood, transcending limitless *kalpas*. Several Shingon exegetes following Kūkai’s tradition, including Saisen 濟暹 (1025-1115), Kakuban 覺鑊 (1095-1143), and Raiyu 賴瑜 (1226–1304) cite this text.¹³⁵⁰ While it would be tempting to assert that the *himitsu-shū* was simply a synonym for Esoteric Buddhism, by paying close attention to how it is used in the contexts in which it appears, it seems rather to signify something more subtle.

The *himitsu-shū* appears to be a term used to signify that a given teaching renders the early stage of the bodhisattva path equal to the final stage, or the potential for the teachings of the Buddha (the truths realized by Buddhas and the highest Bodhisattvas) to render the “lowest” stage equal to the highest. Ōshika Shinnō 大鹿真央 has suggested that a similar notion, *shoji sokugoku* 初地即極, the idea that the first stage is none other than the final stage, was a central feature of Dōhan’s doctrinal thought more broadly.¹³⁵¹ Based on this, and the numerous passages that implicitly and explicitly make this point throughout the *Compendium*, I would like to suggest that the title of Dōhan’s text may in fact inform us of its primary objective: to teach monks that the simple chanting of the *nenbutsu*, at its most basic, is itself inherently powerful,

¹³⁴⁹ MD, 1870.

¹³⁵⁰ 依常途解釋。是菩薩從發心以來。經一大阿僧祇劫。方證如是寂然界。今祕密宗。但度此一重妄執。即是超一阿僧祇劫。行者未過此劫。與辟支佛位齊時。名為極無言說處。爾時心滯無為法相。若失方便。多墮二乘地證小涅槃。然以菩提心勢力。還能發起悲願。從此以後三乘徑路始分。然所觀人法俱空。與成實諸宗未甚懸絕。猶約偏真之理。作此平等觀耳。故以三乘上中下出世間心。合論一僧祇劫。至第二僧祇。乃與二乘異也。(T. 1796, 602a01-a10); See also: Kakuban’s, *Shingonshū sokushinjōbutsu gishō* 真言宗即身成佛義章 (T. 2511, 79.3b15-17), and Raiyū’s *Taizō nyūzōnyūri shō* 胎藏入理鈔 (T. 2534, 79.148b14-23).

¹³⁵¹ Ōshika Shinnō 大鹿 真央, “Tōmitsu ni okeru shoji sokugokusetsu no tenkai 東密における初地即極説の展開,” *Tōyō no shisō to shūkyō* 東洋の思想と宗教 29 (2012): 71-89.

and equal to the highest teachings of the Buddha. It is therefore possible that this particular connotation was intended by Dōhan if, in fact, this phrase originally appeared in the title. Due to this doubt, however, I have not included it in my English translation of the title.

Shū 宗

The term *shū* has been examined in numerous places throughout this dissertation, therefore, I will simply reiterate that rather than indicating a “sect” or religious group 教團 (J. *kyōdan*), the term seems to carry the connotation of an area of study or concentration, or essence or lineage, which may overlap with, and often work in conjunction with others. This was especially true for the many traditions and institutions of medieval Japan.¹³⁵² The polemical implication of its (possible) usage here should be clear. Dōhan is suggesting that the practitioner of the mantra path is able to grasp a dimension of the nature of the *nenbutsu* that might be lost on others. Rather than promoting a distinct “kind” of *nenbutsu*, however, Dōhan appears to be suggesting that the mantra practitioner is capable of perceiving something deeper in the nature of *nenbutsu* practice than one who simply studies quotidian doctrine.

Dōhan often critiques those whom he seems to perceive as the “scholarly oxen” of Zhiyi’s doctrinal exegetical line, an area of study that Dōhan appears to have been very well acquainted. In this way, I find a certain harmony with Nietzsche’s criticism of the “scholarly oxen” of his day who studied Greek philology, but were uninterested in putting the Greek lifestyle into practice, balancing Apollonian and Dionysian aspects of the human condition. Indeed, the scholarly lifestyle poses certain problems and pitfalls that intellectuals of various traditions have struggled with. Following the career of Kakuban, a strong emphasis on the union

¹³⁵² Tanaka Hisao 田中久夫, *Kamakura Bukkyō* 鎌倉仏教 (Tokyo: Kōdansha gakujutsu bunko 講談社学術文庫, 2009 [reprint, 1980]), 14.

of practice and scholarship emerged in the Kōyasan Shingon tradition.¹³⁵³ By Dōhan’s time, it appears that there was an emphasis placed on the importance of the body in (or *as*) the ritual arena. Rather than simply studying doctrine and ritual, performance and enactment were absolutely necessary. As a great scholar and ritual master, Dōhan’s view on “Buddha Contemplation” (*nenbutsu*) is a critique of those who focus their energies on the surface level, or literal interpretation of the sūtras 顯教 (J. *kengyō*), without experiencing first-hand the inner meaning 密教 (J. *mikkyō*) of the teachings through practice.

***Nenbutsu* 念佛**

The term *nenbutsu*, at its most basic, means “buddha contemplation,” but in East Asia came to signify the vocal recitation of the name of the Buddha Amitābha, “*Namu Amida Butsu* 南無阿彌陀佛.” For Dōhan, the *nenbutsu* possesses an expanded semantic range to include mantra/*dhāraṇī*,¹³⁵⁴ the act of speech, the organs of speech, the breath that renders both speech and life itself possible, the compassionate activity of the Buddha (Amitābha/Mahāvairocana) in the world, and ultimately, the very mind that seeks (and always-already possess/attains) awakening. For Dōhan, the true or “secret” *nenbutsu* encompasses all aspects of the universe (classical Buddhist cosmology), the human condition (virtues and defilements), and fundamentally undergirds all forms of practice.

¹³⁵³ See Chapter III, Parts II and IV, and Chapter V, Part II.

¹³⁵⁴ Though many scholars argue about the best way to differentiate between mantra and *dhāraṇī*, Dōhan and others do not seem to clearly differentiate between the two, viewing them instead as virtually synonymous technologies of the mystery of speech.

Shō 抄

The term *shō* may be translated as compendium, excerpts, extracts, notes, collection, etc., and may be thought of as a synthetic genre wherein the author employs the words of others to arrive at a new idea. *Shō*, here translated as “compendium,” at times may remind one of a dissertation. In addition to quotes and passages designed to support and amplify the force of an argument (as well as “borrow” the prestige of the authority being quoted), there is a certain ambiguity between when a quote or passage is intended to convey the source text’s author’s words and intent, or the those of the compiler (or dissertator?). In some instances, the voices of the author of the text being quoted and the compiler begin to blur, and it may become difficult to disentangle whose voice is truly being projected. Throughout writing this dissertation I drew upon many sources from many traditional and contemporary scholars of the East Asian Buddhist tradition in order to support my argument, in some ways similar to Dōhan. Indeed, in the process of writing, not only is the voice of author and quoted authority blurred, but the voice of subject and object of inquiry too become blurred. Perhaps one of the most important ways that Dōhan has influenced me is through the genre of *shō*. As I have endeavored to follow Dōhan’s threads, ultimately confronting with the whole of the East Asian Mahā/Vajrayāna tradition, I have found that each node of the net reflects every other node, myself included.

Fascicle One

1.1 The Matter of the Name 名號事

Dōhan begins the *Compendium* by asking a rhetorical question: Why is it that virtually all monks in the present age rely upon the *nenbutsu*? His answer is outlined mainly in the first fascicle, and elaborated on in the second and third. Beginning with a four-fold secret explication

四重秘釋 (J. *shijū hissaku*) in which he examines four basic conceptions of the nature of the Buddha Amitābha, Dōhan suggests that ultimately the true nature of the Buddha Amitābha, as well as the *nenbutsu* and the Pure Land, is revealed in the body-mind of beings, and that the originally non-arising Buddha mind is itself the very heart of beings.

Following this declaration, Dōhan draws upon Jippan’s *Byōchū shugyōki* 病中修行記¹³⁵⁵ in which the three letters of the name *A-mi-ta* are employed to both explicate the Contemplation of the Letter A 阿字觀 (J. *ajikan*), a central practice in medieval and contemporary *mikkyō* and the Shingon-shū, as well as the *Amida-santai-setsu* 阿彌陀三諦說, which both Sueki and Stone have noted as an important interpretive strategy for *hongaku* 本覺, original enlightenment thought, and “Esoteric Pure Land” thought in early medieval Japan. This exegetical tool uses the three syllables of the name of the Buddha to explain the relationship between the “three truths”: *kū* 空, *ke* 假, *chū* 中, or emptiness, provisionality, and the middle. Dōhan’s presentation emphasizes not the “*A*” which corresponds to emptiness, nor the “*Mi*” which corresponds to the synthesis of provisionality and emptiness, the so-called “middle path,” but rather, the “*Ta*” syllable, which corresponds to provisionality and the *nirmāṇakāya* 應身 (C. *yingshen*, J. *ōjin*), or embodied “response” manifestation of the Buddha. In this way, Dōhan begins his presentation of the *nenbutsu* by arguing that the simplest and most basic teaching, and the Buddha which one may actually physically encounter, is equal, and perhaps superior, to that which is commonly assumed to be the most profound.¹³⁵⁶ Throughout the text, Dōhan continually collapses binaries and undermines the reader’s expectations.

¹³⁵⁵ SAZ 2.

¹³⁵⁶ SAZ 2:226-231.

Next, Dōhan examines a five-syllable version of the *nenbutsu* in which each syllable, arranged in the form of a seed syllable mandala with *Namu* in the center, and *A-Mi-Ta-Buḥ*, in the four directions, *A* in the southern position, and progressing clockwise. Drawing comparisons between the five Buddhas, and the five forms of wisdom, Dōhan argues that the five hindrances of the human condition are themselves at their core, paths to the highest corresponding form of wisdom. In this way, the most basic (or, “base”) mode of human consciousness and behavior may itself be recognized as ultimately oriented toward, and not wholly separate from, a deeper wisdom.¹³⁵⁷

1.2 The Matter of Calling the Name and the Primordial Vow 稱名本願事

In this section, Dōhan declares that the reason the Buddha Amitābha chose the *nenbutsu* as the object of his primal vow is because Amitābha (again drawing upon the *santaisetsu*) is the central Buddha, between mind and body, manifesting as the middle way of the mystery of speech. As such, Speech/Amitābha/Sukhāvati abides in productive tension between Body/Śākyamuni/*Sahā* and Mind/Mahāvairocana/*Mitsugon jōdo*, encompassing both, but seemingly not necessarily reducible to either.¹³⁵⁸ This idea is revisited at the beginning of the second fascicle.

1.3 The Matter of the Buddha Contemplation Samādhi 念佛三昧事

Drawing upon Tendai and *Avataṃsaka* conceptions of Buddhas and Buddha bodies, Dōhan examines the *nenbutsu samādhi* 念佛三昧 (J. *nenbutsu sanmai*), an important form of contemplation designed by Zhiyi, and disseminated widely throughout Japanese mountain

¹³⁵⁷ SAZ 2:231-235.

¹³⁵⁸ SAZ 2:235.

monastic centers, as examined in Chapters III and IV. This form of practice begins with a 90 day period of chanting and/or contemplation, at the end of which, the practitioner realizes non-duality with the Buddha Amitābha. By Dōhan’s time, the *nenbutsu samādhi* had developed for three hundred years as part of the traditional Japanese Tendai curriculum that also included *mikkyō*, and eventually produced several other kinds of *nenbutsu* practice that became popular among mountain monastic centers throughout Japan. As a result, by Dōhan’s time, the *nenbutsu samādhi* was not the exclusive property of the “Tendai School,” and it had emerged as a major “tantric” practice (See: Chapter III, Part III). In presenting the *nenbutsu samādhi*, Dōhan argues that the speech of the Buddha permeates all corners of the universe like wind. That wind is life, and because life is conscious, this wind-life itself is the act of contemplation. Ultimately, because the *nenbutsu samādhi* is the contemplation of the act of speech, it is necessarily the contemplation of the embodiment of Amitābha as breath-life.¹³⁵⁹

1.4 The Matter of the Ten [Moments of Buddha Mindfulness] 十念事

The “ten moments of Buddha mindfulness” is a reference to the vow of Amitābha in the *Sukhāvāṭīvyūha-sūtra*, where it states that beings who *nen* the Buddha even ten times will certainly attain Buddhahood.¹³⁶⁰ This is a very well-known passage, and in East Asia debates arose regarding whether or not these ten were essential, whether they were vocal utterances, whether they were mental events, etc. Here, however, Dōhan is employing the ten thought moments to examine the idea that Buddhahood is a state arrived at after a set progression. The ten thought moments are one, the ever present now. Again, employing the idea of the ten bodhisattva stages, Dōhan argues that there is neither high nor low, and that the first stage, the

¹³⁵⁹ SAS 2:235-237.

¹³⁶⁰ The ten thought moments are discussed in the *Sukhāvāṭīvyūha-sūtra* 佛說無量壽經 (T. 360, 268a26-28) and *Contemplation Sūtra* 佛說觀無量壽經 (T. 365, 346a18-20).

first moment of Buddha contemplation, the most basic level of attainment, is the highest. This appears to be drawing upon *Avatamsaka* readings of the bodhisattva stages, but more research is required on this point.¹³⁶¹

Fascicle Two

2.1 The Matter of the Lotus Samādhi 蓮華三昧事

At the outset of the second fascicle, Dōhan declares that the Buddha Amitābha is the lord of the lotus division of the mandala, and that he is in fact the heart-lotus 心蓮 (J. *shinren*) of all sentient beings. In Shingon meditation, many contemplative practices are carried out upon a perfectly clear and bright moon disk 月輪 (J. *gachirin*), visualized at one's heart, which emerges from a blossoming lotus. Because the physical body is the locus of awakening, this “metaphorical” heart-lotus, possessing eight petals like the central lotus of the Womb World Mandala 胎藏界曼荼羅 (J. Taizōkai mandara), is conflated with the physical heart which, according to traditional medical theory was said to resemble a closed lotus blossom, possessing eight petals. In other words, the “heart” of awakening and the physical organ that pumps blood through the body, are revealed to be the same thing, the feature of the human condition that sustains life. Dōhan notes that the heart lotus of the man is said to point up, and the heart lotus of the woman points down. More investigation into the nature of gender and gendered language in medieval Shingon would be an extremely productive area for future research.

In this section, Dōhan employs Yogācāra 法相 (C. Faxiang, J. Hossō) concepts to consider the nature of consciousness as fundamentally pure. This section reiterates the notion that Amitābha abides in a central position between Śākyamuni and Mahāvairocana, and his

¹³⁶¹ SAZ 2:237-238.

Sukhāvātī Pure Land between Mitsugon Pure Land as the unified cosmos and the Sahā realm, thus encompassing them all. Moreover, Amitābha is also revealed to be the lord of the act of speech and breath, and embodied in the element of wind that renders life, breath, and speech possible. In addition, at the close of this section, Dōhan states that all rivers return to the great ocean, just as the manifold practices are all based in a fundamental Buddha nature.¹³⁶² This idea is restated below

2.2 The Matter of the Great Compassion Samādhi 大悲三昧事

In this section, Dōhan suggests that the gate of the Buddha Amitābha is also known as the Great Compassion Samādhi. The in and out breath of the practitioner are one with the compassion of the Buddha’s speech and breath, which permeate the ten directions, opening the heart-lotus of beings. Ultimately, Dōhan adds, the mind, the Buddha, and beings are non-differentiated.¹³⁶³

2.3 The Matter of the Characters for the Name of Sukhāvātī 極樂名字事

Here, Dōhan revisits his critique of the simplistic literal interpretations of the sūtras, which might contend that Amitābha/Amitāyus (the Buddha of Limitless Life and Light) possesses a limited lifespan, or is limited to a single place the Pure Land far away. For Dōhan, the Pure Land Sukhāvātī, translated into Sino-Japanese as 極樂 (C. Jile, J. Gokuraku), literally meaning “ultimate bliss,” refers to the “bliss” of awakening, and rather than this being limited to a particular western corner of the universe, it is omnipresent in all Buddha realms. Dōhan draws parallels between Sukhāvātī and the Lotus repository of the *Avatamsaka* tradition (which he

¹³⁶² SAZ 2:238-245.

¹³⁶³ SAZ 2:245-246.

equates to the Womb Realm Mandala) and Tuṣita 兜率天 (C. Doushuo Tian, J. Tosotsu Ten), and Mitsugon (which he equates to the Vajra Realm Mandala 金剛界曼荼羅). Just as the Lotus and Womb mandalas are said to be non-dual, as are body and mind, *ri* and *chi* (principle and wisdom), and so on, so too are the realms of attainment non-dual with the very heart of beings. Beings may perceive divisions, but they are provisional.¹³⁶⁴

2.4 The Matter of the Western Direction 西方事

The Pure Land is traditionally associated with the Western direction, which is commonly associated with autumn, love, desire, and compassion. Dōhan here employs a series of correspondences alternating between the different cardinal directions so as to explicate the relationality between the inner meaning of Sukhāvātī to other features of the realms of Buddhist wisdom and attainment. Here, and throughout, Dōhan employs the *Contemplation Sūtra* 觀無量壽經 (T. 365),¹³⁶⁵ and Yogācāra concepts.¹³⁶⁶

2.5 The Matter of the Innumerable [Buddha] Lands 十万億土事

Considering the vast Buddhist cosmology, wherein the universe (or, rather, “multi-verse”) is composed of an infinite number of Buddha realms in all ten directions, Dōhan suggests, however, that rather than imagining them to abide far away, this infinite cosmology is revealed to abide within the very bodies of beings themselves. Here, and in other places, Dōhan seems to be drawing upon an assumed *Avatamsaka* based vision of the interpenetrating nature of reality—unity in diversity, diversity in unity. In other words, while Dōhan does not deny the existence of

¹³⁶⁴ SAZ 2:246-247.

¹³⁶⁵ T. 365, C. *Guanwuliangshou jing*, J. *Kanmuryōju kyō*.

¹³⁶⁶ SAZ 2:247-248.

this vast cosmos, he seems to emphasize the possibility of accessing all of it through the very body-mind of beings.¹³⁶⁷

2.6 The Matter of the Forty-eight Vows 四十八願事

Here, Dōhan considers the idea that Amitābha created his Pure Land by way of the accomplishment of forty-eight vows. Drawing upon Nāgārjuna's *Shimoheyanlun* 釋摩訶衍論 (T. 1668), which, as discussed in the previous chapter, was highly influential upon Kūkai, Dōhan intimates that the forty-eight vows are in fact virtues of the mind. Dōhan here regards Nāgārjuna as a devotee of the Buddha Amitābha.¹³⁶⁸ This was a common assertion in East Asia, as the Pure Land schools came to regard Nāgārjuna as a Pure Land patriarch.

2.7 The Matter of the Sixteen Contemplation 十六想觀事

The *Sūtra of the Contemplation of the Buddha of Infinite Life* is one of the most popular texts in East Asia, and is regarded as one of the three Pure Land sutras by the Pure Land schools. This text outlines a series of sixteen steps for contemplating the Pure Land. Here, Dōhan reinscribes these steps as the sixteen great Bodhisattvas, and uses Shingon theories of the five elements, Yogācāra nine consciousnesses, the various components of the dual mandala system, and other strategies to suggest that at the completion of these Pure Land contemplations, one realizes the light of Amitābha as radiating from within oneself.¹³⁶⁹

¹³⁶⁷ SAZ 2:248.

¹³⁶⁸ SAZ 2:249.

¹³⁶⁹ SAZ 2:249-250.

2.8 The Matter of [The Buddha] Coming and Greeting [one at Death] 来迎事

In medieval Japan, a variety of deathbed practices were undertaken in order to attain a vision of the Buddha coming to greet one at the moment of death, or *raigō* 来迎. Dōhan begins this section by suggesting that the *raigō* that beings perceive at the moment of death is in fact the Buddha's light, always-already present, reflecting in the heart of beings. This section is reminiscent of Chan theories of sudden awakening as well as Tendai theories of original enlightenment. That which is perceived as a *raigō* 来迎, a celestial retinue arriving to take one to a faraway land, is here said to be the realization of the Buddhahood always-already abiding at the heart of beings.¹³⁷⁰

2.9 The Matter of the Twenty-Five Bodhisattvas 二十五菩薩事

Building upon the previous section on the *raigō*, Dōhan states that Amitābha possesses five wisdoms, which each possess five wisdoms, which he interprets as the five Buddhas of the mandala and their attendant Bodhisattvas of the four directions (5x5). The twenty-five Bodhisattvas said to accompany Amitābha's descent from the Pure Land at the moment of death are further employed to envision the six realms, the six modes of envisioning Avalokiteśvara, etc.¹³⁷¹

2.10 The Matter of the Sahā realm revealing Avalokiteśvara and Sukhāvātī to be Named as Limitless Life 娑婆示現觀世音極樂稱為無量壽之事

Elaborating on the preceding discussion of the various forms of Avalokiteśvara, Dōhan explores the relationship between the Bodhisattva of Compassion and the Buddha of Limitless

¹³⁷⁰ SAZ 2:250.

¹³⁷¹ SAZ 2:250-251.

Life, and suggests that of the vocal act of *nenbutsu* recitation within Sahā is connected with the fundamental vow of the Buddha.¹³⁷²

Fascicle Three

3.1 The Matter of the Nine Level Lotus Dias 九品蓮台事

Here, Dōhan differentiates between the revealed and inner meaning of the nine levels of the Pure Land, which is reminiscent of the end of fascicle one. Again, suggesting that while hierarchies may appear to exist, and while the Buddhist path may appear to some to take innumerable *kalpās*, in fact, as realized by the practitioner of mantra, there is no hierarchy, and the initial level of attainment is equal to the highest. Moreover, rather than casting off of the body, the mantra path emphasizes the nature of awakening as a bodily act. Dōhan also notes that while some Pure Land thinkers may exclude those who commit the five evil acts from rebirth, the *Dazhidulun* states that the *dhāraṇī piṭaka* 陀羅尼藏 (C. *duoluoni-zang*, J. *darani-zō*) alone may expunge the sins of the five evil acts. In this way, the *himitsu nenbutsu* is revealed to be the highest technology of the “Secret Piṭaka” 祕密藏 (C. *mimi-zang*, J. *himitsu-zō*), the highest teaching of the Mahāyāna. As the reader may recall, in Chapter II it was noted that there is often a sense of ambiguity between *mikkyō* (“as such”) and the diverse genres of *dhāraṇī* literature and the highly polemical concept of a Secret Piṭaka. Here, Dōhan appears to be conflating them all as essentially indicating the highest teaching of the Mahāyāna.¹³⁷³ This issue deserves further attention.

¹³⁷² SAZ 2:251.

¹³⁷³ SAZ 2:252-253.

3.2 The Matter of Exclusive Practice and Incessant Practice 專修無間修事

Drawing upon Shandao and Eikan's perspectives on constant recitation, Dōhan suggests that the very in and out breath that sustains beings' life is the true form of constant *nenbutsu* recitation. The breath is said to be the embodiment of Amitābha's name. If the Buddha truly embraces all beings, Dōhan argues, then the activity of the Buddha cannot be limited to the conscious ritual act of chanting (speech), but must necessarily pervade one's life (breath).¹³⁷⁴

3.3 The Matter of the Common Manner of Ritual Compartment 尋常行儀事

This rather lengthy passage begins with an explicit critique of the distinction between the Pure Land path and the Path of Sages. Moreover, Dōhan rejects the proposition that the *nenbutsu* should be practiced to the exclusion of all other practices. While it remains difficult to determine whether or not Dōhan is directly criticizing Hōnen, or others who were inclined towards more exclusivistic forms of practice, this passage does seem to confirm the suspicion of some scholars that Dōhan's intent in writing this text was done in order to respond to certain excesses present in the growing Pure Land "movement."

Here, Dōhan argues for the utility in orienting one's various practices, around the single practice of the *nenbutsu* and the single Buddha Amitābha, drawing upon the *Dhāraṇīsamgrahasūtra* 陀羅尼集經 (T. 901).¹³⁷⁵ Dōhan's vision of the ideal practitioner of mantra may be divided into the ten contemplative gates 十種觀門 (J. *jisshu kanmon*) and six kinds of auxiliary practice 六種助行 (J. *rokushu jogyō*).

One, through the limitless heart, the *shingon gyōnin* acquires the ability to turn all things into the practice of Dharma because one's own mind is itself Buddha. In this way, the idea of

¹³⁷⁴ SAZ 2:253-255.

¹³⁷⁵ T. 901, C. *Tuoluoni jijing*, J. *Darani jikkyō*.

choosing a single practice and limiting one's Buddhist practice to that act would make no sense, because everything can be Buddhist practice. Two, through the contemplation of equanimity 平等觀 (J. *byōdōkan*), the practitioner is able to see that their body-mind is non-dual with their object of devotion, which is itself equal to all Buddhas. In this way, the grandeur of the Buddhist vision of the cosmos is said to reside concretely in this very body. Three, the dual-mandala system allows the practitioner to realize the non-duality of a variety of supposed dualities: body/mind, man/woman, heaven/earth, etc. A note on this section discusses the attainment of *samādhi* in a dream, and the realization that mantra is but the breath of the object of devotion. Four, is the contemplation of the *gorin* 五輪, or five *chakras* (which can refer to the elements of earth 地, water 水, fire 火, wind 風, and ether 空; or the top of the head 頂輪, the face 面輪, heart 胸輪, stomach 腹輪, and knees 膝輪). Five, is the contemplation of the *gachirin* 月輪, or moon disc. Six, is the contemplation of A, said to ultimately signify the non-arising of all dharmas. Seven, is the counting of breath with contemplation/chanting of a single syllable, *A*, *Hriḥ*, etc. Here Dōhan makes an explicit reference to the practice of *zazen* 坐禪 (C. *zuochan*). Eight, is the cultivation of the inner *homa* 護摩 (J. *goma*) fire ritual. Nine, is the contemplation of the attainment of awakening in this very body. Ten, is the contemplation of the ten illusions arising from dependent origination 十緣生 (J. *jūenshō*), which Dōhan draws from the *Mahāvairocana-sūtra* 大毘盧遮那成佛神變加持經 (T. 848).¹³⁷⁶ These ten levels represent the pure bodhi mind, and the mantra yoga path of visualization and contemplation.

The six auxiliary practices are as follows: One, the practice of the precepts; two, *kaji* 加持 (empowerment) and contemplation; three, preaching to the beings who have taken

¹³⁷⁶ 眞言門修菩薩行諸菩薩。深修觀察十緣生句。當於眞言行通達作證。云何爲十。謂如幻。陽焰。夢。影。乾闥婆城。響。水月。浮泡。虛空華。旋火輪。(T. 848, 3c11-14).

unfortunate rebirth as well as gods and spirits of Nippon-koku 日本國, such as Amaterasu Ōmikami 天照大神; four, is the cultivation of gratitude for encountering the Dharma (Here, Dōhan notes in particular, the importance of cultivating gratitude for the line of Ācārya's who transmitted the secret teachings, and the various teachers who transmitted the *ken* and *mitsu* teachings.); six is the vow to remain within *samsāra* for the benefit of beings, and to teach the secret teachings. This is followed by a passage in praise of Kōbō Daishi Kūkai.

As mentioned in Chapter IV, Dōhan's *Compendium* is the first appearance of the *hōgō* 寶號 of Kūkai: Namu Daishi Henjō Kongō 南無大師遍照金剛 (Praise the Great Teacher, the Universally Illuminating Vajra), which is essentially a Kūkai *nenbutsu* that later Kōyasan ecclesiasts employed to supplement, and later supplant, the Amitābha *nenbutsu*. For Dōhan, however, they are employed together in the cultivation of faith.

Dōhan then argues that for the literalists (*kengyō*), the cultivation of faith is merely for beginners. However, according to Dōhan, the secret teaching reveals that the beginner's mind of faith is itself sudden awakening. This section concludes with Dōhan suggesting that despite all the diversity of approaches to the Dharma, they are all fundamentally arising from the character A, and the *upāya* 方便 (C. *fangbian*, J. *hōben*) of the Buddha.¹³⁷⁷

3.4 The Matter of Using One's Mind upon the Moment of Death 臨終用心事

The *Compendium* (SAZ edition) concludes with a discussion of deathbed ritual in which one is instructed in a variety of Amitābha and Kōbō Daishi oriented practices (mudra, mantra, mandalic visualizations, and ritual altars), etc. Here, one is instructed in the cultivation of reverence for Kōbō Daishi as a path to rebirth in the Pure Land Sukhāvātī. As should be clear by

¹³⁷⁷ SAZ 2:255-263.

now, this is not an anomaly in medieval Japan, and across Mahāyāna literature, one of the most common ways to indicate the potency of a particular practice or object of devotion was to promote it as a path to post-mortem rebirth in Sukhāvātī. The Medicine Buddha, the *Lotus Sūtra*, and here, Kōbō Daishi, have at various times been said to lead to Pure Land rebirth in Sukhāvātī. However, in the opinion of some scholars, it appears that this section may have been added on later, and may not be original to the text.¹³⁷⁸

In the SAZ edition colophon to this text, edited in 1907 (Meiji 明治 40), it states that this text is intended to delineate shallow and deep, slow and fast, superlative and lower means by which Pure Land rebirth is attained. Here, the term *kenmitsu nenbutsu* is used. I would like to suggest that the term *kenmitsu nenbutsu*, suggesting an engagement with *nenbutsu* theories across a broad range, is the “secret” meaning of the term *himitsu nenbutsu*.

Different manuscripts often contain notes at the end of each fascicle. The four manuscripts consulted for the translation of Fascicle I, contain four different endings, with excerpts, notes, or elaborations appended to the end of each fascicle. The following do not appear in the SAZ edition, but may be found in the DNBZ version. By comparing these shorter sections/additions to other texts written by Dōhan, I believe we will be able to find other pieces that may have appeared in earlier editions of this text.

¹³⁷⁸ SAZ 2:263-266.

***3.5 The Matter of the Pure Round and Bright Three Turnings 清淨圓明三轉之事

In this brief note, which is not contained in the SAZ edition, Dōhan employs essence 性, lotus 蓮, and embodiment 體 to present different groups of three, to explain the nature of awakening.¹³⁷⁹

***3.6 The Matter of the Hundred Rivers Entering the River and are Purified 百川入海清淨事

This brief line states that ultimately all things return to a single source. It is found in the DNBZ edition as a separate section, but appears to simply be a recitation of a passage found earlier in the work.¹³⁸⁰ Of particular interest is that the term *shōjō* 清淨 is at times used as a synonym for Amitābha. In other words, Amitābha is the source of the rivers, but also the point upon which they all eventually converge.¹³⁸¹

It appears that a number of passages were added, deleted, or moved around in various editions. In some cases, key passages from a fascicle are reiterated at the conclusion, perhaps to intimate to students which passages are of greatest importance. It is also possible that these “additions” were notes written in the margins or on the back of a scroll as a reader of a particular manuscript took notes on the text, but when the text converted to printed editions, these notes were added to the end of each text. More investigation is required on this issue.

One of the most interesting additions is found only in the Hōjō-in and Jimyō-in edition of the text. Following a quote from Shandao on Pure Land rebirth, Dōhan quotes a passage from a

¹³⁷⁹ DNBZ 43:64-65.

¹³⁸⁰ SAZ 2:244.

¹³⁸¹ DNBZ 43:64-65.

texts entitled *Seiryūji ōshō rinjū kengyō* 青龍寺和尚臨終觀行,¹³⁸² which seems to indicate that, in the opinion of some, Huiguo 惠果 (746-806), the Chinese master Kūkai studied under in Chang’an, was an aspirant for rebirth in Sukhāvātī. Suffice it to say, Dōhan’s presentation of “Esoteric” Pure Land masters from Nāgārjuna, Huiguo, Kūkai, Annen, Eikan, Kakuban, (and maybe even Shandao?) and others, should indicate to us that in the Kamakura period (and beyond) Pure Land rebirth was a major topic of interest for elite Buddhist monks commonly associated with the “secret teachings.”

Chapter VI

Part II

The Secret Contemplation of Buddha

Dōhan’s *himitsu nenbutsu* might be referred to as the “*mikkyō* (esoteric) *nenbutsu* 密教念佛,” or perhaps the “Shingon-shū *nenbutsu* 眞言宗念佛,” or perhaps even the Tantric, or “Vajrayāna” *nenbutsu*. However, none of these labels is entirely sufficient to encompass the connotative range expressed by Dōhan’s vision of the *nenbutsu* as a practice, or as a source of Buddhist power. Dōhan draws so extensively upon sources regarded as both “*kengyō*” and “*mikkyō*,” that we might consider his *nenbutsu* to be a “*kenmitsu*” *nenbutsu*, a view of the *nenbutsu* that is intended not only to encompass the diverse range of exoteric/esoteric practices and theories subsumed under the label “*nenbutsu*,” but also to grasp the underlying nature of reality that renders the *nenbutsu*, in all its manifestations, an efficacious practice.

Now, the term *kenmitsu* is often used by scholars to signify a very particular religious-political ideology whereby Buddhist thought was employed to justify the dominant medieval

¹³⁸² I have been able to locate a text with the same name in the Zentsūji 善通寺 archive online: http://base1.nijl.ac.jp/iview/Frame.jsp?DB_ID=G0003917KTM&C_CODE=XSE1-21704

Japanese political system. However, for Dōhan, this meaning is simply not present (at least, not explicitly). This is not to say that Dōhan was an apolitical figure. Far from it. Dōhan was a major Kōyasan temple administrator, and as examined in Chapter IV, became embroiled in a dispute over patronage and political prestige. While it is not my intention to deny the political nature of Buddhist thought, in this presentation of Dōhan's *nenbutsu*, I will examine deeply one piece of the broader doctrinal system that, rather than being “reducible” to the political, will perhaps reveal why doctrine was actually important for elites in the Kamakura period. My use of the term *kenmitsu nenbutsu* is intended simply to denote that Dōhan's vision of the Pure Land is an expression of a broader Mahāyāna *kenmitsu* discourse.

The Four-Fold Secret Explication 四重秘釋¹³⁸³

First, I will present Dōhan's four-fold secret explication of the nature of the Buddha Amitābha. While it may appear that Dōhan is simply presenting a hierarchy of views on the different “kinds” of *nenbutsu*, as will be revealed below, Dōhan is presenting something more complicated than a single exclusivistic or universalistic position over and above others:

名號事。問。廣聞當世。眞言止觀行人。多依彌陀稱名之行。期往生極樂。是於念佛三昧。不簡時所諸緣。有無間修之德故。唯就易行。歸此本願家歟。稱名有淺深顯密之義耶。答。止觀學者。尤可依念佛三昧。摩訶止觀四種三昧。偏勤彌陀稱名故。眞言行人。於佛身名號國土等。皆以四重秘釋之意觀念修行。

¹³⁸³ SAZ 2: 226-227; The following section is a significantly revised and expanded version of my discussion of this passage in: Aaron P. Proffitt, “Nenbutsu Mandala Visualization in Dōhan's *Himitsu nenbutsu shō*: An Investigation into Medieval Japanese Vajrayāna Pure Land,” *Pacific World: Journal of the Institute of Buddhist Studies* (Third Series) 15 (2013): 153-170. This section of the *Compendium* is also examined in: James Sanford, “Breath of Life: The Esoteric Nembutsu,” in *Tantric Buddhism in East Asia*, ed. Richard Payne, 161–90 (Boston: Wisdom Publications, 2006); Satō Mona 佐藤もな, “Chūsei Shingonshū ni okeru jōdo shisō kaishaku: Dōhan Himitsu nenbutsu shō o megutte” 中世眞言宗における浄土思想解釈--道範『秘密念仏抄』をめぐって,” *Indo tetsugaku bukkyōgaku kenkyū* インド哲学仏教学研究 9 (2002b): 80-92; Endo Isami 遠藤伊左見, “Kamakuraki ni okeru Himitsu nenbutsu shisō wo kōsatsu—Jōhen, Dōhan wo chūshin to shite 鎌倉期における秘密念仏思想の考察—静遍・道範を中心として,” *Taishō daigaku daigaku-in kenkyū ronshū* 大正大学大学院研究論集 38 (2014): 206-234.

Regarding the Name [of Amitābha]:

Question: It is widely known that these days among practitioners of mantra and [*śamatha-vipaśyanā*], there are many who rely upon the practice of chanting the name of Amitābha hoping to be reborn in Sukhāvātī. As for the [widely practiced] *nenbutsu samādhi*, it is a practice that does not depend upon the various conditions of time or place [into which sentient beings are born, and may thus be cultivated by all]. But why have so many taken refuge in the primal vow? Is it perhaps because [the *nenbutsu*] is an easy practice that possesses the virtues of uninterrupted cultivation? Or is it perhaps that the chanting of the name has superficial and profound, apparent and hidden meanings?

Answer: Practitioners of [*śamatha-vipaśyanā*] rely in particular upon the *nenbutsu samādhi* of the four-fold *samādhi* of the *Mohezhiquan* 摩訶止觀 (T. 1911), and their main practice is the chanting of the name of Amitābha.¹³⁸⁴ The practitioner of mantra employs the purport of the four-fold secret explication¹³⁸⁵ in their contemplative cultivation of the buddha bodies, names, and lands, etc.

其四重者。一此彌陀佛者。昔在因依。初為無諍念王。於寶藏佛所。發無上道心。次為法藏比丘。於世自在王佛所。發四十八願。果願成佛。名彌陀佛。此悲花雙觀等所說。是為淺略。

The Four-fold [Secret Explication of the Buddha Amitābha]:

One, long ago, before the Buddha Amitābha attained awakening, he first set out on the [Buddhist] path as King Araṇemin, giving rise to the mind that seeks enlightenment before the Buddha Ratnagarbha. Then, as the *bhikṣu* Dharmākara he made the forty-eight vows before the Buddha Lokeśvararāja. Having become a Buddha as a result of these vows, he is thus called Amitābha. These and other things are explained in the *Karuṇā-puṇḍarīka-sūtra* 悲華經 (T. 157)¹³⁸⁶ and the *Contemplation Sūtra* 觀無量壽經 (T. 365),¹³⁸⁷ among others. This may be regarded as the shallow-abbreviated [meaning].

二此彌陀佛者。大日法身普門萬德中。金剛五智。妙觀察智。胎藏八葉。證菩提門也。此兩部大經所說。是為深祕。凡顯教。十方諸佛。各別因人修行證果也。真言十方如來。四重曼荼。皆是一行者。顯得萬德也。

Two, the Buddha Amitābha, is among the manifold virtues of the universal gate of the Dharmakāya Mahāvairocana. In the Vajra [Realm Mandala], he is recognized among the five-wisdoms as the wisdom of sublime discrimination,¹³⁸⁸ and within the eight petals of the Womb

¹³⁸⁴ T. 1911, 46.1a-140c, esp. 4a11-12, 12b24-25.

¹³⁸⁵ *Shishu hishaku* 四重秘釋, is an exegetical technique that appears to be Dōhan's hallmark strategy, wherein a teaching is examined according to the shallow-abbreviated level 淺略, the deep secret level 深秘, the secret within the deep secret level 秘中深秘, and the deepest secret within the deep secret level 秘々中深秘. The first level is the literal or common understanding. The second is the inner meaning beyond what is immediately apparent. The third level is penetrates to the fundamental nature of dharmas. The fourth level, the reality of things as they truly are, reveals the profundity of the first level. See: MD (*Mikkyō Daijiten* 密教大辭典), 931.

¹³⁸⁶ T. 157, C. *Peihua jing*, J. *Hikekyō*; T. 157, 3.185a24-186a24, and so on.

¹³⁸⁷ T. 365, C. *Guanwuliangshou jing*, J. *Kanmuryōju kyō*.

¹³⁸⁸ Five wisdoms 五智 (S. *pañca-jñānāni*, J. *gochi*), five buddhas, etc.: (1) *Dharmadhātu-svabhāva-jñāna* 法界體性智 (J. *hōkaitaishōchi*) is the wisdom that comprehends reality and all things in their essential nature as they truly are, and corresponds to Mahāvairocana 大日如來 in the Center, and the 9th consciousness, *amala-vijñāna* 菴摩羅識, or pure consciousness. (2) *Ādarśa-jñāna* 大圓鏡智 (J. *daienkyōchi*) is wisdom that comprehends all things simultaneously like a great round mirror, and corresponds to Akṣobhya 阿闍如來 in the East, the 8th consciousness *ālaya-vijñāna* 阿賴耶識, or store consciousness where experiences give rise to a unified consciousness. (3) *Samatā-jñāna* 平等性智 (J. *byōdōshōchi*) is the wisdom that perceived the inherent non-duality between all things, and

[Realm Mandala],¹³⁸⁹ he is understood to be the gate of realizing awakening, as is explained in the two great sūtras [*Mahāvairocana-sūtra* 大日經 (T. 848)¹³⁹⁰ and *Vajraśekhara-sūtra* 金剛頂經 (T. 874)¹³⁹¹], this may be taken to be deep secret [meaning]. In general, within the revealed teachings, the Buddhas of the Ten Directions are produced of the bodhisattva's practice and awakening. In the mantra path, the Tathāgata of the Ten Directions and the four-fold mandala¹³⁹² are the infinite virtues of the practitioner that are revealed and attained.

三 此彌陀佛者。是大日法身。三世常住惠命。是云無量壽。故彌陀即大日。一門即普門也。是為祕中深祕。

Three, the Buddha Amitābha, is the living wisdom¹³⁹³ of Mahāvairocana Dharmakāya, ever abiding in the three worlds [of past, present, and future]. This is called Limitless Life. Therefore, Amitābha is none other than Mahāvairocana. One gate is all gates. This may be taken to be the secret within the deep secret.

四 此彌陀佛者。即一切衆生色心實相。性淨圓明 平等智身也。所謂衆生八辯心蓮即彌陀三點曼荼。雖淪無明淤泥。非染非隱。雖開始覺佛光。非生非顯。三際不變。萬德凝然。是為祕中深祕。名號國土等四重可淪思之。自下注釋 依此四重。隨應可見。此深

corresponds to Ratnasambhava 寶生如來, the 7th consciousness, *manas-vijñāna* 末那識, or the consciousness that gives rise to the erroneous sense of self. (4) *Pratyavekṣaṇā-jñāna* 妙觀察智 (J. *myōkanzatchi*) is the wisdom of subtle discrimination, and corresponds to Amitābha 阿彌陀佛如來 in the West, the 6th consciousness of mind *mano-vijñāna* 意識, which unifies the five consciousness of eye, ear, nose, tongue, and body. (5) *Kṛtya-anuṣṭhāna-jñāna* 成所作智 is the wisdom to accomplish all things for the benefit of self and others, and corresponds to Amoghasiddhi 不空成就如來 in the north, the first five consciousnesses 五識 of eye 眼, ear 耳, nose 鼻, tongue 舌, and body 身. See also: Dreitlein and Takagi, *Philosophy of Language*, 361-362; NKBD, 493b-c and MD, 620c-621a,

¹³⁸⁹ *Vajradhātu-maṇḍala* 金剛界曼荼羅 (J. Kongōkai mandara), or Vajra Realm Mandala, is one of two main mandala in the Japanese Shingon tradition, the other one being the *Mahākaruṇā-garbhodbhava maṇḍala* (sometimes rendered as Garbha-dhātu Mandala) 胎藏界曼荼羅 (J. Taizōkai mandara) (regarding this reading, see). These two mandalas are understood to represent two non-dual aspects of reality, the fundamental Buddhahood of reality (Taizōkai) and the wisdom through which this is reality is grasped (Kongōkai). See: Dreitlein and Takagi, *Kūkai on the Philosophy of Language*, 374, 401-402, 356: Dharmakāya of Truth and Dharmakāya of Wisdom.

¹³⁹⁰ T. 848, C. *Darijing*, J. *Dainichikyō*, full title: *Mahāvairocanābhisaṃbodhi-sūtra* 大毘盧遮那成佛神變加持經 (C. *Dapiluzhena chengfo shenbian jiachi jing*, J. *Daibirushana jōbutsu jinben kaji kyō*).

¹³⁹¹ *Vajraśekhara-sūtra* is a commonly used abbreviation for the longer Sanskrit title: *Sarva-tathāgata-tattva-saṃgrahaṃ nāma mahāyāna-sūtram*. This text was translated by Vajrabodhi 金剛智 (671-741) as *Jingangding yuqie zhong lüechu niansong jing* 金剛頂瑜伽中略出念誦經 (T. 866), by Vajrabodhi's student Amoghavajra 不空金剛 (705-774) as *Jingangding yiqie rulai zhenshi shedasheng xianzheng dajiaowang jing* 金剛頂一切如來真實攝大乘現證大教王經 (T. 874), and by Dānapāla 施護 (ca. early 11th cent.) as *Yiqie rulai zhenshi shedasheng xianzheng sanmei jiaowangjing* 一切如來真實攝大乘現證三昧教王經 (T. 882).

¹³⁹² Four-fold Mandala 四種曼荼羅 (J. *shishu mandara*) could be conceived as reality seen from four different perspectives: (1) *Mahā-maṇḍala* 大曼荼羅 (J. *daimandara*) is constituted by all embodied beings composed by the five elements including all Buddhas, Bodhisattvas, gods, humans, etc., and the totality of all of the mandalas below. (2) *Samaya-maṇḍala* 三昧耶曼荼羅 (J. *sanmaya mandara*) is composed of the mudras and handheld implements of the Buddhas and Bodhisattvas, and other beings in the mandala, signifying their great vows. (3) *Dharma-maṇḍala* 法曼荼羅 (J. *hō mandara*) signifies the the inner realization of all buddhas and Bodhisattvas and is represented by the Sanskrit seed-syllables, *bīja* 種子 (J. *shuji*), encompassing all of the teachings of the buddhas up to and including all written and spoken speech. (4) *Karma-maṇḍala* 羯磨曼荼羅 (J. *katsuma mandara*) signifies the activities of buddhas and Bodhisattvas in the world working toward the benefit of all beings, but also includes the activities of all beings as well. (MD, 943b, 1024b-1026a; NKBD, 664b; Dreitlein and Takagi, *Philosophy of Language*, 363-4).

¹³⁹³ Emyō 慧命, signifies that Buddha nature and life itself are connected (NBD, 134a-b).

祕名號。卽祕密眞言。故同雖云稱名。全不¹³⁹⁴同常途淺略也。

Four, the Buddha Amitābha is realized to be the true nature of the body-mind of all sentient beings, the essentially pure, perfectly bright, embodiment of the wisdom that sees all things as equal. That which is referred to as the eight-petaled heart lotus of sentient beings,¹³⁹⁵ is the three-point Mandala of Amitābha.¹³⁹⁶ Though submerged in the much of ignorance, [this enlightened mind] is neither defiled nor hidden. Though revealed by the Buddha's light of initial awakening, it is neither arisen nor made manifest. In the past, present, and future, it is unchanging. The manifold virtues are thusly steadfast. This may be taken as the deepest secret within the deep secret.

When contemplating the name of Amitābha, his land, etc., one should immerse one's thoughts deeply in the four levels. In the examination that follows, one should rely upon these four levels. In accordance with one's capacities, one may see that this deep and profound name is in fact a secret mantra. Though it too is called "the chanted name" it is wholly different than the shallow understanding of the ordinary path.

First, Dōhan rhetorically inquires as to why it is that monks of Shingon and Tendai traditions (encompassing essentially the entire Japanese Buddhist world: Hieizan, Nara, and Kyōto based lineages and institutions) universally rely upon the *nenbutsu* as the path to salvation. Answering his own rhetorical question he suggests that the *nenbutsu* is a practice that contains limitless merits, and transcend the particular capacities of beings. Next, Dōhan establishes the four levels of the Buddha (and by extension, the Pure Land and *nenbutsu* as well). The first level might be understood as the literal, or perhaps even "literary," level. On this level, the sūtras may be taken at face value: there once was a king who renounced his kingdom and embarked upon the path of the Bodhisattva, accomplishing vows that established the most awesome of purified lands. That Dōhan regards this level of interpretation as seemingly insufficient does not distinguish him from other Pure Land thinkers. Virtually all Mahāyāna thinkers distinguish some

¹³⁹⁴ SAZ 2:227.

¹³⁹⁵ The chambers of the heart were traditionally believed to resemble the eight petals of the lotus. The spiritual heart and the physical heart are one and the same (MD 1818).

¹³⁹⁶ The *santen* may refer to the "three points of the Sanskrit letter 'I,'" which is written with three small circles in the form of a triangle. Because neither a horizontal nor vertical line may encompass them all, it signifies the multiplicity of reality, neither one, nor not one. In the *Mahāparinirvāṇa sūtra* 大般涅槃經 (T. 374) it signifies the non-duality of *dharmakāya*, *prajñā*, *mokṣa*. In *mikkyō* circles, Dōhan's *Dainichi kyōso henmyō shō* 大日經疏遍明抄 (*Zoku Shingonshū zensho* 続真言宗全書 (ZSZ 5)) and *Yugikyō kuketsu* 瑜祇經口決 (*Shingonshū zensho* 真言宗全書 (SZ)) established a standard understanding of the non-dual relationship between principle 理, wisdom 智, and phenomena 事 (NKBD 598a, MD, 817a, 58).

teachings as provisional and others as essential. The second level might be regarded as the literal, or shallow, “Esoteric” interpretation. On this level, the practitioner of mantra realizes, perhaps on an intellectual level, that Amitābha is fundamentally one with Mahāvairocana, and an embodiment of all aspects of the dual-mandalic depiction of the universe (for Dōhan, perhaps, virtually synonymous with the Mitsugon Jōdo). This perspective by itself is also insufficient. Third, the practitioner realizes that Amitābha is the Dharmakāya, in other words, a basic facet of reality, the very life force of the universe itself. However, even this realization is not the whole picture.

At the fourth level, the practitioner realizes that Amitābha is to be found in/as the very body-mind of beings, as the capacity that enlivens and enlightens, rendering both the capacity for, and ultimate realization of, awakening as a fundamental feature of the human condition. As a result, though the *mantra-nenbutsu* is referred to as *shōmyō* 稱名, like the “ordinary” *nenbutsu*, it is not the same. However, because that which is called “Amitābha” is the body, mind, and *bodaishin* of all beings, even the purportedly shallow interpretation must contain within it the highest potential. Dōhan’s *nenbutsu* employs *ken* and *mitsu* to transcend that very distinction. Moreover, as is evident from the fourth level, which draws upon notions of sudden awakening, and Tendai notions of initial and original awakening, we may begin to perceive the catholicity with which Dōhan approaches the construction of his particular *nenbutsu* polemic.

According to Dōhan, that which is perceived to be the smallest, or the shallowest, may in fact encompass the greatest, or the deepest realization. Quoting a passage from Yixing’s 一行 (684-727)¹³⁹⁷ commentary on the *Mahāvairocana-sūtra*, the *Dapiluzhena chengfo jingshu* 大毘

¹³⁹⁷ J. Ichigyō.

盧遮那成佛經疏 (T. 1796),¹³⁹⁸ who draws upon the *Vajraśekhara-sūtra* 金剛頂經 as his proof

text:

唱一佛名號。卽唱十方諸佛名號。故大日經。說觀世蓮華眼。卽同一切佛。隨取一名號。作本性加持。

...when one chants the name of one Buddha, [one is in fact] chanting the names of all the Buddhas of the ten directions. Therefore, the *Mahāvairocana-sūtra* states, “The lotus eyes of Avalokiteśvara are equal to all Buddhas.”¹³⁹⁹ And accordingly, the one name is taken up, and identified as the *kaji* of fundamental nature [which reveals the fundamental non-duality between Buddhas and beings and that the mind of the Buddha is none other than the mind of sentient beings].

In other words, the part is equal to the whole. From the perspective of the foolish, *saṃsāra* bound being, simplistic hierarchies and discriminations are perceived to be fundamentally real. From this perspective, Avalokiteśvara is below the Buddha, and ordinary beings are below the Bodhisattva of Compassion; the shallow *nenbutsu* is less profound than the purportedly deep *nenbutsu*. However, from the Buddha’s perspective, there is no distinction, there is no hierarchy. Perhaps drawing upon interpretive strategies connected to the *Avataṃsaka-sūtra*, the truth of non-duality and thusness may be said to be realizable from all points in the proverbial net.

Of course, Dōhan’s purpose is to promote the *shingon gyōnin* 眞言行人, a contested concept to which Nara and Hiei based lineages laid claim. This is likely the polemical-political intent of this text, to employ the popularity of Pure Land to promote a versatile vision of the Shingon practitioner. Indeed, the pursuit of the Shingon path was an important vocation for all elite institutions, and was essential to the acquisition of patronage and prestige. According to Dōhan:

¹³⁹⁸ J. *Daibirushana jōbutsu kyōsho*.

¹³⁹⁹ T. 848, 18.53c14.

眞言行人。即淺解深祕。即易知頓證。故¹⁴⁰⁰順道俗同歸之佛號。付彌陀稱名本願者也。

For the mantra practitioner, it is precisely the shallow [understanding] that penetrates [and is not separate from] the most profound secret, and it is precisely the easy [practice] that immediately attains [and is not separate from] awakening. Therefore, the Buddha name in which monks and lay alike have taken refuge is the none other than the primal vow of chanting Amitābha's name.

According to Dōhan's logic, all beings possess the potential to attain awakening through the mantra path. In some sense, if the speech of the Dharmakāya composes all of existence, up to and including the speech of all beings, perhaps all beings are already mantra practitioners, unaware of the activity of the Buddha as part of their own reality. From one perspective, when that reality is realized, that potential is actualized, however, from another perspective, maybe even the shallow interpretation *as it is*, untransformed, is a manifestation of Buddhahood. In this way, through a form of practice as “easy” as the *nenbutsu*, beings are able to traverse the seemingly endless path of the Buddha in a single instant.

“Kanjin” Interpretation¹⁴⁰¹

Dōhan draws first upon Jippan's *ajigi* 阿字義 based deathbed ritual, which uses the standard *Amida santai setsu* to employ the three syllables of the name *A-mi-ta* to explicate the interdependence of emptiness, provisional truth, and the synthesis of both, or “middle.” Therein, the relationship between ultimate and provisional truth is understood to be realized from the position of a hypothetical middle. In Japan, this idea was employed by Jippan, Dōhan, and others, all of whom drew upon Tendai thought in their interpretation of the *nenbutsu*. The *Amida santai setsu* first places ‘A’ as revealing the “ultimate truth” of emptiness, ‘MI’ the “provisional truth,” and the ‘TA’ the “middle” or the synthesis. Next, the three syllables are said to reveal the three

¹⁴⁰⁰ SAZ 2:228.

¹⁴⁰¹ This section summarizes SAZ, 227-231.

bodies of the Buddha 三身 (Skt. *trikāya*; Jp. *sanjin*): *dharmakāya* 法身 (Jp. *hōsshin*), *sambhoga-kāya* 報身 (Jp. *hōshin*), and *nirmāṇa-kāya* (Jp. *ōshin* 応身; or *keshin* 化身). This form of presenting the *santaisetsu* emerged within the early development of Japanese *kanjin* 観心 (Ch. *guanxin*) style of exegesis which grew out of the secret oral transmission 口伝 (Jp. *kūden*) culture of medieval Japan.¹⁴⁰²

In one sense, these three letters are employed to practically encompass the whole of Buddhist truth. By the early medieval period, original enlightenment thought, which seems to have been developed chiefly among Hieizan lineages, came to dominate the way Buddhists conceived of the relationship between Buddhas and beings, between practice and awakening, between this world and the Pure Land. Just as *mikkyō* ritual had permeated early Heian Buddhist culture, as discussed in Chapters III and V, so too did *kuden* permeate the early medieval culture of the transmission of knowledge. The strategy Dōhan employs in his use of the *santaisetsu* certainly draws upon what we might regard as Tendai thought, but rather than view this as a simplistic “syncretism” of Shingon and Tendai, we must recognize instead that Shingon and Tendai were major areas of study throughout the medieval *kengaku* culture. This is not to deny the competitive nature of the appropriation of one’s opponent’s concepts, which is likely what we are actually seeing here; I simply hope to impart that the Buddhist environment was much more complex than is typically understood.

Dōhan employs the *Amida-santai-setsu* as a way to organize a variety of Buddhist philosophical concepts (grouped in threes), but also uses this series of comparisons and

¹⁴⁰² For a discussion of *kanjin* style commentary, and its significance in the Tendai School and broader medieval Buddhist environment see: Stone, *Original Enlightenment*, 156-189.

conflations to subvert the reader's assumptions regarding the hierarchy of ideas.¹⁴⁰³ Of importance here is not simply the notion that the three syllables are so powerful that they encompass all, but rather, Dōhan rearranges the standard presentation to create a kind of productive tension, in which priority shifts from the letter A, associated with the popular *Ajikan*, to the letter TA, which is associated with the *nirmāṇa-kāya*. In this way, as noted above, the Buddha which one can actually encounter, the physical Buddha, is given priority over the abstract Dharmakāya. This inversion strategy appears throughout the text.

Shifting emphasis again, this time to the center, Dōhan recognizes Amitābha to be in the middle position between Mahāvairocana and Śākyamuni, the Pure Land Sukhāvātī between the all-encompassing *Mitsugon* and the all too familiar Sahā realm. These three are then likened to the three mysteries of body, speech, and mind. With Amitābha in the central position, he is assimilated to the mystery of speech. From here, Dōhan investigates the nature of speech further, identifying the letters A-MI-TA as corresponding to the physical throat, lips, and tongues of sentient beings. This strategy is one way for Dōhan to impart to the reader that the Buddha Amitābha is *literally* physically present within beings, and not simply an object of devotion far away. The body and mind (life/breath) arise together to create the *nenbutsu* (speech), which is the Buddha in the world. Amitābha, the act of speech, the organs of speech, and the life/breath all work together as one.¹⁴⁰⁴

¹⁴⁰³ For an examination of the *Amida santai setsu* see, Sueki Fumihiko 末木文美士, "Amida santai-setsu o megutte 阿弥陀三諦説をめぐって," *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 28.1 (Dec. 1979): 216-22; Jacqueline I. Stone, *Original Enlightenment and the Transformation of Medieval Japanese Buddhism* (Honolulu: University of Hawaii Press,), 162; For a brief examination of Dōhan's views on the *nenbutsu*, see: Sanford, "Breath of Life," 177-179. In addition, Stone suggest that rather consider this form of reading an "exegesis," a "reading out," we should consider this technique a "reading in," or "*eisegesis*," Stone, *Original Enlightenment*, 158.

¹⁴⁰⁴ For more on the context for the concept of Amida as breath, and how this idea develops in later Japanese Buddhism, see: Stone, *Original Enlightenment*, 133-134, 162-167; Sanford, "Breath of Life," 178, 181, 183, 188-189.

Table 1: Three Letter Nenbutsu: A-MI-TA¹⁴⁰⁵

Three Letters	A	MI	TA
Three Truths	Emptiness 空	Middle 中	Provisional 假
Three Bodies	Dharmakāya 法身	Sambhogakāya 報身	Nirmānakāya 心身
Three Buddhas	Mahāvairocana 大日	Amitābha 彌陀	Śākyamuni 釋迦
Three Mysteries	Body 身	Speech 口	Mind 心
Three Organs	Throat 喉	Lips 唇	Tongue 舌

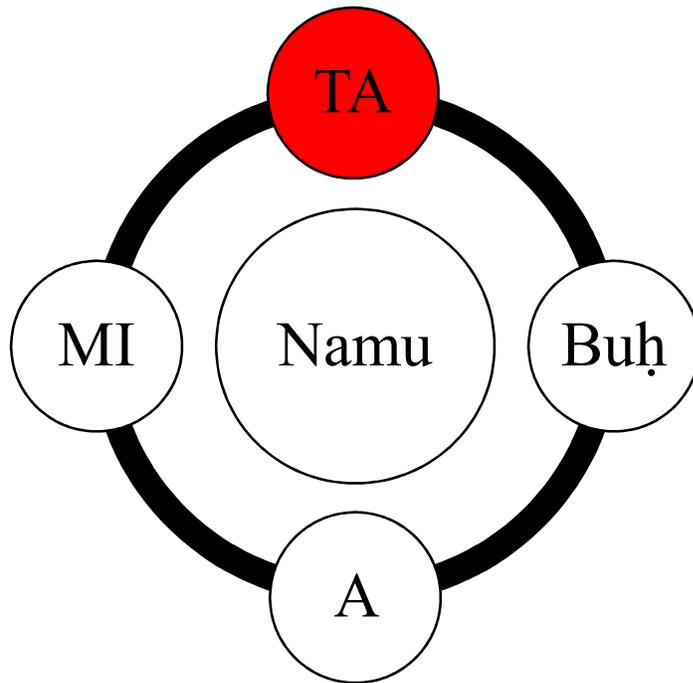
Next, Dōhan considers a five letter/character version of the *nenbutsu*, here written in the Siddham letters: *Namu-A-mi-ta-buḥ* (a Sansritized version of a common Japanese way of pronouncing the *nenbutsu*).¹⁴⁰⁶ Each syllable is presented starting with *namu* in the center. Dōhan explains that “*namu*” may be understood to be the same as the *om*, used in numerous mantras, as well as the *evaṃ mayā śrutam* 如是我聞 (C. *rushi wōwen*, J. *nyoze gamon*) which is may be found at the beginning of many sūtras. All of these, Dōhan claims, may be understood as the act of taking refuge 歸依 (C. *guiyi*, J. *kie*) in the Buddha. *A*, in the southern position, is understood as *bodhi* 菩提 (C. *puti*, J. *bodai*), or perfect awakening.¹⁴⁰⁷ *MI* is the nature of self, and ultimately the dissolution of self and the arising of *byōdō* 平等 (C. *pingdeng*), which we might translate as “equanimity,” and it signifies the realization that all things are one, non-differentiated. *TA* is thusness 如如 (C. *ruru*, J. *nyonyo*), the realization of things as they truly are. *Buḥ* is the true understanding of the nature of karma 業 (C. *ye*, J. *gō*).

¹⁴⁰⁵ Satō Mona has a similar, more exhaustive table in her article mentioned above. I have here included only the points mentioned in this chapter. See Part III of this dissertation for this passage in its entirety.

¹⁴⁰⁶ The section that follows is a summary of SAZ 2: 231-234. According to Stone, arrangements of fives often draw upon Chinese intellectual precedent, *Original Enlightenment*, 160-161, and Dōhan certainly provides a discussion of the five elements, but that is in fact one of the more complicated components of this section, and would require more space than is allotted here. For Dōhan’s full presentation, including five phases, etc. see Part III of this dissertation.

¹⁴⁰⁷ Dōhan in fact wrote meditation manuals for the contemplation of the letter *A* (Jp. *ajikan* 阿字觀). See: Richard K. Payne, “*Ajikan*: Ritual and Meditation in the Shingon Tradition,” in *Revisioning “Kamakura” Buddhism*, ed. Richard K. Payne (Honolulu: University of Hawaii Press, 1998), 221-222 and 231-233.

Image 1: Mandalic Nenbutsu



This “mandalic” depiction of the *nenbutsu* is then assimilated to the five Buddhas of the mandala as well as the five forms of wisdom associated with each Buddha (see Table 3 below). Drawing upon two different Shingon theories of the five (or six) elements, South and East Asian theories of the body, and Yogācāra theories of the faculties of consciousness, Dōhan employs the Siddham syllables of the *nenbutsu* to encompass the whole of Buddhist reality: the Indian five elements 五大 (C. *wuda*, J. *godai*), and Chinese five phases 五行 (C. *wuxing*, J. *gogyō*), the five viscera 五臟 (C. *wuzang*, J. *gozō*), the five sense faculties 五根 (C. *wugen*, J. *gokon*), five objects of the senses 五塵 (C. *wuchen*, J. *gojin*), the five afflictions 五煩惱 (C. *wufannao*, J. *gobonnō*), and the five realms of saṃsāra 五道 (C. *wudao*, J. *godō*).

Table 2: Five Letter Nenbutsu: NAMU-A-MI-TA-BUḤ¹⁴⁰⁸

Nenbutsu	NAMU 南無	A 阿	MI 彌	TA 陀	BUTSU 佛
Five Directions	Center 中	East 東	South 南	West 西	North 北
Five Buddhas	Mahāvairocana 大日	Akṣobhya 阿閼	Ratna- sambhava 寶生	Amitābha 彌陀	Amoghasiddhi 不空
Five Wisdoms	法界體性智 <i>dharmadhātu- prakṛti-jñāna</i>	大圓鏡智 <i>ādarśa- jñāna</i>	平等性智 <i>samatā- jñāna</i>	妙觀察智 <i>pratyavekṣaṇā- jñāna</i>	成所作智 <i>krtyānuṣṭhāna- jñāna</i>
Chinese* and Corresponding Indian Elements	Earth 地* /土 (空)	Wood 木* (空) (風)	Fire 火*	Metal 金* (風) (水)	Water 水* (地)
Five Viscera	Liver 脾	Spleen 肝	Heart 心	Lungs 肺	Kidneys 腎
Five Faculties	Body 身	Eye 眼	Tongue 舌	Nose 鼻	Ear 耳
Five Sense Objects	Touch 觸	Form 色	Taste 味	Scent 香	Voice 声
Afflictions	Hatred 瞋	Craving 貪	Delusion 痴	Doubt 疑	Pride 慢
Realms	Hell 地獄	Preta 餓鬼	Animal 畜生	Human 人	Deva 天

Again, of prime importance here, is not simply that Dōhan uses the *nenbutsu* to encompass the whole Buddhist cosmological worldview, but rather, something more interesting and subtle is being accomplished. In this section, Dōhan locates the potential for Buddhahood within even the five defilements. Stating, for example, that the defilement of doubting the truth (the dharma) is at its core the very faculty that allows beings to differentiate between falsehood and the truth. Here again, the lowest is revealed to express the highest. Now, upon my first reading of this text, the

¹⁴⁰⁸ Satō Mona has a similar, more exhaustive table in her article mentioned above. I have here included only the points mentioned in this chapter. See Part III of this dissertation for the whole passage.

simplicity, and repetitiveness of this exegetical strategy seemed needlessly tedious. However, when read in the context of the broader work, the intended meaning became clear.

An “Esoteric” Logic

Following this section, Dōhan quotes Kūkai’s *Shōji jissō gi* 聲字實相義 (T. 2429), a text that draws upon South Asian linguistic theory to present a view of language as exemplary of the relationship between the highest reality, and the most basic. Here, Dōhan uses Kūkai and Shandao together to consider the relationship between thusness and the simple act of chanting the *nenbutsu*:

又就聲字實相釋之。稱三字六字之聲名為聲 此三字六字。彌陀如來。三身五智果名。是云字。名即字故。此聲字所呼佛體為實相。大師於聲字實相。作依主有財等五種釋。五種中持業為深祕。持業者聲即字。聲字即實相也。是故稱六字之聲字。即如來實相體也。以之思之。善導念佛之氣中。感見化佛。是即聲即實相之真容。勿作西方來之想。(矣)

Also, according to the explication in [*Shōji jissō gi* 聲字實相義 (T. 2429)], the voice that intones the three characters or six characters, this is called *Voice*. The three or six characters, Amitābha Tathāgata, the three bodies, the name [received by the bodhisattva upon the attainment of awakening], the five wisdoms, this is called *Letter*. This is because the name is letter. This *Voice-Letter* is the embodiment of the buddhas and may be taken as the *Truth Aspect*. [Kōbō] Daishi, in the *Shōji jissō [gi]* establishes the five levels of analysis for the *tat-puruṣa* and the *karma-dhāraya* [of the terms] [six types of linguistic compound analysis of Sanskrit] etc., and the five other levels of analysis.¹⁴⁰⁹ Within this analysis, the *karma-dhāraya* may be taken to be the deep and profound [meaning]. The *karma-dhāraya* is the [idea that] *Voice* is *Letter*. This *Voice-Letter* is *Truth Aspect*. This is because intoning the voice-letter of the six character is the embodiment of the Tathāgata’s *Truth Aspect*. Using this idea, [one can see that] the transformation Buddha that Shandao encountered within the breath (*qi*) of his *nenbutsu* is the true body/face [of the Buddha], the *Voice* that is *Truth Aspect*. For this reason, however, there is no sense in merely constructing a vision coming from the western direction.

Voice and Letter are non-dual. Voice-Letter and Truth Aspect are non-dual. Therefore, Voice and Truth Aspect are non-dual. In this way, the vocal act of *nenbutsu* should *itself* be considered not simply as a representation of the Buddha, but the Buddha himself. By extension, Dōhan

¹⁴⁰⁹ Dōhan appears to be providing his summary of the introduction to the 聲字實相義, T. 2429, 77.401c06-402a12. The *tat-puruṣa* 依主釋 (C. *yizhushi*, J. *eshushaku*) is a “dependent compound” wherein one noun modifies another noun “mountain temple,” and a *karma-dhāraya* 持業釋 (C. *chiyeshi*, J. *jigōshaku*) is a compound wherein an adjective modifies a noun “high mountain.” See: DDB entry for *rokugasshaku* 六合釋, which lists all six compound forms; NKBD 1762.

suggests, in a seemingly off the cuff comment, that the manifestation/vision of the Buddha that Shandao may have encountered in the very breath of his uttered *nenbutsu* should *itself* be recognized as the Buddha fully, not merely as a representation or accommodated emanation. Buddha is present in the *qi* 氣 of the voice that chants the *nenbutsu*. It is not mistake that *qi* can mean power, essence, breath, and life itself.

Some scholars have come to regard Dōhan as virtually identical in orientation to his teacher Kakkai/Kakukai 覺海 (1142–1223), a critic of the literalist (*ken*) Pure Land view. I would argue that Dōhan’s presentation is more subtle, and rather than simply critiquing Shandao (who may be a stand in for Hōnen) or Zhiyi, or others not commonly thought of as Shingon patriarchs, Dōhan is *using* their thought in conjunction with the works of Kūkai—appropriating concepts and stories associated with these figures, and deploying them in service of a comprehensive “Esoteric” (here implying *kenmitsu*) approach to Pure Land.

Rather than view Dōhan as an opponent of the Shandao interpretive line, we might think of them as two of many partners in a broader East Asian dialogue over the purported chasm between this realm and the Pure Land. It has often been noted that contemporary Buddhist Studies scholarship is rather dismissive of Pure Land dimensions of the “Mahā/Vajrayāna” Buddhist experience. Thinkers like Shandao, Hōnen, etc., are often dismissed as simply preaching to the lowest of the low, and offering little in the way of philosophical insight or challenging argumentation. Dōhan, on the other hand, draws upon Shandao throughout the text, not simply as a straw man, but as a partner in dialogue. The fact that Dōhan found Shandao so useful should encourage scholars, who on the whole tend to be more interested in “Esoteric” thinkers like Dōhan, to follow Dōhan’s example and engage more fully with the more subtle points of Shandao and other Pure Land thinker’s thought.

According to Dōhan’s “Kūkai-studies” reading of Shandao’s *nenbutsu*, through cultivation of the *nenbutsu*, one may experience a mystical encounter with the Buddha. Correctly understood, however, even this mirage itself, the vocal act itself, the *qi* of this vocal act itself, is the Buddha wholly. This *nirmāṇakāya* is not a *re*-presentation of the Buddha, it *is* the Buddha. For this reason, there is no need to seek the Buddha far away, for that Buddha is already here. This seemingly immanentist vision of the Buddha as the “*qi*/breath” of the *nenbutsu* might lead modernist readers of this text to suppose that Dōhan is in some sense dismissing classical cosmology. However, this is not quite right. That the Buddha is present within the “*qi*” of the *nenbutsu* does not mean that he does not also reside in Sukhāvātī, countless worlds to the West. As Stone has noted, monks who designed these kinds of *kanjin* systems seem, on the one hand, to have collapsed the distinction between this world and the Pure Land, and on the other hand, they seem to have regarded Pure Land rebirth as a “real” event.¹⁴¹⁰ The point here is that there is no sense in pursuing the Buddha “there” when he is understood to be “here” as well.

Breath and Speech

Central to Dōhan’s vision of Amitābha is the concept of a “vital breath” 命息 (J. *myōsoku*), or “breath of life.” According to Kameyama Takahiko 亀山隆彦,¹⁴¹¹ this idea was likely developed by Dōhan in conversation with Daigoji monks, with whom he studied with for some time, either in Kyoto or on Kōyasan (as it is known that Daigoji monks were frequent visitors to Kōyasan). According to this theory, Amitābha as the *dharmakāya* is the eternally

¹⁴¹⁰ Stone notes that for some “immanentist” Pure Land thinkers, that the Pure Land is right here and now does not preclude aspiration for Pure Land rebirth, “as a real event,” Stone, *Original Enlightenment*, 192.

¹⁴¹¹ Kameyama Takahiko 亀山隆彦, “Chūsei Shingonshū ni okeru myōsoku shisō no tenkai—Shūkotsushō wo chūshin ni 中世真言宗における命息思想の展開--『宗骨抄』を中心に,” *Indogaku Bukkyōgaku kenkyū* 印度学仏教学研究 59 (2011): 651-654.

abiding life force of all beings, and may be understood as the very breath of life, the basis for the act of speech and life, and of course, the *nenbutsu* itself.

顯家於彌陀有補所故。約有量無量立名。是淺略也。又有甚深義趣。以一切衆生壽命。名無量壽。謂彌陀蓮華語密體故。六道四生語聲。迷悟十界言音。皆是彌陀法界體也。此言音六大中風大。是則一切衆生出入息也。此息風爲衆生命根。

Exoteric scholars regard Amitābha as having a [limited lifespan at the end of which he will be succeeded by his attendant Bodhisattvas], and therefore, as a result they establish names that have limit, or do not have limit. This is the shallow, abbreviated, view. There is also the deep and profound meaning, whereby Amitābha is taken to be none other than the life force of sentient beings, he is also called Limitless Life (Amitāyus). Amitābha is referred to as the essence of the Lotus of the mysteries of speech. Therefore, the languages and speech of beings born into the six realms that are born [through eggs, wombs, condensation, and transformation¹⁴¹²] the sounds of the words of the enlightened and deluded beings of the ten realms, they are without exception the essence of the Dharma-dhatu of Amitābha. The sound and speech of [these beings], among the six elements, [may be taken to be] the element of wind, which is the out and in breath of all sentient beings. This breath-wind may be taken as the fundamental life-force of sentient beings.

大日經說命者所謂風。相應經宣根本命金剛。是皆以息風爲命根也。是故彌陀卽衆生壽命。以衆生界無量故。名無量壽。是則同體大悲之極理。音聲解說之實智也。留心深可思之。

The *Mahāvairocana-sūtra* explains, “life is that which is called wind (S. *prāṇa*).”¹⁴¹³ The [*Jin’gang fengluoge yiqie yujia yuqijing* 金剛峯樓閣一切瑜伽瑜祇經 (T. 867) (hereafter, *Sōōkyō* 相應經)] declares, “the fundamental basis of life is *vajra*.”¹⁴¹⁴ In all cases, the breath-wind is taken to be the basis of life. By means of this, Amitābha is the life of sentient beings, and taking the realms of beings to be without limit, he is called Limitless Life. The ultimate reason for Amitābha’s great compassion stems from the nature of his union with all beings. Sound and speech expound this truth and wisdom. Keep this in mind and think upon it deeply.

If Dōhan has a specific object of critique, it is those literalist interpreters of the sutras who believe Buddhas have a limited life span, those that suggest that the Buddha of Limitless Life and Light (Amitāyus/Amitābha) is somehow “limited” and not a facet of a deeper, eternal Buddhahood suffusing and constituting all of reality. This Amitāyus/Amitābha is Speech-Breath-Life.

This emphasis on the speech/breath aspect might remind one of certain other debates within Buddhism. Is the attainment of Buddhahood an achievement (initial/acquired awakening) arising of one’s own personal effort (self-power) over a long process lasting kalpas (gradual), or

¹⁴¹² NKBD 665.

¹⁴¹³ T. 848, 18.17b29.

¹⁴¹⁴ T. 867, 18. 267a03-04.

is Buddhahood an inherent quality (original/inherent enlightenment) of the seemingly conditioned reality of foolish beings, a power beyond the limited ego (other power) ever present and imminently attainable (sudden)? Is it revealed on the surface level interpretation (exoteric) or the inner, revealed level (esoteric)? The relationship between these binaries, reveal a rhetorical strategy within Buddhism whereby dualist constructs (self/other, beings/Buddhas, this world/the Pure Land, etc.) are deployed and resolved, or allowed to stand in a kind of creative tension wherein the mind must wrestle with the problem of how a conditioned being may attain an unconditioned state. Dōhan's emphasis on breath and speech serves as a useful metaphor for a much broader Mahāyāna philosophical problem: Is awakening something that "I" "do" or something that "happens" to "me?" Breath is automatic, and while we may occasionally think about breathing, or even meditate upon it, in general, it is an unwilled, spontaneous, naturally arising event. Speech, on the other hand, is typically perceived as a willed act, and yet, this seemingly willed act is inherently dependent upon something that is beyond our control.

Dōhan locates his theory of the *nenbutsu*, his theory of the nature of Buddhist awakening, fundamentally within the human body, *as* the body, but does this from a position that takes Buddhist cosmology and elaborate ritual seriously. Dōhan, one of the most prolific scholars of his day, takes the answer to the philosophical Mahāyāna problem of how nirvana and *samsāra* may be recognized as interpenetrating from the world of abstract doctrine, and moves it into the realm of Buddhist practice. Practice is then understood not simply as a representation of that problem, but an embodied response.

Chapter VI

Part III

Beyond Exclusivism and Universalism

I would like to suggest that Dōhan's reimagining of life-breath-speech is worthy of further philosophical consideration and application. In this section I will inquire into possible strategies for placing Dōhan's thought in a broader intellectual dialogue. Dōhan engages with themes that may be said to be of "universal" concern: the power of speech, the tension between the divine and the mundane, the nature of human agency in the world, etc. Therefore, further inquiry into Dōhan's thought may provide an entry point into thinking about how the Shingon tradition might be placed in dialogue with other religious traditions in medieval Japan, and beyond. Moreover, by locating the fundamental basis of religious transformation in life itself (breath-speech), Dōhan's theory of the *nenbutsu* may be useful in thinking about how religious diversity might be engaged by scholars and philosophers of the contemporary world more actively, moving beyond the extremes of universalism or exclusivism.

Many religious systems claim that there is a mysterious relationship between breath as the source of vitality and the divine realm. Moreover, it is often said that the power of speech may act as a conduit between these dimensions of reality. Indeed, in some traditions the act of creation is said to be a divine breath/speech act. In Greek, concepts like *pneuma* and *logos* are closely related. Of particular relevance for Dōhan are the Chinese and Indian religious and philosophical traditions in which breath and speech, spirit and language, and breath and life are closely related concepts.

The term *qi* in Chinese has the semantic range of air, wind, steam, energy, or *pneuma*. This term was used to translate the Sanskrit term *prāṇa*, which, according to the Monier

Williams may mean “the breath of life, breath, respiration, spirit, vitality, life...vigour, energy, power,” and so on. Based on this connection between *qi* and *prāṇa*, moreover, Dōhan’s use of “vital breath” in relation to Amitābha may be placed in productive dialogue as well with later Indian and Tibetan Esoteric literature, wherein, “...the ‘natural’ (sahaja) joy (enlightenment, knowledge)... is the life (breath) of living beings, the universe is made of it...being and non-being occur because of it and likewise all consciousness, ‘man’ (puruṣa ‘spirit’), ‘God’ (Ivar), soul, life-principle, being, time, person and the own being of all beings.”¹⁴¹⁵ That Dōhan makes similar moves as his Indian counterparts, and that Japanese *tantric* systems employ similar conceptual models, should at the very least suggest to us that scholars of Japanese and Indian Buddhism might have issues of common concern. Ultimately this suggests that we need not retreat to our narrowly defined disciplinary niches, but may benefit greatly from a participating in a broader dialogue.

Another example is the concept of *sukha* or “bliss.” *Sukha*- forms the root word of *Sukhāvātī*, the Land of Bliss where the Buddha Amitābha resides. Just like Dōhan, Tibetan commentaries on the *tantras* to suggest that the *mahāsukha* of awakening and *Sukhāvātī* are the same thing.¹⁴¹⁶ Are we not led to imagine the utility of broader comparative work? Are we not led to pursue a larger conversation about Buddhism beyond our single nation-state defined disciplinary niches? The diverse features of Buddhist literatures seem to invite us to be more creative with how we might approach this material, how we imagine ourselves in relation to that material, and how we might continue to pursue new and exciting areas of investigation as co-travelers in Buddhist Studies. Based on this, I suggest that Dōhan’s thought is not only useful for thinking about the diversity of medieval Japanese Buddhism, but like the so-called “Kamakura

¹⁴¹⁵ Warder, *Indian Buddhism*, 473.

¹⁴¹⁶ Halkias, *Luminous Bliss*, 149.

Buddhist” reformers, may be usefully placed in dialogue with other systems of thought, Buddhist or otherwise.

Breath-Speech

From the time of Kakuban and before, there developed the notion that by way of a single “mystery,” one could enact the three mysteries of body-speech-mind. Kakuban, Dōhan, and others, believed that speech, as the middle, or “central” mystery, was the key to performing all three simultaneously. Speech is both a mental and physical act, and one reading of Dōhan might also see it as a spiritual (*qi*) act as well. Developing Kūkai’s *Voice-Letter-Truth Aspect* theory, Dōhan characterizes the *nenbutsu* as the union of breath (*qi*/Truth Aspect) and the organs of speech (the concrete form rendering speech possible/the “Letter”), which produce the Voice, all of which are here understood as the Buddha Amitābha (ultimate reality) working with/through/as something within this *sahā* realm.

In one sense, *mikkyō* is not just the proposition of a set of doctrines, but also a diverse conglomeration of Mahāyāna orientations taking as their *modus operandi* the pursuit of deepest “Esoteric” truth. While many Mahāyāna systems presuppose the idea that that ultimate truth is ineffable or inexpressible through speech, Kūkai emphasized the effability of awakening, that ultimate truth is always mediated through particulars of speech and time. In other words, *difference* is not negated in favor of a singular absolute, these differences are valorized as essential pieces of that absolute. It could be argued that one of the fundamental features of Mahāyāna Buddhism in general, and thus *mikkyō* thought in particular, is an orientation toward situatedness, while also maintaining an orientation toward a bigger (the biggest) picture.

Elite scholars-monks like Dōhan regarded their era as a turbulent time when not only society, but being's access to the dharma was in decline. Perhaps, one reason why the Kamakura period has remained such a popular area of study for both Japanese and Western scholars alike, is because the palpable anxiety of that era seems to resonate with the anxieties of modern society. Obviously, it is a mistake to say that they are the same, and I am not here suggesting that they necessarily bear similar features, but I am suggesting that for many historians, they seem to have points in common. Dōhan's *nenbutsu* thought may be useful in thinking about religious diversity in an era seemingly permeated with religious violence and unrest. I am not simply talking about the Kamakura period, during which it was widely acknowledged that the Final Age had begun, but also our own world, removed from Dōhan's by almost one thousand years.

During the Kamakura period, religious thinkers were responding to the perceived (if not entirely actual) unrest by questioning deeply the institutions of power and tradition. The *nenbutsu* was one of the most widely practiced forms of Buddhism, and as such, it was used as a tool to approach this age of anxiety. There were perhaps two basic approaches, exemplified by Dōhan's two most important teachers. First, is the perspective we might see as belonging to Dōhan's teacher Kakkai, who argued that there was one reality into which all perspectives ultimately resolve. Based on this, Kakkai asserts that this world and the Pure Land are One. Second, is the perspective of Jōhen 靜遍 (1165–1223), arguably the most influential force in Dōhan's intellectual life. Jōhen was a student of *mikkyō*, and thus oriented his religious life around the simultaneous recognition of the unity of beings and Buddhas. However, like Hōnen, who an extremely important source of inspiration and devotion, Jōhen also recognized that, from the perspective of foolish beings, this purported unity is virtually imperceptible. In this way, Jōhen endeavored to engage the absolute, while recognizing the provisional as *really* real also.

This may perhaps remind one of the ongoing efforts in contemporary physics toward a “theory of everything” where in the laws that seem to govern the sub-atomic and the cosmic might be brought together. Both realities seem to exclude the other, and yet they clearly function together.¹⁴¹⁷

The *Himitsu nenbutsu shō* was completed around 1223, within one year of the death of both Kakkai and Jōhen. Could it be that this text was composed as a way for Dōhan to draw his teachers into conversation? Kakkai appears to have had very little sympathy for those who aspired for rebirth in the Pure Land. Jōhen, on the other hand, was deeply moved by Hōnen’s message of universal salvation for all. Rather than simply resolving the contradictions between his teachers, Dōhan drew upon his broad erudition to construct a position from which infinite diversity is possible precisely because all beings share at least one thing in common: the “breath of life.”

However, Dōhan’s approach to religious diversity does not simply affirm diversity for diversity’s sake. His is not a live and let live ethic, it is a polemic promoting a particular vision of the Buddhist universe. The structure of the *Compendium*, and Dōhan’s political conflagrations, should make that obvious. Rather, Dōhan recognized diversity while also embracing what Nietzsche would have acknowledged as the agonistic dimensions of the human all too human condition that drives the *need* to debate, discuss, disagree, and engage one another over topics of greatest concern. This drive to debate is premised on a recognition that all beings fit into a holistic cosmic scheme, Kakuban’s Mitsugon (or perhaps even Spinoza’s monistic “Nature”). In other words, rather than say ‘despite’ our differences all beings fit into the world, it would be more correct to assert that *difference* is immutable, *and* because beings share certain fundamental things, there is always a foundation from which dialogue may be initiated. Rooted in things

¹⁴¹⁷ See the discussion in Chapters IV and V on these two monks and their relationship with Dōhan.

fundamental (the desire to thrive, avoid suffering, to live), then, debate, disagreement, and impassioned engagement about passionate things is possible. Speech, perhaps the most *human* of all faculties is at the center of Dōhan’s view of humanity and the nature of salvation. Speech is an expression of the breath that animates us, and speech that is the basis for dialogue and human engagement.

In this way, Dōhan avoids the extremes of universalism and exclusivism. The universalistic ethic affirms diversity, but promotes non-engagement in favor of “peace” (or subjugation). There is also often an implicitly dominating view into which all things are forced to fit. Certain passages from the *Compendium* Dōhan may appear to establish yet another Buddhist “hierarchical universalists” perspective: *all rivers return to the ocean and are purified*. And yet, *if the shallow is perceived to itself be the deep*, then the shallow affirmed as the shallow allows for a position whereby simplistic hierarchies are destabilized. An exclusivistic perspective would negate the shallow in favor of the deep, deny the *nirmāṇakāya* in favor of the *dharmakāya*, and neglect the Voice and Letter in favor of the Truth Aspect. Yet Dōhan allows each of these to stand *as they are* without being resolved or negated.

Chapter VI

Part IV

Looking Towards the Future

This dissertation aspires to introduce to an English language readership the life and thought of Dōhan, as someone whose study may reveal long neglected features of the medieval Japanese world, the importance of Kōyasan for the study of early-medieval society, the diversity and ubiquity of *nenbutsu* practice, and “Esoteric Pure Land” as a new area of study and a

productive area of future inquiry and academic dialogue. Here, I will address a few possible areas of research to which scholars of Dōhan's thought might activity contribute.

First, Dōhan lived his life at the top of the monastic hierarchy, and was a highly influential scholar in his day, taught and trained numerous students in the ritual arts and doctrinal debate and study. As such, his thought, though offering unique contributions, is also representative of broader trends in the medieval world. Dōhan's contemporary, Shinran 親鸞 (1173-1263), on the other hand, rejected the monastic lifestyle, and was not widely known, or particularly influential in his own time. And yet, whole publishing companies are sustained by books about Shinran, and Dōhan is not widely known outside of a small group of scholars and monastics. Scholars investigating Shinran and the early Pure Land movement in Japan may benefit from the study of Dōhan and other "Esoteric" Pure Land thinkers. I would also like to suggest as well that scholars of *mikkyō* would benefit greatly from studying Shinran and the thought of other marginal Pure Land thinkers.

Before addressing ideas seemingly shared in common between Dōhan and Shinran, I would like to note one issue upon which they appear to have held diametrically opposed views: the possibility of attaining Buddhahood in this body, *sokushin jōbutsu*. Shinran possessed an extremely skeptical view of this central Shingon concept, and noted with some curiosity why exactly Buddhists purportedly capable of realizing awakening in *this very body* were ultimately aspiring for post-mortem rebirth in the Pure Land:

オホヨソ今生ニヲイテハ煩惱惡障ヲ斷センコト。キハメテアリカタキアヒタ。眞言・法華ヲ行スル淨侶。ナヲモテ順次生ノサトリヲイノル。Because, it is extremely difficult to cut off the ignorance and wickedness of this present life, the holy monks practicing Mantra and studying the *Lotus Sūtra* also strive for awakening in the life to come.¹⁴¹⁸

¹⁴¹⁸ T. 2661, 732c22-25.

In response to the claims made in his time, that within the ritual arena one may see through the fog of *samsāra* to apprehend the light of the Buddha, Shinran appears skeptical.

For Dōhan, however, the potential to immediately apprehend the depths of reality from one's own positionality was an *a priori* assumption, a basic feature of his worldview. For Dōhan, *faith* in the power of embodied Buddhist practice was absolutely central. Perhaps in reply to Shinran, we might consider the following passage from the *Compendium*:

問。何故此仏以称名為本願耶。答。此尊普門三蜜中語蜜仏也。.... 以称名為本願也。
Why is it that Amitābha chose the vocal nenbutsu as the object of his primal vow? Well, it is because this Honored One is the Buddha of the Mystery of Speech amongst the Universal Gate of the Three Mysteries.... he therefore takes the calling of the name as the object of his Primal Vow.

Dōhan's reply (though Shinran and Dōhan never met) proposes that speech itself is somehow imbued with the power of Amitābha, and that there existed no contradiction between attaining Buddhahood in this body, or in "that" land.

One issue upon which Shinran and Dōhan seem to agree is the importance of faith, *shinjin* 信心, also commonly translated as "the mind of true entrusting." Shinran believed that one who has attained the mind of faith was equal to the Buddhas (which is not the same as saying they are identical). Dōhan believed that the path of faith, rather than being reserved simply for those of lesser capacities, was itself equal to the stage of the attainment of awakening. Shinran viewed the mind of faith as in some sense "Vajra-like," employing the term "vajra-like mind of true entrusting" 金剛信心 (*J. kongō shinjin*) consistently throughout his work, and even used the term *shingon* to mean "true words," *makoto no kotoba*.

Dōhan also viewed the inherent capacity for the attainment of awakening as indestructible, or "vajra" like, and viewed all speech as having the capacity to convey *makoto no kotoba*. Moreover, the fundamental breath-life which moves in the world in order to bring beings to Buddhahood is also described by Dōhan as like a *vajra*. In this way, we might see that

Dōhan's Amitābha theory bears some resemblance to Shinran's relatively well-known concept, *jinen-hōni* 自然法爾. This concept, articulated late in Shinran's life, suggests that ultimately the Buddha always-already embraces beings. Both Dōhan and Shinran seem to have regarded "Amitābha" as an ever present (indestructible) force that permeates the universe and ordinary beings, transcending distinctions of self and other.

Both Shinran and Dōhan engaged deeply with the question of agency in the practice of *nenbutsu*. Is the *nenbutsu* something that "I" do, or is it something that the "Buddha" does? Shinran's "other power" view emphasized Amitābha as the agent of salvation, and the act of the vocal recitation of his name not as an act performed by beings, but as the Buddha's activity in the world, ultimately transcending the self/other binary. Dōhan, approaching this issue from a different perspective, emphasized the act of speech as the unified activity of Buddhas and beings. The words of the *nenbutsu* are not "my words" and are therefore an "other" power, and yet, the Buddha that expresses them is none other than the mind and body of beings. Therefore, a conceptual tension arises that invites further investigation.

Finally, both Shinran (perhaps following Zhiyi and Saichō) and Dōhan (following Kūkai) drew extensively upon the *Avataṃsaka-sūtra*. The influence of the *Avataṃsaka* upon Japanese *mikkyō* and Pure Land has been explored separately, but based on this preliminary sketch of "Esoteric Pure Land," there may be great potential for studying Shinran and Dōhan as participants in a broader *kenmitsu* system actively informed by concepts drawn from the *Avataṃsaka-sūtra*.

The *Avataṃsaka* was extremely influential in the development of East Asian Buddhism, and was especially important for thinkers like Zhiyi and Kūkai, as well as Shinran and Dōhan. As was noted in Chapter IV, Dōhan's last major undertaking before passing away in 1252, was

to hand copy an edition of the *Avataṃsaka* purportedly composed in Kūkai’s own hand. Just as with Dōhan’s Amitābha devotion, his interest in the *Avataṃsaka* as well was articulated in terms of Kōbō Daishi devotion.

Pamela Winfield has recently employed the *Avataṃsaka* as a way of placing Kūkai and Dōgen in conversation.¹⁴¹⁹ In comparing Kūkai and Dōgen’s respective iconic and iconoclastic approaches to conceptualizing awakening, she draws as well upon philosophical areas of interest shared in common by these two individuals. Given the importance of the *Avataṃsaka* for both Dōhan and Shinran, who were actually contemporaries, this text may serve a similar purpose in placing Dōhan and Shinran in dialogue.

Winfield discusses Fatsang’s *Treatise of the Golden Lion* 大方廣佛華嚴經金師子章 (T. 1881),¹⁴²⁰ in which the famous metaphor of Indra’s net is explored in great detail.¹⁴²¹ Of particular interest for this discussion is a passage discussing “Esoteric” (C. *mimi*, J. *himitsu*) and revealed teachings,¹⁴²² noting that the smallest teachings in fact reveal the greatest teaching. This passage may suggest that Dōhan’s presentation of the *nenbutsu* is in fact drawing upon an Esoteric tradition fundamentally undergirded by *Avataṃsaka* thought. This is an issue I look forward to exploring in greater detail in the future.

Furthermore, as noted in Chapter III, *Avataṃsaka* was highly influential in Japan beginning in the early Nara period, and as Tōdaiji 東大寺 continued to thrive through the medieval period (after having been burned down in the early medieval period), great thinkers like Myōe as well employed *Avataṃsaka* concepts in his *mikkyō* writings. Myōe’s writings on

¹⁴¹⁹ Pamela Winfield, *Icons and Iconoclasm in Japanese Buddhism: Kūkai and Dōgen On the Art of Enlightenment* (Oxford: Oxford University Press, 2013).

¹⁴²⁰ T. 1881, J. *Daihōkōbutsu Kegonkyō Konjishishō*.

¹⁴²¹ Winfield, *Icons and Iconoclasm*, 27-33.

¹⁴²² T. 1881.669b15-c12.

the *Kōmyō Shingon* and *mikkyō* Pure Land ideas also situate him as another possible dialogue partner for Dōhan.

Unfortunately, it was not until the very end of this project that I discovered the importance of the *Avatamsaka* for Dōhan and Kūkai's thought, and so it has only appeared sporadically in Chapters II and III. Dōhan's *nenbutsu* thought does indeed appear to borrow significantly from a worldview imbued with an "Esoteric" *Avatamsaka* logic: all nodes in the net reflect all others, therefore, the simple practice of chanting the *nenbutsu* abides in a fundamentally intimate relationship to the highest attainment. As this project moves forward, the recent publications in *Avatamsaka* studies¹⁴²³ will likely serve as a foundation for investigating the philosophical and historical *Avatamsaka* undercurrent in "Esoteric Pure Land" thought in East Asia.

Chapter VI

Conclusion

In this final chapter, I have proposed a reading of Dōhan's thought based in the various threads Dōhan wove together to present his views on the *nenbutsu*, the Pure Land, and the Buddha Amitābha. I have suggested, based on references to the text, that Dōhan's *nenbutsu*, though labelled as *himitsu*, might be better understood as *kenmitsu*, designed to encompass revealed and hidden teachings together, while allowing each to stand in a broader system.

In Part I of this chapter, I outlined the basic contents of sub-sections of all three fascicles of the *Compendium*. In Part II, I presented a close reading of key passages from the *Compendium*, and

¹⁴²³ Robert M. Gimello, Frederic Girard, Imre Hamar, eds., *Avatamsaka Buddhism In East Asia: Huayan, Kegon, Flower Ornament Buddhism: Origins And Adaptation of a Visual Culture* (Wiesbaden: Harrassowitz Verlag, 2012). Imre Hamar, ed. *Reflecting Mirrors: Perspectives On Huayan Buddhism* (Wiesbaden: Harrassowitz, 2007). Jin Y. Park, *Buddhism and Postmodernity: Zen, Huayan, and the Possibility of Buddhist Postmodern Ethics* (Lanham, MD: Lexington Books, 2008).

argued that Dōhan's approach to Pure Land recognizes even the simple act of chanting *as it is* to be an expression of the highest truth. This is perhaps the "secret" of Dōhan's *nenbutsu*. In Part III, I pursued philosophical and ethical questions raised by Dōhan's response to religious diversity and suggested that his *nenbutsu* theory moves beyond the extremes of universalism and exclusivism, promoting a theory of speech-breath that valorizes difference and the importance of dialogue and debate. In Part IV, I laid out a few avenues for future research including a brief comparative dialogue with the Pure Land thinker Shinran, and an investigation into the place of the *Avataṃsaka* in the establishment of *mikkyō* and Pure Land thought in medieval Japan.

Finally, Dōhan studies is as of yet not an established field of inquiry. However, the number of articles on Dōhan has slowly begun to increase. Since the 1970s and '80s, scholars in Japan and abroad have been insisting that the study of "Old Buddhism" during the Kamakura period is essential, and it appears that younger scholars are not simply repeating this important observation, but are actually pursuing post-sectarian scholastic agendas, and building upon this new foundation. As this trend continues, more voices from the past that have fallen through the cracks will be brought back into the discussion, and premodern Buddhist studies will continue to evolve in new and exciting directions. It is my aspiration that this dissertation may inspire scholars to pursue the study of Dōhan's thought and early-medieval Kōyasan as a heterogeneous religious site. Moreover, based on this research I hope to pursue projects that bring scholars of Esoteric Buddhism and Pure Land traditions to engage one another in dialogue.

CONCLUSION

Aspiration for rebirth in the “Pure Land” paradise of the Buddha Amitābha remains one of the most common goals of East Asian Buddhist practice, and yet, despite the ubiquity of Pure Land oriented art, thought, and ritual in Mahā/Vajrayāna Buddhist cultures, Pure Land rebirth remains one of the most under-studied, under-theorized, and misunderstood pieces of the Buddhist puzzle. Instead, the academic study of Buddhism has tended to emphasize philosophy, doctrine, and meditative traditions, which, in practice, were never separate from devotional or ritual practice. More recently, even as scholars have shifted their focus toward popular religion and material culture, this feature of the Buddhist world remains under-represented in scholarship on the Buddhist tradition, more broadly conceived. In some sense, my goal in writing this dissertation has been to contribute to the ongoing academic scholarship working to address this lack, by engaging with a dimension of the Pure Land tradition that has received very little attention: “Esoteric Pure Land.”

Through this dissertation I have argued against the prevalent taxonomic approach to the study of Buddhism (the ahistorical relegation of people, texts, and practices to essentialized “kinds” of Buddhism) by analyzing East Asian theories of the ritual speech act as a technology for bridging the gap between Buddhas and ordinary beings, proposing the life and work of Dōhan (1178-1252) and the Kōyasan monastic complex as an important “center of gravity” in the field of medieval Japanese Buddhist studies, and translating the first fascicle of his *Himitsu nenbutsu shō* (*Compendium on the Secret Nenbutsu*). By situating Dōhan’s thought in the ritual

culture of medieval Japan and the broader East Asian cultural sphere, I demonstrated that “Esoteric Pure Land,” despite being virtually unknown in the Anglophone academy, was a defining characteristic of early Japanese Buddhism, and its roots reach deeply throughout the history of Buddhism in East Asia.

This dissertation was divided into three parts. In Part I (Chapters I-III) I worked to establish a framework whereby scholars might better recognize and engage the ubiquity of Pure Land thought and practice in East Asia. In Part II (Chapters IV-VI) I investigated the life and thought of Dōhan, situating him within the particular material and ritual Pure Land culture of Kōyasan, and the broader intellectual and devotional culture of the Kamakura Period (1185-1333). In Part III, following this Conclusion, I will present an annotated translation of the first fascicle of Dōhan’s *Himitsu nenbutsu shō*. What follows is a brief summary of the six chapters that have comprised this dissertation, and a few concluding thought on potential future directions for this project.

In Chapter I, I surveyed recent scholarship on the construction of Mahāyāna, Vajrayāna, Pure Land, and Early Buddhism as distinct areas of academic inquiry. I demonstrated that because many of the characteristics commonly assumed to define Mahāyāna and/or Vajrayāna Buddhism originated in presumably non-Mahayana Buddhist contexts, there is great interpretive potential for rethinking these categories as necessarily coherent boundary markers within the discipline. Next I proposed “Esoteric Pure Land” as a heuristic device useful for establishing a new area of study wherein scholars of “Pure Land” and “Esoteric” traditions, as well as East Asian and Indo-Tibetan area studies, may find common ground through a more dynamic study of Pure Land aspiration and soteriology in Buddhist cultures.

In Chapter II, I examined the place of the Pure Land within the transmission of a diverse range of South and Central Asian spell, *dhāraṇī*, and *tantra* literature into the East Asian cultural sphere. By rendering explicit the ubiquity of Pure Land imagery and aspiration across various genres of “Esoteric” Buddhist literature, and the many (often contradictory) ways that scholars have defined “Esoteric” Buddhism in East Asia, this chapter reconsidered the divide between what scholars have regarded as unsystematic spell and *dhāraṇī* literature and the systematic *tantric* literature of the Tang (618-907).

In Chapter III, I inquired into the place of Pure Land thought and practice in the development of Japanese *kenmitsu* (exo/esoteric) ritual culture. First, I examined the early importation of texts and images later associated with the “Esoteric” tradition, beginning with the 6th to 7th century importation of “proto-esoteric” *dhāraṇī* literature. I then examined Kūkai’s 9th century establishment of Esoteric discourse as the primary ritual theoretical framework, and the place of Buddhist diversity and the Pure Land therein. Next, I turned to the 10th century and 11th century aristocratization of monastic institutions, and the domination of that environment by Hieizan (Mt. Hiei) lineages, noting in particular the place of Pure Land practice in the development of an “esotericized” *hongaku* Hieizan. Finally, I considered the “Esoteric Pure Land” context for the reemergence of “Kūkai-studies” and the revival of Kōyasan (the mountain mausoleum of Kūkai) in the 11th and 12th centuries.

Building upon Part I, I employed Chapters IV, V, and VI to investigate different aspects of Dōhan’s environment (IV), oeuvre and intellectual milieu (V), and “Esoteric Pure Land” thought (VI). In Part II of this dissertation I pursued the argument that Dōhan’s “Esoteric” approach to Pure Land was rather a *kenmitsu*, or “exo/esoteric,” approach to Pure Land, and that he may prove to be a potent new area of inquiry for several reasons.

First, Buddhist studies as a whole has been significantly influenced by traditional Japanese sectarian Buddhist scholarship which has been largely focus on the early-medieval “founders,” those monks who are credited with establishing the Pure Land, Zen, and Nichiren schools. Because these schools currently represent the largest schools of Japanese Buddhism, their founder’s critiques of the early-medieval environment has prejudiced generations of scholars (in China, Japan, and the West) against Esoteric traditions in particular (though very recently, the tide seems to be turning). As a prominent contemporary of these monks (who were in fact marginal and “heretical” in their own time) Dōhan may provide a counter view to this normative master narrative. Furthermore, Dōhan was a scholar of the doctrinal works of Kūkai at a time when the orthodox boundaries of the Shingon School were far more fluid than they are today, and may therefore provide a useful window into the history of the construction of Shingon orthodoxy throughout Japanese history (and how that orthodoxy has been employed to construct the very category “Esoteric”). In addition, Kōyasan was a major institution in the medieval period, but has received little sustained attention in English language scholarship. By reading an individual thinker, a particular site, and a particular text in their broader intellectual and historical context, I worked to challenge and engage multiple areas of study within the field of Buddhist studies.

In Chapter IV, I presented the life and career of Dōhan and the “Esoteric Pure Land” dimension of his early educational environment on Kōyasan and the capital in Heian-kyō, his rise through the monastic hierarchy, and his exile in Sanuki. This chapter demonstrates that dual devotion to Kūkai and the Buddha Amitābha were not only distinctive features of Dōhan’s thought, but were also dominant features of early medieval Shingon and Kōyasan more broadly.

In Chapter V, I considered Dōhan in relationship to the *mikkyō* and *hongaku* culture of his time, and through a survey of his major extant works, employed Dōhan as a lens through which to view Kamakura Buddhism. Following an examination of recent scholarship on Kamakura Buddhism, I considered Stone’s “shared paradigm,” developed to problematize the purported divide between “Old” school Tendai and the Kamakura “New” schools, and suggested that Dōhan’s thought fit within this framework as well. In order to demonstrate this I examined several of his major extant works, noting the social context for the composition and transmission. For example, I discussed Dōhan’s understanding of the “beginners mind” as equal to the mind of the Buddhas, his focus on simple practices such as the *nenbutsu* and the *kōmyō shingon*, and his balanced view of the Pure Land (engaging both dualist and non-dualist perspectives).

In Chapter VI, I analyzed Dōhan’s understanding of the Pure Land, the Buddha Amitābha, and the *nenbutsu* (ritual chanting of the Buddha’s name), and presented a summary and general introduction to the *Himitsu nenbutsu shō*. Here I suggested that Dōhan constructs a Kūkai-centric polemical perspective from which to engage the diversity of perspectives on Pure Land rebirth wherein he argues that the “secret” *nenbutsu* is in fact the “breath of life” shared by all beings, as an aspect of the compassion of Buddha. Dōhan’s catholic engagement with Buddhist theories of ritual speech and beliefs concerning the relationship between “enlightened” Buddhas and “ordinary” beings, I argue, constitutes a *kenmitsu nenbutsu* perspective that may nuance our understanding of how “Esoteric” discourse functioned, not as a distinct “kind” of Buddhism, but as a polemical engagement with Buddhist discourse.

In this chapter I also considered the potential for engaging the thought of Dōhan in a broader philosophical and comparative framework, noting that Dōhan’s tendency toward ambiguity, inversion, and emphasis on *difference* may render his thought useful for thinking

about problems arising from universalistic and exclusivistic conceptions of religious diversity and ethics. In conclusion, I briefly considered possible areas of future inquiry, including sustained comparative work considering Dōhan's thought in relation to his more famous contemporary Shinran (1173-1263), and the potential for employing the *Avataṃsaka-sūtra* as a lens for thinking across "Esoteric" and "Pure Land" Buddhisms as discreet areas of academic inquiry.

Part III consists of an annotated translation of the first fascicle of the *Himitsu nenbutsu shō*, focusing in particular on Dōhan's utilization of a diverse range of "Mahā/Vajrayāna" sources in support of his own vision of Pure Land practice, wherein multiple perspectives are able to stand together without necessarily being resolved or negated.

Ultimately, it is my aspiration that this dissertation will present a nearly forgotten text and thinker, and employ their analysis as a foundation upon which to craft new areas of inquiry, open up space for dialogue, and move beyond "orthodoxies" that would preclude the possibility of dialogue, Buddhist, academic, or otherwise.

PART III:

DŌHAN'S 道範 (1179-1252)

HIMITSU NENBUTSU SHŌ 祕密念佛抄,

AN ANNOTATED TRANSLATION OF FASCICLE I

秘密[宗]念仏抄¹⁴²⁴
**THE COMPENDIUM ON
THE SECRET CONTEMPLATION OF BUDDHA**

[未灌頂人不可披見]

[This should not be shown to those who have not yet received *abhiṣeka*]¹⁴²⁵

Śramaṇa Dōhan (1179-1252) 沙門道範
of Vajra Peak Temple 金剛峰寺

¹⁴²⁴ *Dai Nihon Bukkyō zensho* 大日本仏教全書 (DNBZ), Vol. 43: 51-82; *Zoku Jōdoshū sensho* 續浄土宗全書 (ZJZ), Vol. 15: 79-110; *Shingonshū anjin zensho* 真言宗安心全書 (SAZ) 2:226-266. DNBZ does not include “shū,” SAZ does. While the primary text for this translation is the SAZ edition, the DNBZ has been consulted for variants. Differences between these editions will be noted in the footnotes. Bracketed characters may include variants, mistakes, etc.

¹⁴²⁵ DNBZ omitted.

名號事¹⁴²⁶。問。廣聞當世。真言止¹⁴²⁷觀行人。多依彌陀稱名之行。期往生極樂。是於念佛三昧。不簡時所諸緣。有無間修之德故。唯¹⁴²⁸就易行。歸此本願家歟。稱名有淺深顯密之義耶。答。止觀學者。尤可依念佛三昧。摩訶止觀四種三昧¹⁴²⁹。偏勤彌陀稱名¹⁴³⁰故。真言行人。於佛身名號國土等。皆以四重祕釋之意觀念修行。

Regarding the Name [of Amitābha]:

Question: It is widely known that these days among practitioners of mantra and [*śamatha-vipaśyanā*], there are many who rely upon the practice of chanting the name of Amitābha hoping to be reborn in Sukhāvātī. As for the [widely practiced] *nenbutsu samādhi*,¹⁴³¹ it is a practice that does not depend upon the various conditions of time or place [into which sentient beings are born, and may thus be cultivated by all].¹⁴³² But why have so many taken refuge in the primal vow? Is it perhaps because [the *nenbutsu*] is an easy practice that possesses the virtues of uninterrupted cultivation? Or is it perhaps that the chanting of the name has superficial and profound, apparent and hidden meanings?

Answer: Practitioners of [*śamatha-vipaśyanā*] rely in particular upon the *nenbutsu samādhi* of the four-fold *samādhi* of the *Mohezhiquan* 摩訶止觀 (T. 1911), and their main practice is the chanting of the name of Amitābha.¹⁴³³ The practitioner of mantra employs the purport of the four-fold secret explication¹⁴³⁴ in their contemplative cultivation of the buddha bodies, names, and lands, etc.

其四重者。一此彌陀佛者。昔在因依。初爲無諍念王。於寶藏佛所。發無上道心。次爲法¹⁴³⁵藏比丘。於世自在王佛所。發四十八願。果願成佛。名彌陀佛。此悲花雙觀等所說。是爲淺略。

The Four-fold [Secret Explication of the Buddha Amitābha]:

One: Long ago, before the Buddha Amitābha attained awakening, he first set out on the [Buddhist] path as King Araṇemin,¹⁴³⁶ giving rise to the mind that seeks enlightenment before

¹⁴²⁶ SAZ 2:226.

¹⁴²⁷ DNBZ omitted. *Shikan* 止觀 could refer to either the forms of meditation associated with the Tendai lineages, and scholars of Zhiyi's 智顛 (538–597) *Mohezhiquan* 摩訶止觀 (T. 1911; J. Makashikan). See: NKBD (*Nakamura Kōsetsu Bukkyōgo daijiten* 中村廣說佛教語大辭典), 949.

¹⁴²⁸ DNBZ alternate 只.

¹⁴²⁹ SAZ omits 曰, and in the DNBZ, *shōmyōsanmai* 稱名種三昧 replaces *shijusanmai*.

¹⁴³⁰ DNBZ alternate 念.

¹⁴³¹ By this time, the *nenbutsu samadhi* 念佛三昧 possessed a “tantric” connotation in Japan.

¹⁴³² NKBD, 571c.

¹⁴³³ T. 1911, 46.1a-140c, esp. 4a11-12, 12b24-25.

¹⁴³⁴ *Shishu hishaku* 四重祕釋, is an exegetical technique that appears to be Dōhan's hallmark strategy, wherein a teaching is examined according to the shallow-abbreviated level 淺略, the deep secret level 深祕, the secret within the deep secret level 秘中深祕, and the deepest secret within the deep secret level 秘々中深祕. The first level is the literal or common understanding. The second is the inner meaning beyond what is immediately apparent. The third level is penetrates to the fundamental nature of dharmas. The fourth level, the reality of things as they truly are, reveals the profundity of the first level. See: MD (*Mikkyō Daijiten* 密教大辭典), 931.

¹⁴³⁵ DNBZ mistake 寶.

the Buddha Ratnagarbha.¹⁴³⁷ Then, as the *bhikṣu* Dharmākara he made the forty-eight vows before the Buddha Lokeśvararāja. Having become a Buddha as a result of these vows, he is thus called Amitābha. These and other things are explained in the *Karuṇā-puṇḍarīka-sūtra* 悲華經 (T. 157)¹⁴³⁸ and the *Contemplation Sūtra* 觀無量壽經 (T. 365),¹⁴³⁹ among others. This may be regarded as the shallow-abbreviated [meaning].

二此彌陀佛者。大日法身普門萬德中。金剛五智。妙¹⁴⁴⁰觀察智。胎藏八葉。證菩提門也。此兩部大經所說。是爲深祕。凡顯教。十方諸佛。各別因人修行證果也。眞言十方如來。四重曼荼。皆是一行者。顯得¹⁴⁴¹萬德也。

Two, the Buddha Amitābha, is among the manifold virtues of the universal gate of the Dharmakāya Mahāvairocana. In the Vajra [Realm Mandala], he is recognized among the five-wisdoms as the wisdom of sublime discrimination,¹⁴⁴² and within the eight petals of the Womb [Realm Mandala],¹⁴⁴³ he is understood to be the gate of realizing awakening, as is explained in the two great sūtras [*Mahāvairocana-sūtra* 大日經 (T. 848)¹⁴⁴⁴ and *Vajraśekhara-sūtra* 金剛頂經 (T. 874)¹⁴⁴⁵], this may be taken to be deep secret [meaning]. In general, within the

¹⁴³⁶ Ujitanī Yūken 宇治谷祐顯, “Hikekyō no Amidabutsu honjō setsuwa 悲華經のアミダ佛本生説話考,” *Indogaku bukkyōgaku kenkyū* 印度學佛教學研究 33.1 (1968): 74-80.

¹⁴³⁷ Ratnagarbha is the Buddha who inspired both Amitābha and Śākyamuni (MBD, 72c).

¹⁴³⁸ T. 157, C. *Peihua jing*, J. *Hikekyō*; T. 157, 3.185a24-186a24, and so on.

¹⁴³⁹ T. 365, C. *Guanwuliangshou jing*, J. *Kanmuryōju kyō*.

¹⁴⁴⁰ DNBZ mistake 沙.

¹⁴⁴¹ SAT mistake 德.

¹⁴⁴² Five wisdoms 五智 (S. *pañca-jñānāni*, J. *gochi*), five buddhas, etc.: (1) *Dharmadhātu-svabhāva-jñāna* 法界體性智 (J. *hōkaitaishōchi*) is the wisdom that comprehends reality and all things in their essential nature as they truly are, and corresponds to Mahāvairocana 大日如來 in the Center, and the 9th consciousness, *amala-vijñāna* 菴摩羅識, or pure consciousness. (2) *Ādarśa-jñāna* 大圓鏡智 (J. *daienkyōchi*) is wisdom that comprehends all things simultaneously like a great round mirror, and corresponds to Akṣobhya 阿闍如來 in the East, the 8th consciousness *ālaya-vijñāna* 阿賴耶識, or store consciousness where experiences give rise to a unified consciousness. (3) *Samatā-jñāna* 平等性智 (J. *byōdōshōchi*) is the wisdom that perceived the inherent non-duality between all things, and corresponds to Ratnasambhava 寶生如來, the 7th consciousness, *manas-vijñāna* 末那識, or the consciousness that gives rise to the erroneous sense of self. (4) *Pratyavekṣaṇā-jñāna* 妙觀察智 (J. *myōkanzatchi*) is the wisdom of subtle discrimination, and corresponds to Amitābha 阿彌陀佛如來 in the West, the 6th consciousness of mind *mano-vijñāna* 意識, which unifies the five consciousness of eye, ear, nose, tongue, and body. (5) *Kṛtya-anuṣṭhāna-jñāna* 成所作智 is the wisdom to accomplish all things for the benefit of self and others, and corresponds to

Amoghasiddhi 不空成就如來 in the north, the first five consciousnesses 五識 of eye 眼, ear 耳, nose 鼻, tongue 舌, and body 身. See also: Dreitlein and Takagi, *Philosophy of Language*, 361-362; NKBD, 493b-c and MD, 620c-621a,

¹⁴⁴³ *Vajradhātu-maṇḍala* 金剛界曼荼羅 (J. Kongōkai mandara), or Vajra Realm Mandala, is one of two main mandala in the Japanese Shingon tradition, the other one being the *Mahākaruṇā-garbhodbhava maṇḍala* (sometimes rendered as Garbha-dhātu Mandala) 胎藏界曼荼羅 (J. Taizōkai mandara) (regarding this reading, see). These two mandalas are understood to represent two non-dual aspects of reality, the fundamental Buddhahood of reality (Taizōkai) and the wisdom through which this is reality is grasped (Kongōkai). See: Dreitlein and Takagi, *Kūkai on the Philosophy of Language*, 374, 401-402, 356: Dharmakāya of Truth and Dharmakāya of Wisdom.

¹⁴⁴⁴ T. 848, C. *Darijing*, J. *Dainichikyō*, full title: *Mahāvairocanābhisaṃbodhi-sūtra* 大毘盧遮那成佛神變加持經 (C. *Dapiluzhena chengfo shenbian jiachi jing*, J. *Daibirushana jōbutsu jinben kaji kyō*).

¹⁴⁴⁵ *Vajraśekhara-sūtra* is a commonly used abbreviation for the longer Sanskrit title: *Sarva-tathāgata-tattva-saṃgrahaṃ nāma mahāyāna-sūtram*. This text was translated by Vajrabodhi 金剛智 (671-741) as *Jingangding*

revealed teachings, the Buddhas of the Ten Directions are produced of the bodhisattva's practice and awakening. In the mantra path, the Tathāgatas of the Ten Directions and the four-fold mandala¹⁴⁴⁶ are the infinite virtues of the practitioner that are revealed and attained.

三 此彌陀佛者。是大日法身。三世常住¹⁴⁴⁷惠命。是云無量壽。故彌陀即大日。一門即普門也。是為祕中深祕。

Three, the Buddha Amitābha, is the living wisdom¹⁴⁴⁸ of Mahāvairocana Dharmakāya, ever abiding in the three worlds [of past, present, and future]. This is called Limitless Life. Therefore, Amitābha is none other than Mahāvairocana. One gate is all gates. This may be taken to be the secret within the deep secret.

四 此彌陀佛者。即一切衆生色心實相。性淨圓明 平等智身也。所謂衆生八辯心蓮即彌陀三點曼荼。雖淪無明淤泥。非染非隱。雖開始覺佛¹⁴⁴⁹光。非生非顯。三際不變。萬德凝然。是為祕¹⁴⁵⁰祕中深祕。名號國土等四重可淪思之。自下注釋 依此四重。隨應可見¹⁴⁵¹。1452 此¹⁴⁵³深祕名號。即¹⁴⁵⁴祕密真言。故同雖云稱名。全不¹⁴⁵⁵同常途淺略也。

yuqie zhong luechu niansong jing 金剛頂瑜伽中略出念誦經 (T. 866), by Vajrabodhi's student Amoghavajra 不空金剛 (705-774) as *Jingangding yiqie rulai zhenshi shedasheng xianzheng dajiaowang jing* 金剛頂一切如來真實攝大乘現證大教王經 (T. 874), and by Dānapāla 施護 (ca. early 11th cent.) as *Yiqie rulai zhenshi shedasheng xianzheng sanmei jiaowangjing* 一切如來真實攝大乘現證三昧教王經 (T. 882).

¹⁴⁴⁶ Four-fold Mandala 四種曼荼羅 (J. *shishu mandara*) could be conceived as reality seen from four different perspectives: (1) *Mahā-maṇḍala* 大曼荼羅 (J. *daimandara*) is constituted by all embodied beings composed by the five elements including all Buddhas, Bodhisattvas, gods, humans, etc., and the totality of all of the mandalas below. (2) *Samaya-maṇḍala* 三昧耶曼荼羅 (J. *sanmaya mandara*) is composed of the mudras and handheld implements of the Buddhas and Bodhisattvas, and other beings in the mandala, signifying their great vows. (3) *Dharma-maṇḍala* 法曼荼羅 (J. *hō mandara*) signifies the inner realization of all buddhas and Bodhisattvas and is represented by the Sanskrit seed-syllables, *bīja* 種子 (J. *shuji*), encompassing all of the teachings of the buddhas up to and including all written and spoken speech. (4) *Karma-maṇḍala* 羯磨曼荼羅 (J. *katsuma mandara*) signifies the activities of buddhas and Bodhisattvas in the world working toward the benefit of all beings, but also includes the activities of all beings as well. (MD, 943b, 1024b-1026a; NKBD, 664b; Dreitlein and Takagi, *Philosophy of Language*, 363-4).

¹⁴⁴⁷ DNBZ repeats 常.

¹⁴⁴⁸ Emyō 慧命, signifies that Buddha nature and life itself are connected (NBD, 134a-b).

¹⁴⁴⁹ DNBZ alternate 日.

¹⁴⁵⁰ SAZ omitted.

¹⁴⁵¹ This passage is omitted in the SAZ edition: 常途念佛祖師。唯依初重意。立乘祕往生之義。大智律師等。雖立自性彌陀之義。是理性之一門。非事相之真說。今真言行人。具在四重祕意。顯密兼通。四身圓證。[As for the common path of the nenbutsu patriarchs and teachers, they relying only upon the intent of the first level, and establish the vehicle of the doctrine of the secret of going for rebirth. Vinaya Master Dazhi 大智律師 [Yuanzhao 元照, the Great Wisdom Vinaya Master (Yuanzhao 元照/ Zhanran 湛然 (1048-1116) 大智律師)] and others, even though they establish the self-nature of Amitābha, this is the one gate of the essence of principle, but this is not the true teachings of phenomenon/ritual. The practitioner of mantra wholly inhabit the four-fold secret meaning, penetrate both the revealed and secret [teachings], and perfectly realize the four bodies [of the *dharmakāya*].] See: DNBZ 51b.

¹⁴⁵² DNBZ addition 是故.

¹⁴⁵³ DNBZ addition 中.

¹⁴⁵⁴ SAZ omitted.

¹⁴⁵⁵ SAZ 2:227.

Four, the Buddha Amitābha is realized to be the true nature of the body-mind of all sentient beings, the essentially pure, perfectly bright, embodiment of the wisdom that sees all things as equal. That which is referred to as the eight-petaled heart lotus of sentient beings,¹⁴⁵⁶ is the three-point Mandala of Amitābha.¹⁴⁵⁷ Though submerged in the much of ignorance, [this enlightened mind] is neither defiled nor hidden. Though revealed by the Buddha’s light of initial awakening, it is neither arisen nor made manifest. In the past, present, and future, it is unchanging. The manifold virtues are thusly steadfast. This may be taken as the deepest secret within the deep secret.

When contemplating the name of Amitābha, his land, etc., one should immerse one’s thoughts deeply in the four levels. In the examination that follows, one should rely upon these four levels. In accordance with one’s capacities, one may see that this deep and profound name is in fact a secret mantra. Though it too is called “the chanted name” it is wholly different than the shallow understanding of the ordinary path.

實範上人。病中修行記云。可用三密加持得隨宜悉地事。應當結本尊根本印。誦本尊根本明。心觀其明字義。¹⁴⁵⁸其明體 A¹⁴⁵⁹字。空有不生三義。當觀三義一體。¹⁴⁶⁰爲本尊法身。¹⁴⁶¹法身卽是我心¹⁴⁶²。¹⁴⁶³卽是三義一體。卽是不思議空故。所作罪障如說除滅。卽是不思議有故。所求淨土如願成就。

[According to] Jippan Shōnin’s (d. 1144) *Byōchū shugyō ki* 病中修行記:¹⁴⁶⁴ “Employ the empowerment¹⁴⁶⁵ of the three mysteries¹⁴⁶⁶ to attain [liberation through] *siddhi*.¹⁴⁶⁷ One must

¹⁴⁵⁶ The chambers of the heart were traditionally believed to resemble the eight petals of the lotus. The spiritual heart and the physical heart are one and the same (MD 1818).

¹⁴⁵⁷ The *santen* may refer to the “three points of the Sanskrit letter ‘I,’” which is written with three small circles in the form of a triangle. Because neither a horizontal nor vertical line may encompass them all, it signifies the multiplicity of reality, neither one, nor not one. In the *Mahāparinirvāṇa sūtra* 大般涅槃經 (T. 374) it signifies the non-duality of *dharmakāya*, *prajñā*, *mokṣa*. In *mikkyō* circles, Dōhan’s *Dainichi kyōso henmyō shō* 大日經疏遍明抄 (*Zoku Shingonshū zensho* 統真言宗全書 (ZSZ 5)) and *Yugikyō kuketsu* 瑜祇經口決 (*Shingonshū zensho* 真言宗全書 (SZ)) established a standard understanding of the non-dual relationship between principle 理, wisdom 智, and phenomena 事 (NKBD 598a, MD, 817a, 58).

¹⁴⁵⁸ DNBZ addition 調.

¹⁴⁵⁹ Here, and throughout, DNBZ uses the Chinese characters *A-mi-da* 阿彌陀, while SAZ and other manuscripts uses Siddhaṃ letters, *A-mi-ta*. To represent Siddhaṃ letters, I will be using Roman letters, as there is as of yet no font available for word.

¹⁴⁶⁰ DNBZ addition 名.

¹⁴⁶¹ DNBZ addition 本尊.

¹⁴⁶² DNBZ addition 也

¹⁴⁶³ DNBZ addition 我心.

¹⁴⁶⁴ SAZ 2.

¹⁴⁶⁵ Empowerment 加持 (S. *adhiṣṭhāna*, C. *jiachi*, J. *kaji*) empowerment achieved through yogic practice (union of body, speech, and mind) wherein one attains the abilities (*siddhi*) to harness the power of the buddha through devotion and the attainment of the realization of one’s fundamental always-already manifest non-duality with the Buddha. This response by the Buddha is referred to as “empowerment.” This term has also at times been translated as “grace.” (MD, 234a-b; NKBD, 203d-204a.; Dreitlein and Takagi, *Philosophy of Language*, 346-347).

¹⁴⁶⁶ Three Mysteries 三密 (C. *sanmi*, J. *sanmitsu*) are realized through the coordinated practice of mudra (body), mantra and dhāraṇī (speech), and contemplative practices with an object of devotion such as a buddha image or a

assume the fundamental mudra of the object of devotion, recite the fundamental mantra of that object of devotion, and in your mind contemplate the meaning of the mantra's characters. The essence of mantra is the character A.¹⁴⁶⁸ The three doctrines [inherent in] the character A are emptiness, being, and original non-arising. You should contemplate the three meanings as [having] one essence, and take it to be the Dharma-body [the *dharmakāya*, ultimate reality] of the object of worship. That Dharma-body is not different from one's very mind. That very mind is the essence of the three meanings. In accordance with the mystery of emptiness, the obstructions [to rebirth in the Pure Land] that arise from the sins one has committed are extinguished in accordance with the teaching [of the Dharma]. In accordance with the mystery of substance, the Pure Land that is sought after is attained in accordance with the vow.

言不生者。卽¹⁴⁶⁹是中道。以中道故。無有罪障淨土之定相¹⁴⁷⁰。無定相故。所行順理。最上悉地。遂得成就。（每日¹⁴⁷¹四時或三時等。如是行之）亦其¹⁴⁷²餘暇及羸劣之時。身作慳重儀以爲身密。口稱本尊名以爲口密。一切舉動無非契印。況慳重相。一切語言無非眞言。況稱佛名。心依尊號義趣以爲心密。其義趣者佛號三字既是眞言。若據句義。是甘露義。彼佛自能離於一切感障¹⁴⁷³熱毒。證於一切涅槃清涼。亦能令彼念持衆生。如我無異。是名甘露。

That which is referred to as 'original non-arising' is none other than the middle way. Because this middle way is employed, the fixed characteristics of both the Pure Land and the obstruction of sin are 'non-existent.' Because there are no fixed characteristics, the practice is in accordance with principle. Because the practice accords with principle, the highest accomplishment is thusly attained. (Every day, one should practice like this three or four times.) Whenever there is free time, or during a time when your body is weak [from illness], one should arrange one's body in a respectful posture, this is regarded as the mystery of the body. The mouth intones the name of the object of worship, this should be regarded as the mystery of speech. Of all movements, there is not that which is not a mudra. How much more so those postures of respect? Of all speech, there is not that which is not a mantra. How much

mandala (mind). Through this form of practice one realizes that the body, speech, and mind of beings (the three sources of karma, *sangō* 三業 (MD, 788a), are in fact united with the body, speech, and mind of the particular object of reverence (such as Amitābha, or Sākyamuni) as well as the Dharma-body (ultimate reality) itself. (MD, 839b-840b).

¹⁴⁶⁷ "Accomplishment" 悉地 (S. *siddhi*, C. *xidi*, J. *shiji*) it has long been noted that certain powers arise from the mastery of deep states of concentration. These "powers" or accomplishments are referred to as *siddhi*. While often associated with magic or super-normal powers (avoidance of disaster, good luck, acquisition of wealth, success in love, etc.), it is often the case that the power attained is the power to attain awakening, rebirth in a Pure Land, heaven or the Realm of Mystical Splendor *Mitsugon kokudo* 密嚴國土, and ultimately, awakening (MD, 984b-c).

¹⁴⁶⁸ The Sanskrit syllable A is an important object of reverence and contemplation in the Shingon tradition. A is the negative prefix in Sanskrit and the first letter of the alphabet. A thus represents the beginning as negation.

Contemplation of the character A 阿字觀 (J. *ajikan*) is an important for of contemplative practice in Shingon Buddhism (Dreitlein and Takagi, *Philosophy of Language*, 344-45).

¹⁴⁶⁹ DNBZ alternate, 則.

¹⁴⁷⁰ In DNBZ, this four character phrase appears before the preceding four character phrase as 定相淨土.

Placement here seems correct when compared to following line.

¹⁴⁷¹ DNBZ, mistake 月.

¹⁴⁷² DNBZ omits the previous two characters and includes this character 若 instead.

¹⁴⁷³ DNBA addition 之.

more so the intoning of the name of [Amitābha] Buddha? The mind, relying upon the [deep] meaning of the name is taken to be the mystery of mind. As for the [deep] meaning, the three characters of the Buddha’s name are all mantras. If you understand the word’s meaning, it means “nectar.” That Buddha is naturally capable of separating [beings] from all bile and poison of obstacles of confusion. [So that they] realize the cooling serenity of nirvana. Moreover, this Buddha causes sentient beings that keep this mantra in mind, to [realize that they are] the same as him. This is called *amṛta*.

若據字義。三字眞言。初 A¹⁴⁷⁴爲體。餘是轉釋。A¹⁴⁷⁵不生義卽是中道。彌吾我義及自在義。陀如如義及解脫義。彼佛不生中道萬德。離一切邊無此無彼。無我大我無不自在。能知無我得自在時。心¹⁴⁷⁶證得如如。則是解脫。（字義雖多。今據一隅。彌字本惠加定。則表¹⁴⁷⁷自在德。定惠莊嚴。梵字雖用 *mr* 字。依所稱聲。取省略故也。）將臨瞑目之時。住本尊之¹⁴⁷⁸定印。稱本尊名號。一心歸命中道萬德。云云

If you rely upon the [inner] meaning of the characters, they constitute a three character mantra. First, A is taken to be the essence. The rest is a developed exegesis. ‘A’ is the doctrine of non-arising, and is none other than the middle path. ‘MI’ is the self, and the doctrine of *jizai*.¹⁴⁷⁹ ‘TA’ is suchness, and the doctrine of extinction. The manifold virtues of this Buddha’s middle path of the unborn are free from all extremes: there is not ‘this,’ there is not ‘that.’ In the great-self of no-self,¹⁴⁸⁰ there is not that which is not *jizai*. Upon being able to understand the *jizai* grasped by no-self, the mind is awakened and grasps thusness. This is none other than extinction. (Though there are many meanings to the characters, here I have presented but one corner. [For example] with the character MI, one can add ‘meditation’ to its fundamental meaning, which is ‘wisdom.’ Thusly, it also reveals the virtues of *jizai*. Meditation and wisdom are its adornment. Even though the Sanskrit employs the character *mr*, it is abbreviated in accordance with the [traditional] chanting pronunciation.) When the end has come, and one’s eyes are beginning to close, abide in the meditative mudra of the object of worship, intone the name, and with one mind, take refuge in the manifold virtues of the middle path. (End quote)

¹⁴⁷⁴ DNBZ uses *kanji* instead of Siddham, which is used throughout the SAZ edition.

¹⁴⁷⁵ SAZ, as above, includes Siddham, but the MI and TA below are written in *kanji* in the SAZ

¹⁴⁷⁶ DNBZ omission.

¹⁴⁷⁷ DNBZ addition 此.

¹⁴⁷⁸ DNBZ omission.

¹⁴⁷⁹ *Jizai* 自在, which means something close to “sovereign,” refers to the ability to accomplish tasks unimpeded.

Having realized the fundamental emptiness of all things, one is able to do anything (NKBD, 648a-b). Dōhan is here saying that upon realizing that “you” are originally unborn, “you” still exist as a self, but not as the usual self, but as a *jizai* self that is fully supported by Buddhahood and able to work for the benefit of all sentient beings. *Ta* would be suchness itself and liberation, and it is the middle way, which is between born and unborn.

¹⁴⁸⁰ Kūkai discusses the concept of *muga daiga* 無我大我 in the *Hokke kaidai* 法華經開題 (T. 2190, 56.182a01-04) and the *Dainichikyō kaidai* 大日經開題 (T. 2211, 58.07a03-05).

覺鑠¹⁴⁸¹之五輪九字祕釋云。真言行者。於 Namu Amida¹⁴⁸²佛名號更勿作淺略思。若入真言¹⁴⁸³時。諸言語皆是真言。何況 AMITA[佛¹⁴⁸⁴]云云

Kaku-VAM's [Kakuban] [*Gorinkujimyō himitsu shaku* 五輪九字明祕密釋] (T. 2514) states: “Practitioners of the mantra path, as for the Buddha’s Name, “*Namu Amida Butsu*,” do not establish a shallow understanding. If one enters the Mantra Gate, all speech and all words are in all cases Mantra. How much more so the [mantra] AMIDA Buddha?¹⁴⁸⁵ [End excerpt]

大日經第七云。金剛頂經說。觀世音¹⁴⁸⁶蓮華眼。即同一切佛。無盡莊嚴身。或以世導師說¹⁴⁸⁷法自在者。隨取一名號。作本性加持文。云云（彌陀名號事。以此經文為規模也）真言行人。即淺解深祕。即易知頓證。故¹⁴⁸⁸順道俗同歸之佛號。付彌陀稱名本願者也。

The *Mahāvairocana-sūtra*, Chapter Seven, states: “The *Vajraśekhara* [collection] explains that, ‘The lotus blossom eyes of Avalokiteśvara embody limitless adornments equal to that of all the Buddhas. Moreover, in accordance with the Dharma of perfect freedom taught by contemporary masters, you should employ this one name and establish the empowerment of one’s fundamental nature.’¹⁴⁸⁹ (Take this passage as a model for how to understand the name of Amitābha.) For the mantra practitioner, it is precisely the shallow [understanding] that penetrates [and is not separate from] the most profound secret, and it is precisely the easy [practice] that immediately attains [and is not separate from] awakening. Therefore, the Buddha name in which monks and lay alike have taken refuge is the none other than the primal vow of chanting Amitābha’s name.

問。其名號深祕義如何。答。真言者。一字含千理。即身證法如故。三字名號即具萬德。所謂 AMITA 三字。如次佛金蓮三部種子真言也。A 字本不生中道義即佛部也。MI 字吾我不可得義。離吾我即人法二空智故。是金剛部也。TA 字如如不可得義。是性淨如如¹⁴⁹⁰理故。為蓮華部也。¹⁴⁹¹

Question: What about the profound secret meaning of the name [of the Buddha]? Answer: A mantra is something that in, “one character can encompass one-thousand principles, and in its

¹⁴⁸¹ DNBZ uses the Siddham Vam instead of the character *ban*, a practice quite common with texts about Kakuban.

¹⁴⁸² SAZ has “*Namu Amida*,” but the Buzan edition gives “*Namu Amṛita*.”

¹⁴⁸³ DNBZ addition 門.

¹⁴⁸⁴ DNBZ addition 佛.

¹⁴⁸⁵ T. 2514, 79:22b10-12. The reason that Siddham is used here is to render each syllable of the *nenbutsu* as a mantra unto itself. In this way, the *nenbutsu* contains infinite meanings. See Kūkai’s commentary on the Heart Sūtra, *Hannya shingyō hiken ryakuchū* 般若心經祕鍵略註 (T. 2203B), “One character encompasses one thousand *ri* 一字含千理.” (T. 2203B.57.0018a08).

¹⁴⁸⁶ SAZ omission.

¹⁴⁸⁷ DNBZ addition 諸.

¹⁴⁸⁸ SAZ 2:228.

¹⁴⁸⁹ T. 848, 18.53c14-17.

¹⁴⁹⁰ SAZ omitted.

¹⁴⁹¹ DNBZ omitted.

very form, realizes the thusness of dharmas.”¹⁴⁹² Therefore, the name in three characters possesses countless virtues. That which is called the Three Characters of A-MI-TA, as described below, is like the bija mantras for the three sections of [the mandala] Buddha, Vajra, and Lotus.¹⁴⁹³ The character A is the fundamentally uncreated middle way, it is therefore the Buddha section. The character MI is the ungraspable meaning of the self. When the self is transcended, it becomes the wisdom that beings and dharmas are both empty, it is therefore the Vajra section. The character TA is the teaching of the ungraspable doctrine of suchness. This is the principle of thusness as fundamentally pure. It is taken to be the Lotus section.

凡三部者。蓮華是自性清淨理。金剛是不壞能斷智。佛部是理智冥合佛身也。理平等遍一切處故為妙有。(五大)智斷人法二我有執故為真空。(職大)佛部是¹⁴⁹⁴理智有空¹⁴⁹⁵總體故為中道。是故此 AMITA¹⁴⁹⁶三字又三諦也。

In general, regarding these three sections, the Lotus is the principle of originally pure self-nature. The Vajra is indestructible wisdom. The Buddha is the Dharma-body in which principle and wisdom are mutually joined. Principle universally pervades all of existence, and is therefore taken to be wondrous being. (five elements¹⁴⁹⁷). Wisdom severs the attachment to the [mistaken view that] self and dharmas possess “self,” and is therefore taken to be true emptiness. (The element of consciousness). In the Buddha section [of the mandala], principle and wisdom, being and emptiness, are wholly embodied, and it may therefore be taken to be the Middle Way. For this reason, the three characters A, MI, and TA, are also the three truths.¹⁴⁹⁸

問。常途¹⁴⁹⁹。以阿彌陀三字。如次為空假中三諦。今為中空假。其次第相違如何。答。空假中次第就字相。中空假約字義也。¹⁵⁰⁰A 字字相空也。¹⁵⁰¹MI 字字相吾我。我即¹⁵⁰²有也。TA 字字相如如。如如¹⁵⁰³即¹⁵⁰⁴中也。字義三諦如上三部。

Question: According to the ordinary path, the three characters A-MI-TA correspond to the

¹⁴⁹² T. 2203B.57.18a08.

¹⁴⁹³ Three divisions, or three families 三部 (*J. sanbu*), of the Mahākaruṇāgarbhadhava maṇḍala are: (1) Buddha division, led by Mahāvairocana, and represented by the mystery of body; (2) Lotus division, led by Avalokiteśvara (and/or Amitābha), and represented by the mystery of speech; (3) Vajra division, led by Vajrapāṇi, and represented by the mystery of mind (Dreitlein and Takagi, *Philosophy of Language*, 396-7).

¹⁴⁹⁴ DNBZ alternate 此.

¹⁴⁹⁵ SAZ omitted, 不二.

¹⁴⁹⁶ DNBZ alternate 阿彌陀.

¹⁴⁹⁷ Earth 地, Water 水, Fire 火, Wind 風, and Space 空.

¹⁴⁹⁸ In the *Mohezhi guan* Zhiyi developed the three truths 三諦 (*J. santai*) of emptiness, provisionality, and the middle 空假中 (*J. ku-ke-chū*), as a way to imagine a position whereby Nāgārjuna’s two-truths (emptiness and provisionality, or ultimate and apparent reality) could be understood together.

¹⁴⁹⁹ DNBZ addition 顯教.

¹⁵⁰⁰ DNBZ 調.

¹⁵⁰¹ DNBZ 無也.

¹⁵⁰² DNBZ 則.

¹⁵⁰³ DNBZ omitted.

¹⁵⁰⁴ DNBZ 則.

three truths of emptiness, provisional, and the middle. Just now, [you suggested], middle, emptiness, and provisional. What is the difference between these sequences?

Answer: The order of emptiness, provisionality, and the middle, accords with the outer characteristic, while middle, emptiness, and provisional, approximates the letters inner meaning.¹⁵⁰⁵ The outer characteristic of the letter A is emptiness, MI to the self, self is being. The outer characteristics of the letter TA is thusness, thusness is the middle. The inner meaning of three truths is like the aforementioned three divisions.

問。字相字義相對。字相淺字義深。而¹⁵⁰⁶今 TA 字字相 如如是 中故可深。字義 蓮華部有 有故可淺。其相違如何。答。字相 中 是相待 中故 為始覺門義。字義有本有有故 本覺門為義也。始覺三諦空為本。即¹⁵⁰⁷顯經三諦也。本覺三諦有為本。即¹⁵⁰⁸真言門三諦也。是故三諦義門淺深重々而已。

Question: In comparing the outer characteristics and inner meaning, the outer characteristics are shallow, and the inner meaning is deep. And now, the outer characteristics of the letter TA is thusness, this is the middle, which may be taken as the deep. As for the inner meaning, that of the lotus section is being, and being is therefore taken to be shallow. Why is there this discrepancy?

Answer: The middle of the outer characteristics is interdependence, and therefore the middle may be taken to have meaning of the gate of initial enlightenment.¹⁵⁰⁹ The inner meaning of being is fundamental being, being may therefore be taken to have the meaning of the gate of fundamental enlightenment. When emptiness [as understood by] the three truths of initial awakening is taken as the basis, this is the three truths of the exoteric teaching. When being [as understood by] the three truths of original awakening is taken as the basis, this is the three truths of the mantra gate. Therefore, indeed, with regard to the doctrine of the three truths, there are certainly shallow and deep [levels of understanding].

¹⁵⁰⁵ Jisō and Jigi 字相字義 signify the outer meaning (*sō*, or aspect) of a character, and inner meaning. See, *Dainichikyō kaidai* 大日經開題 (T. 2211): 次據梵名釋者。初 MA 字有二義。一字相二字義。字相者我義。字義者我不可得義又空義。此亦有無量我義。神我假我實我等是。毘盧遮那則名大我。我則大自在義。故又云內心之大我。我一切本初等。(T. 2211, 58.01c16-20); See also Dreitlein and Takagi, *The Philosophy of Language*, 382-383, “profound meanings of letters,” who notes that the “inner meaning” attributed by Kūkai uses the interpretation of the form and meaning of Siddham letters as a metaphor for how exoteric and esoteric approaches to Buddhism differ. The exoteric reading of a text merely describes the form, while the esoteric gets to the meaning. While each “letter” might be different, at their core, they all possess the letter ‘A,’ the original non-arising, or emptiness. See: *Dainichikyō kaidai* TKDZ 4:47-48, *Kongōchō kaidai* TKDZ 4:89, and *Himitsu mandarajūjūshinron* TKDZ 2:144-45.

¹⁵⁰⁶ DNBZ mistake 面.

¹⁵⁰⁷ DNBZ 則.

¹⁵⁰⁸ DNBZ 則.

¹⁵⁰⁹ Initial Enlightenment 始覺 (C. *shijue*, J. *shigaku*) signifies the first glimpse of awakening attained through Buddhist practice, and is contrasted with Original Enlightenment 本覺 (C. *benjue*, J. *hongaku*), the fundamental Buddhahood of all beings. Both of these concepts appeared in the Awakening of Faith 大乘起信論 (T. 1666). See Chapter III, Part III, for a discussion of the significance of *hongaku* thought in Japanese Buddhism.

又此三部即法報應三身也。佛部爲應身。定惠不二理智相應故。(A) 金部爲報身。生法二空智故。(MI) 蓮¹⁵¹⁰部爲法身。自性清淨理故。(TA) 又三字如次爲法報應。A 字本不生理故爲法身。MI 字大空惠故爲報身。TA 字如如故爲應身。如是契應之義也。

Moreover, these three sections [of the mandala] are none other than the Three Bodies of Dharma-body, reward-body, and response-body.¹⁵¹¹ The Buddha section may be taken to be the response body. This is because meditation and wisdom are non-dual, and principle and wisdom [or reality and knowing reality] are bound to one another. (A) The Vajra section may be taken as the reward-body. This is because of the wisdom of the emptiness of beings and dharmas. (MI) The Lotus section may be taken to as the Dharma-body. This is because of the principle of the fundamentally pure self-nature. (TA) Also, these three characters correspond to the dharma-reward-response [bodies]. The character A is the principle of original non-arising, and may therefore be taken to be the Dharma-body. The character MI is the wisdom of great emptiness, and may therefore be taken to be the reward-body. The character TA is thusness, and may therefore be taken to be the response-body. In this way it possesses the meaning of establishing a connection with the response [body].

又此三字爲三點。A 字爲法身。遍一切處理故。MI 字爲般若。不壞金剛惠故。TA 字爲解脫。TA 字字(SAZ 2:229)相即¹⁵¹²如如解脫。謂解脫煩惱所知二障。證得菩提涅槃二如。是爲解脫佛體也。

Also, these three letters may be taken to represent the three-points [principle, wisdom, and phenomena].¹⁵¹³ The letter A may be taken as the Dharma-body, this is because it represents the principle that universally [penetrates] every corner [of the universe]. The letter MI may be taken as wisdom, this is because it represents the wisdom that is indestructible like a vajra. The letter TA may be taken as liberation. The outer characteristic of the letter TA is awakening to thusness. That is to say, it may be taken as the liberation from the dual-hindrances of the *kleśa* and the mental hindrances, [and leads to] the realization of the dual reality of bodhi and nirvana. This is taken to be the liberation of the stage of Buddhahood (or buddha-body of liberation).

又此三字即¹⁵¹⁴三密也。A 字佛部故爲身密。MI 字金剛¹⁵¹⁵部故爲意密。TA 字蓮花¹⁵¹⁶部故爲語密。

Also, the three characters are the three mysteries [of body, speech, and mind]. The character A, and the Buddha section, may therefore be taken to be the mystery of body. The character

¹⁵¹⁰ DNBZ addition 華.

¹⁵¹¹ 3 and 4 Buddha bodies

¹⁵¹² DNBZ 則.

¹⁵¹³ The *santen* may refer to the “three points of the Sanskrit letter ‘I,’” signifying the non-dual relationship between dharmakāya, prajñā, mokṣa, but in some “mikkyō” texts, it can signify as well principle 理, wisdom 智, and phenomena 事. See note above.

¹⁵¹⁴ DNBZ 則.

¹⁵¹⁵ DNBZ: 金

¹⁵¹⁶ DNBZ 蓮華.

MI, and the Vajra Section, may therefore be taken to be the mystery of mind. The character TA, and the Lotus Section, may therefore be taken to be the mystery of speech.

又此三字卽三寶也。A¹⁵¹⁷字身密故爲佛寶。MI¹⁵¹⁸字意密故爲僧寶。TA¹⁵¹⁹字語密故爲法寶。（此三密三寶相攝。四種曼荼羅義見。意爲僧。理智和通能所一味爲僧。心體遍中道寶義。中卽不二。不二卽理智和合故云僧也）

These three characters are also the three jewels [of Buddha, Dharma, and Sangha]. The character A is the mystery of body, and may therefore be taken to be the Buddha jewel. The character MI is the mystery of mind, and may therefore be taken to be the Sangha jewel. The character TA is the mystery of speech, may therefore be taken to be the Dharma jewel. (The mutual relation between three mysteries and three jewels may be seen in the doctrine of the four-fold Mandala. That the mind may be taken to be the sangha, signifies the mutual interpenetration of principle and wisdom and may be taken to be the one taste of subject and object. The meaning of this jewel is that the essence of mind pervades the middle way. The middle is non-duality. Non-duality is the mutual harmony of principle and wisdom. For this reason, it is called sangha.)

又此三字卽三智也。A字爲無礙智。無礙智是始本無二智也。（中）MI字爲一切智。一切智是始覺也。（空）TA字爲自然智。自然智是本覺也。（有）

These three characters may also be taken to be the three [forms of] wisdom. The character A is unimpeded wisdom. Unimpeded wisdom is the wisdom of [realizing] that initial and inherent awakening are not two. ([This is the truth of the] middle.) The character MI is all wisdom. All knowing wisdom is the wisdom of initial awakening. ([This is the truth of] emptiness.) The character TA is the wisdom of spontaneous arising. The wisdom of spontaneous arising is inherent awakening. ([This the truth of] being).

又此三字卽喉舌脣三內聲也。A字喉內卽佛部聲也。MI字脣內卽金剛¹⁵²⁰部聲也。TA字舌內卽蓮華¹⁵²¹部聲也。

These three characters are also the three organs of speech: throat, tongue, and lips.¹⁵²² The character A is the throat, which is none other than the voice of the buddha section [of the mandala]. The character MI is the lips, which are none other than the voice of the vajra section. The character TA is the tongue, which is none other than the voice of the lotus section.

¹⁵¹⁷ DNBZ kanji.

¹⁵¹⁸ DNBZ kanji.

¹⁵¹⁹ DNBZ kanji.

¹⁵²⁰ DNBZ 金.

¹⁵²¹ DNBZ 蓮.

¹⁵²² On *naishō* 內聲 see MD 1695, see other related concepts through 1693-97. See also: Kukai *Shōjissōgi* (T. 2429, 77.0402b28).

問。付¹⁵²³ 三內聲言之。喉舌脣是聲依¹⁵²⁴出次第也。仍大日經以 A-SA-VA 三字爲三部。¹⁵²⁵是如次喉舌聲故。而今阿彌陀¹⁵²⁶ 三字。喉內 A 字在始。脣內 MI 字在中。舌內 TA 字在後¹⁵²⁷。其義¹⁵²⁸ 如何。答。三內聲卽三部也。而¹⁵²⁹三部次第有二。一依金界佛金蓮。二依胎藏¹⁵³⁰佛蓮金也。大日經依胎說次第故。喉舌脣 A-SA-VA 佛蓮金¹⁵³¹也。今喉脣舌且依金次第。喉脣舌 A-MI-TA 佛金蓮¹⁵³²是證菩提門故。爲金大日之義有之（云云）

Question: Speaking of the three organs of speech,¹⁵³³ the throat-tongue-lips are [examined] in the order by which the voice flows out. In the *Mahāvairocana-sūtra*,¹⁵³⁴ the three characters of A-SA-VA are the three sections [of the mandala], in this way [these divisions] are the throat-tongue-lips, and the three characters of A-MI-TA. Throat-A is the beginning. Lips-MI is the middle. Tongue-TA is the end. How might we understand this teaching?

Answer: The three organs of speech correspond to the three divisions [of the mandala], and the three divisions have two orders: first according to the Vajra World [Mandala]: Buddha, Vajra, Lotus; second, according to the Womb World [Mandala]: Buddha, Lotus, Vajra. In the *Mahāvairocana-sūtra* the order is explained according to the Womb [World Mandala], wherein the order is: A (Buddha, throat), SA (Lotus, tongue), VA (Vajra, lips). However, here in accordance with the order of the Vajra [World Mandala], the order is taken to be: A (Buddha, throat), MI (Lotus, tongue), TA (Vajra, lips). [This order is chosen] because A-MI-TA is the gate of realizing awakening, and possesses the meaning of the Mahāvairocana of the Vajra [World Mandala].

又有甚深義趣。先三內者聲出外始中終也。A 字¹⁵³⁵在喉中。未附邊之聲故爲喉內。TA 附舌¹⁵³⁶ 上脣¹⁵³⁷呼之故爲舌內。MI 字合脣¹⁵³⁸呼之。故爲脣內。是故喉舌脣如次內中外聲也。

This also has an extremely deep meaning. First, these three organs are the beginning, middle, and end of the voice's outward production. The character A is the throat because it abides

¹⁵²³ DNBZ 就.

¹⁵²⁴ DNBZ 流.

¹⁵²⁵ DNBZ addition 本.

¹⁵²⁶ DNBZ says, A-SA-VA instead.

¹⁵²⁷ DNBZ 終.

¹⁵²⁸ DNBZ 儀.

¹⁵²⁹ DNBZ mistake 面.

¹⁵³⁰ DNBZ says 界 instead of 藏.

¹⁵³¹ DNBZ restates A-SA-VA.

¹⁵³² DNBZ kanji.

¹⁵³³ T. 2438, 77.0522a21-25; T2438_77.0522b06-09

¹⁵³⁴ *Mahāvairocana-sūtra* T. 848, 18.30b03, and so on, and the corresponding section in the *Dainichikyōso* (T. 1796, 39.722c11, 722c27-23a01, and so on).

¹⁵³⁵ DNBZ 喉.

¹⁵³⁶ DNBZ characters reversed 舌附.

¹⁵³⁷ DNBZ 顎.

¹⁵³⁸ In following the SAZ edition, all 脣 have been replaced by the common variant 脣.

within the throat, having not yet arisen as speech. The character TA is the tongue because it is produced by the tongue touching the roof of the mouth. The character MI is the lips because it is produced by the meeting of the lips. In this way, the order of throat, tongue, and lips [correspond] to the inner, middle, and outer [components] of the voice.

內爲內證外爲外用。而¹⁵³⁹今脣內 MI 字在有中。舌聲 TA 字在終者。從 A 字出 MI 字。則彌陀本地法身直爲觀音。來生死開衆生心蓮意也。次從 MI 字入 TA 字。是衆生開心蓮。¹⁵⁴⁰歸本覺性蓮之意也。

Inner may be taken to be inner realization, and outer may be taken to be outer manifestation. And, Lips-MI is being-middle. Tongue-TA is the end. From A is produced MI, which is the fundamental Dharma-body of Amitābha as Avalokiteśvara. This is the opening of the heart-lotus of sentient beings in *samsāra*. Next, the character MI enters the TA character, and this signifies the opening of the heart-lotus of sentient beings, and means the returning to the lotus of inherently awakened nature.

疎¹⁵⁴¹勢至釋未敷蓮云¹⁵⁴²。此未開蓮¹⁵⁴³如來寶篋。猶開敷已而¹⁵⁴⁴却合〔云云¹⁵⁴⁵〕是故此三字次第。從本出 (SAZ2:230) 未。從外入內¹⁵⁴⁶。即從本垂迹。從因至果二德顯¹⁵⁴⁷三字聲也。微妙不思議圓德。留心可思之¹⁵⁴⁸。

The [*Dapiluzhena chengfo jingshu* 大毘盧遮那成佛經疏 (T. 1796)] explains that, Mahāsthāmaprāpta interprets the unopened lotus, saying that, “This unopened lotus is the Tathāgata’s jeweled basket. It is like one that has already opened, and yet it is still closed.”¹⁵⁴⁹ Therefore, the order of these three characters [progresses] from the roots to the branches, and from outer to inner. From origin to trace manifestation, from cause to effect, these two virtues¹⁵⁵⁰ are revealed by the vocalization of these three characters, and is the profound mystery of perfect virtue. Keep this in mind and think about it deeply.

¹⁵³⁹ DNBZ mistake 面.

¹⁵⁴⁰ DNBZ alternate 開衆生心蓮.

¹⁵⁴¹ DNBZ alternate 又疎積. In the SAZ, the first and third characters are omitted, and a variant character, which has the left side of 疎, and the right hand side of 疏, all of which are variants of the more standard 疎 or 疏.

¹⁵⁴² DNBZ says 弥陀敷蓮云, instead of the previous four characters.

¹⁵⁴³ DNBZ 即是.

¹⁵⁴⁴ DNBZ 面.

¹⁵⁴⁵ DNBZ 文.

¹⁵⁴⁶ DNBZ 中.

¹⁵⁴⁷ DNBZ 具.

¹⁵⁴⁸ DNBZ omitted.

¹⁵⁴⁹ T. 1796, 39.718b21-22, identified by Satō Mona, “Dōhan cho ‘Himitsu nenbutsu shō,’ inyōbunken shutten chūki 道範著『秘密念仏抄』引用文献出典注記,” *Bukkyō bunka kenkū ronshū* 仏教文化研究論集 4 (2000): 132.

Identifying the refernces and variants was made much easier thanks to Satō’s pioneering research. Unless otherwise noted, I have relied upon Satō’s work in this area. For fascicle one see: 131-134, fascicle two: 134-138, and fascicle three: 138-141.

¹⁵⁵⁰ *Nitoku* 二德 may indicate either the dual-virtues of wisdom and compassion, or it may indicate the virtues that are inherent (like Buddhahood) and those that are acquired by practice (NKBD, 1299).

又此三字爲字印形三祕密身。A 字爲種子。法身故。MI 字爲三昧耶。三昧耶卽本誓屬智故。[報身也。¹⁵⁵¹] TA 字爲尊形應身解脫點佛故。

These three characters may also be taken to be the three mysterious bodies of letter, mudra, and form.¹⁵⁵² The character A is the bija (seed syllable), and therefore the Dharma-body. The character MI is samaya, which is the original vow that is dependent upon wisdom. This is the reward body. The character TA may be taken as the form of the object of worship, the response body, the Buddha who points to liberation.

此三祕密身。卽四種曼荼羅。胎說三祕密印。金說四種曼荼。四種曼荼羅者。大三法羯也。此中羯磨通上三密身。故四曼三[祕¹⁵⁵³]密身。開合異也。

These three secret bodies are the four-fold mandala. The Womb [World Mandala] explains the three secret mudras. The Vajra [World Mandala] propounds the four-fold mandala. The four-fold mandalas are as follows Mahā-mandala, Samaya Mandala, Dharma Mandala, and Karma Mandala. Among these, the Karma Mandala pervades the above three mysterious bodies, and is therefore the four-fold mandala three mysterious bodies. [The difference between the four-fold mandala and three mysterious bodies is that one is concise and one is detailed].

又此三字卽安養[界之¹⁵⁵⁴]三尊也。A 字卽法身[卽¹⁵⁵⁵]彌陀佛。MI 字報身卽觀世音。TA 字應身卽大勢至。故一佛卽三尊。三尊卽一體也。

These three characters are also the three honored ones of Sukhāvātī. The character A is the Dharma-body and Amitābha. The character MI is the reward-body and Avalokiteśvara. The character TA is the response-body and Mahāsthāmaprāpta. Therefore, one Buddha is three honored ones, and the three honored ones are of one body.

問。前部¹⁵⁵⁶ TA 字爲蓮部。蓮部是法身也。今 TA 字爲勢至。勢至是應身¹⁵⁵⁷。於一 TA 字法身應身二義如何。答。此三尊且有二義一彌陀爲本二菩薩¹⁵⁵⁸爲迹。從¹⁵⁵⁹不二本源。現而二雙¹⁵⁶⁰翼。此時佛部爲法身。二部爲報應。定惠二尊中。定是理。理遍一切處故有附¹⁵⁶¹應義。仍勢至爲應身也。

¹⁵⁵¹ SAZ omission.

¹⁵⁵² *Ji-in-gyō* 字印形, signifies the *bija*, mudra, and form of the object of devotion. Using these three levels or aspects of the physical form, signifying the Dharma, Samaya, and Maha- mandalas present within the Karma-mandala. T. 848, 18.44a16-22; MD, 847b; See also, Dōhan's *Gyōhōkanyō shō* 行法肝葉鈔 (T. 2502, 888a04-12, 889b08, and so on).

¹⁵⁵³ SAZ omitted.

¹⁵⁵⁴ SAZ omitted.

¹⁵⁵⁵ SAZ omitted.

¹⁵⁵⁶ DNBZ 時.

¹⁵⁵⁷ DNBZ 也.

¹⁵⁵⁸ DNBZ 尊.

¹⁵⁵⁹ DNBZ 是從.

¹⁵⁶⁰ DNBZ 羽.

¹⁵⁶¹ DNBZ 符.

Question: Before, when discussing the Three Divisions, it was said that the character TA is the Lotus Family, and that the Lotus family is the Dharma-body. Now you are saying that the character TA may be taken as Mahāsthāmaprāpta, and that Mahāsthāmaprāpta is the response-body. How can this one character TA possess two meanings as Dharma- and response-body?
Answer: These three honored ones also possess two meanings:

First, Amitābha is taken as the origin, and the two Bodhisattvas are taken to be the trace manifestation.¹⁵⁶² From the non-dual original source, they will appear as the two wings [of a bird]. Here, the Buddha section is taken to be the Dharma-body, and the two other sections [Vajra and Lotus] are the reward- and response-body. Of the two honored ones who correspond respectively to meditation and wisdom, meditation is the principle, and principle pervades all of existence, and is therefore means that being is connected to response. And so, Mahāsthāmaprāpta is to be taken as the response body.

二二尊爲本一佛爲迹是¹⁵⁶³。從¹⁵⁶⁴本有理智生修德¹⁵⁶⁵果海¹⁵⁶⁶。此因¹⁵⁶⁷本覺本因爲法報。顯德¹⁵⁶⁸灌果爲應身。是故於 A · TA 二字。隨義互有法應義也。三部三尊義。得此意可見。

Second, the two honored ones may be taken as the origin, and the one Buddha is the trace manifestation. From the origin, which possesses principle and wisdom, arises the cultivated virtues of the ocean like fruition of awakening. This cause is the original cause of original awakening, and may be taken as the Dharma- and reward-body. The resultant revealed virtues may be taken as the response-body. For this reason, the two characters A-TA possess together the meaning of Dharma- response-body. One can see that the doctrine of the three divisions and three objects of devotion [also] possess this meaning.

又此三字非唯爲涅槃菩提愬¹⁵⁶⁹體。亦生死煩惱實相也。所謂三字卽根本三毒之實相也。A 字爲癡實相。MI 字爲嗔實相。TA 字爲貪實相也。

These three characters not only wholly embody nirvana and bodhi. They are also the truth aspect of *samsāra* and the afflictions. That which is called three characters are fundamentally the truth aspect of the three poisons.¹⁵⁷⁰ The character A is the truth aspect of delusion. The character MI is the truth aspect of anger. The character TA is the truth aspect of greed.

¹⁵⁶² The concept of *honji suijaku* 本地垂迹, where by a Buddha may be taken as the fundamental basis and a Bodhisattva or god taken as the “trace” manifestation, has been examined recently in: Mark Teeuwen and Fabio Rambelli, ed., *Buddhas and Kami in Japan: Honji Suijaku as a Combinatory Paradigm* (London: RoutledgeCurzon, 2003).

¹⁵⁶³ SAZ omitted.

¹⁵⁶⁴ DNBZ 從.

¹⁵⁶⁵ DNBZ 得.

¹⁵⁶⁶ DNBZ 德.

¹⁵⁶⁷ SAZ alternate 日.

¹⁵⁶⁸ DNBZ 得.

¹⁵⁶⁹ DNBZ 總.

¹⁵⁷⁰ Meaning of three poisons

貪對順境爲着¹⁵⁷¹故有性。是如來大悲性故。與蓮華¹⁵⁷²部理同體。嗔對違境欲亡其境故空性。卽如來大智性故。與金剛¹⁵⁷³部智同性也。癡對諸境不着¹⁵⁷⁴不捨。唯闇¹⁵⁷⁵鈍性也¹⁵⁷⁶。故與佛部不二同性也。

Greed is the attachment to favorable objects, and is therefore the nature of being. This is the essence of the Tathāgata's great compassion, and is of the same essence as the Lotus section and principle. Hatred is the rejection of unfavorable objects, and because it [expresses] the desire to do away with those phenomena, it is therefore the nature of emptiness. This is the nature of the Tathāgata's great wisdom, and is of the same nature as the Vajra division and wisdom. Because delusion neither attaches to nor rejects the various objects of sense perception, being the nature of foolishness, for this reason it is of the same essence as the non-duality of the Buddha division [neither grasping nor rejecting].

是故此三字。卽三毒實相故。此三毒卽三身同體故。以三字稱念因緣。煩惱卽菩提¹⁵⁷⁷性得顯現。依之衆生無始輪迴根本三毒。卽得自性清淨。成 (SAZ 2:231) 本性心蓮之果德也。理趣經得自性清淨¹⁵⁷⁸段曼荼羅。三門置三毒形。此門置蓮華形。卽表三毒自性清淨也。

For this reason, these three characters, are the truth aspect of the three poisons. These three poisons are of the same essence as the three bodies [of the buddha]. Therefore, by means of the causes and conditions [that give rise] to the chanting and contemplation of these three characters, the nature of “delusion is bodhi” is revealed. In this way, the fundamental three-poisons of sentient beings [afflicting them] throughout beginningless transmigration are none other than the attainment of pure self-nature, and the resultant virtues of the fundamental nature of the heart-lotus. According to the [*Dale jin 'gang bukong zhenshi sanmeiye jing banruo boluomiduo liqushi* 大樂金剛不空真實三昧耶經般若波羅蜜多理趣釋 (T. 1003) (hereafter the *Rishushaku*), drawing upon the *Dalejin 'gangbukong zhenshisanimoye jing* 大樂金剛不空真實三摩耶經 (T. 243) (hereafter, the *Rishukyō*)], ‘The attainment of pure self-nature is a level of the mandala. The three gates establish the form of the three poisons are established in the three gates of the mandala. This northern gate establishes the form of the Lotus. This indicates the originally pure self-nature of the three poisons.’¹⁵⁷⁹

¹⁵⁷¹ DNBZ 著.

¹⁵⁷² DNBZ omitted.

¹⁵⁷³ DNBZ omitted.

¹⁵⁷⁴ DNBZ 著.

¹⁵⁷⁵ SAZ mistake 闇.

¹⁵⁷⁶ DNBZ omitted.

¹⁵⁷⁷ DNBZ addition 之.

¹⁵⁷⁸ DNBZ omits 清淨.

¹⁵⁷⁹ While referencing *Dalejin 'gangbukong zhenshisanimoye jing* 大樂金剛不空真實三摩耶經 (T. 243, 8.784c), the quote actually appears to come from the *Rishukyō* commentary, *Dale jingang bukong zhenshi sanmeiye jing banruo boluomiduo liqushi* 大樂金剛不空真實三昧耶經般若波羅蜜多理趣釋 (T. 1003, 19.612a10-b06).

又此三字即煩惱業苦三道實相也。A 字法身故為苦道。MI 字般若故煩惱道。TA 字解脫故為業道。

These three characters are also the truth aspect of the three [evil] paths of the afflictions, karma, and suffering. The character A, as the Dharma-body, is therefore taken to be the [truth aspect of the] path of suffering. The character MI, wisdom, is therefore the [truth aspect of the] path of the afflictions. The character TA, liberation, is therefore the [truth aspect of the] path of karma.

此三道即三點之義。與天台釋同。但彼約理性。此事相也。此三道即三字三字即三點故唱三字名號之氣中。生死即涅槃[之¹⁵⁸⁰]實德顯現。觀經等逆罪[得¹⁵⁸¹]往¹⁵⁸²生之說。佛意如此。

The three paths have the meaning of the three points, which is the same as the Tendai interpretation. But theirs is concerned with the nature of principle [the doctrinal interpretation], the [outer] characteristics of phenomena. The three paths are the three characters, and the three characters are the three points, and therefore, within the *Qi* of the chanting of the name in three characters, the true virtue of “*samsāra* is none other than nirvana” is revealed. The Buddha’s intention in teaching about the attainment of Pure Land rebirth by those who have committed the [five] evil sins in the [*Contemplation Sūtra* 佛說觀無量壽佛經 (T. 0365),¹⁵⁸³] and others, is like this.

¹⁵⁸⁴三字非唯遍衆生界。亦遍非情草木。謂六大成四曼¹⁵⁸⁵三世間故。器界聚¹⁵⁸⁶林亦六大所成。此六大即三密也¹⁵⁸⁷。地水火為身密。風空為語密。識大為意密。吽字義云。法身三密入纖芥而不迮。亘¹⁵⁸⁸大虛而不寬。不簡瓦石草木。不擇人天鬼畜。何處不遍。何物不攝。故名等持（云云¹⁵⁸⁹）法身三密遍法界故¹⁵⁹⁰。阿彌陀三字無所不至（云云）

Also, the three characters not only universally pervade the world of sentient beings, but also the non-sentient grasses and tree. That which is referred to as the six elements become the four-mandalas and three types of worlds [sentient, insentient, enlightened].¹⁵⁹¹ Therefore, the collected aggregates and phenomenal world are composed of these six elements. [Moreover,] these six elements are the three mysteries. Earth, water, and fire may be taken to be the

¹⁵⁸⁰ SAZ omitted.

¹⁵⁸¹ SAZ omitted.

¹⁵⁸² DNBZ omitted.

¹⁵⁸³ T. 365, C. *Foshuo guan wuliangshoufo jing*, J. *Bussetsu kanmuryōjubutsu kyō*; Satō notes, T. 365, 12.345c, but see also 345b10, 341a25, and 346a13.

¹⁵⁸⁴ DNBZ 又此.

¹⁵⁸⁵ DNBZ omitted, alternate 方.

¹⁵⁸⁶ SAZ contains a character that looks similar but that has the 竹 radical above.

¹⁵⁸⁷ DNBZ omitted.

¹⁵⁸⁸ DNBZ 互.

¹⁵⁸⁹ DNBZ 文.

¹⁵⁹⁰ DNBZ omitted.

¹⁵⁹¹ *Seken* 世間, NKBD 1004.

mystery of body. Wind¹⁵⁹² and space may be taken to be the mystery of speech, and the element of consciousness may be taken to be the mind. According to the *Unjigi* 吽字義 (T. 2430): “The three mysteries of the Dharma-body may fit into something the size of a mustard seed, and yet they cannot be shrunk. They encompass the great void, and yet it cannot be expended. They make no distinction between clay tiles and grasses and tree, nor the human, deva, preta, or animal realms. What is not illumined by them? What do they not embrace? They are therefore known as “*samādhi*.” The three mysteries of the Dharma-body pervade the universe. There is not that which the three characters “A, MI, TA” do not reach. (End Quote)¹⁵⁹³

[裏書云。三字印形爲身口意。口眞言身法印。意本尊。云三和合者身口意也。¹⁵⁹⁴]身印口眞言意本尊也。

[The back of the [scroll] is written: “The three, character-mudra-form, may be taken as the body-speech-mind. Speech = mantra, body = Dharma mudra, and mind = the object of devotion. This is called the triple harmonious union of body, speech, and mind.] The body [employs] the mudra, speech the mantra, and mind, the object of devotion.

已上三字字相字義網要如此¹⁵⁹⁵。若具述者歷劫難盡。抑此三字義。唯歸 A 字¹⁵⁹⁶ 一字。A¹⁵⁹⁷ 字是諸音¹⁵⁹⁸ 本。諸字之母。諸佛之種。諸法¹⁵⁹⁹ 體故。三部三身等萬德。唯攝 A 字。而以順觀旋轉。逆觀旋轉。一字攝多。多字攝一。等十六玄門之義言之。三字互有三字義故各攝萬德。廣大無邊。種種帝網不可窮盡。是故三身等義。只隨義便相對相攝。得意¹⁶⁰⁰ 忘筌。

This is the general outline of the inner and outer meaning of the three characters. If one were to explain in fine detail, even in the passing of a kalpa, it would be difficult to [explain] it fully. And so, the meaning of these three characters is solely to take refuge in the one character A. The character A is the basis for all sounds, the mother of all characters, the seed of all Buddhas, the essence of all dharmas, and therefore, it is the manifold virtues of the three divisions [of the mandala] and the three [buddha] bodies, and so on. Using only the character A, contemplate the sequential revolution [of the characters],¹⁶⁰¹ and the inverse, the one character encompassing all characters, all characters encompassing, and so on. This is what is

¹⁵⁹² See also, Jippan's *Ajigi* 阿字義 (T. 2438, 77.0521a26).

¹⁵⁹³ T. 2430, 77.406c29-407a03, TKDZ (*Teihon Kōbōdaishi Zenshū* 定本弘法大師全集) 3:65, 10-12); Hakeda, *Kūkai's Major Works* (New York: Columbia University Press, 1972), 258-259.

¹⁵⁹⁴ SAZ omits whole section.

¹⁵⁹⁵ DNBZ alternate 斯.

¹⁵⁹⁶ DNBZ has kanji and omits following character.

¹⁵⁹⁷ DNBZ contains 印 instead of A.

¹⁵⁹⁸ DNBZ 之.

¹⁵⁹⁹ DNBZ 之.

¹⁶⁰⁰ DNBZ alternate 魚.

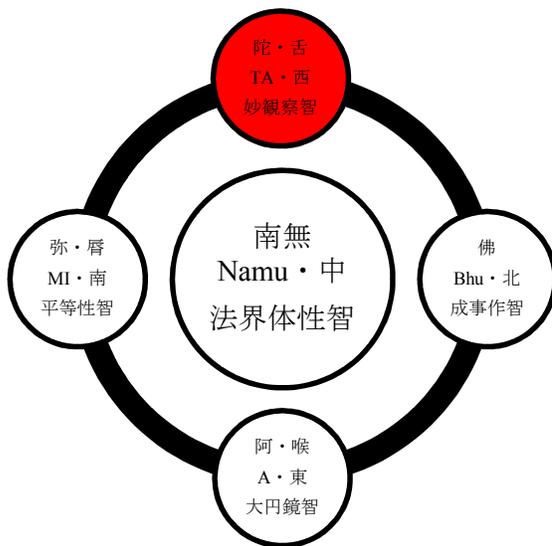
¹⁶⁰¹ MD 1105b.

called the teaching of the sixteen mysterious gates.¹⁶⁰² The three character together possess three character meanings, and therefore each grasps limitless virtues. Vast and without border, like the multifarious layers of Indra’s net they cannot be exhausted. For this reason, it signifies the three bodies, and so on. Depending on the meaning they are sometimes in opposition and sometimes encompassing each other Grasp the meaning, and forget the net!

次付南無阿彌陀佛六字顯其義者。此字即¹⁶⁰³ 五智五佛等也。

Next, concerning the six characters of *Na-mu A-mi-da-butsu*, [I will here] reveal their meaning. These six characters [encompass] the five wisdoms and five Buddhas, etc.

Image 2: Mandalic Nenbutsu (II)



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(SAZ, 2: 232) 以諸尊眞言作其曼荼羅時。以 OM 字爲總體置中台。是觀作曼荼羅之通相也。南無與唵同是歸命句也。故南無置中總位也。又大日經開題云。一切經首。如是二字上。皆有 NAMO 兩字。翻譯家略而不置。今准梵本。合有此字。歸命名無量壽佛。歸即能依人也。無量壽者法身常恆不壞德是也。身遍虛空法界。心互性相理事。此身此心何處不有。誰物不攝。故名歸命。

In constructing this kind of mandala by means of the mantras of all objects of devotion, use OM as the central dais. This is a common aspect of all mentally constructed mandala. NAMO and OM both [serve as phrases for] taking refuge. Therefore, NAMO is to be established in the

¹⁶⁰² See Kūkai’s *Hokkekyō kaidai* 法華經開題 (T. 2190, 56.178a11-a16), which is also cited by Kakuban in the *Hokkekyō hishaku* 法華經祕釋 (T. 2191, 56.189a19-22) and *Gorinkujimyō himitsushaku* 五輪九字明祕密釋 (T. 2514, 79.0021c18-21), as well as again by Dōhan in the *Gyōhōkanyōshō* 行法肝葉鈔 (No. 2502, 78.886c18-19).

¹⁶⁰³ DNBZ alternate 則.

¹⁶⁰⁴ Mandala on SAZ 2:231-232, KK, 115-116, and contains a number of elements not included in DNBZ.

central position. Moreover, in the [*Dainichikyō kaidai* 大日經開題,¹⁶⁰⁵] it says: “At the beginning of all sutras, before the two characters *rushi*, there are in all cases the two character NA-MO, and the translators abbreviate this. If we follow the Sanskrit text, then these two characters NAMO should be present.” Refuge [“return to life”] is called the Buddha of Limitless Life. Refuge is [also] the one who relies. Limitless Life has the virtue of the eternally indestructible Dharma-body, and his body pervades the infinite space of the Dharma-realm. His mind mixes in the essence and appearance of principle and phenomena. This body, this mind, in what place is it not present? What is not included in it? It is therefore named “refuge [“return to life”].”

是故今以歸命句。置中爲法身常壽總體也。四方四智。歸此中台本地。法身無量壽也。

For this reason one uses this refuge verse and establishes it on the central dais as the totality of the ever abiding life of the Dharma-body. The four wisdoms of the four directions return to this central, the fundamental basis for the Dharma-body of Limitless Life.

A 字東方發菩提大圓鏡智也。MI 字南方第七識我體。卽中東理智和合真人。是平等性智也。TA 字西方如如蓮華智也。佛北方羯磨身作業智也。南方人內證。北方佛外應也。金剛頂經開題云。此五智佛名一切如來。聚一切諸法。共成五佛身。五佛諸佛之本體。諸法之根源也。（文）

The letter A, to the East [bottom position], gives rise to the bodhi mind and the wisdom [that is like a] great round mirror. The letter MI, to the South [left side], is the seventh consciousness, the self. East and Center are the harmonious unity of principle and wisdom, joined together in the “true person.” This is the wisdom of the nature of equanimity. The letter TA, to the West [upper position] is the wisdom of the lotus of thusness [the wisdom of subtle discernment¹⁶⁰⁶]. The character Buḥ/Butsu [Buddha] in the North [right side] as the wisdom of the karma-body that performs actions. To the South is the inner realization of a person, and to the North is the outer manifestation. The [*Kongōchōkyō kaidai* 金剛頂經開題 (T. 2221)] elaborates: “The Buddhas of the five wisdoms [may be referred to as] all Tathāgatas. Gathering together all dharmas, they collectively constitute the bodies of these five Buddhas, these five Buddhas are seen to be the fundamental essence of source of all the myriad Buddhas, and the primordial origin of all dharmas.”¹⁶⁰⁷

二教論云。五智者卽五大所成智也。（文）五大爲五智有二說。一地爲中木（空）火金（風）水。如次爲東南西北。是五行次第也。木空精金風精也。（已上土爲中曼荼羅者不空說也。）二空爲中。地水火風。如次爲北西南東。此四州次第也。（已上無畏說也。）五智五佛配當。二說同中東南西北。如次大日阿闍寶生彌陀不空也。

¹⁶⁰⁵ T. 2211, 58.3a6-8; TKDZ 4:34.

¹⁶⁰⁶ *Nyonyo renechi* 如如蓮華智, another name for *Myōkanzatsuchi*, MD: 1744.

¹⁶⁰⁷ T. 2221, 61.02c25-27; TKDZ 3:77-78.

The [*Benkenmitsu nikyōron* 辨顯密二教論 (T. 2427) (hereafter, *Nikyōron*)], says: “The five wisdoms are the wisdoms attained by the five great [elements].”¹⁶⁰⁸ There are two explanations for the way in which the five elements may be taken to be the five wisdoms. The first one takes earth as the middle, [followed by] wood (void) fire, metal (wind), water. The order is East, South, West, North [down, and clockwise]. This is the order according to five phases [Chinese five-phases (*wuxing*) theory]. The essence of wood is sky, and the essence of metal is wind. (This is Amoghavajra’s explanation, wherein earth may be taken as the center of the mandala.) And the second takes void as the center, [followed by] earth, water, fire, and wind. The order is North, West, South, and East [center, right, and counter-clockwise]. This is the order of the Four Continents. (This is Śubhakarasiṃha’s explanation.) The Five Wisdoms and Five Buddhas are positioned according to these two explanations, with the same Center, East, South, West, North [center, down, and clock-wise], in the following order: Mahāvairocana, Akṣobhya, Ratnasambhava, Amitābha, and Amoghasiddhi.

五行五大。且一切衆生無始流轉五情根。卽五智五大也。眼耳鼻舌身。如次木水金火土也。卽如次 Hūṃ, Aḥ, Hrīḥ, Traḥ, Vaṃ 五智也。身中五藏。亦卽五佛也。謂肝心脾肺腎。如次木火土金水。則如次東南中西北五佛也。所緣五塵。亦五智也。謂色聲香味觸如次木水金火土也。五智配屬。色東方大圓鏡。萬像影現故。聲北方成事智。天鼓商佉說法音故。香具風力有遍至能。是西方妙觀察智說法香風。薰一切之義也。故香風共在西方。味南方平等智。同如一味故。觸身根境。身具四根。觸有四大故。觸爲中央。
（已上五智五藏五行配屬摩訶止觀說也五智五佛眞言義也又加持身五所成五智等之義繁故不戴之）

The five phases, the five elements, and moreover, the five sense faculties of all sentient beings, coursing without beginning through *samsāra*, are the five wisdoms and the five elements. Eye, ear, nose, tongue, and body correspond, in order, to wood, water, metal, fire, and earth. These are the five wisdoms of *Hūṃ*, *Aḥ*, *Hrīḥ*, *Traḥ*, and *Vaṃ*. The five viscera within the body are also the five Buddhas: Liver, Heart, Spleen, Lungs, Kidney, corresponding, in order, to wood, fire, earth, metal, and water, which has the order of the Five Buddhas of the East, South, Center, West, and North, [respectively]. That which is bound to the five objects of perception is also the five wisdoms. The [perception of] form [or sight], sound, scent, flavor, and touch, correspond to Wood, Water, Metal, Fire, and Earth. The five wisdoms are distributed in the following way: the perception of form/sight in the eastern direction is the wisdom like a perfectly round mirror, because myriad forms are reflected therein. Sound in the northern direction is the wisdom of unencumbered accomplishment of all things, because it is the sound of the Dharma being preached like the heavenly drum and the conch shell. Scent employs the power of the wind to be able to reach everywhere. This is the western direction, the wisdom of the subtle discerning wisdom that has the meaning of preaching the Dharma, which is compared with fragrant wind. Therefore, fragrance and wind are together the western direction. Taste in the southern direction is the wisdom of equanimity [perceiving all things as being] the same and having one taste. Touch is the object of the bodily sense organs. The body employs the four faculties (site, sound, smell, taste), and feeling possesses the four great elements (earth, water, fire, wind). Touch may be taken as the center.

¹⁶⁰⁸ T. 2427, 77.380b23; TKDZ 3:105.

(As outlined above, the five wisdoms, the five viscera, and five phases are distributed in accordance with the explanation in the *Mohezhi-guan*.¹⁶⁰⁹ The five wisdoms, five Buddhas, according to mantra meaning. Also, *kaji-shin*,¹⁶¹⁰ five accomplishments,¹⁶¹¹ and five wisdoms, etc., are not included because their meanings are manifold.)

五情所起五欲。則此五境上欲故。亦是五智性也。准境可知。又無始生死輪迴。苦因五根本煩惱。亦五智也。謂貪瞋癡三。如次中東南三點三智也。(如上。)疑屬智。故爲西方。慢已辯自在故爲北。有情所*五趣 果。亦五智體也。謂瞋果爲地獄。貪果爲餓鬼。癡果爲畜生。疑果爲人。慢果爲天。五智配屬如上煩惱。如是五智果德。遍一切所故。六字名號。亦遍法界。是故稱六字之時。則得五智五佛等。萬德也。

The five sense fields give rise to the five desires, and are the desires related to the five objects of sense perception, which are moreover in essence the five wisdoms. They should be known in accordance with the realm of perception (referring to previous section). Moreover, the five fundamental afflictions of the five faculties that are the cause of the suffering of beginningless transmigration in samsara are also these five wisdoms. That which is referred to as greed, anger, and ignorance, in the order of center, east, and south, are the three points, and the three wisdoms. (like above) Doubt is based in wisdom, and corresponds to the Western direction (wisdom of subtle discrimination). Because pride is in its essence the ability to accomplish all things, it is in the North. The activities of sentient beings that result in the five rebirths, are also the embodiments of the five wisdoms. That is to say, the fruits of anger is Hell. Greed results in the preta realm. Ignorance results in the animal realm. Doubt results in the human realm. Pride results in the heavenly realm. The five wisdoms correspond to the above [mentioned] afflictions. In this way, the resultant virtues of the five wisdoms pervade all places, and therefore the six characters of the name also pervade the universe. This is because when these six characters are intoned, this is the attainment of the manifold virtues of the five wisdoms, five Buddhas, and so on.

生死則涅槃。煩惱則菩提。生德顯現等義。准上三字可知。顯家雖有但能念號具包衆德之釋。未指其體相。密教總持之說。仰面可信。仰上三字三部者。是胎藏義。今六字五智。是金剛義也。是兩部則行者身心也 自身三部事。自身五智事。更可尋之。是故今彌陀無盡法門。歷劫雖不可稱說。上三字舉十三義。表胎藏十三院之數。竝類經觀十三定善。此六字舉九種義。表金界九會之數。竝類觀經九品之說而已。

The manifestation of the innate virtues of ‘birth and death is nirvana,’ and ‘the afflictions are awakening,’ etc., should be understood in accordance with these three characters discussed above. Though in the Exoteric teaching, there is the interpretation that recitation of the name encompasses the manifold virtues, they are unable to point to its essential aspects. One should have faith in the secret teachings of *dhāraṇī*. The three characters and the three divisions [of the mandala] presented above are the doctrine of the Womb Realm [Mandala], and the six

¹⁶⁰⁹ T. 1911, 46.107a-108b.

¹⁶¹⁰ MD 236, explains that the *kajishin* signifies the body of the Dharmakāya made manifest for the benefit and teaching of sentient beings.

¹⁶¹¹ MD 607.

characters and five wisdoms are the doctrine of the Vajra Realm [Mandala]. This dual-mandala is the body-mind of the practitioner. The three divisions of one's body, the five wisdoms of one's mind, and still more may be apprehended. This is because the inexhaustible Dharma gate of Amitābha could not be [fully] explained in countless eons. The three characters grasp the doctrine of thirteen, revealing the thirteen pavilions of the Womb [Realm Mandala].¹⁶¹² They also correspond to the [first] thirteen virtuous meditations of the [Contemplation Sūtra].¹⁶¹³ The six characters grasp the doctrine of nine, revealing the nine assemblies of the Vajra Realm [Mandala], and the nine levels [of rebirth in the Pure Land] in the *Contemplation Sūtra*.¹⁶¹⁴

但色心不二。兩部一體故。三字六字。互具兩部理智萬德。是故唱三字。則五智也。稱六字則三點也。又此彌陀一佛名號。卽兩部法界曼荼。塵數者尊德號也。兩部曼荼。卽十方三世。諸佛菩薩。二乘八部等。十界輪圓。內證外用。法界圓壇故。唱一佛名號。卽唱十方諸佛名號。故大日經。說觀世蓮華眼。卽同一切佛。隨取一名號。作本性加持。天台止觀。述著唱彌陀。卽是唱十方功德等。專以彌陀。爲法門之主。

However [just as] body and mind are non-dual, the dual [mandala] is of one essence, and therefore, the three characters, and the six characters together employ the manifold virtues of the Principle and Wisdom of both Mandalas. For this reason, the chanting of the three characters is the five wisdoms. Intoning the six characters is the three points. Moreover, the name of this one Buddha Amitābha, is equal to the names of countless honored ones as numerous as grains of sand contained within the dual *dharmadhatū* Mandala.

The dual-mandala is all Buddhas and Bodhisattvas of the ten directions and three times [past, present, and future], the two vehicles,¹⁶¹⁵ eight [kinds of beings: *devas, nāgas, yakṣa, gandharva, asura, garuḍa, Kinnara, mahoraga*], etc.,¹⁶¹⁶ and the round wheel of the ten worlds, inner realization and outer application, the perfectly round altar of the *dharmadhatū*. This is because, when one chants the name of one Buddha, [one is in fact] chanting the names

¹⁶¹² The thirteen pavilions 十三院 (*J. jūsan-in*) of the Womb Realm Mandala are: (1) 中台八葉院, (2) 遍智院 (佛心院), (3) 持明院 (五大院), (4) 觀音院 (蓮華手院), (5) 薩埵院 (金剛手院), (6) 釋迦院, (7) 文殊院, (8) 虛空藏院, (9) 蘇悉, (10) 地藏院, (11) 除蓋障院, (12) 外金剛部, (13) 四大護院. In contemporary depictions of the Mandala, the last one is left off, making Twelve Pavilions (MD, 863c).

¹⁶¹³ The *Contemplation Sūtra* (T. 365) describes sixteen aspects of the Pure Land that one who intends on seeking rebirth there should contemplate: (1) the setting sun (T. 365, 12.341c27-342a06), (2) the water of the Pure Land (342a06-a23), (3) the land (342a23-b01), (4) the jeweled trees (342b01-b23), (5) the jeweled ponds (342b23-c06), (6) the jeweled towers (342c06-c14), (7) the lotus throne of the Buddha (342c14-343a18), (8) the marvelous body of the Buddha (343a18-b15), (9) the light of the Buddha (343b15-c12), (10) Avalokiteśvara Bodhisattva (343c12-344a18), (11) Mahāsthāmaprāpta Bodhisattva (344a18-b14), (12) envision your own rebirth in the Pure Land 344b14-24), (13) the extent of the Buddha's influence and various aspects of the Pure Land (344b24-c08), (14) beings of the highest capacity (344c09-345b07), (15) beings of middling capacities (345b08-c09), (16) beings of lower capacities (345c10-346a26).

¹⁶¹⁴ The Vajra Realm Mandala is divided into nine "assemblies" in a 3 x 3 square: (1) Jōjin-e 成身會, (2) Sanmaya-e 三昧耶會, (3) Misai-e 微細會, (4) Kuyō-e 供養會, (5) Shiin-e 四印會, (6) Ichiin-e 一印會, (7) Rishu-e 理趣會, (8) Gōsanze-e 降三世會, (9) Gōsanze sanmaya-e 降三世三昧耶會 (MD, 663-4, 668-9); The Pure Land is divided into three grades, each of which is divided into three levels, making nine levels total. See last three contemplations from the *Contemplation Sūtra* in the previous note.

¹⁶¹⁵ Two Vehicles: śrāvakas and pratyekabuddhas.

¹⁶¹⁶ NKBD 1357.

of all the Buddhas of the ten directions.

Therefore, the *Mahāvairocana-sūtra* states, “The lotus eyes of Avalokiteśvara are equal to all Buddhas.”¹⁶¹⁷ And accordingly, the one name is taken up, and identified as the *kaji* of fundamental nature [which reveals the fundamental non-duality between Buddhas and beings and that the mind of the Buddha is none other than the mind of sentient beings].

Tiantai [Zhiyi’s] *Mohezhiquan* states, “When one chants [the name of] Amitābha, it is equal in virtue to chanting the names of the Buddhas of ten directions, Solely take Amitābha to be the Lord of this Dharma gate.”¹⁶¹⁸

又就聲字實相釋之。稱三字六字之聲名為聲 此三字六字。彌陀如來。三身五智果名。是云字。名即字故。此聲字所呼佛體為實相。大師於聲字實相。作依主有財等五種釋。五種中持業為深祕。持業者聲即字。聲字即實相也。是故稱六字之聲字。即如來實相體也。以之思之。善導念佛之氣中。感見化佛。是即聲即實相之真容。勿作西方來之想。（矣）

Also, according to the explication in [*Shōji jissō gi* 聲字實相義 (T. 2429)], the voice that intones the three characters or six characters, this is called *Voice*. The three or six characters, Amitābha Tathāgata, the three bodies, the name [received by the bodhisattva upon the attainment of awakening], the five wisdoms, this is called *Letter*. This is because the name is letter. This *Voice-Letter* is the embodiment of the Buddhas and may be taken as the *Truth Aspect*. [Kōbō] Daishi, in the *Shōji jissō [gi]* establishes the five levels of analysis for the *tat-puruṣa* and the *karma-dhāraya* [of the terms] [six types of linguistic compound analysis of Sanskrit] etc., and the five other levels of analysis.¹⁶¹⁹ Within this analysis, the *karma-dhāraya* may be taken to be the deep and profound [meaning]. The *karma-dhāraya* is the [idea that] *Voice* is *Letter*. This *Voice-Letter* is *Truth Aspect*. This is because intoning the voice-letter of the six character is the embodiment of the Tathāgata’s *Truth Aspect*. Using this idea, [one can see that] the transformation Buddha that Shandao encountered within the breath (*qi*) of his *nenbutsu* is the true body [of the Buddha], the *Voice* that is *Truth Aspect*. For this reason, however, there is no sense in merely constructing a vision coming from the western direction.

又付句義言之。阿彌陀翻名略有三種。一云無量壽。是法身常命也。二云無量光。是報身智明也。三云甘露王。是應身教藥也。又無量壽名。可有三身。如法華壽量品天台家釋。

Moreover, as for the meaning of the phrase, there are three levels of the translation of the name

¹⁶¹⁷ T. 848, 18.53c14.

¹⁶¹⁸ T. 1911, 46.12b22-24.

¹⁶¹⁹ Dōhan appears to be providing his summary of the introduction to the 聲字實相義, T. 2429, 77.401c06-402a12. The *tat-puruṣa* 依主釋 (C. *yizhushi*, J. *eshushaku*) is a “dependent compound” wherein one noun modifies another noun “mountain temple,” and a *karma-dhāraya* 持業釋 (C. *chiyeshi*, J. *jigōshaku*) is a compound wherein an adjective modifies a noun “high mountain.” In both cases, the coherence of the term is fundamentally dependent upon the compound. If separated, the meaning is lost. See: DDB entry for *rokugasshaku* 六合釋, which lists all six compound forms; NKBD 1762.

A-MI-TA. The first is called Limitless Life, this is the eternally abiding life of the Dharma-body. The second is called Limitless Light, this is the luminous [supernatural cognition] wisdom of the reward-body. The third is called Lord of Amṛta this is the response body, whose teachings are like medicine. Moreover, as for the name Limitless Life, this possesses three bodies. This is like the Tendai scholar [Zhanran's 湛然 (711-782) *Fahua wenjuji* 法華文句記 (T. 1719)] explanations [based on Zhiyi's *Miaofa lianhuajing wenju* 妙法蓮華經文句 (T. 1718) (hereafter, *Hokke mongu* 法華文句) commentary on the *Tathāgata's Lifespan* 如來壽量品 chapter (T. 262, 9.42a29) in the *Lotus Sūtra*.^{1620]}

自家亦無量壽有內證外用義。大日經疏云。於西方觀無量壽。此是如來方便智。以衆生界無盡故。諸佛方便亦無終盡。故名無量壽。此約化他方便究竟。云無量壽。大日經開題云。無量壽者。法身常恆不壞德是。身遍虛空法界。心互性相理事。(文)是約自證云無量壽。

Our tradition explains as well that Limitless life has the meaning of inner realization and outer application. The [*Dapiluzhena chengfo jingshu* 大毘盧遮那成佛經疏 (T. 1796)¹⁶²¹ (hereafter, *Dainichikyōso* 大日經疏)] says, “In the western direction, Contemplate [the Buddha of] Limitless Life. This is the *upāya* wisdom of the Tathāgata. Because the realms of beings are without limit, therefore, the *upāya* of Buddha is also without end. For this reason, it is named “Limitless Life.” This interpretation refers to the extent of the [Buddha's ability] to convert beings. This is called “Limitless Life.” The *Dainichikyō-kaidai* states, “[The Buddha of] Limitless Life, is the eternally indestructible virtue of the Dharma-body, whose body pervades the space of the universe, and whose mind is mutually [inner] nature and [outer] characteristics of principle and phenomena.”¹⁶²² According to this, inner realization is called “Limitless Life.”

顯家於彌陀有補所故。約有量無量立名。是淺略也。又有甚深義趣。以一切衆生壽命。名無量壽。謂彌陀蓮華語密體故。六道四生語聲。迷悟十界言音。皆是彌陀法界體也。此言音六大中風大。是則一切衆生出入息也。此息風爲衆生命根。大日經說命者所謂風。相應經宣根本命金剛。是皆以息風爲命根也。是故彌陀卽衆生壽命。以衆生界無量故。名無量壽。是則同體大悲之極理。音聲解說之實智也。留心深可思之。次無量光名。有十二光佛。其祕釋在覺 VAM 彌陀祕釋。次甘露名。有十甘露義。是等恐繁不載之。

Exoteric scholars regard Amitābha as having a [limited lifespan at the end of which he will be succeeded by his attendant Bodhisattvas], and therefore, as a result they establish names that have limit, or do not have limit. This is the shallow, abbreviated, view. There is also the deep and profound meaning, whereby Amitābha is taken to be none other than the life force of sentient beings, he is called Limitless Life. Amitābha is referred to as the essence of the Lotus of the mysteries of speech. Therefore, the languages and speech of beings born into the six

¹⁶²⁰ T. 1719, 34:328b. I would like to thank Professor Robert Rhodes for helping me find this reference.

¹⁶²¹ T.1796, 39.622c20-23.

¹⁶²² T. 2211, 58.6c15-17; TKDZ 4:35.

realms that are born [through eggs, wombs, condensation, and transformation¹⁶²³] the sounds of the words of the enlightened and deluded beings of the ten realms, they are without exception the essence of the Dharma-dhatu of Amitābha. The sound and speech of [these beings], among the six elements, [may be taken to be] the element of wind, which is the out and in breath of all sentient beings. This breath-wind may be taken as the fundamental life-force of sentient beings.

The *Mahāvairocana-sūtra* explains, “life is that which is called wind (S. *prāṇa*).”¹⁶²⁴ The [*Jin’gang fengluoge yiqie yujia yuqijing* 金剛峯樓閣一切瑜伽瑜祇經 (T. 867) (hereafter, *Sōōkyō* 相應經)] declares, “the fundamental basis of life is *vajra*.”¹⁶²⁵ In all cases, the breath-wind is taken to be the basis of life. By means of this, Amitābha is the life of sentient beings, and taking the realms of beings to be without limit, he is called Limitless Life. The ultimate reason for Amitābha’s great compassion stems from the nature of his union with all beings. Sound and speech expound this truth and wisdom. Keep this in mind and think upon it deeply. Next is the name Limitless Light. There are twelve light Buddhas. Their secret explication may be found in Kakuban’s *Amida hisshaku* 阿彌陀祕釋 (T. 2522). Next is the name Amṛta. This also has ten meanings. However, I fear [listing them all] may become cumbersome.

稱名本願事

問。何故此佛以稱名爲本願耶。答。此尊普門三密中語密佛也。名則語故。以稱名爲本願也。問。此語密有何功能。此佛殊爲出離入證之本尊耶。答語有中道功能。中道爲入佛位之正路之故也。謂語三業中居中。兼前後身意。發聲口業。動舌身業。經意意業。（嘉祥釋）實身有見有對。心無見無對。聲無見有體。仍兼有無。互奪兩亡。非有非無。是爲中義。

The Matter of the Primal Vow of the Calling of the Name:

Question: Why does this buddha use the calling of the name for the primal vow? Answer: This revered one is the Buddha of the mystery of speech within the universal gate of the three mysteries. Name is speech, and therefore, [the Buddha] employs the chanting of the name for the primal vow.

Question: As for this mystery of speech, what efficacy does it possess? What efficacy does the nenbutsu possess that this particular Buddha’s name is taken to be the object of reverence for freeing yourself from birth and death and attaining awakening?

Answer: Speech possesses the efficacy of the middle way. This is because the middle way is the true road for entering the stage of the Buddhas. That which is referred to as speech, speech abides in the center of the three sites of karmic production [mental, vocal, physical], and is also endowed with the body and mind, prior and subsequent. Vocal utterances give rise to speech-karma, the movement of the tongue gives rise to bodily karma, and mental karma relates to the cogitation of the mind. ([This accords with] Jiaxiang’s (549-623) (aka, Jizang 吉藏 the Madhyamaka scholar) interpretation). The body is something that can be seen and takes

¹⁶²³ NKBD 665.

¹⁶²⁴ T. 848, 18.17b29.

¹⁶²⁵ T. 867, 18. 267a03-04.

up space, and the mind is something that cannot be seen and takes up no space, and the voice cannot be seen and yet takes up space. Thus, the voice joins being and non-being, grasping both and yet ungrasped by either. It is non-being and yet not non-being. This is the meaning of the middle.

大師相應經注。謂不壞金剛者。歎者尊常住身。光明心者。歎心之覺德。殿者明身心互為能住所住。中者語密。亦離邊義。（文）

According to [Kūkai's *Nikyōron*, where he quotes the *Sōōkyō* 相應經, aka, *Yugikyō* 瑜祇經¹⁶²⁶] “That which is referred to as the indestructible Vajra is extolled as the eternally abiding body, and that which is known as the mind of brilliant light is praised as awakened virtue of the mind. And that which is referred to as the palace, is revealed to be the place where in turn the body and mind become both abode and that which abides [mind arising from body, and body arising from mind]. The middle, is the mystery of speech, which, moreover has the significance of being unattached to either extreme.”

理趣釋中。以語密為中善。又今教意。三身身土。則三密也。釋迦為身密。（穢土）彌陀為語密。（淨土）大日為意密。（密嚴）此中彌陀居穢土密嚴中間淨土。引生死淤泥衆生。入圓寂性淨蓮台。是則語有中道功能。通內證外用之故也。法花記釋住立門側云。圓中之機。當門正見。正空三昧。偏真慧眼。傍窺法身。（文）仍中道為入證正門故。語密彌陀為出離證入之本尊也。胎藏曼荼羅。西方開出入通門。深意當此。（云々）

According to the *Rishushaku*, “Take the mystery of speech to be the virtue of the middle.”¹⁶²⁷ The intent of this teaching is that the Buddha-bodies and Buddha-lands of the *tri-kāya*, are the three mysteries. Śākyamuni is the mystery of the body (the ordinary world). Amitābha is the mystery of speech (the Pure Land). And Mahāvairocana is the mystery of mind (the Land of Mystical Adornment). This central Amitābha abides [between] this world and the Land of Mystical Adornment in the Pure Land, extracting sentient beings from the muck of samsara, entering the pure lotus dais of perfect quiescence. In this way, speech possesses the efficacy of the middle way, penetrating inner realization and outer application. In the [*Hokke mongu*], the notion of ‘abiding by the side of the gate’ is explained as follows, “The practitioner of the perfect middle [way], arrives at the gate and correctly see the *samādhi* of emptiness. The wisdom eye of the [path] of partial truth perceives but one side of the Dharma-body.”¹⁶²⁸

¹⁶²⁶ *Nikyōron* (T. 2427, 380a18-c01); TKDZ 3:104, quoting the *Sōōkyō* (T. 867, 18.253c19-254a17). See also: Kūkai's *Himitsu mandara jūjūshinron* 祕密漫荼羅十住心論 (T. 2425, 77.360c29-b09).

¹⁶²⁷ T. 1003, 19.608B3.

¹⁶²⁸ Passage notes Zhanran's commentary, but this quote actually comes from Zhiyi's text: T. 1718, 34.82b10-15: 見父之處者即是門側。二觀為方便即門二邊。圓中之機當門正見。二乘偏真故言門側。但空三昧偏真慧眼。傍窺法身耳。遙見其父。正見有二種。一近見。二遠見。今言大機始發扣召事遠。是故言遙。又機微非應赴。名之為遙也。*Tankū* 但空 (NKBD 1157), is contrasted with *fudankū* 不但空 (NKBD 1449). According to Tendai doctrine the perfect middle path (*enchū* 圓中, NKBD 143) is able to perceive both the essential emptiness and being of things simultaneously. This text is quoting the famous *Lotus Sūtra* parable about the prodigal son who, upon seeing his father, becomes scared and runs from the middle path to the side of the gate. Noticing this, the father dons humble robes so that he can reach out to his son. This illustrates the two teachings. Biased views are understood to perceive the truth from a limited perspective, and thus only perceive the dhamabody from one side.

Accordingly, the middle way may be taken as the correct path to enter enlightenment, and therefore, the mystery of speech and/as Amitābha may be taken to be the object of devotion for liberating [beings] from [samsara] and entering nirvana. The Womb Realm Mandala opens the common approach to liberation through the western direction. This is the profound meaning.”

問。MITA 是語密佛故。以稱名爲本尊者。此界瘖瘂人。及餘無言說之類。無口稱故。非其開悟之分。及不得生彼土耶。答細論三業互有身口意。如殺業有身殺口殺心殺。如念誦有蓮華金剛三摩地等。故彼瘖瘂等類。若聞彌陀本願。深心信樂。心念誦南無阿彌陀佛者。卽是稱名。可攝口業。名以語爲本故。凡三密互具事。更可聞之。

Question: MITA is the Buddha of the mystery of speech, and therefore has taken the calling of the name as the primary object of devotion. However, what about those within this world who are deaf or unable to speak, and cannot call upon the name, can they not attain awakening, or attain rebirth in that land?

Answer: If one considers the details closely, each of the three actions have the aspects of body, speech, and mind. As with the karma accrued from the act of murder, there is [karma accrued in body, speech, and mind]. In contemplative chanting,¹⁶²⁹ there is Lotus, Vajra, and Samādhi, and so on. Therefore, for those who lack the capacity to hear or speak, if they hear the Primal Vow of the Buddha Amitābha, and in their mind rejoice deeply in great faith, and contemplate NAMU AMIDA BUTSU in their mind, this is precisely [the intent] of the term “vocal recitation.” Because [vocal recitation] can grasp the karma of speech, the name takes speech to be its basis. In general, the three mysteries are used together. You should inquire into this further.

念仏三昧事

念仏三昧有三種。一応身念仏三昧。多名顯句中。八萬四千法門隋一也。善財童子。於功德雲比丘所。所得念仏三昧。一位法門是也。

The Matter of the Nenbutsu Samādhi:

The *nenbutsu samādhi* has three levels. First is the *samādhi* of the response-body. This is the first among the 84,000 Dharma gates of the many [concepts presented in the revealed teachings].¹⁶³⁰ [In the *Avatamsaka-sūtra*] Sudhana received the *nenbutsu samādhi* from Meghaśrī bhikṣu.¹⁶³¹ This was the initial Dharma gate [that he attained].

Attached to the truth of emptiness, they only see part of the truth, whereas those within the perfect teaching [correctly] see the nature of emptiness and substance.

¹⁶²⁹ See MD nenju for Renge- Vajra- Samadhi-

¹⁶³⁰ MD, 1562, explains that the revealed teachings present many words, discourses and concepts to establish a doctrine, whereas the secret teachings use a single letter to encompass all meanings. This entry cites the following passage *Hannya shingyō hiken* 般若心經祕鍵 (T. 2203A, 12b22-12c10).

¹⁶³¹ This passage may be found in the *Avatamsaka-sūtra* 大方廣佛華嚴經 (T. 278) 689c17 - 690b25, and the *Dafanguangfo huayanjing souxuanfenqi tongzhifanggui* 大方廣佛華嚴經搜玄分齊通智方軌 (T. 1732) by Zhiyan 智儼 (602-668; J. Chigen) (J. *Daihōkō butsu kegonkyō sōgen bunsei tsūchi hōki*). (T. 1732, 91b10-97b21). Virtuous Cloud Bhikṣu is the first teacher that Sudhana encounters on the bodhisattva path.

二報身念佛三昧。謂念彌陀佛稱名三昧也。般舟三昧經所說。欲生我國者。當念我名。莫有休息。則得來生等是也。

Second is the *nenbutsu samādhi* of the reward-body. This is what is referred to as the *samādhi* of contemplating Amitābha and calling his name. In the [*Banzhou sanmei jing* 般舟三昧經 (T. 418-419)] it says, “Whoever desires to be born in my land, if they constantly contemplating my name without rest, they will attain birth there.”¹⁶³²

三法身念佛三昧。所謂總持陀羅尼門是也。是名真言。真言有多種。或諸經陀羅尼。或以名號為真言。或以種子一字為真言。無量壽儀軌等。修三密門。證念佛三昧者。第三陀羅尼門也。(云々)

Third is the *nenbutsu samādhi* of the Dharma-body. This is what is referred to as the all-encompassing *dhāraṇī* gate. This is called mantra. There are many different kinds of mantra. [There are] the *dhāraṇī* in the sūtras, or the names [of Buddhas and Bodhisattvas] that may be used as mantras; or single *bija* (seed syllables) that may be used as mantra. In the [*Wuliangshou rulai guanxing gongyang yigui* 無量壽如來觀行供養儀軌 T. 930] (hereafter, *Muryōju giki*), and others, [it says that]: “through cultivation of the gate of the three mysteries, one attains the *nenbutsu samādhi*.” This is the third: the *dhāraṇī* gate.¹⁶³³

但如上三種。且教門不同。理實彌陀名號。則真言故。稱名三昧。則祕密總持念佛三昧也。大日經疎云。由三業清淨。平等能見諸佛相。淨菩提心。與念佛三昧相應。明了無礙。唯獨自明了。餘人所不見。(文)

However, the three kinds of *samādhi* of these three types are just a difference of teaching. In reality the name of Amitābha is in fact a *mantra*, and therefore, the *samādhi* of chanting the name is in fact the secret *dhāraṇī nenbutsu samādhi*. [Yixing’s *Commentary on the Mahāvairocana-sūtra*] states: “Through the purification of the three karmas [of body, speech, and mind], the practitioner perceives the marks of the buddha unobstructed. The pure bodhi-mind and the *nenbutsu samādhi* arise together, fully illuminated and unencumbered, [those with a pure mind are able to perfectly see the buddha before them even though others might not be able to].”¹⁶³⁴

淨菩提心者。經云何菩提謂如實知自心。疏釈云。即是開示如來功德寶所。如人雖開寶藏發意勤求。若不知其所在無由進趣。故指言即是行者自心。若如實自心知。即是初發心時。更成正覺。*如長者家窮子。若自識父時。豈復客作賤人耶(文)

As for the pure bodhi mind, according to the *Mahāvairocana-sūtra*,¹⁶³⁵ “What is bodhi? It is to know correctly one’s own mind as it is.” The *Dainichikyōso* states,¹⁶³⁶ “It is precisely that which reveals the place of the treasure of the Tathāgata’s virtue. It is like if a person gives rise

¹⁶³² T. 417, 899a09-899c03, T. 418, 904b24 - 906a07.

¹⁶³³ T. 930, 19.67b29-67c22.

¹⁶³⁴ T. 1796, 39.388c.

¹⁶³⁵ T. 848, 18.01c01-03.

¹⁶³⁶ T. 1796, 39.587b11-22.

to the intention to open a treasure storehouse, but does not know where it is located, they will not progress [toward that goal]. For this reason, I will indicate again, it is none other than the practitioner's very mind. If one truly knows one's mind, it is none other than the attainment of awakening immediately upon first giving rise to the mind that seeks awakening. By way of a metaphor, it is like the prodigal son of the householder [in the *Lotus Sūtra* 妙法蓮華經 (T. 262, 16b25-19a11)], from the moment the son recognized his father, how could he have been an impoverished guest again?

如實知自心者。卽如實知自身¹⁶³⁷卽菩提。此自心者。今心蓮也。以蓮花三昧。開此心蓮時。卽顯得八葉九尊曼荼卽是證得自心本不生際是云菩提。故云淨菩提心與念佛三昧相應也。若行者深信此理趣。一念稱名時。卽開性德蓮台。故云初發心時更成正覺也。

“To truly know one's mind” [means] to know that in fact one's very own mind is none other than bodhi. “One's [own] mind” is here the heart-lotus. By means of the Lotus Samādhi, when this heart lotus opens, the myriad virtues of the mandala of the eight petals and nine objects of reverence is revealed and attained. [And this] is the awakening to the originally unborn nature of one's own mind, and this is called “bodhi.” This is because the pure bodhi mind and the *nenbutsu samādhi* are unified (yoga). If one believes deeply in this way, one moment of mindful recollection and intoning of the name [of the Buddha] is none other than the opening of the inherent virtue of the lotus dais. Therefore, it is referred to as the attainment of awakening immediately upon the initial arousal of the mind that seeks awakening.¹⁶³⁸

問。稱與念同異如何。答。天台止觀云。口常唱阿彌陀佛名。心常念阿彌陀佛。身常體阿彌陀佛。或唱念俱運。或先念後唱。或先唱後念。(文)是稱念各別也

Question: What is the difference between *shō* (intoning the name) and *nen* (mindful recollection) Answer: Tiantai [Zhiyi's] *Mohezhiquan* states, “...with the voice, constantly intone the name of the Buddha Amitābha, and with the mind constantly contemplate the Buddha Amitābha, [and with the body, constantly embody the Buddha Amitābha¹⁶³⁹], or alternate chanting and contemplating together, or first contemplate and then chant, or first chant and then contemplate.”¹⁶⁴⁰ This is the difference between *shō* and *nen*.

¹⁶³⁷ SAZ 心.

¹⁶³⁸ This phrase 初發心時便成正覺, is an important concept in the *Avatamsaka-sūtra* 大方廣佛華嚴經 (T. 278, 449a13-0449c15), and is quoted in numerous other texts that Dōhan draws upon, such as the Yijing's *Dapiluzhena chengfo jingshu* 大毘盧遮那成佛經疏 (T. 1796, 579a07-0593a25); Zhiyi's *Mohezhiquan* 摩訶止觀 (T. 1911, 59b14-69c27, 94a16 - 0097a10, 97a15-0101c22); Kūkai's *Himitsu mandara jūjūshinron* 祕密漫荼羅十住心論 (T. 2425, 353b05-356c25), *Hizohō yaku* 祕藏寶鑰 (T. 2426, 371c24-0372b08), *Unjigi* 吽字義 (T. 2430, 406c11-408a29); Saisen's *Benkenmitsu Nikyōron kenkyōshō* 弁顯密二教論懸鏡抄 (T. 2434, 444c16-446c25), *Kenmitsu shabetsu mondō* 顯密差別問答 (T. 2435, 484c19-485c2, 491a22-0492a29, 497c01-0498b15); and Dōhan's *Jōōshō* 貞應抄 (T. 2447, 706b05-706c01).

¹⁶³⁹ This phrase not present in all manuscripts.

¹⁶⁴⁰ 九十日身常行無休息。九十日口常唱阿彌陀佛名無休息。九十日心常念阿彌陀佛無休息。或唱念俱運。或先念後唱。或先唱後念。唱念相繼無休息時。若唱彌陀卽是唱十方佛功德 (T. 1911, 12b18-22)

善導釋意。十念卽十聲也。常途義如常。今眞言教意。三密平等。各遍法界。互具三密故。云身三皆身。云語三皆語。云意三皆意也。故疏云。身等於語。語等於心。猶如大海遍一切處同一鹹味。故云平等。(文)

According to the intent of Shandao's explication, ten thought moments are ten vocal acts. This is the ordinary common teaching. The intent of the mantra teachings is that the three mysteries are equal, and universally pervade the *dharmadhatū*. Because the three mysteries are bound together, that which is referred to as the three of the body are all the body, that which is called the three of speech are all speech, and the three of the mind are all the mind. Therefore, in the *Dainichikyōso*, it says, "body is equal to speech, speech is equal to mind, thus, like the great ocean, they universally pervade all places, and together they all possess the same [oceanic] taste. Therefore, they are called equal."¹⁶⁴¹

經云。命者所謂風。云々。疏云。風者想也。想者念也。云々。裏書云。尊勝破地獄軌云。五陰中。相陰心持風想心從識生等。(文)實一心稱名身心屬聲。一性故聲念是一也。但此教三密齊等遍一切處故。三密相攝雜而不亂。是故稱與念或同或異。二義苑然。但然阿彌陀佛三昧念卽聲。彌陀是語聲體故。云々。

The [*Mahāvairocana*]-*sūtra* states, "Life is that which is called the wind."¹⁶⁴² Upon which the *Dainichikyōso* elaborates, "Wind is ideation, and ideation is contemplation."¹⁶⁴³ (On a note on the back [of the scroll] it says that in the [*Sanzhong xidi podiyuzhuanyezhang chusanjie mimituoluonifa* 三種悉地破地獄轉業障出三界祕密陀羅尼法 (T. 905)] it says, "Among the five aggregates,¹⁶⁴⁴ the aggregate of ideation possesses the essence of wind, and this essence of ideation arises from consciousness."¹⁶⁴⁵ In fact, when one [chants the name of the Buddha] with one mind, body-mind-speech are of one essence, therefore vocal recitation and contemplation are one. But, this teaching is that the three mysteries are equal and pervade all places, and therefore the three mysteries mutually embrace one another, they are mixed, but not disordered. Therefore, vocal recitation and contemplation are the same but different. It is like the two meanings of garden. But, with the Amitābha *samādhi*, contemplation is vocal recitation, this is because Amitābha is the embodiment of voice-speech.

十念事

祕藏記云。據密教十念成就。謂十波羅密圓滿也。或難云。經曰十念成就。得生西方淨土。西方淨土者。初地菩薩。所生之土也。十波羅密者。於十地中。地地修。地地圓滿也。故以十念成就。擬十波羅密論者。生淨土時。十地可究竟。何故云初地菩薩所生之土。答云。是密教所謂橫義也。初地與十地無高下故。今卿所難次第義。是顯教所說地

¹⁶⁴¹ T. 1796, 39.583a15-16.

¹⁶⁴² T. 848, 18.17b29.

¹⁶⁴³ T. 1796, 39.689b08.

¹⁶⁴⁴ The Five Aggregates 五陰 (C. *wuin*, J. *go'on*) or 五蘊 (C. *wuyun*, J. *goun*) include: form (*rūpa*), feeling (*vedanā*), perception (*saṃjñā*), volition (*samskāra*), consciousness (*vijñāna*).

¹⁶⁴⁵ T. 905, 910a1-2. This passage occurs in different places in different text. According to Satō's edition, this text appears after the third *Hizōki* quote below. This text is also likely the source of Dōhan's summary on Śubhakarasiṃha's five buddhas, five wisdoms, and Chinese *wuxing* thought.

地遷登之義。今密教所說言菩薩地者是心也。法文也。佛也。菩薩也。異餘乘如此。
(文)

On the Matter of the Ten Remembrances:

The *Hizōki* 祕藏記 says, “According to the secret teaching, the accomplishment of ten thought moments is [the same as] the full accomplishment of the ten perfections [of the bodhisattva path]. Or, to put it in more detail, the *Sūtra* states, ‘through the accomplishment of ten thought moments one may attain rebirth in the Western Pure Land. The Western Pure Land is the land into which Bodhisattvas of the first stage are born. The ten perfections are cultivated according to each stage, and completed according to each stage.

Therefore, taking the accomplishment of ten thought moments to grasp the ten perfections, when one is born into the Pure Land, one will surely realize the tenth stage. For what reason is this land referred as a place where Bodhisattvas of the first stage are born? The answer may be stated as follows: that which is referred to as the secret teaching is referred to as the horizontal teaching. This is because between the first stage and tenth stage, there is neither high nor low. Therefore, it is only the doctrine of progression [or gradual enlightenment] that you criticize. This is the exoteric [“literalist”] teaching of progression through stages. Now, according to the secret teaching, that which is referred to as the Bodhisattva stages is one’s mind. The literature of the Dharma, the Buddhas, the Bodhisattvas, in general other teachings differ on these matters.”¹⁶⁴⁶

問。十念事出觀經。爾彼經十念。是下品下生之業也。今記極樂總爲初地菩薩所生土。以十念爲彼因。觀經九品上品爲菩薩。中品爲二乘。下品爲凡夫。仍經與記相違如何。答。眞言行者所生極樂。是唯初地。故儀軌云。依此教法。正念修行。決定生於極樂世界上品上生。護得初地。(文)

Question: Regarding the matter of the ten thought moments as it appears in the *Contemplation Sūtra*, therein, the ten thought moments are said to result in rebirth in the lowest of the lowest grade [of the Pure Land]. Now, in the *Hizōki*, Sukhāvātī is generally taken to be the land into which Bodhisattvas of the first stage are born. The ten thought moments are taken to be the cause of this. According to the *Contemplation Sūtra*, the nine levels [are as follows], the upper division [levels 7-9] is for Bodhisattvas, the middle division [4-6] is for those who believe in the two vehicles, and the lower division [1-3] is for ordinary beings. According to this, how [is one to understand] the similarities and differences between the *Contemplation Sūtra* and the *Hizōki*?

Answer: For the mantra practitioner, that which is born into Sukhāvātī, this is merely the first stage. In the [*Wuliangshou*] *yigui*, it says, “Through this Dharma teaching, if one practices diligently with a focused mind, one will certainly be born in the highest level of the realm of Sukhāvātī and assuredly achieve the first stage.”¹⁶⁴⁷

¹⁶⁴⁶ TKDZ 5:148.

¹⁶⁴⁷ T. 930, 19.67c5-6.

此初地者自家佛乘本初地。全非顯教所說歡喜地。故初地則佛地。是故理實極樂者。唯上品上生初地。而觀經於初地所開性德心蓮。豎開九品爲應土莊嚴。是開三福三乘世出世間一切善爲九品也。其下品下生十念者。此有三¹⁶⁴⁸意。一依淺略十念爲下品。二下品下生人惡逆極故約祕密醞酬十念。爲彼妙藥。如六度經說。（云々）

The first stage, in my tradition, is the first stage of the fundamental stage of the Buddha-yāna. This is different from the ‘stage of bliss’ which is referred to in the literalist teachings because the first stage is none other than the stage of Buddha. For this reason, in reality, in Sukhāvātī there is only the highest level of rebirth at the first stage. In the *Contemplation Sūtra*, at the first stage, that which opens is the inherent virtue of the heart lotus, all nine levels open [immediately] in vertical succession, and this may be taken as the adornments of the response land. The nine levels are [the opening of] the total goodness of all worldly and other-worldly things associated with the three virtuous deeds¹⁶⁴⁹ [as described in the *Contemplation Sūtra*] and the three vehicles. The ten thought moments of the lower birth in the lower level [may be understood to possess] the following three meanings. One, according to the superficial [reading], ten thought moments may be taken to be [the cause of] the lowest stage [of rebirth]. Two, the people who receive rebirth in the lowest stage of the lowest level are those who committed the extremely evil acts, and therefore, they enter the ten thought moments of secret ambrosia, and it is the precious elixir [they require]. This accords with the explanation in the *Liuduji jing* 六度經 (T. 152).¹⁶⁵⁰

今記約祕密十念。爲初地因。但儀軌上品一生者。或對常途九品。眞言妙行爲上品。或上品者無比無過上之義。非相對下之八品言上品也故。祕記云。最上妙樂在其中故云極樂。（文）卽此意也。

As explained in the [*Hizōki*], the secret [meaning] ten thought moments may be taken to be the cause of the first stage, and in the [*Wuliangshou*] *yigui* rebirth in the highest level in one lifetime, perhaps in contrast to the nine levels of the common interpretation, the subtle practice of mantra may be taken to be the highest level, or perhaps the highest level may be taken to be the teachings of the incomparable unsurpassable [truth]. This is not in opposition to the lower eight levels that it is called the highest level, and therefore, the *Hizōki* states, “abiding within the most wonderful bliss, and it is therefore called Sukhāvātī,” this is its intended [meaning].¹⁶⁵¹

¹⁶⁴⁸ DNBZ has two 二, and therefore does not contain the third point as presented in the SAZ.

¹⁶⁴⁹ “一者孝養父母。奉事師長。慈心不殺。修十善業。二者受持三歸。具足衆戒。不犯威儀。三者發菩提心。深信因果。讀誦大乘。勸進行者。(T. 365, 12.341c09-14) One, honor your parent, respect your and teachers, practice compassion and do not kill, cultivate the ten virtuous deeds (refrain from killing, stealing, lust, deceit, criticizing others, sowing discord, idle speech, greed, anger, wrong views); Two, take refuge in the three jewels (Buddha, Dharma, Sangha), keep all of the the precepts, not breaking etiquette; Three, give rise to the mind that seeks awakening, have deep faith in the law of cause and effect, read and chant the Mahāyāna sūtras, encourage others to practice.”

¹⁶⁵⁰ T. 152, 8.868b.

¹⁶⁵¹ TKDZ 5:144-145.

三觀經九品理實皆以十念為正因。而上六品有除善故。不顯念佛下品就唯惡說故。只以稱念因。而開三福為九品也。故下品亦有善。仍上中興下品互有陰顯說思之可知。觀經九品具有顯密橫豎意。祕藏記據橫義以十念為極樂通因以安養為初地也。觀經顯相。就豎義且於下品說十念也。

Three, the nine levels [as described in the] *Contemplation Sūtra* in reality are all the true causes of the ten thought moments. Moreover, the upper six level possess additional goodness, and therefore the *nenbutsu* is not revealed. This is because in the lower three, however, it is explained to evil [beings]. But, vocal recitation may be taken to be the cause [of rebirth], also of the nine levels that opened the three virtuous acts. As a result, even the lower three levels possess good. Accordingly, there are hidden and revealed explanations for the upper, middle, and lower levels, of which you are probably unaware. The nine levels of the *Contemplation Sūtra* possess exoteric and esoteric “horizontal and vertical” meanings. In the *Hizōki*, relying on the Horizontal (Esoteric) teachings, the ten thought moments may be taken to be the common cause of Sukhāvātī, possessing bliss, it may be taken as the first stage. The superficial aspects of the *Contemplation Sūtra* explain the ten thought moments to those of the lowest level in accordance with the Vertical (exoteric) teaching. (SAZ, fascicle 1 ends here)¹⁶⁵²

¹⁶⁵² TKDZ 5:148.

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